SANDSTONEMACEWAN

THE OFFICIAL SANDSTONE & MACEWAN COMMUNITY NEWSLETTER





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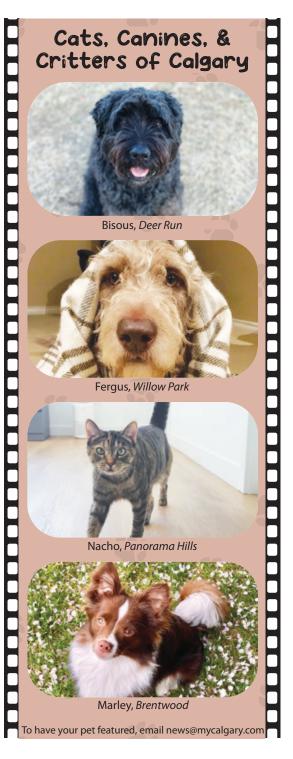
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SANDSTONE MACEWAN COMMUNITY ASSOCIATION

300 - 8120 Beddington Blvd. NW • Calgary, AB T3K 2A8
General Inquiries: info@sandstonemacewan.com
sandstonemacewan.com

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SANDSTONE MACEWAN

Community Association

sandstonemacewan.com

Becoming a member is easier than ever!

Visit sandstonemacewan.com/join or use your phone to scan the QR code below - all proceeds go back to supporting our community!







Sandstone/MacEwan Community Association Meetings

are held the second Thursday of the month at 7:00 pm at the Berkshire Citadel-Sandarac Drive NW. Everyone is welcome to attend.



No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with — this includes odour causing bacteria and illness causing viruses, like staph infections.

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by Anne Burke

In 1993 a land use inventory was conducted of Nose Hill Park. This study reported on archaeological resources on Nose Hill from Alberta's original inhabitants and their land. For the Blackfoot, their culture and homeland have existed for as long as 6,500 years or more. This was their place for more than 350 generations. There are clues about their way of life from remains of the prehistoric past, such as tools, 10 campsites, a kill site, and a "cairn" or stone pile. Pre-contact cairns were used as small game traps, navigation markers, flagging for drive lanes, and burials.

Nose Hill has 18 known sites which contain stone circles from tipi lodges and cooking circles or a central hearth. Fire-broken or cracked rock is a by-product of stonepit boiling. The tipi covers and liners were held down by rocks from the tipi circles. The distribution and weights along the circle are a means of determining the season of use. It is presumed to be a shorter period based on the Nose Hill uplands, where tipi lodges are back from the escarpment edges or in depressed areas, so they were probably meat camps or transitory travel camps. People likely lived there in the early spring for the hunting of individual bison. There are more than 90 rings. The size of the lodge group can be estimated by the size of the ring. Given the number of skins and poles for a tipi, we learn about a group's transportation method. The number and distribution of the rings within a group reveal the size of a larger social group. Isolated rings, even when found in groups, may be vision guest sites.

Read more Uncovering Human History: Archaeology and Calgary Parks at: www.calgary.ca/parks/history.html.

Yielding to Emergency Vehicles

by Alberta Health Services



For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles with their lights and sirens activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- $\bullet \ Move\ right\ or\ left\ to\ the\ nearest\ curb\ on\ one-way\ streets.$
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.

• Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., to pass other traffic.

When operating a vehicle:

- Motorists must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.



SMCA Needs Rink Rat Volunteers for the Sandstone MacEwan Rinks!

Have a hose fetish?
Wish you could water during winter?
If you've got a couple hours a week to volunteer
at either of our community rinks we've got the hoses!

Join the SMCA Rink Rat team today and indulge in cold air conduct while having some hose fun!!

To sign up email us at info@sandstonemacewan.com





Support the SMCA Outdoor Rink Rebuild!

Our community rink is almost at the end of its life - it will need a complete rebuild & we're working with city to get it done. But the community association has to fundraise a large part of the cost to make it a reality.

