

JANUARY 2023

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THE OFFICIAL BEDDINGTON COMMUNITY NEWSLETTER



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Happy New Year!
from

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**The 'J'
is Born!**

You may think that 'Z' was the last letter added to the alphabet, but it was actually 'J'! In the Roman alphabet, 'J' wasn't a letter, it was only a fancy way of writing the letter 'I.' It wasn't until 1524 that Italian grammarian, Gian Giorgio Trissino, made a distinction between the two characters, helping the 'J' to become the last letter added to the modern alphabet.



APPY HOUR

JOIN US SUNDAY-THURSDAY 3PM-6PM & 9PM-CLOSE

**DRINKS
& APPS** \$**5**
STARTING AT
BEDDINGTON LOCATION ONLY



**BUY 1
GET 1
FREE**
MEDIUM PIZZA/PASTA



Dine-in only. Not valid on Valentine's Day.
Expires May 31st 2023.
BEDDINGTON LOCATION ONLY.



\$10 OFF \$40



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Fly Safely on Your Vacation

from the Better Business Bureau

Are you thinking about traveling by air for a few days?

Before Clicking the Button to Buy Tickets, BBB Recommends the Following:

- Check current requirements for domestic and international travel. In Canada, look for Canadian travel advisories.
- Make sure everyone who is traveling has the appropriate ID. Make certain parties traveling together have a current compliant ID as required by the provinces or countries you're traveling to.
- Read all cancellation policies carefully. Not all situations require a full refund of the ticket value and fees if your flight is canceled. Each online travel agency, airline, and broker is different.
- Book tickets only after reviewing travel restrictions. Save time and stress by reading the updated status of restrictions on the Health Canada website.
- Consider trip insurance. Have a complete understanding of what the policy does and does not cover.
- Be an informed traveler. Refer to the Department of Transportation website for details on consumer issues, filing complaints, and other aviation information.
- Avoid hidden fees. Read the fine print!

Flying isn't the only aspect of your trip to consider.

Here Are Some Other Travel-Related Resources from BBB:

- **Rental cars:** Make your next car rental experience a little easier.
- **Hotel rooms:** Learn what to keep in mind when booking a hotel room.
- **Travel agents:** Know what to look for in a travel agent and find one near you.

During the holiday or any time of year, find ways to travel safely and avoid scams. If you plan to travel to or from Canada, check for travel advisories. Remember to report any suspicious activities to BBB Scam Tracker and sign up for Scam Alerts.

For more information go to BBB.org.

BRAIN GAMES

SUDOKU

9	2	6			7		8	
5			6	8	9	2	3	
1					5	9	6	
7	5		8		2	6		
		9	7			8		2
3	8		1					
		4		3		5	7	6
	7	3		6				4
	1	5		7				

FIND SOLUTION ON PAGE 12

☒ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

9 PM
ROUTINE



CALGARY
POLICE
SERVICE

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SCAN HERE

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Beddington Content**



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BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

Follow Us on Twitter  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

EXECUTIVE DIRECTORS

President	Jennifer Curley
Vice President	Bonnie Ugaddan
Secretary	Nadine Epp
Treasurer	Melisa Tan
Director at Large	Marty Connelly
Director at Large	Wendy Hansen
Director at Large	Jessica Kovacs
Director at Large	Diane Ward
Director at Large	Leandra Worden-Figg

COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Brady Adkins
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Vacant
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	Anila Yuen



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20

BHCA CALENDAR

Want to join our meetings? Super! All our meetings are held on Zoom these days. To join, either:

Register online: beddingtoncommunity.ca (on the home page under upcoming events)

Email us: (addresses below)

Leave a message: 403-305-6642

JANUARY - 2023

- 01 – Vivo Play Hub, 11:30 am to 3:00 pm (closed due to holiday)
- 08 – Vivo Play Hub, 11:30 am to 3:00 pm
- 10 – Reimagine Beddington Committee, 7:00 to 9:00 pm
- 15 – Vivo Play Hub, 11:30 am to 3:00 pm
- 16 – Beddington Community Garden and Hub, 6:30 to 8:30 pm
- 17 – Beddington Book Club, 7:00 to 9:00 pm
- 22 – Vivo Play Hub, 11:30 am to 3:00 pm
- 24 – BHCA Board Meeting, 6:30 to 8:30 pm
- 29 – Vivo Play Hub, 11:30 am to 3:00 pm

