

JANUARY 2023

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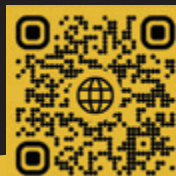
your **BANFF TRAIL** howler

THE OFFICIAL BANFF TRAIL COMMUNITY NEWSLETTER



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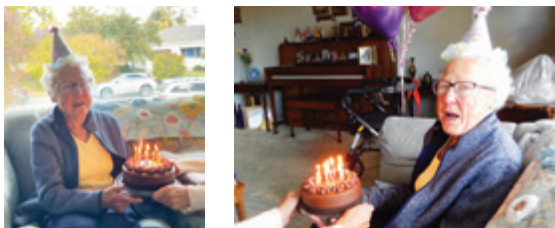
Banff Trail's Oldest Mountaineer

On October 3, 2022, the weather was perfect, no rain or wind in the forecast, and the sun was brilliant. It was the day for the summit bid. Doreen Hammond, a few days short of her 96th birthday, went up the east ridge to the summit of Nose Hill, with sherpas Allan and Dana.

After a short refreshment break and a walk through the Medicine Wheel, they continued along the top to the west descent ridge to the car.

The day finished with a chocolate frosty at Wendy's. It was the best day ever. When asked "What's next Doreen ... rock climbing?" she just laughed.

We wish Doreen a very Happy Birthday and may we always see your smiling face at the Community Centre.



Long time Banff Trail Resident Doreen Hammond moved to Banff Trail in 1952. She is still enjoying her same home at 96 years young! Happy Birthday Doreen!



Palimpshed Project

Palimpshed Project has a new artist onsite! Stay tuned for an update. The Palimpshed Project was created by Banff Trail resident, Terese Mullin, and is a local urban art spot in Banff Trail that offers an opportunity for mural artists! This lane way space is located in the alley running along the south side of Edelweiss Village. Go check it out! See @palimpshed on Instagram for more details and watch for a call for submissions. Send inquiries to Terese Mullin at palimpshed@gmail.com.

Mural pictured here is by artist Justin Scott.

International Sweatpants Day

In the 1920s, French designer Émile Camuset invented sweatpants to keep athletes warm while training outdoors. These days, sweats aren't just for athletes; there's a pair for every occasion, whether it's for everyday use, lounging, or even to walk a fashion runway. This January 21, it's only "fitting" to observe International Sweatpants Day by donning your favourite sweats!



RAVEN'S CORNER

Happy New Year!

This month, I am sharing with you a photo of me cave exploring in the mountains. Much snow has fallen since, so this month is going to require snowshoes. What a great way to start off 2023! As we ring in the new year, Banff Trail is also holding a first time ever wonderful program for teen drama enthusiasts. This is one incredible opportunity for these kids and for our community, so space is limited. More details in this issue.

To also ring in the new year, the BTCA (Banff Trail Community Association) is also hosting an Ice Skate Party on January 8 from 12:00 to 2:00 pm. We'll be having firepits, hot beverages, and fun treats. Bring the family! More details in this issue. See you on the rink!

More importantly, please note that the Banff Trail Community Association will be holding its Casino Fundraiser on January 11 and 12. This is our main fundraiser used to provide these wonderful events, opportunities, and programs for our community. Volunteers are needed. What a great way to meet some of your BTCA Directors and your neighbours! If you are unable to volunteer, come on out and play a game or two. More details in this issue.

Have any kids in your household? If you have a kid between the ages of 12 and 17 who is looking to get involved while having fun, we have an opportunity for you! The Banff Trail Youth Council meets once a month and has already done remarkable things for our community. A Youth Group helps foster character, build leadership skills, and provides the opportunity to make new friends! Email ycl@banfftrailcommunity.ca. Many thanks to these amazing young leaders for all they have accomplished and for all their community contributions!

Your Banff Trail Membership is absolutely free! Six years ago, the Banff Trail Community Association voted to set memberships to zero dollars in order to include everyone. For new memberships, please provide your name, contact information, and let us know if you live within the Banff Trail neighbourhood boundaries to membership@banfftrailcommunity.ca. Or just let us know if you wish to renew as a member for an additional year. Thank you so much for your support! Welcome to all new members!



Want to get your Banff Trail Howler before it comes in the mail? Check out https://mycalgary.com/magazines/banff_trail/.

