

JANUARY 2023

DELIVERED MONTHLY TO 1,505 HOUSEHOLDS



North Haven

THE OFFICIAL NORTH HAVEN COMMUNITY NEWSLETTER

FAMILY SKATING PARTY
JANUARY 14
KITH SCAVENGER HUNT
JANUARY 22



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Yip the dishes.



Unsecured food waste attracts wildlife. Keep clever coyotes hunting in the wild by ensuring garbage, compost, and recycling are in secure bins.

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2-storey Wildwood home with over 4,500 sq. ft. on 3 levels with developed basement.

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NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW
Rentals 403-284-2716 • Hall 403-282-1075 • hello@northhavenyyc.ca

Board of Directors

Directors

President	Jody Breen	403-284-9775	president@northhavenyyc.ca
Vice President	Alex MacKinnon	403-807-7700	vp@northhavenyyc.ca
Secretary	Lucas Van Boeschoten	403-220-0288	secretary@northhavenyyc.ca
Treasurer	Tyme Wittebrood		treasurer@northhavenyyc.ca
Building and Maintenance	James Hill		facilities@northhavenyyc.ca
Hall Manager	Marie Heffernan	403-282-1075	
Civic Affairs	Terry Arnett	403-547-0237	civic.affairs@northhavenyyc.ca
Communication Technology	Mark Gervais	403-651-4063	communications@northhavenyyc.ca
Community Engagement	Anne Umpleby	403-477-3049	community@northhavenyyc.ca
Entertainment	Theresa Constantin		entertainment@northhavenyyc.ca
Memberships	Tyson Hickey	403-703-1302	memberships@northhavenyyc.ca
Newsletter	Maria Fernando		newsletter@northhavenyyc.ca
Hall Rentals	Sandra Whitty	403-284-2716	rentals@northhavenyyc.ca
Casino and Fundraising	Vacant	403-966-3922	fundraising@northhavenyyc.ca
Director at Large	Meghan Owen		meghan@northhavenyyc.ca
Director at Large	Rodney Blanco		rodney@northhavenyyc.ca

**Monthly board meetings are held every second Thursday at 7:00 pm.
NHCA board meetings are open to the public.**

Volunteer Needed

Are you interested in helping out in your community and getting to know your neighbours? The North Haven Community Association is looking to recruit a new Director of Casino and Fundraising to join the North Haven Board of Directors. If you are interested in the position or would like more information, please email Jody at president@northhavenyyc.ca.



**MEMBERSHIPS NOW
AVAILABLE ONLINE!**

NorthHavenYYC.ca/membership/

ENTERTAINMENT

Happy New Year, North Haven! Warm up and have some fun at these upcoming community events!

Family Skating Party

Saturday, January 14, 2023 | 3:00 to 5:00 pm

Bring your family and your skates and join us for some pleasure skating time with friends and neighbours at the North Haven outdoor rink! Hot chocolate and music will be provided.

Kids In the Haven Scavenger Hunt

Sunday, January 22, 2023 | 3:00 pm

Free for all North Haven teens in grades 7 to 12, join us as we search North Haven on our annual scavenger hunt. Prizes for everyone!

To sign up, send an email to president@northhavenyc.ca no later than January 15.

Meet in the parking lot of the North Haven community hall and dress for the weather, as we will be outside. Bring a phone or camera to take pictures of the items.

Seniors' Grandparent Scam Information Session with Calgary Police Service

Tuesday, January 24, 2023 | 10:00 to 11:00 am

Free for all North Haven Seniors, Cst. Kelly Lower will come to North Haven community hall to give a presentation on the Grandparent Scam, which has been targeting seniors in our community. Coffee and refreshments will be provided.

Mark your calendars for these other upcoming events!

Friday, February 10 - Kids in the Haven Skating at Bowness

Saturday, February 25 - Brew Haven (tickets on sale February 1)

Saturday, March 25 - Dancing Under the Stars Adult Dance

Be sure to check our website for all the details - www.northhavenyc.ca

Theresa Constantin

Entertainment Director

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COME CHECK US OUT!



