

OCTOBER 2023

DELIVERED MONTHLY TO 7,025 HOUSEHOLDS

your TUSCANY

BRINGING TUSCANY RESIDENTS TOGETHER



Cover Photo by Syed Adeel Hussain



JUST LISTED

146 TUSSLEWOOD DRIVE NW
\$579,900

SCAN ME ➔



THE
McKELVIE
GROUP.com

rea
Real Estate

Kelly McKelvie
403-247-9988
kelly@themckelviegroup.com



BUY 2
six packs
-GET THE 3rd-
FREE

Limit of 2 (buy 4 get 2)



Expiry Date: Oct 31st
Code: Vanillaisback

Coupon can't be combined with other offers or redeemed on the 12% off sale day.

12% OFF

Some exclusions apply, see in store or website for details.

the regular price of
everything in-store
The third Wednesday
of every month

Amaranth
WHOLE FOODS MARKET
amaranthfoods.ca

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee

403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca

Proudly owned in *Calgary* serving Calgary businesses



CALL 403.279.5554

109 - 10836 24th Street SE

Calgary
Mat & Linen Services



MATS

Commercial mat rentals
and purchases



HOSPITALITY SERVICES

Linens for tables, chairs, and
napkins. Laundry and
pressing services



WORKWEAR

Workwear and cleaning of
uniforms and coveralls



CLEANING

One-stop service for cleaning
supplies and paper products

calgarymatandlinen.com

Determining the Value of Your Home




ROYAL LEPAGE
Benchmark

CONTACT ME TODAY TO SCHEDULE AN APPOINTMENT


TT TERESA TAYLOR
Real Estate

teresataylor@royallepage.ca
<https://teresataylor.royallepage.ca/>




BLOOD, SWEAT AND TEARS

AN EXHIBIT ON CANADIAN MILITARY MEDICINE
1885 - PRESENT



20 OCT 2023 - 03 MAR 2024

4520 CROWCHILD TRAIL SW
THEMILITARYMUSEUMS.CA



Save Today for Their Tomorrow



What is a Registered Education Savings Plan (RESP)?

An RESP is a smart way to begin saving for your child's or grandchild's education after they finish high school. It's a savings plan that's meant for the long term.

- Parents, grandparents, and family friends can open a no fee RESP account to save for a child's future.
- Families can receive up to \$2,000 free from the Canadian Government.

RESP support is available for individuals, groups, and agencies.

Carya can help you open a free RESP account. You'll receive a \$20 gift card for helping your child grow their future.



For more information, call 403-536-6558 or email FinancialWellness@CaryaCalgary.ca.





**No matter how much
you sweat, we can get
the stink out!**

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with – this includes odour causing bacteria and illness causing viruses, like staph infections.

CALL US TODAY AT
403-726-9301
calgaryfreshjock.com



YOUR TUSCANY

Box 27030, RPO Tuscany NW
Calgary, AB – T3L 2Y1
president@tuscanyca.ca
www.tuscanyca.wordpress.com

ELECTED OFFICIALS



MP Kelly, Pat
Calgary Rocky Ridge
202 – 400 Crowfoot Crescent NW
Calgary, Alberta T3G 5H6
Tel: 403-282-7980 Fax: 403-282-3587
Email: pat.kelly@parl.gc.ca



MLA Hon. Sawhney, Rajan
Calgary-North West Constituency
Minister, Advanced Education
7223 – 8650 112 Avenue NW
Calgary, Alberta T3R 0R5
Phone: 403-297-7104
Cell: 587-432-0348



Councillor Sharp, Sonya
Ward 1 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2532
Fax: 403-268-8091
Email: ward1@calgary.ca
Web: www.calgary.ca/ward1

Signs You May Have Depression

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca

For many people with depression, symptoms are usually severe enough to cause noticeable problems in day-to-day activities, such as work, school, social activities, or relationships with others. Some people may feel generally miserable or unhappy without really knowing why.

