

DECEMBER 2023

DELIVERED MONTHLY TO 4,655 HOUSEHOLDS

# YOUR DALHOUSIE



**Colin Ongyerth**

B Comm. (Finance)

**403.690.9677**

[colin.ongyerth@shaw.ca](mailto:colin.ongyerth@shaw.ca)

Top Selling Agent in the Community for 2021  
#1 Agent in 2022 for detached home sales  
25 inner city NW sales YTD in 2022

# Get Noticed

**ACQUIRE AND RETAIN NEW CUSTOMERS.**

**Your Ad Geofenced Precisely in Your Target Market  
on our Carefully Selected Network of Premium Sites.**

Call 403-720-0762 | [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)



**SCAN ME**

**GREAT NEWS MEDIA**

LEADERS IN COMMUNITY FOCUSED MARKETING

# BARKER'S

• FINE DRY CLEANING •

## PICK UP & DELIVERY SERVICES



403-282-2226



## Hate Your Renewal Rate? Call Me!

Expert advice  
Excellent rates  
Many options  
Better mortgages



**ANITA** 403-771-8771  
anita@anitamortgage.ca

Licensed by Avenue Financial



## No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



## OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with – this includes odour causing bacteria and illness causing viruses, like staph infections.

CALL US TODAY AT  
**403-726-9301**  
calgaryfreshjock.com

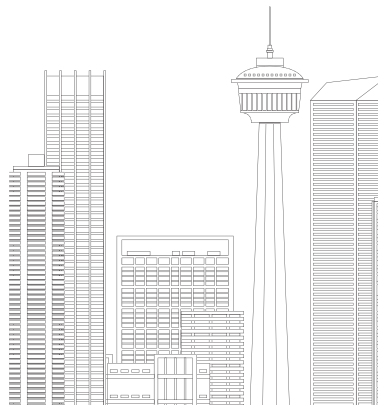


# My Calgary

MyCalgary.com is a community news website dedicated to profiling local events, activities, perspectives, wellness, culture, and lifestyle content.

## Available monthly by community:

- Community Real Estate Stats
- Digital Community Newsletters
- Community Crime Stats
- Politician Reports
- Community News/Content
- Local Classified Ads



 @MyCalgary\_ |  MyCalgary |  @My\_Calgary  
news@mycalgary.com | 403-243-7348

Made by Great News Media

Scan to visit  
MyCalgary.com



## GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

Great News Media has helped thousands of local companies market, advertise, and create awareness of their business, products, and services.

To advertise with us,  
call 403-720-0762 or email  
sales@greatnewsmedia.ca

Scan for an  
advertising  
quote



@greatnewsmedia



great-news-media

Visit our YouTube channel to  
learn about the latest in print  
and digital marketing!





# CONTENTS

- 7 TAKE ON WELLNESS: HEALTHY TECHNOLOGY USE
- 8 RESIDENT PERSPECTIVES: TURNING A HOME INTO A BUSINESS WHILE MOVING AT THE SAME TIME
- 11 DOLLARS AND SENSE: A SHOPPER'S GUIDE TO ADVENT CALENDARS
- 14 NEWS FROM THE FRIENDS OF NOSE HILL
- 15 BUSINESS CLASSIFIEDS



**SCAN HERE TO VIEW ADDITIONAL  
DALHOUSIE CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**



**Real Estate  
Statistics**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# ACCEPTING NEW PATIENTS!

**Botox \$8 / unit**

**Implants \$3,500**

**Braces/Invisalign  
starts at \$3,500**



Official clinic  
for Veterans  
& Canadian  
Forces

## OUR SERVICES

- General Dentistry
- Children's Dentistry
- Emergency
- Cosmetic Care
- Orthodontics
- Sedation

## MEET THE TEAM



Dr. Mohsen Vahedi



Dr. Neville Headley



Dr. Harleen Premi



Dr. Puneet Khaira



## CONTACT US

**403.300.3232**

**#2100 - 40 Christie Park View SW,  
Calgary, AB T3H 6E7**

## Healthy Technology Use

by Alberta Health Services



Technology is not going anywhere, in fact, it will continue to advance in the coming years. We use it everywhere, for school, work, and leisure. Strong connections and relationships are a protective factor that has shown to help buffer risk and boost resilience. The availability of computers, smartphones, video consoles and other electronic devices have given many the opportunity to always be connected. However, it is the time, the content and reason of use that we want to focus on.

