

JUNE 2026

DELIVERED MONTHLY TO 5,500 HOUSEHOLDS

BRIDGELANDRIVERSIDE

BRIDGES

THE OFFICIAL BRIDGELAND-RIVERSIDE COMMUNITY NEWSLETTER



RISING SUN
PSYCHOLOGICAL SERVICES INC.

**BRIDGELAND'S COMMUNITY
COUNSELLING CENTRE**

Since 2019

587-358-0900 | risingsunpsych.ca



Heart Shape Snow Photo



3 DAYS OF ADVENTURE A LIFETIME OF IMPACT



KidneyMarch



Learn More
**MARCH
CREW
DONATE**

Join us this September for a life-changing **100KM** journey
in support of kidney disease & organ donation.



1 in 10 Canadians has kidney disease.
Most don't even know it until it's too late.
We're marching to change that. You could too.

KidneyMarch.ca • 403.255.6139 • kidneymarch@kidney.ca



kidney
FOUNDATION
Charitable registration
No. 12756 7398 RR0001

You might be at risk of kidney disease.
Don't wait until it's too late. Know your risk
and learn how to prevent kidney failure with our
10-minute risk awareness quiz at kidney.ca/risk



Join or Renew Your BRCA Membership

**Individual, Senior and Family
memberships available.**



**Sign up to get information about BRCA
events, programs, and community news.**

**Visit
www.brcacalgary.org
to learn more**



GREAT NEWS MEDIA LEADERS IN COMMUNITY FOCUSED MARKETING

SHOP LOCAL



Support the local businesses
that make our neighbourhood
thrive, and make this
publication possible.



403-720-0762
grow@greatnewsmedia.ca

SCAN ME



MR. TRENCHLESS SEWER, WATER & CIPP LINING

TRENCHLESS TECHNOLOGY - NO DIG - NO MESS

BEFORE

AFTER

**\$1000
OFF**

ANY TRENCHLESS
SERVICE

FREE CAMERA
UP TO 100 FEET
FROM ACCESSIBLE
CLEAN OUT



NO-DIG
TECHNOLOGY



LESS TIME &
DISRUPTION



COST
EFFECTIVE



LONG LASTING
SOLUTION

587-804-7852

- ✓ SEWER LINING (CIPP)
- ✓ WATER BURSTING
- ✓ PIPE REHABILITATION

- ✓ CRACKED PIPE REPAIR
- ✓ ROOT INTRUSION SOLUTIONS
- ✓ SUMP & STORM SOLUTIONS



MR. MIKE'S PLUMBING + HEATING

RESIDENTIAL & COMMERCIAL

- ✓ PLUMBING SERVICES
- ✓ HEATING SERVICES
- ✓ WATER HEATER REPLACEMENT
- ✓ DRAIN CLEANING
- ✓ SEWER REPAIR
- ✓ BOILER SERVICES
- ✓ HYDROVAC SERVICES
- ✓ FULL EXCAVATION SERVICES

403-520-2040

**FREE TRAVEL &
DISPATCH FEE**
FREE ONSITE QUOTES UNTIL
END OF JUNE 2026

**\$50
OFF**

ANY PLUMBING
OR HEATING SERVICE

COUPON MUST BE PRESENTED
AT TIME OF SERVICE.
CANNOT BE COMBINED WITH
ANY OTHER OFFER.



MY CALGARY MECHANIC + TIRE

- ✓ GENERAL MAINTENANCE
- ✓ OIL CHANGES
- ✓ TIRES & WHEELS
- ✓ FLUID CHECKS & CHANGES
- ✓ BRAKE INSPECTION & REPAIR
- ✓ BATTERY TESTING & REPLACEMENT
- ✓ ENGINE DIAGNOSTICS
- ✓ A/C & HEATING SERVICES
- ✓ FLEET SERVICES
- ✓ SAFETY INSPECTIONS

587-813-0470

**FREE
BRAKE
INSPECTION**

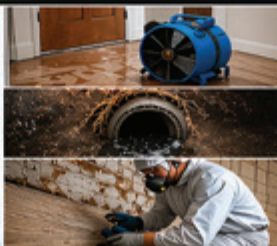
SOME CONDITIONS APPLY
CALL FOR DETAILS
COUPON MUST BE PRESENTED
AT TIME OF SERVICE.
CANNOT BE COMBINED WITH
ANY OTHER OFFER.



