

MAY 2025

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## VOICE

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## BOARD OF DIRECTORS

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## STAFF LISTING

Executive Director ext. 221	Kate Stenson	<a href="mailto:kate.s@hsca.ca">kate.s@hsca.ca</a>
Communications Coordinator ext. 226	Stephanie Corbett	<a href="mailto:stephanie.c@hsca.ca">stephanie.c@hsca.ca</a>
Activities and Rental Coordinator ext. 250	Hannah Garcia	<a href="mailto:hannah.g@hsca.ca">hannah.g@hsca.ca</a>
Daycare Program Manager	Kerin Ching	<a href="mailto:dcmanager@hsca.ca">dcmanager@hsca.ca</a> 403-270-9703
OOSC Program Manager	Chelsea Wroblewski	<a href="mailto:chelsea.w@hsca.ca">chelsea.w@hsca.ca</a>
Facility Services Manager ext. 223	Karl Kingsley	<a href="mailto:karl.k@hsca.ca">karl.k@hsca.ca</a>
Seniors' Connection Coordinator ext. 224	Debbie Olson	<a href="mailto:debbie.o@hsca.ca">debbie.o@hsca.ca</a>
Controller ext. 225	Amy Kettenbach	<a href="mailto:accounting@hsca.ca">accounting@hsca.ca</a>
Flea Market Coordinator ext. 231 (Drop in on Sundays, or leave a message. Calls returned on Wednesdays and Sundays only)	Angel Davis	<a href="mailto:fleamarket@hsca.ca">fleamarket@hsca.ca</a>
Community Programs Coordinator ext. 248	Giselle Gilliard	<a href="mailto:giselle.g@hsca.ca">giselle.g@hsca.ca</a>
Community Connections Coordinator ext. 247	Claire Locey	<a href="mailto:claire.l@hsca.ca">claire.l@hsca.ca</a>

**SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

**HILLHURST**



**SUNNYSIDE**



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## Program Phone Numbers

Chair Yoga                      Debbie  
403-283-0554 ext. 224

Farmer's Market              Giselle Gilliard  
Sustainable Food Programs   403-617-6094

Flea Market                    Angel  
403-283-0554 ext. 231

*(Drop in on Sundays or leave a message.  
Calls returned on Wednesdays and Sundays only)*

Neighbour Night              Claire  
Sip 'n' Chat                      403-283-0554 ext. 247




## Summer Season Opener

Explore the market for local produce, meat, eggs,  
honey, fresh baking, artisans and more!

**Wednesday, May 28, 2025**  
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Hillhurst Sunnyside Community Association's

## Annual General Meeting

**Thank You!**  
Thanks to everyone who joined us in person for our AGM on April 29th!  
Check out our video collage capturing the moments that made this past year so special:  
[www.hsca.ca/agm](http://www.hsca.ca/agm)

[www.hsca.ca/agm](http://www.hsca.ca/agm)

## COMMUNITY PHOTO CORNER

Huge shoutout to everyone who's shared their awesome photos with us over the past few months—you're the best! We're always on the lookout for cool snapshots of the amazing spots and moments that make our community shine. Want to see your pics featured in *The Voice*, our e-newsletter, or on our socials? Send us an email with your photos! [Stephanie.c@hsc.ca](mailto:Stephanie.c@hsc.ca).



*Flowers on Prince's Island*

Shout out to Jo H. for their photo submission!

These flowers by the lagoon on Prince's Island have us dreaming of long, sunny days ahead. Bring on the blossoms—summer's just getting started!

### Youth Badminton Wrap-Up

Our Youth Badminton program has officially come to a close! A huge thank you to all the amazing participants who made it such a fun and successful season. This twelve-week program ran Saturday afternoons in the HSCA Gymnasium, offering one-hour lessons for youth aged 10 to 15.

We ended the season with a fun game day and a special surprise—homemade badminton keychains crafted by our wonderful instructor, Grace! What a thoughtful way to celebrate the hard work and progress of our young players.

Thanks again to everyone who joined us—we can't wait to rally again next time!





