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Joke of the Month

Dogs can't operate MRI machines. But catscan.



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## WHAT'S HAPPENING AT HHCA

Check out what's happening at HHCA in November!

Beat the winter break boredom this season and sign your kids up for our winter day camps! We are so excited for this year's winter camps designed specifically for children aged five to eleven! The camps will provide a fun and enriching experience for your little ones during



the winter break. Registration opens on November 18 and closes on December 11, so mark your calendars to secure a spot for your child. Each day at camp is packed with exciting activities, games, and opportunities for creativity, all for just \$50 per day. Don't miss out on a winter filled with fun and learning! To register, please contact [elccadmin@huntingtonhillscalgary.com](mailto:elccadmin@huntingtonhillscalgary.com).

Host your corporate and Family holiday parties in our Curling Lounge! With eight sheets of ice, seating for up to 64 guests, and bar service available, our family-friendly lounge is a great place to host your next gathering or corporate event! Rental packages include a half-hour lesson, with exceptions, and brooms and sliders for guests. Contact [curling@huntingtonhillscalgary.com](mailto:curling@huntingtonhillscalgary.com) for more information.



Get those skates ready and hit the ice this winter! The third session of Shiny Hockey and the second session of Learn to Skate will be starting up again this winter, get ahead and secure your spots when registration opens.

It's a great time to play some pickleball at HHCA! We have just come out with a \$50 pickleball punch card that gets you fifteen drop-ins! Make sure to check out the pickleball schedule on our website and choose a time that fits you best. First drop-in is always free! Our \$20 punch card gets you five drop-ins and is also available for purchase. Equipment is available for use.

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## WINDOWS 1.0

Microsoft introduced Windows 1.0 on November 10, 1983, but it took almost two years to release.

When it launched on November 20, 1985, anyone with a personal computer could use programs such as Calculator, Paint, Notepad, Write, Clock, and even the game Reversi!





# ACTIVE SENIORS

MONDAYS, 2:30 PM

**MISA NOUMI**  
Instructor

[www.hpa50.ca](http://www.hpa50.ca)  
[pioneers50@shaw.ca](mailto:pioneers50@shaw.ca)





## News from the Friends of Nose Hill

by Anne Burke

For two weeks in fall 2024 about 800 goats grazed a 58-hectare area of the Rubbing Stone Hill Natural Parkland Zone in Nose Hill Park. The number of goats has increased from past years because it allows the same amount to be done in half the time. Like elk and bison, the herd of livestock reduces overgrown vegetation, shrubs, and trees in grasslands. Parking was limited when the Nose Hill 64 Avenue NW parking lot partially closed to accommodate moving the goats in and out of the park. Program Ambassadors were on site at Nose Hill Rubbing Stone Hill north of the parking lot. As a precaution, parts of the park and pathways were temporarily fenced off to public access during this grazing period. Park users were asked to follow all posted signage and closures. They were not to approach the goats and were directed to avoid electric fences used to contain the animals. Cyclists should have slowed down near grazing areas. Visitor dogs had to be kept on leash for their safety because off-leash herding dogs were working in the park.

In 2016 City Council approved an amendment to the Parks and Pathways bylaw to permit targeted grazing and help recover rough fescue habitat. Depending on terrain, there have also been goats in Confluence Park, McHugh Bluff, and Ralph Klein Park, while sheep were used in an area of the Weaselhead. Goats are preferred for woody material and undergrowth, but sheep are considered better for pasture-like areas. Other methods of vegetation control combine mechanical (hand pulling) and chemical spraying. The use of grazing comes with value added for biodiversity which helps native seeds to germinate and grow. The City gains both citizen interest and engagement to promote public education.