If you have anything you're interested in, don't hesitate to get involved. Our meetings are now on the second Wednesday of the month from 7:00 to 9:00 pm. Feel free to call 403-282-2234 or email hallmanager@banfftrailcommunity.ca. You are more than welcome to join us! The Banff Trail Community Association (BTCA) consists of a wonderful group of neighbours who are here to make Banff Trail a great place to be. Thank you for all your time and volunteering efforts.

Your editor for the Banff Trail Howler,

Ravenmoon Spicer

Acknowledging and Honouring Indigenous cultures: Calgary (and Banff Trail) is situated at Mohkínstsis (in Blackfoot); Wichispa (in Stoney); or Guts'ists'i (in Tsuut'ina) in Treaty 7 Territory, Home of the Blackfoot Nations, Stoney-Nakoda Nations, Tsuut'ina Nation, and Home of the Métis Nation of Alberta, Region 3. We pay our respect to the First Nation and Métis ancestors of this place and reaffirm our relationship with one another; in doing so, we are actively participating in reconciliation as we navigate our time in this course, learning and supporting each other.

Hey Kids!

**What do you especially like
about living in Banff Trail?**

**Have you checked out
any of our events?**

We'd love to hear from you!

HowlerEditor@banfftrailcommunity.ca

The Banff Trail Conversation Club

Let's talk! Meet new people. Hang out in a social setting. Exchange ideas, thoughts, and opinions. Join us in community discussion and so much more!

**Come talk with us!
Newcomers welcome.**

Every Monday from 1:00 to 3:00 pm
at the Banff Trail Community Hall.

For more information,
contact Patricia Kostas at
403-284-9487



BTCA Memberships

There is no charge for membership for the year. Memberships run from March to February. Registrations still required. If you would like to become a member and find out about upcoming events and ongoing activities, please send an email to membership@banfftrailcommunity.ca

Please include your name, address, phone number, partner's name, and how many children you have under the age of 18.

Banff Trail Community Association

BOARD MEETING

is on the second Wednesday of every month from 7:00 to 9:00 pm

Have questions about Hall rentals or availability?

Contact our Facility Manager at 403-282-2234

or hallmanager@banfftrailcommunity.ca

Office hours are Tuesday and Thursday 6:30 to 8:00 pm

HOWLER SUBMISSIONS

Do you have an interesting story you think should be in The Howler? Know of someone living in Banff Trail how deserves to be featured in our newsletter? How about photographs of our community? If you do please contact howlereditor@banfftrailcommunity.ca.



Remember, www.BanffTrailCommunity is the place to look for short-notice events, and more community info. Check out Banff Trail Community through social media through the following:

Facebook: @Banff TrailCommunity.ca

Instagram: @banfftrailyyc | **Twitter:** @BanffTrailYYC

Banff Trail Community Association

2115 20 Avenue NW • T2M 1J1 • 403-282-2234

EXECUTIVES

President	Rolland Lequier president@banfftrailcommunity.ca
Vice-President	Vacant VP@banfftrailcommunity.ca
Treasurer	Kathy Quinn-Bayrock treasurer@banfftrailcommunity.ca
Secretary	Laura Sharp secretary@banfftrailcommunity.ca

DIRECTORS

Planning and Development	Myke Atkinson development@banfftrailcommunity.ca
Memberships and Communications	Kimberley Jordan membership@banfftrailcommunity.ca
Events Coordinator	Kerstin Plaxton events@banfftrailcommunity.ca
Programs	Marlise Westeinde program@banfftrailcommunity.ca
Facility Coordinator	Patrick Oscienny facilities@banfftrailcommunity.ca
Community Safety	Vacant
Governance	Vacant
Howler Editor	Ravenmoon Spicer howlereditor@banfftrailcommunity.ca

DIRECTORS AT LARGE

America Astete, Evan Gillespie, Llyal Grummett, Margaret Curelas, Nathan Chandler, Paula Kahr

VOLUNTEERS

Ice Rink Volunteer and Coordinator	Vacant rink@banfftrailcommunity.ca
Soccer Coordinator	Marlise Westeinde soccer@banfftrailcommunity.ca
Community Garden	Marie Fraser btcommunitygarden@gmail.com
Conversation Club	Patricia Kostas 403-284-9487

CONTRACTORS

Hall Manager	Vacant hallmanager@banfftrailcommunity.ca
Bookkeeper	Theresa Ouellette

Need Affordable Food?

The Good Food Box makes top-quality, fresh food available in a way that does not stigmatize people, fosters community development, and promotes healthy eating.