# Summer Boulevards

by Christie Page

I love moving through our community in the late summer when the gardens are at their fullest. Walking is a great way to understand the pulse of the neighbourhood around me. I feel lucky to live in an area full of visual interest and destinations that all of Calgary comes to visit. Our sidewalks are incubators of connection where you can run into old and new friends. That private but public facing space outside your front door is a real catalyst for what Hillhurst-Sunnyside is. It's where spending time can put you in touch with those that live nearby.

On the other side of the property line is a public sidewalk and boulevard that is the responsibility of the property owner to maintain. Could it be more than a chore? Could it help bring friends past your stoop? Grass is a pain to mow and isn't as prestigious to show off as it once was, so what can the property owner do?

Planting trees is the jurisdiction of the city, but flowers or short shrubs can be planted by the property owner. Adding vegetation such as wildflowers can help build healthy ecosystems for pollinators and reduce the heat island effect. Maybe with economic, political, and climate uncertainty you're feeling a calling right now to create a victory garden or the lower levels of a food forest to help with food security.

This spring is a great time to get started. If you're on a corner lot be mindful not to block site lines for vehicles seven metres back. Please note the City is not responsible for restoring anything but lawn should it need to dig up this right of way. Most important, always call 1-800-242-3447 before you dig to make sure it is

safe. If you like, prior to starting any alterations on City Owned lands, you can call 3-1-1 to apply for approval of the proposed boulevard alterations.

Beautifying the boulevard is a gift you can give to the community at large. I look forward to walking down your street this summer saying hello and seeing what you have created.



## Sunnyside Art Crawl

Did you know there's an outdoor gallery of amazing art throughout Sunnyside? Step outside, soak up the sunshine, and enjoy your own springtime art crawl through the community! This is a great family fun activity for all ages right here in our community.



## ONGOING PROGRAMMING AT HSCA

For the most-up-to-date information, visit our program and recreation calendar for more information at [www.hsca.ca/programsrecreationcalendar](http://www.hsca.ca/programsrecreationcalendar).

### **Mondays (Except Stat Holidays)**

#### **Drop-In Badminton**

Drop-in badminton runs Mondays and Thursdays, 10:30 am to 1:00 pm.

Please note, Saturday Drop-In Badminton is cancelled until further notice.

\$5 pay-to-play. 20 play punch cards are available at [hsca.ca/badminton](http://hsca.ca/badminton) (\$90 + system admin fee).

#### **Sustainable Food Programming, 4:00 to 6:00 pm**

Fresh Routes affordable mobile grocery store is onsite every Monday (Except stat holidays). Everyone is welcome to shop at Fresh Routes.

### **Tuesdays**

#### **Chair Yoga, 10:00 to 11:00 am (Online and In-person)**

Please reach out to Debbie for more information.

#### **Sip 'n' Chat, 2:00 to 4:00 pm**

Drop by anytime between 2:00 and 4:00 pm. We welcome all community members to enjoy a coffee or snack together. Everyone is welcome. Stop by the Hearth Room at HSCA.

### **Wednesdays**

#### **Parent and Tot Stay n' Play**

Every Wednesday, 9:30 to 11:00 am in HSCA's North Social Hall. For ages 0 to 5 (with parental or caregiver supervision). Cost is \$2 per session or free for HSCA Membership holders.

#### **Cribbage, 12:30 to 3:00 pm**

Join a lively game of cribbage with community members and area seniors in the North Social Hall.

#### **HSCA's Farmers' Market (Moving Outdoors)**

The HSFM runs every Wednesday from 3:00 to 7:00 pm, year-round. Be sure to check out our upcoming special event markets, including our Outdoor Season Opener on Wednesday, May 28. Kick off the season with our first outdoor market of the year! Explore a variety of local produce, meat, eggs, honey, fresh baking, handmade artisan goods, and more. Don't miss out on this opportunity to support local vendors.

### **Thursdays**

#### **Drop-In Badminton**

Drop-in badminton runs Mondays and Thursdays, 10:30 am to 1:00 pm (some blackout dates).

#### **Chair Yoga, 10:00 to 11:00 am (Online and In-person)**

Please reach out to Debbie for more information.

