BRENTWOOD bugle

THE OFFICIAL BRENTWOOD COMMUNITY NEWSLETTER





Colin Ongyerth

B Comm. (Finance)

403.690.9677

colin.ongyerth@shaw.ca

Top Selling Agent in the Community for 2021 #1 Agent in 2021 for detached home sales 25 inner city NW sales YTD in 2022



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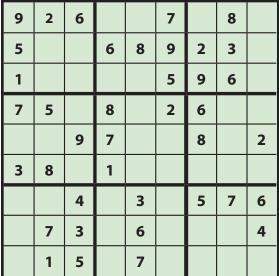
Registration now OPEN!

Foothills Little League offers baseball to girls and boys aged 4-16. All skill levels are welcome!

Spring season runs from mid-April to mid-June. www.foothillslittleleague.org







FIND SOLUTION ON PAGE 15





Unsecured food waste attracts wildlife. Keep clever coyotes hunting in the wild by ensuring garbage, compost, and recycling are in secure bins.

Calgary Wildlife is a registered charity and the only wildlife hospital within the City of Calgary. We promote positive wildlife-human interactions by giving educational talks at schools, community groups, and associations throughout the city.

Please visit www.calgarywildlife.org for more information.





Dear Brentwoodians,

Brentwood is turning 60 next year, and the Brentwood Community Association is assembling an Anniversary Committee to plan events to mark this milestone. They are looking for volunteers, so if you are interested, please contact Linda Van Holst at the BCA office at office@brentwoodcommunity.com or 403-284-3477. Let's all help make this a year to remember and celebrate our great community!

Those of you who are part of the École St. Luc community will already know that plans are underway for a new playground. Following the fantastic result of the renovation at CJP, it is great to hear that another modern playground will be arriving in Brentwood. Stay tuned for information about fundraising and progress.

Finally, we have two important messages – the first is from the BCA President, following this column. The second is from the Calgary Police Residential Traffic Safety Unit (RTSU):

"Our strategy is to utilize citizen feedback to develop our operational response. We focus on playground zones, pedestrian rich areas, and other high-risk locations identified through collision data analysis. The RTSU is attached to the Traffic Section of the Calgary Police Service.

We strongly emphasize public awareness and education, facilitating citizen engagement by attending Community Association Board meetings to discuss the Traffic Service Request System (TSR). The TSR is a key tool to help Calgary Police Service monitor and track traffic safety issues. We encourage Communities to offer this link in Newsletters, Community web pages, etc.

The RTSU also utilizes strong collaborative relationships with City partners on traffic concerns requiring resolutions other than enforcement, like sign changes, installation of crosswalks, Rectangular Rapid Flashing Beacons, extension of playground zones, etc.

Thank you,

Cst Randy MacDonald #3787

Residential Traffic Safety Unit"

Photo Contest

The Bugle is looking for Brentwood's best amateur photographers to provide cover images each month. If you have a great snap of our neighbourhood saved on your phone or posted on your social media feed, send it in for a chance to be featured on the cover of an upcoming issue! Photos must be 300 DPI or higher (i.e., from a newer

model phone or good digital camera), 2400 x 1600 pixels minimum size, and portrait orientation. If submitting pictures of minors, please make sure that you have direct, express permission to submit the picture from a parent or guardian. Send your photos, or any questions, to bcabugle@telus.net.

Yours sincerely,

Jonathan Jucker

Editor, Brentwood Bugle

A Message from the BCA President

Some of you may have read the November 29, 2022 article in the Calgary Herald about the North Haven Community Association Board's comments regarding Councillor Sean Chu. The article was written by Bill Kaufmann of the Calgary Herald, and he contacted me by email on Monday, November 28, 2022, to ask for a comment from the Brentwood Community Association.

In a written reply, I told him, "It has not been discussed. Our board meeting is tomorrow night, and I will bring up the subject." Mr. Kaufmann subsequently wrote an article in which he made it read as if the BCA would be taking similar action to that of North Haven. This was never stated by me or by other members of the BCA Board.

