

MARCH 2025

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THE OFFICIAL CRESCENT HEIGHTS COMMUNITY NEWSLETTER



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 - Dr. Laura Brescia

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Let's keep Crescent Heights walkable!

Let's all be good neighbours and help keep our sidewalks safe for all as we get deep into our winter season! This is especially helpful to elderly people, those with limited mobility and anyone else needing a little help.

- Here are a few tips to keep in mind
- Clear the snow as quickly as possible after a snowfall so that it doesn't get packed down
 - If you're adjacent to a lane, clear the snow across the lane
 - Salt is hard on puppy paws and the environment, so use sparingly
 - Help clear your neighbour's sidewalk when they're not able, or just because



A friendly message from your Crescent Heights Community Association






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THE CRESCENT VIEW

Newsletter Deadline

The *Crescent View* is published 12 times per year. The submission deadline is 6:00 pm on the fifth of each month for the following month.

For example, to be published in the June issue, the deadline is May 5.

Please email your articles or event listings, as an attachment in MS Word form, to the editor at: newsletter@crescentheightsyyc.ca.

Digital photos that are community related are always welcome as an attachment to the email and be sure to send a caption and/or the names of people who are in the photo. The requirements are 250 KB for a smaller picture and 1-3 MB for a larger (full-page) picture.

Editor:

Elizabeth Stady

Email: newsletter@crescentheightsyyc.ca.

Vision, Mission, Values

Vision

We are a vibrant inner-city community with engaged and connected residents.

Mission

Crescent Heights Community Association works with residents, members and stakeholders to improve the quality of life for its residents by:

- Developing and enhancing community enjoyment, safety, connection and belonging and;
- Advocating on behalf of the community.

Values

- We value integrity and transparency in our communication with all stakeholders.
- We value a sustainable future.
- We value diversity of our residents.
- We value inclusivity and compassion as we work to build community.
- We value the contributions our volunteers make to build a strong sense of community.
- We value community engagement through the arts and support local artists.
- We value protecting and enhancing our public spaces, forests and historic resources.

CHCA Board of Directors

We are always looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community. If you're interested, then go to our Volunteer page and send us a message.

The Board meets at 7:00 pm every fourth Tuesday of the month and all CHCA members are welcome. If you are planning to attend, please send an email to secretary@crescentheightsyyc.ca at least 24 hours before the meeting.



Crescent Heights Community Association

Join Our Board!

We are looking for people for the following roles:

- Engagement Director
- Facilities Director
- Community Garden and Food Forest Coordinator
- Stampede Breakfast Event Coordinator

If you are interested or have any questions, please reply to: president@crescentheightsyyc.ca

VOLUNTEERING

- Connects you to others
- Is good for your mind and body
- Can help start or advance your career
- Bring fun and fulfillment to your life

JOIN THE CRESCENT HEIGHTS
COMMUNITY ASSOCIATION (CHCA)
MEMBERSHIP BENEFITS YOU, YOUR
FAMILY AND YOUR NEIGHBOURS
HAVE A VOICE
HELP US GROW COMMUNITY!



BOARD OF DIRECTORS 2024-25

President	Marie Semenick-Evans	president@crescentheightsyyc.ca
Treasurer	John McDermid	treasurer@crescentheightsyyc.ca
Secretary	Harmeet Singh	secretary@crescentheightsyyc.ca
Community Partnerships	Zachary Nagy	communitypartnerships@crescentheightsyyc.ca
Planning Director	Vacant	planning@crescentheightsyyc.ca
Heritage Director	Krista Beavis	heritage@crescentheightsyyc.ca
Fundraising Director	Eilysh Zurock	fundraising@crescentheightsyyc.ca
Parks Director	Humaira Palibroda	parks@crescentheightsyyc.ca
Facilities Director	Vacant	
Engagement Director	Vacant	
Communications Directors	Elsie Ross	communications@crescentheightsyyc.ca
Traffic and Mobility: Spaces as Places	Marie Semenick-Evans	marie@crescentheightsyyc.ca
Traffic and Mobility: Spaces as Places	Adam Schwartz	adam@crescentheightsyyc.ca
Living Green Director	Stephanie Ho Lem	stephanie@crescentheightsyyc.ca
Membership Director	Jeff Deere	memberships@crescentheightsyyc.ca

We need you!

