Your

WARBLER-

THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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CARDINA

BY TREVOR RAMAGE

HONESTY • INTEGRITY • EXPERIENCE











Calgary families need your help. Create a holiday miracle today!

MadebyMomma.org/Christmas

* Urgently Needed Items *

Pyjamas Gift Cards

Winter Gear

Board Games & Craft Kits Mom & Dad Gifts

Non-Perishable Food Items

Books Teen Gifts

New Toys

*All items must be new

Made by Momma has been supporting local families for 14 years through wholesome nourishment and nurturing care.

Help make the holidays matter by donating non-perishables, new unwrapped gifts or family essentials today.

14 Years. Volunteer-Run. Donation-Driven. Impact-Focused.



Share your thoughts from October 24 – November 13, 2023:

- Tell us what you think at calgary.ca/Riley.
- Fill out the engagement booklet that was delivered to mailboxes in the Riley Communities starting Oct 24. You can also pick a booklet up at a My Idea Station (see location map online). Each engagement booklet includes a comment form that can be mailed in with pre-paid postage.
- Join an engagement session

 check out the schedule and register at calgary.ca/Riley.

Riley Communities Local Area Planning

Your input **today** will help shape how your community evolves over the **next 30 years.**

We want to hear from you

We are continuing to work together to refine the Riley Communities Local Area Plan and encourage you to participate in this important phase of engagement.

Phase 3: REFINE of the Riley Communities Local Area Planning project is taking place October 24 – November 13. In this phase, we are looking to further discuss and refine how redevelopment and revitalization could happen in the Riley Communities (Hillhurst, Hounsfield Heights/Briar Hill, Sunnyside and West Hillhurst).

As part of Phase 3, you can provide your input on:

- 1. Small-scale homes in the Riley Communities
- 2. Refinements to the draft Urban Form and Building Scale Maps
- **3.** Community improvement ideas that would benefit the Riley Communities

Learn more at calgary.ca/Riley



23-0020044-23410





If you are age 50 plus, the West Hillhurst Go-Getters Association is the place for you!

Visit us online at www.gogetters.ca or call us at 403-283-3720. Drop in and visit us anytime, Monday through Friday from 8:30 am to 3:30 pm.

West Hillhurst Squash and Fitness



New Private/Semi-Private Training

Please reach out to trainers directly for pricing and scheduling.

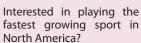
Christine Shudra: beattles@telus.net, 403-815-4016 lan Coburn: ian.t.coburn@gmail.com, 403-714-3578 www.westhillhurst.com/meet-the-instructors

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca Ozzie Vallejos: ozzievallejos@aol.com



Adult Pickleball





Starting mid-September, West Hillhurst will be running our own pickleball program. All that is required is a WHCA membership and applicable monthly fees.

For more information, phone Carla at 403-283-0464, ext. 6, or email admin@westhillhurst.com.

WHCA Board of Directors

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|---------------------------|---|
| President | Cher Jacobs president@westhillhurst.com |
| Vice President | Jan Cerny vice-president@westhillhurst.com |
| Past President | Patrick Craddock pastpres@westhillhurst.com |
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| Julie Impey | Leigha Pidde |
| Committee Contacts | |
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| Transportation | transportation@westhillhurst.com |
| Newsletter | admin@westhillhurst.com |
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|----------------------|-----------------------------------|
| Planning | planning@westhillhurst.com |
| Transportation | transportation@westhillhurst.com |
| Newsletter | admin@westhillhurst.com |
| Community Engagement | volunteers@westhillhurst.com |
| Capital Projects | capitalprojects@westhillhurst.com |
| Community Garden | admin@westhillhurst.com |
| Community Events | events@westhillhurst.com |
| Green Committee | greencommittee@westhillhurst.com |



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

WHCA EVENTS



It's open! The Nest is open Tuesday to Saturday. Come in and see what we have been working on. Try our new menu with items like Greek salad, brined fried chicken, mini donuts, Nest flatbread, and back by popular demand, our tater tots. Our team is so excited to finally open the doors to our community. Thank you for your support and patience.