I asked the Herald to retract their statement and apologize, but they said that they did nothing wrong. To quote Bill Kaufmann, "People often misconstrue or fail to read an entire article. Have you read it? Nowhere does it say your CA will follow North Haven's example. I can only go by what's actually in an article, not on what people think or want to believe is in it."

The online version of the article did show what I quoted, but the paper version did not, so I can understand why people are confused.

As a community board, the BCA must stay neutral because we speak for all residents, and we have residents on both sides of this topic. We do not have any legal grounds one way or another as this is a Provincial matter. The BCA must leave judicial or legal matters to those with experience in a subject area, and we will follow what other levels of government or policing decide.

Hopefully, this clears up any concerns that you might have had.

Sincerely,

Bonita McCurry

BCA President

Executarood COMMUNITY ASSOCIATION

www.brentwoodcommunity.com | Community Centre, 1520B Northmount Drive NW Mailing Address: 5107 33 Street NW T2L 1V3 • Email: office@brentwoodcommunity.com • 403-284-3477 Linda Van Holst – Office Manager • Steve Dietrich – Arena Manager

| NAME | POSITION | EMAIL | | | |
|------------------------------------|---------------------------------------|---|--|--|--|
| VOLUNTEER BOARD OF DIRECTOR | S | | | | |
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| OSADETZ, Kirk | Vice-President | Kirk.Osadetz@brentwoodcommunity.com | | | |
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| JOHNSON, Peter | Director | Peter.Johnson@brentwoodcommunity.c | | | |
| VACANT | Events | | | | |
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| SIVAGNANAM, Mohan | Volunteer Coordinator | Mohan.Sivagnanam@brentwoodcommunity.com | | | |
| SWAILES, Melanie | Development and Transportation | Melanie.Swailes@brentwoodcommunity.com | | | |
| WENINGER HENDERSON, Marie | Director | Marie.WeningerHenderson@brentwoodcommunity.com | | | |
| LOGEL, Brad | Hockey | Brad.logel@brentwoodcommunity.com | | | |
| SPECIAL REPRESENTATIVES | | | | | |
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| KNOWLTON COCKETT, Polly Lee | Environment | PollyLee.KnowltonCockett@brentwoodcommunity.com | | | |
| McKEE, Samantha | Soccer Coordinator | Samantha.McKee@brentwoodcommunity.com | | | |
| MACDONALD, Ena | Figure Skating | Ena.MacDonald@brentwoodcommunity.com | | | |
| MAKAR, Roman | 55+ Bridge Group | Roman.Makar@brentwoodcommunity.co | | | |
| SIM, Cynthia | Gardening Group | Cynthia.Sim@brentwoodcommunity.com | | | |
| JUCKER, Jonathan | Brentwood Bugle | BCABugle@telus.net | | | |
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LEARN TO

SKATE

JOIN US ON THE ICE TODAY

OUR PROGRAMS

Learn to Skate program and Adult & Teen Skate programs for all ages for Beginners and/or Recreational skaters. All programs are coached by our expert team of certified NCCP Skate Canada Professional Coaches.

Come have FUN and enjoy the exciting sport of skating! Register TODAY to start your skating with us!

For more details and registration, please visit Brentwood Community Association's website.



http://brentwoodcommunity.com/



September 15, 2022-March 18, 2023

Thursdays at 6:00-7:00pm

Saturdays at 10:45-11:45am

(Register 1 or 2 days of skating per week)

- Learn to Skate group sessions: Ages 3+ (Skating fundamentals for Beginner-Advanced)
- Adult & Teen Skate group sessions: Ages 13+ (Skating fundamentals for Beginner-Intermediate)
- Fun-filled and exciting skating with music
- Includes warm-up time, group lesson time, group activities time & cool-down time



Connect with Us



Brentwood Sportsplex Arena 1520B Northmount Drive N.W. Calgary, AB, Canada T2L 1V3



BrentwoodSkatingClub@gmail.com



Brentwood Outdoor Rink Enhancements

The BCA intends to improve the Brentwood outdoor rink by installing end boards. This is a major project that will require volunteers, fundraising, and community support. This will provide a flexible space for hockey and recreational skating, and practice areas for other sports such as football and soccer in the off-season. The BCA is forming a committee to successfully carry out this project. If you are able to lead or participate, please send an email to office@brentwoodcommunity.com.

