

JULY 2023

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your HAWKWOOD CITADEL

THE OFFICIAL HAWKWOOD COMMUNITY NEWSLETTER



HAWKWOOD

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HAWKWOOD AND CITADEL COMMUNITY ASSOCIATIONS

Box 68214, Crowfoot RPO
Calgary, AB – T3G 3N8
president@hawkwoodcalgary.com
www.hawkwoodca.com

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Calgary, AB – T2G 4B8

ELECTED OFFICIALS



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MLA for Calgary-Foothills
Calgary.Foothills@assembly.ab.ca



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MP Kelly, Pat
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Calgary, Alberta T3G 5H6
Tel: 403-282-7980
Fax: 403-282-3587
Email: pat.kelly@parl.gc.ca



MP Rempel, Michelle
(Citadel Morningside only)
403-216-7777
michelle.rempel@parl.gc.ca
www.michellerempel.ca



Councillor Wyness, Jennifer
Ward 2 Office
Calgary, AB, Canada
Web: www.calgary.ca/ward2

Soccer in the Community

Summer Program: July through mid-September

northsidesoccer.ca

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CITADEL



HAWKWOOD



Hawkwood Community Association Board of Directors 2023-2024

Executive

Acting President	Michele del Valle
Vice-President	Pia Elborno
Secretary	Donna Chapman
Treasurer	Laura Dytnerksi

Directors

Newsletter Editor	Danielle Kiss
Planning and Development	Justin Becker
Soccer	Tricia Molchulski
Community Garden	Anne Harding
Facilities	Jerry Christensen
Membership	Kawal Mahendru
Social	Vacant
Transportation	Vacant
Webmasters	Jodie and Erick Cardoza
School Liaison – Hawkwood	Shannon Erno
School Liaison – St. Maria Goretti	Vacant
Casino	Lori Jaffray
Playground and Tot Lot	Vacant
Volunteer/Fundraising	Vacant
Director at Large	Isaac Antepi
Director at Large	Joanne Manser

Contacts

Programs Coordinator	Heather Kovach
LEAF	Mark Koebl

We Need Photos!

Do you have any great photos capturing the natural beauty or community spirit of our beautiful neighbourhood?

Please email your high-resolution pictures (minimum 200 x 200 dpi) to hawkeyenews@shaw.ca so we can start featuring photos of Hawkwood on the front page of our newsletter each month!

HCA Membership – Buy Yours Now!

A Hawkwood Community Association family membership is a great way to support our community. A valid membership is your ticket to a variety of events taking place throughout the year and is required to vote at our Annual General Meetings and participate in the Hawkwood soccer program.

Family Memberships:

- Apply to children and adults in your household
- Cost \$30
- Are valid for 12 months

Benefits and Activities:

- Voting status at our Annual General Meetings – where community policy is decided
- Participation in HCA Sports programs like U8 Soccer
- Maintenance of the new Hawkwood Community Park
- Support for community activities like these and others:
 - Winter Carnival
 - Fall Festival
 - Picnic in the Park
 - Park & Play, Stay & Play Programs with the City of Calgary
 - Halloween Extravaganza
 - And more!

Buy your HCA Membership online at <https://hawkwood.ca.getcommunal.com/memberships>.

Keeping Up With Hawkwood

To keep up-to-date with everything happening in Hawkwood, make sure you follow our social media channels:

Twitter: @hawkwoodca

Instagram: @hawkwoodcommunityassociation

Facebook: @hawkwoodca

Website: www.hawkwoodca.com

These spaces are updated as soon as new information becomes available, so they are your best sources for the latest and greatest happenings in Hawkwood.

ACTING PRESIDENT'S MESSAGE

Hello Hawkwood!

As we just passed its 10th anniversary, I am reflecting on the origins of Calgary's Neighbour Day to commemorate the support and generosity of neighbours following the 2013 floods. This event, held annually on the third Saturday of June, continues as a way to provide communities with the opportunity to gather to recognize how these connections matter to our families and friends. In this spirit, I would like to acknowledge our neighbours who volunteer in many capacities associated with the Hawkwood Community Association (HCA).

Thank you to all the volunteers who stepped up to run a successful U4-U8 Spring soccer program that wrapped up in June. This program could not run without the support of volunteers, and I hope everyone enjoyed making new connections with neighbours while on the fields.