We need your help.

Please visit our website for donation, 50/50 raffle & project info:



sandstonemacewan.com/rinkrebuild

SANDSTONE MACEWAN Community Association

SHOW YOUR SUPPORT!

PURCHASE YOUR COMMUNITY MEMBERSHIP TODAY!

Membership Application

Family Name:	
Address:	Postal Code:
Phone:	
Number of Residents:	
Date:	Signature:
May we put you on a list of volunteers? Yes No	
Membership Fees are:	
\$20 per household per year	
Make cheques payable to Sandstone/MacEwan Community Association	
Mail or deliver to:	For Office Use Only
300 - 8120 Beddington Blvd. NW, Calgary, AB T3K 2A8	Date Received: Reg/Assoc
Email: memberships@sandstonemacewan.com	Card # Issued: New/Renewal
Memberships can be purchased	Init: Cash/Cheque
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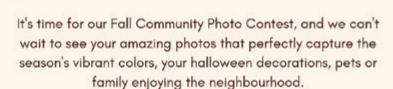
SMCA











- We even have prizes to give out 🤭









07 November 2023

Submit photos to



Calgary



The Residential Parking Permit Program limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp

RUNNER UP PHOTOS













Hope you're staying warm in this cold weather! Here are some topics and questions we've received from residents this past month. For more information or to contact my office directly, visit jasminemian.com.

City Budget – Feedback Options

This month marks the annual budget adjustments. From November 20-24, Council will be receiving presentations from Administration and debating additions and adjustments to the budget. This year, the City has posted its investment options and the recommendations from their citizen-panel Financial Task Force. They are collecting public feedback on each of these, so visit calgary.ca/adjustments to view the full breakdown and submit a response.

As well, all residents are invited to speak at Council and share their opinions - via phone, in person, or written response. If you want to participate, visit www.calgary.ca/council/meetings/public-hearing.html to view your options and registration process.

Community Association - AGM

Two of our Community Associations, Sandstone MacEwan and Livingston, will be hosting their Annual General Meetings (AGMs) in November. The AGM is a great opportunity to meet the board of your local association, purchase a membership, and explore your options for getting more involved. A reminder that Ward 3 has four Community Associations: Sandstone MacEwan, Livingston, Hidden Valley, and Northern Hills. The holiday season is a great time to reach out to your local CA, so check out their social media to see what's happening near you.

Clean Energy Improvement Program – Applications Open

The third round of applications for the CEIP program will open November 14 at 9AM. CEIP helps residential property owners with the initial costs of making energy efficient upgrades.

We expect to see a high participation again, so visit calgary.ca/CEIP ahead of time to prepare you application and be ready to submit at 9AM. This round is the last for 2023, but two more will open in 2024.



MLA Calgary Amanda Chapman

106 - 8220 Centre St, NE

✓ calgary.beddington@assembly.ab.ca

f @ @amandachapmanndp

Hello!

I would like to take the opportunity to introduce myself. I am Amanda Chapman, and I am honoured to be the newly elected MLA for Calgary-Beddington. My family and I have been proud to make our home here for the last decade and have always appreciated the warmth of the community. I have had the pleasure of meeting so many of you on the campaign trail and I want to continue to hear from folks across the communities I now represent.

We have had a productive summer setting up our office and attending as many community events as we can. On October 30, the Legislature will have resumed with the speech from the throne, and we want to take your concerns with us to Edmonton. Please do not hesitate to visit us in our office, call, send a letter, or email us with any issues that are top of mind for you and your family.

We have heard from folks concerned about their pensions, housing costs, general affordability, and of course healthcare delivery in Alberta. It is important to me that everyone feels their voice is heard and represented in the Legislature.