Although depression may occur only once during your life, people typically have multiple episodes. During these episodes, symptoms occur most of the day, nearly every day, and may include:

- Feelings of sadness, tearfulness, emptiness, or hopelessness
- Angry outbursts, irritability or frustration, even over small matters
- Loss of interest or pleasure in most or all normal activities, such as sex, hobbies, or sports
- Sleep disturbances, including insomnia or sleeping too much
- Tiredness and lack of energy, so even small tasks take extra effort
- Reduced appetite and weight loss or increased cravings for food and weight gain
- Anxiety, agitation, or restlessness
- Slowed thinking, speaking, or body movements
- Feelings of worthlessness or guilt, fixating on past failures or self-blame
- Trouble thinking, concentrating, making decisions, and remembering things
- Frequent or recurrent thoughts of death, suicidal thoughts, suicide attempts, or suicide
- Unexplained physical problems, such as back pain or headaches

Some differences in symptoms you may see in teens and children:

- In younger children, symptoms of depression may include sadness, irritability, clinginess, worry, aches and pains, refusing to go to school, or being underweight.
- In teens, symptoms may include sadness, irritability, feeling negative and worthless, anger, poor performance or poor attendance at school, feeling misunderstood and extremely sensitive, using recreational drugs or alcohol, eating or sleeping too much, self-harm, loss of interest in normal activities, and avoidance of social interaction.



Differences in symptoms seen in older adults:

Depression is not a normal part of growing older, and it should never be taken lightly. Unfortunately, depression often goes undiagnosed and untreated in older adults, and they may feel reluctant to seek help. Symptoms of depression may be different or less obvious in older adults, such as:

- Memory difficulties or personality changes
- Physical aches or pain
- Fatigue, loss of appetite, sleep problems or loss of interest in sex — not caused by a medical condition or medication
- Often wanting to stay at home, rather than going out to socialize or doing new things
- Suicidal thinking or feelings, especially in older men

For some, depression is caused by a neurochemical deficit. While for others, depression is brought on by an event such as a breakup, death, job loss, postpartum, or a major stressful life event. Those with a neurochemical imbalance may need to seek life-time pharmacological treatment and therapy. Others, with less severe symptoms may recover quite well with just therapy alone. Some may need a combination of both for short term (four to six months). Never stop an antidepressant cold turkey as you can have life threatening side effects. Always speak with your doctor first and follow their protocol.

No matter what age group you or a loved one may fall under, it is important to seek help if your symptoms last for more than two to three weeks.

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3		2			9			4
					1	8		
		8	7	6				

SCAN THE QR CODE
FOR THE SOLUTION



What Can't Go in Your Green Cart?

from the City of Calgary

No plastic plates or cutlery. No compostable plastic takeout containers (including cups, plates, or bowls). Even if these items are marked as "compostable," they are not accepted in Calgary's green cart program.

Please note that compostable bags are okay to use to line your kitchen pail. If using a bag to line your kitchen pail, only use certified compostable bags.

Why Can't Compostable Plastic Products Go in the Green Cart?

We tested a variety of compostable coffee pods, compostable containers, and compostable cutlery. These items did not break down at the composting facility, leaving behind compostable plastic pieces. This contamination increases costs and impacts the quality of the finished compost.

Please put compostable plastic items in the garbage.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



Calling All BABYSITTERS

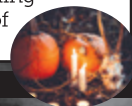
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

A HALLOWEEN DISGUISE

Halloween costumes have been around for over 2,000 years! This tradition began with the Celtic festival of Samhain, which marked the end of harvest season. It was believed that on October 31, spirits could walk the Earth. To honour the spirits and keep themselves safe by blending in, Celts donned disguises made of animal heads and skin.



Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business



Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep “tunnel” around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in

the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle’s life as wax has a “memory” so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

The Fix

If you have an old candle that’s already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

Halloween Safety

from Alberta Health Services



The members of Calgary's Partners for Safety: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 911, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

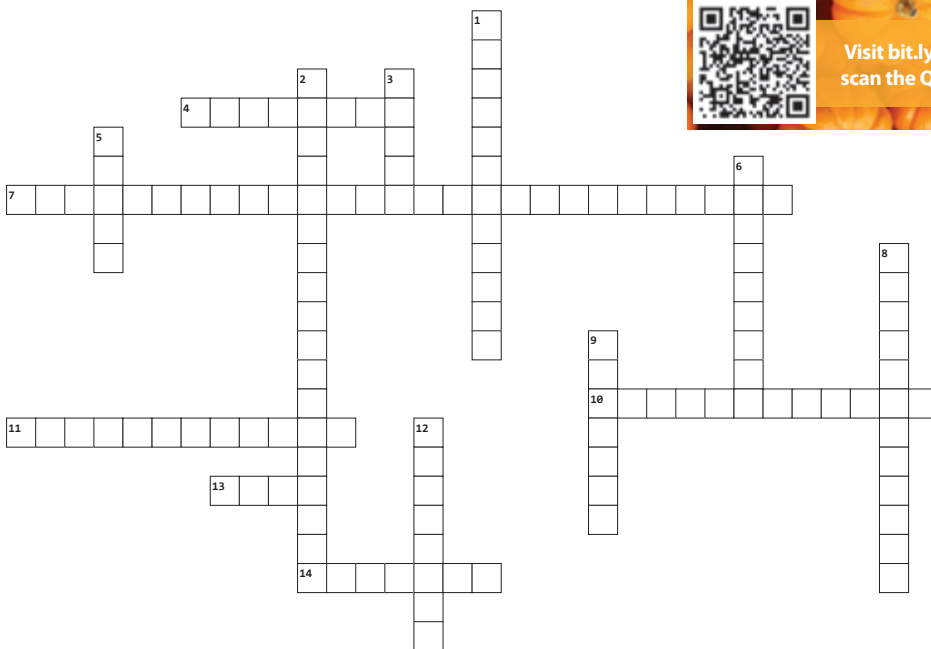
- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

