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#### PRESIDENT'S MESSAGE

As we hit Stampede season, I wanted to take the time to touch on volunteering again. The RCA, in the past, held an annual Stampede pancake breakfast that was hugely popular both for Ranchlanders and those from surrounding communities. Unfortunately, in the last few years, we haven't held this event as we didn't have the volunteers needed to plan one and such a huge endeavor really does require an army of volunteers.

We have regularly held family events throughout the year, such as our Halloween event and Easter Egg Hunt, but these events are also now suffering from a lack of volunteers, making it impossible for us to plan or hold these. Events for the community are a huge part of the RCA's purpose, but we can't do it without the help and support of our residents.

We have unfortunately had to make the hard decision to cancel our community cleanup that was planned for Saturday, July 8. We hope to be able to hold smaller cleanup events in the fall, so keep an eye on our Facebook for that information.

We have our upcoming casino fundraiser taking place on Thursday, August 31 and Friday, September 1 at Ace Casino. This is the single biggest source of funding for the RCA and helps us fund repairs to our building. If you have questions about volunteering with this event, please reach out to the office and we will provide a registration link closer to the date.

We also have two upcoming swap shop events; we are asking for donations of gently used kids as well as baby clothing and gear. These events are a great way to pass along outgrown clothes and pick up some new things, just in time for back to school.

The swap shops are open to all and generously supported by the TD Parks People Grant.

- Kids' Clothing Swap (school aged kids): Saturday, August 12 from 10:00 am to 3:00 pm
- Baby Clothing Swap (ages 6 and under): Saturday, September 16 from 10:00 am to 3:00 pm

Donations of clean, used clothing can be dropped off at the community hall (7713 Ranchview Drive NW) from 10:00 am to 3:00 pm from Monday to Friday or on Wednesdays from 10:00 am to 7:00 pm.

Anita Raffaele

President

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Thursday	7am - 7pm
Friday	7am - 5pm



# **Building Connections in Our Community**

Whether you are new to the neighbourhood or a long-time resident, the Ranchlands Community Association building is always full of activity. Our building is often being rented out for a whole range of get togethers and parties. It is great to see people of all ages come together and have some fun!

Did you know that there are other events that happen on a regular basis?

#### Little Ranchlanders Playgroup

Every Wednesday at 10:00 am, moms, dads, and caretakers gather together to hang out at the hall with their little ones and play on safe and soft colourful gym equipment or move around the floor on safe and colourful little scooters. While we are all hoping for bright and sunny summer months, this is a great option for those days when it is just too hot or on rainier days.

"As a newcomer to Ranchlands, it was a great way for me to meet families with kids the same age as mine," says Anita Raffaele. "As a stay-at-home mom, I was grateful for a place for my little guy to play as well as meet others."

Bring your own snacks for your kids and join us when you can this summer!

#### **Ranchlands Community Coffee**

One of our main goals at the Ranchlands Community Association is to have a welcoming space for all ages. That is why we started Community Coffee on Tuesdays at 10:00 am. Did you know, you are all invited to come along and meet new faces and chat over a cup of coffee? Why not, over the summer, come and meet some new neighbours. You could pick up some gardening ideas, stroll over to and visit our Edible Forest, learn about the great walking pathways in Ranchlands, or meet some new friends.

Please join us!

# Stampede Breakfast at St. James Anglican Church

6351 Ranchview Drive

Saturday, July 8, 9:00 to 11:00 am

We'd like to invite you to a Stampede pancake breakfast.

Live music and other fun activities are included.

Admission is free.

### **Ranchlands Community Garden**

Did you know that Ranchlands has a community garden?

Do you want to save money on groceries?

Are you interested in vegetable gardening?

Are you willing to help maintain the garden?

Open to individuals, families, and schools.

More than one lot can be purchased depending on availability.

Rental cost is for one year. A smaller lot is \$15; a larger lot is \$20 per single lot.

Contact Wendy at 403-239-1114 to reserve or email info@westviewchurch.ca.

Located at 1313 Ranchlands Way NW (SW corner), at the end of the Westview Baptist Church parking lot.



# GAMES & PUZZLES Guess That Song!



- 1. This Grammy award winning pop song is about being foolishly apologetic for constantly playing with new lovers' hearts. Oops!
- 2. This thrilling hit pop song is about a woman being stalked by a beast about to strike.
- 3. This 2014 electro-pop song is about meeting someone in the summer, falling in love in the fall as the leaves turned brown, and then being betrayed by lies.
- 4. This heartfelt alternative rock ballad is all about wanting to skip right to October because summer has come and passed.
- 5. This country song is about going out and having fun with no inhibitions, just feeling womanly and dancing with your girlfriends on a night out.
- 6. This gentle pop rock song is about being so in love with someone that they colour your world and make the stars shine for you.