FEBRUARY - 2023

- 05 – Vivo Play Hub, 11:30 am to 3:00 pm
- 12 – Vivo Play Hub, 11:30 am to 3:00 pm
- 14 – Reimagine Beddington Committee, 7:00 to 9:00 pm
- 19 – Vivo Play Hub, 11:30 am to 3:00 pm
- 20 – Beddington Community Garden and Hub, 7:00 to 9:00 pm
- 21 – Beddington Book Club, 7:00 to 9:00 pm
- 26 – Vivo Play Hub, 11:30 am to 3:00 pm
- 28 – BHCA Board Meeting, 7:00 to 9:00 pm

• **Beddington Community Garden and Hub:**
garden@beddingtoncommunity.ca

• **Reimagine Beddington:**
reimagine@beddingtoncommunity.ca

• **Book Club:**
bookclub@beddingtoncommunity.ca

• **BHCA Board:** bhca@beddingtoncommunity.ca

Message from the Board

Hello Friends and Fellow Residents of Beddington!

Happy New Year Beddington! What wild adventures await us in 2023? The Board had a lovely December break and is ready to hit the ground running. We are so glad to welcome three new members to our board, Leandra, Jessica, and Marty! We did lose a few as well, Courtney and Bonnie W., as well as long time banner editor/webmaster Janet! We are still actively seeking a new webmaster, and always have room for new volunteers. If you want to see something in our wonderful community, reach out to us at president@beddingtoncommunity.ca to see how we can help make your ideas flourish! We will be hard at work organizing some wonderful events again this year, keep an eye on Facebook, your email, and the website to know what's happening!

BHCA Board of Directors Jenn, Bonnie U., Melissa, Nadine, Wendy, Diane, Marty, Jessica, and Leandra.



We Are Seeking a Volunteer Webmaster!

Would you enjoy...

- Meeting more neighbours?
- Sharing news on what's happening?
- Connecting residents to programs, events, and opportunities?

Are you...

- Self-motivated?
- Collaborative?
- An individual with effective writing skills and someone who enjoys snapping, hunting down, or creating the right (copyright free!) image?

If so, please consider joining our BHCA team as Webmaster!

Interested? Please contact Janet at webmaster@beddingtoncommunity.ca.

BASP January Update

Happy New Year!

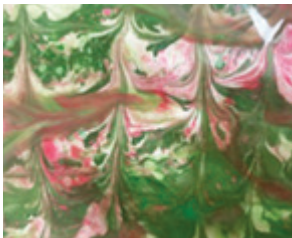
We are looking forward to turning the calendar over to 2023!

New Year means new beginnings, but for the children it marks just over a third of the way into the school year and a better understanding of the ins and outs of the school and program routines. This presents us with a great opportunity to offer up more variety in our programming and lean into the benefits our program provides.

Did you know? Children's out-of-school hours represent a substantial, ongoing opportunity for them to learn through play, to learn how to get along with other children, and to form enduring and supportive relationships with adults. Childcare has also been shown to assist with cognitive development, physical health, emotional well-being, and social skills to enhance their overall development as they make their way through the elementary years.

If you are interested in being put on our waitlist for the next school year, please contact us at beddingtonbasp@gmail.com or by calling 403-295-8837.

Stay warm, safe, and enjoy the season!



Beddington Community Cupboard



Food Drive for the Community Cupboard all of January 2023!!

The Beddington Heights Community is doing a Food Drive to help support the Community Cupboard to assist those families with food insecurity. After Christmas there is an even greater need and we are hoping with your support we can make a difference in the amount of items available.

Residents can donate non-expired, non-perishable food items in a donation bin that will be located next to the Beddington Heights Before and After School (BASP) Registration desk located in the Beddington Theatre Arts Center foyer. Non-food items such as diapers are also appreciated.

