KINCORANEWS

YOUR OFFICIAL KINCORA COMMUNITY NEWSLETTER



SPARK YOUR BUSINESS WITH US!

Place your ad here to promote your business and get noticed. Contact us at 403-720-0762 or grow@greatnewsmedia.ca











Kincora's Community Soccer Club

Grassroots Programming Spring 2024

CalgaryBlizzard.com #theorangeway



Book your hassle-free Bottle Drive with us!

SageHillBottleDepot.ca 70 Sage Hill Plaza NW





Charles will find your dream home in Kincora!



Thank you to the sponsors & volunteers that participated in the 2023 Stampede Breakfast!

Save the Date Sunday, July 14, 2024

KINCORA BOARD OF DIRECTORS

PO BOX 47146, Creekside, Calgary, AB, T3P 0B2 www.kincora.org • communications@ kincora.org

NAME	VOLUNTEER POSITION
Mallika Velamuri	President
Shannon Tompkins	First Vice-President
Kris McPherson	Second Vice-President
Murray Stene	Treasurer
Neila Ben Amar	Secretary
Gurmeet Sidhu	Director of Communications
Dicky Sum	Director at Large
Annie Chio	Director at Large
Chad Rowe	Director of Stampede
Charles Zhang	Director at Large
Brad Theissen	Director at Large

Connect with Kincora Community Association – KCA

KCA is a non-profit organization run by volunteers from Kincora. We have many ways of engaging with you. You can also communicate with us! Take a moment to connect to your community, receive regular updates, and have your voice heard.

Our Website

Go to www.kincora.org to register for a free account. You can access information about upcoming events, becoming a volunteer, paying your membership fees, and other useful community links. For assistance with your website account, please contact members@kincora.org.

Emails

Once you create an account on our website, you can choose to receive emails from us. You must choose to get them. To do this, simply log in, go to the "Members" tab; click "Profile", then "Email Options". Emails are typically sent once a month, or to announce event information.

Our Newsletter

Our official newsletter – "Kincora News" will provide meaningful information that your family will find useful. All your editorial submissions will be considered for printing and must be submitted by the first day of the month for the following month's publication.

Social Media

We can also be reached on our Facebook pages @KincoraCommunity and @KincoraResidents, on X (Twitter) @Kincora_YYC, or on Instagram @kincora_art. There you will be able to interact with us, receive regular updates, and connect with other engaged residents of Kincora.

PRESIDENT'S MESSAGE

Hi Kincora,

A very happy and joyful holiday season to you all from the KCA board!

Our skating rink ice will be in soon. A quick reminder if you're headed out there with your friends and family: the rink is open to all Calgarians. We do ask that you please wear a helmet, the skate aids at the rink are for public use, and please keep any dirt and garbage off the ice as it melts into the ice and doesn't make our skating surface smooth. Our volunteer crew spends many hours building and maintaining the ice and with your help we can continue to have the best Adopt-a-Rink in Calgary!

Our rink maintenance crew is always looking for more volunteers. Our crew shovels, floods, and keeps the area clean and maintained for safe and fun use all winter. Normally, we flood between 8:00 and 11:00 pm, with as much notice as we can provide based on the weather. We'll get the firepits going to keep warm, enjoy some beverages, and make sure we get in and out as quickly as we can. Please come and join us or message us on our Facebook if you are interested.

We at the KCA board are thinking and planning for the 2024 events-Winter Festival, Easter Egg Hunt, Earth Day Cleanup, Parade of Garage Sales, Community Cleanup, Festival of Colours- Holi, and our grand Stampede Breakfast. If you would like to see more events or have an idea for community involvement, do not hesitate to write to me at President@kincora.org email.

We will always need volunteers and enthusiasts to help us. So please reach out if you can. With your help we will keep Kincora active with various wonderful events. Hope to see you at the rink and more...

Until we meet again, enjoy the holidays, and stay warm!

Mallika Velamuri

President, Kincora Community Association President@kincora.org







NORTHLAND VILLAGE **DENTAL CENTRE**

We Match The Current ADA Fee Guide

*For more details, please contact the office

We are still open to serve you at the current location! Our new clinic will be located by McDonalds opening on Feb 2024!

> Accepting New Patients & Providing **Emergency Services**

> > **Direct Billing** Available

Multi-Language Service

Use Your Dental Insurance Before It **Expires**

Aesthetic Dentistry • Teeth Whitening Space Maintenance • Fillings **Dentures • Crowns & Bridges Dental Implants**

#2003. 5111 Northland Dr. NW (2nd floor of Northland Village Mall)

403-255-6688

Park in the 2nd parkade for access to the clinic

Monday to Friday 8:30 am - 7:00 pm Saturday 8:30 am - 5:00 pm

A MESSAGE FROM THE KRA

The Kincora Resident's Association would like to wish the neighbourhood a happy, and cheerful holiday season! Seasonal lights have been installed including a couple of trees along Kincora Glen Road NW.