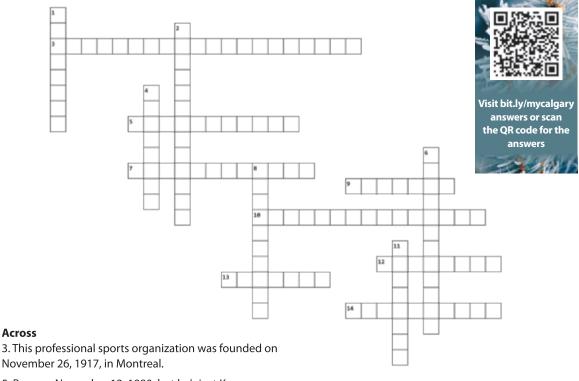
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November Crossword



- 5. Born on November 12, 1980, but he's just Ken.
- 7. November is National _____ Month, and during this 30-day period, thousands of writers around the world attempt to complete a full manuscript - minimum 50,000 words.
- 9. On November 1, 1946, the fist NBA game occurred between the New York Knickerbockers and the Toronto .
- 10. This weekly country music radio broadcast premiered in Nashville, Tennessee on November 28, 1925.
- 12. This month is the only month used in the 26-letter NATO phonetic alphabet.
- 13. Pink Floyd's iconic 11th album, _____, was released on November 30, 1979.
- 14. On November 29, 1961, the Mercury-Atlas 5 circled the Earth twice with Enos, a male onboard; thankfully, he survived the three hour and 20-minute space flight.

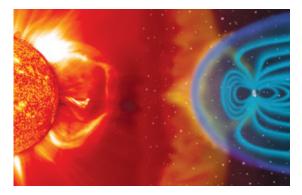
Down

- 1. On World _____ Day, celebrated on November 13, many wear cardigans in honour of Fred Rogers who promoted love and self-esteem building on his show.
- 2. November's official flower, which originates from Fast Asia.
- 4. Released on November 22, 1995, this film featuring Tom Hanks and Tim Allen was the first feature-length film made entirely by CGI technology.
- 6. The world's longest running play, written by Agatha Christie, premiered on November 25, 1952, in London.
- 8. November 1, 1611, was the first recorded performance of this Shakespearean tragicomedy. It was performed for King James.
- 11. The reason people grow moustaches in November.

RESIDENT PERSPECTIVES

The Sun: Our Friend and Sometimes Foe

by Patricia Jeffery © 2023, Calgary Centre of the Royal Astronomical Society of Canada



Astronomers had been aware of dark spots on the Sun since the early 1600s, but it wasn't until 1755 they discovered the number of sunspots increased and decreased in cycles spanning 11 years.

On September 1, 1859, an English astronomer named Richard Carrington was keenly aware the number of sunspots was on the rise. While sketching a particularly large cluster, he witnessed an explosion of light lasting about five minutes. The flare was a coronal mass ejection (CME), a burst of magnetized plasma from the Sun's upper atmosphere. Normally, a CME takes several days to reach Earth. In this case, it took only 17.6 hours.

That night, the Earth experienced unprecedented electrical chaos. Telegraph poles and substations (precursor to the telephone) started catching fire and northern and southern auroral displays, normally confined to the polar regions, were now visible as far south as Hawaii and as far north as Australia.

Carrington realized the flare he'd seen was almost certainly the cause of this massive geomagnetic disturbance. This connection had never previously been made. In his honour, the 1859 incident is now known as the Carrington Event.

It was the most powerful solar eruption in recorded history; causing wide-reaching communication failures as the telegraph system was simply unable to withstand the tremendous amount of electricity surging through the wires.

In 1989, a CME knocked out power to the province of Quebec, leaving 6 million people in the dark for nine hours. It also damaged transformers as far away as New Jersey and nearly took down the U.S. power grid from the Eastern Seaboard to the Pacific Northwest. On July 23, 2012, a CME equivalent to the Carrington Event narrowly missed Earth. Had it hit us, our technology dependent world would have suffered catastrophic damage.





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