# DOWN BY THE BAY

THE OFFICIAL AUBURN BAY COMMUNITY NEWSLETTER



for them S1445



403.262.3696 | #110, 142 McKenzie Towne Link SE | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) - Orthodontist



### **SHAWN RILEY**







AWARD WINNING REAL ESTATE SERVICE SINCE 1998

#### **#3** AGENT AT RE/MAX HOUSE OF REAL ESTATE - 2022

#12 RE/MAX Agent in Calgary - 2022

#80 RE/MAX Agent in Western Canada - 2022



Cute and cozy 1 bedroom condo in the heart of Auburn Bay just steps to a pond and walking path and about a 15 walk to the lake and all the other amazing amenities this fabulous lake community has to offer! 540 sq ft, 1 bed, 1 bath, underground parking, extra storage, close to all the area's amenities and so much more!



Over 3,300 sq ft of amazingly maintained living space in this beauty! This home is immaculate, with quality upgrades throughout including A/C, gorgeous kitchen with tons of counter space, white cabinets, gas cooktop, wall oven and so much more just in the kitchen! The rest of the home will blow you away with a spa-like ensuite, bonus room, large rooms, awesome finished basement and the list goes on and on!

"Inventory is still VERY low in Auburn Bay! This means it's a great time to sell your home if you have been considering it lately.

Many homes are selling in under a month for top dollar! We are still seeing most of the Auburn Bay inventory selling VERY quickly. If you want specific information on your home or neighbouring homes...call or text me anytime to chat about the Auburn Bay market and I'd be happy to answer any of your questions."

A TRUSTED SOURCE FOR ALL OF YOUR AUBURN BAY REAL ESTATE NEEDS!

403.630.1223

RE/MAX HOUSE OF REAL ESTATE

shawnriley99@gmail.com | www.shawnriley.remax.ca



# STAMPEDE LUNCH AT AUBURN BAY STATION



JOIN US FOR FOOD & FUN!

# JULY 8TH — 11AM TO 3PM—

100 AUBURN MEADOWS DRIVE SE

#### **LIVE COUNTRY BAND**

PONY RIDES | PETTING ZOO | FACE PAINTERS SNOW CONES | POPCORN | BURGERS | HOT DOGS





It is hard to believe that we are already into July, I hope everyone is having a safe and fun summer.

Plans for the Stampede Breakfast have been coming along and I am sure we will have another wonderful event again this year. More follow up will be in the next edition.

Remember that with the hot dry weather comes the high risk of fires, please make sure that you dispose of any burning material accordingly. If you smoke at home, note planters can be full of peat moss which can catch fire. Please don't toss lit cigarettes out of a vehicle window as most grass fires start that way.

Things at the community garden are coming along very quickly with new plants sprouting each day. I think we are going to have an amazing harvest again this year. Unfortunately, we did get hit by a vandal that decided to stab the water totes, which will hopefully hold with patches until next year.

I would like to say thank you to the Wildrose Lion's Club for their donation towards the replacement of the green community shed. It was a pleasure to meet you in person. We are looking forward to having a conversation with them about partnering for future community events.

It was my pleasure to meet the Principal at Lakeshore (Auburn Bay middle school). I was amazed to hear that they were supposed to open with just over 600 students and ended up having just over 900. Next year I hear that there are plans for it to be a grade 6 to 9 school. I hope to have the opportunity to meet with the principal at Bayside as well.

We have continued to investigate other low maintenance options for the replacement of the CA shed. Once we raise the funds, we will have the new unit placed to the SW of the green one, then we can transfer over our supplies and finally return the green one to the City's inventory. It will all depend on when we receive money from the casino. We hope to also have a bit of money left to upgrade the brown garden shed, as it was damaged by hail before being donated to us and moved.

