

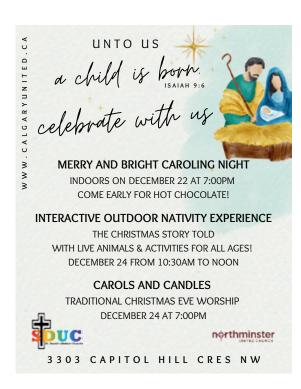
THE OFFICIAL CHARLESWOOD, COLLINGWOOD & FOOTHILL ESTATES COMMUNITY NEWSLETTER



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#### WHAT WE DO:

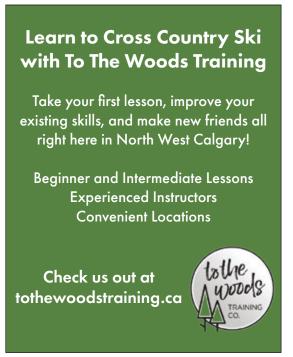
- Corporate Law
- Commercial Real Estate
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- Property Law
- Wills & Estate Planning
- Probate
- Litigation
- Co-habitation Agreements



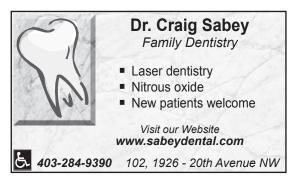








TWC Directory	
President	Mark Whiteman
Vice President	David Fong
Treasurer	Carlos Alonso de la Paz
Secretary	Vacant
Members at Large	Sandra Rhead, Jim Heck, Stephanie Church, Sandy Munro, Lynn Greig, Danielle Tse, Jordan Crone, Mara Pratt
Executive Director	Chad Geiger
Bookkeeper	Jonthan Fong
Community Relations	Sandra Rhead
Operations and Events Manager	Jennifer Waller
Arena and Facilities Manager	Jim Pilling
Programs Coordinator	Bianca Ridge
Marketing Coordinator	Garrett Poon
Soccer Coordinator	Victoria Baker
Scouts Coordinators	David Fong and Mark Whiteman
Cubs Coordinator	Andrew Waddington
Beavers Coordinators	David Fong and Andrew Waddington





# **Triwood Community Social Groups**

#### Triwoodsmen; Men's Social Group Tuesdays from 1:00 to 4:00 pm

The Triwood Sr. Men's group is always welcoming new members to their Tuesday afternoon pool matches, card games, and conversations. Join for some community camaraderie!

#### Trilighters; Ladies' Social Group Thursdays from 1:00 to 4:00 pm

Our Triwood Sr. Ladies' group offers a home for those looking for some friendship, games, and conversation throughout their week. Tai Chi is available twice per week, and each Thursday our group meets during the day for card games, tea, and coffee!

Contact king\_berta@yahoo.com.

#### Bridge

#### Wednesdays from 1:00 to 3:00 pm

Do you enjoy playing bridge for fun? The Wednesday Bridge Group now plays weekly at Triwood Community Centre. Join us downstairs at JT's lounge (facing the arena) every Wednesday afternoon from 12:45 to 3:00 pm. New bridge enthusiasts are welcome!

Contact Roman at 403-289-6244.

#### **Parent and Tot Social**

#### Mondays and Wednesdays from 10:30 to 11:30 am

Bring your little one to our parent and toddler social group! While your little ones play, meet new little friends, and spend time building movement and cognitive skills, our Triwood parents/guardians have the chance to socialize with people their own age.

Drop-ins welcome. Free two-year Triwood membership required.

Contact programs@triwoodcommunity.com.

#### Chess Group Every Third Monday

Chess Night and Social for all chess lovers at any skill level. Join us on the third Monday of the month at 7:00 pm for our community game night. All you need to bring is you.

#### JT's Community Social and Burger Night

First Wednesday of the month, come meet your neighbours and enjoy a \$10 burger.

