

MAY 2026

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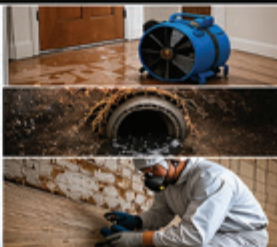
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STAFF LISTING

Communications Coordinator ext. 226	Stephanie	stephanie.c@hsca.ca
Recreation and Rental Coordinator ext. 250	Anne	rentals@hsca.ca
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OOSC Program Manager	Sze Man	ooscmanager@hsca.ca
Facility Services Manager ext. 223	Karl	karl.k@hsca.ca
Seniors' Connection Coordinator ext. 224	Debbie	debbie.o@hsca.ca
Controller ext. 225	Amy	accounting@hsca.ca
Flea Market Coordinator ext. 231 (Drop in on Sundays, or leave a message. Calls returned on Wednesdays and Sundays only)	Angel	fleamarket@hsca.ca
Community Programs Coordinator ext. 248	Martin	farmersmarket@hsca.ca
Community Connections Coordinator ext. 247	Claire	claire.l@hsca.ca

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

HILLHURST



SUNNYSIDE



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Program Phone Numbers

Chair Yoga	Debbie 403-283-0554 ext. 224
Farmers' Market Sustainable Food Programs	farmersmarket@hsca.ca 403-617-6094
Flea Market	Angel 403-283-0554 ext. 231
<i>(Drop in on Sundays or leave a message. Calls returned on Wednesdays and Sundays only)</i>	
Neighbour Night Sip 'n' Chat	Claire 403-283-0554 ext. 247



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Bethany Calgary Redevelopment News

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HSCA
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SEASON STARTS MAY 1ST

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ONGOING PROGRAMMING AT HSCA

For the most-up-to-date information, visit our program and recreation calendar for more information at www.hsca.ca/programsrecreationcalendar.

We're proud to offer a wide range of free programs and events for our community. Any programs with fees are clearly noted.

Mondays (Except Stat Holidays)

Drop-In Badminton

Drop-in badminton runs Mondays and Thursdays, 10:30 am to 1:00 pm.

\$5 pay-to-play. 20 play punch cards are available at hsca.ca/badminton (\$90 + system admin fee).

New! Crafting Circle

Mondays from 9:00 am to 12:00 pm in the Hearth Room. Bring any craft and enjoy dedicated creative time with others. No cost to attend. Everyone is welcome!

Evening Yoga at HSCA

Join Richelle for an evening Vinyasa Flow class in the Hearth Room Mondays from 6:30 to 7:30 pm. All levels are welcome. Drop-in is \$12—come move, breathe, and flow with us!

Fresh Routes Mobile Market, 4:00 to 6:00 pm

Fresh Routes affordable mobile grocery store is onsite every Monday (Except stat holidays). Everyone is welcome to shop at Fresh Routes.

Tuesdays

Chair Yoga, 10:00 to 11:00 am (Online and In-person)

Please reach out to Debbie for more information and the new zoom link.

Sip 'n' Chat, 2:00 to 4:00 pm

Drop by anytime between 2:00 and 4:00 pm. We welcome all community members to enjoy a coffee or snack together. Everyone is welcome. Stop by the Hearth Room at HSCA.

Wednesdays

Cribbage, 12:30 to 3:00 pm

Join a lively game of cribbage with community members and area seniors in the North Social Hall.

HSCA's Farmers' Market (Indoor Season)

The HSFM runs every Wednesday from 3:00 to 7:00 pm, year-round.

Thursdays

Drop-In Badminton

Drop-in badminton runs Mondays and Thursdays, 10:30 am to 1:00 pm (some blackout dates).

Chair Yoga, 10:00 to 11:00 am (Online and In-person)

Please reach out to Debbie for more information and the new zoom link.

Qigong (Gentle Movement)

Runs Thursdays from 1:00 to 2:00 pm in the North Social Hall. \$12 per class. Runs until May 7.

Neighbour Night- First and Third Thursday of the Month, 5:30 to 7:30 pm in the HSCA Hearth Room

Free and everyone welcome—dinner, dessert, and a workshop!

Please email Claire to RSVP if you are planning to attend: claire.l@hsca.ca.