Thank you to our Events Committee volunteers for organizing the HCA Neighbour Day BBQ on June 17 at the Hawkwood Community Park (HCP) and to the volunteers who distributed door hangers to houses around the community advertising the event. A lot of work goes into organizing an event of this size and everyone's efforts are greatly appreciated.

I would also like to acknowledge our current HCA Board of Directors for volunteering your time to our community. Being new to this position, I have both appreciated and relied on the support I receive from Donna, Laura, Danielle, Justin, Tricia, Anne, Kawal, Jodie, Erick, Shannon, Isaac, Joanne, and our two newest members, Pia and Lori, who answered our call to serve on the Board.

Thanks also to Mark, our LEAF Coordinator, for diligently managing the program responsible for Hawkwood's colourful flower displays and landscaping maintenance.

Additionally, I would like to acknowledge and thank our Programs Coordinator, Heather. There would be no programs without her dedication to our community, and she works tirelessly with many volunteers, including those associated with Pickleball, Tennis, the HCP Committee, Ice Rink maintenance, and other programs as they are organized over the year.

I also want to acknowledge the many neighbours in our community who sign-up when there are calls for volunteers during the year for casino fundraising events, community cleanups, community garden maintenance, and other planned events.

As the saying goes, many hands make light work. We still have some vacant positions on our board. If you would like to meet your neighbours and are interested in exploring available volunteer opportunities in your community, please send me an email at president@hawkwoodca.com.

In gratitude and kindness,

Michele del Valle

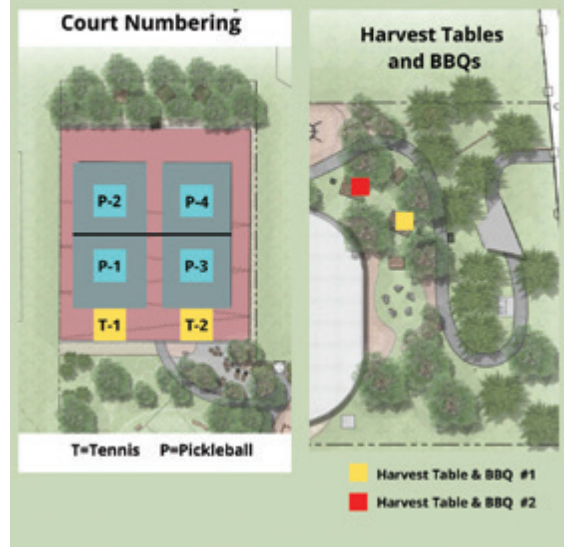
HCA Membership Benefits

Purchasing an HCA membership allows you to book some of the Hawkwood Community Park elements. This year you can book:

- Tennis court
- Pickleball courts
- Pickleball net kit
- Harvest table and BBQ

More information and details can be found on our website at www.hawkwoodca.com, or you can email programs@hawkwoodca.com.

Hawkwood Community Park Booking Elements



Upcoming Events in Hawkwood

For more information on each event, please look to our website (www.hawkwoodca.com) and social media accounts.

Parade of Garage Sales

July 15

To give everyone a little more time to organize, we are moving our Hawkwood POGS to Saturday, July 15. Sponsored by Melissa Kost, CIR Realty.

Community Cleanup

July 29

More details to come.

Skate & Scoot

August 17 to 29

For more information on each event, please visit our website at www.hawkwoodca.com and social media accounts.

In the Works...

Planning is also under way for: Movie in the Park, Not Your Grandma's Bingo, and the Fall Festival.

If you are interested in sponsoring one of our upcoming events, please contact our Event Co-Chairs, Shannon and Joleen, at events@hawkwoodca.com.



News from the Friends of Nose Hill

by Anne Burke

Guided Plant and Herb Walk

A guided plant and herb walk on Nose Hill taught attendees about local landscape and ecology (living things and habitat). The group identified plants, whether edible or poisonous ones, as well as invasive plants (weeds) and native species.

There is much interest in traditional medicine and modern uses. Agrology deals with the natural, economic, and social sciences related to environmental protection. The walk leader, as a member of the Alberta Institute of Agrologists, has studied the application of science to agriculture. It is important to understand that Calgary's Parks & Pathways Bylaw prohibits foraging as part of these events.

City Nature Challenge 2023

Here are the results for the City Nature Challenge 2023! Across Canada, 43 cities were in this year's challenge. Calgary was first for observers, with 9,185 who reported 775 species. Calgary came in fourth for 347 observations. Globally, there were 482 cities, with 66,394 participants who reported 57, 227 species, including 2,570 rare, endangered, or threatened ones.