Casino Coordinator Needed!

If you are interested in taking on the role, which involves recruiting volunteers and submitting paperwork to AGLC, please contact Linda Van Holst at 403-284-3477 or linda.vanholst@brentwoodcommunity.com.

Learn to Skate Coordinator Needed!

We are looking for two skating program coordinators to communicate with skaters and coaches and help to run the programs smoothly. If interested, please contact Linda Van Holst at 403-284-3477, extension 2 or email office@brentwoodcommunity.com.

Brentwood Cares - Little Food Library and More!

With your donations and support, we continue to stock the Brentwood Cares Little Food Library twice daily, for use by people of all ages and circumstances, from elders to students.

Items can be dropped off in the library itself or in the box beside the door at 3624 Boulton Rd. at any time. Because of COVID-19, please only donate sealed and unopened items. Hats off to Brentwood for your continued support!

Liza and the Brentwood Cares Team

Buy Nothing Brentwood

Give freely; share creatively! Post anything you'd like to give away, lend, or share; ask for anything you'd like to receive or borrow.

Check out the Buy Nothing Brentwood/Charleswood/ Collingwood Facebook page, or buynothingproject.org.

Your Representatives in Brentwood

City Councillor: Sean Chu (Ward 4): info@seanchu.ca; 403-268-3727.

MLA: Jason Copping (Calgary-Varsity): Calgary.varsity@ assembly.ab.ca; 403-216-5436.

MP: Len Webber (Calgary Confederation): Len.Webber. c1@parl.gc.ca; 403-220-0888.

Public Skating at Brentwood Sportsplex

Cooler weather is here, so get your skates sharpened and enjoy some ice time at the Brentwood Sportsplex!

Mondays: 10:00 to 11:30 am October 3 to December 19, 2022 January 9 to March 27, 2023

Wednesdays: 1:30 to 3:00 pm October 5 to December 21, 2022 January 11 to March 29, 2023

No Public Skating Dates:

October 10, December 26, December 28, 2022, February 20, 2023.

- * No public skating on statutory holidays Cost: \$1 per person (pay at the office)
- * Public skating only no sticks, pucks, sleds, or strollers. We do not supply skating assistance equipment. Anyone under age 18 must wear a helmet.



To View Additional **Brentwood Content**

INCLUDING

- News and Events
- Real Estate Statistics
- Crime Statistics

and More...



BRENTWOOD DEVELOPMENT AND TRANSPORTATION COMMITTEE

Submitted by Melanie Swailes on behalf of the Development and Transportation Committee

Happy 60th Birthday, Brentwood Community Association!

Happy New Year to all Brentwood residents and Happy 60th Birthday to the Brentwood Community Association (BCA) as well! In the early 1960s, development started on what is now Brentwood, and in 1963, the BCA was officially registered. As we celebrate 60 years, it is interesting to take a look back.

Worldwide, 1963 was the year John F. Kennedy was assassinated, Martin Luther King delivered his "I have a dream" speech, and Lester Pearson become the Canadian Prime Minister. Audio cassettes were introduced, and you might have listened to "It's My Party" or "Be My Baby." Dinner parties featured fondues or gelatin salads. You may have crocheted a "granny square" vest or afghan; or tiedyed a t-shirt.

How did communities like Brentwood develop in the 1960s? According to Canada-wide statistics from the Canada Mortgage and Housing Corporation, in 1964 the average family income was \$6,179, and the average cost of a house was \$15,229. In 1963, the average house size was 1,204 square feet. Bungalows comprised 72 percent of the housing stock, two-storey houses 7 percent, and split-levels about 20 percent. Lucky new home buyers could choose avocado green or harvest gold stoves and fridges, but dishwashers and microwaves were not yet common.