403-971-1698

- ✓ FLOOD RESTORATION
- ✓ SEWER BACKUPS
- ✓ ASBESTOS REMOVAL
- ✓ COMPLETE RESTORATION SERVICES

**FREE QUOTES FOR
ANY INSURANCE CLAIMS**



**\$50
OFF**

ANY RESTORATION
SERVICE

COUPON MUST BE PRESENTED
AT TIME OF SERVICE.
CANNOT BE COMBINED WITH
ANY OTHER OFFER.

DISCOUNTS AND COUPONS HAVE NO CASH VALUE. CAN CHANGE WITHOUT NOTICE AND NEED MANAGEMENT APPROVAL.

DIRECTORS

President and Chair	Alex MacWilliam President@brcacalgary.org
Treasurer	Phillip Lowrie Treasurer@brcacalgary.org
Secretary	Linda Poetz Secretary@brcacalgary.org
Programs	Sarah MacDonald Programs@brcacalgary.org
Planning	Anthony Imbrogno Planning@brcacalgary.org
Transportation	Kimberley Nelson Transportation@brcacalgary.org
Heritage	Deb Lee Heritage@brcacalgary.org
Beautification	Alissa Fahrner Beautification@brcacalgary.org
Safe Community	Ron Bettin SafeCommunity@brcacalgary.org
Volunteers	Allan McIntyre Volunteers@brcacalgary.org
Funding	Cheryl De Paoli Funding@brcacalgary.org
Director at Large	Susan Mulholland
Director at Large	Catherine Larson Cath@brcacalgary.org
Newsletter	Ana Hoepfner Newsletter@brcacalgary.org

MEMBERSHIP FORM

New and returning members, please apply online at brcacalgary.org/ membership or use this form and mail or drop off along with cheque made out to:

Bridgeland-Riverside Community Association
917 Centre Ave NE
Calgary AB T2E 0C6

Membership type: (please check one)

Individual ☐

Family ☐

Senior ☐



Member information: (please print clearly, attach additional family member names)

Last name: _____

First name: _____

Address: _____

Postal code: _____

Email: _____

Phone number: _____

Or, please feel free to communicate with us about community events at events@BRCAcalgary.org

Bridges contains editorial content and information provided by Bridgeland-Riverside Community Association and is distributed free to community residents and businesses 12 times per year. Circulation is approximately 5,500.

Disclaimer: Bridgeland-Riverside Community Association is not affiliated with any advertiser or third party whose content or information appears in *Bridges*. Opinions expressed in *Bridges* are those of the author or advertiser only and may not reflect those of the BRCA or the publisher of *Bridges*.

PRESIDENT'S MESSAGE

by Alex MacWilliam

At long last, spring has come to Bridgeland! It is wonderful to see the trees finally turning green with new growth and the blossoms blooming in Murdoch Park. Speaking of trees, our Beautification Committee has a Tree Team that works with the City of Calgary to provide new trees in the community. You will see in this issue a call for volunteers to assist with upcoming tree plantings to take place in a couple of our newly named parks.

The Beautification Committee and other BRCA representatives ran another very successful Community Cleanup on May 3. Over 100 volunteers of all ages collected almost 7,000 kilograms of waste and recycled almost 900 kilograms of electronics. Thank you to everyone involved for your time and efforts in keeping our neighbourhood clean and green.

Another very active BRCA Committee is our Safe Community Committee under the leadership of BRCA Director Ron Bettin. This group seeks to enhance the safety, security, and well-being of residents through collaboration, community connection, and proactive initiatives. The Committee has a number of projects underway and maintains a regular dialogue with the Calgary Police Service and Ward 9 regarding a variety of crime and safety issues. The Committee meets at the Hall at 7:00 pm on the first Tuesday of the month and is always looking for volunteers. The Committee is taking a well-deserved break from meetings in July and August and will resume meeting in September. In the meantime, it can be contacted at safecommunity@brccalgary.org.

Our other committees—Planning, Transportation, and Heritage—are also active and would love to have new members join their teams. The BRCA Committees are the vehicles by which our community association serves our residents. Together with our programs such as kids' soccer, Farmers' Market, and Rooftop Garden, the BRCA Committees further our goal of building a vibrant, inclusive, and resilient community.



