

OCTOBER 2025

DELIVERED MONTHLY TO 2,325 HOUSEHOLDS

WINSTON HEIGHTS MOUNTVIEW NEWS

THE OFFICIAL WINSTON HEIGHTS-MOUNTVIEW NEWSLETTER



FREE

WINSTON HEIGHTS PUMPKIN CARVING

OCTOBER 25TH 6 TO 9 PM



WINSTON HEIGHTS-MOUNTVIEW
COMMUNITY CENTRE
520 27 AVE NE

LIVE MUSIC

CATERING BY *Lina's*
PUMPKINS PROVIDED





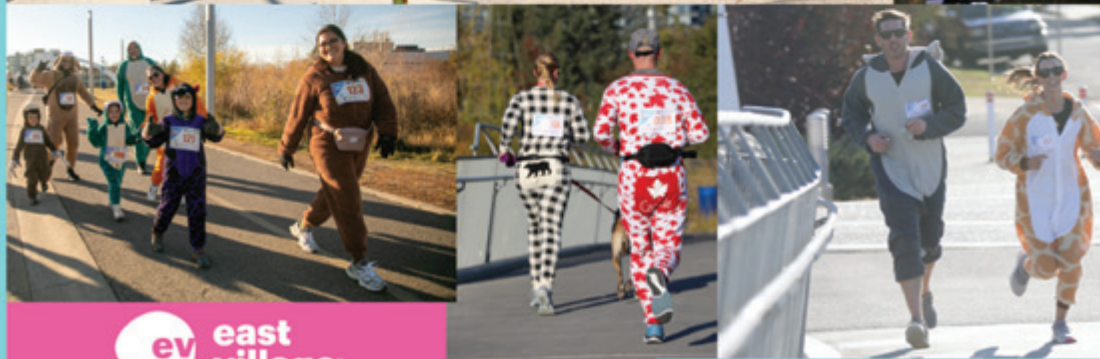
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Society**



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Charlie, Copperfield



Cody, Glenbrook



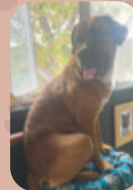
Dobby,
Hunterson Place



Guzel,
Hunterson Place



Nelly, Dalhousie



Poppy,
Tuxedo Park



Sugar, Signal Hill



Todd,
Lake Chaparral

To have your pet featured, email news@mycalgary.com



100 votes behind Sean Chu in 2021.
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to City Hall in 2025.

Advance Vote Oct 6-11, Election Day Oct 20

djkelly.ca

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Sulphur Mountain Sasquatch

by Garth Paul Ukrainetz

Where hot springs flow from long ago
Where mountain trees did younger grow
A Sasquatch soaked in water hot
And all his problems there forgot

But then one day his world would change
His dear ol' Rocky Mountain range
Banff National Park, the first to be
Now tourists flocked for all to see

Up Sulphur Mountain Sasquatch climbed
His favourite hot pool left behind
He at the top made cave of snow
And cried alone in moonlight's glow

From high above he got to scheming
He'll go back down while Banff was dreaming
So, down below he'd go at night
And back up top by morning light

Where hot springs flow from long ago
Where mountain trees now older grow
A Sasquatch soaks in water hot
With one eye open, lest he be caught

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**SCAN HERE TO VIEW ADDITIONAL
WINSTON HEIGHTS-MOUNTVIEW CONTENT**

**News, Events,
& More**



**Crime
Statistics**

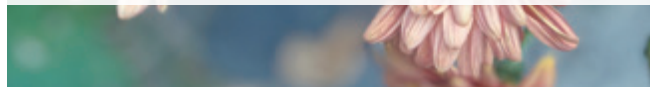


**Real Estate
Statistics**



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PRESIDENT'S MESSAGE

WHMCA Board of Directors

EXECUTIVES

President	Alex Reed	president@winstonheights.ca
Vice President	Scott Duncan	vicepresident@winstonheights.ca
Treasurer	Eric Hepler	treasurer@winstonheights.ca
Secretary	Jile Meyn	secretary@winstonheights.ca

DIRECTORS

Tyler Ellis	Werner Harahap
Marcia Xavier	Jeff Haussecker

Interested in submitting content to the newsletter? Please contact Carolyn Slipp at newsletter@winstonheights.ca.

Two significant events have happened since the last WHMCA newsletter. In August, the Alberta Utilities Commission announced it was turning down Enmax's application to build an aboveground powerline along Midfield Heights, 17 Avenue NE, and Munro Park. Even though we were successful in opposing the overhead line, causing the AUC to make a rare decision to halt a project, Enmax will likely have another round of proposals and consultations in the future. More details are in the article in this newsletter. Secondly, the WHMCA hosted a very successful Community Cleanup on September 6. Photos and more information are also in this newsletter.

