EARBOUR LAKE

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER

HALLOWEEN BINGO
OCTOBER 19
HALLOWEEN
HAUNTED HOUSE
OCTOBER 31





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A Registered Education Savings Plan (RESP) is a smart way to begin saving for your child's or grandchild's education after they finish high school. It's a savings plan that's meant for the

Open a no fee RESP account to save for a child's future.

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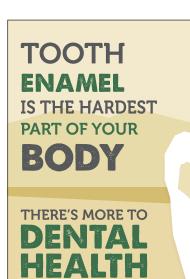
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HOURS OF	OPERATION
Monday	7am - 5pm
Tuesday	7am - 7pm
Wednesday	7am - 7pm
Thursday	7am - 7pm
Friday	7am - 5pm



Arbour Lake Real Estate Update

Last 12 Months Arbour Lake MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$ 539,900	\$ 539,900
July 2023	\$ 620,000	\$ 645,000
June 2023	\$ 549,000	\$ 567,200
May 2023	\$ 589,900	\$ 642,500
April 2023	\$ 455,889	\$ 465,000
March 2023	\$ 542,450	\$ 552,050
February 2023	\$ 424,450	\$ 418,500
January 2023	\$ 584,900	\$ 590,000
December 2022	\$ 475,000	\$ 476,250
November 2022	\$ 539,950	\$ 543,900
October 2022	\$ 524,900	\$ 515,000
September 2022	\$ 437,400	\$ 445,500

Last 12 Months Arbour Lake MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	17	19
July 2023	17	17
June 2023	25	25
May 2023	28	24
April 2023	16	19
March 2023	18	12
February 2023	14	14
January 2023	11	7
December 2022	4	10
November 2022	12	8
October 2022	8	11
September 2022	13	8

To view more detailed information that comprise the above MLS averages please visit arbr.mycalgary.com

ALRA VISION AND MISSION STATEMENT



VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: hallrentals@arbourlake.com

Phone: 403-241-2628

ARBOUR LAKE RESIDENTS ASSOCIATION

Phone: 403-241-2628

Website: www.arbourlake.com Email: info@arbourlake.com

COMMUNICATION

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

Hall Rentals Basics

Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

When Can I Book Hall Rentals?

Hall rentals must be booked at the Lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

What Do I Need to Rent the Hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

Where is More Rental Information?

Website: www.arbourlake.com Email: hallrentals@arbourlake.com

Phone: 403-241-2628

Hall Programs

The Arbour Lake Residents Hall hosts various programs through the ALRA as well as through independent groups. Keep busy and connect with others through our various offered programs!

Senior Craft and Chat: Calling all seniors! Join our seniors' group every Tuesday morning from 10:00 am to 12:00 pm for coffee, board games, and great company! You can also bring your own crafts to work on.

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The Programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at hallrentals@arbourlake.com.



Senior Craft and Chat

Calling all seniors! Start your Tuesday mornings off right with good company at our weekly senior craft and chat from 10:00 am to 12:00 pm. Board games are provided as well for those who aren't big on crafting!



SCAN HERE TO VIEW ADDITIONAL ARBOUR LAKE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



WHAT'S UP AT THE LAKE

Happy October, Arbour Lake!

We hope everyone has gotten back into their fall routines and is ready for some Halloween fun! We finished off our summer with our Annual Movie Night on September 22. We are excited to be planning some awesome fun events to get everyone into the spirit of fall.

Family bingo night is back with a spooky twist. Join us on Thursday, October 19 at 6:00 pm for a Halloweenthemed bingo night. There will be a costume contest, special treats, and more! Register at the lake office to be a part of the fun; spots fill up fast.

We will be hosting our annual Halloween Haunted House on October 31 from 6:00 to 8:00 pm. Come down to enjoy some treats and get a good scare!

Stay updated on what's going on at the lake by checking out our website (arbourlake.com) and social media: @ArbourLakeResidentsAssociation on Instagram and Facebook.



UPCOMING EVENTS

Halloween Bingo October 19 at 6:00 pm

Join us for a scary good time at our Halloween-themed bingo night! We will be having a costume contest, special treats, and more! It's \$20 per family and that includes five bingo cards. Be sure to register at the lake office as spots fill up fast.



Halloween Haunted House October 31 at 6:00 pm

Come have a spook-tacular time at our annual haunted house! There will be tricks, treats, games, and much more. The fun starts at 6:00 pm. No registration required.





Christmas Craft Fair November 18 at 11:00 am

We will be holding our Christmas Craft Fair on November 18 from 11:00 am to 4:00 pm. Email assistant@arbourlake.com for more information on how to become a vendor.



