

NOVEMBER 2023

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# TRIWOODtrumpet

THE OFFICIAL CHARLESWOOD, COLLINGWOOD & FOOTHILL ESTATES COMMUNITY NEWSLETTER



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Sat., November 18  
10am - 5pm

Sun., November 19  
10am - 5pm

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Check us out at  
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## Our Board is Recruiting!

Triwood Community seeks legal experts &  
real estate experts for our Board of Directors.  
Join us to make a meaningful community  
impact!

For details, email  
[markwhiteman@gmail.com](mailto:markwhiteman@gmail.com)



## Good Food Box Fall 2023

ORDER BEFORE  
**November 12th**

PICK UP ON  
**November 22nd**

Order at [triwoodcommunity.com](http://triwoodcommunity.com)

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Scouts Coordinators	David Fong and Mark Whiteman
Cubs Coordinator	Andrew Waddington
Beavers Coordinators	David Fong and Andrew Waddington

## Triwood Community Social Groups

### Triwoodmen; Men's Social Group

#### Tuesdays from 1:00 to 4:00 pm

The Triwood Sr. Men's group is always welcoming new members to their Tuesday afternoon pool matches, card games, and conversations. Join for some community camaraderie!

### Trilighters; Ladies' Social Group

#### Thursdays from 1:00 to 4:00 pm

Our Triwood Sr. Ladies' group offers a home for those looking for some friendship, games, and conversation throughout their week. Tai Chi is available twice per week, and each Thursday our group meets during the day for card games, tea, and coffee!

Contact [king\\_berta@yahoo.com](mailto:king_berta@yahoo.com).

### Bridge

#### Wednesdays from 1:00 to 3:00 pm

Do you enjoy playing bridge for fun? The Wednesday Bridge Group now plays weekly at Triwood Community Centre. Join us downstairs at JT's lounge (facing the arena) every Wednesday afternoon from 12:45 to 3:00 pm. New bridge enthusiasts are welcome!

Contact Roman at 403-289-6244.

### Parent and Tot Social

#### Mondays and Wednesdays from 10:30 to 11:30 am

Bring your little one to our parent and toddler social group! While your little ones play, meet new little friends, and spend time building movement and cognitive skills, our Triwood parents/guardians have the chance to socialize with people their own age.

Drop-ins welcome. Free two-year Triwood membership required.

Contact [programs@triwoodcommunity.com](mailto:programs@triwoodcommunity.com).


### Chess Group

#### Every Third Monday

Chess Night and Social for all chess lovers at any skill level. Join us on the third Monday of the month at 7:00 pm for our community game night. All you need to bring is you.

### JT's Community Social and Burger Night


First Wednesday of the month, come meet your neighbours and enjoy a \$10 burger.



**CONCRETE  
AUTHORITY**

**403-816-0965**  
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\* All Triwood residents receive the  
friendly neighbourhood 10% discount.



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**SAVE THE DATE**  
**TRIWOOD CHRISTMAS MARKET 2023**

FRIDAY, DECEMBER 1ST  
 3-9PM

SATURDAY, DECEMBER 2ND  
 10AM-4PM



**Dr. LUANNE METZ**  
**MLA Calgary-Varsity**

Hello, Calgary-Varsity! I'm Dr. Luanne Metz, your new MLA. You can contact my office at [calgary.varsity@assembly.ab.ca](mailto:calgary.varsity@assembly.ab.ca) or 403.216.5436 with your questions and concerns. Scan below to sign up for my digital non-partisan MLA newsletter to find out more about what we are doing in the Alberta Legislature to represent you!

X @luanne\_metz Instagram Facebook @drmetzndp



<https://linktr.ee/mlametz>



**Recruiting Casino Volunteers!**

March 29th & 30th 2024

For details, email  
[executivedirector@triwoodcommunity.com](mailto:executivedirector@triwoodcommunity.com)



**SAVE THE DATE**  
**TRIWOOD COMMUNITY CHRISTMAS DINNER**  
**DECEMBER 3RD**

## Broomball at Triwood

Looking for a unique way to have a blast and stay active? Look no further than our broomball "lite" sessions! Whether you're a seasoned player or a complete beginner, our friendly and safe atmosphere welcomes everyone to enjoy the thrill of the game. We've replaced the traditional hard ball with nerf/foam balls and adopted a no contact rule, so you can focus on having fun and honing your skills without any worries.

