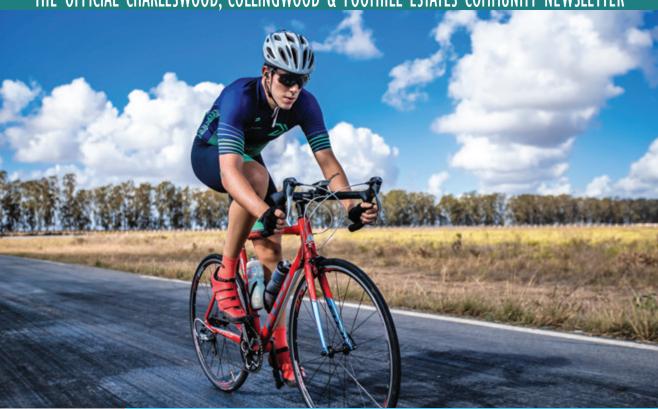
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THE OFFICIAL CHARLESWOOD, COLLINGWOOD & FOOTHILL ESTATES COMMUNITY NEWSLETTER



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Live Life to the Fullest

A Day in the Life at Cambridge Manor









Daily dining in the company of new friends

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Pamper yourself at the salon

Availability for certain floor plans is becoming limited. Don't miss out! Call now for the best selection of private suites.





403-536-8675 cambridge@theBSF.ca www.CambridgeManor.ca





Community Cleanup

Sunday, September 17th 2023 9am-2pm



15 - 20 volunteers needed. Sign-up at triwoodcommunity.com or email programs@triwoodcommunity.com

ALLOWABLE ITEMS

Small Appliances

- Fan
- Hair Dryer
- Heater
- Iron
- Microwave
- Toaster
- Shaver
- Vacuum
- Residential Air Conditioner
- Note: Products with Refrigerant not Accepted

Audio Visual

- CD Player
- Clock Radio
- Digital Camera
- DVD Player
- Headphones
- Satellite Dish Satellite Radio
- Speakers
- Video Camera

Telecom **Devices**

- Answering
- Machine
- Cell Phone
- Landline Phone Modem and
- Router Pager
- Satellite Phone Speakerphone

Drill

Power and Air

- Grinder
- Miter Saw

Tools

- Nail Gun
- Residential Air Compressor
- Sharpener
- Shop Vacuum
- Skillsaw
- Table Saw

Games, Toys, and Music

- Action Figure
- Amplifier
- Guitar
- Keyboard
- Microphone
- Ride-on Tov
- Tov Robot
- Toy Vehicle
- Video Gaming Equipment

Lawn and Garden

- Edge Trimmer
- •Lawn Mower (Battery/Electric)
- •Leaf Blower
- Pressure Washer Rototiller
- Snow Blower
- Weed Eater • Note: Gas-
- Powered Products not Accepted

Technotrash reserves the rights to refuse any item NOT on the previous list or any item with too much plastic, that is dirty, or contaminated.

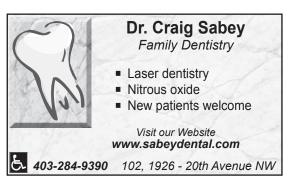
- ~Liquids of any kind (gas, paint, or chemical)
- ~Compressed cylinders (propane tanks or fire extinguishers)
- ~Hazardous waste
- ~Household batteries

- ~Large appliances (stoves, dishwashers, washers, dryers)
- ~Anything with Freon (AC units, water coolers, or fridges)
- ~Fluorescent light fixtures or bulbs
- ~Thermostats

- ~Smoke detectors
- ~Glass of any kind
- ~Media VHS tapes, DVDs or CDs
- ~Loose rechargeable batteries
- ~Loose ink and toner

