CAMBRIAN量ROSEMONT

CHRONICLE

THE OFFICIAL CAMBRIAN HEIGHTS & ROSEMONT COMMUNITY NEWSLETTER





GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

Contact us at 403-720-0762 grow@greatnewsmedia.ca

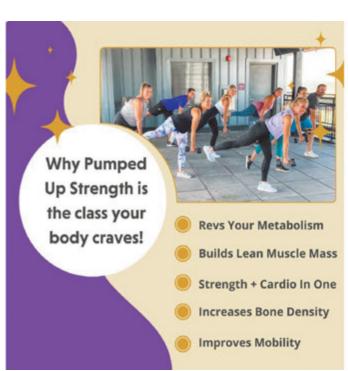


calgarymatandlinen.com

Workwear and cleaning of

uniforms and coveralls





One-stop service for cleaning

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Pumped Up Strength

50-Minute Express Class

Monday 6:00 PM, Sept 11

Cambrian Heights Community Hall 600 Northmont Drive NW

Zoom access available upon request

Handheld weights, yoga mat, water

FUN for ALL Ages and Fitness Levels

Members \$8 / Non-members \$10

scarybunnybefit@gmail.com



Your Community is in need of additional resident participation in areas of Accounting, Social Media and Program Development. A few hours a week can make a high contribution to your neighbourhood and its enjoyment.

BENEFIT

- ✓ Meet Active Community Residents
- ✓ Participate in Social Event Planning
 ✓ Help Improve Our Parks
- Interact with City Development Plans

For More Information

Email cambrianheights@gmail.com

or visit

www.cambrianheightscommunity.com

Save **Today** for Their **Tomorrow**



A Registered Education Savings Plan (RESP) is a smart way to begin saving for your child's or grandchild's education after they finish high school. It's a savings plan that's meant for the long term.

- Open a no fee RESP account to save for a child's future.
- Receive up to \$2,000 free from the Government.

RESP support is available for individuals, groups, and agencies.

Carya can help you open a free RESP account. You'll receive a \$20 gift card for helping your child grow their future.



For more information, call 403-536-6558 or email FinancialWellness@CaryaCalgary.ca.





Use certified compostable pet waste bags in your green cart





Always look for the certified compostable logo.

calgary.ca/greencart

Biodegradable and plastic bags are NOT compostable

These bags do not break down and end up as small pieces of plastic that will contaminate the finished compost. **Keep plastic and biodegradable bags out of your green cart.**

Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5 Phone: 403-284-1175 • Email: CHCA_HALL@telus.net Website: http://www.cambrianheightscommunity.com

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is 5/3=2+2=4 members. Maximum of 18 Voting Members.

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Vacant		treasurer@cambrianheightscommunity.com	Yes
Secretary	lan McKinnon	403-585-7030	ianrmckinnon72@gmail.com	Yes
Newsletter Coordinator	Vacant			Yes
Membership Coordinator	Jennifer Manns		members@cambrian heights community.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director	Spencer Cutten	403-561-4581	spencer.cutten@gmail.com	Yes
Director - Casino	Vacant		casino@cambrianheightscommunity.com	Yes
Committees - Non Voting				
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_ hall@telus .net	No
City Liaison	Keith Magill	403-826-9152	keith.magill@calgary.ca	No
Social Committee	Betty Bacque		social@cambrianheightscommunity.com	No

CHCA MEETINGS:

First Monday of the month, except in July and August. Contact the president if you wish to attend.

Contact Hall Manager Lora for bookings at 403-284-1175.



Scottish Country Dance

The Douglas Scottish Country Dance Club started their weekly class on Tuesday September 12, 2023.

The Confederation Park Scottish Country Dance Club started their weekly class on Thursday September 14, 2023, at our new location.

Location: Cambrian Heights Community Hall, 600 Northmount Drive NW

Come and join us for an evening of Scottish country dancing. No partner required. First time newcomer class is free. Weekly classes cost \$2. Yearly membership is \$25.