The City of Calgary's Farm Market Stand is back in Auburn Bay, with Broxburn Farms providing a variety of locally grown produce. The market will be set up in the Auburn Bay School parking lot on Saturdays from 4:00 to 7:00 pm. I had the opportunity to stop by and pick up some items to try and found that they were definitely more flavourful than store bought options. I heard that the Hutterites may be setting up at the off leash park lot on Friday afternoons, and will have to drive by and get more details.

The YYC and Auburn Bay Cleanups went well. Many families came out to help clean up all the greenspaces/parks around the community. There were a number of families that utilized the services at YYC cleanup, thank you to Prince of Peace for the use of their parking lot. Thank you to all the volunteers that helped out at the events that day.

Just a reminder that we will be hosting our first casino on July 26 and 27 at the Deerfoot Inn & Casino. We have filled a number of the shifts already and hope it will be a great success. Please ensure to check out the post on our website and Facebook page for the link on how to sign up. We need the support of our amazing community if we want to continue to offer our subsidized (free) programs/events that are enjoyed by so many.

The Community Kitchen Good Food Box program continues to grow each month and is a great opportunity to get affordable and delicious produce. Please check out the post on our website for the google form to place your order.

Auburn Bay has a large number of Facebook groups. There is a Pet Group, Seniors Group, Grillers Group, Ladies Group, Food Lovers Group, Gardening Group, Community Garden Group, Ladies Clothing Exchange Group, Business Group, Buy-Nothing Group... the list is nearly endless. Make sure to go and check these fabulous interest groups out.

Finally, a reminder that the next CA online meeting will be September 13, 2023. These meetings are open to everyone, and we look forward to having you there for your input and participation. The links to join in the meeting are available on our website. We have also uploaded the minutes from the past meetings as well.

#### Carla Obuck

Sports and Events Director, Auburn Bay Community Association (ABCA)



**JULY 26 & 27** 

Help us raise money for The Bay!
Supporting subsidized Community Events:
Parade of Lights, Stampede Breakfast, and
Community Garden!

Sign up at www.auburnbayca.ca







# Auburn Bay Community Association **Membership Form**

For your convenience, Auburn Bay Community Association Memberships are available online!

Visit www.AuburnBayCA.ca/Membership to purchase.

Members benefit from sports, activities, and partner discounts (please see Membership Privileges Program page for a list of business partners). Members also gain preferred access to youth and community events, programs, and secure a vote at public meetings. Make a difference by joining the Board – and more.

Memberships: \$25, per family.

Name:		
Address:		Postal Code:
Contact Number:E	-Mail:_	
How many family members, including children:		Yes, please contact me about volunteering:

Please fill out the above (please print), enclose and mail your cheque or money order, payable to the "Auburn Bay Community Association" to the following address: Auburn Bay Community Association Memberships, C/O Auburn House, 200 Auburn Bay Boulevard SE, Calgary, Alberta T3M 0A4.

Visit www.auburnbayliving.ca for more information. E-transfer Membership payment to finance@auburnbayca.ca

For a complete list of your CA membership discounts, please log into your profile online.







### AUBURN BAY COMMUNITY REAL ESTATE ACTIVITY

# YOUR HOME SOLD GUARANTEED!\*

Call to find out more about our Innovative Consumer Programs

Virtual Tours
Guaranteed Sale Program\*
Trade Up Program\*
Blanket Home Warranty Program\*
Accepting Crypto Currency

Call us to help you navigate through the changing real estate world

Call or Text 403-606-8888 Email len@lentwong.com

\*Guarantee is being offered by Greater Property Group.
Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
May	23	35	50	\$499,950	\$507,500
April	23	59	44	\$489,900	\$493,500
March	23	36	39	\$505,000	\$503,500
February	23	32	34	\$442,400	\$442,500
January	23	30	19	\$467,000	\$467,000
December	22	18	17	\$409,900	\$398,000
November	22	15	24	\$559,900	\$553,750
October	22	17	25	\$430,000	\$407,750
September	22	30	26	\$519,900	\$527,500
August	22	42	39	\$375,000	\$375,000
July	22	38	38	\$452,450	\$450,500
June	22	54	59	\$389,900	\$400,500
October September August July	22 22 22 22 22	17 30 42 38	25 26 39 38	\$430,000 \$519,900 \$375,000 \$452,450	\$407,750 \$527,500 \$375,000 \$450,500