In preparation for winter skating and hockey season, the rink boards will be put up in October on a date to be confirmed. If you would like to volunteer for this, please keep an eye out for a reminder by e-newsletter or by the Rink Committee WhatsApp group. Alternatively, email rink@winstonheights.ca.

Finally, the WHMCA Board of Directors is looking for additional board members and committee members. The Board of Directors meets the first Tuesday of every month except August starting at 7:00 pm. As a board member you can see all the aspects of how the community association works and have a say in its direction. Want to be more focused instead? The Communications and Facility and Operations committees need some additional members to progress ongoing activities and also larger projects. If any of these roles are of interest to you, please contact Alex Reed at president@winstonheights.ca or 587-582-5342.

Rent a Hall

Do you need a larger space for an upcoming birthday, family reunion, or Christmas party? Do you have a wedding, christening, or special anniversary on your calendar? Do you have an at-home business that needs a commercial kitchen?

Consider renting one of our four halls or our kitchen. Three halls have capacity for 60 people, one for 140, and two can be combined for 200. We have a portable stage, two BBQs, a stereo, and even a disco ball. We are fully air conditioned, and three halls are fully accessible.

For more information, go online or contact our Facility Manager at hallmanager@winstonheights.ca or 403-276-5474. WHMCA members receive a 20% discount.



Consider Volunteering

The more the merrier! Would you like to meet new friends or reconnect with old ones? Want to get more involved with your community? We may have a volunteer opportunity that will interest you and meet your physical abilities. Currently, we can use help with our Centennial Garden, events, and Sunday afternoon concerts. Contact our Volunteer Coordinator at volunteers@winstonheights.ca.

Winston Heights-Mountview Community Association's

Nose Creek Concerts

presents

PICKING UP THE PIECES

The Songs of Gordon Lightfoot

*Patrick Hughes
Benjamin Williams
Connor Miskiman
Master of Ceremonies: John Hewitt*

SUNDAY OCTOBER 26

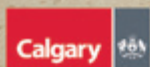
3pm Concert • 2pm Doors/Food/Bar

Tickets: \$25 (14 & under free)

MAIN HALL

Winston Heights-Mountview Community Centre • 520 27 Ave NE

Tickets/Info: www.winstonheights.ca/events



***Second
Sunset***



WHAT'S HAPPENING AT THE HALL – CALENDAR OF EVENTS!

Playgroup (On A New Day)

Mondays, September 22 to December 8 and January 5 to May 11, from 9:30 to 11:00 am

(Not held on statutory holidays or Christmas break)

A relaxed, engaging time for kids age 0 to 5 to play with toys and with friends, as well as for parents and caregivers to be able to visit with each other. Coffee and tea. Occasional light snacks, crafts, and activities provided for the children. For more information, contact Sharayah at 403-968-8001, or she and her Co-host Arden at playgroup@winstonheights.ca.

Cue Steps Round Dance*

Sundays, September 14 to December 7 and January 18 to April 19

At a glance, round dancing looks like social or ballroom dancing, since the rhythms and movements are the same. However, round dancers have the advantage of pre-choreographed and cued dances which use defined (and practiced) figures and steps. A variety of classes are offered from Beginner to Phase IV. www.rounddancecalgary.com.

Elder Book Club

**First Friday of Each Month from 9:30 to 11:00 am
North Hall (Annex Building)**

A monthly book club for older adults and seniors. Coffee and snacks. Free.

For more information, contact Neil through the office at 403-276-5474.

Freebird Music Studios*

Six-Week Programs. Saturdays at 10:00 am and 11:00 am.

North Hall (Annex Building)

Engaging, age-appropriate programs for young children, designed to foster creativity, cognitive development, and a love of music. For more information and to register, go to www.freebirdmusicstudios.com.

Fancy Double "C" Cloggers*

Wednesday Evenings

11-Week Sessions: September 24 to December 3, January 14 to March 25, and April 18 to June 17

Classes for beginners, easy to easy intermediates*, intermediate to low advanced. Clogging is a rhythmic percussive dance done to pop, country, or traditional fiddle music. No partner is necessary for this fun and

social activity. Only comfortable clothes and shoes are required for this mild workout. For more information and to register, contact Janet at janet_rae@shaw.ca. www.squaredancecalgary.com.

