

JULY 2025

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# hello ACADIA

THE OFFICIAL ACADIA COMMUNITY NEWSLETTER



## STAMPEDE BREAKFAST PAGE 5



**Dr. Lucas Curran**  
General Dentist

### New technology: Needle-free laser dentistry

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**Dr. Lucas Curran**  
General Dentist



- Open on alternate Saturdays
- Emergencies welcome
- We direct bill your insurance
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**580 Acadia Dr SE**

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**BEFORE**



**AFTER**



# Acadia Community Association Contacts

☎ 403-255-1252  
 ✉ info@acadiaca.com  
 🌐 @acacalgary  
 🌐 www.acadia.community  
 📍 240 - 90 Avenue SE Calgary, AB T2J 6P6

## Executives

Keith Simmons	President	president@acadiaca.com
Minh Badau	Vice President	vp@acadiaca.com
Ashley Chapman	Secretary	secretary@acadiaca.com
Shanon Crews	Treasurer	treasurer@acadiaca.com

## Directors

Brent Harding	Board Director	brent@acadiaca.com
Greg MacQuarrie	Board Director	greg@acadiaca.com
Adam Klimczak	Board Director	adam@acadiaca.com
Chris Kalyn	Board Director	chris@acadiaca.com
Kris Dass	Board Director	kris@acadiaca.com
Dana McCarty	Board Director	dana@acadiaca.com
Marina Munro	Board Director	marina@acadiaca.com
Jack Moddle	Board Director	jack@acadiaca.com

## Coordinators

Good Food Box	Leslie Pinto	goodfoodbox@acadiaca.com
Newsletter	Emily Lewandowski	helloacadia@acadiaca.com
Soccer	Brooklyn Christopher	soccer@acadiaca.com
Social Media	Brayden Darichuk Carmen Darichuk	
Youth Program	Kris Dass	kris@acadiaca.com

## Committees

Membership	Shayan Vosooghzadeh	membership@acadiaca.com
Volunteers	Vacant	volunteer@acadiaca.com
Communications	Vacant	communications@acadiaca.com
Events	Minh Badau	events@acadiaca.com
Playgrounds	Dana Mccarty	playgrounds@acadiaca.com
Traffic Safety	Chris Kalyn	traffic@acadiaca.com
Governance	Vacant	governance@acadiaca.com
Grants/Fundraising	Shanon Crews	grants@acadiaca.com
Planning/Development	Vacant	planning@acadiaca.com
Community Engagement	Vacant	community@acadiaca.com

## Acadia Recreation Complex Management and Staff

Executive Director	Cheryl Montgomery	403-255-1252 ext. 224 cheryl@acadiaca.com
Curling Coordinator /Special Events	Tannis Brown	403-255-1252 ext. 222 tannis@acadiarec.com
Curling Operations	Craig Recksiedler	403-255-1252 ext. 226 craig@acadiarec.com
	Jeff Ball	jeff@acadiarec.com
Arena Coordinator	Madeline Vatcher	403-255-1252 ext. 223 maddy@acadiarec.com
Building Operations	Ross Scott	403-255-1252 ext. 233 ross@acadiarec.com
Guest Services	Emily Lewandowski	403-255-1252 ext. 221 emily@acadiarec.com
Events and Program Coordinator	Kamden Oseen	403-255-1252

## Acadia Community Contacts

MLA Calgary-Acadia	Diana Batten	403-640-1363 calgary.acadia@assembly.ab.ca
MP, Calgary Midnapore	Stephanie Kusie	403-225-3480 stephanie.kusie@parl.gc.ca
Councillor Ward 11	Kourtney Penner	ward11@calgary.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	403-817-7918 neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	cathie.williams@cssd.ab.ca
CPS Community Resource Officer	Matt Forest	pol5067@calgarypolice.ca
Acadia Community Garden		587-777-0527 info@growingacadia.ca
Acadia Community Social Worker	Viviana Reinberg	403-476-7280 viviana.reinberg@calgary.ca
Girl Guides of Canada – Calgary Area		403-283-8348 ggcinfo@calgarygirlguides.com
Scouts Canada – Chinook Council		403-283-4993 253rdsouthheritagegroup@gmail.com



ACADIA  
COMMUNITY  
ASSOCIATION

# STAMPEDE BREAKFAST



**05 JULY | 9:00 AM**

**AT THE ARC**

To learn more, visit [acadiaca.com/stampede](http://acadiaca.com/stampede)



## MESSAGE FROM THE BOARD

Summer is in full swing! We hope you enjoy the sunshine and barbecues!

