# TUXED PARK GAZETTE

THE OFFICIAL TUXEDO PARK COMMUNITY NEWSLETTER



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#### YOUR CITY OF CALGARY

#### **Changes to Green Cart Collection This Fall: What You Need to Know**

from the City of Calgary

Starting in November, green cart collection will be once every other week, resuming weekly in the spring. Here's what you need to know:

- Fill Your Green Cart First: Leaves, branches, grass, and plants can go directly inside the green cart. If it's full, use paper yard waste bags for extra waste.
- Extra Yard Waste Bags: Place them at least 0.5 meters (2 feet) away from your cart. Roll the tops closed to prevent spills, and make sure you can lift the bag with one hand.
- No Plastic Bags: They are not allowed in your green cart.

#### Do You Have Too Much Yard Waste?

You can drop off yard waste free of charge at any landfill from Friday, September 22, 2023, to Saturday, November 4, 2023.

Check your schedule at calgary.ca/collection and sign up for reminders.

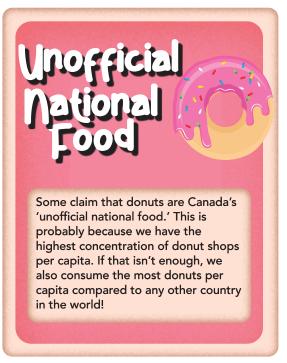
Visit calgary.ca/waste/drop-off/yard-waste for more information and make your yard clean-up a breeze!



## The Medicinal Condiment

Ketchup is one of the most popular condiments in Canada, with 87% of us having a bottle in our fridge! But did you know that ketchup was once thought to have healing properties? In the 1830s, Dr. John Cook Bennett claimed that it could cure indigestion and jaundice and sold his recipe in pill form. It wasn't until the 50s that such claims turned out to be false.





### Tuxedo Park Community Association



202 - 29 Avenue NE Calgary, AB T2E 2C1 Phone: 403-277-8689

www.facebook.com/tuxedoparkcommunity www.twitter.com/tuxedoparkyyc

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Past President	Julien Poirier	pastpresident@tuxedoparkcommunity.ca

Vice President Marina Kerr
Secretary Vacant

#### **GENERAL DIRECTORS**

Amy Lu, Arnie Brownlees, Gina Maskell, Katie Swan

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COMMITTEE CHAIRS		
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Treasurer	Stefan Chiasson	treasurer@tuxedoparkcommunity.ca

Tuxedo Park Community Association meetings are held on the second Thursday of every month, except July and August (no meetings). Meetings start at 7:00 pm and are being held in person at the community hall. All community residents are welcome to meet some of their neighbours, express their concerns, or sit in and hear what's happening in and around the community. For more information, please email president@tuxedoparkcommunity.ca. For Hall rentals, email hallrentals@tuxedoparkcommunity.ca.





#### HALLOWEEN IN TRANSYLVANIA

Sighișoara, a medieval
Transylvanian town, is a
UNESCO World Heritage Site and
the birthplace of Vlad Dracul (Vlad the
Impaler). Dracul served as inspiration for
Bram Stoker's blood-thirsty protagonist
in *Dracula*. For historic and literary
reasons, this town is a popular Halloween
destination, hosting parties and
tours of Dracula's castle!

#### Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business



Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep "tunnel" around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

#### **Prevention**

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a "memory" so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

#### The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

- 1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
- 2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

### **Tuxedo Park is Getting a Cookbook!**

Dating back more than a century, community cookbooks have served to connect residents, fundraise for programs, and capture the culture of a community for future generations. Now is the perfect time to celebrate Tuxedo Park and its residents through a collection of recipes featuring the stories and people behind them. Proceeds from cookbook sales will go towards funding programs for Tuxedo Park residents.

Do you have a recipe you want to share? Please fill out the form below and drop it off or mail it to the Tuxedo Park Community Association at 202 29 Ave NE, Calgary, AB, T2E 2C1. If you have questions or you prefer to email your recipe, please contact Meredith at communications@tuxedoparkcommunity.ca.

Story of this Recipe/Significance (E.g., It was the first thing my father taught me to cook.):  Cook Time: Temperature (if applicable): Required Cookware/Utensils:    Category (check all that apply)	Recipe Name:		Your Name:	
Category (check all that apply)  Low Cost Gluten Free Family Friendly Dairy Free Vegan Low Calorie/Low Fat Vegetarian Easy  Ingredients: Directions:	Story of this Recipe/Significance (E.g., It was the first thing my father taught me to cook.):			
Low Cost Gluten Free Dairy Free Low Calorie/Low Fat Easy  Ingredients: Directions:	Cook Time:	Temperature (if applicable):	Required Cookware/Utensils:	
Family Friendly   Dairy Free   Low Calorie/Low Fat   Family Free   Low Calorie/Low Fat   Family Free   Low Calorie/Low Fat   Fasy   F		<u>Category (</u>	check all that apply)	
□ Vegan □ Low Calorie/Low Fat □ Vegetarian □ Easy  Ingredients: □ Directions: □ Easy		☐ Low Cost	☐ Gluten Free	
Ingredients:  Directions:		☐ Family Friendly	☐ Dairy Free	
Ingredients: Directions:		☐ Vegan	☐ Low Calorie/Low Fat	
		☐ Vegetarian	☐ Easy	
	Ingredients:		Directions:	

Photos are welcome. Please send in print or as a JPG (300dpi) to the email or postal address listed above.

OCTOBER 2023 | Call 403-720-0762 for advertising opportunities

#### Hola/你好/ привет/Bonjour from Fairview Baptist Church



#### **Free ESL Program**

Do you want to improve your English and get meaningfully connected in an authentic environment that is loving and caring? Then please come and check out our free Conversational ESL Program!

Conversational ESL is designed to be 90-minute seminars where you build up speech patterns while immersing yourself in various topic-based sessions. Besides learning English, we will present different classes for you to get to know yourself, your work, and your life. Our teachers include native speakers coming from different backgrounds, like Spanish, Chinese, Russian, etc.

At Conversational ESL, you will find that your voices are listened to, meaningful relations are built, and even your life is changed!

#### **Available Times:**

Every Sunday afternoon from October to December 3:30 – 5:00pm

#### Let's Connect:

Fairview Baptist Church 3311 Centre Street North Calgary AB, T2E 2X7 403-252-1704 info@fairviewbaptistchurch.ca



by Anne Burke

Exploring Nose Hill: A Hands-On Field Guide by Jill Kirker and Diana Kary was published by Grassroots NW: Environmental Awareness Society; it offers an introduction explaining why people should study Nose Hill Park and "how to" use this guide. There are maps of tours such as the NW Interpretive one and those of Meadowlark Prairie, Many Owls Valley, Wintering Hill, (Buffalo) Rubbing Stone Hill, and Porcupine Valley. After Nose Hill geology and an erratic boulder as part of a glacial lake, there is more about Nose Hill human history.

Check out tepee rings, native stories, the Blackfoot Nation, and exploration and settlement. The six habitats are fescue grasslands, previously cultivated land, shrubs, aspen groves, gravel, and wetlands. Suggested activities are for biodiversity, prairie field study, a mural of the prairie community, a grasslands species and food web, or hands-on weed control. With so many animal types there are also activities related to grouse, raptors, bird migration, ants, grasshoppers, gophers, ground squirrels, and mule deer on the Island Game. Learn more about the food chain, ecosystem, and sampling life in the pond-area wetlands. Studies can lead to other native grass areas of Calgary and designing wildlife corridors. Another important topic that is touched on is the world-wide issue of endangered species and grasslands.

Phase 2 engagement begins in October focusing on Calgary's 20-year plan for how we develop, redevelop, and manage parks. Fall 2023 feedback will be on public park policies. Input is also needed from businesses, agencies, and organizations. A 'What We Heard' report from Phase 2 will be published in winter 2023. Phase 3 engagement will inform a draft plan. By spring 2024, the 'Connect: Calgary's Parks Plan' will be final and then presented to City Council in summer 2024. Have your say at https:// engage. calgary.ca/parks plan.



#### Tuxedo Park Real Estate Update

Last 12 Months Tuxedo Park MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price	
August 2023	\$579,850.00	\$590,194.00	
July 2023	\$574,000.00	\$552,750.00	
June 2023	\$499,400.00	\$500,500.00	
May 2023	\$787,400.00	\$773,500.00	
April 2023	\$598,800.00	\$580,000.00	
March 2023	\$484,900.00	\$501,250.00	
February 2023	\$550,000.00	\$535,000.00	
January 2023	\$460,000.00	\$455,000.00	
December 2022	\$499,000.00	\$480,000.00	
November 2022	\$512,000.00	\$494,000.00	
October 2022	\$477,450.00	\$470,000.00	
September 2022	\$317,400.00	\$317,444.00	

### Last 12 Months Tuxedo Park MLS Real Estate Number of Listings Update

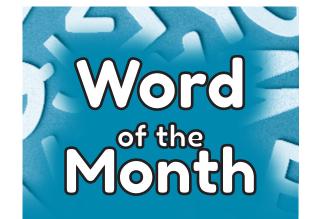
	No. New Properties	No. Properties Sold	
August 2023	16	14	
July 2023	10	12	
June 2023	16	18	
May 2023	18	14	
April 2023	13	15	
March 2023	22	10	
February 2023	15	7	
January 2023	6	7	
December 2022	5	7	
November 2022	7	8	
October 2022	8	8	
September 2022	7	4	

To view more detailed information that comprise the above MLS averages please visit **tuxe.mycalgary.com** 

## A HALLOWEEN DISGUISE

Halloween costumes have been around for over 2,000 years! This tradition began with the Celtic festival of Samhain, which marked the end of harvest season. It was believed that on October 31, spirits could walk the Earth. To honour the spirits and keep themselves safe by blending in, Celtics donned disguises made of animal heads and skin.





#### Arcane: *adjective* (aar-kayn)

Mysterious, obscure, or understood by few.

"He had an arcane knowledge of Vedic astrology."

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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For more information, call 403-536-6558 or email FinancialWellness@CaryaCalgary.ca.

## Flame-Proof Your Kitchen: Fire Prevention Week Puts Safety on the Front Burner!

from the City of Calgary

As autumn begins to set in and the cozy scent of comfort foods fills the air, we're reminded of the joys of cooking in our kitchens. With the joy of cooking, it's essential to remember our responsibility for fire safety.

This year, from October 8 to 14, the Calgary Fire Department (CFD) is proud to observe Fire Prevention Week with the theme, "Cooking safety starts with you. Pay attention to fire prevention."

Cooking-related incidents are the leading cause of indoor fires and injuries in Calgary. The CFD urges everyone to prioritize safety in the kitchen.

Never leave cooking unattended and set a timer to remind yourself. If you must leave the kitchen, turn off the burners.

Turn pot handles away from the stove's edge. Keep a lid and oven mitt nearby to smother small grease fires.

Maintain a one-meter "kid- and pet-free zone" around cooking areas. This includes tripping hazards such as toys.

#### Additional tips and reminders:

- Keep flammable items away from the stovetop.
- Educate children about hot objects to prevent scalding injuries.
- Grill outdoors, away from structures, with a one-metre safety zone for children and pets.
- Use microwave ovens safely; avoid extension cords and open food cautiously.
- Avoid cooking when tired or after consuming alcohol or medication.

Follow these tips to keep your homes and loved ones safe. Together, we can ensure our kitchens remain places of joy and comfort, free from the risk of fires.

For more information, visit calgary.ca/firepreventionweek or call 3-1-1.





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