CAMBRIAN量ROSEMONT

THE OFFICIAL CAMBRIAN HEIGHTS & ROSEMONT COMMUNITY NEWSLETTER



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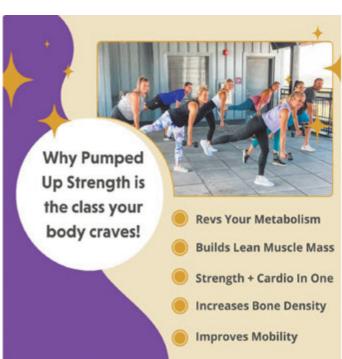
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Pumped Up Strength

50-Minute Express Class

Monday 6:00 PM, Sept 11

Cambrian Heights Community Hall 600 Northmont Drive NW

Zoom access available upon request

Handheld weights, yoga mat, water

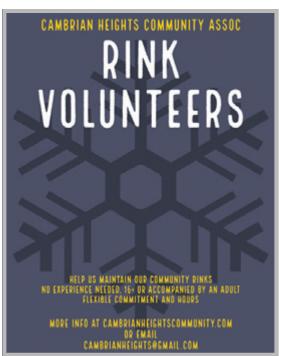
FUN for ALL Ages and Fitness Levels

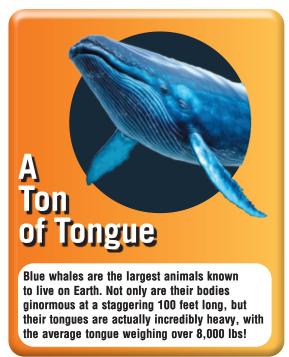
Members \$8 / Non-members \$10

scarybunnybefit@gmail.com









Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5 Phone: 403-284-1175 • Email: CHCA_HALL@telus.net Website: http://www.cambrianheightscommunity.com

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is 6/3=2+2=4 members. Maximum of 18 Voting Members.

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Vacant		treasurer@cambrianheightscommunity.com	Yes
Secretary	lan McKinnon	403-585-7030	ianrmckinnon72@gmail.com	Yes
Newsletter Coordinator	Vacant			Yes
Membership Coordinator	Jennifer Manns		members@cambrian heights community.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director	Spencer Cutten	403-561-4581	spencer.cutten@gmail.com	Yes
Director - Casino	David Babich	604-837-7027	david@babich.ca	Yes
Committees - Non Voting				
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus .net	No
City Liaison	Keith Magill	403-826-9152 keith.magill@calgary.ca		No
Social Committee	Betty Bacque		social@cambrianheightscommunity.com	No

CHCA MEETINGS:

First Monday of the month, except in July and August. Contact the president if you wish to attend.

Contact Hall Manager Lora for bookings at 403-284-1175.



The Douglas Scottish Country Dance Club started their weekly class on Tuesday September 12, 2023.

The Confederation Park Scottish Country Dance Club started their weekly class on Thursday September 14, 2023, at our new location.

Location: Cambrian Heights Community Hall, 600 Northmount Drive NW

Come and join us for an evening of Scottish country dancing. No partner required. First time newcomer class is free. Weekly classes cost \$2. Yearly membership is \$25.



This is a great social, physical, and mental activity!



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CAMBRIAN HEIGHTS



ROSEMONT



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CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining ourfacilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donatehours of their time to manage and create opportunities for you to enjoy.

MEMBERSHIP BENEFITS INCLUDE:

Opportunity to meet and engage with your neighbors at events throughout the year

Discounted fees for participation in Community Programs & Events and facilities

Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website& email blasts.

Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces

Providing input into city & community planning and development processes

Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.

Ability to cast your vote at annual AGM on community issues

Two Ways to Purchase Your CHCA Membership:

Purchase online at our website: www.cambrianheightscommunity.com.

- Apply online on Website (www.cambrianheightscommunity.com) and purchase safely & securely (Credit Card or Paypal).
- Fill out the membership form (Monthly Newsletter or download from CHCAWebsite) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membershipcard. (Mail-in or drop-off applications will be delayed).

To purchase your membership please complete the following form and drop off with payment to CHCAHall or

than those associated with Cambrian Heights Community Association).

