RENFREW reflections

THE OFFICIAL RENFREW COMMUNITY NEWSLETTER







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Child's First Dental Visit

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We will: Present your child with a personalized children's dentistry book. Celebrate with a goody bag.

Take pictures of your child's visit, which we will print out to take home and also email to you.

Along the way, we will also:

- Complete a cavity risk assessment
- Offer anticipatory guidance
 Examine your child's teeth for decay

- Examine your child's gums and soft tissue for disease or problems
 Determine when x-rays and fluoride treatments should be started
 Evaluate the way that your child's teeth fit together, i.e. "the bite"
 Identify any potential problems or deleterious habits
 Show you and your child how to properly clean his or her teeth at home

- Answer your questions or concerns



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RENFREW COMMUNITY ASSOCIATION



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INCLUDING

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- Real Estate Statistics
- Crime Statistics

and More...



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Renfrew Community Garden Update

Plant Superstar of the Month: Yarrow, Achillea Millefolium

by Lisa Mulder

This month, we are looking at yarrow with the latin name of Achillea millefolium, commemorating Achilles of Greek mythology who may have used this plant to help heal soldiers' wounds on the battlefield.

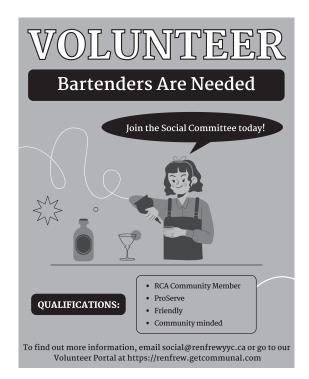
As many of you already know, we grow a variety of medical plants at the Renfrew Community Garden. Yarrow is a medicinal plant known as a folk remedy for common ailments such as headaches, burns, cuts, sores, stings, and nosebleeds. Yarrow is an ingredient in many modern pharmaceuticals as well!

I recognize yarrow in our garden by its beautiful feathery, fern-like foliage and its spray of hundreds of tiny white flowers that exhibit all summer. Ours are white, but as you walk around town, you'll see varieties in many colors! Yarrow is usually about 14 to 24" tall and grows in clumps. They love lots of sunshine but will tolerate drought and poor soils. Gardener beware: yarrow does tend to spread! Our largest patch of yarrow is found in basin 4, in the NE corner, just under the Paul's pear tree.

Gentle reminder: although the in-ground gardens can be tasted and enjoyed by the public, the raised garden beds are planted and nurtured by members of the Renfrew Community Garden and are not for public picking. Please walk through and enjoy with your eyes only!

For more information about the Renfrew Community Garden, check out our website at https://renfrewcommunitygarden.wordpress.com/.







A Year in Review: November 2021 to 2022

We started our new terms with lots of potential as I feel the year went by too fast. We had some really good discussions in regards to a business plan that gave us some vision on our mission and goals for the year. That we will carry into our next term.

Unfortunately, we lost our treasurer, Steve Schnick, last February, and this put some challenges on the executives to fill in this role. We are still having trouble filling this role; there have been some extreme workflow changes that lessen the load so to speak. So, if you have any questions about the role, please let me know as I am not a treasurer person.

Our wonderful vice-president of operations, Kurt Thorsen, really has been working hard on our wonderful facility. We saw a new sidewalk on the south side of the building, a wonderful mural painted on the same side, and we also went from 30 keys to 10 (making my keychain much lighter). In early next year, we have received a large grant to have our electrical replaced for the whole building.

Speaking of our hall, when reopened to take rentals again, we have seen a real influx of rental revenue. An example of a smooth transition of hall rentals facilitator, Jessica Dergousoff. I thank her for the dedication in her role, but unfortunately, she recently has left the position after three years. We will be looking for a replacement shortly.

When we reopened, our main focus was to bring our neighbours together through events. Jhernelyn Parinas states that it was a great year with COVID-19 restrictions lessening. We've been able to host a successful Easter event, Renfrew Night Markets from May to September, our Annual Stampede Day (with just pancakes this year), the return of the jellybean dances, and the upcoming Holiday Market and Hot Chocolate with Santa! These events were successful only by the help of volunteers in the Events Committee, neighbours lending a hand, family and friends, and high school students from Winston Churchill. Looking forward to bringing more events in the new year.

Communications, led this term by Mikki Dergousoff, continues to send out the newsletter and reach out over Facebook and Instagram (and the occasional e-blast) to keep you up to date on events hosted by the RCA. We want to take a moment to say thank you to Tom Tremills who has been the editor of the newsletter since at least 2017! Thank you, Tom, for your dedication.