Follow us on Instagram @thenestwhca to keep up with our latest news. www.westhillhurst.com/thenest.



We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact info@westhillhurst.com.



GENERAL MANAGER'S MESSAGE

by Bryan Polak

Hello West Hillhurst Community!

How can it be November already? Just a friendly reminder that Monday, November 13 is our AGM, from 7:00 to 9:00 pm. We are in need of new board and committee members. More information will be on our website and social media



channels. Please consider attending and/or joining our board. This is your community, and your input helps!

We will be closed November 11 for Remembrance Day. Commemorate the day with your family and remember what this day means.

The Nest Restaurant and Lounge Now Open!

WHCA would like to thank all those community members who have purchased the yearly community membership and are enjoying the benefits offered by companies in our community, as well as the programs, classes, and community events. Please talk to your friends and neighbours about getting the membership and helping to support the community and building.

As always, if you have any questions, concerns, comments, or suggestions, please email them to me.

Regards,

Bryan Polak

WHCA General Manager

generalmanager@westhillhurst.com



WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact organizer/organization directly for information.

Youth Programming

New! WOW Occupational Therapy

WOW Occupational Therapy is offering programs to support children with ADHD and similar presentations. Limited spots are available. October to December 2023 registration. WOWoccupationaltherapy@gmail.com.

WHCA Preschool 2023-2024

www.westhillhurstpreschool.com

WHCA Basketball 2023-2024

www.westhillhurst.com/youth-programs

WHCA Squash

www.westhillhurst.com/youth-programs

WHCA Tot Dance 2023

www.westhillhurst.com/youth-programs

WHCA Youth Chess Program

www.westhillhurst.com/youth-programs

Jugando: Spanish Centre for Kids!

www.jugando.ca

Engineering for Kids

Ages 5 to 12. www.engineeringforkids.com/calgary

Young Rembrandts: Drawing Classes for Kids

Ages 4 to 12 years. www.youngrembrandts.com

Triple Meg Soccer

www.triplemeg.com

Hybrid Hockey

Hockey development programming. Non-instructional school day skating and skills program. September 2023 to May 2024. www.hybridhockey.net

Sportball

www.sportball.ca/calgary

Kinder Studios

Dance for ages 3 months to 12 years. www.kinderstudios.ca

Baby/Toddler Music

www.mosspostpartum.com

Parent/Baby Yoga

www.mosspostpartum.com

Irish Dance

www.bradyacademy.ca

Karate Jkaiwavama

www.jkaiwayama.ca

Calgary Roller Derby Jr.

www.calgaryrollerderby.com juniors@calgaryrollerderby.com

Breakaway Hockey and Ringette Development

www.breakawaypowerskating.com

Summit Kids Before/After School Care

Monday to Friday, www.summitkids.ca

Adult Sports and Fitness Programming

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca

WHCA Women's Squash

www.westhillhurst.com/adult-programs

NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. www.nchl.com

Jazzercise with Judy

Monday and Wednesday. 6:00 to 7:00 pm. jazzed@telus.net

Pre and Post Natal Fitness Programming

Tuesdays. www.mossportpartum.com

Parent/Baby Yoga

Wednesdays, www.mosspostpartum.com

Lisa Scott Bootcamp

Indoor and outdoor boot camp. scottlj@telus.net

JKA Karate (Jkaiwayama)

Adult and youth Karate. www.jkaiwayama.ca

Fight 34 Krav Maga

We teach the Krav Maga system of realistic self-defence. info@fight34.com

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport and Social Club

Volleyball, pickleball, floor hockey. www.calgarysportsclub.com

Calgary Roller Derby

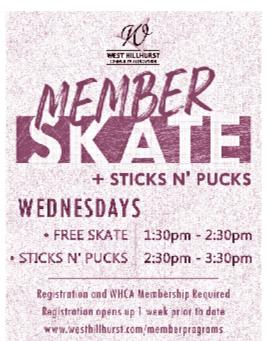
Adult roller derby. www.calgaryrollerderby.com

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com

WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! We are currently taking bookings from now until December 2023. Please check our online calendar for available times at www. westhillhurst.com/facility-rentals. Questions? Email bookings@westhillhurst.com.