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(house calls and after-hours appts. still available)

#### **Seeking Rink Volunteers**

It's that time of the season again! As we get ready for the winter season, we are looking for volunteers to help maintain our community's free outdoor skating rinks from November to March, Each week a new team of three to four people will meet to shovel the snow and flood the ice. Without the efforts of people like you, we would not be able to host such a pivotal part of our community. This is a free community amenity and is 100% volunteer maintained, we are reaching out to ask for more volunteers to support us this season. Thank you to our current group of volunteers that have put in wonderful efforts throughout the years and have brought joy to the community.

Please email programs@triwoodcommunity.com if you can lend a helping hand.



#### **Recruiting Casino** Volunteers!

March 29th & 30th 2024

For details, email executivedirector@triwoodcommunity.com



#### Dr. LUANNE METZ **MLA Calgary-Varsity**

Hello, Calgary-Varsity! I'm Dr. Luanne Metz, your new MLA. You can contact my office at calgary.varsity@assembly.ab.ca or 403.216.5436 with your questions and concerns. Scan below to sign up for my digital non-partisan MLA newsletter!

Happy Holidays!

- X @luanne metz
- @drmetzndp
- @drmetzndp



#### **Broomball at Triwood**

Looking for a unique way to have a blast and stay active? Look no further than our broomball "lite" sessions! Whether you're a seasoned player or a complete beginner, our friendly and safe atmosphere welcomes everyone to enjoy the thrill of the game. We've replaced the traditional hard ball with nerf/foam balls and adopted a no contact rule, so you can focus on having fun and honing your skills without any worries.

The excitement kicks off in September, with sessions every Sunday from 5:30 pm onwards. It's an excellent opportunity to not only learn a new sport, but also to get your heart pumping with a fantastic aerobic workout. With just a minimal sports fee, you'll secure eight months of enjoyable gameplay, plus the chance to give back by volunteering at other events and fundraisers. We've got the brooms and balls covered; all you need is a helmet and clean footwear as we play on the Triwood indoor ice. If you find yourself falling in love with the game (which we're sure you will), we can guide you towards broomball shoes to enhance your experience.

All skill levels are welcome, so don't hesitate to sign up via the provided link or reach out to Don at 403-829-2794 for more information. Let's embrace the joy of broomball "lite" together!

# Fall Skate Times Mondays | 3-4:45pm Sticks and Pucks Wednesdays | 3-4pm Public Skate No Sticks or Pucks

#### **Volunteering At Triwood**

Looking to complete your volunteer requirements for this school year? Or are you interested in spending your time supporting your local community? Reach out to programs@triwoodcommunity.com to be added to our volunteer list.

Interested in working on volunteer-based projects? Have an idea you'd like your community to consider? Share with us at programs@triwoodcommunity.com.

### Free With Our Free Triwood Membership:

Burger Nights - Every Wednesday, 5:00 to 11:00 pm

Enjoy our community burger nights at our JT's Clubhouse!

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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#### Confederation Park 55+ Activity Centre

#### NEWS FROM YOUR NEIGHBOURS AT CONFEDERATION PARK 55+ ACTIVITY CENTRE

Triwood Trumpet December.

January 12 th : 2023 Cames Afternoon in the Pub 12:00-3:00 Cost is \$10,00/person.

cancery 26 th .2023 Lunch and Learn "Blabetes with a pharmacks, from Crowfoot Pharmack Cost is \$15.00 members & \$25.00 for non-members - Sponsored by Revera Living.

January 30 th ,2023 Presentation: Pub 10:00-12:00 Mediation with Older Adults - sponsored by 2Resolve This presentation will have some great information.

February 8 this 2023 Games Afternoon in the Publi2:00-3:00 Gest is \$10.00/person.

February 16 th., 2023 Family Day Lunch NEW BAND ("Wile Rose Duer") Lunch T3D Cost is \$20.00. members and \$30,00 for non-members

February 20 Jh., 2023 Presentation in the ∃no 10:00 12:00 Look. BU is ponsored by Chartwe L

Watch our website and news effer for nodominoid asses for the fall. All events, presentations and classes MUST be registered and paid for in advance. Please see the oil de for details.