Membership Type: (Please Select One Only)

CAMBRIAN HE	GHTS RESIDENTS:	voting member)	
Senior (\$5.00)	Individual (\$10.00)	Family (\$20.00)		Corporate (\$50.00)

NON- CAMBRIAN HEIGHTS RESIDENTS: (non-voting member) Associate (\$20.00)
Associate membership cards are not sent out unless proof of membership required for: Please
indicate membership purpose: McKnight Soccer Yoga Fun&Fitness

Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or dropoff at: Cambrian Heights Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5

CAMBRIAN HEIGHTS' PRESIDENT'S MESSAGE

At the writing of this report October has brought us bright colours and mild fall temperatures. This has allowed for continued use of our many park spaces including adjoining Confederation Park and nearby Nose Hill. November will bring the potential of snow and colder temperatures. Our two outdoor rinks have always been well maintained and enjoyed by residents and visitors alike. Their maintenance is dependent upon volunteers, and we ask if you wish to lend any assistance to the Rink rats it will be well received. Especially this winter with plans for a fire pit to enjoy. Please contact us at cambrianheights@gmail.com to offer your help even on a limited basis.

We held our annual Pumpkin Event this year on October 21. We distributed free pumpkins to all those who visited us at the Community Hall steps. We plan to add an additional Christmas themed event before year end and kick off 2024 with another outdoor Polar Skating party in January.

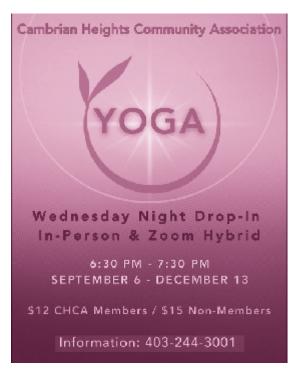
Recently City Council passed a resolution approving a motion that will eliminate all R-C1 zoning (single family detached) in Calgary in favour of re-zoning to R-CG for all residential areas, enabling multi family structures on existing single housing lots plus permitting secondary suites and backyard suites on one parcel of land, and eliminating parking requirements. This process is of course being driven in the name of the reported housing cost and availability crisis. There are still some regulatory steps to complete before the Bylaws are changed but expect to see such development accelerate into 2024. We will continue to monitor the changes as they occur. If you have questions on these planning development issues or the process, please reference the City website at calgary.ca.

The previously reported garden project at the park space bordering Cambrian and Northmount Drives continues to progress thanks to a group of resident volunteers and contributions from Calgary Parks. We have initiated a signage design to provide a visible entrance to our community at this location.

The Community continues to need volunteers to replace our Treasurer and our social media Director. These are critical positions for the Community Association controlling our finance and communications activities. We also are looking for volunteer Directors to enhance our ability to plan events and programs. This is an opportunity to join an experienced team and help develop the programs, events and planning for Cambrian Heights. It is your community. Help make it better for your family by volunteering even on a limited basis. To discuss any volunteer opportunities please contact us at president@cambrianheightscommunity. com.

Daryl Connolly, President CHCA





Rosemont Community Association

PO Box 75007, 9 - 728 Northmount Drive NW, Calgary, Alberta, T2K 6J8 Ph: 403-289-6533 • info@Rosemontyyc.com

BOARD OF DIRECTORS	
President	Matthew Guilherme
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Andrea Ginter
Hall Agent	Jacquie Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock
All inquiries can be sent to info@Ro	semontyyc.com

Rosemont AGM

November 22 at 6:30 pm

- · Updates on the community, School, CPS, and government reps.
- Voting on Board Executive.
- Complimentary Beer/Wine/Cheese for those in-person.
- Attend In-Person or Virtually.
- RSVP Required at RosemontYYC.com/AGM.





2023-2024

ROSEMONT COMMUNITY ASSOCIATION **MEMBERSHIP APPLICATION FORM**

Rosemont has two membership options. Both options cover all members of a household:

- Rosemont Resident Membership: FREE
- Associate Membership (live outside Rosemont): \$20
- 1. Fill out the form at Rosemontyyc.com/membership OR
- 2. Complete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.

Name(s):	
Address:	Postal Code:
Email(s):	

Only include email addresses if you want to receive email updates.

For mailed-in associate memberships, please make cheaues payable to the Rosemont Community Association. If you are emailing us for an associate membership, we will contact to you arrange payment.

Please note: Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

Website and Hall Rentals Visit Rosemontyyc.com for all community-related Board Meetings are held monthly and are open to anyone in the information, including upcoming events and hall rental info. Register for our community who wishes to attend. Email us at info@rosemontyyc, monthly email blasts and sign up for a community membership too.

com for more info about the next meeting.

