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THE OFFICIAL CRESCENT HEIGHTS COMMUNITY NEWSLETTER



Rotary Park Archway by Mariam Ajmal - Photography Student at CHHS



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# THE CRESCENT VIEW

## Newsletter Deadline

The Crescent View is published 12 times per year. The submission deadline is 6:00 pm on the fifth of each month for the following month.

For example, to be published in the June issue, the deadline is May 5.

Please email your articles or event listings, as an attachment in MS Word form, to the editor at: [newsletter@crescentheightsyyc.ca](mailto:newsletter@crescentheightsyyc.ca).

Digital photos that are community related are always welcome as an attachment to the email and be sure to send a caption and/or the names of people who are in the photo. The requirements are 250 KB for a smaller picture and 1-3 MB for a larger (full-page) picture.

### Editor:

Elizabeth Stady

Email: [newsletter@crescentheightsyyc.ca](mailto:newsletter@crescentheightsyyc.ca).

## Vision, Mission, Values

### Vision

We are a vibrant inner-city community with engaged and connected residents.

### Mission

Crescent Heights Community Association works with residents, members and stakeholders to improve the quality of life for its residents by:

- Developing and enhancing community enjoyment, safety, connection and belonging and;
- Advocating on behalf of the community.

### Values

- We value integrity and transparency in our communication with all stakeholders.
- We value a sustainable future.
- We value diversity of our residents.
- We value inclusivity and compassion as we work to build community.
- We value the contributions our volunteers make to build a strong sense of community.
- We value community engagement through the arts and support local artists.
- We value protecting and enhancing our public spaces, forests and historic resources.

## CHCA Board of Directors

We are always looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community. If you're interested, then go to our Volunteer page and send us a message.

The Board meets at 7:30 pm on the second Tuesday of the month and all CHCA members are welcome. If you are planning to attend, please send an email to [secretary@crescentheightsyyc.ca](mailto:secretary@crescentheightsyyc.ca) at least 24 hours before the meeting.

### BOARD OF DIRECTORS

President	Dennis Marr
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Asst. Treasurer	Harmeet Singh Kathuria
Secretary	Harmeet Singh Kathuria
Facilities Director	Chad Friel
Planning Director	Brenda Erskine
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Communications Director	Elsie Ross
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Community Partnerships Director	Catherine Dowdell
Engagement Director	Joshua Bateman
Director of Climate Change and Sustainability	Stephanie Ho Lem
Director at Large	Rob Ward
Fundraising Director	Vacant

### KEY VOLUNTEER POSITIONS

Newsletter Editor	Elizabeth Stady
Membership Director	Wendy Mitchell

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

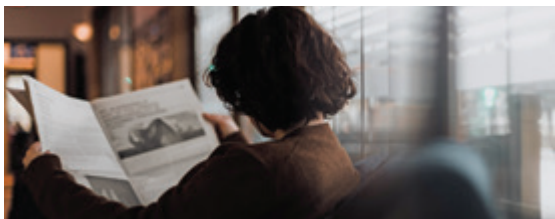
Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## E-Blast Readers Sought

Would you like to stay informed about what is going on in the community? Events, planning issues, volunteer opportunities?

The community's monthly or bi-monthly email newsletter can help residents do just that.

Although The View goes out to all residents of Crescent Heights, due to production deadlines it is sometimes not possible to inform residents of more current events. That's where the E-blast fits in. Crescent Heights Community Association members are signed up automatically, but non-members also are encouraged to add their names using the sign-up form on the CHCA website: <https://crescentheightsyc.ca>.



### Crescent Heights Community Association Join our Board!

**We are looking for people for the following roles:**  
Fundraising Director

If you are interested or have any questions, please reply to:

[president@crescentheightsyc.ca](mailto:president@crescentheightsyc.ca)

#### **VOLUNTEERING**

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## News from the Friends of Nose Hill

by Anne Burke

There is an annual global community science competition to document urban diversity. Public bioblitzes will be held across Calgary with local stewardship groups. The challenge engages citizen scientists in finding and documenting plants, animals, and other living organism in urban areas. The 2023 City Nature Challenge involves taking pictures between April 28 and May 1 and then identifying them. Results will be announced on May 8. This will be the fifth year for Calgary region participation and there are awards for the top cities. For more information, go to [inaturalist.ca/projects/city-nature-challenge-2023-calgary-metropolitan-region](https://inaturalist.ca/projects/city-nature-challenge-2023-calgary-metropolitan-region).