This is a great social, physical, and mental activity!



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CAMBRIAN HEIGHTS



ROSEMONT



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Halloween Safety

from Alberta Health Services



The members of Calgary's Partners for Safety: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 911, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

• Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining ourfacilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donatehours of their time to manage and create opportunities for you to enjoy.

MEMBERSHIP BENEFITS INCLUDE:

Opportunity to meet and engage with your neighbors at events throughout the year

Discounted fees for participation in Community Programs & Events and facilities

Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website& email blasts.

Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces

Providing input into city & community planning and development processes

Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.

Ability to cast your vote at annual AGM on community issues

Two Ways to Purchase Your CHCA Membership:

- Apply online on Website (www.cambrianheightscommunity.com) and purchase safely & securely (Credit Card or Paypal).
- Fill out the membership form (Monthly Newsletter or download from CHCAWebsite) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membershipcard. (Mail-in or drop-off applications will be delayed).

Phone:

To purchase your membership please complete the following form and drop off with payment to CHCAHall or

(Personal information is used to inform members of Community events only, no information is shared with otherorganizations or individuals other than those associated with Cambrian Heights Community Association).

Membership Type: (Please Select One Only)

CAMBRIAN HEI	GHTS RESIDENTS:	voting member)	
Senior (\$5.00)	Individual (\$10.00)	Family (\$20.00)		Corporate (\$50.00)

NON- CAMBRIAN HEIGHTS RESIDENTS: (non-voting member)
Associate (\$20.00)
Associate membership cards are not <u>sent</u> out unless proof of <u>membership</u> required for: Please
indicate membership purpose: McKnight Soccer Yoga Fun&Fitness

Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or dropoff at: Cambrian Heights Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5

CAMBRIAN HEIGHTS' PRESIDENT'S MESSAGE

October brings the chill of fall and bright colours with the potential of a blanket of white. The outdoor rink rats will be planning for another great skating season and this year we will introduce a fire pit at the rinks behind the hall on a trial basis. Details will be provided on our website (www.cambrianheightscommunity.com) as the ice rinks are flooded.

September was highlighted by our outdoor concert featuring the southern Alberta Six Corners country band supported by a food truck and beer garden. This is the third such outdoor concert to start the fall/winter schedule of social programs. We hope to add an additional event before year end and kick off 2024 with another outdoor Polar Skating party in January.

With the increase in construction and development permit applications, including the recent land use application change from R-C2 to the new R-CG designation, we want to remind everyone that your comments to City planning representatives as identified in any application are important. Equally important are comments to your City Councillor Sean Chu (sean. chu@calgary.ca). While the community attempts to comment on these applications, particularly in the areas of parking, set-back, and mixed zoning use, your direct participation is taken into account by the City planners.

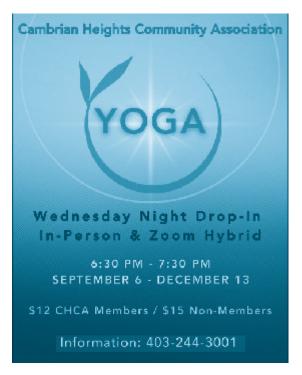
At this point there is a resolution before City Council that will eliminate all R-C1 zoning (single family detached) in favour of re-zoning to R-CG for all residential areas, enabling secondary suites and backyard suites on one parcel of land, and eliminating parking requirements. This process is of course being driven in the name of the reported housing cost and availability crisis. If you have questions on developments or the process, please reference the City website at calgary. ca or contact our Planning Committee at planning@cambrianheightscommunity.com.

We encourage everyone to participate in our fitness (Monday) and yoga (Wednesday) programs. Details are available in this newsletter. New this year are the twice a week (Tuesday/Thursday) Scottish country dancing lessons and evening socials. Enjoy the music, camaraderie, and exercise afforded by qualified instructors and Scottish music. Details are found on our website and in this newsletter.

