CAMBRIAN屬ROSEMONT

THE OFFICIAL CAMBRIAN HEIGHTS & ROSEMONT COMMUNITY NEWSLETTER



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by Anne Burke

Grazers have played an important part in controlling taller, nuisance weeds such as thistle and common nettle. The first recorded land occupancy of Nose Hill was an 88,000-acre lease granted in 1882 and the activity continued in some form until 1989. By 1910, the City's expanded boundaries extended as far north as 48 Avenue. Residential development rapidly occurred north of 16 Avenue after the war. From 1945 to 1959 it began to approach Nose Hill. By 1959, development was as far north as Capri Avenue and east of 14 Street and as far north as 56 Avenue. When Nose Hill was still privately held land, more people were cutting fences and trespassing north of John Laurie Boulevard.

Aerial photos reveal various human uses and their effects on Hill activities. There were many old 1959 vehicle trails, with severe damage on slope crests and the top of hummocky areas. Although cultivation of Nose Hill was suspended in 1979, other uses led to an extensive trail network in almost all areas of the Hill. A six-foot high mesh fence was built along part of 14 Street and John Laurie Boulevard in the 1970s. There were vehicle impacts north and south of Porcupine Valley. The heavily scarred hillside due west of Berkley Gate parking lot was a challenge from dirt bikers and trucks, as were the ravine slopes and trails up the north face of the bluff that rises from the south side of the Valley. Although regeneration was slow, scarring of the Hill by vehicle traffic was reduced. Much of what is now the south portion of Nose Hill Park was owned by the City in 1982, when AGT developed a three-mile utility easement in the Park for a conduit and cable between MacEwan Glen and the new Edgemont development.

Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5 Phone: 403-284-1175 • Email: CHCA_HALL@telus.net Website: http://www.cambrianheightscommunity.com

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is 6/3=2+2=4 members. Maximum of 18 Voting Members.

			_	
Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Vacant		treasurer@cambrianheightscommunity.com	
Secretary	lan McKinnon	403-585-7030	ianrmckinnon72@gmail.com	
Newsletter Coordinator	Vacant			
Membership Coordinator	Jennifer Manns		members@cambrian heights community.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director	Spencer Cutten	403-561-4581	spencer.cutten@gmail.com	
Director - Casino	David Babich	604-837-7027	david@babich.ca	
Committees - Non Voting				
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus .net	
City Liaison	Keith Magill	403-826-9152	keith.magill@calgary.ca	
Social Committee	Betty Bacque		social@cambrianheightscommunity.com	

CHCA MEETINGS:

First Monday of the month, except in July and August. Contact the president if you wish to attend.

Contact Hall Manager Lora for bookings at 403-284-1175.

Scottish Country Dance

The Douglas Scottish Country Dance Club started their weekly class on Tuesday September 12, 2023.

The Confederation Park Scottish Country Dance Club started their weekly class on Thursday September 14, 2023, at our new location.

Location: Cambrian Heights Community Hall, 600 Northmount Drive NW

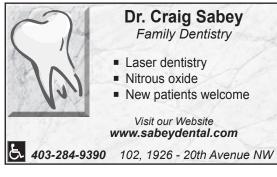
Come and join us for an evening of Scottish country dancing. No partner required. First time newcomer class is free. Weekly classes cost \$2. Yearly membership is \$25.



This is a great social, physical, and mental activity!







RESIDENT PERSPECTIVES

Polaris Hasn't Always Been the North Star

by Patricia Jeffery © 2023, Calgary Centre of the Royal Astronomical Society of Canada



Like a child's top, the Earth has a bit of a wobble as it spins on its axis. This is called precession and over the course of about 26,000 years, it causes the Earth's celestial poles to slowly move

in a circle. As a result, the star closest to true north (or south) changes over time.

Occasionally, there is no bright star near the celestial pole, as is the case in the Southern Hemisphere today.

