RENFREW reflections

THE OFFICIAL RENFREW COMMUNITY NEWSLETTER





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Child's First Dental Visit

Come Celebrate With Us

At Alpine Dental, we recognize that your child's first dental visit is exciting. We think it is exciting too and want to celebrate the occasion with you. We will make the experience as fun as possible and still achieve all the necessary goals for a dental visit.

We will: Present your child with a personalized children's dentistry book. Celebrate with a goody bag.

Take pictures of your child's visit, which we will print out to take home and also email to you.

Along the way, we will also:

- Complete a cavity risk assessment
- Offer anticipatory guidance
 Examine your child's teeth for decay

- Examine your child's gums and soft tissue for disease or problems
 Determine when x-rays and fluoride treatments should be started
 Evaluate the way that your child's teeth fit together, i.e. "the bite"
 Identify any potential problems or deleterious habits
- Show you and your child how to properly clean his or her teeth at home.
- Answer your questions or concerns



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Dentistry with a Personalized, Caring Approach.

We are dedicated to working closely with you to create a high quality treatment plan that matches your oral health goals and needs. We work together as a team to provide a throrough, personalized treatment plan in a friendly atmosphere. Give us a call, or better yet, come on in and see us.

Bulda - Dr. Laura Brescia

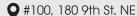
All services are provided by a general dentist.

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RENFREW COMMUNITY ASSOCIATION



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PRESIDENT'S MESSAGE

Good day, Renfrew Residents!

As the 2022-2023 Board of Directors ends. I would like to thank the Board Members, volunteers, and Community for making it a great year after recovering from COVID restrictions.

I will be staying on as President again for this next term and look forward to focusing on mostly "President Tasks" as I scale back on event organization. We are happy to finally fill the role of Treasurer, however, we do need key roles filled to keep the community association going. This is a great opportunity to come forward and share your passion and vision in how you want to see the neighbourhood you live in. We are always seeking diverse voices to hopefully capture the needs of Renfrew and represent the community.

There are numerous Board positions available! Attend our AGM to learn more!

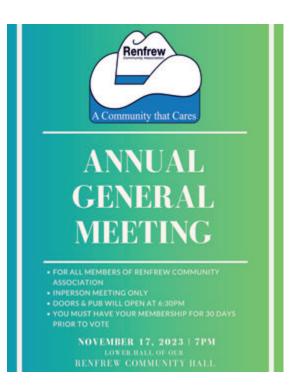
I feel blessed to live and work in the greatest neighbourhood of Calgary. See you around the neighbourhood and let's have fun together.

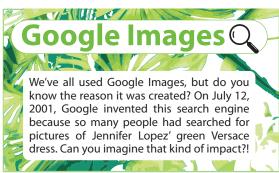
Mary Grace Linton

President of the Renfrew Community Association

president@renfrewyyc.ca







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Don't forget your Renfrew Community Membership

Effective July 1 to June 30



Memberships are \$15 for families or \$10 for adults, associate members (non-Renfrew residents) and businesses. Members receive access to Community Association members only events, updates, invitations and special member pricing and benefits.

FIND MORE INFORMATION AND SIGN UP AT https://renfrew.getcommunal.com/memberships

On November 2, 2000, the first crew reached the International Space Station. The residing team was made up of NASA Astronaut Bill Shepherd and cosmonauts Yuri Gidzenko and Sergei Krikalev.

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The Residential Parking Permit Program limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

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SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

Renfrew Community Association

JELLY BEAN DANCE COORDINATOR

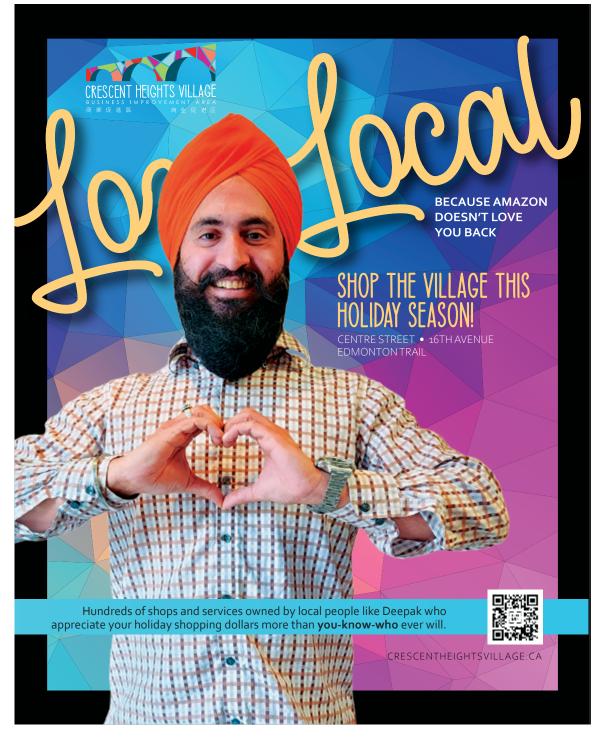
Requirements:

- The perfect candidat would be able to take the Friday afternoon off to coordinate dance set up
- Be able to arrange volunteers and confirm with the DJ
- Would be able to stay through the dance to the end and make sure everything is put away

The hope is to have a candidate for this position in place to start the season for Halloween. Dances are run 5 to 6 times a school year on a Friday evening from 6 to 9 pm

If you are interested email president@renfrewyyc.ca or speak to Mary Gracel

@renfrewyyc





Tiny Tots is Back!

What is Tiny Tots?

Renfrew Community Association Tiny Tots Co-operative Playgroup is a committee of parent volunteers who provide a program geared towards children not yet in school (age 5 and under). It is a parented, non-structured playtime where children can have fun, as well as learn and develop their skills in sharing, interactive play and creativity. And it's a great way for parents to socialize with their neighbours!

Where is Tiny Tots?

The RCA Tiny Tots program runs out of the West (lower) hall of the Renfrew Community Association. The facility includes access to washrooms and a change table as well as a variety of toys, train tables and mats available for use.

When is Tiny Tots?

Tiny Tots will run 3 to 4 days a week based on volunteer availability. Based on input from participants on the days and times that would serve our community best, Tiny Tots will be open from 9:30 to 11:00 am on Tuesday, Thursday, and Friday, and 11:30 am to 1:00 pm on Wednesday. The program will operate on a drop-in system so once you are registered, you can come along as often as you like!

Want to Learn More?

We are looking for participants and volunteers on an ongoing basis.

To learn more or to get involved please sign up at https://renfrew.getcommunal.com/member/parent_programs/415 or email TinyTots@renfrewyyc.ca.



Renfrew Community Association

BOARD POSITIONS

Requirements:

- Must hold a RCA Membership for 30 days in good standing.
- Be able to commit 5 to 15 hours a month to the role.
- Want to Volunteer close to home.

Open roles are:
VP External
Events & Volunteers
Health & Wellness
Transportation & Mobility

Talk to a board member or email president@renfrewyyc.ca
@renfrewyyc

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