Although the City introduced two new program, Green Leader and Water Steward, its decision to temporarily discontinue its Adopt-a-Park program was unpopular. Now you can join the Parks Environmental Education team on a Green Initiative project to restore habitat with tree and shrub planting, tree wiring, weed pulling, or painting projects. These group projects are seasonal (May to October) and typically require a 3-to-4-hour commitment. A screening policy is in place, which may include checks by police. Once accepted, volunteers receive orientation, training, and other support. For more information and to register, please call 3-1-1.



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## PRESIDENT'S REPORT

Hello Crescent Heights,

There may not be any snow on the ground by the time you read this newsletter – you just may be in a spring state of mind.

Your board is talking community and river cleanup events, setting up beekeeping near our hall, a fun running race through our neighbourhood, and of course, dotting the i's and crossing the t's on our Stampede Breakfast.

We're supporting adding some structure to identifying, monitoring, reporting, and reducing crime in Crescent Heights. Details to follow. We're also evaluating adding some more programs at the hall for our members.

On the ongoing, more complex projects, we can thank our Parks Director, Humaira Palibroda and Treasurer, John McDermid for their dedicated, unrelenting focus on ensuring that all City paperwork, grant applications, and other procedures are followed to complete their objectives. For John, this will mean a new HVAC system for our hall by year end, keeping us current on our Hall Life Cycle Plan. For Humaira, this means steadily moving towards getting our doggy fountain installed in Rotary Park as soon as possible. For Humaira, it also means a slight change of plans for our new skating rink. With the City on board now, we should have a high-quality rink sometime in 2024 for Tim Edwards and our top-notch rink crew. For these large projects to succeed, much adaptation and flexibility has been demanded of Humaira and John. Keep your fingers crossed for them to be completed on time and within budget.

## The Day's Eyes

The daisy is April's birth flower, and its name is more than just pretty; it's symbolic. 'Daisy' comes from the Old English phrase 'dæges-eage,' which means 'day's eyes.' This is because each night as the sun goes down, daisies close their 'eyes' by pulling their petals inwards. In the morning, they reopen their petals, or 'eyes,' as the sun rises.

## SAFE & SOUND



## Bicycle Helmet Safety

*from Alberta Health Services*

Head injuries are the leading cause of serious injury and death to kids on wheels\*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

### Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life
- Brain injuries can cause permanent disability or death
- Reduce your risk by always wearing your helmet
- Replace any helmet that has been involved in a crash, even if it appears undamaged

### Getting started

- Allow children to assist when buying their helmet
- Cyclists who choose their own helmet are more likely to wear them
- Start the habit early. Young children learning to ride tricycles need to wear helmets
- Parents must lead by example – always wear a helmet when cycling

### Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash
- When worn properly, helmets should fit level, not tilted up, or down over the forehead
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened
- Adjust the chin straps to form a "Y" below and slightly forward from the ears
- Only one finger should be able to fit under the chin strap when it is fastened
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.

\* Parachute Canada: <http://www.parachutecanada.org/injury-topics/item/wheeled-activities1>.

# Let's Make a Difference Together



## Join the CHCA Transportation Planning & Mobility: Streets As Places Committee

The Crescent Heights Transportation Planning & Mobility (TPM) Committee is looking for people to join our community efforts.

### **Our Goal**

Contribute to the vision of our community through the planning and design of our streets, avenues, lanes, sidewalks & stairways with respect to how people move and socialize through our community.

### **Our Work**

The committee is responsible for reviewing and responding to development that the City proposes including but not limited to:

- Streetscape
- Urban Forest
- Transportation Projects
- Parking
- Traffic Design & Speed Limits

Q How often do we meet?