World Migratory Bird Day

Light pollution remains a threat to migrating birds. To raise awareness in Canada, World Migratory Bird Day was on the second Saturday in May and, in South America, will be on the second Saturday in October.

Hawkwood's Parade of Garage Sales

HCA's annual Parade of Garage Sales is on Saturday, July 15! Whether you love the thrill of the hunt, or love to declutter, you are going to want to save the date.

To add your sale to the Parade of Garage Sales, register at <https://forms.gle/Hdxw2XWpct6TgWvz6>. Registration gets you on the garage sale map, a sign for your yard, and some super fun extras!

Melissa Kost-CIR Realty is back as our sponsor. Thanks, Melissa!



Buy your Hawkwood Community Association Membership Today!

Support activities & events hosted by the HCA:

Fall Festival
Parade of Garage Sales
Scavenger Hunts
Trivia Nights, etc.

Support the new Outdoor Recreational Facility and connect with your neighbours

Memberships are \$30 and are valid for 12 months

Buy memberships online at
<https://hawkwoodca.getcommunal.com/memberships>
or scan the QR code:



Check us out online:

Website: www.hawkwoodca.com

Instagram: [@HawkwoodCommunityAssociation](https://www.instagram.com/HawkwoodCommunityAssociation)

Facebook: [Hawkwood Community Association](https://www.facebook.com/HawkwoodCommunityAssociation)

Twitter: [@HawkwoodCA](https://twitter.com/HawkwoodCA)

GAMES & PUZZLES



Guess That Song!

1. This Grammy award winning pop song is about being foolishly apologetic for constantly playing with new lovers' hearts. Oops!
2. This thrilling hit pop song is about a woman being stalked by a beast about to strike.
3. This 2014 electro-pop song is about meeting someone in the summer, falling in love in the fall as the leaves turned brown, and then being betrayed by lies.
4. This heartfelt alternative rock ballad is all about wanting to skip right to October because summer has come and passed.
5. This country song is about going out and having fun with no inhibitions, just feeling womanly and dancing with your girlfriends on a night out.
6. This gentle pop rock song is about being so in love with someone that they colour your world and make the stars shine for you.

SCAN THE
QR CODE
FOR THE
ANSWERS!



NEW THIS YEAR

Snack Shack!

This year non-profit community organizations and groups will be able to book the "snack shack" at the Hawkwood Community Park to sell treats as a fundraising opportunity.

To book, email programs@hawkwoodca.com

The snack shack cannot be booked online

Mobile Skate and Scoot Spot **FREE** Skateboarding Lessons



City of Calgary's Mobile Skate and Scoot is Coming Back to Hawkwood!

August 17 to 29

11:00 am to 7:00 pm at Hawkwood Community Park

Check out this free, drop-in wheeled sport opportunity that is fun for both beginners and skilled in-line skaters, skateboarders, and scooter users of all ages. Skate and scoot monitors are on site during the indicated hours and can provide tips and tricks. Helmets are required.

Lessons!

Free skateboarding lessons are offered during the Skate and Scoot for ages 6 to 12 years:

Date	Time	Age	Course ID
Saturday, August 19 th	1:00 to 2:00 pm	6 - 12 yrs	74687
Wednesday, August 23 rd	4:30 to 5:30 pm	6 - 12 yrs	74688

To register by phone, call 403-268-3800, Monday to Friday between 8:30 am and 4:00 pm.

To register in-person, visit any City-operated Aquatic Recreation facility or Arts Centre during posted business hours.

Hawkwood Community Garden Update

After another long winter, the HCG is excited for summer! 2023 is looking to be another great growing season in Hawkwood and gardeners have been busy preparing their growing boxes for this season. It is exciting to see the "busy-ness" happening at the garden!

Important information for all gardeners/community members: the raised boxes are all rented by individuals with the exception of the raspberry box and the flower boxes under the backstop. The "community" areas include the fruit trees and bushes, rhubarb/herb garden, perennial beds, etc. At this time, everyone should have signed up to help care for one of the communal areas and everyone is welcome to share in their produce. Please keep in mind that the "share" part is to have some but not all.

The Hawkwood Community Garden is a truly special space and gets more established and better each year. We are fortunate to have this space so close to us, to be enjoyed by all ages, and we welcome you to be a part of it!