**Neighbour Night** - First and Third Thursday of the Month, 5:30 to 7:30 pm

Free | Everyone Welcome | Includes simple supper | Children welcome to attend with their caregivers | Maximum 30 people per night, please RSVP by emailing [claire.l@hsca.ca](mailto:claire.l@hsca.ca) or text 368-886-4310 to register or to learn more!

This month, Neighbour Night will take place on May 1 and May 15.

#### **Thursday, May 1, 5:30 to 7:30 pm: Painting with Tissue Paper**

Please join us in the HSCA Hearth Room from 5:30 to 7:30 pm for a warm meal and a painting with tissue paper workshop led by Susan!

#### **Thursday, May 15, 5:30 to 7:30 pm: Watercolour Series Part 3: Painting Session!**

Please join us in the HSCA Hearth Room from 5:30 to 7:30 pm for a warm meal and the third and final part of our watercolour paint series with Melisa! We will be using our DIY paint and artist's palette from Parts 1 and 2 to create something beautiful. Didn't have the chance to come to Part 1 and/or 2? No problem! Everyone is welcome and everyone can paint.

Please check our program and recreation calendar for updates and information on Neighbour Night at [www.hsca.ca/programsrecreationcalendar](http://www.hsca.ca/programsrecreationcalendar).

### **Fridays**

#### **Vinyasa Flow Yoga**

HSCA offers Vinyasa Flow Yoga in the North Social Hall from 11:00 am to 12:00 pm. \$20 per class. Visit [hsca.ca/yoga](http://hsca.ca/yoga). Drop-in or register online.

### **Saturdays**

#### **Meditation and Journaling Workshop at HSCA**

May 10, 11:30 am to 12:45 pm. Cost is \$25 per workshop. Visit [hsca.ca/yoga](http://hsca.ca/yoga). This 75-minute workshop, led by Richelle Peace, focuses on balancing the body's energy centres (chakras) through meditation, breathwork, and journaling. You'll leave feeling relaxed, rejuvenated, and full of clarity.

#### **Drop-In Badminton**

Please note, Saturday Drop-In Badminton is cancelled until further notice.





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- Weighted Blankets
- Sedation Options



## Be entertained

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SERVICES WE OFFER

# Smile Analysis

To better understand how we can help you get the smile that you will love, take a moment to analyze your smile. Look in the mirror and answer the questions below.

1. Are your teeth dull or dark in colour?	Y	N
2. Do you see stains?	Y	N
3. Are there gaps and spaces between your teeth?	Y	N
4. Do your teeth seem uneven?	Y	N
5. Are your teeth crooked and/or go in different directions?	Y	N
6. Do your teeth seem too small or too large?	Y	N
7. Are the edges chipped?	Y	N
8. Do your gums show too much or are they irregular?	Y	N
9. Do your teeth slant in any way?	Y	N
10. Have your gums receded?	Y	N
11. Are your teeth with crowns a different colour than your natural teeth?	Y	N
12. Are you missing any teeth?	Y	N

If you answered **YES** to any of the questions above, you are invited for a **FREE** consultation with Dr. Rhemtulla, Dr. Nowak, or Dr. Montague to explore options to enhance your smile.

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WHAT MAKES US UNIQUE

# Take Home Smile Care Kit

As a token of our appreciation, visit our Smile Bar following your appointment to curate your own take home package to help you maintain a healthy smile between visits.



## Inclusions

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- Manual Toothbrush
- Toothpaste
- Floss Picks
- Cocofloss
- Chapstick
- Tongue Scraper
- Analog Coffee gift card

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# Centennial Smiles



We are committed to providing our patients with excellent dental services, treatment, and care in a warm and friendly environment. Through consultation and education, our patients are empowered to make healthy decisions for their dental and overall health. The result is a beautiful, healthy, and fully functional smile for life!

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**Smile out loud.**

**Contact us to book your dental or aesthetics appointment today!**  
**P: 587.317.7959 | E: info@centennialsmiles.ca | W: centennialsmiles.ca**

### Antiques and Collectibles Market Returns to HSCA

Saturday, May 17. Discover timeless treasures: antiques, collectibles, vintage jewellery, and more! \$3 admission at the door. Visit [hsca.ca/flea-market](http://hsca.ca/flea-market).