Over time, the community evolves and changes as lifestyles and the families occupying the homes in an area change. According to the City of Calgary Community Profiles, today the average household size in Brentwood is 2.3 people: households with two people comprise 36% of the total, one person makes up 31% of the total, and only about 33% have three or more persons living in the household. In 1963, 31% of Brentwood families had three or more children; today the percentage is only about 6%.

Brentwood retains many of the original bungalows and splits, although some are starting to be torn down and replaced. Buyers today seek higher ceilings, wired-in technology, energy-efficient windows and insulation, and much more square footage. Many of the original homes in Brentwood were built with a single-car garage, but now the trend is towards double or even triple garages.

For redevelopment purposes, the City keeps track of building age, and the older the dwelling, the more likely it is to be replaced. Buildings that are 50 to 60 years old are starting to be torn down and rebuilt. In Brentwood, 63% of our 2,865 private dwellings were built from 1961 to 1980, with only 26% built since.

In Brentwood, 67% of dwellings are either single-detached homes or duplexes, and about 32% rowhouses or apartments. While Calgarians traditionally prefer single-detached properties, townhouses and condos are being built in increasing numbers. In Brentwood, over the past decade, we've seen five towers built at the Brentwood LRT, plus the current construction of the six-story rental unit at Northland Mall. In the early 1960s, there wasn't even an LRT to build around!

The challenge for communities is how to adapt and change with the times yet retain some of the desirable features of that community. Brentwood has been voted the #1 community by readers of Avenue magazine several times, in part because of the many features we have. We have schools from Kindergarten to High School, both Public and Separate, several churches, and shopping at Northland, Brentwood, Dalbrent, and Northland Plaza shopping malls. We have a pool and fitness center, an arena, and the fabulous Nose Hill Library! We have pathways and parks, plus of course Nose Hill Park, and we are close to the University of Calgary and both Alberta Children's and Foothills hospitals. Happy 60th Birthday, Brentwood, you've grown into a terrific community!

Another crucial element that makes Brentwood great is resident involvement and volunteers. Maybe this is the year that you decide to join your community association or to get involved with one of the committees. There will be birthday events throughout 2023 so keep checking the website and come out to some of the events. We'd love to see you there.

For those interested in a closer look at Brentwood over the years, maps of Calgary from the early 1900s to present can be viewed online at Calgary Imagery on the City of Calgary website: https://maps.calgary.ca/. Use the drop-down tab to select "orthophoto by year." See how Brentwood has changed from year to year!

Another terrific resource is the book *Expansive Discourses: Urban Sprawl in Calgary 1945 – 1978* by Max Foran, which includes a very interesting account of how Nose Hill was saved from development.



Scouts About - 4th Elks Triwood

January Updates

Triwood Beavers and Cubs enjoyed their first overnight camp of the year on the weekend of November 25 to 27. After doing a pack check during the preceding Monday night meeting to discuss proper winter camping gear, The Cubs spent Friday and Saturday night at the camp enjoying the surrounding forest. The Beavers arrived Saturday morning and stayed until Sunday. The children, and their families, enjoyed activities such as shelter building, fire making, hiking, and campfires. Shared laughter, singing, hot chocolate, and smores were enjoyed by all! We are already looking forward to our next adventures - two more camping trips are planned for the spring.

For our last meeting before the holiday break, the Beavers and Cubs will have a bowling night and pizza party at the Chinook Bowladrome, and lots more fun and creative activities are coming up in the new year.

Fundraisers

Look out for Beavers and Cubs selling popcorn in your neighbourhood - it makes a great gift and like all our fundraisers helps to offset costs for camps, outings, and other adventures. Thanks to everyone who bought stay tuned for another bottle drive in January to clear out all your holiday empties. We will also be selling Purdy's chocolates in time for Easter. Thanks in advance for your support!

Drop Off Bottle Drives

- January 14, 2023
- May 27, 2023

Drop your bottles off at the TCA community centre. Scouts will be on hand to help unload and get rid of used bottles.



Outdoor learning at Camp Cadicasu...



...and plenty of fun!

Easter Purdy's Chocolate Campaign

Throughout March. Online order available in lead up to Easter.