## Cats, Canines, & Critters of Calgary



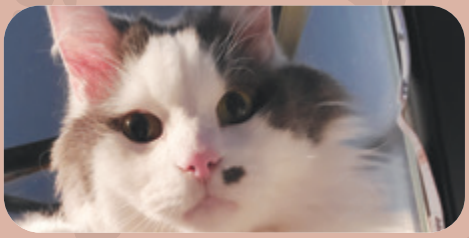
Bowser, Remus, Riku, *Montgomery*



Teddy and Sassy, *Foothills*



Tika and Chiko, *Stradwick Rise*



Tonu, *Seton*

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# The Art of Finding Work: Get Ahead of Any Assumptions Employers May Have About You

by Nick Kossovan



Making assumptions about other people based on their appearance, what they say or don't say, and how they behave is a universal human tendency.

We form first impressions of people by making assumptions about them, such as whether they're:

- Financially successful
- Healthy
- Educated
- Trustworthy

...and the assumptions go on.

Making assumptions is quick and easy and reduces the mental energy needed to process information. Assumptions are formed by gathering observational data and matching it with past experiences. Properly verifying everything we see, hear, smell, taste, and feel can be problematic when time is limited, such as during 45-minute interviews or sifting through hundreds of resumes for a single job opening.

Understandably, hiring managers must make assumptions to narrow down the applications they receive to those worth interviewing. They often make the following negative assumptions—a “red flag”—which can result in your candidacy being rejected.

### **Age**

- “Too young” or “too old.”
- Energy level, adaptability to new technologies, salary ask, and manageability.

### **Education**

- Have a low opinion of the educational institutions the candidate attended, assuming they couldn't get into a “better school.”
- Based on a candidate's degree(s), assumptions are made about their knowledge, skills, and problem-solving ability.

### **Work Experience**

- The candidate's work experience isn't directly relevant to the open position; hence, the candidate will struggle. (You, not the employer, are responsible for connecting the dots between your education, skills, and experience and the position.)
- Under or overqualified.

### **Employment Gaps or Non-Linear Career Paths**

- Candidates with lengthy employment gaps are unemployable, unable to hold a job, or have health/family issues that may hinder their performance.
- Will the candidate be able to re-enter the workforce?

## Cultural Fit

- Based on the candidate's communication style (verbal and nonverbal), personality traits, and mannerisms, assumptions are made to determine whether they'll mesh well with the existing team.

Hiring is rife with assumptions and biases. Nothing is neutral; there are no inalienable rights. Employers make snap judgments that have little connection with a candidate's qualifications and capabilities; hence, an effective job search strategy is proactively addressing any possible negative assumptions employers may have about you.

## Identify Possible Assumptions

Most job seekers lack self-awareness, a skill necessary to understand how employers perceive them.

List everything that contributes to "who you are;" your age, gender, education, work experience, behaviour, manner of speaking, and physical appearance, to name a few factors. List everything! This exercise should take a few hours. Next, check off all the factors on your list that you believe may cause employers to have negative assumptions about you, thereby working against you.

An excellent way to approach the above exercise is to reverse engineer. When you meet someone for the first time, what "observations" do you make that influence your assumptions about them? Their age? Being punctual? Gestures? Looks? What they're wearing? Now, ask yourself, "If I were to meet me for the first time, what assumptions would I make about myself?"

Proactively identifying and strategizing proactive ways to mitigate possible negative assumptions employers may have about you is how you control your narrative during the hiring process, which most job seekers fail to do.

## Defensive vs. Offensive

Defensive (having to defend): "I see you last worked in November 2023. What have you been doing since then?"

Offensive (proactively offering information): "Before we dive into the specifics of this role, I would like to address the employment gap on my resume, which is likely a concern to you. Last November, I was part of the [warehouse] layoffs. Since then, I've been focused on

[three to four specific activities that show you've been productive and engaged in your profession/industry]."

## Address Concerns Directly

Take the initiative to address possible assumptions head-on, but do so in a confident, solutions-oriented manner. For example, you might say, "I understand you may have some concerns about my age and whether I have the energy to keep up with the demands of this role. Let me share a few recent examples of how I've consistently demonstrated my drive and adaptability throughout my career..."