A Once a month -the first Wednesday @ 7pm

Q Who runs the TPM Committee?

A The co-chairs are Doug Carlyle & Marie Semenick-Evans

Q How much time commitment would be expected?

A Approximately 3-6 hours per month (including monthly meetings)

Q Who is involved?

A We have a committee of approx. 8 people that represent a diverse cross section of our community.

## Interested in joining?

Contact us at [marie@crescentheightsyyc.ca](mailto:marie@crescentheightsyyc.ca) or [doug@crescentheightsyyc.ca](mailto:doug@crescentheightsyyc.ca)

# Mini Galleries

## On the Edge of Winter Explores Our “Special Season”

by Brenda Erskine, CHCA Mini Galleries

Spring begins officially on March 20, but Calgarians can't be fooled. The mini galleries in Rotary Park share twelve local poets' personal perspectives of this in-between season in "The Edge of Winter," a collection of visual poetry and art curated by the Alexandra Writers Centre Society.

In March, Moni Brar's bright petals spoke of the *Search for the Miraculous*. Kim Firmston's *On the Razor's Edge* burst with colour, eager to transform our bleak winter landscape. Kelly Kaur and Josephine LoRe celebrated the fun of these warmer winter months, with memories of snowmen and skating parties. Liza Louise's *For Now* captured the silent beauty and patience of waiting for spring's renewal, while Lucia Semenoff's fabric art spoke to the power and energy of the Bow River in winter. If you missed these beautiful pieces, and the art walk on March 18, look for the photos @chcayyc on Instagram or Facebook.

Six new works will be added to the exhibition in early April, replacing the pieces above. Will Scott Pieschel, Aolo da Osta, Nancy Toombs, Kimberly Ihekwoaba, Cynthia Roebuck, and Alisa Hartley bring us closer to spring, or will we still be teetering on the edge? Join us at the art walk in Rotary Park on April 15 and share your thoughts.



*In Search of the Miraculous*



*On the Razor's Edge*



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### News, Events, & More



### Crime Statistics



### Real Estate Statistics



# Two Cleanups in May: There is Definitely an Echo in Here

by John McDermid

The 56th Annual Pathway and River Cleanup will happen on Saturday, May 6. Crescent Heights' Community Cleanup is approved for 2023 and will go ahead on Saturday, May 20 from 9:00 am to 2:00 pm. These are perennially popular events in the community, and we hope to make a clean sweep in May.

We can always use extra hands at these events, so if you can lend a hand for either or both of them, please contact us at [treasurer@crescentheightsyyc.ca](mailto:treasurer@crescentheightsyyc.ca) or [johnmcdermid@shaw.ca](mailto:johnmcdermid@shaw.ca).

## Pathway and River Cleanup

The 56th Pathway and River Cleanup is scheduled over a three-day window from May 5 to 7. We have settled upon Saturday, May 6 from 10:00 am to 1:00 pm. This gives the option of rescheduling to Sunday the 7th in the event of nasty weather. Our river reach is from 4 Street NE to Centre Street, River Left, or the near (north) bank of the Bow. We hope to see some of our regulars out on the pathway. Crescent Heights has been tackling this river reach for more than 15 years; in fact, it might just be twenty years this year! Let us know if you can join us and we can get a sense of our numbers for supplies.

One important note: the gravel bar that was deposited in the 2013 flood has been nicely remediated by the City of Calgary, which eliminates a good portion of the roughest and most difficult terrain on our river reach. In the almost ten years since its deposit, vegetation began to appear on the bar, making it tougher and tougher with each passing year; that is, until 2023! We'll be done by noon!

## Crescent Heights Community Cleanup

Our very popular Crescent Heights Community Cleanup is set for Saturday, May 20 from 9:00 am until 2:00 pm. If you can volunteer for the cleanup, we can certainly use your help, and being on site gives you the first pick of the Free Store's treasures (see below). The City recommends having 15 to 20 volunteers on site, as community cleanup events are increasingly popular and draw people from across the city. The more people we have to direct traffic and activity on site, the better our traffic flow and cycle time will be.