OPEN HOUSE

January 18, 2023 | 5:30-7:30PM
3716 2 St NW

*Stop by to see the classroom, meet the
teachers and learn about our school.*

Non-profit, parent-supported preschool with
affordable morning and afternoon classes.

Centrally located en route to downtown in
Highland Park Community Hall.

Register now for September 2023!

preschool@hpca.ca | 403-276-6969

www.hpca.ca/preschool

NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENT!



Notes:

- All rentals require a \$300 damage deposit
- Discount available for North Haven resident members
- Rates do not include GST

Call 403-284-2716 to view or book!

MAIN HALL Seating Capacity: 100

Friday to Sunday - Full Day 9:00 am to 2:00 am	\$400/day + GST Includes full kitchen access
Friday to Sunday - Hourly Rate 9:00 am to 2:00 am (min 3 hours)	\$50/hour + GST Includes basic kitchen access
Monday to Thursday - Hourly Rate 9:00 am to 11:00 pm (min 2 hours)	\$40/hour + GST Includes basic kitchen access

MEETING ROOM Seating Capacity: 30

Monday to Friday - Full Day 8:00 am to 5:00 pm	\$150/day + GST Includes basic kitchen access
Saturday to Sunday - Full Day 8:00 am to 2:00 am	\$200/day + GST Includes basic kitchen access
Monday to Friday - Hourly Rate 8:00 am to 11:00 pm (min 2 hours)	\$30/hour + GST Includes basic kitchen access
Saturday to Sunday - Hourly Rate 8:00 am to 11:00 pm (min 2 hours)	\$50/hour + GST Includes basic kitchen access



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We've partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1, 2, 3.

1. Download the app and book a pickup using <https://app.skipthedepot.com/nhca>.
2. Place your bags outside.
3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!

Got Bottles?



Download the app and donate to us today!

SKIP THE DEPOT

COVER TO COCKTAILS

Welcome to Cover to Cocktails! This month's book is *The Lobotomist's Wife* by Samantha Greene Woodruff. This historical fiction is based in the 1930s, an exciting time in medicine. The lobotomy is being performed at a fast rate with the best intentions, but often with devastating results. Ruth, the lobotomist's wife, tries to save lives by stopping her husband, even if it means the loss of her reputation as hospital superintendent. With a shocking amount of truth to the story, we are sure you will enjoy this book!

Our themed cocktail is The Paralyzer.

Ingredients:

- 1 oz vanilla vodka
- 1 oz Kahlua
- Cola
- Heavy whipping cream
- Maraschino cherry

Directions:

1. Add ice to a highball glass.
2. Add the vodka and Kahlua.
3. Fill the cup $\frac{3}{4}$ to the top with cola.
4. Gently stir.
5. Fill to the top with heavy whipping cream, pouring slowly into the cup over the back of a spoon (this will help prevent curdling).
6. Top with a maraschino cherry.

I hope you enjoy the book and the cocktail!

Until next time, have a cocktail, read a book, and be happy!

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Hello North Haven
Scouters!

The past few years of struggling with COVID-19 have been trying for everyone and Scouting in North Haven did not escape the melee. We have moved from

Monday evenings to Thursday evenings, and with no membership or volunteers, we may be forced to close the group. The North Haven group has been one of the more successful groups in this part of the city and has great potential to be again.

It's a great adventure to join with youth and adults and learn about the world around us while keeping the 'out' in Scouting. There will be a new registration for a January 2023 group start-up, and I truly hope that you can join us to have some fun. We have amazing resources to enjoy the great outdoors and discover the world.

Beavers (ages 5 to 7), Cubs (ages 8 to 10), Scouts (ages 11 to 14), Venturers (ages 15 to 17), Rovers (ages 18 to 26).

Yours in Scouting,

Beverly Bridger, Group Commissioner

132 North Haven Scouts

403-616-3402





NHCA

Annual Membership Form

Date _____

Last Name

First Name(s)

Address

Postal Code

Email Address (Please print clearly)

Phone Number

☐ I consent to receive emails from the NHCA regarding membership renewal and community events.