**ANNUAL GENERAL
MEETING
JUNE 11, 2026**

**6:30 PM REGISTRATION
7:00 PM MEETING STARTS
BRCA HALL - 917 CENTRE AVE NE**

BRCACALGARY.ORG



Photo courtesy of Ron Bettin

OFFICIAL

PLUMBING & HEATING

Furnace and A/C Install & Repair

Plumbing Services

Drain Cleaning

Boiler Install & Repair

Electrical

\$50

Service Call Fee



403-837-4023

**info@officialplumbingheating.ca
official-plumbing-heating.ca**

Protect Your Ride: How to Prevent Bike Theft in our Community

by BRCA Safe Community Committee

With warmer weather upon us, more Calgarians are dusting off their bikes and hitting the paths. Unfortunately, bike theft remains one of the most common property crimes in our city, and thieves are always on the lookout for easy targets. The good news? A few simple habits (and one free registration tool) can dramatically reduce your risk and improve the chances of recovering your bike if it is ever stolen.

Lock It Right, Every Time

The single most effective thing you can do is invest in a quality lock and use it correctly. Here's what the experts recommend:

- Use a U-lock (D-lock) as your primary lock. They are far harder to defeat than cable locks, which can be cut in seconds.
- Secure both the frame and the rear wheel to a fixed, immovable object. Avoid locking only to the wheel: thieves could easily leave the wheel and take the rest.
- Add a secondary cable lock through your front wheel for extra protection.
- Lock to a designated bike rack. Avoid street signs, fences, or furniture that can be disassembled.
- Fill the space inside the U-lock as much as possible— a tighter fit gives tools less leverage.

Park Smart

Where you park matters as much as how you lock. Keep these tips in mind:

- Choose busy, well-lit areas with high foot traffic. Thieves prefer spots where they can work unnoticed.
- If possible, park near security cameras.
- Never leave your bike overnight in a public space if you can avoid it. Unsupervised bikes left for hours are much more vulnerable.
- Store your bike indoors and locked up in a garage, storage locker, or inside your unit. A significant number of bike thefts happen right at home.

Register Your Bike with Bike Index — It's Free

The Calgary Police Service (CPS) has partnered with Bike Index, a free, voluntary, universal bike registration

database. Registration is your best tool for recovering a stolen bike. Calgary has already surpassed 50,000 registered users, and hundreds of bikes valued at an estimated \$330,000 have been returned to their owners thanks to this program. Register now at bikeindex.org. It takes just a few minutes.

If Your Bike Is Stolen

Act quickly. Every hour counts:

- Report it to the Calgary Police Service (non-emergency: 403-266-1234).
- Log in to your Bike Index account and mark your bike as stolen.
- Search online marketplaces (Facebook Marketplace, Kijiji), many stolen bikes turn up for sale quickly.

If you find your bike listed online, take screenshots and contact the police immediately. Do not contact the seller or arrange a meeting yourself.

Found a Bike? Here's What to Do

Found bikes no longer need to be reported by phone. Simply fill out the form at ifoundabike.ca and a CPS employee will come to collect it within three to five business days.

Education

Parents—take time to teach your kids how to lock up their bikes safely and to register, help them to prevent theft of their sweet bicycle.

Community Safety Contacts

- 9-1-1: Emergency Services (For emergencies or crimes in progress).
- 403-266-1234: Calgary Police Non-Emergency Line.
- 3-1-1: City of Calgary (Report graffiti or vandalism).
- 2-1-1: Mental Health Support.

The BRCA Safe Community Committee exists to enhance the safety, security, and well-being of Bridgeland residents through collaboration, community connection, and proactive initiatives. We believe the safest communities are those where all members feel welcome and included, supported by a strong sense of belonging, active engagement, and regular interaction with one another. If you are interested in contributing to the safety of Bridgeland, please contact us at safecommunity@BRCAcalgary.org, or join us for our monthly meetings. We meet at 7:00 pm at the BRCA Hall Lantern Room on the first Tuesday of each month.

SAFE COMMUNITY COMMITTEE MEETING

Creating a safer community through
building strong community connections

We typically meet monthly, on
the first Tuesday of the month

Tuesday, June 2
7:00 PM
BRCA Hall
917 Centre Ave NE



safecommunity@brcacalgary.org



Volunteers needed for two community tree plantings

Helen's Garden
Friday June 12, 5:00 pm

Schule Park
Friday August 28, 5:00 pm

The City of Calgary will prepare the area and dig the holes.
Under their guidance, we will place the trees
in the designated spots and cover them up.