What Is It?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby they purchase fresh fruits and vegetables at a very low cost from growers and distributors in Calgary. The Good Food Box is a hand-up program as opposed to hand-out. They offer all Calgarians and surrounding areas sustainable access to nutritious food to ensure that everyone can afford fresh produce, so no one has to go hungry. The boxes are put together by dedicated volunteers who, along with The Community Kitchen Program and the BTCA, desire to see individuals and families accessing affordable nutritious food.

Information

Anyone will soon be able to order an affordable box of fresh produce to be picked up locally each month. Please email btcagoodfoodbox@gmail.com for more information about the program.



The Good Food Box (GFB)

Brought to you by the
Community Kitchen Program of Calgary

**Order a Nutritious, Affordable Box of
Fresh Fruits and Vegetables**

Pick up your Good Food Box from a Depot
close to work or home.

Small | **\$25.00** Medium | **\$30.00** Large | **\$35.00**

For order dates and depot locations, please visit
www.ckpcalgary.ca/program-services/good-food-box

For more information, please contact

btcagoodfoodbox@gmail.com



The Banff Trail Community Association offers a safe and inclusive environment that is welcoming to all individuals.

Ladies Poker Night | 7:00 to 9:00 pm

Ladies! It's that time of the month again!

Next Meeting: Friday, January 27

Last Friday Of Every Month | Banff Trail Community
Association | 2115 – 20 Avenue NW

Buy Nothing Project

Buy Nothing Project Banff Trail, Capitol Hill, Briar Hill-Houndsfield Heights: Find us on Facebook by Searching for: "Buy Nothing Banff Trail, Capitol Hill, Houndsfield-Briar-Hill". Give freely. Share creativity. Create community and connection with your neighbours. Post anything you'd like to give away, lend, or share among neighbours. Ask for anything you would like to receive for free or borrow. Keep it legal. Keep it civil. No buying or selling. No trades or bartering. No soliciting for cash. We are an adult-only, hyper-local gift economy. We are not a charity or community bulletin board. For more information, visit www.buynothingproject.org.



Volunteers Needed

General Manager/Alt. General Manager

Requires walking or standing 10 to 25% of the time. Will be working primarily in the Cash Cage during the day shift and the Cash Cage and Count Room during the late shift. Some activity takes place on the casino floor.

*Must not be an employee of the organization.

Responsibilities include being the organizations' official representative to supervise volunteers, their attendance, and their conduct at the Licensed Casino Event in the Cash Cage, the Count Room, and on the gaming floor.

A General Manager or Alternative General Manager must always remain within the casino facility during a licensed casino event.

Banker

- Primarily sitting 90% of the time in Cash Cage.
- Must not be an employee of the organization.
- Responsibilities include maintaining Cash Cage float of chips and cash.
- Controls safe. Primary activity during the opening, closing, and shift changes.
- Must use a computer or handheld computer in the performance of their duties.

Cashier

- Primarily sitting or standing 90% of the time in Cash Cage (person's preference to stand or sit in cashier position).
- Responsibilities include trading patrons' chips for cash.
- Ability to count chips accurately in increments of 5 and 25 as well as count back cash is a huge asset. Will be handling large amounts of chips and cash.
- Minimal use of handheld computer in the performance of their duties.

Count Room Supervisor

- Primarily sitting 80% of the time while in the Count Room.
- Must not be an employee of the organization.
- Responsibilities include utilizing a computer to record counting activities. Supervising count room volunteers.

Other Count Room Positions

- Sitting 90% of the time while in Count Room (one or two positions will be standing 100%).
- Responsibilities include sorting, counting, verifying, and amalgamating cash. One person will use a computer.



Chip Runner

- Sitting 80% of the time waiting. Not permitted in Cash Cage. Must remain on Casino Floor or volunteer lounge.
- Responsibilities include minimal use of handheld computer in the performance of their duties. This position is ideal for someone who would like to do work on their laptop computer, a craft such as knitting, or reading books.

Email our treasurer Kathy at treasurer@banfftrailcommunity.ca to if you can volunteer.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

"Make 'em Laugh" Performance-Based Theater Class for Teens

This free 9-week program teaches teens (ages 11 to 16) classic clown technique and movement, theatrical make-up, costume, and scene design, and is a great opportunity to build creativity, confidence, and social connection. It also teaches students planning, group communication, and presentation skills. Students will choose their own clown persona and create their own make-up and costume for their final performance. Because this class does not involve verbal communication, students of all languages and abilities are welcome, including those with disabilities and ESL.

Classes will be held weekly at the Banff Trail Community Centre starting mid-January and running until Easter, concluding with a final performance during the BTCA community Easter event. Keep an eye out for more details in the following weeks. Please email program@banfftrailcommunity.ca if you/your teen is interested. Space is limited.

Teen Clothing Swap

It's time for the teens! Bring your gently used, clean, and in good repair teens clothing to the Banff Trail Community Association on January 14 from 12:00 to 4:00 pm. Thrifting has become all the rage again! What better way to repurpose, reuse, and recycle than by donating your clothing back to the community and searching for pieces that you like? Bonus: This is a free event. Save money and the environment!

Have questions? Reach out to our events director Kerstin Plaxton at events@banfftrailcommunity.ca.

Interested in a men's swap, we want to hear from you!



Ice Rink Volunteers Needed!

We need help to flood and set up our beloved ice rink. Moreover, during the colder months, this requires a huge amount of dedication to clearing the ice of snow and maintaining it for neighbours of all ages to enjoy. This is an enormous undertaking but extremely rewarding. Bring a thermos of hot cocoa and come lend a hand. Please text Llyal at 403-651-1019. See you on the ice!

To View Additional Banff Trail Content

INCLUDING

- *News and Events*
- *Real Estate Statistics*
- *Crime Statistics*

and More...

SCAN HERE



Artists of Banff Trail

If you are an artist in Banff Trail and would like to exhibit your work in the Banff Trail Artist Exhibit, please email your submission to Terese Mullin at Tereseamullin@gmail.com. Use the subject line "Banff Trail Howler Exhibit." Please include up to five images, your artist statement, and brief biography if applicable.



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Happy New Year!
Wishing you all God's best in 2023!

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Meeting at the
Banff Trail Community Centre
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email: info@livingwordchurch.ca
web: www.livingwordchurch.ca
tel: 403-922-2216

GRANDPARENT SCAM ALERT

WHAT IS THE SCAM?

Scammers are calling seniors claiming to be family members in need of immediate money for bail or hospital expenses.

The scammer will often send someone to the door to pick up payment.

BAIL FACTS:

- Police, lawyers, judges or jails do not call people to get money.
- Bail/ fines are typically paid at a courthouse, police station or jail.
- Bail in Alberta is typically \$10-\$500.
- Bail can't be paid using gift cards.



"Court appointed" couriers don't exist. If someone asks to come to your home to pick up payment, it's a scam.



If it has to be now, it has to be no. Using fear or high-pressure tactics are usually a red flag.



Always ask for proof of identification and call-back numbers. Talk to family, friends or other people you trust to help verify claims or requests.



If you have lost money or the scam is in progress, contact the Calgary Police Service at **403-266-1234**

To report a scam in general, contact the Canadian Anti-Fraud Centre at **1-888-495-8501**

Jason Copping

MLA, Calgary-Varsity
Minister of Health

Unit 201, 1055 20th Avenue NW

403.216.5436

calgary.varsity@assembly.ab.ca

facebook.com/jasoncoppingAB

Jason_CoppingAB @JasonCoppingAB



Happy New Year!

As we bid farewell to 2022 and ring in the new year, affordability remains one of the primary challenges facing Canadians.

Here in Alberta, we know families are counting on our government to take decisive action to address the rising cost of living. That is why we did not hesitate to announce a package of supports that will keep more money in the pockets of all Albertans. This includes: ensuring income supports, such as AISH and the seniors' benefit, are adjusted for inflation; providing more money for lower income families, seniors, and others hit hardest by the inflation crisis; eliminating provincial fuel tax at the pumps; and acting to immediately address the cost of utility payments, including a review of Alberta's electricity pricing system.

These changes will provide Alberta households, with or without children, up to an estimated \$900 or more in broad-based relief.

Our commitment to fiscal discipline and economic growth is allowing us to provide more help for Albertans while we pay down our debt, lower the debt burden, and save for the future. Fighting inflation and tackling the cost-of-living crisis facing Albertans are top priorities for our government. Our multi-billion-dollar inflation-relief package will help offset costs for families, seniors, and get our most vulnerable through this challenging time.

As always, if you have questions or concerns feel free to reach me through email at calgary.varsity@assembly.ab.ca or call 403-216-5436.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Calgary Wildlife is a registered charity and the only wildlife hospital within the City of Calgary. We promote positive wildlife-human interactions by giving educational talks at schools, community groups, and associations throughout the city.

Please visit
www.calgarywildlife.org
for more information.