Please check our program and recreation calendar for updates and information on Neighbour Night at www.hsca.ca/programsrecreationcalendar.

Saturdays

HSCA Pickleball Drop-In

Runs Saturdays, 10:30 am to 12:00 pm. Ages 16+. Special introductory rate: \$12 per session. Space is limited and advance registration is encouraged. HSCA gym.

Sundays

The Sunday Flea Market runs 7:00 am to 3:00 pm - Concession On-site!

Check out the crafts, furniture, vinyl records, antiques, books, treasures, and community building every Sunday at HSCA.

Special Events

Compost Commons - Free

Select Tuesdays, 6:00 to 8:00 pm. Join Karuna Compost to learn practical composting tips in this welcoming, hands-on program for neighbours of all ages. Ongoing through June 2. Register or drop-in anytime. Details: hsca.ca/compost.

Special Flea Market Event: "The Prequel" - Sunday, May 3

A galaxy of fun is landing at the Flea Market! Snap selfies with ten Star Wars characters for a chance to win (while prizes last), show off your best costume at the

12:00 pm contest, and enjoy themed treats from Babe's Bites. Plus, enter our Writing Contest running April 5 to May 3. Not that long ago... at a Flea Market near you. Details: hsca.ca/flea-market.

Special Season Opening Farmers Market

Wednesday, May 27, 3:00 to 7:00 pm.

Our annual season opener is back. Stay tuned for details on this special market.

Looking Ahead

2026 Eco-Solar Home Tour - Free

This year, on June 20 and 21, there will be a home on the tour from our community!

Come see what can be done regarding energy efficiency. Check out www.ecosolar.ca for details.

Neighbour Day

Saturday, June 20. 1:00 pm arrival and set-up, 2:00 pm start.

Sunnyside Neighbour Day Parade

Gathering at Violet King Park (corner of 7 Ave and 5 St NW).

Neighbour Day Art Festival

10:00 am to 3:30 pm. In collab with HSCA, Framed on Fifth and 1st Street Tattoo invite you to attend (1207 and 1209 5 Ave NW). Food trucks at HSCA.

HSCA
Hillhurst Sunnyside Community Association

HSCA RECREATION

STAY UPDATED ON ALL PROGRAM REGISTRATION THROUGH OUR ONLINE WEBSTORE!

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Neighbour Day in Hillhurst Sunnyside: A Day to Gather, Create, and Connect

Neighbour Day returns on Saturday, June 20, inviting Hillhurst and Sunnyside residents to come together and spend time with the people and places that make this community feel like home. It is a chance to meet a neighbour, have a chat, and connect.

In Sunnyside, Neighbour Day holds special meaning. It began following the 2013 floods, when neighbours showed up for one another in a time of need. That sense of care and connection continues to shape the day today, grounded in resilience and the everyday act of looking out for each other.

This year, the tradition continues with the resident-led Sunnyside Neighbour Day Parade. Community members are invited to wear costumes, bring instruments or noise makers, and join in. Parade arrival and set-up begins at 1:00 pm, with the parade starting at 2:00 pm sharp, gathering in and around Violet King Park (corner of 7 Ave and 5 St NW). This is a fun, welcoming, and family-friendly tradition that brings neighbours together.

Earlier in the day, a Neighbour Day Art Festival will take place from 10:00 am to 3:30 pm along 5 Avenue NW in Hillhurst. Hosted by Framed on Fifth and 1st Street Tattoo (1207 and 1209 5 Ave NW) in collaboration with HSCA, the festival will bring together local artists sharing their work and creative process in an open, street-level setting.

These long-standing storefronts are part of Hillhurst's evolving streetscape, continuing a history of small businesses and gathering spaces along the avenue. For many in the community, Framed on Fifth has long offered a more intimate way to experience local art, regularly hosting shows that highlight the work of Calgary artists in a close and approachable setting. That same feeling carries into the day, with creativity extending beyond the walls and into the street. From painting and textiles to woodwork and more, it offers a chance to experience the creativity that exists across the community. Across the street, food trucks will be set up in HSCA's parking lot, creating another place to gather, take a break, and continue connecting.

Neighbour Day is about showing up for each other, in big and small ways. Whether you join the parade in

Sunnyside, explore the art festival in Hillhurst, or simply stop by and take it all in, there is space to be part of it.