Watch for sign-up information prior to the event.

INTERESTED IN JOINING THE
BRIDGELAND RIVERSIDE TREE TEAM
ON THE BEAUTIFICATION COMMITTEE?
Email us: treest@brcacalgary.org



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



**HELP KEEP
YOUR COMMUNITY CLEAN**

Freedom starts with a Reverse Mortgage

- Cash to renovate, travel or relax
- Stay home, no monthly payments
- Leave a living inheritance

Call today to enjoy comfort,
independence, and peace
of mind.



**ANITA
RUSSELL** 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial



the Gutter Doctor Home Exterior Services

Gutter Clean/Fix/Install • Leaf Screens
Window Cleaning • Fascia/Soffit/Siding
Pressure/Soft Wash • Cladding
Permanent Lights • Roofing

Senior Discount • Warranty • WCB • Insured

403-714-0711 • gutterdoctor.ca





Lawn and Landscape Watering Schedule



Learn more at calgary.ca/whentowater

Let's take turns to protect our water supply.

Watering your lawn or yard (sprinkler or irrigation system)

 Water up to three days per week based on your street address.

 **Even street address (ending in 0,2,4,6,8)?**
 Tuesdays, Thursdays, Saturdays
 12 a.m. - 10 a.m. and 7 p.m. - 11:59 p.m.

 **Odd street address (ending in 1,3,5,7,9)?**
 Wednesdays, Fridays, Sundays
 12 a.m. - 10 a.m. and 7 p.m. - 11:59 p.m.

Allowed any day, anytime

 Hand watering landscapes (excluding grass) with a hose connected to a spring-loaded nozzle or watering can.

 Watering newly planted grass, trees or shrubs.

 Watering fruits and vegetables.

 Filling pools, hot tubs and fountains and running through sprinklers.

 Washing windows, decks, fences and siding.

26-0055210 CRV-46505

8 JUNE 2026 | We ♥ Calgary | Call 403-720-0762 to Advertise

Swish ORAL CARE

Oral Care, Meet Self Care.

Four years and two locations later, Swish 3.0 is making moves this June, right in the heart of Mission. Sign up for our waitlist to get early access to fresh appointments when they drop.

Stay in Touch



swishoralcare.ca

[@swishoralcare](https://www.instagram.com/swishoralcare)

Why Book With Swish?

Since opening our doors in 2022, we've earned over 700 5-Star Reviews for our people-first, hospitality-inspired approach to dentistry.

Humanizing Healthcare

Built around a genuine connection of shared wellbeing and a deeply human-centred approach to healthcare. A simple belief that when people feel cared for, they take better care of themselves.

It's a Lifestyle

Self-care isn't a luxury, it's a part of everyday. With hospitality at the core, this is a space where living well goes beyond the visit.

Intentional by Design

Nothing here happened by accident. This is an experience-first space, curated around considered moments. From our clinic design to the latest technology, every investment is made deliberately and with intention.



Sign up for the waitlist to get first dibs on Mission bookings when they land.



360° Wellness Starts Here.

Thinking of switching to Swish? Here's your step-by-step guide to becoming a Swisher.



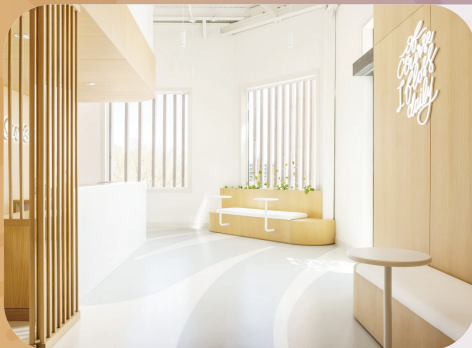
Join the Waitlist.

Simply scan this QR code to be first in line when bookings open. After all, our waitlist will get first access to new appointments.



Book Online.

Ahead of Opening Day, we'll send you a booking link for you to book online. Schedule everything from your cleaning, to your whitening, to your kids' appointments.



A Special Sneak Peek.

Here's your 411 on our new location. **Meet Very Well by Swish:** A curated lifestyle shop and listening lounge, tucked just inside Swish Mission. Think lifestyle books, magazines, and wellness products, curated by our Founder Adam Jiwani. Get ready to settle in and take a breath, because everything is well and good.