We have just begun contacting with third-party vendors to determine the scope of materials we can accept, but we hope to be able to take metals and electronics as we have in past years, plus gently used household items for the Women in Need Society (WINS). Watch this space and check the CHCA website as May approaches.

## What's the Same for 2023?

Same place. CHCA Community Hall, enter from 2 St NW at 11 Ave. Packer trucks will be positioned to accept household waste, and stuff that may not fit in your black cart or green cart. Volunteers will be on hand to direct the traffic flow and maintain distance. Remember to stream recyclables to your blue cart or to a neighbourhood depot so we're not sending recyclable materials to a landfill. Similarly, hazardous waste products (paints, chemicals, etc.) should be disposed of at a designated firehall or landfill equipped for those materials. No concrete rubble can be accepted because it damages the equipment. No glass, please! Make sure your load is properly secured and tarped en route to the hall. Please don't bring materials and drop them before or after the event, we'll be watching!

The Free Store will be in operation once again to help gently used items with life left in them find new homes. Goods that are not claimed will be loaded into the trucks in the last half-hour of the event. If you can help with this effort, please come to the site around 1:30 pm to help us clean up and close up.

## What's Different?

It's still a COVID-19 world. Please note that participants will be required to follow all current provincial and local public health measures during Community Cleanup events. For more information, visit [alberta.ca/covid-19-public-health-actions.aspx](https://alberta.ca/covid-19-public-health-actions.aspx) and [calgary.ca/covid19](https://calgary.ca/covid19).

Please be prepared to unload your own materials. Volunteers will be on hand but only to manage the traffic flow on site. Our trusted City staff are there to operate the equipment; remember that they are volunteering their time too! Unload as quickly as you can to keep things moving.

Can't wait for May? The city-wide Community Cleanup program kicks off in April and events are scheduled at different communities across the city. Visit the website below for dates, times, and locations. <https://www.calgary.ca/csps/abs/partnership-programs/community-cleanups.html>.



# **UPDATE ON THE NEW CRESCENT HEIGHTS OUTDOOR SKATING RINK**



**The excitement generated by The Calgary Flames Foundation & Parks Foundation Calgary Grant is building. The City of Calgary is now partnering with the Crescent Heights Community Association to help build our outdoor skating rink**

## **What does this mean?**

**Construction timeline extended to 2024  
Engineered Design  
Project Support and Management**

**For more info contact: Humaira Palibroda  
[parks@crescentheightsyyc.ca](mailto:parks@crescentheightsyyc.ca)  
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**NEWSFLASH**

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**Rotary Park  
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Our beautiful community off-leash park on the east side of Crescent Heights overlooking downtown Calgary is perfect in so many ways but there is no running water for the dogs and people who use it. We have engaged a contractor to install a dual Human/Dog Water Fountain in conjunction with Mt Pleasant Tennis Club but we need the community to band together to raise the funds to make it happen. Hundreds of people use this park on a daily basis with their children and dogs in the summer months. What a wonderful addition to our lovely park to make it extra special for the users.

**BUT WE NEED  
YOUR HELP  
TO MAKE IT  
HAPPEN!**



Please consider donating to help us with this important addition to our community. Cheques can be made payable to:

Crescent Heights Community Association

ATTN: Humaira Palibroda

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## National Pet Day



April 11 is National Pet Day! On this day, we show our love and appreciation to our furry, feathery, or scaly friends, even those still in need of a home. Pet Day is also used to advocate against animal violence and cruelty. This April 11, be sure to shower your pet friends with care and love, whether it means your own pet, someone else's, or a shelter animal in need.

## CLIMATE CHANGE AND SUSTAINABILITY

by Stephanie Ho Lem, CHCA Director – Environment, Climate Change, and Sustainability

Local governments around the world are solving their own climate problems. The City of Calgary formed the Climate Advisory Committee last December of which I am a member. The Committee's responsibilities are numerous and varied, including advising Council on policies and initiatives that relate to climate change mitigation and adaptation in Calgary.