Embers, Sparks, and Girl Guides*

Mondays, Wednesdays, and Thursdays During the School Year

The Girl Guide organization believes in the power of fun and hands-on activities that inspire girls to grow, lead, and connect. Their programs are designed for girls ages 5 to 17 and cover everything from outdoor adventures and STEM projects to arts and leadership training. Whether your child loves the outdoors, enjoys creative projects, or wants to build new skills, their programs offer something for everyone. For more information and to register, go to www.girlguides.ca.

Yoga Classes – Prevail Yoga*

**Tuesdays and Thursdays from 7:00 to 8:00 pm
North Hall (Annex Building)**

Four to six-week sessions run September to June. WHMCA members receive a 15% discount. For more information and to register, contact Karl at karl@prevailyoga.ca or 403-681-9142.

Nicastro Pumpkin Carving Party*

Saturday, October 25 at 5:00 pm

This very popular party, organized for the community by The Nicastro Group is back with pumpkins, a dance floor, and food. Standby for more information.

Nose Creek Concerts Presents: Picking Up the Pieces, The Songs of Gordon Lightfoot

Produced by Second Sunset Productions

Sunday, October 26 in the Main Hall

Doors/Food/Bar Opens at 2:00 pm, Concert at 3:00 pm

Tickets: \$25. 15% off for WHMCA members. 14 and under are free.

For more information and to purchase tickets, go to www.winstonheights.ca/events or contact Suzanne at nosecreek@winstonheights.ca.

Quiz Night

Friday, November 14 at 7:00 pm

Quiz Night is back! Put together a team of eight and come out to meet and visit with neighbours and friends. Cash bar and treats for purchase. No pre-registration necessary. For more information, go to www.winstonheights.ca/events.

Letsgetscrappin'*

Saturday, November 15

A full day of scrapbooking.

For more information and to register, contact Stephanie at stephaniebell@shaw.ca.

Calgary Community Day Services (CCDS)*

Monday through Friday, Year-Round

A unique day service dedicated to seniors and mature adults with developmental disabilities. It emphasises community presence while caring for the unique needs of seniors. It focuses on recreation and leisure with an objective of an enhanced quality of life. www.ccdsinc@shaw.ca.

Deck the Halls

Wednesday, November 26 from 9:00 am to 1:00 pm

We will be decorating our halls for Christmas this morning. It is a great way to meet your neighbours and help out the hall staff as we prepare for the holiday season. We'll be sure to have coffee and some seasonal snacks.

If you love to get started early for Christmas, this is for you. Please be in touch with Suzanne at 403-276-5474 or hallmanager@winstonheights.ca.

*This is a third-party rental and not affiliated with WHMCA.

Interested in Starting a New Club, Group, or Class?

Community members often inquire about new clubs or programs. If you'd like to start a club, group, or be part of organizing a class, let us know. Some recent ideas are Poker Nights (with instructor), Fitness and Nutrition Classes for Older Adults, and a weekly Coffee and Conversation group. Let us know if you have an idea and we can help you connect with others of like mind. Contact our Events and Programming Chair at 403-276-5606 or events@winstonheights.ca.



AUC Decision

Dear WHMCA Members,

As many of you may have heard, the Alberta Utilities Commission (AUC) has denied Enmax Power Corporation's application for the Central Calgary Transmission Line Replacement Project. The AUC's decision was based primarily on two issues: insufficient consultation with adjacent landowners and safety concerns regarding the proposed above-ground route.

Following this decision, the WHMCA Powerline Committee met with our legal counsel, Gavin Fitch, to discuss its implications. Gavin advised that this outcome represents a significant win for our community. While the replacement line will still need to be constructed, Enmax will now be required to explore alternative options and engage in a more thorough consultation process before submitting a new proposal. At this time, we do not have any information regarding Enmax's revised timeline.

With the project halted for now, the Powerline Committee will enter a "sleep mode" until further action is taken by Enmax.

We're also pleased to share that the AUC has awarded our community reimbursement of \$135,316.78 in legal fees, out of a total of \$137,076.03—a recovery rate of 98.7%. This means that community members are only responsible for the remaining \$1,759.25.

Thanks to the generous support of our community, we raised \$15,000 in trust with McLennan Ross LLP to cover the legal retainer. Now that most of those funds are being reimbursed, each contributor will receive a prorated refund based on their original donation. McLennan Ross will issue the refunds via cheque once they have received the funds from the AUC.

Thank you again to everyone who supported this important effort. We will keep you informed of any developments. Stay tuned for time and date for a bit of a celebration event!