SCAN THE QR CODE FOR THE ANSWERS





# RANCHLANDS COMMUNITY ASSOCIATION

RCA OFFICE: 7713 Ranchview Drive NW Calgary AB T3G 2B3 • 403-241-0335

**▼** ranchlandscommunity@outlook.com • **②** www.ranchlandscommunity.com

### FIND US ON FACEBOOK AND INSTAGRAM!

■ @RanchlandsCA • ② @RanchlandsCA

BOAR	D OF DI	RECTORS	2022-2023

President Anita Raffaele

president@ranchlandscommunity.com

Vice-President

vice-president@ranchlandscommunity.com

Secretary Sharon Blackwell

Laurie Lin, Jessica Brander Director at Large

Contact RCA Office

#### PROGRAM CONTACTS

Ranchlands		Contact RCA Office
Food Pantry		
Skating Rink Coordinator	Darren Angell	Contact RCA Office
Living Springs	Glen Switzer	403-701-7668

Christian Church

186th Ranchlands 186thRanchlandsScouts@gmail.com

Scouts

Girl Guides of Canada: https://register.girlguides.ca/web/en/unit

Wichewakn District

#### COMMUNITY CONTACTS

Ranchlands **Elementary School** 

St. Rita's Catholic **Elementary School** 

Rise Calgary

403-288-4453 MI A Prasad Panda

Calgary.Edgemont @assembly.ab.ca

MP Pat Kelly 403-282-7980 Ward 2 City Councillor

Jennifer Wyness 403-650-6936

www.calgary.ca/ward2

CBE School Trustee Dana Downey dacdowney@cbe.ab.ca 403-817-7929

CSSD School Trustee 403-500-2761 Myra D'Souza

#### **RCA OFFICE AND HALL RENTALS**

7713 Ranchview Drive NW Calgary AB T3G 2B3

403-241-0335

ranchlandscommunity@outlook.com

www.ranchlandscommunity.com

#### **SOCIAL MEDIA**

Find us on Facebook and Instagram!

@RanchlandsCA @@RanchlandsCA

### **Help Us Find a Cover Photo!**

Are you a budding photographer? Do you curate an exciting Instagram feed? Do you have some beautiful shots in your archives? We'd love to see them!

The Ranchlands Community Association is looking for monthly contributions to grace the cover of the Roundup. These images need to be 1MB and 300 DPI. Photos can be taken in or of the community, be based on the seasons or holidays, or just a genuinely great photo!

For more information, or to submit your photographs, please contact the Community Association at ranchlandscommunity@outlook.com. Entries must be submitted by the fifth of the previous month to be featured in the newsletter. E.g.: March 5 to be featured in the April newsletter.





#### WHAT'S HAPPENING AT THE RCA

**RCA Room/Space Rentals:** If you are looking for a place to host a birthday party, family gathering, or corporate event, why not check out the RCA! We have space for daytime bookings. You can now check hall availability and start a booking online. Check our website for more info at www.ranchlandscommunity.com/rentals.

For any questions about rentals not answered on our website, please contact the office at ranchlandscommunity@outlook.com.

**Community Coffee:** Drop-in program taking place Tuesday mornings from 10:00 am to 2:00 pm in the West Hall. Come and meet your neighbours and enjoy a cup of coffee or tea in a friendly, inclusive environment. Open to all.

**Little Ranchlanders Playgroup:** Now happening on Wednesdays from 10:00 to 11:30 am in the West Hall. Free for RCA Members! Parent supervised, please bring a nut-free snack. Contact the office for more information.

**Monthly Board Game Night:** Happening on the first Monday of each month from 6:30 to 8:30 pm in the West Hall. Open to all ages! Feel free to bring along any games you might want to share or let others try out for the night.

**Donations Needed! Ranchlands Food Pantry:** We are always in need of donations to help fill hampers for Ranchlands in need of some help. Food donations can be dropped off in the wooden RFP box in the front lobby and we also accept cash and gift card donations at the office, Monday to Friday from 10:00 am to 3:00 pm. Large donations are eligible for a tax receipt, so if you want to claim one, please include your name, address, and the purchase receipt when you drop off donations.

If you need food support, please reach out to the office to arrange a pick-up time. The only requirement to access this program is that you live in the Ranchlands community.

**YYC Growers and Distributors:** Wednesday pre-order pick up from 4:00 to 6:00 pm in the main lobby of the RCA building or outdoors weather permitting.