## Show Enthusiasm

*"Nothing great was ever achieved without enthusiasm."*  
- Ralph Waldo Emerson.

Many negative assumptions your interviewer may have about you, especially if you have an employment gap or lack direct experience, will often quickly fade when you demonstrate genuine excitement and engagement. Show you're passionate about the job, the company, and the opportunity.

## Create Positive Assumptions

As I've been pointing out, you have considerable control over the assumptions others make about you; hence, present yourself in a way that creates positive assumptions about you, starting with:

- Smiling and making eye contact.
- Offering a firm, confident handshake.
- Using an upbeat, enthusiastic tone of voice.
- Demonstrating you're actually listening.
- Dressing professionally and appropriately.

When it comes to job searching, most possible negative assumptions—not all—can be dispelled by focusing on showing through your resume, cover letter, LinkedIn profile, digital footprint, and when interviewing that you're:

- A team player
- Willing to learn
- Self-motivated
- Easy to work with

Proactively addressing possible negative assumptions employers may have about you is how you increase your odds of being a candidate employers will say "Yes!" to.



Councillor, Ward 4

**Sean Chu**

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ward04@calgary.ca

www.calgary.ca/ward4

www.seanchu.ca

November Greetings to Ward 4 Residents!

As we transition into the month of November, I'd like to send my warmest greetings to all residents of Ward 4. With winter just around the corner, it's the perfect time to reflect on the beauty of the season and the strength of our community as we prepare for the months ahead.

As we embrace the crisp air and shorter days, it's also time to start planning for one of Calgary's most exciting winter events—Chinook Blast 2025. This annual celebration is calling for visionary artists, creators, and community partners to help bring the festival to life.

**Chinook Blast 2025: A Call to Creators and Cultural Curators!**

Calgary's ultimate winter celebration is back—Chinook Blast 2025—and we're looking for artists, creators, and partners to help light up the city!

**Calling All Installation and Visual Artists**

If you're a sculptor, visual artist, or creator of immersive experiences, this is your chance to transform the festival into a stunning winter wonderland. We're offering funding opportunities ranging from \$5,000 to \$40,000 for selected installations. In collaboration with the City of Calgary's Winter City Design Competition, two installations will receive up to \$45,000 each, designed to endure Calgary's winter weather from January to March.

**Seeking Market Partners**

Do you have a passion for culture, community, and local artisans? We're searching for three dynamic partners to host and execute a weekend market (Friday to Sunday) during Chinook Blast. These markets should offer unique cultural experiences, celebrating Calgary's diversity and creativity.

For more details or to submit your proposal, visit chinookblast.ca.

As we prepare for winter, I wish everyone in Ward 4 a cozy and enjoyable November. Let's make the most of this season and look forward to all the excitement that winter will bring!

Warm regards,

Sean Chu

Councillor, Ward 4

**BRAIN GAMES** SUDOKU

					5	6	
	8		5		6	7	3
		3					
							7
		2		1	3		4
	1		4		2	3	
7		1		2			
8			1	4			
	6						

SCAN THE QR CODE FOR THE SOLUTION

**GAMES & PUZZLES**

**Guess the Landmark!**

1. This gorgeous UNESCO World Heritage Site in India was built to be a mausoleum.
2. The \_\_\_\_\_ was made across many dynasties and states, taking over 2,500 years to construct.
3. This stunning Italian landmark is also called the Bell Tower and is over 180 feet tall.
4. This iconic structure was built for the 1889 World Fair; it celebrated the 100<sup>th</sup> anniversary of the French Revolution.
5. This famous ancient city was frozen in time due to almost the exact opposite circumstance.
6. There are no straight lines in this ancient temple structure, located on the Athenian Acropolis.



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## Word of the Month

### Accismus:

noun (uhk-siz-muhs)

When someone pretends to be indifferent about or feigns refusal of something they desire.