Say ahhh...

Swish specializes in all things dental for all ages, from essentials to emergencies.



The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



Cosmetic Dentistry

Form meets function. Botox, whitening, veneers, and more.



Fresh 5

The Fresh 5 is a flat-rate version of our essential services, featuring cavity-detecting x-rays and two units of scaling.



Invisalign

Complimentary scans and detailed consults from the team dedicated to straighter smiles.



Dental Work

Cavities, wisdom teeth, root canals, crowns, implants, and more. Thorough, yet gentle on tough stuff.



Emergencies

Broken or chipped tooth? Extreme toothaches? Say no more – we're on it.

Brush up on all things

Swish

Find us in the General Block:
Above Phil & Sebastian, UNA, and
Village Ice Cream

Swish Oral Care
#230, 69 7A Street NE
Calgary, AB T2E 4E4
825-540-7183

Find us online:



swishoralcare.ca



@swishoralcare

Calgary General Hospital Commemoration Project Update

by Deb Lee, BRCA Heritage and CGH Project

The Calgary General Hospital (CGH) Project Committee continues to move forward with garnering support for the project from various stakeholders, including The City of Calgary. We recently met with our new Ward 9 Councillor, Harrison Clark, and were pleased with his recognition of the importance of the contributions of the Calgary General Hospital to the well-being of Calgarians over many decades. He indicated that he appreciates our efforts to achieve the goals of a commemorative plaza in Murdoch Park.

Long-time committee member Lou Winthers has stepped down recently, and Cheryl DePaoli, BRCA Funding Director, has joined the committee. Many thanks to Lou for her dedication to the project, and welcome aboard, Cheryl.

The CGH Project Committee have hired a researcher, Irena Karshenbaum, who will delve into the historical records about the General Hospital. This is a significant undertaking, as the hospital operated from 1890 onward for a total of 108 years—88 of which were in Bridgeland. The newspaper reports from the early days are a fascinating read. Irena will outline the significant milestones and develop a framework for the storytelling part of the commemorative plaza.

Letters of support for the project are essential and have recently been received from the Southern Alberta Pioneers, Professor Emeritus of History Donald Smith, as well as local residents Laura M., Susan M., Susan S., and Elizabeth R., who have all thoughtfully articulated what the hospital meant to them, to our city, and the importance of the CGH Commemoration Project. We would welcome letters of support from anyone interested in the project.

In the past two years, we have made presentations about CGH and our plans to commemorate the hospital to over 20 groups. We continue to be available for group presentations about the history of the hospital, so if you are interested, please contact us to arrange a time. Recently, we attended the luncheon of the Women's Canadian Club of Calgary, where we shared stories about the 108-year history of the hospital with over 140 attendees. They were fascinated to learn

that Jean Pinkham, a 1911 founding member of their organization, was a driving force in the beginnings of the Cottage Hospital (CGH#1) in 1890.

The CGH committee is in the process of renewing our contract with the Parks Foundation of Calgary. They have been our fiscal agent for the past four years: accepting donations, providing charitable receipts, and sending regular financial updates. We've appreciated the Parks Foundation's involvement as well as the financial contributions from people in our community and beyond. Your donations show that the community cares about the CGH Commemoration Project, which is important for prospective large donors and grant providers. See the QR code access to BRCA website where you can connect to the Parks Foundation website and make a donation.



We continue to welcome your stories and memories of the Calgary General Hospital and its impact on our community. Contact us at cghproject@brcacalgary.org.

Thank you, Bridgeland, for all your support!

**Upcoming Summer Events at the
BRCA Community Centre**

Bridgeland-Riverside Farmers' Market	Every Thursday from June 18 to October 1
Calgary Night Market	June 19, July 3, August 7
Pereveslo Festival	June 21
Calgary African Community Collective Stampede Breakfast	July 4
Eritrean YYC Stampede Breakfast	July 5
Own It Institute Stampede Breakfast	July 11
Tu Noche Latina	July 19
Suuyaaji Food Fest	August 16
Parade of Garage Sales	August 22
Pride Block Party	September 1
Taste of Italy	September 13

It's Time to Get Out Walking!

by The BRCA Walking Group

Whether you are new to the neighbourhood or have lived here a long time, you are welcome to join the weekly Bridgeland Walking Group.