ROSEMONT PRESIDENT'S MESSAGE

Howdy Rosemontians!

Well, fall is definitely here and count me in the group that is excited to bust out my sweaters, get some stews going and switch my beverages to hot toddies and stouts.

We have two big events coming up in the next few weeks.

First, please join us for our AGM on November 22 at 6:30pm. We will have updates on what happened throughout the community this past year, get updates from our friends at Rosemont School (they have a new principal!), Calgary Police, and our government representatives. This is also the time that you can vote on the Rosemont Executive Board (President, VP, Treasurer, Secretary) so please come and voice your support of the direction for Rosemont CA this upcoming year. You can attend in-person or virtually, but we need you to RSVP to help with logistics (RosemontYYC.com/AGM). Those in-person will be treated to wine/beer and cheese. This event is open to ALL those who live in Rosemont (you just need to sign up for a free membership if you haven't already).

The other big event is our 3rd Annual Christmas Market on Saturday December 2 from 10am to 4pm at the hall. We will have 15+ vendors ready to help you start with your holiday shopping. Our organizers do a great job of getting a variety of vendors so there is something for everyone. There will be free hot beverages and snacks so plan a walk in the park and stop by to get in the holiday mood!

There has also been a lot of discussion (and some misinformation) about the housing strategy that council approved in September, notably the new blanket zoning that may be coming to residential neighbourhoods. I am trying to get specific details from our councillor but haven't received much info yet. But I can tell you that this blanket rezoning has not been formally implemented. There are additional public hearings and council meetings required which will take several months. Rosemont CA is currently discussing how we wish to handle the diverse opinions on this very contentious issue.

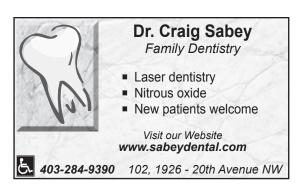
The best way to stay up to date is on our website at RosemontYYC.com and sign up if you don't get emails from us.

As always, keep looking after family, friends, neighbours, and yourselves.

Matthew



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RESIDENT PERSPECTIVES

World Kindness Day

by Danielle Robbertze

World Kindness Day is being celebrated this year on November 13.

The word "kindness" was first used in the year 1201. From the beginning, the word kindness was defined, according to the etymological dictionary, as "friendly, deliberately doing good to others; compassionate". The word appears in early scriptures and songs of various religions and cultures across the world.

The definition of kindness may differ from one person to another but there is one thing that I think many people can agree on - kindness is an expression of compassion. Kindness is how we show humanity.

There are so many ways we can express kindness to one another especially on this day. Ways which will only take a few minutes out of your day and will not ask too much from you. A simple smile to a stranger, a thank you to a bus driver, an embracing hug to a loved one or an uplifting comment to a coworker.

People may not overtly express their gratitude for your kindness but deep down it is something that could make their day just a little bit better. You never know how your kindness can affect others in positive ways. Expressions of kindness can not only make another person feel better, but they can also make you feel just as special.

Kindness is universal, open to anyone to express or receive. Kindness is not only abstract, it is also physical, spiritual, and visible.

I leave you with these words from the Greek storyteller, Aesop: "No act of kindness, no matter how small, is ever wasted".







BUSINESS CLASSIFIEDS

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CAMBRIAN HEIGHTS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

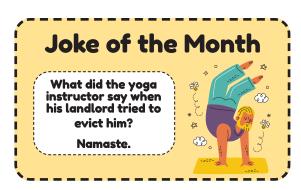
NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

CERTIFIED REFLEXOLOGY THERAPIST IN MOUNT PLEASANT/TUXEDO: Enjoy a 60 minute relaxing foot reflexology session to relieve body tension, improve circulation, and support the body's efforts to function optimally. Check out www.align-vitality.com, call 403-277-0962, or email alignvitality@yahoo.com. Gift certificates are also available!

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

BLUE WAGON LANDSCAPING: A local student-owned business now offering snow removal services! Ensure safe and clear paths for the holiday season. 700+ homes served. Limited spots are available so book now to keep your property snow-free. Contact Michael at 403-585-6128, team@bluewagon.ca, or visit www.bluewagon.ca to get a free instant quote!







The Residential Parking Permit Program limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp





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