Anne Pozzi

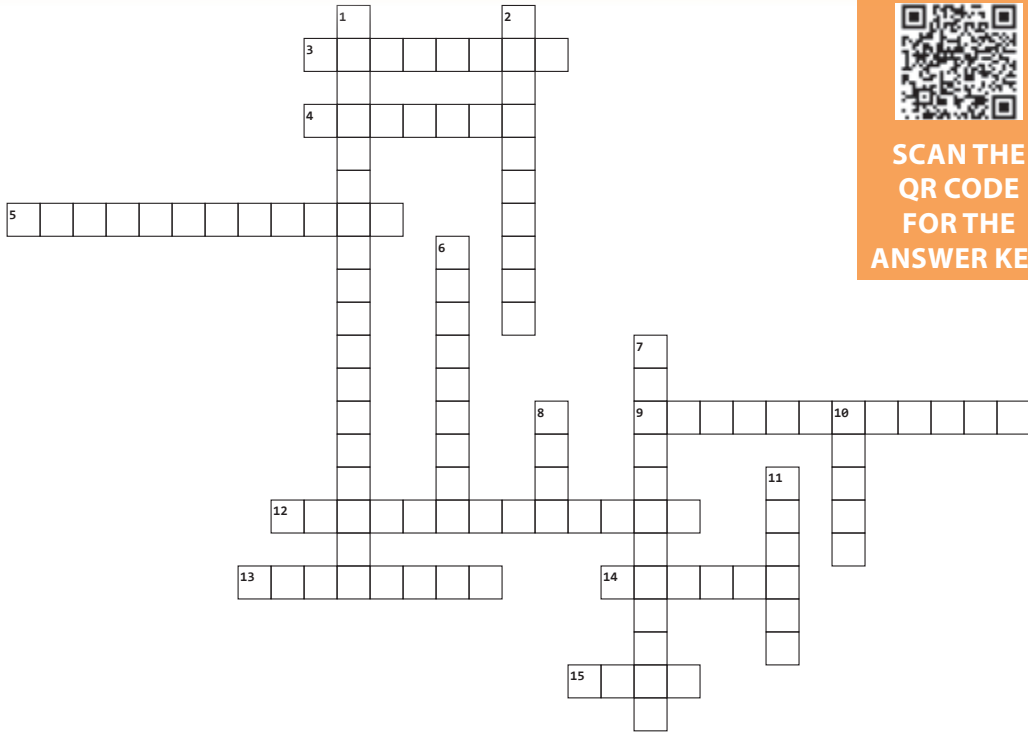
BRAIN GAMES

SUDOKU

		6					5	
7			6	4				
	1	8		5			7	
				6				7
1			4		8			2
3				1				
	3			2		8	4	
				3	1			9
	2					5		

SCAN THE QR CODE
FOR THE SOLUTION

July Crossword Puzzle



SCAN THE
QR CODE
FOR THE
ANSWER KEY

Across

3. The first Canadian-hosted Olympic games took place in this city.
4. 7-year-old Roger Woodward became the first person to survive going over these falls without a barrel.
5. The month of July is named after this Roman political figure.
9. This Canadian province experienced the hottest temperatures ever officially recorded in Canada (45 degrees Celcius) on July 5, 1937.
12. The first human to walk on the moon, which occurred on July 20, 1969.
13. This Canadian American actress, born on July 20, 1971, is best known for her role in *Grey's Anatomy*.
14. On July 5, 1946, just after World War 2, the modern version of this risqué piece of women's clothing was introduced due to the rationing of materials.
15. Filmed in Alberta, this 2022 motion picture was referred to as "Skull" during production to keep it a secret.

Down

1. *Go Set A Watchman* was the original manuscript for this classic Pulitzer Prize winning novel.
2. This iconic Coldplay album was released on July 10, 2000, and features the hit single *Yellow*.
6. In the summer of 2019, this folk horror film depicting Scandinavian paganism and starring Florence Pugh was released.
7. This Canadian artist rose to fame on YouTube and was the most Googled celebrity in July 2010.
8. National _____ Day is observed on July 31 and December 2 to raise awareness and help these dogs get adopted.
10. World _____ Day celebrates this intellectual two player board game.
11. On July 6, 1885, Louis Pasteur successfully administered this vaccination for the first time, replacing the previous treatment, mad stones.