For more information on this program, to request food hampers or to donate please go to facebook.com/CommunityCupboardYYC. Thank you, in advance, for helping out and we look forward to a fantastic outcome.

**"We rise by lifting others."
~ Robert Ingersoll**

Showcase your artwork in northeast mini gallery exhibition

Celebrate the diversity of art forms, people and cultures represented in northeast Calgary by submitting your art to be featured in 10 outdoor mini galleries at community centres in northeast Calgary throughout 2023.

A total of 30 local artists will be chosen to exhibit their work in 2023.

- **All art mediums welcome.**
- **All artist experience levels welcome.**



Application deadline

December 12, 2022

April 10, 2023

August 10, 2023

Exhibition period

January to April 2023

May to August 2023

September to December 2023



Scan this QR code
for more info

Apply [**calgary.ca/artistopportunities**](https://calgary.ca/artistopportunities)

This project is part of the Northeast Public Art Initiative that seeks to support local artists and businesses, enhance our northeast neighbourhoods and ensure art reflects the people who live in the communities where the art is located. Find out more about this initiative at [**calgary.ca/NEpublicart**](https://calgary.ca/NEpublicart)

Beddington Book Club



by Cindy | bookclub@beddingtoncommunity.ca

Normally, we meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.


Note: Due to COVID-19, we are holding our meetings on Zoom.

Our February 21 book will be *White Chrysanthemum* by Mary Lynn Bracht.

"Korea, 1943. Hana has lived her entire life under Japanese occupation. As a haenyeo, a female diver of the sea, she enjoys an independence that few other Koreans can still claim. Until the day Hana saves her younger sister from a Japanese soldier and is herself captured and transported to Manchuria. There she is forced to become a "comfort woman" in a Japanese military brothel. But haenyeo are women of power and strength. She will find her way home.

South Korea, 2011. Emi has spent more than sixty years trying to forget the sacrifice her sister made, but she must confront the past to discover peace. Seeing the healing of her children and her country, can Emi move beyond the legacy of war to find forgiveness?" – Goodreads.com.

Our March 21 book will be *The Barren Grounds* by David A. Robertson.



New Year's Eve in Times Square

New Year's Eve in Times Square is quite the spectacle, with live entertainment, fireworks, and a ball drop at midnight. But did you know that the first New Year's celebration held in this square had a slightly different purpose? In 1904, Adolph Ochs organized the event to celebrate the new headquarters of his publishing company, The New York Times!

The Beddington Play Hub

It's Fun!!

It's Free!!

Fresh Air!

Creativity!

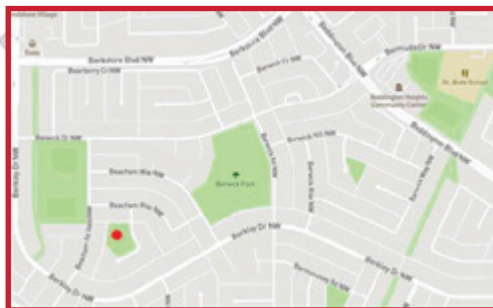
Laughter and Joy!

& it's Outside!!



Join Us for a "Ton of Fun":

Where: Beacham Close Park NW
When: Every Sunday Year Round
Time: 11:30 – 3:00 pm
Who: Open to all families 52 weeks per year (weather permitting)



www.vivoplayproject.com/play-hubs
beddingtoncommunity.ca



Rink Volunteers Needed!



Flexible Time Commitments:

If you can offer one hour, two hours or every other day, we can work with however you can assist.

Please contact Brady at:

b.adkins217@gmail.com



News from the Friends of Nose Hill

by Anne Burke

The Calgary Naturalists' Club was started in the late 1940s. Its activities included plant, bird, and star study groups. After the Calgary Bird Club was formed, the Calgary Naturalists' Club was discontinued, due to lack of support, since so many of its members had transferred their membership. The Calgary Bird Club evolved and became the Calgary Field Naturalists' Society, an advocate for the ongoing protection of parks and other natural areas by letters and through engagement with city officials.