We're looking for **new board members** to join
the **Crescent Heights Community Association**
Board of Directors.



Are you looking for a way to get involved in our community?

We have a few open positions that we'd like to fill including:
Facilities | Climate | Treasurer
For more info contact president@crescentheightsyyc.ca

PRESIDENT'S MESSAGE

Hello Crescent Heights,

It's hard to believe we're already heading into the last month of winter. To kick off March, the Crescent Heights Community Association is excited to host our Winter Celebration and the grand opening of our new rink! The festivities will take place on March 1 outside the community centre, with activities, entertainment, and food trucks. We're also looking forward to welcoming some special guests. We hope you'll join us for what promises to be a great event!

Thank you again to Humaira P. whose dedication and hard work made this amazing new rink possible. From the spark of an idea to securing funding and bringing the vision to life, Humaira has been the heart and soul of this project. We're beyond grateful for her commitment—what a fantastic achievement!

Of course, we can't forget to shout out our incredible Rink Rats! Thanks to their hard work, the rink was ready for skaters the moment the boards went up. Each year, the rink gets better and better, and this season is no exception!

Looking for more ways to connect with our vibrant community? On March 22 at 1:00 pm, the Mini Galleries will be hosting an Artist Talk and Tour at Rotary Park, as part of the inspiring exhibit "Beyond Making: Stories Crafted in Art." This beautiful collection will be on display until April 30. With the weather warming up, it's the perfect time to take a stroll through the park and experience the creativity that's blooming right here in Crescent Heights.

We're also excited to welcome David McEwen as the newest member of our CHCA board! David joined us last month and will be stepping into the role of Treasurer. We're thrilled to have him on board and look forward to all the great things ahead.

Have a wonderful month everyone! Spring is coming!

Wishing everyone a great month ahead.

Marie



Epilepsy Awareness Month

Shine a Light on Epilepsy

MARCH 26
Purple Day



Light up the Night in Violet Vibes! Light up your homes, offices, and public spaces in purple to show your solidarity.



Dress in Grape Glory! Show your support by wearing purple clothing or accessories on March 26th.



Spark a Purple Revolution! Be a part of the change! Donate or start a fundraiser.

Share your purple moments using **#postyourpurple**



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CRESCENT HEIGHTS COMMUNITY ASSOCIATION
PRESENTS

WINTER CELEBRATION

RINK GRAND OPENING

MARCH 1, 2025

Featuring

RIBBON CUTTING CEREMONY

SPECIAL GUESTS

FOOD TRUCKS

hot chocolate & coffee ❄️ hotdogs & poutine ❄️ mini donuts

ENTERTAINMENT & ACTIVITIES

DOOR PRIZES

(for members)

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5:30pm -8:30pm



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Off the Shelf

BOOK REVIEW BY JUDITH UMBACH

In the Upper Country by Kai Thomas

The War of 1812 is rather glossed-over in Canadian history, because no national goals were gained or lost. The conflict is most often remembered for Laura Secord warning the British and for the burning down of an early White House.

Kai Thomas brings the build-up and the battles to vivid, violent life with his historical novel, *In the Upper Country*.

The interlaced first-person stories unfurl like a rose. The first story is like an outer petal; the next stories are nested one inside the other. We are drawn deeper and deeper into the tightly interconnected experiences told by characters in actual time or in journals or in traditional oral voices.

Lesinda is both a recipient and a teller of stories. As the novel opens, she lives in a farming village on the Canadian border, inhabited mainly by black escapees from slavery in the U.S. Her profession is collecting stories and writing newspaper accounts for a paper recording the contemporary history of the time. Thinking she had risen above the terror of slavery and its aftermath; she is drawn into the drama of an American slave hunter illegally pursuing people hiding from him. In front of witnesses, a resident old woman shoots him. She's in jail. She wants Lesinda.