The excitement kicks off in September, with sessions every Sunday from 5:30 pm onwards. It's an excellent opportunity to not only learn a new sport, but also to get your heart pumping with a fantastic aerobic workout. With just a minimal sports fee, you'll secure eight months of enjoyable gameplay, plus the chance to give back by volunteering at other events and fundraisers. We've got the brooms and balls covered; all you need is a helmet and clean footwear as we play on the Triwood indoor ice. If you find yourself falling in love with the game (which we're sure you will), we can guide you towards broomball shoes to enhance your experience.

All skill levels are welcome, so don't hesitate to sign up via the provided link or reach out to Don at 403-829-2794 for more information. Let's embrace the joy of broomball "lite" together!

## Volunteering At Triwood

Looking to complete your volunteer requirements for this school year? Or are you interested in spending your time supporting your local community? Reach out to [programs@triwoodcommunity.com](mailto:programs@triwoodcommunity.com) to be added to our volunteer list.


Interested in working on volunteer-based projects? Have an idea you'd like your community to consider? Share with us at [programs@triwoodcommunity.com](mailto:programs@triwoodcommunity.com).

## Free With Our Free Triwood Membership:


**Burger Nights - Every Wednesday, 5:00 to 11:00 pm**

Enjoy our community burger nights at our JT's Clubhouse!


**UPDATED**



# Fall Skate Times



**Mondays | 3-4:45pm**  
Sticks and Pucks



**Wednesdays | 3-4pm**  
Public Skate  
No Sticks or Pucks

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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**CHARLESWOOD**



**COLLINGWOOD**



## Confederation Park 55+ Activity Centre

### NEWS FROM YOUR NEIGHBOURS AT CONFEDERATION PARK 55+ ACTIVITY CENTRE

Triwood Trumpet November



Wanted: Housekeeper for our Housekeeping Program  
Must have access to a vehicle and a valid driver's license  
& police check will be required.  
Contact Jeannette or Nigel at 403-288-4780

November 10 - Remembrance day (Free) 10:30am-1:00pm  
(Donation of \$10 to Veterans food bank requested)

November 14 - "Pearls From the Storm" by Jaline Perfect Book Signing 10am-12pm

November 28 - Canada Revenue presentation 10am-12pm in the PUB

December 8 Christmas \$35M \$45NM  
Sponsored by Bellone & Chartwell

Watch our website and news letter for upcoming classes for the fall!  
All events, presentations and classes **MUST** be registered and paid for in advance.  
Please see the office for details.

Confederation Park is launching a housekeeping program as of September 1st.  
If you are interested and want more details please contact the centre or view our  
website. You can then make an appointment to visit the Centre and complete the  
documents required with Jeannette or Nigel.

#### TEA & CONVERSATION

Join us from 1:30 - 2:30 pm (Thursday afternoons) for our Tea & Conversation (T & C) program.  
Live music, dancing, refreshments & stimulating conversation promote the physical, social and  
mental well-being of older adults.  
A \$5 weekly donation is suggested to help subsidize the cost of the program.  
Call Debbie Kay, 403-288-4780, ext. 205 or [debbie.kay@yycseniors.com](mailto:debbie.kay@yycseniors.com).

#### JOIN US AND STAY ACTIVE, STAY ENGAGED AND ENJOY EVERY MOMENT!

Email [info@yycseniors.com](mailto:info@yycseniors.com) to join our email list to receive updates about upcoming Confederation Park 55+ events.  
Confederation Park 55+ Activity Centre, 2244 Chicoutimi Dr NW, T2L 0W1  
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## CONTACT US

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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# Triwood Free Learn to Cross Country Ski Day

Did you know that you can learn to cross country ski right in your own community?

To The Woods Training Company and Triwood Community Centre have teamed up to offer a free introductory cross country ski lesson to Triwood Community Centre members!

No experience necessary, ages 10 and up, and if you need it, equipment is included! Kinda awesome right?

## Here is how it works:

1. Go to [tothewoodstraining.ca/product/triwoodxcski](https://tothewoodstraining.ca/product/triwoodxcski) and add to cart for each person attending. In the notes section of the registration please provide your height and shoe size if you require equipment.
2. Come down to Confederation Park Golf Course on December 17 at 10:00 am.
3. Sign out your equipment.
4. Get skiing!

Join our experienced coaches for a fun intro lesson that will help you get moving on your skis. We will cover equipment, balance, coordination, and most importantly, how to have fun on cross country skis!

See you on December 17!



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**Nov 30 & Dec 7, 5-9 PM**  
Central Commons Park

UDNIGHTMARKET.CA

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**ON THE MARKET**

**110 PANAMOUNT DRIVE NW (PANORAMA HILLS)**

Location! Location! Location! Across from a green park, walking distance to all amenities, including Superstore; Vivo Recreation Centre; Public library; Landmark Cinemas; Restaurants and more. This beautiful townhouse, freshly painted interior, offers 3 bedrooms, 1.5 bathrooms, 1,041 sq. ft, single attached garage.

Asking \$413,900 mls# A2081898

**2716 CRAWFORD ROAD NW (CHARLESWOOD)**

An outstanding bungalow located near the top of Charleswood Heights on a quiet treed street with tons of features, over 1,350 sq.ft. Upgrades in the last few years renovated kitchen with maple cabinet, skylight replaced in 2019 and more. Fully developed basement. Double detached garage. Close to all amenities, all level of schools, Foothills and Children Hospitals and Brentwood LRT station.

Asking \$755,900 mls# A2080002

**1306, 1010 ARBOUR LAKE ROAD NW (Arbour Lake)**

Beautiful top floor condo apartment unit with Rocky Mountain views, 2 bedrooms, 2 full bathrooms. Highlight of this lovely unit: laminate flooring throughout, open concept floor plan and kitchen with raised breakfast bar. Vaulted ceiling in family room with gas fireplace, and has direct access to balcony to enjoy the Rocky Mountains view. Master bedroom with walk-in closet, 3 pce ensuite. Close to all amenities.

Asking \$363,900 mls# A2083809

**3416-23 STREET NW (CHARLESWOOD)**

An outstanding bungalow located in a quiet treed street in the high demand area of Charleswood. Total of 3 bedroom, 2 full bathroom. Upgrades include light fixtures, furnace, hot water tank, shingles, electrical panel and more. Short walk to Canmore Park and the Confederation Park/Golf Course.

Asking \$849,900 mls# A2076551

**24 CLARENDON ROAD NW (COLLINGWOOD)**

Fabulous, curb appeal four levels split located on an escalated huge pie shape lot (8188 sqft) with view of downtown. Total of 4 bedroom, 3.5 bathroom. Third level (above ground) offers den/office, 2 pce bathroom, gleaming hardwood floor in a large family room. Open concept, bright west-facing living room with bow window and wood-burning fireplace, gourmet kitchen with skylight. Private sunroom and outdoor fireplace for social gathering. Master bedroom comes with luxurious 5 pce ensuite. The lower level has been set up for a self-contained illegal bachelor with separate entrance. Close to all amenities.

Asking \$899,800 mls# A2068878

**BRENTWOOD—BARRETT DRIVE**

A unique location of this lovely four level split with a front curved driveway, over 1,480 above grade + 1,410 sq.ft developed in third and fourth levels. 4 bedroom, 3 full bathroom. Freshly painted interior. Facing Barrett Park. Upgrades include shingles, furnaces, water heater and more. Close to all amenities.

Asking \$736,000 mls#A2078522

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