To ensure healthy technology use among the young people in your life, there are four M's that you can refer to:

### **Manage**

The information online can be easily accessed but you can manage this by setting limits and clear expectations of use among the technology being used along with continually learning about different platforms, especially those most popular in your life. For instance, using your phone during certain times of the day, what you can post, having limit checks or learning about privacy settings on TikTok can help ensure healthy use.

### **Meaningful**

To see the positive impacts of technology, you want to make sure that the use is active, educational, and social.

Is social media being used to post and connect with peers or do they feel FOMO "fear of missing out" on an event that may be posted by their peers.

### **Model**

If you are setting rules and expectations, you want to also follow what you are asking the young people in your lives to do. Review your own use, are you on it during dinner or before bed? Ask them to show you platforms they are using and ask questions about the posts they are seeing, for example, how does this make you feel, or do you know what filters are?

### **Monitor**

The monitoring of use will help you to see if there are signs that may lead to problematic use. When they are not using technology, are they bored or angry, do they have low self-esteem, worsening symptoms of mental health issues (such as anxiety) or does technology use interfere with school, social interactions, or sleep?

There are both pros and cons when using technology. We encourage the use of the four M's as a template to see where/if there needs to be focus to ensure the positives of technology is outweighing the negatives.



# Turning a Home into a Business While Moving at the Same Time

by Kelsey Higgins

Starting a business can be an exciting time, but it can also prove to be challenging when you don't have enough space for both living and working. If you're in this situation, combining your living and workspace by moving is one solution that can help make the process easier. Here are some tips to consider when starting a business and relocating simultaneously.

### What to Look for in a New Home

When looking for a new home, make sure it has the necessary space for both living and working. Additionally, decide if you'd like any features such as extra bedrooms or bathrooms, parking spots, or a backyard – all of which could increase the value of the property later on if needed. Having a list of must-haves will help ensure that you do not waste time viewing properties that don't fit your needs.

### The Homebuying Process

Once you find the perfect spot for your business and residence, review all documents associated with the sale carefully before signing anything. Keep in mind that real estate transactions can take weeks or even months to complete so starting early is essential. Additionally, meet with lenders or mortgage brokers as soon as possible to discuss loan options so that you are prepared when it comes time to purchase the property. It is also important to keep in mind taxes associated with buying property as this could impact budgeting decisions down the line.

### Consider Buying a House “As-Is”

Purchasing an existing property “as-is” may be a viable option for those who are looking to save time and money while still having enough living or working space. Consulting with experts such as realtors is essential so that everyone knows what must be done to complete the sale before closing on the property purchase. Doing research ahead of time can help you make the best decision for your needs.

### Updating Information on Your Website and Social Media

Once you've settled into your new home or workplace, don't forget to update contact information on your website and social media platforms. Having current details such as addresses is essential to let potential customers know where they can find you. Taking the time to update these components of your online presence will ensure that customers have access to accurate information when visiting (or calling) during regular hours of operation.

### Go Back to School

If starting your own business sounds a little intimidating right now, you could also consider going back to school first – perhaps for a degree in accounting. This will give you an edge over the competition, and you can always take advantage of the flexibility afforded by online learning platforms. That way, you can work toward your degree without having to take too much time away from work, and you'll also have the benefit of being able to implement what you learn into your own business in real time.

### Make a Detailed Plan and Timeline

Crafting detailed plans and timelines can help ease the transition period by keeping everyone organized. Doing so will prevent any tasks from slipping through the cracks, particularly when trying to manage multiple tasks such as finding appropriate properties, obtaining financing (if needed), dealing with legal paperwork, and other related matters. Proper planning helps ensure that all these goals are achieved in an efficient and timely fashion.

### Create a Budget

Moving can be a daunting task, especially when it comes to budgeting. To make sure that all the associated costs – from moving and renovation expenses to staffing needs – are taken care of without too many surprises, setting up and managing a budget ahead of time is essential. That way, everything will run more smoothly when you begin operations in your new space.

Starting a business and relocating at the same time may appear overwhelming. However, these tips will help you plan effectively so that neither task is neglected



during the transition period between the current and future location. With proper preparation, tasks involved in relocating and setting up operations in a new environment will be relatively smooth. Without adequate planning in advance, these tasks would be more challenging.