**Living Springs Church:** Here at the RCA, Sundays from 10:30 am to 12:00 pm. Contact Glen Switzer for more details at 403-701-7668.



#### IN THE COMMUNITY

Rise Calgary (formerly Bowwest Community Services): 14 – 1840 Ranchlands Way NW

Westview Baptist Church: 1313 Ranchlands Way NW

St. James Anglican Church: 6351 Ranchview Drive NW

**Islamic Association of NW Calgary:** 7750 Ranchview Drive NW

Al-Salam Centre: 6415 Ranchview Drive NW

**Good Food Box:** Ranchlands' Depot is St. James Anglican Church

#### **Have Your Say**

Did you know that the City of Calgary is seeking public input on where, when, and how The City of Calgary should invest in publicly funded recreation facilities? Here is the link: https://engage.calgary.ca/GamePLANfacilities.

Parks and Opens Spaces (Parks) is looking for your valued perspective on the Calgary's Future Parks Plan to ensure they are accessible and meet the needs of all Calgarians. Have your say here: https://engage.calgary.ca/parksplan/parksplan-calgarians.

Did you know the City of Calgary is building a list of top issues that matter to Calgary. Have your say here: https://engage.calgary.ca/YYC-matters-2023.

Calgary's river valleys are essential to our city. They are at the core of our city's identity and its appeal as a place to live, play, and do business. Have your say here: https://engage.calgary.ca/rivervalleys.





bv Anne Burke

#### **Guided Plant and Herb Walk**

A guided plant and herb walk on Nose Hill taught attendees about local landscape and ecology (living things and habitat). The group identified plants, whether edible or poisonous ones, as well as invasive plants (weeds) and native species.

There is much interest in traditional medicine and modern uses. Agrology deals with the natural, economic, and social sciences related to environmental protection. The walk leader, as a member of the Alberta Institute of Agrologists, has studied the application of science to agriculture. It is important to understand that Calgary's Parks & Pathways Bylaw prohibits foraging as part of these events.

#### **City Nature Challenge 2023**

Here are the results for the City Nature Challenge 2023! Across Canada, 43 cities were in this year's challenge. Calgary was first for observers, with 9,185 who reported 775 species. Calgary came in fourth for 347 observations. Globally, there were 482 cities, with 66,394 participants who reported 57, 227 species, including 2,570 rare, endangered, or threatened ones.

#### **World Migratory Bird Day**

Light pollution remains a threat to migrating birds. To raise awareness in Canada, World Migratory Bird Day was on the second Saturday in May and, in South America, will be on the second Saturday in October.





Councillor, Ward 2 Jennifer Wyness 403-268-2430 Jennifer.Wyness@calgary.ca Calgary.ca/ward2 Ward2Wyness

I hope everyone is enjoying the summer! Read more for some tips on gardening in Calgary and how to keep our off-leash parks enjoyable for everyone.

#### 'Bee' YardSmart

YardSmart is an online resource that can help you grow a healthy garden.

Visit calgary.ca/yardsmart to learn how to create a beautiful yard that is easy to maintain and is suited for Calgary's unique climate.

YardSmart offers advice on choosing garden bed layouts – wet, dry, or a combination of sun and shade. It also offers plant lists to help you choose beautiful and low-maintenance plants at your local garden centre, and how-to videos for gardening on a budget. You can also visit calgary.ca/droughtinfo for tips on caring for your yard during the dry season.

#### Off-Leash Dog Parks

Calgary is a haven for dog lovers, and there are plenty of off-leash parks across the city. In the summer, many pet owners are eager to enjoy the warm weather and spend time with their furry friends. However, it's important to ensure that off-leash parks are enjoyable for everyone. Here are some guidelines on how to create a secure environment for pets and fellow park-goers.

- Know the regulations of each dog park you visit. This includes size restrictions, leash policies, and keeping your dog's vaccinations up to date.
- · Make sure your dog is well-trained and socialized. Basic commands like "sit," "stay," and "come" can go a long way in managing their behaviour.
- Keep a close eye on your dog. Stay within a reasonable distance and maintain control over their actions.
- · Communicate with fellow dog owners. Respect their space and recognize any signs of discomfort or tension between dogs.
- Carry essential supplies like water and waste bags. Clean up after your pet to keep our parks hygienic.

To learn more, check out our video series at calgary.ca/ pets/licences.