According to the Provincial Archives of Alberta, when the first meeting of the Federation of Alberta Naturalists was held, it was attended by representatives from six regional naturalist clubs: the Calgary Field Naturalists' Society (now known as Nature Calgary), the Edmonton Bird Club, the Edmonton Natural History Club, the Lethbridge Natural History Society, the Alberta Natural History Society (of Red Deer), and the Bow Valley Naturalists. Membership in the Federation has since grown to include over 40 clubs, representing thousands of individuals.

The Federation (now known as Nature Alberta) was registered under the Societies Act to increase knowledge of natural history and understanding of ecological processes; to promote the exchange of information and views among natural history clubs and societies; and to foster and assist in the formation of additional natural history clubs and societies in Alberta. The aims are to promote new natural areas and nature reserves; to conserve and protect species, communities, or other features of interest; as well as to organize or coordinate conferences, field meetings, nature camps, research, and other activities. The group offers naturalists a forum in which questions relating to the conservation of the natural environment may be discussed, united positions are developed, and the means of translating these positions are put into action.

Olympic Medals for Artists

The founder of the modern Olympic Games, Baron Pierre de Coubertin, believed that a true Olympian was not only athletic, but also artistic. As a result, for the first four decades of these international games, artists were awarded medals for painting, sculpture, architecture, literature, and music, so long as their work was inspired by athletic endeavours.




StoryBook Theatre

StoryBook Theatre is Canada's largest family theatre and offers a wide variety of theatre productions as well as year-round theatre school programming for the whole family. StoryBook attracts more than 43,000 people to the Beddington Heights area annually and continues to grow, offering everyone an incredible theatre experience. StoryBook Theatre is located in the Beddington Theatre Arts Centre and caters to anyone and everyone wishing to see theatre at very affordable prices as low as \$18. Come take in some of Canada's best family theatre, right in your own backyard.



BRAIN GAMES SUDOKU


9	2	6	3	1	7	4	8	5
5	4	7	6	8	9	2	3	1
1	3	8	4	2	5	9	6	7
7	5	1	8	9	2	6	4	3
4	6	9	7	5	3	8	1	2
3	8	2	1	4	6	7	5	9
8	9	4	2	3	1	5	7	6
2	7	3	5	6	8	1	9	4
6	1	5	9	7	4	3	2	8



National Hot Tea Day



We have ancient China to thank for tea, the most consumed beverage in the world aside from water. According to myth, tea was discovered when a dead leaf from a wild tea bush fell into an emperor's cup of boiled water. Thousands of years later, we still love tea, so much so that January 12 is National Hot Tea Day. In honour of this day, why not brew yourself a nice hot cup of tea!



Residential Traffic Safety Unit (RTSU)

“Hello,

This email is to re-introduce The Residential Traffic Safety Unit (RTSU); a unit created to specifically address residential traffic issues. Our strategy is to utilize citizen feedback to develop our operational response. We focus on playground zones, pedestrian rich areas, and other high-risk locations identified through collision data analysis. The RTSU is attached to the Traffic Section of the Calgary Police Service.

We strongly emphasize public awareness and education, facilitating citizen engagement by attending Community Association Board meetings to discuss the Traffic Service Request System (TSR). The TSR is a key tool to help Calgary Police Service monitor and track traffic safety issues. We encourage Communities to offer this link in Newsletters, Community web pages, etc.

The RTSU also utilizes strong collaborative relationships with City partners on traffic concerns requiring resolutions other than enforcement, like sign changes, installation of crosswalks, Rectangular Rapid Flashing Beacons, extension of playground zones, etc.

We can further assist by liaising with established community partnerships. This includes MLA offices, City Councilor offices, and Neighbourhood Committee Coordinators as we continue to expand events attended by the RTSU.

As COVID restrictions come to an end and Community Association meetings begin again, the Residential Traffic Safety Unit would be happy to attend one of your Board meetings to further discuss keeping our streets safe. Please reach out to me if interested.