This spring, our walks started on Tuesday, May 5. Every Tuesday at 6:45 pm, we meet at the upper area of the BRCA community hall, 917 Centre Avenue, just east of 9 Street, and walk together following a different theme and route, in and around the community.

If you would like more information or the monthly walking schedule, please email us at bridgelandwalkinggroup@gmail.com.

Murdoch Park "Board" Meeting

by Allan McIntyre

The Calgary Longboard Club rides their boards in Murdoch Park on Friday evenings at 6:30 pm. You can find them on the south side path, just down from 7A Street NE and Centre Avenue NE (the corner where the pizza, coffee, and ice cream shop are).

All are welcome to come out and learn skills. Coaches are on hand, and safe board riding is emphasized. It's great to see Murdoch Park being activated with a wide variety of activities.

Instagram: [@calgarylougboardclub](https://www.instagram.com/calgarylougboardclub).





BRCA SENIORS GAMES DAYS

CARDS - BOARD GAMES

WEDNESDAYS - 1-2PM
DROP IN
BRCA HALL - UPSTAIRS ROOM

FEB 4TH, 18TH **MARCH 4TH, 18TH**
APRIL 1ST, 15TH **MAY 6TH, 20TH**
JUNE 3RD, 17TH

THERE WILL BE SOME CARDS AND GAMES AVAILABLE,
BUT FEEL FREE TO BRING SOME OF YOUR FAVOURITES!
REFRESHMENTS PROVIDED ON FEB 4TH,
THEN BYO REFRESHMENTS!
QUESTIONS? EMAIL PROGRAMS@BRCA.CALGARY.ORG



BRCA Seniors Spring Tea

Monday June 22nd
@ 12-2pm

Bridgeland Community Hall - 917 Centre Ave NE

RSVP
programs@brcacalgary.org
or 403-263-5755

Please note any dietary restrictions!



BRIDGELAND-RIVERSIDE SUMMER SENIOR'S CLASS SCHEDULE

~~~~~ NO REGISTRATION REQUIRED ~~~~~

## MONDAY

### 10:30 - Seniors Walking Group

Meet outside of BRCA hall, in the grassy area (917 Centre Ave NE)  
Just show up ready to walk! We'll decide as a group how long and where to walk. Great way to meet new friends and neighbours | Free

~~~~~ REGISTRATION REQUIRED ~~~~~

All classes take place at the downstairs BRCA Hall (917 Centre Ave NE). Class size is limited to 20 participants.
Registration for free classes is limited to 1 per person.

TUESDAY

6:30 - 7:30 PM - Senior Strength Training (Beginner)

July 14 - Aug 18 | Free

WEDNESDAY

6:30 - 7:30 PM - Senior Strength Training (Intermediate)

Primarily standing exercises | July 15 - Aug 19 | Free

**REGISTER OPEN ONLINE AT
BRCACALGARY.ORG**

You can also register, or ask to be put on a waitlist for a 2nd free class, by calling 403-263-5755 or emailing programs@brcacalgary.org. Please reach out if you do not get a confirmation email from the Amilia system.

Cancellation policy: refunds minus 5% available for cancellations over 7 days; no refunds will be given for cancellations within 7 days of the start date.

Calgary



The City of Calgary presents this certificate to

BRIDGELAND RIVERSIDE COMMUNITY ASSOCIATION



In recognition of your outstanding efforts in collecting

6895 KG

of waste during your community cleanup.

CONGRATULATIONS ON A SUCCESSFUL COMMUNITY CLEANUP

Thank you for your dedication to a safe and vibrant community.

SOCIAL DISORDER WHO TO CONTACT

SOCIAL ISSUES SUCH AS HOMELESSNESS, ADDICTION, ENCAMPMENTS, ROUGH SLEEPING, OR MENTAL HEALTH ARE NOT TYPICALLY A CRIMINAL MATTER. TO BEST SUPPORT COMMUNITY MEMBERS IN CRISIS OR FOR HELP DURING NON-EMERGENCY SITUATIONS THAT REQUIRE ADDITIONAL ASSISTANCE, PLEASE NOTE THE FOLLOWING COMMUNITY RESOURCES:

311 CALGARY

311 allows you to access City services and information 24/7. The information reported to 311 helps the City record keep and direct their response where needed. Call 311, visit calgary.ca/311 or download the 311 app.