To view more detailed information that comprise the above MLS averages please visit aub.mycalgary.com

#### **Moroccan Style Meatballs**

by Jennifer Puri



The red (Marrakech), white (Casablanca), and blue (Chefchaouen) cities of Morocco represent a vibrant mix of past and present and are a contrast of modernity with traditional customs and architecture.

Home to ancient palaces, mosques, and colleges, these cities are also famous for their gardens, fountains, medinas, and souks.

Medinas are walled cities with narrow winding streets which are notable for their absence of cars but abundance of bicycles and donkey carts.

Souks are the captivating street markets where you can purchase leather goods, lanterns, lamps, textiles, carpets (not the flying kind), spices, tagines, and good luck charms.

All sorts of foods are also available to the hungry shopper including local breads, dried fruits, and olives.

The most cooked meals are couscous salads, spicy lamb, and chicken stews, traditionally followed by cups of Moroccan Green Mint Tea.

Moroccan Style Meatballs can be enjoyed with Pita or Naan, couscous or salad greens, or Moroccan style carrot salad.

Prep Time: 30 minutes

Cook Time: 30 minutes

Servings: 4

#### **Ingredients:**

- 500 gms lean ground beef
- 1/2 cup fine breadcrumbs
- ½ onion, finely chopped
- 3 garlic cloves, minced
- 3 tbsps. finely chopped mint
- 2 tsps. smoked paprika
- 1 tsp. ginger, minced
- 1 tsp. ground cumin
- ½ tsp. ground cinnamon
- 1/2 tsp. salt
- 1/2 tsp. black pepper
- ½ tsp. red pepper flakes
- 1 egg
- 2 tbsps. olive oil
- 1 red bell pepper, sliced
- 1 400 ml jar of Moroccan style meatball sauce
- 34 cup water
- 12 seedless green olives (optional)
- 3 tbsps. of yoghurt (optional)

#### **Directions:**

- Place ground beef in a medium size bowl and add breadcrumbs, onion, garlic, mint, smoked paprika, ginger, cumin, cinnamon, salt, black pepper, egg, and mix well.
- 2. Preheat oven to 400 degrees Fahrenheit.
- Divide beef into 20 portions, shape into golf ball size meatballs, and place on a foil lined baking tray. Bake on middle rack of oven for 18 to 20 minutes or until cooked.
- 4. Add two tablespoons of olive oil to a wok or skillet and sauté the red pepper for three to four minutes. Next add the Moroccan style sauce, water, and cooked meatballs, and simmer for four to five minutes.
- 5. Remove from heat, garnish with olives, yoghurt, and fresh mint or coriander leaves, and serve.

Bon Appétit!

### Don't Poop in your Neighbour's Yard - Picking Up After Your Pet

from the City of Calgary

The City of Calgary Animal & Bylaw Services advocates responsible pet ownership which includes not allowing your pet to become a threat or nuisance in the community.

The Responsible Pet Ownership Bylaw allows Animal & Bylaw Services to work with Calgarians to ensure that cats, dogs, their owners, and neighbours live together in safety and harmony.

The Bylaw required all cats and dogs three months of age and older be licensed and have permanent identification.

Licensing fees, not tax dollars, fund the enforcement of the Responsible Pet Ownership Bylaw (23M2006).

This enforcement includes investigating citizen complaints about animals and helping neighbours resolve animal-related issues.

With respect to removing pet excrement, under the Bylaw, if an animal defecates on any public or private property other than the property of its owner, the owner must remove the feces immediately.

If an animal is on any public or private property other than the property of its owner, the owner must have in their possession a suitable means of facilitating the removal of the animal's feces.