Citadel Community Association Board of Directors 2021-2022

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President	Stephanie Christensen
Vice-President	Karen Mills
Secretary	Corey Feodoroff
Treasurer	Ilzett Thompson

Directors

Volunteer Coordinator	Vacant
Communications Director	Vacant
Facilities Director	Doug Sick
Events Director	TJ Thompson
Membership Director	Doug Sick
Community Engagement	Allison Buchanan
Sports Director	Vacant
Casino Chair	Karen Mills
Fundraising Director	Vacant
IT Director	Cody Hesse
Building Rentals	Corey Feodoroff (Interim)
Director at Large	Jennifer Sick
Director at Large	Daryl Reinke
Director at Large	Ed Bowes
Director at Large	Sandra Daignault
Director at Large	Kervin van den Meijenberg
Director at Large	Ram Gupta

Social Media

f Facebook: Citadel Community Association
@ Instagram: @citadel_community_yyc
globe Website: www.citadelca.ab.ca

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PRESIDENT'S MESSAGE

Summer is here and along with summer comes Stampede. This year, the CCA is hosting their Stampede BBQ on July 8 from 12:00 to 3:00 pm. Put on your cowboy hat and come out to enjoy a burger, games, and some country music.

We had a busy June with Jennifer Wyness, Ward 2 Councilor hosting an Open House as well as the Citadel Parade of Garage Sales.

The next event we're hosting (after Stampede) is Movie in the Park on August 12. This will take place at dusk behind Citadel Park School. Bring your lawn chair and a blanket and enjoy a movie.

Lastly, I want to remind you that the Citadel Community Hall is available to rent. If you are looking for a venue for a birthday, anniversary, or Christmas party, complete the rental request form on the website at <https://www.citadelca.ab.ca/CCA/index.php/rentals/rental-inquiry>.

Stephanie Christensen, CCA President



SAFE & SOUND

Heat Related Illness

from Alberta Health Services

EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat Exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat Stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g., perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First Aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess, or tight-fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention.

Prevention

- Stay well-hydrated by drinking plenty of water at all times.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11:00 am and 3:00 pm, even on cloudy days.

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*Citadel Community Association
presents*

Citadel Senior's 60+ Event
Saturday, July 22

revised from June 17
Activity TBD

Visit www.citadelca.ab.ca for more details



To register, email Ed at dal2@citadelca.ab.ca

Citadel ELM Program

(Enhanced Landscape Maintenance/Lot Levy)



Citadel collects a special tax of \$66.95 annually. This tax is collected from all households in Citadel, West Citadel, and Morningside, and is used to enhance our community outside of what the City of Calgary is able to do. This tax is collected through our city tax program annually.

These Funds Are Used For:


- Spring and fall cleanup
- Garbage removal
- Park cleanup
- Weeding
- Weekly mowing of medians
- Fertilizing and aerating
- Weekly watering/fertilizing of flower beds and pots
- Shrub pruning/mulch
- Perennials
- Spring and summer flower plantings

- Winter pot displays
- Summer flowerpot arrangements
- Soil amendment
- Trees
- Seasonal lighting
- Program management

Benefits:

- Increased Property Value. Community realtors state that it is easier to sell a home in a community with an ELM program because it shows community pride.
- Maintained parks and medians
- Summer flowers!
- Winter arrangements
- Garbage pick-up
- More mowing and watering
- Weeding
- Spring and fall cleanup
- Median turf maintenance

Everything you need to know about the program is available on the City of Calgary website under enhanced landscape maintenance. You can also take a look at the Citadel Community Association website about the history of the ELM Program/Lot Levy in our community. Questions can be directed to lot_levy@citadelca.ab.ca.



Citadel Community Association Membership

\$30/yr

Benefit 1

Free access to Events such as:
Easter Event - April 2nd
Parade of Garage Sales - June 24/25
Stampede BBQ - July 8
Movie-in-The Park - TBD
Halloween Carnival - TBD

Benefit 2

Free access to Workshops:
Green Calgary
Resume Help
De-cluttering & Downsizing

Benefit 3

Free access to Seniors Events & Programming

Benefit 4


Discounted Fitness Classes including Ageless Energy & Yoga
Badminton

Benefit 5

Discounted Hall Rentals
Access to tennis courts, skating rinks

Benefit 6

Volunteer opportunities, meeting new people, having fun



Find us on the web at:
<https://www.citadelca.ab.ca/CCA/index.php/memberships>
Facebook: Citadel Community Association
Instagram: Citadel_Community_YYC

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CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

CERTIFIED MASTER ELECTRICIAN: Terry Raabis, RME/CME, CQT – Big Sky Ventures. Call: 587-228-9371 or e-mail: bigskyventures@shaw.ca. Home renos, re-wiring, troubleshooting, hot tub connections, smoke and carbon monoxide detectors, breaker panel upgrades, and much more! Fully licensed and insured. Customer satisfaction guaranteed.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