The previously reported garden project at the park space bordering Cambrian and Northmount Drives continues to progress thanks to a group of resident volunteers and contributions from Calgary Parks. This fall, we will initiate a signage design to provide a visible entrance to our community at this location.

The community continues to need volunteers to replace our treasurer and our social media director. These are critical positions for the community association controlling our finance and communications activities. We are also looking for volunteer directors to enhance our ability to plan events and programs. This is an opportunity to join an experienced team and help develop the programs, events, and planning for Cambrian Heights. It is your community. Help make it better for your family by volunteering even on a limited basis. To discuss any volunteer opportunities, please contact us at president@cambrianheightscommunity.com.

Daryl Connolly, President CHCA



Rosemont Community Association

PO Box 75007, 9 - 728 Northmount Drive NW, Calgary, Alberta, T2K 6J8 Ph: 403-289-6533 • info@Rosemontyyc.com

BOARD OF DIRECTORS President	Matthew Guilherme
11031410110	
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Andrea Ginter
Hall Agent	Jacquie Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock





2023-2024

ROSEMONT COMMUNITY ASSOCIATION **MEMBERSHIP APPLICATION FORM**

Rosemont has two membership options. Both options cover all members of a household:

- Rosemont Resident Membership: FREE
- Associate Membership (live outside Rosemont): \$20
- 1. Fill out the form at Rosemontyyc.com/membership OR
- 2. Complete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.

Name(s):	
Address:	Postal Code:
Fmail(s)	

Only include email addresses if you want to receive email updates.

For mailed-in associate memberships, please make cheaues payable to the Rosemont Community Association. If you are emailing us for an associate membership, we will contact to you arrange payment.

Please note: Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

Website and Hall Rentals Visit Rosemontyyc.com for all community-related Board Meetings are held monthly and are open to anyone in the information, including upcoming events and hall rental info. Register for our community who wishes to attend. Email us at info@rosemontyyc, monthly email blasts and sign up for a community membership too.

com for more info about the next meeting.

ROSEMONT PRESIDENT'S MESSAGE

Howdy Rosemontians!

I hope everyone is doing well and welcoming the brisk fall weather.

I would like to thank all of the wonderful folks who helped out with the September BBQ. It was a great success and great to see so many familiar and new faces.

It's that time of the year to renew your membership or sign up if you haven't before. Once again, we are offering free 2023-2024 memberships for all residents in Rosemont. Visit RosemontCommunity.com/Membership to sign up. You get access to our great events and 10% off hall rentals. It is a win-win, so sign up today!

As of this writing, we haven't finalized a Halloween event yet, so please check our website at RosemontYYC.com and keep an eye out in your inbox for our emails. If you aren't receiving them, now would be a great time to sign up for the free membership and start receiving emails.

We are in the process of planning all of the events for the upcoming fiscal year, so if you have any input or suggestions, please email us at info@rosemontyyc. com. Some of the ideas being thrown around include family movie nights, a paint night, live musicians taking requests, a pub night, and other things. So, if you would like to take the reins on any of these ideas, drop us a line and we would love your help. We can't put on events without volunteers like you.

Please save the date for our annual AGM, taking place on Wednesday, November 22. This is your chance to get updates on what has been happening this past year and what is happening for the community association for the upcoming year (including voting on the executives who make up the board). More details to come in early November

Be sure to check out the many programs starting up this fall. Our friends at LDK Foundations Karate and Common Digs have lots of fall classes starting up soon. Details can be found at RosemontYYC.com/Programs.

As always, keep looking after family, friends, neighbours, and yourselves.