Please select a membership type:

- ☐ \$ 15.00 North Haven Resident Household - 1 Year
- ☐ \$ 15.00 Non-North Haven Resident Household - 1 Year
- ☐ \$ 5.00 Senior Household - 1 Year

_____ **Donation**

Select payment type:

- ☐ Cash
- ☐ Cheque

Please mail or drop off the completed form and payment at:

North Haven Community Hall - 5003 North Haven Dr. NW, Calgary AB, T2K 2K3

Go to northhavennyc.ca/membership to fill out a form online!

Purchasing a membership supports local initiatives such as:

- Ongoing growth of community events
- Neighbourhood improvement initiatives such as spring clean-up, playground and pathway upgrading and traffic safety
- Maintaining the Ice rink and community facilities
- The community website online communication and monthly newsletter

Benefits of your North Haven Community membership include:

- Discounted fees for community programs and events
- Discounted community hall rental fees (North Haven residents only)
- The option to be included in the North Haven Business Directory
- The ability to register for local groups such as McKnight Soccer
- Voting privileges at the Annual General Meeting (North Haven residents only)
- Giving input on community planning and development processes

Do you run a business and live in North Haven?
Join our Business Directory at
northhavennyc.ca/businessdirectory

NHCA T-Shirt Pre-Order

New NHCA t-shirt options are available for pre-order! Visit northhavenyyc.ca/merch to order. T-shirts will be available in the new year. Funds from the sale of the shirts will be used to bring more exciting events to the North Haven community.



Events Calendar

Family Skating Party

January 14 | 3:00 to 5:00 pm

Kids In the Haven Scavenger Hunt

January 22 | 3:00pm

Seniors' Grandparent Scam Information Session with Calgary Police Service

January 24 | 10:00 to 11:00 am

Kids In the Haven Skating at Bowness

February 10

Brew Haven

February 25

Dancing Under the Stars Adult Dance

March 25



Greetings Ward 4!

Happy New Year! We hope you had a wonderful holiday season!

Submit a Nomination for the 29th Annual Calgary Awards by February 1

Incredible happens here. The Calgary Awards celebrate outstanding individuals and organizations whose exceptional achievements and contributions make life better for Calgarians.

Award Categories Include:

The Community Achievement Awards:

- Grant MacEwan Lifetime Achievement
- Calgarian of the Year (previously Citizen of the Year)
- Arts
- Community Advocate - Individual
- Community Advocate - Organization
- Commerce - Under review
- Education
- Heritage
- Youth

The Award for Accessibility

The Environmental Achievement Award

The International Achievement Award

Look to your neighbours, colleagues, community leaders, local groups, and companies who qualify for a Calgary Award. The nomination process is easy – follow the steps outlined at calgary.ca/calgaryawards and submit a nomination by February 1.

Calgary Winters Are Safer When Everyone Pitches in to Clear Snow and Ice

While our crews are clearing roads, designated pathways, and overpasses, residents and business owners are reminded to remove snow and ice from their property's adjacent sidewalk within 24 hours of snowfall ending.

The fine for not removing snow/ice from a sidewalk/pathway is \$250, with an escalating scale for subsequent convictions to the same property owner/occupant over a 12-month period.

Uncleared sidewalks can be reported to 311. Make sure to include the address or specific location details. A photo can be included with the 311 app.

When a complaint is submitted to 311, a Community Peace Officer issues a Snow and Ice Removal Notice, which gives the owner/occupant of a parcel 24 hours to clear the sidewalk. If after 24 hours the sidewalk has not been cleared, the file is then sent to a contractor to clear the sidewalk at the owner's expense.

Consider being a Snow Angel and clear the sidewalk of a neighbour who could use your help.

Thank you for your attention,
Ward 4 Cllr. Sean Chu



Calgary Nose Hill
Hon. Michelle Rempel Garner, MP
 115 – 70 Country Hills Landing NW
 Calgary, AB T3K 2L2
 📞 403-216-7777
 ✉️ michelle.rempel@parl.gc.ca
 🌐 www.michellerempel.ca

Happy New Year. While the last year continued to present challenges for many in our community it is my hope that 2023 will see positive change.