Light The Night December 1 at 6:30 pm

Light The Night is back! Come and get into the holiday spirit with horse drawn wagon rides, pictures with Santa, crafts, some yummy hot chocolate, and treats. No registration required.







ALRA MONTHLY UPDATE

Fall Lake Hours and Flags

As the lake gets cooler and the days get shorter, the lake will have reduced hours. Once the water temperature dips below 10°C, swimming and boating activities will be closed for the season. As soon as ice starts forming in the lake, the water becomes very dangerous, and the lake area will be closed until the ice is thick enough for skating.

Flagpoles are located around the lake and at the front entrance, which indicate ice conditions as follows:

Red Flag: Full closure of the lake area (staff off and far away from the water).

Yellow Flag: Partial closure (contact the lake office or check our website for updates).

Green Flag: Lake is open for all activities for the summer or winter season.

2023 Lake Fees

Your invoice for your annual lake fee should arrive soon for the 2023 year. If you have not received your invoice by late November, please contact the lake office for a copy of your invoice. Please be advised that this fee is mandatory and you cannot opt out of paying it. Fees are due on January 1.

Fees can be paid at the lake office by cash, cheque, debit, Mastercard, Visa, or through your online banking using your external reference number. Contact the office if you require assistance.

Check www.arbourlake.com, Arbour Lake Residents Association on Facebook, or @arbourlakeresident on Instagram for updates on lake conditions.

Water Safety

As a reminder, here are some safety tips:

- Arbour lake is an unsupervised lake. Use of the lake and its amenities is at your own risk.
- There is no lifequard on duty.
- Please watch children at all times.
- Always keep your small children within arm's reach.
- We highly recommend that children wear a PFD at all times.
- Children must remain in the buoyed swim area.
- Swim aids and toys must remain in swim area.
- Swimming with a buddy is safer and way more fun.

- · No diving.
- No swimming, diving, or playing in the water by the fishing docks!
- No swimming or boating during lightning storms.
- Parents: If your children are under the age of 12, you must remain at the lake with them at all times. They cannot be left unsupervised.

Fall is here and we are all very excited to have fun at the lake, but there are some very important rules to remember.

Members

- Presentation of a membership card or app code is mandatory to gain access to the lake.
- Members 11 years or younger must be accompanied by a responsible member 12 years of age or older.
- Residents under 18 who are not yet registered as a member must be registered by the homeowner.
- Replacement membership cards may be purchased for \$25.
- Arbour Lake staff reserve the right to restrict entry to anyone.
- ALRA has the right to make further reasonable rules and regulations.

Guests

- Adult members are permitted a maximum of five quests per household per day.
- Members under the age of 16 are permitted to bring a maximum of two guests at any time and guests must provide photo ID.
- Members are responsible for the actions of their quests.
- All guests must be accompanied by a member at all times and can never be left in the lake alone.
- Members may not check in guests without a current lake card.
- Members under 18 years of age who bring guests must leave their lake card at the office and guests must leave a piece of picture ID with the member's lake card. Members and guests may retrieve their ID upon departure.

Prohibitions

- No open fires or portable BBQs.
- No personal watercraft equipment.

- No glass bottles, glass containers, glass cups, etc.
- No alcohol, drugs, cigarettes, vapes, or similar substances.
- No animals.
- No bicycles, skateboards, or other vehicles.
- · No motorboats or snowmobiles.
- No taking sand off the beach.
- No digging deep holes in the beach.
- No inflatable water toys or equipment. Only infant water wings are permitted.
- No smoking inside the park or parking lot.
- · No person shall at any time discharge, deposit, throw, dump, or place any trash or debris of any kind whatsoever in the lake, on the lake property, or in dumpsters.

Lake Hours

Check our website, social media, or call the lake office for updates on lake hours. Stay updated on what is going on at the lake by checking out our website and social media: @ArbourLakeResidentsAssociation on Instagram and Facebook.



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Prairie Winds 4-H Members Prepare for an Exciting New Year

by Emmett Donner, Club Reporter



For many, the end of summer and start of a new school year can be both an exciting and anxiety filled time. With waking up earlier and having to meet deadlines, this time can be a challenge for many. However, for the Prairie Winds 4-H Club Members, this time was an invigorating period, looking forward to the new 4-H vear.



In August, members of the Health and Fitness Project had their final meeting at the YMCA, where they had some fun as a way to end the project. After, the project's Achievement Day activity was discussed, and a trifold made to be shown off at the club's Ice Cream Social. Additionally, other members enjoyed an

afternoon watching the movie adaptation of the book Holes by Louis Sachar, and then discussing both the movie and book.

In September, the club held their annual Ice Cream Social, which was open to the public. This event was a time for new families to ask questions and learn about 4-H. all while enjoying a nice, cold treat. Later in the month, the first general meeting was held. Many items were discussed, and registration forms filled out. This year, members get to look forward to numerous interesting projects, which filled many with excitement. Both of these events were held at a new venue that we have partnered with to host most of the club's activities this year. So, with a great year ahead for the Prairie Winds 4-H Club, the club hopes that all had a fantastic summer and have a great new school year!

ARBOUR LAKE BEGS PCS



Hey, everyone! Colour the picture and drop it off at the lake office for a chance to win a great prize!

	Name:
	Phone #:
Arbour Pake	Address:



Halloween Safety

from Alberta Health Services



The members of Calgary's Partners for Safety: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 911, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

• Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

Court Ellingson

MLA, Calgary-Foothills

Critic for Technology & Innovation 202-1829 Ranchlands Blvd NW, Calgary

- 403 216 5444
- facebook.com/CourtEllingsonYYC
- o courtellingson @CourtEllingson



Hello to residents of the riding of Calgary-Foothills. My name is Court Ellingson, and I am honoured to be your new MLA and provincial representative in the Alberta legislature. Having grown up in Valleyview, AB and living most of my adult life in Calgary, I bring both an urban and rural perspective to my work. I served as Vice President, Strategy with Calgary Economic Development and Program Director with the Calgary Innovation Coalition, and look forward to representing you, as well as our technology ecosystem, as Alberta's Official Opposition Critic for Technology and Innovation.

I live in Sherwood and I'm happy to call Calgary-Foothills home. Our constituency is diverse, and I'll work hard to represent all our communities in the legislature. As we prepare for the fall siting of the legislature, I'd like to invite you to join MLA Julia Hayter and I as we celebrate the opening of our office space together on Thursday October 19, 2023 from 5:30 pm - 7:30 pm. Our Constituency Office address is 202-1829 Ranchlands Blvd. NW, Calgary. RSVP here: tinyurl.com/edgemontfoothillsofficeopening.

Throughout the election campaign, we heard that Calgary-Foothills needs additional public schools. In the Symons Valley communities, there are only two Catholic schools. Thousands of children are bussed or driven up to 30 minutes away to attend overcrowded schools in other parts of the city. We would love to hear from you on this important topic and are inviting you to join our Schools Town Hall on Monday, October 23 from 6:30 pm - 7:30 pm at 12 Arbour Lake Drive NW. RSVP here: https://tinyurl.com/ courtellingsonschoolstownhall.

Should you require assistance with services such as notarizing documents, letters of support, or access to provincial resources, please feel free to book an appointment with my office.

EVENTS RECAP

Seniors' BBQ

Our Annual Summer BBQ Fundraiser was a huge success! We all had family fun in the sun celebrating our awesome community while raising money for the Alberta Children's Hospital. A very big thank-you to all our sponsors!





Summer Camps and Summer Programs

This summer was a blast at our Adventure Summer Camp. Campers enjoyed the summer sun at the beach. went on thrilling field trips, made new friends, and many new memories!



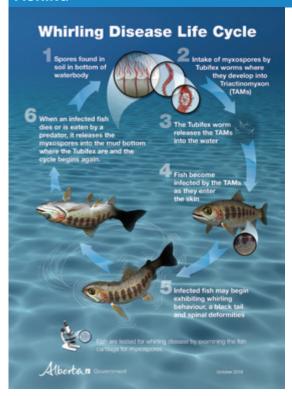


Our summer programs were a success! Residents learned techniques for kayaking and paddle boarding while playing games on the lake in the summer sun!





FISHING





Fishing is Catch and Release Only!

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting sown all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at http://aep.alberta.ca/fish-wildlife/wildlife-disease/whirling-disease/default.aspx.

Fishing

- May only be done from the designated fishing docks.
- Hooks must be Barbless and egg hooks are not permitted.
 No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules & Regulations are being followed.

Eutrophication

Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much ferilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multifply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

BUSINESS CLASSIFIEDS

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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SHARI'S SKIN AND BODY ESTHETICS OF KENSINGTON: Is now expanding to Arbour Lake NW. Fall Special - Oxygen Skin Clean for \$99, regular \$175. Visit sharisskinandbodyesthetics.com or text 403-862 9138.

PHYSIOTHERAPIST: Discover Rafael Burgos, our skilled physical therapist at Synergea Family Health Centre. With over 20 years of experience, Rafael excels in Fascial Counterstrain—an advanced technique relieving pain by targeting muscle fascia. Experience personalized one-on-one care in a private room. Book at synergea.ca or call 403-247-2947 for exceptional care.





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