October Crossword



Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

Down

1. In October of 2018, the longest postseason Baseball World Series game took place; the LA Dodgers beat the _____ after 7 hours and 20 minutes.
2. Every fall, these majestic, winged insects migrate 4,000 kilometres from Canada to Mexico.
3. Born on October 24, 1986, this Canadian rap artist rose to fame on the television drama, *Degrassi*.
5. In the Middle Ages, this was used to sweeten candy.
6. This traditional Halloween candy was originally called 'Chicken Feed.'
8. Hailing from Transylvania, Vlad the Impaler served as inspiration for novelist Bram Stoker's blood-thirsty protagonist, _____.
9. In North America, this fruit becomes very popular in October.
12. Harvested in October and November in Canada, these legumes are a complete protein, meaning that they have all nine essential amino acids.

Across

4. Published on October 27, 2016, this novel by Naomi Alderman depicts a world where females develop the ability to release an electrical charge from their fingers, thus becoming the dominant sex.
7. Released on October 29, 1993, this stop-motion film, written by Tim Burton, is a Halloween classic.
10. Born on October 9, 1823, _____ was the first woman to own and publish her own newspaper, *The Provincial Freeman*, in Canada.
11. Observed on October 11, International _____ aims to celebrate and empower young girls while advocating for their rights and recognizing the unique challenges that they face.
13. October's official birthstone and Australia's national gemstone.
14. This 2,000-year-old Celtic festival marks the end of harvest and honours the spirits that are believed to walk the Earth on this day.



Hello, Ward 1!

I'm wishing you and your families a happy Thanksgiving, and looking a little further ahead this month, a happy Halloween, too!

Halloween Safety

A reminder to take extra care this Halloween. Whether you're out trick-or-treating, on our roads, or expecting trick-or-treaters at your home, the City of Calgary has important safety tips for everyone to have a safe and spooky Halloween at calgary.ca/halloweensafety.

Bowness Wading Pool Update

Construction is expected to begin this fall and continue throughout the winter to repair the wading pool in Bowness Park. The project should be completed in the spring and the pool is expected to resume normal operations for Summer 2024.

Ward 1 Website

The Ward 1 Office has been working hard over the last several months adding additional content to the Ward 1 website. You can find information on how to report issues or share your feedback on various City topics, progress updates on ongoing issues and projects in Ward 1, and more information on important Council votes. Check it out at calgary.ca/ward1.

2023 Budget Adjustments

Next month, Council will debate adjustments to the municipal budget for the coming year. It's my priority to keep taxes as low as possible while ensuring you continue to have all of the services you rely on. I'm interested in hearing your feedback on what we need to prioritize most. Visit calgary.ca/ward1 to get in touch.

Fair Entry

The City of Calgary offers assistance with a number of programs and services for individuals and families with lower incomes. The Fair Entry program allows eligible Calgarians to submit one application for all qualifying programs, including Transit passes, recreation fee assistance, senior services home maintenance, and more. Apply in-person, online at calgary.ca/fairentry, or by calling 311.

This summer, it was my pleasure to present Certificates of Congratulation to new Canadian citizens. Welcome to Canada! I value my constitutional responsibility to represent you as a Member of the Opposition to the current government.

Housing across Canada has become more and more unaffordable, and the problem continues to worsen. A Rent Report from Rentals.ca shows that rents continue to rise in nearly every major market across the country with no sign of letting up.

Rents are up 8.9% in the last year with an increase of 1.8% in just the last month. The average rent in Canada has doubled and is now \$2,078 according to Rentals.ca.