ALPHA HOUSE

Alpha House offers a range of outreach programs aimed at engaging clients into services and helping reduce the impact of addiction and homelessness on the broader community and public systems.

TRANSIT SAFETY

Calgary Transit partners with Peace Officers, the Calgary Police Service, and the Alpha House HELP Team to respond to situations as they arise. On-call support is available 24 hours a day, seven days per week.

211 ALBERTA

211 provides access to a network of community, social, health, and government services. You can call, text, or chat online - ab.211.ca and be connected to a broad suite of social resources and supports.

PLEASE BEGIN BY REPORTING ALL CONCERNS TO 311



HOMELESSNESS + ROUGH SLEEPING

Alpha House
HELP Team

*Formerly the DOAP Team
T: 403-998-7388



ENCAMPMENTS

Alpha House
Encampment Team
T: 403-805-7388

*Please be sure to report all
encampment concerns to 311



TRANSIT SAFETY

Transit Safety (24/7)
Text 74100 or call 403-262-1000
(option 1)

Alpha House
Transit Team
T: 403-827-7106



NEEDLE DEBRIS

Alpha House Needle
Response Team

Call/Text 403-796-5334
*After hour requests will be
answered the following day.
Urgent after-hours needle
debris collection: call 311



MENTAL HEALTH + ADDICTION

211 Alberta (24/7)
If you or someone you know
is seeking help for addiction
or mental health, contact 211
for available local resources.

Community Cleanups

by The City of Calgary Waste and Recycling Services

Reduce clutter and keep your neighbourhood clean. Community Cleanup events help residents safely dispose of household items that do not fit in their garbage cart, keeping our neighbourhoods cleaner and tidier.

From April to September, we're partnering with Community Associations across the city to host weekend events open to all residents, no matter where you live.

Review the list of accepted and unaccepted items and find a Community Cleanup location near you at calgary.ca/cleanups.



SAFE AND SOUND

Backyard Play Safety

by Emergency Health Services

Emergency Health Services (EHS) Alberta would like to encourage parents and caregivers to ensure that their backyard play area(s) is made safe for children. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts.



Lawn and Garden Tools

- Keep young children away from outdoor power equipment.
- Serious burns may result from touching hot engine surfaces.
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Water Hazards

- Drowning contributes to unintentional injury-related death among young children.
- Children can drown in just a few centimetres of water if it covers their mouth and nose.
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, and lockable gate.

Insect Bites and Stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions.
- Avoid wearing brightly coloured clothing outdoors.
- Consider destroying or relocating hives and nests situated near your home.
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors.
- If your child has received an 'EpiPen Junior' prescription from your physician (for anaphylactic reactions) ensure they understand when and how to use it.
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention or call 9-1-1.



Neighbourhood Grant

Do you live in the **Bridgeland Neighbourhood**?

Small actions can make big impacts.
Our grants help residents take action to
build inclusive neighbourhoods.
Grants up to \$1000 are provided for activities in neighbourhoods
that focus on

**Social Inclusion, Economic Participation,
Anti-Racism, or Truth and Reconciliation**

For More Information, Contact:

Community Social Worker Twyla Moon at
twyla.moon@calgary.ca or (403) 703-5104

Learn More At:

calgary.ca/communities/grant-programs



(Tree-mendous!) Tree Tips

by Laurie Alisat, BRCA Beautification Committee, Tree Team

Spring is here at last! The flowers are pushing up, the trees have leafed out, and the birds are singing. It turns our thoughts to our yards and parks, and the beauty and comfort they hold. Now is a great time to start planning to add trees to your yard. Trees offer protection from the summer heat (potential energy savings) and winter winds, and they increase the value of your property.

Where to Start?

Selecting the right tree and the right spot for it can be tricky. However, the City of Calgary has done much work to ease your decision-making challenge. Planting native species increases the likelihood of long-term enjoyment and survival. Here are some references to help in your tree planning, planting, and maintenance.

City of Calgary

calgary.ca/property-owners/planting-trees-shrubs.html

More Tips to Keep Trees in Tip-Top Shape

Tips for citizen-owned trees (includes right tree, right location, top tree species in Calgary, watering, and pruning tips).

calgary.ca/property-owners/tree-care.html

One last tidbit.