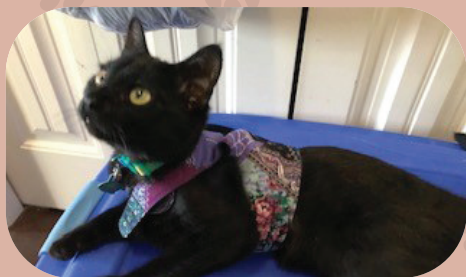
## Cats, Canines, & Critters of Calgary



*Chiche, Douglas Glen*



*Guapo, Douglas Glen*



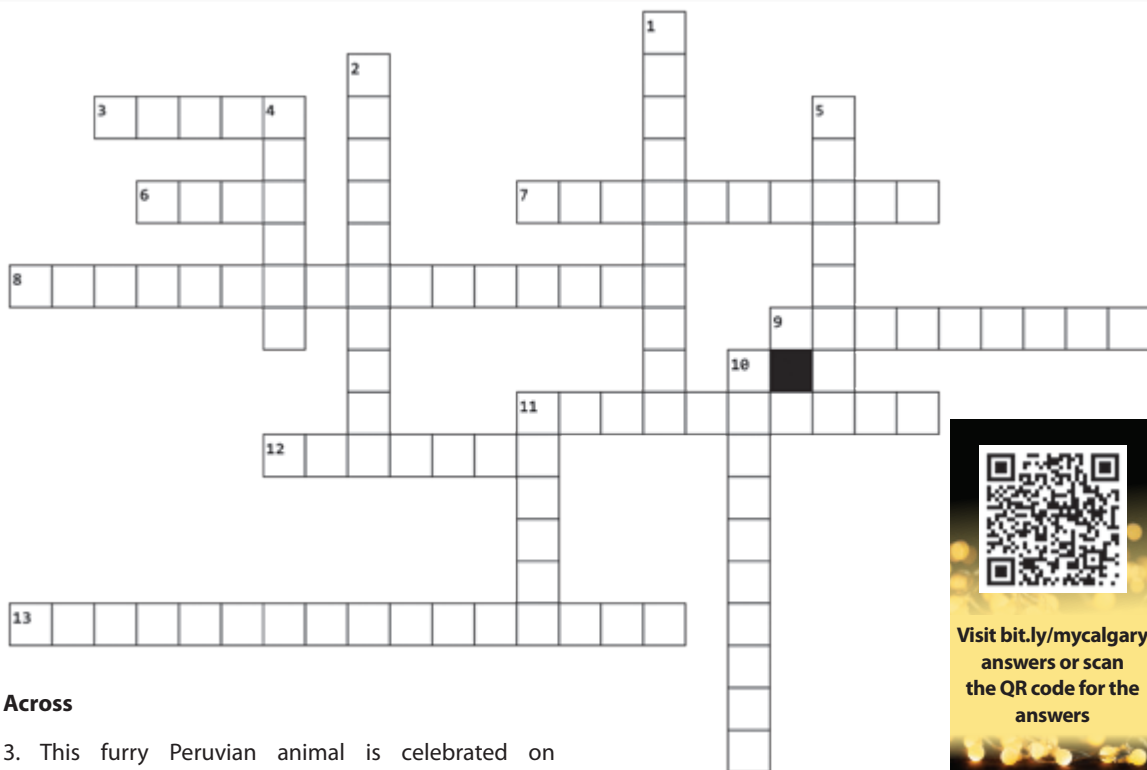
*Jeni, Patterson*



*Molly, Renfrew*

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# December Crossword



## Across

3. This furry Peruvian animal is celebrated on December 9 every year.

6. The Canadian Soccer Association formally became a member of this important sporting organization in December of 1912.

7. This sweet Canadian export has its own national day on December 17.

8. In December of 1982, TIME Magazine named this popular object Man of the Year.

9. This famous holiday candy is made to resemble a shepherd's staff.

11. This Schitt's Creek star was born on December 17, 1946.

12. This romantic New Year's Eve tradition originated from the Roman's Saturnalia festival.

13. This book concerning two rival families living in the moors of England, written by Emily Brontë, was published in December 1847.

## Down

1. These prestigious awards celebrating and honouring academics and philanthropists, were first awarded in December of 1901.