Since 2015, the average monthly mortgage payment has also increased 137%, while the minimum down payment for the average home has increased 126%, raising barriers for renters who want to achieve the dream of home ownership.

High interest rates, red tape, and taxes have led to a decline in new housing construction despite unprecedented demand and record high prices.

The current approach to addressing the housing crisis is not working, but Conservative Members of Parliament have a plan. We will free up underused federal land and buildings for housing construction and work hard to remove the gatekeepers who give Canada one of the slowest permitting timelines in the world. We will address the inflation crisis which has led to high interest rates that make housing less affordable for buyers and difficult for builders to finance new construction.

Constituents are welcome to contact me with concerns related to federal policy. Feedback from constituents is critical and helps me know what constituents think about matters under federal jurisdiction.

It remains my honour to represent you in the House of Commons as your Member of Parliament.

TOOTH ENAMEL IS THE HARDEST PART OF YOUR BODY

THERE'S MORE TO
**DENTAL
HEALTH**
THAN MEETS
THE EYE

FAMILY DENTISTRY | HYGIENE | KOIS | INVISALIGN | SEDATION

**Your Community Dentist
in Northwest Calgary**

New Patients Welcome

**Meet Your
Dental Team**



Dr. Cam Brauer



Dr. Crick Ko

tuscany 
dental centre
403-239-0010

Schedule an appointment on our website

www.tuscanydental.com

2078 – 11300 Tuscany Blvd NW | Calgary, AB

HOURS OF OPERATION

Monday 7am - 5pm
Tuesday 7am - 7pm
Wednesday 7am - 7pm
Thursday 7am - 7pm
Friday 7am - 5pm



Tuscany Real Estate Update

Last 12 Months Tuscany

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$675,000.00	\$680,000.00
July 2023	\$629,900.00	\$642,893.00
June 2023	\$629,900.00	\$650,000.00
May 2023	\$641,950.00	\$634,200.00
April 2023	\$622,400.00	\$623,750.00
March 2023	\$590,000.00	\$592,500.00
February 2023	\$609,900.00	\$595,000.00
January 2023	\$689,900.00	\$692,550.00
December 2022	\$639,900.00	\$600,000.00
November 2022	\$499,450.00	\$512,500.00
October 2022	\$589,900.00	\$589,900.00
September 2022	\$539,000.00	\$530,000.00

Last 12 Months Tuscany

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	29	33
July 2023	30	26
June 2023	30	37
May 2023	48	34
April 2023	27	34
March 2023	34	28
February 2023	18	17
January 2023	15	8
December 2022	5	13
November 2022	14	16
October 2022	23	25
September 2022	18	21

To view more detailed information that comprise the above
MLS averages please visit **tusc.mycalgary.com**

NORTHLAND VILLAGE DENTAL CENTRE

We Match The Current ADA Fee Guide

*For more details, please contact the office

We are still open to serve you at the current location!
Our new clinic will be located by McDonalds
opening on Feb 2024!



Accepting New
Patients & Providing
Emergency Services

Direct Billing
Available

Multi-Language
Service

Use Your Dental
Insurance
Before It
Expires

**Aesthetic Dentistry • Teeth Whitening
Space Maintenance • Fillings
Dentures • Crowns & Bridges
Dental Implants**

**#2003, 5111 Northland Dr. NW
(2nd floor of Northland Village Mall)**

403-255-6688

**Park in the 2nd parkade
for access to the clinic**

**Monday to Friday 8:30 am - 7:00 pm
Saturday 8:30 am - 5:00 pm**



Hate Your Renewal Rate? Call Me!

Expert advice
Excellent rates
Many options
Better mortgages



ANITA

403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

Advertising with us is un-be-leaf-able!

ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geotargeted Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | sales@greatnewsmedia.ca



SCAN ME



GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Tuscany. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

TUSCANY MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CUSTOM CLEANING SERVICE: One person cleaning service. Hard-working, dependable, bonded, insured. Over 10 years of experience. Custom cleaning service to fit your needs. References available upon request. Available for move in, move out, weekly, bi-weekly, or monthly service. For a free estimate, call Val/Valldina at 403-614-8528.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

MIKE MARKOVICH PAINTING: Experienced, journeyman-trained painters at your service. We can take care of all your interior and exterior painting needs. Top quality paint and service. 25 plus years of painting in the city. Book for a free estimate today. Big or small jobs. Call us for an estimate: 403-243-7628.

SCAN HERE TO VIEW ADDITIONAL TUSCANY CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



ACCEPTING NEW PATIENTS!