### Sundays

#### The Sunday Flea Market runs 7:00 am to 3:00 pm - Concession On-site!

Check out the crafts, furniture, vinyl records, antiques, books, treasures, and community building every Sunday at HSCA.

#### Flea Market Partnership with Cerebral Palsy Alberta - Donation Drop Off

Shop and donate! The HSCA Flea Market has partnered with Cerebral Palsy Alberta and is now a charitable drop off location. Important: Drop off donations can only be made Sunday during the Flea Market hours. Donations cannot be left outside the building. HSCA will not be accepting donations any other time during the week. Donation items Cerebral Palsy Alberta is accepting include quality used clothing, accessories, and small household items.

### Other Special Events and Dates at HSCA for May

#### Sunday, May 4 at HSCA Flea Market: May the Fourth Be with You!

Get ready for a *Star Wars*-inspired celebration like no other at the HSCA Flea Market on Sunday, May 4! Activities include:

- **Costume Contest** - Suit up in your favourite *Star Wars* look—Jedi, Sith, Wookiee, droid, you name it! Don't miss the Costume Parade at 1:00 pm—open to both vendors and shoppers!
- **Selfie Scavenger Hunt** - Take on the challenge: snap a selfie with ten different *Star Wars* characters at the flea! The first three people to show a complete album win a prize! Game time is 10:00 am to 12:00 pm only, so be quick with the clicks.

Whether you're shopping, selling, or just showing off your lightsabre—come join the fun.

Costumes, contests, and characters await... This is the event you're looking for.

#### Ears to You Mobile Hearing Clinic is coming to HSCA!

Tuesday, May 6, 9:30 am to 3:30 pm in the HSCA parking lot.

Their mobile hearing clinic will be onsite offering free hearing tests as well as clean and checks for existing hearing devices.

Appointments are required — call 403-970-7201 or email [calgaryadmin@earstoyou.ca](mailto:calgaryadmin@earstoyou.ca).

#### Repair Exchange at the HSCA Flea Market

Sunday, May 25 at 10:00 am. Stop in at HSCA for an exciting community building event! Instead of throwing away broken items, we encourage everyone to bring them to one of the Repair Exchanges, where community volunteers will help fix and give them a second life, avoiding the landfill. The Repair Exchange will run alongside our Sunday Flea Market and is in partnership with the City of Calgary and the Arusha Centre. Also join us for the Repair Exchange at HSCA on June 29, July 27, August 3, September 28, October 26, November 30, and December 2.



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**SEASON**  
 **April 28 - October 31, 2025**  
*\*weather permitting*

**FEES**

 **Family Membership holder - \$25.00**  
 • Access for all registered family members  
 • May bring one guest per visit

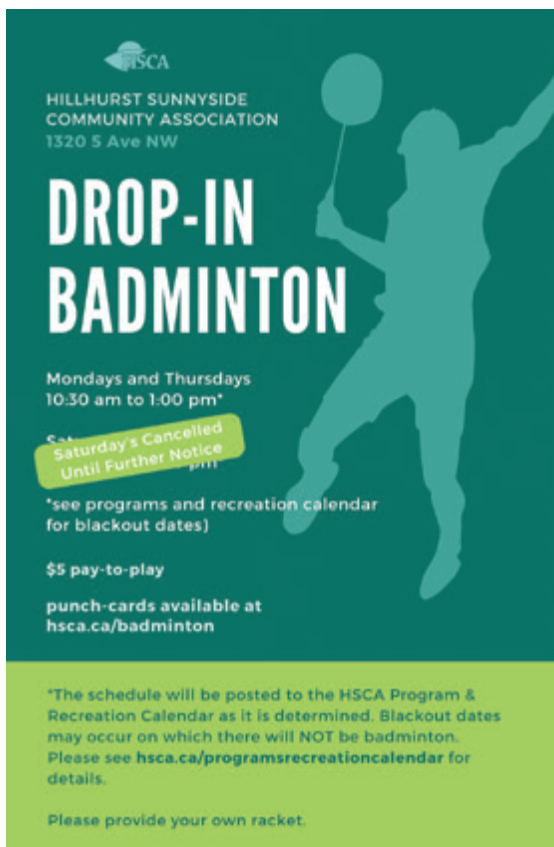
**Individual Membership holder - \$15.00**  
 • May bring one guest per visit