2. Sint Nikolaas, one of the most popular saints in Europe during the Renaissance, is better known as \_\_\_\_\_.

4. The highest grossing film of all time was released on December 18, 2009.

5. On December 17, 1903, the Wrights' first powered \_\_\_\_\_ was successfully used.

10. This Canadian singer won the 1998 Billboard award for 'Hot Soundtrack Albums' for her work on Titanic.

11. Canadians drink just under six million litres of this beverage in December.



Visit [bit.ly/mycalgary](https://bit.ly/mycalgary)  
answers or scan  
the QR code for the  
answers

## A Shopper's Guide to Advent Calendars

by the Better Business Bureau



Advent calendars have become a fixture of the holiday season. Once a religious tradition for children, these calendars are now big business. They are targeted at all ages and contain anything from luxury beauty products to Lego sets to a variety of wines. With so many options, some costing hundreds of dollars, what should you know before purchasing one?

BBB recommends the following.

**Shop early.** Due to their growing popularity, the best advent calendars tend to sell out early. If an advent calendar is on your list, especially if you want one with a coveted brand or product, make your purchase early.

**Compare calendars.** Bundled products, such as advent calendars, are hard to compare across retailers. However, do some comparison shopping first to make sure you are getting a good deal on the type of calendar you want (for example, chocolate or toys). Consider what's inside each calendar to determine which company offers the best deal.

**Don't expect a bargain.** If you already buy something frequently, such as coffee or cosmetics, an advent calendar can be a fun, festive way to sample new flavours or products from a favourite store. However, retailers love advent calendars because they have high-profit margins, so don't expect a good deal.

**Buy from a reputable company, especially if you want to buy an advent calendar online.** Make sure the online store has a reputation for good customer service, quality goods, and reliable shipping and handling. If customer reviews reveal that a company is struggling in any of these areas, make your purchase elsewhere.

**Be wary of misleading ads.** Scam e-commerce websites often promote advent calendars through enticing social media ads. Just because something looks good in the photo doesn't mean it's real. The same goes for glowing customer reviews. Always research a company before you do business with them to avoid falling victim to a scam.

**Count the cost.** Watch out for overpriced advent calendars. In recent years, some consumers have called out luxury brands on social media for not delivering adequate gifts in expensive calendars. Before you purchase one, find out what it contains. Consider whether the gifts are miniature or full-size and what each product might be worth individually. Then, decide if the calendar is worth its overall asking price.

**Watch out for scams.** BBB gets dozens of reports each year about advent calendar scams through the BBB Scam Tracker. Deals that seem too good to be true are often a telltale sign of a scam. Be very wary of products that sell for significantly more money elsewhere or are sold out on well-known sites. Read more about advent calendar scams.





**Councillor, Ward 4**  
**Sean Chu**  
 403-268-3727  
 ward04@calgary.ca  
 www.calgary.ca/ward4  
 www.seanchu.ca

Dear Ward 4 Residents,

Take steps to help protect your household pipes from freezing. Every winter some Calgarians experience frozen water pipes which can result in water outages.

The City's Frozen Pipes Prevention Program works proactively with homes considered at higher risk due to factors such as location, depth and configuration of water pipes, and history of freezing.

However, recently we have noticed an increase in frozen pipes in homes that are typically at a lower risk, where taking some of the steps below could have prevented household pipes from freezing.

- Keep your thermostat at a minimum of 15°C, even if you're away from home.
- Eliminate any cold drafts in unheated areas where water supply lines are located. This can include basements, crawl spaces, attics, garages, and under bathroom and kitchen cabinets.
- Repair broken windows, check doors, and insulate areas that allow cold exterior air to enter.
- Insulate your hot and cold-water pipes located in cold areas.
- Open interior doors and cabinets in cold areas to allow heat from the house to warm unprotected pipes.
- Turn off, disconnect, and drain the water line to outside faucets, garden hoses, pools, or decorative water features.
- If your hot water tank is in a maintenance room outside of your home, make sure the area is adequately heated.
- Regularly run water in your pipes through everyday use.

Visit [calgary.ca/frozenpipes](http://calgary.ca/frozenpipes) to learn more, including actions you can take if you suspect you have frozen pipes.

Weather in December can be unpredictable. In the events of extreme cold weather, there are services around the city to support Calgarians experiencing homelessness. The Cold Weather Emergency Support's online map shows the locations and services offered at each service station, including overnight shelters, daytime services, and warming stations. Visit the interactive map at [maps.calgary.ca/ColdWeatherEmergencySupport](http://maps.calgary.ca/ColdWeatherEmergencySupport).