4,500 years ago, it is believed the Egyptians used the star Thuban to align the Khufu pyramid with true north. As Thuban never set



and all the other stars appeared to revolve around it, the Egyptians regarded the North Star as the portal

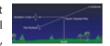
to heaven. This played a vital role in their belief of the afterlife. There were many, many otherworldly steps involved when a pharaoh died, but eventually his soul travelled to Thuban where he joined with the Sun god Ra. From this lofty perch, he then ruled over the celestial realm, just as he had on Earth.

The following stars have repeatedly reigned as the North Star:

- · Present day: Polaris
- 4,000 AD: Gamma Cephei
- 10,000 AD: Deneb
- 14,000 AD: Vega
- 21,000 AD: Thuban will once again wear the North Star crown

The South Star

While there is currently no bright star close to the South celestial pole, for the past 2,000 years,



people have used the constellation Southern Cross to find true south. It won't be until 4,200 AD that Gamma Chamaeleontis will lay claim to the title.





CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining ourfacilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donatehours of their time to manage and create opportunities for you to enjoy.

MEMBERSHIP BENEFITS INCLUDE:

Opportunity to meet and engage with your neighbors at events throughout the year

Discounted fees for participation in Community Programs & Events and facilities

Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website& email blasts.

Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces

Providing input into city & community planning and development processes

Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.

Ability to cast your vote at annual AGM on community issues

Two Ways to Purchase Your CHCA Membership:

- Apply online on Website (www.cambrianheightscommunity.com) and purchase safely & securely (Credit Card or Paypal).
- Fill out the membership form (Monthly Newsletter or download from CHCAWebsite) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membershipcard. (Mail-in or drop-off applications will be delayed).

To purchase your membership please complete the following form and drop off with payment to CHCAHall or Purchase online at our website: www.cambrianheightscommunity.com .					
Name:					
Address:					
Email:Phone:					
(Personal information is used to inform members of Community events only, no information is shared with otherorganizations or individuals other than those associated with Cambrian Heights Community Association).					
Membership Type: (Please Select One Only)					
CAMBRIAN HEIGHTS RESIDENTS: (voting member) Senior (\$5.00) Individual (\$10.00) Family (\$20.00) Corporate (\$50.00)					
NON- CAMBRIAN HEIGHTS RESIDENTS: (non-voting member) Associate (\$20.00)					
Associate membership cards are not sent out unless proof of membership required for: Please indicate membership purpose: McKnight Soccer Yoga Fun&Fitness					
Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.					

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or dropoff at: Cambrian Heights

Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5



Councillor, Ward 4 **Sean Chu**

403-268-3727

✓ ward04@calgary.ca⊗ www.calgary.ca/ward4

www.seanchu.ca

Dear Ward 4 Residents.

Take steps to help protect your household pipes from freezing. Every winter some Calgarians experience frozen water pipes which can result in water outages.

The City's Frozen Pipes Prevention Program works proactively with homes considered at higher risk due to factors such as location, depth and configuration of water pipes, and history of freezing.

However, recently we have noticed an increase in frozen pipes in homes that are typically at a lower risk, where taking some of the steps below could have prevented household pipes from freezing.

- Keep your thermostat at a minimum of 15°C, even if you're away from home.
- Eliminate any cold drafts in unheated areas where water supply lines are located. This can include basements, crawl spaces, attics, garages, and under bathroom and kitchen cabinets.
- Repair broken windows, check doors, and insulate areas that allow cold exterior air to enter.
- Insulate your hot and cold-water pipes located in cold areas.
- Open interior doors and cabinets in cold areas to allow heat from the house to warm unprotected pipes.
- Turn off, disconnect, and drain the water line to outside faucets, garden hoses, pools, or decorative water features.
- If your hot water tank is in a maintenance room outside of your home, make sure the area is adequately heated.
- Regularly run water in your pipes through everyday use.

Visit calgary.ca/frozenpipes to learn more, including actions you can take if you suspect you have frozen pipes.

Weather in December can be unpredictable. In the events of extreme cold weather, there are services around the city to support Calgarians experiencing homelessness. The Cold Weather Emergency Support's online map shows the locations and services offered at each service station, including overnight shelters, daytime services, and warming stations. Visit the interactive map at maps.calgary.ca/ColdWeatherEmergencySupport.