A suggestion to the readers of my article, download from the City of Calgary's website, the Council-approved "Calgary Climate Strategy: Pathways to 2050." It sets the City's climate vision, guiding principles, goals, and targets to achieve the outcomes of the Climate Emergency Declaration.

### What is Climate Change Mitigation and Adaptation?

Since the late 1800s, we have elevated our standards of living but also elevated the amount of heat trapping greenhouse gases we are releasing into our atmosphere to power machines, generate electricity, and to heat our homes. As the levels of CO2 continue to rise, the planet is getting warmer, and as a result we are experiencing the early effects of climate change. As we continue to industrialize, global need for energy will continue to grow. CO2 stays in the atmosphere for a long time and if we continue to emit, we will be trapping the extra heat for hundreds of years.

Mitigation is a human intervention to reduce the sources of heat-trapping greenhouse gases into the atmosphere or enhancing the "sinks" that accumulate and store these gases.

Adaptation (adapting to life in a changing climate) involves adjusting to actual or expected future climate. The goal is to reduce our risks from the harmful effects of climate change.

Sources: 2023-2026 Climate Implementation Plan, NASA, MIT Climate Portal

*Please note that the content provided is for informational purposes.*

stephanie@crescentheightssync.ca



## Off the Shelf

### BOOK REVIEW BY JUDITH UMBACH

*Fight Night* by Miriam Toews

Swiv is a perfect daughter. Her mother is a perfect daughter. Her grandmother is outrageous! From the outside, they don't look perfect, but Miriam Toews brings us inside this passionate family. Every night is Fight Night.

Almost a teenager, Swiv has learned alternate ways of expressing her emotions from counselors. But once she has run through all the techniques, she lets loose! Verbally and physically – just like she learned at home.

Expelled from school for challenging a teacher once too often, she has lots of time to care for her mother, pregnant with Gord, and her grandmother. Her mother is an actress, who goes off to work, where she also challenges authority – in the person of the play's director. At home she can't always control herself, but at work she can and does.

Grandma is deaf, which means life with her is lived at full volume! She loudly laughs off every complaint, whether her own or other people's. Physical disabilities are ignored or ridiculed, because she won't let them ruin her life. She adores Swiv and Gord (in utero).

All three generations profoundly love each other. Through all the disorganized rubble of living, they support each other when they need it. They can rail at each other and inconvenience each other with breathtaking drama, but they are perceptive and hone in on real hurt when it is there.

Once we have been fully introduced to the family, we join Swiv and Grandma on their mad-cap trip to California to visit two of Grandma's nephews. Everyone who has boarded a plane will laugh out loud at the wonderfully hilarious vision of poor Swiv getting Grandma on the plane and into her seat. The exhausted girl falls asleep in flight and wakes upon arrival to discover that Grandma has made acquaintance with almost everyone on the plane.

Swiv is a superb narrator and character. Not to bore the reader, she leaves out certain events, only to telegraph them by tension-inducing summaries. Suffice to say, Grandma and Mom end up in the same hospital with a confused Swiv running around being the perfect girl for both of them.



## Presidential Raccoon

In 1926, US President Calvin Coolidge was sent a raccoon who was supposed to be cooked for Thanksgiving dinner! Coolidge decided instead to adopt the critter. The family named her 'Rebecca' and gifted her with an engraved collar saying, "White House Raccoon."



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"The heavens declare the glory of God; the skies proclaim the work of his hands."  
*Psalm 19:1*



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HAPPY

# EASTER INVENTORY IS LOW!

*spring* is an egg-cellent time to sell

In the spring season, where buyers are most active.

I invite you to contact me if you are thinking of selling!

I would absolutely love to help market your home and get you top dollar as we navigate through this seller's market.



REAL ESTATE

## CURTIS ATKINSON

### 403.616.6556

SELL WITH YOUR NEIGHBOURHOOD EXPERT



#1 OFFICE WORLDWIDE

**RE/MAX**  
REAL ESTATE (CENTRAL)



*Integrity. Experience. Results.*