With winter arriving, snow shovelling begins. The City of Calgary has a Snow Angel program to recognize individuals shovelling snow for neighbours. You can print out a recognition certificate for your snow angel through the City's website: www.calgary.ca/volunteer/snow-angels.html.

Our KRA board is learning more about Kincora's architectural controls, land titles, and restrictive covenants, as these land titles help to maintain our neighbourhood! The KRA would like to remind residents that restrictive covenants regarding stone walls, and wood fences on private property, is considered a homeowner's responsibility to maintain.

Invoices for the 2024 homeowner association fees have been issued. Please verify your email address on the portal to help reduce our mailout costs. Invoices are not the same as an account statement and do not include the account transaction history. We invite residents to review and comment on the 2024 budget. Also, community enhancement ideas are welcomed!

As the year comes to a close, the KRA wishes all the best for our community and hopes everyone has a great start for the 2024 year. Our KRA Wish List includes welcoming new members to the board, as we have some great projects in the works and more members will help the process go quicker.

kincoraresidents.org





The 229 Sparks/Embers unit is starting the guiding year with 20 girls in the unit and with three guiders. We welcomed ten new girls into the unit this year, five new Sparks and five new Embers. We spent the first couple of weeks getting the girls in the unit to know each other. Our enrollment ceremony took place on October 16. The theme for the ceremony was Autumn. The girls worked hard preparing posters for the ceremony.

At the time of writing, we are looking forward to our unit sleepover at the Telus Spark Center on November 3.

We have a dedicated group of girls this year. We were able to sell all 60 cases ordered for the unit in two weeks. The girls had a lot of fun selling cookies at the cookie stand.

Guiders Gaylene, Lauren, and Sadhana are looking forward to seeing the girls learn and grow over the year. They love seeing the enjoyment on the girls' faces at each meeting and have a lot of exciting things planned for the unit this year.

	BR GA	MES		S	SU	D	<u>Ok</u>	(U
		6					5	
7			6	4				
	1	8		5			7	
				6				7
1			4		8			2
3				1				
	3			2		8	4	
				3	1			9
	2					5		
COANTUE OD CODE								

SCAN THE QR CODE FOR THE SOLUTION



Seniors and Winter Driving: Safety Tips and Precautions

As the chill of winter descends, it brings with it picturesque landscapes and festive celebrations. However, for seniors, navigating winter roads can be a daunting task, as age-related changes



can impact their ability to drive safely. With the right precautions and awareness, seniors can enjoy the season while staying safe on the roads.

Vehicle Maintenance: Before winter arrives, it's crucial for seniors to ensure their vehicles are in top shape. Regular maintenance checks on tires, brakes, and battery is essential. Winter tires with proper tread depth can provide better traction on icy roads. Keeping the vehicle wellmaintained minimizes the risk of unexpected breakdowns.

Plan Your Trips: Seniors should plan their trips wisely, especially during winter. Try to avoid driving in severe weather conditions if possible. If a trip is necessary, plan for daylight hours and good weather. Consider the traffic, the route's condition, and the duration of the journey, aiming for shorter, more manageable distances.

Know Your Limits: It's vital for seniors to be aware of their physical limitations. As we age, our reaction times may slow, and vision and hearing may decline. It's essential to acknowledge these changes and adapt your driving habits accordingly. If night driving becomes challenging or if visibility is reduced due to adverse weather, opt for alternative transportation.

Stay Informed: Keeping up with weather forecasts is essential for winter driving. Check for updates before heading out and while on the road. If a storm is approaching, consider delaying your trip or choosing safer routes.

Pack an Emergency Kit: Seniors should prepare a winter emergency kit for their vehicle. Include essentials like warm blankets, extra clothing, non-perishable snacks, a flashlight, a first-aid kit, and a cell phone charger. In case of a breakdown or being stranded due to road closures, this kit can be a lifesaver.

Drive Defensively: In winter, road conditions can change rapidly, and black ice is a hidden danger. Seniors should

practice defensive driving by maintaining a safe following distance and reducing speed. Avoid sudden movements and use gentle steering and braking techniques to maintain control.

Consider Alternative Transportation: For some seniors, public transportation or rideshare services may be a safer and more convenient option during the winter months. These alternatives can reduce the stress associated with winter driving while ensuring that seniors can continue to enjoy their independence.

Regular Check-Ins: Families and friends of seniors should regularly check in on their loved ones to ensure they are safe and comfortable. Offering to run errands or provide transportation can be a great help and provide peace of mind.