At first, Lesinda is happy enough to visit in pursuit of the old woman's story. When the old woman insists that the journalist tells a story first, mutual antagonism puts paid to the whole project. Very unwillingly, Lesinda returns to the jail, because the townsfolk want the stories to become part of official history. She honours the process and quite quickly falls into a kaleidoscope of people, events, and locations that all led to this final moment in time.

Canadians are sensitive enough now to acknowledge that native people already inhabited the land where

black people and white people lived. Individuals with parents and grandparents who had married into different communities usually veered towards one of their inherited cultures. Some, though, wandered across cultural lines as circumstances might dictate. Not everyone was benign.


The first-person telling of these conflicts and community-building is deeply affecting. We feel the wholeness of the characters and shiver when history overtakes them.






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After a busy holiday season, it's time to hit reset. Resolve to look and feel your very best this year with Swish!

Book your free Invisalign or Botox consultation with our team.



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Mini Galleries Feature “Crafted in Art”

Crescent Heights is thrilled to welcome Fuse33 Makerspace to Rotary Park’s Mini Galleries with “Crafted in Art”, an exhibition celebrating craftsmanship, creativity, and personal storytelling. Find out more at the artists talk and tour on March 22 at 1:00 pm.

A big shoutout to the artists who braved February’s cold to set up the exhibition:

- John Groen – Woodwork with skateboard veneer
- Almendra Vergara – Minimalist urban landscapes
- Fadi Alkhouri – Acrylic paintings on human connection
- Dale Keith – Handcrafted wood pieces
- Alexis Saulteaux – Indigenous laser-cut artistry
- Geraldine Ysselstein – Tapestry weaving

Thank you to Fuse33 and the artists for sharing their expertise, creativity, and craftsmanship with the Crescent Heights community, and to CADA (Calgary Arts Development) and the City of Calgary for supporting our artists and making this exhibition possible!



Dale Keith displays his handcrafted wood pieces



Geraldine Ysselstein displays her tapestry weaving



Meet these Fuse33 artists and share some refreshments on March 22 at 1:00 pm



Alexis Saulteaux displays her indigenous laser-cut artistry



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Burns and Scalds

by Alberta Health Services

Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- 3°: Severe. The deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for Burns

- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.
- Over-the-counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.



- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911.

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Alexis Saulteaux · John Groen · Fadi Alkhourl · Almendra Vergara · Dale Keith · Geraldine Ysselstein

Exhibit: February 1 – April 30, 2025

Artist Talk & Tour March 22nd, 1pm
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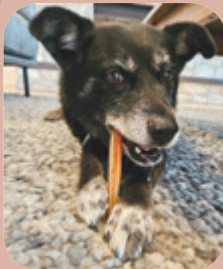
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What Is the Paris Agreement?

by Stephanie Ho Lem, CHCA Director of Living Green

In Paris in 2015, nearly 200 countries agreed to a series of measures to tackle climate change. This became known as the Paris Agreement and came into force on November 4, 2016.

What Did the Paris Agreement Say?

- To limit global temperature rises to 1.5 degrees Celsius and to keep them well below 2.0 degrees Celsius above those recorded in pre-industrial times.
- To achieve net zero, a balance between the greenhouse gases that humans put into the atmosphere and the gases that they actively remove.
- Review member countries every five years that they have set their own emission-reduction targets.
- Richer countries to help poorer nations by providing funding to adapt to climate change and switch to renewable energy.
- Accept the 1.5 degrees Celsius target as the goal on a 20-year average rather than a single year.

Why Is It Important to Set the 1.5 Degrees Celsius Target?