Once again, we will partner with Purdy's for your Easter needs.

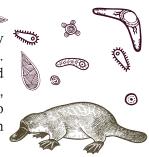
Become a Leader

We need leaders to make these programs happen. If you are new to Scouting or want to get back into Scouting and are interested in building your outdoor skills along with your youth, there is a place for you at 4th Elks. Contact us at 4thElksTriwood@gmail.com.

Animal



Platypuses are one odd but cute animal! They share genes with birds, reptiles, and mammals. This might have been why when the first stuffed platypus was brought from Australia to Europe, people thought that the creature was a hoax. To them, it looked like several animals had been expertly sewn together by a taxidermist!





Off the Bookshelf

by Rosemary Brown

For anyone interested in issues of governance, democracy, and party politics in Canada, I strongly recommend *Indian in the Cabinet: Speaking Truth to Power*. It is a riveting read.

We were privileged to have the author Jody Wilson-Raybould

(JWR), former Minister of Justice and Attorney General of Canada, join us for a discussion of her book. This discussion can be found on the website of the "Native Calgarian" podcast. Note that the book club has gone back to its original name Chapters and Chat.

A lawyer, crown prosecutor, and Indigenous leader in BC, and later a member of Justin Trudeau's Liberal cabinet from 2015 to 2019, JWR is rooted in traditional Kwak'wala culture and governance systems. A key theme running through her book is an analysis of the differences between the traditions with which she was raised, and how government operates in Ottawa.

The book covers JWR's upbringing and professional life before politics; her initial meetings with Trudeau and decision to run for the Liberals in the 2015 federal election; her achievements as Attorney General and Minister of Justice; and the SNC-Lavalin scandal, with the personal consequences of her decision to "speak truth to power."

She shares with us her initial euphoria at the government's stated commitment to Truth and Reconciliation, and to a different way of doing politics, as well as her later increasing disillusion with empty rhetoric and the reality of partisan politics, culminating in her stand against the government's violation of the "rule of law" in the SNC-Laval in affair. She discusses her experiences of racism and misogyny and her growing dismay over how much power was concentrated in the hands of unelected officials in the Prime Ministers Office at the expense of elected Parliamentarians. She also writes glowingly of the respect, loyalty, and hard work she shared with her Ministerial staff and her friendship with Jane Philpot, also a Minister in Trudeau's cabinet.

Indian in the Cabinet is rich in detail, and JWR ends with a reflection on how in our increasingly interdependent world, with its complex crises such as pandemics or climate change, we need a different way of doing politics, one that allows for the best decision making possible. Partisan politics does not cut it, and she believes that as a country we have a lot to learn from traditional Indigenous governance systems and values if we are to succeed in dealing with these issues.

The latest offering from the Settlers' Book Club introduced me to the world of Leanne Betasamosake Simpson, who is Michi Saagiig Nishnaabeg and an off-reserve member of the Alderville First Nation in Ontario. She holds Bachelor and master's degrees in biology and earned a Ph.D. in Interdisciplinary Studies at the University of Manitoba. She is currently on the Faculty of Dechinta: Centre for Research and Learning, located near Yellowknife.

A Short History of the Blockade: Giant Beavers, Diplomacy and Regeneration in Nishnassbewin is a reproduction of a Kreisler Lecture which she gave at the University of Alberta in 2020. She was introduced as a traditional storyteller, critical analyst, poet, spoken word artist, literary and social activist, and musician and songwriter; and both lecture and book offer a wonderful blend of prose poetry and storytelling.

The book is not really the history of one blockade but an analysis of Indigenous blockades in general as sites of resistance to the dominant economic and political order, sites of culture and spirituality, learning, and knowledge generation. The blockades are grounded in what Simpson terms "relationality," a recognition of our interconnections and interdependence with each other and the natural world around us, and our reciprocal responsibilities based on consent.

Simpson exemplifies this concept by sharing what the seven Grandfather Teachings have to say about the beaver, and shares with us stories infused with humour and aspects of contemporary life such as the internet, Twitter, and selfies. The final words are a concise summary of the learnings embedded in the beaver stories, and an impassioned call to recognize the role of blockades in creating and affirming a different way to live and be in this world with each other.