E.G.K. GENERAL CONTRACTING | COMPLETE HOME RENOVATIONS AND DEVELOPMENTS, INTERIOR AND EXTERIOR WORK: Framing, drywalling, taping, texturing, tile-work, painting, plumbing, electrical, windows, doors, flooring, insulating, insurance claims, mold remediation, handyman services, and more! 35+ years experience. Licensed, insured, W.C.B. & B.B.B. A+ rating. Contact Erich at egkgencon@gmail.com, or 403-606-2493. Website: egkcontracting.com.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

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4-H Members Learn the Value of Manual Labour

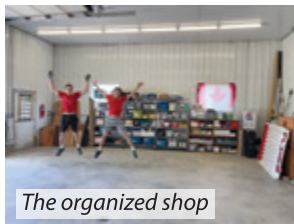
by Emmett Donner, Club Reporter

As the weather gets nicer, many people are spending much more time outside. This also means that the Prairie Winds 4-H Club has been enjoying some activities outside. While there has been much fun to be had at these events, participants have also understood the importance of doing some hard work.



Farming

First, the club went on a field trip to the Hartell Homestead near Diamond Valley. Members got a behind-the-scenes tour of the farm, which included the commercial and home garden, chickens, goats, ducks, bees, horses, and Highland cattle. One highlight was moving the mobile “Chicken Tractor,” which allows the chickens to intensively graze pastures in the summer months and be free-range through the winter. Participants were also given the rare experience of seeing a chicken lay an egg right before their eyes. This workshop was a fun and eye-opening experience into the commitment that is behind farming.



The organized shop

Another way that the club learned about hard work was through the annual Battle Lake Workbee. The whole club went to the Alberta 4-H Centre. This is a weekend where the whole club volunteers for community service and helps do various tasks to help clean the facility up in preparation for summer camps. Some of the tasks included organizing the shop, painting, and clearing pathways. Between working, eating, and sleeping, there was lots of fun to be had. Members participated in various activities from 9 Square to Line Dancing. In the end, everyone was able to see what had been accomplished and felt proud of what had been done, all while enjoying themselves.

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CITADEL COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
May	23	18	17	\$599,900	\$669,000
April	23	18	15	\$599,900	\$600,000
March	23	18	17	\$549,900	\$556,000
February	23	9	6	\$594,900	\$577,500
January	23	5	4	\$474,950	\$485,000
December	22	4	8	\$539,900	\$532,500
November	22	11	14	\$454,950	\$439,000
October	22	8	13	\$515,000	\$470,000
September	22	10	7	\$479,900	\$465,000
August	22	13	13	\$499,000	\$505,000
July	22	12	16	\$484,950	\$497,000
June	22	31	31	\$539,988	\$550,000

To view more detailed information that comprise the above
MLS averages please visit cit.mycalgary.com

HAWKWOOD COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
May	23	11	12	\$637,300	\$658,944
April	23	10	13	\$669,000	\$663,000
March	23	11	10	\$559,375	\$562,500
February	23	11	7	\$579,000	\$599,000
January	23	5	3	\$580,000	\$568,000
December	22	2	4	\$656,938	\$637,750
November	22	3	7	\$564,900	\$557,500
October	22	9	5	\$549,900	\$550,000
September	22	8	6	\$537,450	\$524,750
August	22	16	14	\$557,000	\$535,500
July	22	9	11	\$550,000	\$570,000
June	22	16	13	\$595,000	\$595,000

To view more detailed information that comprise the above
MLS averages please visit haw.mycalgary.com

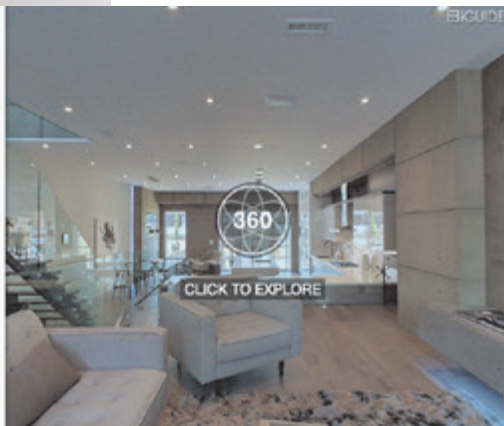


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