To view more City of Calgary maps, please visit the Map Gallery at www.maps.calgary.ca.

Thank you for your attention, and please don't hesitate to reach out to 311 (24/7) if you have any questions or concerns. Regards,

Councillor Sean Chu



Calgary Confederation Len Webber, MP 2020 – 10 St NW Calgary, AB T2M 3M2

403-220-0888

✓ len.webber@parl.gc.ca

Help Is Here

Many Canadians find the holidays to be challenging, with more than half of Canadians saying that the holiday season can be a source of anxiety, depression, and loneliness. Fortunately, this holiday season accessing help has become easier. Beginning November 30, Canadians in crisis from coast-to-coast will be able to call or text 9-8-8 and obtain counselling free of charge.

This new three-digit number aims to provide accessible and timely support to individuals in crisis, offering hope and saving lives. I was proud to vote in favour of establishing this hotline when my Conservative colleague, Member of Parliament Todd Doherty, introduced it in 2020. Since then, Canadians have waited years for 9-8-8 to be implemented; during this time, the COVID-19 pandemic highlighted the importance of accessible mental health resources.

This easily remembered number allows individuals in distress to swiftly connect with trained professionals. 9-8-8 operates 24/7, providing immediate assistance and reducing barriers that may prevent someone from reaching out for help. Regardless of socioeconomic status or geography, 9-8-8 allows for better access to support.

The Centre for Addiction and Mental Health led the coordination of services for 9-8-8 with input from Provinces and Territories, Indigenous partners, crisis services, mental health experts, individuals with lived experience, and public safety officials. 9-8-8 will save the lives of Canadians who feel they have nowhere else to turn. By providing accessible, empathetic, and immediate support, this hotline serves as a beacon of hope, reducing the barriers to seeking help and saving lives.

If you or a loved one are struggling with your mental health, know that help is more accessible than ever. Please do not hesitate to call or text 9-8-8 any time you need mental health crisis or suicide prevention intervention and be sure to share this information with anyone who may be struggling.

Rosemont Community Association

PO Box 75007, 9 - 728 Northmount Drive NW, Calgary, Alberta, T2K 6J8 Ph: 403-289-6533 • info@Rosemontyyc.com

BOARD OF DIRECTORS	Matth Cuilly
President	Matthew Guilherme
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Andrea Ginter
Hall Agent	Jacquie Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock



Rosemont Community Rink Tuesday Nights, 5:30 to 6:30 PM Girls and Boys Aged 6 to 12

Must have hockey skates, skate guards, hockey stick, neck guard and hockey helmet with face mask. Should have knee pads and elbow pads.

Patrick Palardy will be the Coach with Assistance from Dave Lamoureux.

Starts January 9 to March 12 or until the ice goes. \$30.00 and community membership

Come on down and enjoy some great hockey!

This is outdoor hockey, and we will follow AHS Covid 19 Regulations for Sport Physical Activity and Recreation. Bathrooms will be available.

Call Jean Blackstock at 403-305-9447 to register or email at jmblackstock@gmail.com.



2023-2024

ROSEMONT COMMUNITY ASSOCIATION **MEMBERSHIP APPLICATION FORM**

Rosemont has two membership options. Both options cover all members of a household:

- Rosemont Resident Membership: FREE
- Associate Membership (live outside Rosemont): \$20
- 1. Fill out the form at Rosemontyyc.com/membership OR

2. Complete this form and mail to PO Box 75007, 9	plete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.		
Name(s):			
Address:	Postal Code:		
Email(s)·			

Only include email addresses if you want to receive email updates.

For mailed-in associate memberships, please make cheaues payable to the Rosemont Community Association. If you are emailing us for an associate membership, we will contact to you arrange payment.

Please note: Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

Website and Hall Rentals Visit Rosemontyyc.com for all community-related Board Meetings are held monthly and are open to anyone in the Information, including upcoming events and hall rental info. Register for our community who wishes to attend. Email us at info@rosemontyyc monthly email blasts and sign up for a community membership too.

com for more info about the next meeting.