Warm regards,

Alex Reed

President

Craig Baskett

Powerline Committee Chair



WHMCA

playgroups

Relaxed, engaging
play time for
children ages 0-5,
and their caregivers.
Everyone welcome!

playgroup@winstonheights.ca



WINSTON HEIGHTS
MOUNTVIEW COMM. ASSOC.

**Every Monday
9:30am - 11am**

**Sept 22nd - Dec 8th 2025
& Jan 5th - May 11th 2026**

**location:
Winston Heights - Mountview
Community Centre
520 - 27th Avenue NE**

Community Cleanup

Thanks to our amazing volunteers, the Community Cleanup on September 6 was a huge success. This was one of our busiest years ever, with cars lined up to offload junk right up until the very last moment. We are so grateful to have a crew of experts who consistently come out to help at this event, and this year we were also thrilled to have some new faces in the mix. We can only hold events like this because community members so generously share their time and talents to make them happen. We also acknowledge the huge role that the City of Calgary plays in the day. Each year they send three garbage trucks and three amazing drivers to support the event. North Hill Co-op gets a big thanks too for supplying the donuts and snacks that kept us fueled for the day.

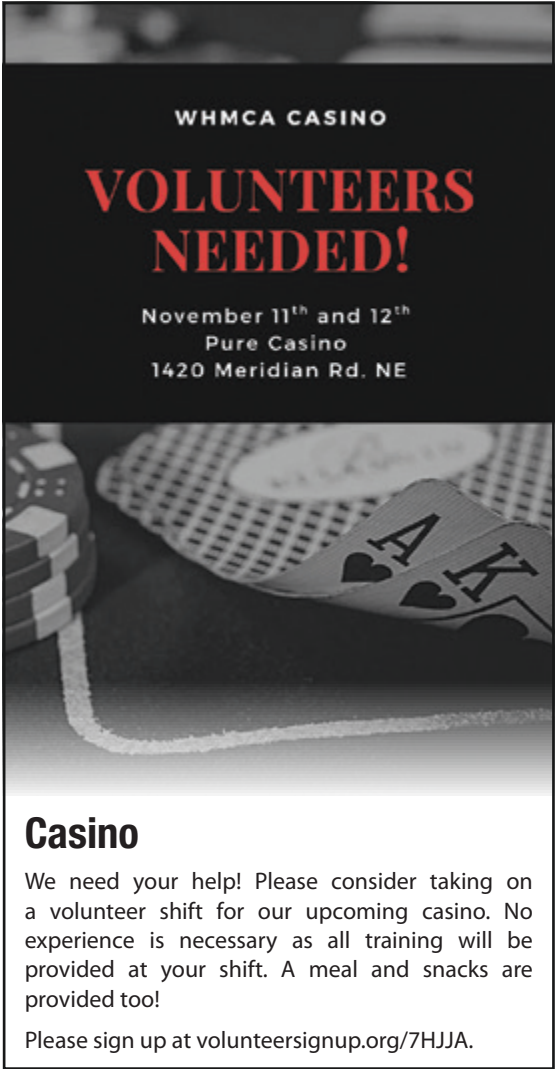
And luckily for us, the Crescent Heights Cowboys Football team was on hand to lend some enthusiasm and muscle. They held a bottle drive at the cleanup to raise funds for their team, while simultaneously volunteering to help unload trash from cars and feed it into the city garbage trucks. They also had a hand in diverting reusable items from the city trucks to the Drop-In Centre. Go Cowboys!

Thanks again to all our volunteers for safely managing all those cars, and for unloading all those couches and all the junk, and for giving people a safe, local spot to send their used technology and weird metal stuff. Thanks for helping to collect the estimated 10,000 plus kilos of garbage that got hauled out of Winston Heights Mountview.

Volunteers make the world go around!

Eva Logan

Event Coordinator

A poster for a casino event. The top half is black with white and red text. The bottom half is a grayscale image of a hand holding playing cards (Ace of Spades and King of Spades) and a roulette wheel.

WHMCA CASINO

**VOLUNTEERS
NEEDED!**

November 11th and 12th
Pure Casino
1420 Meridian Rd. NE

Casino

We need your help! Please consider taking on a volunteer shift for our upcoming casino. No experience is necessary as all training will be provided at your shift. A meal and snacks are provided too!

Please sign up at volunteersignup.org/7HJJA.

Rhubarb Rhythm

Did you know that along with the health benefits and delicious taste rhubarb provides, it also has some sweet musical sensibilities? Well, not exactly musical, but growers do say that when it is in the dark the plant grows so fast you can HEAR the squeaks, snaps, crackles, and pops of its rapid growth. How cool is that?!