Green Committee

Welcome to new Green Committee members Kate U. and Tracey R.

Summer:

- Ten trees were planted in the greenspace behind WHCA.
- The Green Committee helped the Planning Committee advocate for enforcement of Calgary's Land Use Bylaw five section 346.1 which requires new homes to have a tree planted within one year of completion and maintained for a minimum of two years. Roughly 40% of recent new home developments in West Hillhurst were not in compliance. A letter was sent from the WHCA to councillor Terry Wong on June 19.
- Green Committee chair Julie Impey hosted a Pollinator Garden Party in June.
- A tree sale was held in honour of the WHCA 75th Anniversary and community members picked up 23 trees sourced from Foothills Nursery.

This Fall:

- Investigating opportunities for energy efficiency/ minimizing carbon footprint of the WHCA building.
- · Looking into another clothing swap.
- Supporting WHCA Transportation Committee advocacy to have Dairy Laneway (3 Ave between 19 St and 18 St NW) designation changed from road to pathway.
- Developing plan for Earth Day events, education, grants, tree planting, pollinator plantings, etc.

Get Involved:

- Virtual meetings the third Monday of the month at 7:45 pm.
- Contact Julie Impey at greencommittee@westhillhurst.com.

Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

https://app.skipthedepot.com/westhillhurst





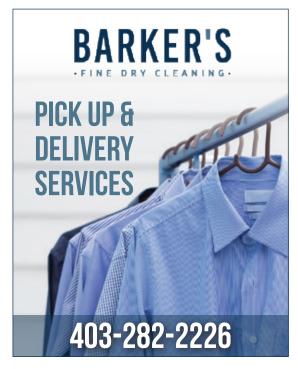
by Anne Burke

In 1993 a land use inventory was conducted of Nose Hill Park. This study reported on archaeological resources on Nose Hill from Alberta's original inhabitants and their land. For the Blackfoot, their culture and homeland have existed for as long as 6,500 years or more. This was their place for more than 350 generations. There are clues about their way of life from remains of the prehistoric past, such as tools, 10 campsites, a kill site, and a "cairn" or stone pile. Pre-contact cairns were used as small game traps, navigation markers, flagging for drive lanes, and burials.

Nose Hill has 18 known sites which contain stone circles from tipi lodges and cooking circles or a central hearth. Fire-broken or cracked rock is a by-product of stonepit boiling. The tipi covers and liners were held down by rocks from the tipi circles. The distribution and weights along the circle are a means of determining the season of use. It is presumed to be a shorter period based on the Nose Hill uplands, where tipi lodges are back from the escarpment edges or in depressed areas, so they were probably meat camps or transitory travel camps. People likely lived there in the early spring for the hunting of individual bison. There are more than 90 rings. The size of the lodge group can be estimated by the size of the ring. Given the number of skins and poles for a tipi, we learn about a group's transportation method. The number and distribution of the rings within a group reveal the size of a larger social group. Isolated rings, even when found in groups, may be vision guest sites.

Read more Uncovering Human History: Archaeology and Calgary Parks at: www.calgary.ca/parks/history.html.





BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www. official-plumbing-heating.ca.

WEST HILLHURST MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc. cleaning@shaw.ca.