TWC Directory	
President	Mark Whiteman
Vice President	David Fong
Treasurer	Carlos Alonso de la Paz
Secretary	Vacant
Members at Large	Sandra Rhead, Jim Heck, Stephanie Church, Sandy Munro, Lynn Greig, Danielle Andrews
Executive Director	Stephan Horbay
Community Relations	Sandra Rhead
Operations and Events Manager	Jennifer Waller
Arena and Facilities Manager	Jim Pilling
Programs Coordinator	Bianca Ridge
Marketing Coordinator	Garrett Poon
Soccer Coordinator	Victoria Baker
Scouts Coordinators	David Fong and Mark Whiteman
Cubs Coordinator	Andrew Waddington
Beavers Coordinator	David Fong and Andrew Waddington





Triwood Community Social Groups

Triwoodsmen; Men's Social Group Tuesdays from 1:00 to 4:00 pm

The Triwood Sr. Men's group is always welcoming new members to their Tuesday afternoon pool matches, card games, and conversations. Join for some community camaraderie!

Trilighters; Ladies' Social Group Thursdays from 1:00 to 4:00 pm

Our Triwood Sr. Ladies' group offers a home for those looking for some friendship, games, and conversation throughout their week. Tai Chi is available twice per week, and each Thursday our group meets during the day for card games, tea, and coffee!

Contact king_berta@yahoo.com.

Bridge

Wednesdays from 1:00 to 3:00 pm

Do you enjoy playing bridge for fun? The Wednesday Bridge Group now plays weekly at Triwood Community Centre. Join us downstairs at JT's lounge (facing the arena) every Wednesday afternoon from 12:45 to 3:00 pm. New bridge enthusiasts are welcome!

Contact Roman at 403-289-6244.

Parent and Tot Social

Mondays and Wednesdays from 10:30 to 11:30 am

Bring your little one to our parent and toddler social group! While your little ones play, meet new little friends, and spend time building movement and cognitive skills, our Triwood parents/guardians have the chance to socialize with people their own age.

Drop-ins welcome. Free two-year Triwood membership required.

Contact programs@triwoodcommunity.com.

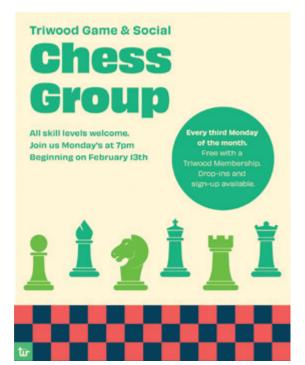
Chess Group Every Third Monday

Chess Night and Social for all chess lovers at any skill level. Join us on the third Monday of the month at 7:00 pm for our community game night. All you need to bring is you.

JT's Community Social and Burger Night

First Wednesday of the month, come meet your neighbours and enjoy a \$10 burger.







Most wild babies just need to be left alone. Keep pets secure when wild young are around.

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by Anne Burke

Guided Plant and Herb Walk

A guided plant and herb walk on Nose Hill taught attendees about local landscape and ecology (living things and habitat). The group identified plants, whether edible or poisonous ones, as well as invasive plants (weeds) and native species.

There is much interest in traditional medicine and modern uses. Agrology deals with the natural, economic, and social sciences related to environmental protection. The walk leader, as a member of the Alberta Institute of Agrologists, has studied the application of science to agriculture. It is important to understand that Calgary's Parks & Pathways Bylaw prohibits foraging as part of these events.

City Nature Challenge 2023

Here are the results for the City Nature Challenge 2023! Across Canada, 43 cities were in this year's challenge. Calgary was first for observers, with 9,185 who reported 775 species. Calgary came in fourth for 347 observations. Globally, there were 482 cities, with 66,394 participants who reported 57, 227 species, including 2,570 rare, endangered, or threatened ones.

World Migratory Bird Day

Light pollution remains a threat to migrating birds. To raise awareness in Canada, World Migratory Bird Day was on the second Saturday in May and, in South America, will be on the second Saturday in October.



GAMES & PUZZLES Guess That Song!



- 1. This Grammy award winning pop song is about being foolishly apologetic for constantly playing with new lovers' hearts. Oops!
- 2. This thrilling hit pop song is about a woman being stalked by a beast about to strike.
- 3. This 2014 electro-pop song is about meeting someone in the summer, falling in love in the fall as the leaves turned brown, and then being betrayed by lies.
- 4. This heartfelt alternative rock ballad is all about wanting to skip right to October because summer has come and passed.
- 5. This country song is about going out and having fun with no inhibitions, just feeling womanly and dancing with your girlfriends on a night out.
- 6. This gentle pop rock song is about being so in love with someone that they colour your world and make the stars shine for you.

QR CODE FOR THE ANSWERS



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e-mail: nancy@swanby.com (house calls and after-hours appts. still available)



Confederation Park 55+ Activity Centre

July 13 - Stampede BBQ: \$10 for members and \$20 for non-members. Sponsored by Chartwell Retirement Residences.

July 21 - Games Afternoon in the Pub: 12:00 to 2:30 pm. \$10, includes pizza.

August 31- Summer Wrap up BBQ: \$10 for members and \$20 for non-members. Sponsored by R&D Retirement Solutions.

September 1 - Games Afternoon in the Pub: 12:00 to 2:30 pm. \$10, includes pizza.

Volunteering At Triwood

Looking to complete your volunteer requirements for this school year? Or are you interested in spending your time supporting your local community? Reach out to programs@triwoodcommunity.com to be added to our volunteer list.

Upcoming 2023 Events Include:

• Stampede Breakfast, July 9

Interested in working on volunteer-based projects? Have an idea you'd like your community to consider? Share with us at programs@triwoodcommunity.com.

Free With Our Free Triwood **Membership:**

Burger Nights - Every Wednesday, 5:00 to 11:00 pm

Enjoy our community burger nights at our JT's Clubhouse!

IT's new menu and extended hours

September 15 - Bowling Event "Golden Bowlers": 11:00 am at the Bowling Depot. Sponsored by Brix Real Estate.

September 14 - Tea and Conversation has been cancelled for this day.

October 6 - Thanksgiving Event: Presentation by Pioneers, \$30 for members and \$50 for non-members.

Watch our website and newsletter for upcoming classes for the fall!

All events, presentations, and classes must be registered and paid for in advance. Please see the office for details.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, **EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

CHARLESWOOD

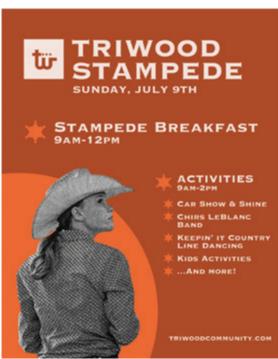


COLLINGWOOD











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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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HOUSE AND YARD MAINTENANCE: Spring and fall yard clean ups, power raking, leaf clean-up, flower beds, hedge trimming, top dressing, and weeding. Eavestrough cleaning/leak sealing, window cleaning, fence work, and gates. Exterior painting such as decks, trims, and window frames. Commercially insured. Call Ryan at 403-202-1263.



Scouts About -4th Elks Triwood



July Updates

We had a busy end of the year with Scouts camping at Chain Lakes and Cubs doing a backpack fishing camp, while Beavers did a sleepover at the Hangar Airplane Museum and made and flew kites in Nosehill Park. All the sections had canoe lessons at Lake Bonavista or Glenmore reservoir.

We have lots of exciting events planned for the fall; we have a group adventure camp planned, orienteering, Kub Kars, Animal Game, and more Beaver sleepovers! You'll see us at the Triwood Market on September 5 and 26, as well as at the Triwood Community Cleanup on September 17. We will have our special brand 4th Elks Coffee on sale.

Happy Scouting!

Fundraisers

Thanks to everyone who participated in our bottle drives and other fundraisers. Next year's fundraiser campaigns







Beavers, Cubs, and Scouts out on the water and learning canoe hasics.

are planned out below. Funds raised offset programs costs, so kids get outside and do what kids need to do!