### Chicken Patties and Vegetables

#### **Ingredients:**

#### **Patties**

- 1 lb ground chicken
- 1 tbsp chopped green onion
- 1 tsp chopped parsley
- ½ tsp salt
- 1/4 tsp cayenne pepper
- ½ tsp chili pepper flakes
- 2 tbsp fresh garlic, minced

#### Salad

- 1 small cucumber
- ½ avocado
- · Cup of cherry tomatoes, halved
- 2 lemon slices
- · 2 tbsp chipotle aioli

#### Instructions:

- To make the chicken patties, combine all ingredients in a bowl and gently mix until everything is combined. Do not overwork.
- 2.Heat 1 tbsp oil and 1 tsp butter in a skillet over medium to high heat and divide chicken into 6 equal patties. Sear patties in skillet for 5 to 8 minutes each side, making sure that they are crispy on the outside and that the internal temperature reaches 160 degrees F.
- 3. Put all other ingredients on plate beside pattie.
- 4. This meal can also be prepared in advance and used for a picnic lunch.





## Ranchlands Real Estate Update

Last 12 Months Ranchlands MLS Real Estate Sale Price Update

·		
	Average Asking Price	Average Sold Price
May 23	\$409,000	\$421,000
April 23	\$409,000	\$435,000
March 23	\$389,500	\$403,000
February 23	\$464,450	\$464,450
January 23	\$449,999	\$435,000
December 22	\$329,900	\$320,500
November 22	\$444,900	\$430,850
October 22	\$399,900	\$384,500
September 22	\$439,450	\$443,000
August 22	\$409,800	\$387,500
July 22	\$367,400	\$364,700
June 22	\$324,950	\$314,500

### Last 12 Months Ranchlands MLS Real Estate Number of Listings Update

	<u> </u>	
	No. New Properties	No. Properties Sold
May 23	18	21
April 23	9	5
March 23	8	6
February 23	2	2
January 23	4	5
December 22	3	3
November 22	2	4
October 22	9	17
September 22	9	4
August 22	6	13
July 22	21	12
June 22	17	20

To view more detailed information that comprise the above MLS averages please visit **ranc.mycalgary.com** 

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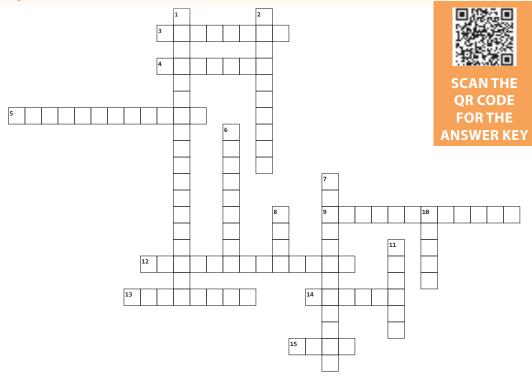
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### **July Crossword Puzzle**



#### Across

- The first Canadian-hosted Olympic games took place in this city.
- **4.** 7-year-old Roger Woodward became the first person to survive going over these falls without a barrell.
- **5.** The month of July is named after this Roman political figure.
- **9.** This Canadian province experienced the hottest temperatures ever officially recorded in Canada (45 degrees Celcius) on July 5, 1937.
- 12. The first human to walk on the moon, which occurred on July 20, 1969.
- **13.** This Canadian American actress, born on July 20, 1971, is best known for her role in *Grey's Anatomy*.
- **14.** On July 5, 1946, just after World War 2, the modern version of this risqué piece of women's clothing was introduced due to the rationing of materials.
- **15.** Filmed in Alberta, this 2022 motion picture was referred to as "Skull" during production to keep it a secret.

#### Down

- **1.** Go Set A Watchman was the original manuscript for this classic Pulitzer Prize winning novel.
- **2.** This iconic Coldplay album was released on July 10, 2000, and features the hit single *Yellow*.
- 6. In the summer of 2019, this folk horror film depicting Scandinavian paganism and starring Florence Pugh was released.
- **7.** This Canadian artist rose to fame on YouTube and was the most Googled celebrity in July 2010.
- **8.** National \_\_\_\_\_\_ Day is observed on July 31 and December 2 to raise awareness and help these dogs get adopted.
- **10.** World \_\_\_\_\_\_ Day celebrates this intellectual two player board game.
- **11.** On July 6, 1885, Louis Pasteur successfully administered this vaccination for the first time, replacing the previous treatment, mad stones.



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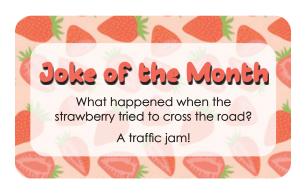
Don't be fooled by these cutelings! Most wild babies just need to be left alone. Fledging birds are learning to fly while leverets (baby hares) and fawns rely on camouflage for protection while mom forages! Keep pets secure when wild young are around.

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www.calgarywildlife.org







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