Matthew



Rosemont Real Estate Update

Last 12 Months Rosemont MLS Real Estate Sale Price Update

Average Asking Price	Average Sold Price	
\$ 495,000	\$ 520,000	
\$0	\$ 0	
\$ 1,237,500	\$ 1,206,250	
\$ 749,900	\$ 743,750	
\$ 469,888	\$ 460,000	
\$ 774,925	\$ 774,725	
\$ 725,000	\$ 750,000	
\$ 0	\$ 0	
\$ 627,400	\$ 602,500	
\$ 1,399,900	\$ 1,300,000	
\$0	\$ 0	
\$ 1,100,000	\$ 1,060,000	
	\$ 495,000 \$ 0 \$ 1,237,500 \$ 749,900 \$ 469,888 \$ 774,925 \$ 725,000 \$ 0 \$ 627,400 \$ 1,399,900 \$ 0	

Last 12 Months Rosemont
MLS Real Estate Number of Listings Update

	0 1		
	No. New Properties	No. Properties Sold	
August 2023	4	1	
July 2023	0	0	
June 2023	2	4	
May 2023	1	3	
April 2023	4	1	
March 2023	1	4	
February 2023	4	1	
January 2023	0	0	
December 2022	1	2	
November 2022	0	1	
October 2022	2	0	
September 2022	1	1	

To view more detailed information that comprise the above MLS averages please visit **rmon.mycalgary.com**

Scouts About - 4th Elks Triwood



October Updates

We are off! Fall plans made and programs commenced! Cubs have been orienteering and played a giant 'Animal Game' in West Confederation Park with 75 to 100 other Cubs. Scouts have been sailing, participated in the Great Escape game with 200 other Scouts and Venturers, and attended an all-section camp with the Edgemont group. Beavers and Cubs have a Halloween Camp planned at Camp Cadicasu for the end of the month.

Youth Sections

Scouting has five sections based on age. Scouting is open to both boys and girls.

Section	Ages	Motto
Beavers	5 to 7	Sharing, Sharing
Cubs	8 to 10	Do your Best
Scouts	11 to 14	Be Prepared
Venturers	15 to 17	Challenge
Rovers	16 to 18	Go Beyond





Cubs playing animal game

Scouts gathering after the Great Escape

Become a Leader

Anyone 16 years of age or older can be a leader. If you are interested in building youth and community presence, all you need is a sense of adventure. Don't worry about 'having the skills', you can build those along the way!

Fundraisers

Thanks to everyone who bought our special 4th Elks Label Coffee roasted by Highwood Coffee at the Community Market and Community Cleanup in September. Beavers and Cubs will be coming door to door



in November selling delicious Caramel and Belgian Chocolate Drizzled Caramel Popcorn. Buy one bag for \$20 or two for \$35.

For more information, contact us at 4thElksTriwood@gmail.com or find us on Facebook at 4thElks.

TAKE ON WELLNESS

Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business

Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep "tunnel" around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a "memory" so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

- 1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
- 2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

CAMBRIAN HEIGHTS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

ADAIR TREE CARE LTD. PROFESSIONAL ARBORISTS: Calgary's trusted arborists since 1997. Expert tree pruning, removal, stump grinding, pest and disease management, fertilization, and planting. We love your trees! 403-686-6030, www.adairtreecare.com.

BLUE WAGON LANDSCAPING: A student-owned business offering fall leaf cleanup and lawn aeration services now! Get your yard ready for the holidays! 700+ homes served so far. Limited spots are available. Contact Michael at 403-585-6128, team@bluewagon.ca, or visit www.bluewagon.ca to get a free instant quote!

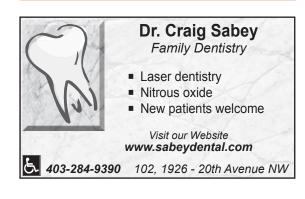
FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

Fall of the Leaf

In Canada and the US, the season between summer and winter is typically called 'fall.' In the UK, the term 'autumn' (derived from the French word 'automne') is preferred. However, up until the 17th century, the UK also used the term 'fall' as it comes from the Old English word 'feallan,' which means the "fall of the leaf."







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