### Celebrating 40 Years with Ross Scott

This July marks the 40-year anniversary of when Ross started working at the Acadia Recreation Complex. Ross has been a pillar of the ARC for many years, and as everyone can attest, no one knows the building better than Ross. He has been here through many changes, renovations, trials and tribulations, but he has stuck with us through the years, and we could not possibly thank him enough for all that he does! From repairs to keeping the arena ice in tip top shape, Ross is a part of what happens. Everyone at the ARC and the ACA would like to give a big thank you to Ross Scott for his 40 years of dedicated service to the facility and the community!

### Community Cleanup Recap

The 2025 Community Cleanup had a huge turn out! We are glad you could join us to make our homes and community that much tidier! We would like to thank the City of Calgary for providing packer trucks to take away garbage and recycling. We would also like to thank Little Caesars on Fairmount for providing pizza to our volunteers! Last, but certainly not least, a big thank you to everyone that volunteered this year. You make the Community Cleanup and all of our other events possible. We would be nothing without the continued support of the Acadia community, so thank you!

### Stampede Breakfast

Kick off Stampede week with the community! The 2025 ACA Stampede Breakfast event will be on July 5 from 9:00 to 1:00 pm, with breakfast ending at 11:00 am. It will be hosted at the ARC in the back parking lot. This year we are excited to have Generation Country, a band local to Acadia, provide us with live music! We're also thrilled to bring back the Keepin' It Country line dancers for a performance, whose home base is at the ARC. Bring the family to enjoy the amazing live entertainment, as well as a classic pancake breakfast, petting zoo, Western-themed games, and more! Check out [acadiaca.com/stampede](http://acadiaca.com/stampede) for more information.

### Volunteer Casino Fundraiser

We will be hosting a Casino Fundraiser on September 24 and 25 at the Deerfoot Inn and Casino, and we are in need of volunteers! The casino is our biggest fundraiser of the year and is critical to the ACA to help support all that we do. There are important roles that need to be filled during both dates, but rest assured that you will be well-trained, fed, and assisted throughout the event. If you have had experience

working at a volunteer casino, or would like to try something new, reach out to [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

### Become a Board Member and Make a Difference Where You Live and Play

Our incredible and dedicated volunteers are what make the ACA and all of its programs and events possible. We are currently actively accepting nominations for the President and Secretary positions, as the term for our current leaders comes to an end this month. If you are interested in helping lead and support the ACA, please reach out to [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) for more information. Membership is required to vote on these positions, so if you haven't already, be sure to grab yours!

In addition to these key leadership roles, we continue to seek volunteers to support our committees, events and initiatives.

### Are You Following Us On Social Media?

Keep up with us @acacalgary on our Facebook and Instagram social media platforms for the latest updates on all things happening with the ACA.

*Your Acadia Community Association*



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## REASONS TO BECOME A MEMBER OF THE



ACADIA  
COMMUNITY  
ASSOCIATION

### VOTE



Have a say and influence on issues that are most important to you. Have a passion for a new playground, public art, or more programming? Joining the ACA is how you get involved in shaping the community where you live!

### COMMUNITY HAPPENINGS

Keep up to date with all the happenings in the community, including new infrastructure developments, planning, traffic, events, programs, townhall meetings, ward news, and City news.



### MEMBERS ONLY PERKS

ACA members get discounts on various local area food and retail outlets. In addition, members get access to the ARC Social Lounge and 15% off room and ice bookings at the ARC for private events!

### FREE EVENTS

Most of our events are free or at a very reduced rate for members. The ACA hosts some great events each year, such as the Winter Carnival, Stampede Breakfast, Neighbour Day, and more!



### BE PART OF A COMMUNITY



Research shows that being part of a community and its association is vital to making sure your community is a great place to live, work, and play.

**ANNUAL MEMBERSHIPS ARE \$15-\$25**

FIND OUT MORE AND PURCHASE AT  
[HTTPS://ACADIA.COMMUNITY/MEMBERSHIP](https://acadia.community/membership)  
OR EMAIL [MEMBERSHIP@ACADIACA.COM](mailto:MEMBERSHIP@ACADIACA.COM)



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# What's Up at the



Home of the Acadia Community Association

## RENTALS



The ARC has many different facilities available to rent. There are courts, curling and hockey ice, as well as special event spaces.

## PROGRAMS

Check out the array of different programs hosted at the ARC. We run skating and pickleball programs, and are the home of multiple program organizations.



## EVENTS



The ARC hosts multiple events throughout the year. Scan the QR code below to visit our website and see all the ARC has to offer!



SCAN HERE

## A Good Food Box Depot in Acadia!

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price – approximately \$1 per pound of produce – and have those boxes delivered to the ARC for pick up.

Due to seasonal availability, the contents of each box cannot be guaranteed. However, all Good Food Boxes contain the maximum amount of produce available to ensure clients get the best value for the price. There are three box sizes to choose from, and the program is available to everyone regardless of income level.

Box Size	Price	Weight
Small	\$30	15 to 20lbs* of fruits and vegetables
Medium	\$35	25 to 30lbs* of fruits and vegetables
Large	\$40	35 to 40lbs* of fruits and vegetables

\*Weights are approximate.

If you are interested in purchasing a Good Food Box, please complete the contact form online at [acadia.community/goodfoodbox](http://acadia.community/goodfoodbox) or email [goodfoodbox@acadiaca.com](mailto:goodfoodbox@acadiaca.com). Once your order is confirmed, payment instructions will be sent to you. Payment must be made within one day of the order deadline. Boxes are available monthly and can be picked up at the Acadia Recreation Complex, 240 - 90 Ave SE. Visit our website [acadia.community/goodfoodbox](http://acadia.community/goodfoodbox) for more details.

### Good Food Box Order Deadlines and Pick Up Dates For 2025

Order Deadline - Friday	Pick Up Date - Wednesday From 11:00 am to 2:00 pm or 4:00 to 6:00 pm
July 11	July 23
August 8	August 20
September 5	September 17
September 26	October 8
October 24	November 5
November 28	December 10

## ACA Volunteer Callout - We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. There are a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions, making a difference in the community you live in!

To learn more about these roles and to apply please contact [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) or visit [www.acadiaca.com/volunteer](http://www.acadiaca.com/volunteer).

### Planning/Development Committee Chair

We are looking for someone to take on the Planning/Development Committee Chair role in order to review planning, development, and transportation matters that pertain to the community of Acadia. This individual will also manage the other subcommittees of Traffic, Safety, and Playgrounds within their domain. If you are interested in helping to build safer and more accessible community spaces, reach out to us today!

### Playgrounds/Green Spaces Committee Members

We are looking to expand our playgrounds/green spaces committee! There are several ways to get involved in the work that goes into our green spaces in Acadia. Opportunities to work on our rink boards project, become a tree ambassador, and advocate for playground structure updates are all available. Did you know the ACA playgrounds/green spaces committee led the Addison Place Playground replacement project? Come sign up to be a part of impactful change in Acadia!

### Event Committee Members

Every fun event you've attended or heard about relies on key people to bring the plan together and execute it seamlessly.

The following event committees are looking for long-term members who have a passion for bringing high-quality events to Acadia and would be interested in helping to plan and execute these events every year: Winter Carnival, Easter Egg Hunt, Bike Parade, Neighbour Day, Stampede, Movie in the Park, Fall Festival, Halloween Party, and Holiday Party.

If any of the above major events interest you, reach out today to learn more about the commitment and responsibilities. We hope you will consider joining us and bring your creative touch to these awesome events!

### Community Engagement Committee Members

Are you passionate about making a difference in your community? Join our Volunteer Community Engagement Committee! We are looking for enthusiastic individuals who are eager to promote community involvement and foster connections between our community and those people, organizations, and businesses that make Acadia a great place to live or operate. If you believe we can make Acadia even better, bring creativity and positivity, and enjoy having fun while making an impact, this is the perfect opportunity for you to develop your skills, meet your neighbours, and contribute to meaningful projects that enhance our community.



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# Volunteers

Acadia Community Association is bringing some great events & initiatives to the Acadia community in 2025!

Email [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to express your interest in supporting events such as:

WINTER CARNIVAL | EASTER EGG HUNT  
STAMPEDE BREAKFAST | SOCCER PROGRAM  
YOUTH DROP IN | BIKE PARADE  
MOVIE IN THE PARK | NEIGHBOUR DAY  
FALL FAIR | KIDS' HOLIDAY PARTY  
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# ACADIA COMMUNITY ASSOCIATION

# 2025 EVENTS

## WINTER CARNIVAL

Fun carnival games, s'mores around the fire, horse-drawn wagon rides.

Feb  
8

## ACA SOCIAL NIGHTS

Meet & greet with ACA board members and coordinators over drinks and snacks. Occurs every second month.

## EASTER EGG HUNT

Kids can hunt for eggs filled with fun treats at one of Acadia's many parks.

Apr  
19

## COMMUNITY CLEANUP

Get started on your spring cleaning and get rid of your unwanted items for free.

May

## BIKE PARADE

Decorate your bike with streamers & balloons & join the group to ride Acadia to kick off Bike Month!

May  
31

## NEIGHBOUR DAY

Bringing Acadians together for a fun block party!

Jun  
21

## STAMPEDE BREAKFAST

Pancake breakfast with live music, line dance lessons and petting zoo.

Jul  
5

## PARADE OF GARAGE SALES

Shop for unique treasures as the entire community opens shop!

Jun  
28/29

## MOVIE IN THE PARK

Enjoy a fun family movie under the stars in one of Acadia's greenspaces!

Sept  
5

## FALL FESTIVAL

Food trucks, kids' business fair, glitter tattoos & fall themed activities. Local Acadian businesses on site to showcase their offerings.

Sept  
27

## SOUTHEAST BREWFEST

The most anticipated ACA event of the year! Local craft breweries serve up their offerings for you to taste

Oct  
25

## ANNUAL GENERAL MEETING

The ACA Board and ARC staff will update the community on their activities, accomplishments & goals.

Sept

## KIDS' HOLIDAY PARTY

Visit with Santa, decorate cookies, make crafts & eat fun holiday themed treats.

Dec  
6

## HOLIDAY LIGHTS CONTEST

Light up Acadia this holiday season. Prizes in various categories to be won!

Dec

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- Discount rates for pickleball and squash/racquetball bookings

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**Code Ninjas - 130th Ave SE**

- One free gaming night per month

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[www.acadia.community/membership](http://www.acadia.community/membership)  
[www.acadia.community/aca-partnership-program](http://www.acadia.community/aca-partnership-program)



**WE ARE LOOKING FOR A  
 PLANNING & DEVELOPMENT  
 COMMITTEE CHAIR  
 TO JOIN OUR TEAM!**

**KEY RESPONSIBILITIES:**

- be alert to planning initiatives that are relevant to Acadia and provide information to the community
- review and provide comments on planning & development applications in the community
- enable and encourage community members to engage in the planning process

**HELPFUL SKILLS:**

- organizational abilities & attention to detail
- written and interpersonal communication skills
- understanding of municipal development and permitting processes
- engagement & group facilitation skills

**ACA COMMITTEE CHAIR ROLES:**

- 5-yr commitment of approx. 6-8 hours per month
- 2-year term commitment encouraged

EMAIL [VOLUNTEER@ACADIACA.COM](mailto:VOLUNTEER@ACADIACA.COM) FOR MORE INFO AND TO APPLY!

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In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.

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### IMPROVED ORAL HEALTH:

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