Botox \$8 / unit

Implants \$3,500

**Braces/Invisalign
starts at \$3,500**



Official clinic
for Veterans
& Canadian
Forces

OUR SERVICES

- General Dentistry
- Children's Dentistry
- Emergency
- Cosmetic Care
- Orthodontics
- Sedation

MEET THE TEAM



Dr. Mohsen Vahedi



Dr. Neville Headley



Dr. Harleen Premi



Dr. Puneet Khaira



CONTACT US

403.300.3232

**#2100 - 40 Christie Park View SW,
Calgary, AB T3H 6E7**

Retirement Ready?

It's time to start organizing your finances, and we can help.



Private Wealth

Stephen Kunn, BA, CFP, CIM
Portfolio Manager & Financial Planner
Tel: 403-260-9304
Stephen.Kunn@nbpdc.com

Stephen Kunn
ADVISORY GROUP

BMO Nesbitt Burns

BMO Private Wealth is a brand name for a business group consisting of Bank of Montreal and certain of its affiliates in providing private wealth management products and services. Not all products and services are offered by all legal entities within BMO Private Wealth. Banking services are offered through Bank of Montreal. Investment management, wealth planning, tax planning, and philanthropy planning services are offered through BMO Nesbitt Burns Inc. and BMO Private Investment Counsel Inc. Estate, trust, and custodial services are offered through BMO Trust Company. BMO Private Wealth legal entities do not offer tax advice. BMO Trust Company and BMO Bank of Montreal are Members of CDIC. If you are already a client of BMO Nesbitt Burns Inc., please contact your Investment Advisor for more information. © Registered trademark of Bank of Montreal, used under license.

PCD20563

Hon. Rajan Sawhney

*MLA, Calgary-North West
Minister of
Advanced Education*

#7223, 8650 112 Ave NW
Calgary, AB T3R 0R5

403-297-7104
Calgary.Northwest
@assembly.ab.ca

RajanSawhney.ca



IMPROVING LAB SERVICES

Constituents have contacted me about lab testing services in Calgary-North West. The government is aware that services have been unsatisfactory since Dynalife took over testing from Alberta Precision Labs (APL). We have therefore decided to transfer testing back to APL, and restore the level of service you rightly expect.

Dynalife had served northern Alberta for many years with a good track record. Expanding their services to southern Alberta would have saved \$18 to \$36 million to be reinvested elsewhere in the health care system. Unfortunately, Dynalife did not deliver the same level of service in Calgary as we experienced in the north.

The full transfer back to APL will be completed by December 2023. In the interim, APL immediately increased appointments by 25% (7,500/week in Calgary) by adding staff and extending hours to six days per week. More appointment slots will be added throughout the fall. APL will also contract third party labs to eliminate delays in analyzing test results.

You will continue to make appointments the same way, visit the same locations, and see the same front line staff. If you have an existing appointment, it remains as scheduled.

Notary & Commissioner Services

You can book an appointment in my office for **Notary items, True Copy certification & Commissioner of Oaths**. There is no charge. Please call or email ahead for an appointment.

Meet MLA Rajan Sawhney

- Rocky Ridge Ranch Home Owners' Association
- 10709 Rocky Ridge Blvd NW
- Saturday, October 14, 2023
- 2:00-5:00 PM

#1 Real Estate Team in Calgary 2022*



KirbyCox
& ASSOCIATES

**iGUIDE - the Ultimate
Listing Toolkit**

*Royal LePage

Kirby Cox | Cam Sterns

***Sell your home quickly for asking price,
possibly above!!***

SOLD!



40 Arbour Cliff Close NW

**3 Bdrm Villa, Represented Buyer
\$574,900**

SOLD!



101 Tuscany Valley View NW

**3 Bdrms, Across from Ravine
\$549,900**



211, 500 Rocky Vista Gdrns NW

**Stylish 2 Bdrm / 2 Bath
\$334,900**

SOLD!



19, 145 Rocklyedge View NW

**2 Bdrms in Blue Sky
\$320,000**



5104 - 21 Avenue NW

**3 Bdrm Bung, 50x120 ft Lot
\$605,000**

SOLD!



71 Royal Crest Way NW

**Fully Finished 4 Bdrms + Den
\$799,900**

**3D tours, detailed floor plans, plus much more with our proven marketing and
state-of-the-art technology. Call for your free home evaluation today!**



kirbycox.com
Royal LePage Benchmark

403.247.5555