Confederation Park is launching a nousekeeping program as of September 1 st. .. If you are interested and want more details please contact, the centre or view our website. You can then make an appointment to visit the Centre and complete the documents regulared with Jeannette or Nigel.

#### **TEA & CONVERSATION**

Join us from 1:30 - 2:30 pm Thursday afternoons for our Tea & Conversation (T & C) program. Live music, dancing, refreshments & stimulating conversation promote the physical, social and mental well-being of older adults.

A S5 weekly conation is asked to be plaubaidize the cost of the program. Call Debbie Nay, 403-289-4780, ext. 206 or debbie nay@yyoseniors.com.

#### JOIN US AND STAY ACTIVE, STAY ENGAGED AND ENJOY EVERY NOMENT!

Email info@yyoseniors.com to join our email list to receive updates about upcoming Confederation Park 55+ events. Confederation Park 55 + Activity Centre, 2244 Chicoutimi Rr NW, T2L DWL info@vycseniors.com | 403-289-4780 | vycseniors.com | FB @ CP55∧C



# Writing Group - Sharing Life Experiences

**Date:** First Tuesday of the Month **Note:** First meeting will be January 9

Time: 1:00 to 3:00 pm

**Location:** Boardroom, Triwood Community Association

Bring your writing and a willingness to share.

What stories have you lived? How about writing them down in 700 to 1,500 words, circulating them to a small group of seven, and getting together once a month to talk about them? This group is designed for individuals who are interested in sharing their personal stories, experiences, and memories through the art of writing. Members provide friendly, helpful suggestions to make you a better writer; take them or leave them! We can all learn together. Whether you're a seasoned writer or a novice, our group provides a welcoming environment for all.

It's not a writing course! It's an exploration of something you may not have tried to do before. It's fun!

Each month through our story sharing and reflecting, our group will dive into creative exploration, collaborative feedback, creating community connections, and a space for personal growth.

Interested? Contact Colleen Tobman at tobman@ tobman.ca or and let's get this group started!

**Meeting Dates:** January 9, February 6, March 5, April 2, May 7, June 4

Free Triwood membership required.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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# Triwood Free Learn to Cross Country Ski Day

Did you know that you can learn to cross country ski right in your own community?

To The Woods Training Company and Triwood Community Centre have teamed up to offer a free introductory cross country ski lesson to Triwood Community Centre members!

No experience necessary, ages 10 and up, and if you need it, equipment is included! Kinda awesome right?

#### Here is how it works:

- 1. Go to tothewoodstraining.ca/product/triwoodxcski and add to cart for each person attending. In the notes section of the registration please provide your height and shoe size if you require equipment.
- 2. Come down to Confederation Park Golf Course on December 17 at 10:00 am.
- 3. Sign out your equipment.
- 4. Get skiing!

Join our experienced coaches for a fun intro lesson that will help you get moving on your skis. We will cover equipment, balance, coordination, and most importantly, how to have fun on cross country skis!

See you on December 17!









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Dr. Neville Headley



Dr. Harleen Premi



Dr. Puneet Khaira



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#### **SOLD! SOLD! SOLD!**

#### ON THE MARKET

#### 110 PANAMOUNT DRIVE NW (PANORAMA HILLS)

Location! Location! Across from a green park, walking distance to all amenities, including Superstore; Vivo Recreation Centre; Public library; Landmark Cinemas; Restaurants and more. This beautiful townhouse, freshly painted interior, offers 3 bedrooms, 1.5 bathrooms, 1,041 sq.ft, single attached garage.