Keep Trees Pee-Free

Dog urine kills trees from the top down by preventing nutrients from travelling from the ground up the tree. So, when walking your dogs, please get them to save a tree, pee on a post!



Stemp & Company

We find solutions®

- | | |
|--|--|
| • Copyright Law | • Wills & Estates |
| • Patents | • Probate |
| • Trademarks | • Real Estate/Conveyancing |
| • Corporate Law | • Litigation |
| kari@stemp.com | tasha@stemp.com |

403-777-1122 (Toll Free 1-800-665-4447)

www.stemp.com | bill@stemp.com

#1670, 734 - 7 Ave SW, Calgary, AB T2P 3P8



MP Calgary Confederation

Corey Hogan, MP

207-1717 10th St NW

Calgary, AB T2M 4S2

📞 403-410-2121

✉️ corey.hogan@parl.gc.ca

Calgary is a city that builds, competes, volunteers, and shows up. That is why I was pleased to see the Spring Economic Update include \$755 million in sports funding. This investment will help more kids and families become active, support community programs and facilities, and back the world-class athletes who make Canadians proud.

Sport is community-building. It is where youth learn teamwork, where families connect, and where local organizations create belonging — on fields, rinks, courts, and tracks.

The update also includes measures that matter for affordable housing in Calgary. At Midfield Heights, 176 new homes received \$20 million through the Alberta Housing Partnership Program, part of a ten-year, \$678 million cost-matched investment to get homes built for Albertans. These are safe, affordable homes made possible through partnership, showing what happens when governments and community organizations work together to move housing from idea to reality.

The Spring Economic Update continues that work nationally, with measures to unlock new housing supply, accelerate low-cost financing for rental homes, support factory-built housing, and help provinces and territories remove construction barriers. For Calgary families, that means more homes, more options, and stronger, more connected communities.

There is also support for workers and young people, including Team Canada Strong, which will help train and hire the skilled trades we need for housing, infrastructure, and major projects. The update builds on 175,000 employment and work-integrated learning opportunities through Canada Summer Jobs, the Youth Employment and Skills Strategy, and the Student Work Placement Program.

For Calgary, these measures mean stronger communities, more affordable homes, more opportunities for youth, and better pathways into skilled trades. As your MP, my focus is making sure federal policy keeps delivering to build a Calgary, Alberta, and Canada strong for all of us.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

BRIDGELAND MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

LANDSCAPING & MAINTENANCE: 20+ years' experience with lawncare and snow removal for year-round yard, sidewalk and driveway maintenance. Lawn cutting & edging, tree brush trimming, removal of all trimmings, mulch. All yard needs, landscaping, rock gardens, sod replacement, fall cleanup. Decks, fencing, handyman work, drain cleaning sump and frog ponds. Fully insured. Mark 587-998-1316 mark@bluefrogservices.ca. Office 587-578-1341 info@bluefrogservices.ca.

EXPERT RENOVATIONS & PROPERTY MAINTENANCE SOLUTIONS: Interior/exterior; simple fixes to more complex projects. Plumbing & electrical fixes; full reno for bathrooms, basements, kitchen upgrades & more. Specializing in older homes, pre-sale updates, stone & tile work, Smart toilet installations, & general home maintenance. Local, licensed, insured. Call 403-992-5574. <https://everhaus.ca/>.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JAKES TREE SERVICE: ISA Certified Arborist offering professional tree services in your area. Services include tree cutting and removal, tree/hedge pruning or maintenance, and stump grinding. For a free quote call or text 403-667-3878 or visit jakestreeservice.jobbersites.com.

GUTTER DOCTOR: Home Exterior Services. Gutter cleaning/repair/installation, window cleaning, gutter guards/leaf screens, fascia, soffit, siding, permanent outdoor holiday lighting, roofing, cladding, heat cables, pressure/soft washing. Local business since 2003 with more than 70,000 happy customers! Licensed, insured, WCB, A+ rated BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.



SCAN HERE TO VIEW ADDITIONAL BRIDGELAND CONTENT

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



Thinking of buying or selling a home this spring?

Let me help get you started today!

Zach Terlier

RENFREW & BRIDGELAND'S TRUSTED
REAL ESTATE EXPERT

403.818.2896
info@terliergroup.ca
www.terliergroup.ca



SCAN to check
out how we're
using creative
marketing
videos to get
properties sold.