Thank you,

Manmeet Kaur Sekhon

POL12179

Residential Traffic Safety Unit”



Beddington Real Estate Update

Last 12 Months Beddington
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2022	\$431,900	\$411,450
October 2022	\$399,900	\$405,000
September 2022	\$380,000	\$373,000
August 2022	\$368,000	\$351,000
July 2022	\$444,450	\$443,000
June 2022	\$449,900	\$435,000
May 2022	\$439,950	\$437,950
April 2022	\$399,900	\$425,500
March 2022	\$429,900	\$433,000
February 2022	\$424,900	\$435,000
January 2022	\$399,900	\$398,000
December 2021	\$284,388	\$277,500

Last 12 Months Beddington
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
November 2022	7	10
October 2022	12	19
September 2022	19	15
August 2022	15	15
July 2022	20	22
June 2022	21	17
May 2022	23	26
April 2022	28	26
March 2022	34	27
February 2022	24	23
January 2022	17	10
December 2021	5	10

To view more detailed information that comprise the above
MLS averages please visit bedd.mycalgary.com



MLA Calgary – Beddington
Hon. Josephine Pon
106 – 8220 Centre Street NE
Calgary, AB T3K 1J7
☎ 403-215-7710
✉ calgary.beddington@assembly.ab.ca

Dear Friends and Neighbours,

December was a fantastic month in Calgary-Beddington. I was privileged to award 20 outstanding citizens in our community with the Queen's Platinum Jubilee Medal. A big thanks for their dedication to community and volunteerism.

I was delighted to take part in the many Christmas Markets and events in our neighbourhoods. I hosted a holiday luncheon and was humbled and excited to see so many of you come out to talk and share your ideas with me.

As we bid farewell to 2022 and ring in the new year, affordability remains one of the primary challenges facing Canadians from coast-to-coast as we grapple with an inflation driven cost-of-living crisis.

Here in Alberta, we know families are counting on the United Conservative government to take decisive action to address the rising cost of living. That is why we did not hesitate to announce a package of supports that will keep more money in the pockets of all Albertans.

The measures announced so far include, extending the fuel tax cut; taking action on utilities, including expanding the electricity rebate to a total of up to \$500; reindexing benefits like AISH, PDD, and Income Support, as well as the Alberta Seniors Benefit and the Alberta Child and Family Benefit; providing targeted payments for kids under 18, seniors 65 and over, and vulnerable Albertans with household incomes below \$180,000; and providing additional support for low-income transit programs.

Our government is in position to provide this significant financial help because of our balanced budget and strong fiscal position. Fighting inflation and tackling the cost-of-living crisis facing Albertans are top priorities for our United Conservative government. Our multi-billion-dollar inflation-relief package will help offset costs for families, seniors, and get our most vulnerable through this challenging time.

Our commitment to fiscal discipline and economic growth is allowing us to provide help for Albertans while we pay down our debt, lower the debt burden, and save for the future.

Wishing you and your families all the best in 2023.

Sincerely,

Josephine Pon
MLA Calgary-Beddington



Councillor, Ward 4
Sean Chu
☎ 403-268-3727
✉ ward04@calgary.ca
🌐 www.calgary.ca/ward4
🌐 www.seanchu.ca

Greetings Ward 4!

Happy New Year! We hope you had a wonderful holiday season!

Submit a Nomination for the 29th Annual Calgary Awards by February 1

Incredible happens here. The Calgary Awards celebrate outstanding individuals and organizations whose exceptional achievements and contributions make life better for Calgarians.

Award Categories Include:

The Community Achievement Awards:

- Grant MacEwan Lifetime Achievement
- Calgarian of the Year (previously Citizen of the Year)
- Arts
- Community Advocate - Individual
- Community Advocate - Organization
- Commerce - Under review
- Education
- Heritage
- Youth

The Award for Accessibility

The Environmental Achievement Award

The International Achievement Award

Look to your neighbours, colleagues, community leaders, local groups, and companies who qualify for a Calgary Award. The nomination process is easy – follow the steps outlined at calgary.ca/calgaryawards and submit a nomination by February 1.