Triwood Community Farmers Market and Fall Fair September 5, 17, and 26

We are partnering with local roaster, Highwood Coffee to sell a specialty Scout coffee. Price is \$20 a bag.

Drop Off Bottle Drives

October 2023, January 2024, and May 2024

Drop your bottles off at the TCA community centre. Scouts will be on hand to help unload and get rid of used bottles.

Popcorn Sales

November to December 2023

Beavers, Cubs, and Scouts will be coming door to door with designer Chocolate Caramel popcorn for the sweet and savoury lovers.

Easter Purdy's Chocolate Campaign

Online order available ahead of Easter 2024. Once again, we will partner with Purdy's to get you ready for Easter. We'll even have Himalayan Salted Caramel!

Become a Leader

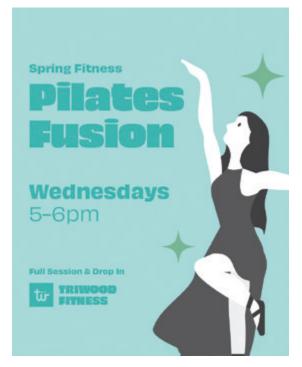
We need leaders to make these programs happen. If you are new to scouting or want to get back into Scouting and are interested in building your outdoor skills along with your youth, there is a place for you at 4th Elks. Contact us at 4thElksTriwood@gmail.com.













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SOLD! SOLD! SOLD!

ON THE MARKET

3536 BENTON DRIVE NW (BRENTWOOD)

Beautiful bi-level located on a quiet, treed street in the central area of Brentwood, backing onto the large Brenner Park, over 2045 sq.ft in the total living area. Short walk to all levels of school, malls/shops, library, swimming pool, bus stops & Nosehill Park. Excellent.

Asking 836.800 mls# A2051548

CHARLESWOOD—CHALICE ROAD

Original bungalow with an addition built in the year of 1982, now turned to one and half story house, located in the elevated lot in the Charleswood Height, with COP and Rocky Mountain views in the bonus room. Close to schools, shops, bus stop, pathway to Nose Hill Park, Foothills and Children's hospitals. Great value in this location with views. Asking \$619,900 mls# A2039409

CHARLESWOOD—23 STREET

Solid well-built bungalow over 1,150 sq. ft located in an elevated lot with the size 55' by 100' on a quiet treed street in Charleswood. Short walk to Canmore Park, schools, bus stop, close to all amenities — Confederation Park Golf Course, U of C, both Foothills and Children's hospitals, shopping malls, Nose Hill Park. Asking \$719,900 mls# A2039992

BRENTWOOD—BRENTWOOD ROAD

Beautiful one bedroom condo unit in University City. Southwest-facing balcony overlooks the views of COP, Rocky Mountains, and the city. Convenience at your step to Brentwood LRT station, bus stops, Starbucks, grocery shops, banks, walk-in clinics, restaurants & more. Asking \$242,800 mls# A2039409

CHARLESWOOD-23 STREET

A good floor plan four level split over 1320 sq ft, situated in a quiet street, with the lot size 55 ft by 100 ft in the area of Charleswood. Short walk to Canmore Park, schools, bus stop, close to all amenities — Confederation Park Golf Course, U of C, both Foothills and Children's hospitals, shopping malls, Nose Hill Park, short commute to downtown. Asking \$699,900 mls# A2039979

SHAWNESSY—SHAWBROOKE MANOR

This beautiful two storey has over 2,710 sq.ft of total living area, new LVP flooring in front foyer, kitchen & the nook. Close to all amenities, schools, Shawinigan Park with the ice rink. Excellent value in this location...

Asking \$599,900 mls# A2033108

COPPERFIELD—COPPERPOND BLVD

Spacious 2 bedroom, 2 bathroom unit in the heart of Copperfield. Very open floor plan. Short walk to Wetland path. Close to schools, transit, shopping, athletic park, playground, basketball courts, South Health Campus.

Asking \$258,900 mls# A2035528

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