Thank you to the many individuals in our community who supported the NHCA's 'Gift of Joy' program by donating a toy or gift for families in need. I was proud to partner with them for this important initiative – especially during these challenging economic times. Thank you to the many organizations and volunteers that are supporting individuals in our community.

As Parliament resumes later this month, I remain focused on the issue of inflation and the affordability crisis that so many are dealing with. As your voice in Ottawa, I am committed to finding real solutions to the challenges facing those in Calgary.

I continue to hear from residents who are very concerned about their employment situation. As such, I was proud to sponsor a petition calling on the federal government to create more jobs in western Canada. This petition is available for signature until January 27 and can be found on my website at <https://mprempe.ca/petitions>.

I expect to see a federal budget later this spring and will be conducting pre-budget consultations in our community. Should you have any information that you wish to add, please do not hesitate to contact me at michelle.rempel@parl.gc.ca.

The Hon. Michelle Rempel Garner
 Member of Parliament
 Calgary Nose Hill



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



SCAN HERE



To View Additional North Haven Content

INCLUDING

- ▶ **News and Events**
- ▶ **Real Estate Statistics**
- ▶ **Crime Statistics**

and More...

Photo Corner

Do you have recent photos from around North Haven or from community events that you would love to share with the newsletter? Submit them to newsletter@northhavenyyc.ca.



North Haven residents were able to enjoy a festive tree lighting and visit from Santa to kick off the holiday season. Thank you to the Arnett and Arbuthnot families for generously contributing too and helping organize this event.



Thanks to all the artists, makers and artisans who participated in our Winter Haven Market. Visitors were treated to an expert demonstration of ice carving, followed by some cozy indoor Christmas shopping!

Snow Shovelling

The NHCA Snow Shovelling Program is underway for 2022-23 with 40 customers and 34 shovelers matched! With the early November snowfall, we're still receiving inquiries from new customers but are short on shovelers. Please contact us if you are between 10 and 18 and are interested in shovelling.

The program matches North Haven kids with North Haven customers who would like to have a snow shovelling service at reasonable rates and provides many kids with their first employment opportunity. Customers can sign up for the full five months, or for as little as a weekend. Both customers and shovelers must be residents of North Haven and have a valid community membership. The program starts on November 1 and ends on March 31 every year.

Rates vary by the size of the area to be shovelled and length of the contract, with monthly rates starting as low as \$70+GST per month for a basic area which would include city sidewalk and a flat path to house (i.e., no hill/steps). Shovelers commit to clearing any significant snowfall (i.e., fully covers the sidewalk/more than a "dusting") prior to 7:00 pm every time it snows.

Email snow@northhavenyyc.ca or phone 403-282-6537 if you are interested in participating as a customer or shoveler.



News from the Friends of Nose Hill

by Anne Burke

The Calgary Naturalists' Club was started in the late 1940s. Its activities included plant, bird, and star study groups. After the Calgary Bird Club was formed, the Calgary Naturalists' Club was discontinued, due to lack of support, since so many of its members had transferred their membership. The Calgary Bird Club evolved and became the Calgary Field Naturalists' Society, an advocate for the ongoing protection of parks and other natural areas by letters and through engagement with city officials.

According to the Provincial Archives of Alberta, when the first meeting of the Federation of Alberta Naturalists was held, it was attended by representatives from six regional naturalist clubs: the Calgary Field Naturalists' Society (now known as Nature Calgary), the Edmonton Bird Club, the Edmonton Natural History Club, the Lethbridge Natural History Society, the Alberta Natural History Society (of Red Deer), and the Bow Valley Naturalists. Membership in the Federation has since grown to include over 40 clubs, representing thousands of individuals.

The Federation (now known as Nature Alberta) was registered under the Societies Act to increase knowledge of natural history and understanding of ecological processes; to promote the exchange of information and views among natural history clubs and societies; and to foster and assist in the formation of additional natural history clubs and societies in Alberta. The aims are to promote new natural areas and nature reserves; to conserve and protect species, communities, or other features of interest; as well as to organize or coordinate conferences, field meetings, nature camps, research, and other activities. The group offers naturalists a forum in which questions relating to the conservation of the natural environment may be discussed, united positions are developed, and the means of translating these positions are put into action.

CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

9 PM
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