Planning a Neighbour Day activity in Hillhurst Sunnyside? We want to hear from you and help share your event with the community. Reach out to communications@hsc.ca or visit hsc.ca/neighbour-day/!




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HSCA

Hillhurst Sunnyside Community Association's

Annual General Meeting

THANK YOU!

To everyone who joined us for
our AGM on April 28
For showing up, connecting, and
being part of it!

www.hsc.ca/agm

1320 SAVE NW

COSTUME CONTEST
12:00PM

TREATS BY
BABE'S BITES

STAR WARS

MAY THE 3RD THE PREQUEL

SELFIE CONTEST

Be the 1st to take a selfie
with all 10 Stars Wars
Characters to win!

Photos must be submitted by 2:00pm
Limited prizes!



HSCA Flea Market

Write a short story that begins with the line
NOT THAT LONG AGO, AT A FLEAMARKET NEAR YOU....

And enter to win. Contest open April 5 - May 3.
Enter at fleamarket@hsc.ca or in person on Sunday's



SAVE THE DATE!
NEIGHBOUR DAY IS
SATURDAY, JUNE 20

Join the
celebration!



WWW.HSCA.CA/NEIGHBOUR-DAY

**DISCOVER WHAT'S HAPPENING
IN OUR COMMUNITY!**

- Sunnyside Parade
1 pm arrival • 2 pm start @
Violet King Park (corner of 7th
Ave & 5th St NW)
- Neighbour Day Art Festival
10am - 3:30pm @ Framed on Fifth
& 1st Street Tattoo (1207 & 1209
5th Ave NW). Plus food trucks at
HSCA.

**SCAN THE QR CODE OR VISIT
HSCA.CA/NEIGHBOUR-DAY
FOR MORE INFO AND OTHER COMMUNITY
EVENTS!**

HSCA
Hillhurst Sunnyside Community Association

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\$12/session
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All skill levels welcome

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1320 - 5 AVE NW, CALGARY AB
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FREE bi-weekly program

- **WHERE:** Hillhurst Sunnyside Community Association (HSCA) in the Hearth Room
- **WHEN:** Tuesdays, 6-8 pm (bi-weekly starting March 3)

- March 3
- March 17
- March 31
- April 14
- (NO SESSION April 28)
- May 12
- May 26
- June 2

COMPOST COMMONS AT HSCA

HOSTED BY KARUNA COMPOST

Scan the QR code to register or visit hsc.ca and check out our calendar to learn more

Backyard composting & worm bin support
Compost kits
Microscopy & soil life exploration
Informational displays & short talks
Community knowledge sharing!

SENIOR CONNECTIONS

For seniors related support, information, or volunteering, contact Debbie at 403-283-0554 ext. 224 (and leave a message) or by emailing debbie.o@hsc.ca. We appreciate any opportunity to connect with you! Visit HSCA's Seniors page for more information at www.hsc.ca/seniors.

Save the date for Seniors Week, June 1 to 7, 2026. Stay tuned for events and activities across the city—check the City of Calgary website for details.

New! Crafting Circle

Mondays, 9:00 am to 12:00 pm in HSCA's Hearth Room.

The Monday Knitting/Crochet Circle has expanded to welcome all kinds of crafts—knitting, crochet, needlepoint, cross-stitch, sketching, calligraphy, and more. Join in for a relaxed morning of creating, sharing, and connecting with fellow crafters in the Hearth. All ages, everyone welcome! (Excludes Statutory Holidays).

Caregiver Connections

There are currently no scheduled sessions but please connect with Debbie at any time. Connecting with someone outside of family and friends can help when we are feeling overwhelmed or just need someone to talk to. If you are a caregiver or want to explore ways to support someone you know someone who is caregiving for a family member, please connect with Debbie directly to talk or learn more about available resources and support in our city.

Chair Yoga (Online and In-person)

Tuesdays and Thursdays, 10:00 to 11:00 am.

Chair Yoga is offered in a hybrid model—meaning participants can join either online or in-person. If you'd like to join in-person, you'll follow along with Sharon on the screen in the Hearth Room. Space is limited, and there's some safety info to go over, so please contact Debbie directly if you'd like to attend in-person. This gentle exercise class is a great way to stay active and limber. Come join us! To register or for more information, contact Debbie at 403-283-0554 ext. 224 or email debbie.o@hsc.ca.