Outdoor Soccer



The new year is upon us which means summer soccer registration is almost here. Soccer registration normally runs February 1 to March 1 for all age groups. (U4 birth year 2019 to U16/U18 birth year 2005). Registration will be on the Brentwood Community website (www.brentwoodcommunity.com). Look for further advertising!

Support your community and Brentwood soccer by signing up to be coach, assistant coach or any of our other important coaching positions when registering your child. There are a number of critical roles that are currently vacant which need to be filled. This includes:

- U10 to U16/U18 Coordinator
- Tournament Coordinator (Super Soccer Saturday will be in Brentwood this year!)
- Equipment Coordinator
- · Assistant Coordinator

Training and support are provided to anyone willing to take on these roles. If you are interested or have questions, please reach out to Samantha McKee at Samantha.mckee@brentwoodcommunity.com. Your involvement is needed to ensure we can continue this awesome program for our kids.

I would like to reintroduce myself. My name is Samantha (or Sam), and I have lived in this community for most of my life. I have three young children, two of which played in the U8 and U4 programs last year and will be playing again this year. I work full-time and during the year volunteer as a Sparks Leader (98th Sparks out of St. David's Church) and run this program. Thank you to our previous supporters and parent volunteers. I am looking forward to seeing all of the kids playing soccer this spring, Super Soccer Saturday, and meeting more people within our community.



by Anne Burke

The Calgary Naturalists' Club was started in the late 1940s. Its activities included plant, bird, and star study groups. After the Calgary Bird Club was formed, the Calgary Naturalists' Club was discontinued, due to lack of support, since so many of its members had transferred their membership. The Calgary Bird Club evolved and became the Calgary Field Naturalists' Society, an advocate for the ongoing protection of parks and other natural areas by letters and through engagement with city officials.

According to the Provincial Archives of Alberta, when the first meeting of the Federation of Alberta Naturalists was held, it was attended by representatives from six regional naturalist clubs: the Calgary Field Naturalists' Society (now known as Nature Calgary), the Edmonton Bird Club, the Edmonton Natural History Club, the Lethbridge Natural History Society, the Alberta Natural History Society (of Red Deer), and the Bow Valley Naturalists. Membership in the Federation has since grown to include over 40 clubs, representing thousands of individuals

The Federation (now known as Nature Alberta) was registered under the Societies Act to increase knowledge of natural history and understanding of ecological processes; to promote the exchange of information and views among natural history clubs and societies; and to foster and assist in the formation of additional natural history clubs and societies in Alberta. The aims are to promote new natural areas and nature reserves; to conserve and protect species, communities, or other features of interest; as well as to organize or coordinate conferences, field meetings, nature camps, research, and other activities. The group offers naturalists a forum in which guestions relating to the conservation of the natural environment may be discussed, united positions are developed, and the means of translating these positions are put into action.

Community Association Membership Application

| Surname: |
|--------------------|
| First Name: |
| Spouse: |
| Address: |
| Postal Code:Phone: |
| Email: |

□Family \$35 □55 Plus (Couple) \$25

□Individual \$12.50

Please return membership application with your cheque made payable to the Brentwood

Community Association

Mail or Drop Off to Brentwood Community Association 5107 - 33 Street NW, Calgary Alberta T2L 1V3

brntwdca@telus.net **403-284-3477**

YOUR CITY OF CALGARY

Learn More About Property Assessment at Ask the City Assessor Q&A Session

from the City of Calgary

Learn more about how The City determines property assessments at Ask the City Assessor Q&A session. This virtual information session is free and open to Calgary home and commercial property owners, who may have questions about the 2023 Property Assessment process. During this session, City Assessor Eddie Lee will answer questions on how property assessments work. There will be a short presentation followed by a question-and-answer period. Property owners are encouraged to ask general questions.

Note: Due to privacy concerns, Mr. Lee will not answer property specific questions during this session. Citizens are invited to call 403-268-2888 to ask questions specific to their Property Assessment.

When: Tuesday, January 17, 7:00 to 8:00 pm. **Where:** Virtual on Microsoft Teams. Register via calgary. ca/assessment.



With Thanks

by Lee Hunt

I wish to thank my neighbours, friends, and family who were so supportive through my recent illness.

In particular, thanks to Melanie and Jeff for putting away our planters, plant pots, and hoses; to Cynthia, Geri, Melanie, and Fred for numerous trips to the McCaig Tower; and to Kim and Jeff for the tasty baking.

Thanks so much to all.



BUSINESS CLASSIFIED

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Brentwood. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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BRENTWOOD MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



You may think that 'Z' was the last letter added to the alphabet, but it was actually 'J'! In the Roman alphabet, 'J' wasn't a letter, it was only a fancy way of writing the letter 'I.' It wasn't until 1524 that Italian grammarian, Gian Giorgio Trissino, made a distinction between the two characters, helping the 'J' to become the last letter added to the modern alphabet.



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Jason Copping MLA, Calgary-Varsity Minister of Health Unit 201, 1055 20th Avenue NW ■ 403 216 5436

calgary.varsity@assembly.ab.ca

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■ @JasonCoppingAB



Happy New Year!

As we bid farewell to 2022 and ring in the new year, affordability remains one of the primary challenges facing Canadians.

Here in Alberta, we know families are counting on our government to take decisive action to address the rising cost of living. That is why we did not hesitate to announce a package of supports that will keep more money in the pockets of all Albertans. This includes: ensuring income supports, such as AISH and the seniors' benefit, are adjusted for inflation; providing more money for lower income families, seniors, and others hit hardest by the inflation crisis; eliminating provincial fuel tax at the pumps; and acting to immediately address the cost of utility payments, including a review of Alberta's electricity pricing system.

These changes will provide Alberta households, with or without children, up to an estimated \$900 or more in broad-based relief.

Our commitment to fiscal discipline and economic growth is allowing us to provide more help for Albertans while we pay down our debt, lower the debt burden, and save for the future. Fighting inflation and tackling the cost-of-living crisis facing Albertans are top priorities for our government. Our multi-billion-dollar inflation-relief package will help offset costs for families, seniors, and get our most vulnerable through this challenging time.

As always, if you have questions or concerns feel free to reach me through email at Calgary.varsity@ assembly.ab.ca or call 403-216-5436.

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*All Triwood residents receive the friendly neighbourhood 10% discount.



We have ancient China to thank for tea, the most consumed beverage in the world aside from water. According to myth, tea was discovered when a dead leaf from a wild tea bush fell into an emperor's cup of boiled water. Thousands of years later, we still love tea, so much so that January 12 is National Hot Tea Day. In honour of this day, why not brew yourself a nice hot cup of tea!



Have you ever heard of MULTIPLE MYELOMA (commonly referred to as MYELOMA)? Have you (or someone you love) been diagnosed with Myeloma? The Southern Alberta Myeloma Patient Society ("SAMPS") is here to help!

Myeloma Facts:

Myeloma is a widely unknown blood cancer affecting the plasma in the bone marrow | Myeloma can cause high calcium levels, bone lesions and fractures, anemia, and kidney and immune system issues | There is no cure at this time | Approximately 3,800 Canadians are newly diagnosed with Myeloma every year.

SAMPS is a non-profit organization dedicated to assisting myeloma patients and advocacy, education, and supporting critical research advancing treatments and working for a cure right here at the University of Calgary Division of Hematology Research Lab and Education Fund.

SAMPS can support people affected by Myeloma by:

Providing free membership to access the SAMPS monthly Outlook newsletter and online resources | Organizing support meetings for patients, their families, and caregivers | Advocate for patient care and drug access | Coordinating educational sessions for patients and caregivers.

If you know someone affected by Myeloma or wish to learn more or become a SAMPS member, please visit www.samps.ca or contact us at info@samps.ca.



GAMES SUDOKU

| 9 | 2 | 6 | 3 | 1 | 7 | 4 | 8 | 5 |
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