Asking \$413.900 mls# A2081898

#### 2716 CRAWFORD ROAD NW (CHARLESWOOD)

An outstanding bungalow located near the top of Charleswood Heights on a quiet treed street with tons of features, over 1,350 sq.ft. Upgrades in the last few years renovated kitchen with maple cabinet, skylight replaced in 2019 and more. Fully developed basement. Double detached garage. Close to all amenities, all level of schools, Foothills and Children Hospitals and Brentwood LRT station. Asking \$742,900 mls# A2080002

#### 2123-24 AVENUE NW (BANFF TRAIL)

A rare find with this massive lot size: 60 ft. x 145 ft. in Banff Trail with R-C2 Zoning. 2 storey home with over 2,880 sq.ft. above grade, PLUS 1,190 sq.ft. in the basement. Total of 7 bedrooms. 3 full bathrooms. Brand-new luxurious vinyl plank (LVP) flooring in the front and back entrance. An illegal suite with two bedrooms, a 4-piece bathroom, a full kitchen, a family room, and recreational room. Close to all desirable amenities, a short walk to the University of Calgary campus, public transit bus stops, LRT station, shops, and all level of schools

Asking \$899,900 mls# A2086439

#### 3516 BEAVER ROAD NW (BRENTWOOD)

This home is a Bi-Level, boasting a massive front driveway that can accommodate up to 6 vehicles, 5 bedrooms, 2 full bathrooms, and ORIGINAL hardwood floors throughout. The home has been upgraded recently with a new furnace (2023), a new roof (2021), a new hot water tank (2020), and newer washer / dryer. This home is walking distance to multiple schools and Northland Village, and a 5 to 10 min drive from the University of Calgary, Brentwood and Dalhousie LRT stations, Market Mall, Brentwood Mall, and Nose Hill Park

Asking \$669,500 mls# A2088557

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and Start Packing!

Not intended to solicit currently listed properties.

Fabulous, curb appeal four levels split located on an escalated huge pie shape lot (8,188 sq.ft.) with view of downtown. Total of 4 bedroom, 3.5 bathroom. Third level (above ground) offers den/office, 2-piece bathroom, gleaming hardwood floor in a large family room. Open concept, bright west-facing living room with bow window and wood-burning fireplace, gourmet kitchen with skylight. Private sunroom and outdoor fireplace for social gathering. Master bedroom comes with luxurious 5-piece ensuite. The lower level has been set up for a self-contained illegal bachelor with separate entrance. Close to all amenities.

24 CLARENDON ROAD NW (COLLINGWOOD)

Asking \$899,800 mls# A2068878

#### 3416-23 STREET NW (CHARLESWOOD)

An outstanding bungalow located in a quiet treed street in the high demand area of Charleswood. Total of 3 bedroom, 2 full bathroom. Upgrades include light fixtures, furnace, hot water tank, shingles, electrical panel and more. Short walk to Canmore Park and the Confederation Park/Golf Course. Asking \$814,900 mls# A2076551

#### 33 SILVERGROVE CLOSE NW (SILVERSPRINGS)

Two-storey townhome features 3 bedrooms, 2.5 bathrooms. LVP flooring throughout both the main floor and upper level. Upstairs showcases the large primary bedroom with full ensuite and a large walk-in closet, two extra bedrooms and a full 4-piece bathroom. The basement offers a cozy family room for reading your favourite book. Just a short walk from the Crowfoot Crossing district, this location is minutes away from the LRT, public transit bus routes, multiple schools, gyms, shopping, and multiple green spaces / parks and playgrounds – not to mention the Silver Springs Golf Club.

Asking \$495,000 mls# A2088851

#### ARBOUR LAKE-ARBOUR LAKE ROAD

Beautiful top floor condo apartment unit with Rocky Mountain views, 2 bedrooms, 2 full bathrooms. Highlight of this lovely unit laminate flooring throughout, open concept floor plan. Kitchen with raised breakfast bar. Vaulted ceiling in family room with gas fireplace, and has direct access to balcony to enjoy the Rocky Mountains view. Master bedroom with walk in closet, 3-piece ensuite. Close to all amenities

Asking \$363,900 mls# A2083809

Visit my website, www.dannywai.com, for all my listings with photos, anytime! Re/Max Real Estate Mountain View 201 - 4600 Crowchild Trail NW Calgary AB T3A 2L6 Email: dannywai678@gmail.com www.dannywai.com