Cribbage Group

Wednesday afternoons from 12:00 to 3:00 pm in the North Social Hall.

Join this established and well-organized group in their new location at HSCA! They play four games, break for coffee, tea, and snacks, and then play until 3:00 pm.

There is a \$1 admission fee to cover coffee supplies and a sign-up sheet for snacks.

Each game is \$.25, which goes to the winner, then the winners move to the next table and there is an extra \$.10 for a skunk. Anyone who wishes to play is welcome.

Senior Connections Network

The Senior Connections Network aims to foster connections with seniors in our community in various ways. If you're interested in joining the network or have a senior who would like to connect, please reach out by email or phone. We can arrange a time to discuss opportunities moving forward. If you have ideas for senior programming at the center, we'd love to hear them so please reach out to Debbie.

 HSCA
HILLHURST SUNNYSIDE
COMMUNITY ASSOCIATION
1320 5 Ave NW

DROP-IN BADMINTON

Mondays and Thursdays
10:30 am to 1:00 pm*

*see programs and recreation calendar
for blackout dates

\$5 pay-to-play

punch-cards available at
hsc.ca/badminton

*The schedule will be posted to the HSCA Program & Recreation Calendar as it is determined. Blackout dates may occur on which there will NOT be badminton. Please see hsc.ca/programsrecreationcalendar for details.

Please provide your own racket.

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MP Calgary Confederation

Corey Hogan, MP

207-1717 10th St NW

Calgary, AB T2M 4S2

📞 403-410-2121

✉️ corey.hogan@parl.gc.ca

It's said that home is best understood from a distance. You never feel more Calgarian than when in Edmonton. You never feel more Albertan than when in Ontario. And you never feel more Canadian than when abroad.

One of the upsides of travel to Ottawa is it affords me a lot of opportunity to think about our home, and how being a westerner shapes me and how I try to serve as your representative.

Alberta, as we know, is more complex than it appears from a distance. Some of us are gunslingers, some of us are barn-builders. But all of us are shaped by our home.

Westerners are direct. We like things to be said plainly. We like arguments that stand up to scrutiny.

Westerners are practical. We're less interested in whether something sounds good than whether it works.

Westerners are egalitarian. People should get a fair shot. Effort should matter. Systems shouldn't be rigged.

Westerners are welcoming. People come here from everywhere – and they build lives. We care whether you're willing to contribute.

Westerners have a strong sense of stewardship. Of land. Of resources. Of leaving things in better shape than we found them.

And westerners are patriots. We never stop building this country. We never stop fighting for it.

Sometimes, these western values push our politics one way. Sometimes, in different ways. But there are many ways to be a westerner, and a strong community isn't one where everyone agrees. It's one where people feel comfortable participating, sharing ideas, and working together despite differences.

In the end, the goal isn't to eliminate disagreement. It's to build understanding, and to find a path forward. That starts when neighbours meet not as political identities, but as people invested in the same place.

I am honoured to be your MP,

Corey Hogan

Meet

JASON WAI

REALTOR®



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Born and raised in NW Calgary, Jason is YOUR local realtor in the neighbourhood. He is a second-generation realtor, with a focus on inner-city neighbourhoods like Hillhurst and West Hillhurst. Jason is an award-winning Realtor at REMAX, delivering practical market guidance and trusted advice – just look at the testimonials!

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CALGARY!



CARDINAL

BY TREVOR RAMAGE



RE/MAX FIRST

☎ 403.850.2560



1432



1416 20 Street NW

List Price: \$1,250,000

There is no greater compliment than when returning clients trust me with their real estate needs once again. Congratulations!



1306



151 Fielding Drive SE

List Price: \$739,900

MLS #A2294696

A classic home sitting on an expansive park-like lot with original hardwood, RV parking, and a fully developed lower level. Ready for restoration or modernization.



1047



540, 1304 15 Avenue SW

List Price: \$199,900

Grateful for a seamless collaboration between my patient seller and my focused buyer. Exciting times ahead for all.



703



230, 88 9 Street NE

List Price: \$493,000

Warmest congratulations to my fantastic new clients on their very first home.

Not intended to solicit buyers or sellers currently under contract with a broker.

CARDINALBYRAMAGE.COM