**Senior Membership holder - \$5.00**  
 • May bring one guest per visit

Buy your HSCA Membership Here:  
<https://www.hsca.ca/membership>

 [rentals@hsca.ca](mailto:rentals@hsca.ca)  
 403-283-0554 ext.250

**REGISTER HERE**

  
 HILLHURST SUNNYSIDE  
 COMMUNITY ASSOCIATION  
 1320 5 Ave NW

**DROP-IN  
 BADMINTON**

Mondays and Thursdays  
 10:30 am to 1:00 pm\*

**Sat  
 Saturday's Cancelled  
 Until Further Notice**

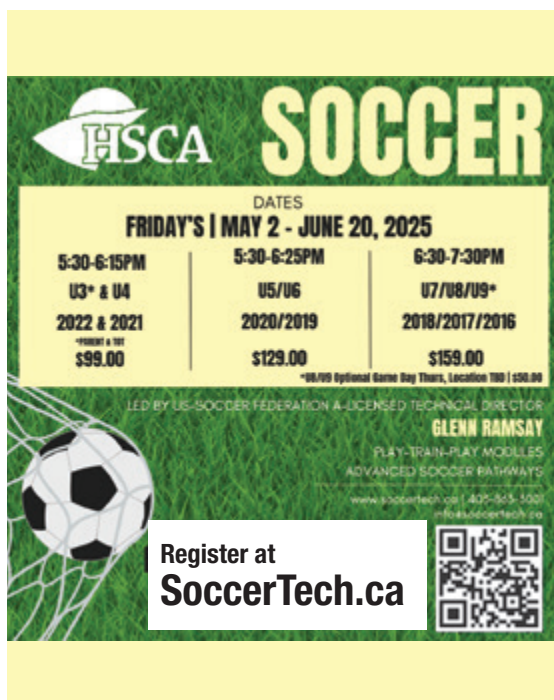
\*see programs and recreation calendar  
 for blackout dates)

**\$5 pay-to-play**

**punch-cards available at  
[hsca.ca/badminton](https://hsca.ca/badminton)**

\*The schedule will be posted to the HSCA Program & Recreation Calendar as it is determined. Blackout dates may occur on which there will NOT be badminton. Please see [hsca.ca/programsrecreationcalendar](https://hsca.ca/programsrecreationcalendar) for details.

Please provide your own racket.



**HSCA SOCCER**


**DATES**  
**FRIDAY'S | MAY 2 - JUNE 20, 2025**

5:30-6:15PM	5:30-6:25PM	6:30-7:30PM
U3* & U4	U5/U6	U7/U8/U9*
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\*U8/U9 Optional Game Day Thurs, Location TBD | \$50.00

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 Hillhurst Sunnyside Community Association

**HSCA RECREATION PAGE**

STAY UPDATED ON ALL PROGRAM REGISTRATION  
 THROUGH OUR ONLINE WEBSTORE!



**SCAN HERE**



 [www.hsca.ca](http://www.hsca.ca)  
 1320 5th Ave NW Calgary, AB



## SENIOR CONNECTIONS

For seniors related support, information, or volunteering, contact Debbie at 403-283-0554 ext. 224 (and leave a message) or by emailing [debbie.o@hsca.ca](mailto:debbie.o@hsca.ca). We appreciate any opportunity to connect with you! Visit HSCA's Seniors page for more information and for program Zoom links at [www.hsca.ca/seniors](http://www.hsca.ca/seniors).

### HSCA's April Casino - Thanks!

Thank you to all the volunteers who helped with the Casino in April. Your ongoing support for this important fundraiser enables us to make much-needed updates and improvements to our centre. We are generally eligible for a casino about every 18 months. If you would like to volunteer for the next casino event, please feel free to reach out via phone or email, and we will add you to the group email list.