Calgary Winters Are Safer When Everyone Pitches in to Clear Snow and Ice

While our crews are clearing roads, designated pathways, and overpasses, residents and business owners are reminded to remove snow and ice from their property's adjacent sidewalk within 24 hours of snowfall ending.

The fine for not removing snow/ice from a sidewalk/pathway is \$250, with an escalating scale for subsequent convictions to the same property owner/occupant over a 12-month period.

Uncleared sidewalks can be reported to 311. Make sure to include the address or specific location details. A photo can be included with the 311 app.

When a complaint is submitted to 311, a Community Peace Officer issues a Snow and Ice Removal Notice, which gives the owner/occupant of a parcel 24 hours to clear the sidewalk. If after 24 hours the sidewalk has not been cleared, the file is then sent to a contractor to clear the sidewalk at the owner's expense.

Consider being a Snow Angel and clear the sidewalk of a neighbour who could use your help.

Thank you for your attention,
Ward 4 Cllr. Sean Chu



Calgary Nose Hill
Hon. Michelle Rempel Garner, MP
 115 – 70 Country Hills Landing NW
 Calgary, AB T3K 2L2
 📞 403-216-7777
 ✉️ michelle.rempel@parl.gc.ca
 🌐 www.michellerempel.ca

Happy New Year. While the last year continued to present challenges for many in our community it is my hope that 2023 will see positive change.

Thank you to the many individuals in our community who supported the NHCA's 'Gift of Joy' program by donating a toy or gift for families in need. I was proud to partner with them for this important initiative – especially during these challenging economic times. Thank you to the many organizations and volunteers that are supporting individuals in our community.





As Parliament resumes later this month, I remain focused on the issue of inflation and the affordability crisis that so many are dealing with. As your voice in Ottawa, I am committed to finding real solutions to the challenges facing those in Calgary.

I continue to hear from residents who are very concerned about their employment situation. As such, I was proud to sponsor a petition calling on the federal government to create more jobs in western Canada. This petition is available for signature until January 27 and can be found on my website at <https://mprempe.ca/petitions>.

I expect to see a federal budget later this spring and will be conducting pre-budget consultations in our community. Should you have any information that you wish to add, please do not hesitate to contact me at michelle.rempel@parl.gc.ca.

The Hon. Michelle Rempel Garner
 Member of Parliament
 Calgary Nose Hill

One Odd Animal

Platypuses are one odd but cute animal! They share genes with birds, reptiles, and mammals. This might have been why when the first stuffed platypus was brought from Australia to Europe, people thought that the creature was a hoax. To them, it looked like several animals had been expertly sewn together by a taxidermist!

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media
 at 403-720-0762 or sales@greatnewsmedia.ca

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BEDDINGTON MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ACCOUNTANT DELIVERS RESULTS: Chartered Professional Accountant has 12 years' experience. Services include individual tax filings, tax review/audit assistance, corporate and estate taxes filings, tax planning, bookkeeping, GST and payroll reporting. Visit #218 in Beddington Towne Centre, call Jack at 403-719-0627, or visit commonsenseaccounting.ca for the fees schedule.



We Are
Accepting
New Patients

Mon	7:30 am - 5:00 pm
Tue	7:30 am - 8:00 pm
Wed	7:30 am - 8:00 pm
Thu	7:30 am - 8:00 pm
Fri	7:30 am - 5:00 pm



220 - 66 Sandarac Drive NW | Calgary AB T3K 4L4 | info@sandstonedental.ca | sandstonedental.ca



**Unsecured food waste
attracts wildlife. Ensure
garbage, compost, and
recycling are in secure bins.**

Please visit
www.calgarywildlife.org
for more information.



**Kids. Families.
Communities.**

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together.**



closertohome.com
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- Tennis elbow/golfer's elbow
- Shoulder pain
- Pre/postnatal care
- Sports-related grievances
- Joint pain
- Orthotics
- Compression socks

**Accepting
new patients!**

CHIROPRACTIC

MASSAGE THERAPY

ACUPUNCTURE

MOTOR VEHICLE ACCIDENT INJURY

GIFT CERTIFICATES FOR MASSAGE

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