There is very strong evidence that the impacts would become much more extreme as the world gets closer to 2 degrees Celsius. Some changes could become irreversible. Scientists say that every 0.1 degree Celsius of temperature increase brings with it greater risks for the planet, such as longer heatwaves, more intense storms, and wildfires. Earth experienced its hottest day on record on July 22, 2024, according to a NASA analysis of global daily temperature data. Africa, Asia, and Europe had their hottest July in 2024. July is typically the planet's warmest month and that's because the Northern Hemisphere has more land than the Southern Hemisphere, which heats up faster.

What Is Climate Change?

Climate change is the long-term shift in the Earth's average temperatures and weather conditions. With the world warming up, weather patterns are changing. All of this is caused by human activities and the widespread use of fossil fuels such as coal, oil, and gas.

When fossil fuels burn, they release greenhouse gases - mostly CO2. This CO2 acts like a blanket, trapping extra energy in the atmosphere near the Earth's surface. This causes the planet to heat up.

Countries That Have the Highest CO2 Emissions

The U.S. has historically been the biggest carbon emitter. They announced in August 2022 a major green investment package called the Inflation Reduction Act, that includes \$369 billion in clean energy tax credits and funding for climate and energy programs. China still leads the world as the biggest producer of CO2 but is aiming for carbon neutrality by 2060. Its electric vehicle sales and renewable energy sector have been growing rapidly.

What Does "Net Zero" Mean?

Net zero means no longer adding to the total amount of greenhouse gases in the atmosphere. To achieve the 1.5 degrees Celsius target, CO2 emissions need to fall by nearly half by 2030 and reach net zero by 2050. Despite these international commitments, emissions remain at record highs.

U.S. Withdrawing from The Paris Agreement

The U.S. is withdrawing from the Paris Agreement which will take effect January 2026. As the second largest CO2 emitter globally, the U.S. will no longer push for deeper emissions cuts and will instead develop vast oil, gas, and coal resources. It will shut down the Inflation Reduction Act that includes climate research by ridding more than a dozen offices and agencies that study climate change. The U.S. could create an excuse for countries around the globe to decrease their own climate commitments.

What Happens Next?

The rest of the world is shifting to clean energy. Even without the U.S., the transition will continue and will not stop. China is looming large, dominating from solar panels to batteries and is increasingly exporting its technology to the rest of the world. China plays a paradoxical role in that it is the largest emitter of CO2 and also dominates many of the key clean energy industries.

The U.S. will fall back on its influence as other countries will not think of the U.S. as being a leader in CO2 emission reduction. It does raise the question of what role the U.S. will play in shaping its future on climate change.

Please note that the content provided is for informational purposes.

Sources: BBC Matt McGrath-Nov/20 US formally withdraws from Paris agreement; UN Climate Action; BBC News on Climate Change; White & Case-T Pullins & S Knijnenburg.

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Buy Canadian, Shop Local

As we navigate through these challenging times, it's more important than ever to support our local economy and fellow Canadians. By choosing to buy Canadian-made products and shopping locally, we can make a significant impact on our community's prosperity and resilience.

When you buy local, you are not just purchasing a product; you are investing in your community. Local businesses are the backbone of our economy, providing jobs and supporting local families. Every dollar spent at a local business is reinvested into the community, helping to create a vibrant and sustainable local economy.

Buying Canadian also means supporting our national economy. Canadian businesses produce high-quality goods and services that meet rigorous standards. By choosing Canadian products, you are supporting our industries and helping to create jobs across the country. This not only strengthens our economy but also ensures that we are less dependent on foreign goods.

Moreover, buying local and Canadian products is an environmentally friendly choice. Local products often require less transportation, reducing carbon emissions and contributing to a healthier planet. By supporting local farmers and producers, we also promote sustainable agricultural practices that benefit our environment.

I encourage everyone to make a conscious effort to buy Canadian and support local businesses. Whether it's shopping at a local farmers' market, choosing Canadian-made products at the store, or dining at a locally owned restaurant, every small action counts.

The best way to shop Canadian is to look for the 'Made in Canada' or 'Product of Canada' label. You could also take the opportunity to ask the shop employees which products are produced in Canada or sourced locally.

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