To view more City of Calgary maps, please visit the Map Gallery at [www.maps.calgary.ca](http://www.maps.calgary.ca).

Thank you for your attention, and please don't hesitate to reach out to 311 (24/7) if you have any questions or concerns.

Regards,

*Councillor Sean Chu*



**MLA Calgary-Edgemont**  
**Julia Hayter**  
 juliahayter@albertandp.ca  
 @NDPjulia  
 @NDPjulia  
 @NDPjulia

Happy Holidays to all the constituents of Calgary-Edgemont.

Thank you to everyone who stopped by to help us celebrate the opening of the Calgary-Edgemont and Calgary-Foothills office space. It was a pleasure to gather and meet community members face-to-face.

It is an honour to represent this riding and be a voice for your concerns as the fall session has begun for the 31st Legislative Assembly. I appreciate the letters from you to let me know what is important to you and how it is best to represent your needs and interests during this sitting. We are hearing loudly from you that you are opposed to Alberta pulling out of the CPP, as well as to clearcut logging in Kananaskis Country's Upper Highwood region along the Highwood River and its tributaries. I proudly brought a motion to the house asking the Legislative Assembly to urge the Government to take whatever steps necessary to universal access to free prescription contraception, including oral hormone pills, contraceptive injections, copper and hormonal intrauterine devices, subdermal implants, and Plan B.

Our Caucus has a vision for Alberta that works for everyone, so we are engaging in a long-term project to hear from Albertans and work on solutions together.

Have you ever wondered "What can my MLA do for me?" Here are some of the many ways the office and I can support you and your community:

- Listen to your concerns and discuss options, including policy suggestions.
- Attend and participate in community events.
- Issue certificates to commemorate important milestones.
- Limited Notary Public and Commissioner of Oath Services.
- Arrange visits to schools, community associations, and places of worship to answer questions and provide in person updates.
- Provide letters of support for community projects and grants.
- Answer questions about programs and services that are provincially regulated and managed.
- Direct you to organizations in your community that can advocate on your behalf or help fill forms and applications.

You can reach our office at [Calgary.Edgemont@assembly.ab.ca](mailto:Calgary.Edgemont@assembly.ab.ca) or 403-288-4453. Our new Constituency Office is located at 202-1829 Ranchlands Blvd. NW, Calgary, AB T3G 2A7.



**Calgary Confederation**  
**Len Webber, MP**  
 2020 – 10 St NW  
 Calgary, AB T2M 3M2  
 📞 403-220-0888  
 ✉️ len.webber@parl.gc.ca

### Help Is Here

Many Canadians find the holidays to be challenging, with more than half of Canadians saying that the holiday season can be a source of anxiety, depression, and loneliness. Fortunately, this holiday season accessing help has become easier. Beginning November 30, Canadians in crisis from coast-to-coast will be able to call or text 9-8-8 and obtain counselling free of charge.

This new three-digit number aims to provide accessible and timely support to individuals in crisis, offering hope and saving lives. I was proud to vote in favour of establishing this hotline when my Conservative colleague, Member of Parliament Todd Doherty, introduced it in 2020. Since then, Canadians have waited years for 9-8-8 to be implemented; during this time, the COVID-19 pandemic highlighted the importance of accessible mental health resources.

This easily remembered number allows individuals in distress to swiftly connect with trained professionals. 9-8-8 operates 24/7, providing immediate assistance and reducing barriers that may prevent someone from reaching out for help. Regardless of socio-economic status or geography, 9-8-8 allows for better access to support.

The Centre for Addiction and Mental Health led the coordination of services for 9-8-8 with input from Provinces and Territories, Indigenous partners, crisis services, mental health experts, individuals with lived experience, and public safety officials. 9-8-8 will save the lives of Canadians who feel they have nowhere else to turn. By providing accessible, empathetic, and immediate support, this hotline serves as a beacon of hope, reducing the barriers to seeking help and saving lives.

If you or a loved one are struggling with your mental health, know that help is more accessible than ever. Please do not hesitate to call or text 9-8-8 any time you need mental health crisis or suicide prevention intervention and be sure to share this information with anyone who may be struggling.