ROSEMONT PRESIDENT'S MESSAGE

Howdy Rosemontians!

The Ouick Rundown:

- 1. Shinny
- 2. Family Movie Night
- 3. Rezoning Open House
- 4. Resources

Shinny is back! Starting January 9 on Tuesday nights from 5:30 to 6:30 pm. Once again, it will run until mid-March, or until the ice goes. All participants aged six to twelve can join. The kids require hockey skates, skate guards, hockey helmet and face mask and optionally knee and elbow pads. After fourteen amazing years of dedication, coaches Grant and Danielle Parks are hanging up their skates, but worry not! Patrick Palardy and Dave Lamoueaux are ready to lead the kiddos through some outdoor fun this year! It costs \$30 and requires a community membership either from Rosemont or another community (Rosemont residents get a free community membership by going to RosemontYYC. com/membership). To register, please contact Jean Blackstock at 403-305-9447 or jmblackstock@gmail. com. If you have a child that would like to participate but are unable due to financial limitations, please email us at info@rosemontYYC.com.

The Ice Guys are in full swing as well. If you want to volunteer to help, make the best outdoor ice in the city, shoot us an email and we'll put you in contact with Captain Kurt.

It's been a while since our last Family Movie Night! So, save the date of January 13 and more details will come soon. If you aren't receiving our emails, sign up at RosemontYYC.com.

As we mentioned in the AGM, there has been a lot of misinformation and discussion around the proposed zoning and parking bylaw changes that will be discussed in council in 2024. At the time of this writing, we haven't yet seen the official policies to be approved by council. But we want to ensure that residents have accurate information and a conduit to our elected officials. We will be hosting an Open House on the evening of January 24 to provide information as well as an appearance by Councillor Chu. More details to come.

We have created a resources page on our website for things such as neighbourhood crime stats, links to City resources and others. Visit RosemontYYC.com/resources to see more. If you have a suggestion for something that should be added, please contact us.

Many programs are starting up again in the new year, including our friends who rent space at our hall, such as LDK Foundation Karate and Common Digs. Please visit RosemontYYC.com/programs for more info.

As we get into the holiday season, we encourage everyone to reach out to those around you and find ways, no matter how small, to help one another. Shovel a neighbour's sidewalk, help someone across the street, donate time or money if you're able to, or anything you can think of. This is what the community looks like, and we can all use a little more of it during the holiday season.

Happy holidays from all of us at the Rosemont Community Association!



YOUR CITY OF CALGARY

Reduce Your Waste During the Gift-Giving Season

by the City of Calgary



Repurpose, reuse, and get creative to reduce your waste this holiday season. Here are some ideas for gift giving that are low on waste but highly meaningful:

- Support local businesses by purchasing gift cards or giving the gift of an experience.
- Give a gift in the form of a donation to a favourite charity.
- Give the gift of time. Lend a hand to an older relative or friend by dropping off their shopping or meals or putting their carts out on collection day.
- Make your own gifts try knitting a hat, painting a canvas, or baking.
- Recyclables make great material for Christmas crafts and cards.
- Consider alternative ways to wrap gifts. Reuse bags and boxes that you already have at home. Use cloth bags, tea towels, a T-shirt, or simply avoid wrapping completely.

Find more tips at calgary.ca/recycleright.

Safely Dispose of Household Batteries



Don't put any kind of battery in your blue, green, or black carts. Batteries contain metals like lead, lithium, cadmium, and mercury that can be dangerous to human health and the environment. If they end up in any of your carts, batteries can get crushed

and cause fires at the recycling, composting, and landfill facilities. Household batteries include non-rechargeable alkaline batteries (AA and AAA) and rechargeable batteries found in cellphones, laptops, and cordless power tools.

Safely dispose of batteries by taking them to a participating retailer for free recycling. For more information visit calgary.ca/battery.



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CAMBRIAN HEIGHTS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

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CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.



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