Heike Pauli has been our busy director at large, and held the 2022 Community Cleanup on June 12, which was a very busy and successful day. The other project that I completed was getting the outside deck on the main floor licensed with the AGLC, and more recently, helping me cover a few of my hall rental tasks until we find a replacement.

This year, Aysia Stante, our health and wellness director, organized a winter holiday scavenger hunt to get people outside and into the community in the winter months. In the late spring, we had a litter cleanup, and we are currently looking into the lifecycle of bottomlands parks by the Science Centre.

Yaman Alchirazi Alsabbagh, our transportation and mobility director, has continued with projects like 'Unite the Heights' and 'Safety on 6 Street'. He just recently talked to Councillor Gian-Carlo Carra on a number of areas of concern with traffic in the community.

Our Social Room reopened this past spring again to bring our residents an easy place to hang out and have good times. It has hosted a few adult pub nights again too. Mike Stante is always looking for bartenders and help with general items in this area.

Our IT director, Curtis Linton, confirmed all our accounts, their ownership, and log in information.

Paul Gill gave a presentation at the Calgary Climate Symposium on the Renfrew Solar Garden. The installation of the area is actually still not complete! The parts are expected to arrive this month. Still wonderful to see this project in our community.

There are a few committees and portfolios that I didn't mention mainly because there are no directors for them. There are a number of groups that meet or are associated with the RCA. If you are interested in any of the things you hear tonight or at any time, contact us and we will do our best at connecting you to the right person or group. If it hasn't been happening or you are wondering why, it is mostly because we are a small group depicted in our portfolios and need more members to step forward and help to continue the work of the community.

My final words go to someone who isn't here tonight. After 10 years, Mikki Dergousoff has finally decided to step down. Her work on the board included events and volunteer director, president, past president, operations, and lastly, communications. This board and community would look drastically different if it was not for her dedication to Renfrew. So, thank you, Mikki.

Mary Grace Linton

President, Renfrew Community Association

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Renfrew Real Estate Update

Last 12 Months Renfrew MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2022	\$ 599,888	\$ 590,000
October 2022	\$ 529,900	\$ 505,000
September 2022	\$ 389,900	\$ 377,000
August 2022	\$ 347,500	\$ 333,000
July 2022	\$ 361,200	\$ 352,250
June 2022	\$ 394,380	\$ 394,380
May 2022	\$ 612,450	\$ 628,500
April 2022	\$ 341,500	\$ 339,000
March 2022	\$ 545,750	\$ 536,750
February 2022	\$ 572,500	\$ 585,000
January 2022	\$ 554,900	\$ 542,000
December 2021	\$ 399,888	\$ 388,888

Last 12 Months Renfrew MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
November 2022	11	9
October 2022	13	9
September 2022	12	12
August 2022	19	17
July 2022	14	16
June 2022	26	9
May 2022	19	24
April 2022	34	22
March 2022	35	32
February 2022	32	30
January 2022	24	16
December 2021	8	13

To view more detailed information that comprise the above MLS averages please visit **renf.mycalgary.com**

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One Odd Animal







Platypuses are one odd but cute animal! They share genes with birds, reptiles, and mammals. This might have been why when the first stuffed platypus was brought from Australia to Europe, people thought that the creature was a hoax. To them, it looked like several animals had been expertly sewn together by a taxidermist!

Renfrew Community Association

Bottle Drive

Help Support the various initiatives at the Renfrew Community Hall

Collection Date:

The Last Saturday of Every Month



Drop-off Location:

Renfrew Community Hall
811 Radford Road NE
Donation Open from
9:00am-noon
Please stack neatly by the
front door bench. Thank you!
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Thank you for supporting us wiith your donation!

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Winter Cart Placement Tips

from the City of Calgary

Follow these winter tips to keep your cart collection safe and on schedule:

- Clear snow and ice to put your carts on even ground. Don't place carts behind or on top of snowbanks.
- Leave enough space around your carts to easily walk between and around them.
- Store carts in a sheltered spot and move them out on collection day so they don't freeze to the ground. Move carts back by 7:00 pm on collection day.
- Clear snow off your carts and keep lids closed. Snow in your blue cart ruins quality recyclables and makes them difficult to sort at the facility, meaning they can't be turned into new products.
- Prevent food and yard waste from freezing inside your green cart. Use compostable bags or place crumpled newspaper or a pizza box at the bottom of the cart.

Learn more at calgary.ca/cartplacement.

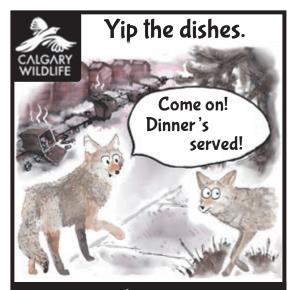




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