## Dalhousie Real Estate Update

### Last 12 Months Dalhousie MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2023	\$ 330,000	\$ 320,000
September 2023	\$ 399,000	\$ 459,000
August 2023	\$ 356,850	\$ 364,500
July 2023	\$ 319,990	\$ 345,100
June 2023	\$ 512,450	\$ 589,444
May 2023	\$ 495,000	\$ 565,000
April 2023	\$ 599,950	\$ 617,500
March 2023	\$ 539,900	\$ 590,000
February 2023	\$ 559,000	\$ 571,700
January 2023	\$ 382,450	\$ 384,000
December 2022	\$ 249,000	\$ 225,000
November 2022	\$ 380,000	\$ 380,000

### Last 12 Months Dalhousie MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2023	16	17
September 2023	27	15
August 2023	20	24
July 2023	20	21
June 2023	22	20
May 2023	28	27
April 2023	20	14
March 2023	18	17
February 2023	16	21
January 2023	14	6
December 2022	2	9
November 2022	4	9

To view more detailed information that comprise the above  
 MLS averages please visit [mycalgary.com](https://mycalgary.com)

Proudly owned in *Calgary* serving Calgary businesses



**CALL 403.279.5554**

109 - 10836 24th Street SE

*Calgary*  
Mat & Linen Services



**MATS**  
Commercial mat rentals and purchases



**HOSPITALITY SERVICES**  
Linens for tables, chairs, and napkins. Laundry and pressing services



**WORKWEAR**  
Workwear and cleaning of uniforms and coveralls



**CLEANING**  
One-stop service for cleaning supplies and paper products

**calgarymatandlinen.com**



## News from the Friends of Nose Hill

by Anne Burke

Grazers have played an important part in controlling taller, nuisance weeds such as thistle and common nettle. The first recorded land occupancy of Nose Hill was an 88,000-acre lease granted in 1882 and the activity continued in some form until 1989. By 1910, the City's expanded boundaries extended as far north as 48 Avenue. Residential development rapidly occurred north of 16 Avenue after the war. From 1945 to 1959 it began to approach Nose Hill. By 1959, development was as far north as Capri Avenue and east of 14 Street and as far north as 56 Avenue. When Nose Hill was still privately held land, more people were cutting fences and trespassing north of John Laurie Boulevard.

Aerial photos reveal various human uses and their effects on Hill activities. There were many old 1959 vehicle trails, with severe damage on slope crests and the top of hummocky areas. Although cultivation of Nose Hill was suspended in 1979, other uses led to an extensive trail network in almost all areas of the Hill. A six-foot high mesh fence was built along part of 14 Street and John Laurie Boulevard in the 1970s. There were vehicle impacts north and south of Porcupine Valley. The heavily scarred hillside due west of Berkley Gate parking lot was a challenge from dirt bikers and trucks, as were the ravine slopes and trails up the north face of the bluff that rises from the south side of the Valley. Although regeneration was slow, scarring of the Hill by vehicle traffic was reduced. Much of what is now the south portion of Nose Hill Park was owned by the City in 1982, when AGT developed a three-mile utility easement in the Park for a conduit and cable between MacEwan Glen and the new Edgemont development.



# OFFICIAL

**PLUMBING & HEATING**

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**  
Service Call Fee



**403-837-4023**  
info@officialplumbingheating.ca  
official-plumbing-heating.ca



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**DALHOUSIE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**FALCONER HANDYMAN SERVICES LTD:** Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email [handyfalconer@gmail.com](mailto:handyfalconer@gmail.com).

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**JEFFREY ELECTRIC:** Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. [www.cejelectric.com](http://www.cejelectric.com) or call Clayton at 403-970-5441.



## WET WATER

We all know that water is wet (right?), but did you know that you can actually make water wetter, and that is exactly what firefighters do!? There is an agent these heroes add to water to create a higher evaporation temperature, which can reduce the time it takes to put out a fire by up to 30%!



# Colin Ongyerth

B Comm. (Finance)

## 403.690.9677

colin.ongyerth@shaw.ca

Sold 8 Detached Homes in 2022  
#1 Agent in 2022 for Detached Home Sales

## Free Home Evaluations

(No Obligation)



Signal Hill 2 Storey



Varsity Bungalow



Downtown Condo



1246 Northmount Drive NW



Spruce Cliff Condo

RE/MAX Real Estate (Mountain View) Suite 222 - 4625 Varsity Dr NW, Calgary, AB T2T 0E3