Winter driving presents unique challenges for seniors, but with preparation, awareness, and adaptation, they can continue to drive safely during the winter months. It's crucial to stay informed, maintain vehicles, and make use of alternative transportation when necessary. By taking these precautions, seniors can enjoy the winter season while minimizing the risks associated with driving in adverse conditions.

SCAN HERE TO VIEW ADDITIONAL KINCORA CONTENT

News, Events, & More







Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



SYMONS VALLEY PARK UPDATE



Dear Symons Valley Communities,

As the year draws to a close, it's a time to reflect on the journey we've had as a society. Despite the challenges and uncertainties that have marked this year, our resilience and unity have shone through. As the president of the board for the Symons Valley Leisure and Amenities Society (SVLAS), I am extremely grateful for the efforts that our team has put into this community project.

Recently Vivo partnered with the Calgary Parks Foundation to conduct a community engagement initiative to listen and learn from our communities about what creates a prosperous community. This initiative is called Place Matters. I invite you to visit Vivo's website to learn more about this fantastic work that they've done, as it highlights that Symons Valley is extremely underserved in terms of having the core outdoor amenities a community should have for its citizens to thrive. It also highlights that Symons Valley as an area should be the number one priority for amenity development in North Central Calgary.

Reading this document both validated the path that our board has taken in trying to deliver a meaningful amenity to Symons Valley, with us following many of the recommended steps, but also highlights the very same risks that we have been experiencing, like volunteer availability, and lack of a funding partner(s).

I truly hope that as our board continues to march forward unrelenting, this report brings a newfound level of awareness about our great work to both existing and new partners, and ask that if you can, please assist us by volunteering or partnering with us to build Symons Valley Park together.

May the coming year be filled with hope, opportunities for growth, and continued unity in our efforts to build a better community for all.

Wishing everyone a peaceful and prosperous new year!

With gratitude,

Kris McPherson, President

1	KINCORA COMMUNITY ASSOCIATION I www.kincora.org (Online Registration a	
Kincora	KCA Membership Fee: \$20 Cheque is payable to the Kincora Community Asso Mail: P.O. Box 47146 Creekside, Calgary, AB T3P (, ,
Last Name:	First Name:	Are you interested i volunteer opportunities?
Address:		Date (dd/mm/yy)
Home Phone:	Alternative Phone:	
Information is collected under Kincora Community Associatio	n is sent out from <u>wpadmin@kincora.org</u> . Please contact m the authority of the Freedom of Information and protection of Privacy Act, n membership household payment history. This information will only be us of party. If you have any questions or concerns regarding the use or collecti	section 33(c). This information is used to record your ed in whole or in part for internal statistical reporting. I





KINCORA COMMUNITY REAL ESTATE ACTIVITY

YOUR HOME SOLD GUARANTEED!*

Call to find out more about our Innovative Consumer Programs

Virtual Tours
Guaranteed Sale Program*
Trade Up Program*
Blanket Home Warranty Program*
Accepting Crypto Currency

Call us to help you navigate through the changing real estate world

Call or Text 403-606-8888 Email len@lentwong.com

*Guarantee is being offered by Greater Property Group.

Terms and Conditions Apply.

		Properties		Media	n Price
		Listed	Sold	Listed	Sold
October	23	13	11	\$449,900	\$445,000
September	23	15	12	\$422,450	\$418,000
August	23	11	8	\$354,950	\$350,250
July	23	11	16	\$404,900	\$405,000
June	23	18	16	\$455,000	\$447,000
May	23	12	12	\$458,000	\$455,000
April	23	19	21	\$409,900	\$407,000
March	23	15	14	\$544,450	\$527,250
February	23	8	10	\$299,950	\$295,000
January	23	13	3	\$400,000	\$435,000
December	22	2	9	\$352,000	\$340,000
November	22	4	8	\$527,400	\$518,500

To view more detailed information that comprise the above MLS averages please visit kca.mycalgary.com



Programs run out of the Huntington Hills Community Centre and VIVO



BEGINNER COMPETITIVE RECREATIONAL

Pre-Power | Adult
Intro to Figure Skating
Figure Skating Programs

National Certified Programs taught by National Certified Coaches

REGISTER ONLINE

register.hhskatingclub.com

hhsc_coaches

403-272-5913

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

KINCORA MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.





BE FREE, BE YOU

New friends are waiting to be made! Find the freedom to live a social life just like you did when you were younger—furry friends included.

FRIENDS BY MY SIDE

Scan or call to book a tour.



403-536-6378 | sagehillseniors.ca 6 Sage Hill Gardens NW, Calgary

Independent Living | Assisted Living | Supportive Living | Memory Care



We Follow Alberta Fee Guides | No Obligation Quotes | Same Day Emergencies

49 Sage Hill Passage NW | www.sagehilldental.ca | 587-327-1382 | info@sagehilldental.ca * conditions APPLY Near the Sage Hill Walmart