### Knitting/Crochet Connections at HSCA

We are looking to bring back the Seniors Knitting/Crocheting group, open to anyone interested in learning, sharing skills, or connecting with others. Whether you're new to knitting or crocheting, or looking to share your expertise, this group is for you. Tentatively scheduled for Monday mornings from 9:00 to 12:00, starting May 26. If you don't have yarn or tools, don't worry – we have supplies available to share. If you're interested, please contact us for more details, and we'll connect before the first session to answer any questions.

### Caregiver Connections

There are currently no scheduled sessions but please connect with Debbie at any time. Connecting with someone outside of family and friends can help when we are feeling overwhelmed or just need someone to talk to. If you are a caregiver or want to explore ways to support someone you know someone who is caregiving for a family member, please connect with Debbie directly to talk or learn more about available resources and support in our city.

### Chair Yoga - Online and In-person

Chair Yoga occurs Tuesday and Thursday from 10:00 to 11:00 am until July 31.

A gentle exercise class led by an experienced instructor, Sharon! Anyone is welcome.

Contact Debbie for the private Zoom link. The room opens at 9:30 am for chatting before the class.

### Cribbage Group, Wednesday afternoons from 12:30 to 3:00 pm in the North Social Hall

Join this established and well-organized group in their new location at HSCA! They play four games, break for coffee, tea, and snacks, and then play until 3:00 pm. There is a \$1 admission fee to cover coffee supplies and a sign-up sheet for snacks.

Each game is \$.25, which goes to the winner, then the winners move to the next table and there is an extra \$.10 for a skunk. Anyone who wishes to play is welcome.

### Senior Connections Network

The Senior Connections Network aims to foster connections with seniors in our community in various ways. If you're interested in joining the network or have a senior who would like to connect, please reach out by email or phone. We can arrange a time to discuss opportunities moving forward. If you have ideas for senior programming at the centre, we'd love to hear them so please reach out to Debbie.

### Other Updates

Website updates on [www.hsca.ca/seniors](http://www.hsca.ca/seniors) page will continue in the months ahead. Please connect with Debbie directly for information about supports and programs.

If there is something you would like to see added to the website related to Seniors, Caregivers and/or Volunteering or Volunteers, please connect with Debbie.



# Bowview Outdoor Pool

Pool season is almost here! Bowview Outdoor Pool is set to open on Saturday, June 14. We cannot wait to see you all again and enjoy a fun-filled summer.

Operated by Hillhurst Sunnyside Community Association, Bowview Outdoor Pool offers a wide range of programs and events to keep you active throughout the season. Our offerings include Swim for Life® swim lessons, private and semi-private lessons, swim club, private rentals, public swimming, and lane swimming.

Registration has already opened for all programs and classes are filling quickly.

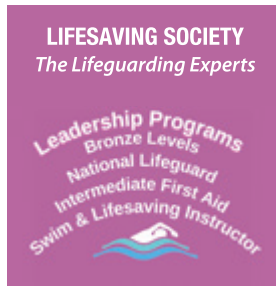
Register for all programs at the Calgary Outdoor Pools website under Bowview Outdoor Pool: [www.calgaryoutdoorpools.ca/](http://www.calgaryoutdoorpools.ca/) or at the BOP webstore: [app.amilia.com/store/en/bowviewoutdoorpool/shop/](http://app.amilia.com/store/en/bowviewoutdoorpool/shop/) programs.

- Swim Lessons
- Private and Semi-Private Lessons
- Bowview Bluefins Swim Club
- Private Rentals
- Public Swim, Family Swim, Parent & Tot Swim
- Lane Swim

We offer Leadership Certification Courses through the Lifesaving Society, including Bronze levels, National Lifeguard, Intermediate First Aid, and Swim & Lifesaving Instructor. These programs help participants build confidence, develop leadership skills, and gain the certifications needed for roles in aquatic safety and instruction.

For complete information on Bowview Outdoor Pool, including pool and lesson schedules, private rentals, and more, please visit [hsca.ca/bowview-outdoor-pool](http://hsca.ca/bowview-outdoor-pool).

Stay updated on schedule changes, closures, and events by visiting [hsca.ca](http://hsca.ca) and following us on Instagram @bowviewoutdoorpool. We cannot wait to see you this summer!