Perozni Family and The Ambassador Motor Inn

Len and Bernice Perozni proudly share how, since 1961, members of the Perozni family have been providing food and accommodation at the Ambassador Motor Inn.

It all began in 1960 when Mike and Jean Perozni purchased a parcel of land on the corner of 16 Avenue and Moncton Road NE. They began construction of what would become the Ambassador Motor Inn. The land, purchased for \$340,000, was strategically chosen because it sat along the soon-to-be-opened Trans-Canada Highway. Mike and Jean also selected the location because it was near the eastern edge of the city (The Crossroads had opened in 1959), and it offered easy access for travelers entering Calgary.

When the Ambassador opened in 1962, a room went for the then-exorbitant rate of \$4.50 to \$6.50 per night! One of its most unique features was a heated, kidney-shaped swimming pool—the first motel pool in Alberta.

The name “Ambassador” was chosen to convey class and elegance.

Amber’s Restaurant (a name derived from “Ambassador”) was built and opened in 1963. It became a popular dining spot for many years until it closed in 2020 due to the COVID-19 pandemic. Len’s Den, a favoured local watering hole, also thrived for years.

Len, who grew up in the residential suite just off the front desk was deeply involved in the family business from a young age. He cleaned rooms, did laundry, checked in guests, and even hired some of the chambermaids. At just 17 years old, Len ran the motel while his father was sidelined by kidney stones.

In 1979, the final wing of the motel (along Moncton Road) was completed, adding 20 more rooms. The design formed a U-shape, allowing for only one entrance and one exit—enhancing both traffic flow and security.

Over the years, the Ambassador has served as a filming location. Notable productions include TV series such as *Fargo* and the upcoming JonBenét Ramsey series, and films like *Under the Banner of Heaven* and *The Order*.

Musicians including Paul Brandt and Beverley Mahood have also filmed music videos there. Famous guests include Stompin’ Tom Connors and “Little Jimmy Dickens.”

When asked about his proudest moments, Len mentions the joy of hosting families of athletes during the 1988 Winter Olympics—including the Italian women’s ski team and athletes from Guatemala. But Len shows the most evident pride when talking about how well he and Bernice worked together as a team—Len overseeing Food and Beverage and administrative roles, while Bernice managed the Front Desk and Human Resources. He attributes much of their success to Bernice—her strong skills and the genuine affection she inspires in both guests and staff.

9 PM

ROUTINE

CALGARY
POLICE
SERVICE

✓ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

THE ROCKET

On October 19, 1957, hockey history was made. Montreal Canadiens star Maurice “Rocket” Richard became the first player in NHL history to score 500 goals. He reached the milestone on home turf at the Montreal Forum, cementing his legacy as one of hockey’s greatest legends.

A photograph of Maurice Richard, a Montreal Canadiens player, in action on the ice. He is wearing a red jersey with the number 9, blue pants, and is holding a hockey stick, about to shoot the puck. The puck is shown in motion with a flame-like effect behind it.



Quiz Night

November 14th

7.00PM

520 27 AVE NE

**For more information,
please contact**

**Carolyn Slipp
carolynslipp@gmail.com**

Halloween Safety

by Alberta Health Services



As a member of Calgary's Child Magazine Partners for Safety initiative, AHS EMS would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.
- Advise children not to eat anything until they return

home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

Encampments

Please notify 3-1-1 and enter "Encampment Concerns" if you come across them. If any of you want to also open a 3-1-1 Request for this, use this link: calgary-cwiprod.motorolasolutions.com/cwi/select.



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TRY PILATES! Improve your posture, flexibility, strength, balance, and core stability. Mindful movement, injury rehabilitation, and pain management. Services include: Mat Classes, Individual or Duet sessions, Individual Reformer and small equipment Pilates. Inquire now. Call 403-836-3892 or email andreasatveit@live.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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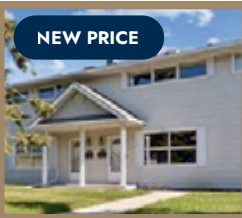


TONY NICASTRO



403-620-3634 | tony@nicastrogroup.ca

NEW PRICE



608 32 Ave NE

COMING SOON



450 25 Ave NE

SOLD



14 Covewood Park NE

JUST LISTED



704 41 Ave NE

JUST LISTED



624 26 Ave NE

SOLD



2004 6 Street NE

COMING SOON



2605 4 Street NE

SOLD



2002 6 Street NE

SOLD



2311 6 Ave NW

SOLD



4601 Monterey Ave NW



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DONATE A BIKE TO
A CHILD IN NEED.

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CODE TO SEE
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