SHARI'S SKIN AND BODY ESTHETICS OF KENSINGTON: Is now expanding to Arbour Lake NW. Fall Special - Oxygen Skin Clean for \$99, regular \$175. Visit sharisskinandbodyesthetics.com or text 403-862 9138.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

BLUE WAGON LANDSCAPING: A local student-owned business now offering snow removal services! Ensure safe and clear paths for the holiday season. 700+ homes served. Limited spots are available so book now to keep your property snow-free. Contact Michael at 403-585-6128, team@bluewagon.ca, or visit www.bluewagon.ca to get a free instant quote!

Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the City. Should the meeting fall on a holiday, it will be held on the Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www. westhillhurst.com/planning.

Go to http://developmentmap.calgary.ca to find details and timelines on specific development projects.

Email the WHPC directly at planning@westhillhurst.com.



WHSC POWERSKATING REGISTER ONLINE

www.westhillhurst.com/whsc-registration

If you forgot your WHCA account password, please do not create a new account! Call our administrative staff at 403-283-0464, ext. 6. to reset your password.

For questions about the WHCA Skate Club program, contact skate@westhillhurst.com.

Beaver Moon Traditionally, the full moon in November is called the Beaver Moon because, in need of warm furs for the winter, people in the Colonial Era set beaver traps to catch them before the lakes froze over. This year, the Beaver Moon will be on November 27!

WEST HILLHURST PRESCHOOL NEWS Settling into Preschool

by Lisa Kelly

As we move into November, leaving the excitement of Halloween, the first snow fall, and Thanksgiving behind us, it has been lovely to see the students settling into our classroom routines, making new friends, and engaging in learning. The preschool teachers are enjoying getting to know the children and their families, and we would like to thank all our parent volunteers who have been busy helping with playdough, laundry, library books, and so much more!

Preschool is a wonderful opportunity for children to meet new people and to make friends with other children within the same age group. Our teaching staff are always observing and encouraging children to learn how to cooperate, to wait their turn, and to use language to communicate their needs and wants. This in turn leads to fostering relationships within the classroom.

For more information, or to register in our limited available spots, please visit our website at www. westhillhurstpreschool.com. Also, be sure to check out our Facebook page 'West Hillhurst Community Preschool' and our Instagram page to see all the exciting and fun things we get up to!









The Residential Parking Permit Program limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



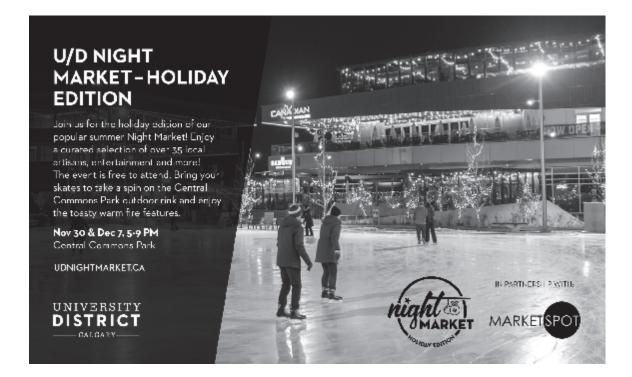
New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp



CARDINAL

BY TREVOR RAMAGE





403.850.2560











TBD













1221 17A Street NW

List Price: \$1,999,900

MLS #TBD

Introducing a rare park-like oasis gem on a spectacular lot with over 100 feet of frontage and 140 feet of depth.

1823 11 Avenue NW

List Price: \$1,999,900

MLS #A2083658

With views stretching across the city & downtown, this custom-built home offers an array of spaces, amenities, and comforts designed to meet today's lifestyle.





List Price: \$529,900

Heartfelt congratulations to my valued clients who have successfully sold their home.



220 & 320, 1616 8 Avenue NW

List Price: \$239,900 & \$235,000

Considering selling? We have buyers eager to acquire more units in this building.

Not intended to solicit buyers or sellers currently under contract with a broker.

SCAN ME



*Based on Total Dollar Sales Volume for a Single Office

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