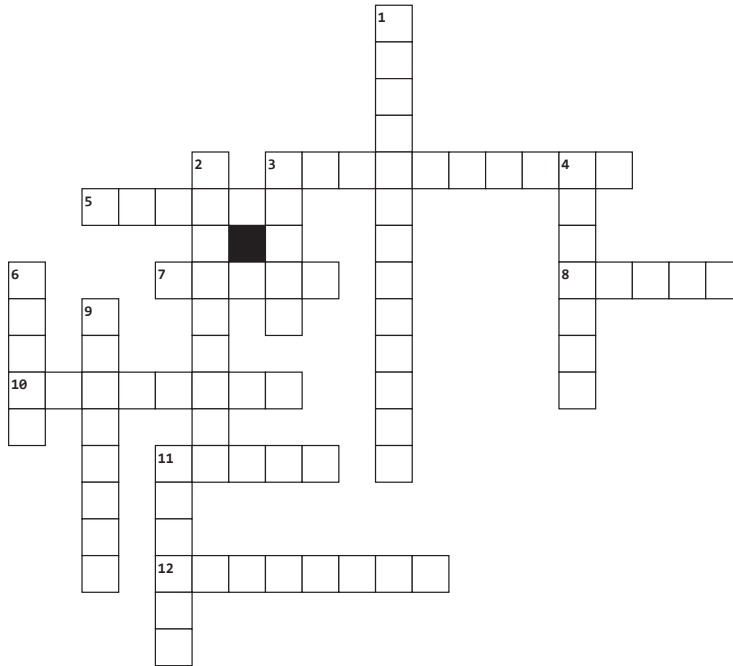
*"Oh no, you shouldn't have," Sara said with a hint of accismus as her friend purchased her long-awaited coffee for her.*

## So Are the Days of Our Lives



*Days of Our Lives* first aired on November 8, 1965, making it one of the longest-running soap operas! The original title sequence, voiced by actor MacDonald Carey, who played Dr. Tom Horton for nearly 30 years, is still used today!

# November Crossword



## Across

3. Frederick Banting, co-discoverer of insulin and recipient of the Nobel Prize in \_\_\_\_\_/Medicine, was born on November 14, 1891, in Alliston, Ontario.
5. In November 1999, beloved musician, \_\_\_\_\_ Dion, was inducted into the Canadian Broadcast Hall of Fame.
7. In November 2020, Baby \_\_\_\_\_ by Pinkfong became the most watched YouTube video of all time with over 7 billion views.
8. November has two birthstones, \_\_\_\_\_ and Citrine, best known for their warm yellow hue.
10. World \_\_\_\_\_ Day, celebrated on November 13, reminds everyone to show compassion and be helpful in their communities.
11. Canadian rock musician, \_\_\_\_\_ Adams, was born on November 5, 1959, in Kingston, Ontario and has sold more than 100 million records worldwide.
12. Known as Remembrance Day in Canada, the U.S. celebrates \_\_\_\_\_ Day on November 11 annually.

## Down

1. November's birth flower, also called "mum", comes in a variety of colours and generally symbolizes longevity and happiness.
2. On November 22, 1995, *Toy Story* was released introducing the world to Woody and Buzz \_\_\_\_\_.
3. *Friends, Lovers, and the Big Terrible Thing*, written by Canadian actor Matthew \_\_\_\_\_, was released on November 1, 2022.
4. "The Great One", Wayne \_\_\_\_\_, scored his 600th career goal in the National Hockey League (NHL) on November 23, 1988.
6. This mixed-breed dog was the first live animal sent to space in Sputnik 2 on November 3, 1957.
9. The \_\_\_\_\_ Broadcasting Corporation was founded and established as a Crown Corporation on November 2, 1936.
11. November's full moon is named after Canada's national animal, the \_\_\_\_\_.

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