This flyer for Bowview Outdoor Pool features a background image of a swimming pool. The title "BOWVIEW Outdoor Pool" is in a yellow box at the top left. Below it, "Swimming Lessons" is written in large blue letters. A paragraph explains that instructors will guide swimmers from first-time to improving strokes. On the right, three small photos show children in the pool, each with a caption: "Private Lessons", "Parent &amp; Tot Lessons", and "Group Lessons". A yellow box titled "What lessons do we offer?" lists options like Private &amp; Semi-Private, Parent &amp; Tot, Preschool, and various swimmer levels. The "SWIM FOR LIFE LIFESAVING SOCIETY" logo is also present. At the bottom left, it says "Registration Opens: April 28th" next to a QR code. On the bottom right, contact information includes an email address and a phone number.

This flyer for the Bowview Bluefins Swim Club has a blue background with white and red geometric patterns. The title "BOWVIEW BLUEFINS SWIM CLUB" is prominently displayed at the top. Below, two white boxes provide details for Junior (Ages 7-9, Tuesdays) and Senior (Ages 10-12, Thursdays) sessions, including the cost of \$220.00 per session for 11 weeks (June 17th to August 28th, 2025) and the inclusion of a swim cap and T-shirt. A red banner states that all returning swimmers receive a Bowview Bluefins Waterbottle! and that registration opens on April 7th. At the bottom, a "Register Here:" section features a QR code and the club's name "BOWVIEW Bluefins Swim Club Est. 2019".

**BOWVIEW**  
Outdoor Pool

# Intermediate First Aid CPR-C & AED

July 30 - 31, 2025  
8:30am - 4:30pm  
\$135.00

In-depth training on first aid and CPR, covering spinal injuries, heat/cold injuries, bone/joint injuries, abdominal/chest injuries, burns, and medical emergencies.



Register Online:  
[calgaryoutdoorpools.ca](http://calgaryoutdoorpools.ca)



Hillhurst Sunnyside  
Community  
Association  
1320 5 Ave NW



## Sustainable Food Program



## Fresh Routes

25% Grocery subsidy available for  
Hillhurst Sunnyside residents

### Don't need it? You can opt-out

If you do not currently need to access the  
25% subsidy, please tell the cashier so  
that we can provide it for the next  
community member who could benefit!

[www.hasca.ca/community-food-program](http://www.hasca.ca/community-food-program)



## BOWVIEW OUTDOOR POOL

# National Lifeguard: Pool

NATIONAL  
LIFEGUARD  
LIFESAVING  
SOCIETY

Aug 11 -15, 2025  
8:00am - 4:00pm

**\$380.00**

Develop essential lifeguard skills, judgment,  
and fitness. This course focuses on lifeguarding  
principles, decision-making, and safety  
supervision in pool environments.

Register Online:  
[calgaryoutdoorpools.ca](http://calgaryoutdoorpools.ca)



Calgary  
Humane  
Society

# REPORT

ANIMAL ABUSE

ANIMAL NEGLECT

ANIMAL ABANDONMENT

## END ANIMAL CRUELTY

To report animal cruelty call 403-205-4455

Learn more at [CalgaryHumane.ca](http://CalgaryHumane.ca)



# Support Your Community – Become an HSCA Member

The Hillhurst Sunnyside Community Association (HSCA) is a non-profit organization that depends on community membership support to sustain the programs and services that help make our neighbourhood a great place to live.

Membership comes with many benefits, but it also supports the association in a monumental way. Due in large part to the continuing support of members, HSCA is able to continue to provide significant educational, recreational and social services, including our sustainable food program, and resident-led initiatives and events.

## New Member Benefit: AUArts Discount

We're pleased to welcome our newest HSCA Membership Partner: the Alberta University of the Arts (AUArts) School of Continuing Education and Professional Development. HSCA members now receive a 10% discount on AUArts continuing education programs.

AUArts offers a range of opportunities for both personal interest and professional development, including:

- Adult Creative Courses – Painting, photography, ceramics, and more.
- Children and Teen Summer Camps – Hands-on arts programming for youth.
- Online Micro-Credentials – Flexible, skill-building courses for career growth.
- Pre-College Program – An immersive experience for those considering an art degree.

To access your discount, email Hannah at [Hannah.g@hsc.ca](mailto:Hannah.g@hsc.ca) with your full name to confirm your membership. A single-use discount code will be sent within three business days.

For more about AUArts programs, visit their website.

## Additional Member Benefits

HSCA Membership provides access to a variety of other discounts and perks, including:

- HSCA Yoga and Workshops – 10% discount on registration.
- HSCA Tennis Courts – Membership required for tennis court membership.

- HSCA Soccer – Membership required for registration with SoccerTech.
- Parent and Tot | Stay n' Play – Free for HSCA Members!
- Youth Badminton Lessons – 10% discount on registration.
- Bowview Outdoor Pool – 10% discount on private pool rentals. Email [bowviewmanager@hsc.ca](mailto:bowviewmanager@hsc.ca) to apply the discount to your bookings!
- Hillhurst Sunnyside Community Garden – Membership required for community garden registration.

For a full listing of all available benefits, visit [hsc.ca/membership](http://hsc.ca/membership).

## Join or Renew Your HSCA Membership

If you haven't yet joined or renewed, memberships are available online at [www.hsc.ca/membership](http://www.hsc.ca/membership), or you can visit us in person to purchase or renew your membership.

Thank you for supporting your community.





## Resources



SUPPORTS, RESOURCES & ASSISTANCE IN  
CALGARY



[WWW.HSCA.CA/RESOURCES-1](http://WWW.HSCA.CA/RESOURCES-1)

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**HILLHURST | SUNNYSIDE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**EXPERT RENOVATIONS & PROPERTY MAINTENANCE SOLUTIONS:** Interior/exterior; simple fixes to more complicated projects. Plumbing & electrical fixes; full reno for bathrooms, kitchen upgrades & more. Specializing in older homes, pre-sale updates, stone & tile work installations & maintenance. Local, licensed, insured. We offer free consultations. Property Managers welcome. Call 403-992-5574.

**GARDEN DESIGN & LANDSCAPING FOR YOUR INNER-CITY SITE:** Book a consultation with a local garden designer specializing in inner-city landscapes, pocket gardens & hardscape solutions. Make the most of your yard with Calgary-proven trees, shrubs & flowers. Design with plant list only or installation & hardscaping included. Contact 403-585-1125 or [design@everhaus.ca](mailto:design@everhaus.ca).

**HILLHURST/SUNNYSIDE CARPENTER/CONTRACTOR:** Carpenter for home or office renos or repairs. From small fixes to full renos. Whatever you need - framing, drywall and taping, painting, bathrooms and basements. Clean, safe work. Prompt service. 403-286-1788.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**LOCAL HANDYMAN IN HILLHURST/SUNNYSIDE:** Repairs/replacements and odd jobs. Plumbing (e.g. fix/replace leaky/running faucet or toilet, install new garburator), electrical (e.g. repair/replace wall switch or light fixture not working, exhaust fan), install new window hardware and/or coverings, fix sticky door, drywall repairs, painting, etc. Call/text Tom 403-970-4466, or email [tomh5566@gmail.com](mailto:tomh5566@gmail.com).

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.



**the  
Gutter  
Doctor**

**403-714-0711**  
**[gutterdoctor.ca](http://gutterdoctor.ca)**

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

# CARDINAL

BY TREVOR RAMAGE



# RE/MAX FIRST

📞 403.850.2560



3.5



1910



911 36 Street NW

List Price: \$1,049,900

MLS #A2204242

Tucked away on a quiet, tree-lined street, just steps from the Bow River Pathway and minutes to top hospitals and downtown. Features include a chef's kitchen, vaulted ceilings and spa-like ensuite.



1



1017



721 19 Street NW

List Price: \$875,000

MLS #A2203071

A prime development corner lot with a west-facing backyard, across from a park. Features include an updated kitchen, renovated bath and flexible living space.



2.5



1401



1721B 1 Avenue NW

List Price: \$725,000

Congratulations to my clients on their successful sale. Your time and patience were instrumental in achieving this excellent outcome.



2.5



3106



64 Willow Park Green SE

List Price: \$1,550,000

Sincere congratulations to my client on their recent purchase. It has been a genuine pleasure to collaborate with you once again.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM