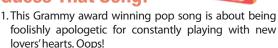
If the owner of an animal doesn't pick up the feces or have a suitable means of picking it up, they are in contravention of the Bylaw and subject to a fine.

The specified fine for failing to remove animal feces is \$250, with the minimal fine being \$150, and the specified fine for not having a suitable means to remove the feces is \$250, with the minimum fine being \$150.



#### **GAMES & PUZZLES**

#### **Guess That Song!**



- 2. This thrilling hit pop song is about a woman being stalked by a beast about to strike.
- 3. This 2014 electro-pop song is about meeting someone in the summer, falling in love in the fall as the leaves turned brown, and then being betrayed by lies.
- 4. This heartfelt alternative rock ballad is all about wanting to skip right to October because summer has come and passed.
- 5. This country song is about going out and having fun with no inhibitions, just feeling womanly and dancing with your girlfriends on a night out.
- 6. This gentle pop rock song is about being so in love with someone that they colour your world and make the stars shine for you.

SCANTHE QR CODE FOR THE ANSWERS!







for the 2023-2024 Dance Season

BRAND NEW 7,000 SQ.FT. TRAINING FACILITY LOCATED IN SOUTHEAST CALGARY!



Ballet | Jazz | Tap | Hip Hop Musical Theatre | Acro Contemporary | Lyrical

226/230 - 5126 126 Ave. SE. | **403 251 6472** | director@ultimatedanceco.com | www.ultimatedanceco.com



#### **AUBURN BAY** RESIDENTS ASSOCIATION **CONTACT INFO**

**Auburn Bay Residents Association** c/o Auburn House

200 Auburn Bay Boulevard SE, Calgary, ABT3M 0A4 Office Tel: 403-537-2601, Office Fax: 403-930-6456

Website: www.AuburnBavRA.ca

Administration Marilyn Alcock

admin@auburnbay.org

**Program and Events** 

Jennifer Tait

Manager

events@auburnbay.org

**Program Coordinator** 

Jasmin Ladouceur Recprograms@auburnbay.org

General Manager

Chrissie Rozak gm@auburnbay.org

#### **Hours of Operation**

Auburn House Lake and Park Hours Monday to Sunday: 9:00 am to 10:00 pm **Auburn House Regular Office Hours** Monday to Friday: 9:00 am to 5:00 pm



#### **CONNECT WITH US! AUBURN** HOUSE



#### **FOLLOW US ON FACEBOOK!** Facebook.com/AuburnHouse



**FOLLOW US ON INSTAGRAM!** Instagram.com/Auburn\_House



#### **FOLLOW US ON TWITTER!**

Twitter.com/AuburnBayRA



#### RESIDENTS ASSOCIATION

#### **Sponsor Recognition** - NAIAD Irrigation Systems Ltd.

Thank you to NAIAD Irrigation Systems Ltd. for their continued support of the Auburn Bay Residents Association and for again being one of our top special event sponsors!







Join us for our annual Beach Party event and get ready to salsa! Enjoy live Latin music, dance performances, entertainment from DJ Henry with Latin Sound Productions, and you can even learn to salsa, all the while enjoying our traditional Beach Party activities and attractions...face painting, bouncy houses, photo booth, draw prizes, roving entertainers, and so much more, including food trucks!

Visit AuburnBayRA.ca for all event details.

\*This event is for Auburn Bay residents only



## BAND 'N BREWS

AUGUST 19 | 3:00 - 7:00PM Gate Opens @ 2:30pm

#### **PGZ**





Tickets @ AuburnBayRA.ca

Auburn House Band 'N Brews at the Beach' A Beer Garden and Live Band Event Saturday, August 19 3:00 to 7:00 pm

Double-bill event with Playground Zone feat. BrokenToyz

Age 18+

Gate opens at 2:30 pm

This exhilarating event is returning to Auburn House this summer and is exclusively for our adult Auburn Bay residents and their guests. This year we're excited to announce our first double-bill performance with Playground Zone featuring BrokenToyz!

Get ready for an entertaining afternoon in the park where you can sing and dance to the music of a live band while enjoying the tastes of local brews and cider. Food will also be available on site for purchase. This will be an epic live music event you won't want to miss!

Tickets on sale July 4 – Early bird rate ends July 24! Visit AuburnBayRA.ca for tickets and all event details.

## summer vibes

AUBURN BAY RESIDENTS ASSOCIATION
SUMMER CAMPS, PROGRAMS & EVENTS GUIDE 2023

### **Auburn House Summer Camps and Programs**

Capture those summer vibes with summer programs and camps at Auburn House! Registration is still open and ongoing. Register today to secure your spots – camps and classes are filling fast.

Don't miss out on all we have to offer! With a variety of adult, youth, and specialty programs, there is something for everyone.

View the full Auburn House Summer Programs and Camps Guides online at AuburnBayRA.ca.

Sign up today! Call 403-537-2601 or visit AuburnBayRA.ca.



RESIDENT REGISTRATION OPENS MAY 2, 2023

NON-RESIDENT REGISTRATION OPENS MAY 9, 2023

SUMMER CAMPS ARE ALREADY OPEN FOR REGISTRATION

WWW.AUBURNBAYRA.CA







#### For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Auburn Bay. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**AUBURN BAY MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

**HERITAGE WEST PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited, 403-993-0639.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

**VOICE AND PIANO LESSONS AVAILABLE FOR SEPTEMBER:** All ages and skill levels are welcome. Students can expect quality education, supportive instructors, and most importantly, a joyful approach to learning. RCM instruction is available. Please email jocelynbouwkamp@gmail.com to get started!

## **BUSINESS CLASSIFIEDS**

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@ expressappliance.ca.

**LANDSCAPING SPECIALISTS:** AS/F Contracting specializes in concrete installation & removal, decks, fences, sod, retaining walls and paving stones. Call Shawn for a free estimate at 403-651-0424 | www. asfcontracting.com.

**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Auburn Bay? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

**AFFORDABLE DENTAL CARE MINUTES FROM AUBURN BAY!** Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters. com. Save money, smile, be happy!

**CODERAD ELECTRICAL LTD:** Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

**PAINTING:** Calgary's wall repaint experts. Fast, free estimates and colour consults. Friendly, clean, and on time. Check out our great reviews! Father and son power team. Fully insured. Please call/text Eric at 587-893-0326. www.elementpaintinginc.ca. Thank you.

**BASEMENT, KITCHEN, BATHROOM RENOVATIONS** & HANDYMAN SERVICES: We take all the stress out of your basement, kitchen, bathroom and handyman services around your home. Free consultation and estimates. Please contact Robertson Watt Construction Services for friendly, clean and on time service. Call 403-200-6192 or email info@robertsonwatt.ca.

WINDOW AND DOOR SCREEN REPAIR AND REPLACEMENT SERVICE: Screen-Appeal is a full-service, locally owned and operated mobile screen shop for all your screen needs. We specialize in custom-made window screens, sliding screen patio doors and more. We are also a proud dealer of Phantom Retractable Screens. Contact us today at www.screen-appeal.ca or info@screen-appeal.ca.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



#### **SOUTH FAMILY DENTAL**

403.262.3235

www.southfamilydental.com

110-142 McKenzie Towne Link SE, Calgary T2Z 1H1 (Next to Servus Credit Union)

WE FOLLOW THE ALBERTA FEE GUIDE

# Free Teeth Whitening or Electric Toothbrush

\*With complete exam, x-ray, & cleaning

FEMALE AND MALE DENTISTS AVAILABLE



All services provided by our General Dentists and Orthodontist
Dr. N. Headley, Dr. R. Palmer, Dr. N. Speidel, Dr. K. Toucher, & Dr. A. Vilaysane – General Dentists
Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist