DEER RIDGE JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER





SAVE A BUNCH OF CASH

Expert advice | Excellent rates Better mortgages

403-771-8771

anita@anitamortgage.ca







403-287-3958

5308 4th Street SE T2H 1K5 info@thfireplaces.ca www.thfireplaces.ca

Winter is Not Over Yet!

Gas Fireplace Manufacturers recommend an annual clean and check by a qualified technician. Our experienced team can provide you with a thorough maintenance check for optimal performance of your fireplace with these services:

• Inspect the ignition system and check air shutter • Clean and vacuum logs/ media and burner assembly • Clean and check the blower system • Clean and test the thermopile, thermocouple, and pilot assembly • Clean and test electronic ignition system • Check gaskets and seals for leaks • Measure valve readings for optimal operation • Test for gas leaks • Test for venting leaks • Test for correct switch/thermostat operation • Test spill switch connections and current flow • Polish glass panel with fireplace cleaner

Service rates starting at \$185(+657)
Take advantage of this promotion before April 17, 2023.

Use CODE "2023" for our special rate starting at \$165(+657)

Call to book your service today!

*Does not include parts replacement cost or return trip charges.



Community Association

Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Membership Request / Renewal Form

Deer Ridge Community Association memberships are available online at www.DeerRidgeCA.com/Membership/ or you may mail this form along with a cheque payable to: DeerRidgeCA@gmail.com

Deer Ridge Community Association.

The Deer Ridge Community Association membership fee is \$150 per household and two membership cards will be mailed to you upon receipt of payment. Your membership also grants you Deer Ridge CA voting privileges at the AGM. We invite all Deer Ridge residents to actively participate in the decisions that shape our community. For volunteer opportunities, please visit www.DeerRidgeCA.com/volunteer/



| First Name: | Last Name: |
|----------------------------|-----------------|
| Additional family members: | |
| Address: | |
| Postal Code: | hone Number(s): |
| Email: | |

Thank you for your support!

We use Mailchimp.com to manage subscriber email.

Deer Ridge Community Association Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Tel: 403-606-7331 | Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com Facebook: Deer Ridge Community Association | Twitter: @DeerRidgeCA

Deer Ridge Box 43052 Community Visit our website at www.deerridgeca.com ASSOCIATION If you have any questions or concerns, please contact us at DeerRidgeCA@gmail.com

Board of Directors and Community Contacts

| EXECUTIVE | | | | |
|--------------------|---------------|--------------|--|--|
| President | Don Burdeyney | | | |
| 1st Vice President | Bob Hall | 403-278-6817 | | |
| 2nd Vice President | John Life | | | |
| Treasurer | Kim Aurini | | | |
| Secretary | Dawn Wallace | 403-606-7331 | | |

We Need You! Contact Us To Volunteer And Get Involved In Your Community.

| DIRECTORS AT LARGE | | | | | | |
|-------------------------------|---------------------|--------------|--|--|--|--|
| Director at Large | Lanis Anderson | | | | | |
| Director at Large | Getrud VanDerMey | | | | | |
| COMMUNITY COORDINATOR | RS | | | | | |
| Movie in the Park Coordinator | 0pen | | | | | |
| Casino Coordinator | Open | | | | | |
| Ice Rink Coordinator | Bob Hall | 403-278-6817 | | | | |
| Community Garden | Bob Hall | 403-278-6817 | | | | |
| Tennis Court Coordinator | Larry Lemieux | | | | | |
| Trico Representative | Don Burdeyney | | | | | |
| Newsletter Advertising | Great News Media | 403-720-0762 | | | | |
| Newsletter Coordinator | Gertrud Van Der Mey | | | | | |
| Membership Coordinator | John Life | | | | | |

OUR VISION: We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

OUR MISSION: To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.

Community Resources for Vulnerable Citizens

Calgary Alpha House Society is a local non-profit, charitable agency providing supports to men and women whose lives have been impacted by alcohol and other drug dependencies. Our work positively impacts Calgary communities by providing help to vulnerable citizens. In doing so, we divert individuals away from unnecessary uses of health care, criminal justice, and emergency systems by building relationships and connecting clients to more appropriate resources. Some of Alpha House's resources are listed here. We encourage you to use them where appropriate.

Join us in creating community for everyone.

The DOAP Team

403-998-7388

24/7

Non-emergency number for individuals on the street needing assistance.

Needle Response Team

403-796-5334

Monday to Friday, 8:00 am to 6:00 pm

Mobile unit cleaning up needle and needle debris on public and private property.

Encampment Team

403-805-7388

Monday to Friday, 8:00 am to 4:00 pm

Mobile unit assisting individuals who are sleeping in camps outside.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Here we are in March, already – it's almost spring where we can finally all get together again. And it's turning out to be a busy time.



January Family Skate

Our Annual Family Skate Day took place on January 14. Mother Nature gifted us with a glorious day, and we had what was likely the very best turnout ever. More than 150 people showed up to enjoy the hot chocolate and coffee donated by Starbucks, and the hot dogs expertly barbecued and served up by our volunteers. The sunshine, the perfect ice, the warmth of the fire, and most especially, the warmth of all the smiles made for a truly perfect day. A great big shoutout to all the volunteers and sponsors who made this a wonderful event.

Spring Fling

The Queensland Diamond Cove and Deer Ridge Community Associations are getting together for a Spring Fling Party – an afternoon of spring crafts and games for kids, to be held at Queensland Community Center on Saturday, April 1, from 12:00 to 2:00 pm. Refreshments will be served, so bring the kiddos and come have some springtime fun with us!

Daylight Saving Time

Daylight Saving Time returns March 12, 2023. Remember to set your clocks forward an hour and please be careful when you're driving around our neighbourhood - remember our kiddos will be out later in the evenings to enjoy that extra hour of sunshine and play time.

Membership

Deer Ridge Community Association memberships are available all year round. If you would like to know more about memberships with our community association, please connect with our Membership Coordinator, John Life, at DeerRidgeCA@gmail.com, or fill out and send in the form that's available in this newsletter or on our website.

Board Meetings

Deer Ridge CA board meetings are held the third Tuesday of each month, at 7:00 pm, and all community association members are welcome to attend. Please watch our website for the latest on where the meetings will be held.

The next Board Meeting is scheduled for March 21 at 7:00 pm, location to be announced.



Spring Fling Party

Queensland Diamond Cove and Deer Ridge Community Associations

Community children are invited to our Spring Fling Party.

Please join us at the Queensland Community Center on

Saturday, April 1 from 12:00 to 2 pm for an afternoon of spring crafts and games.

Refreshments will be served.

March Madness

March is a time of new beginnings, the promise of spring and elevated spirits. The cold abates, the days grow longer, birdsong again fills the air, there is evidence of new life in the animal kingdom, and March Madness takes hold. What are some of the things you enjoy about March?

BASKETBALL DAFFODILS SKIING

BIRDS EQUINOX SNOWDROP

BUNNIES FLOWERS SNOWMELT

CALVES HYACINTH SPRING

CHICKS LAMBS SUNSHINE

CHINOOK MADNESS WALKS

CHOCOLATE SHAMROCKS WARMTH

| В | Ι | R | D | S | V | S | S | N | О | W | M | Е | L | T |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Н | A | С | M | U | S | U | Ι | О | Y | Е | C | P | N | Н |
| T | V | Е | N | Е | N | С | X | С | R | В | A | P | K | T |
| О | Z | T | N | S | Е | S | V | S | Е | V | L | A | C | N |
| Е | Н | D | Н | D | P | Q | K | О | O | N | Ι | Н | C | Ι |
| T | A | Ι | L | Е | В | О | U | С | C | P | Н | F | G | C |
| M | N | Н | C | Н | A | U | R | Ι | O | T | Z | S | Н | A |
| Е | L | T | Н | S | S | M | M | D | N | R | В | K | F | Y |
| О | A | M | Ι | L | K | Е | F | G | W | О | M | L | Ι | Н |
| C | M | R | C | Н | Е | Ι | I | L | N | O | X | A | О | W |
| S | В | A | K | L | T | K | Ι | N | O | Ι | N | W | Н | S |
| Н | S | W | S | K | В | A | S | N | N | W | R | S | С | S |
| Q | K | X | F | N | A | Q | G | P | G | U | Е | P | X | О |
| C | Н | O | C | O | L | A | T | Е | P | Е | В | R | S | Q |
| A | F | Ι | V | S | L | I | D | О | F | F | A | D | S | K |

DOLLARS & SENSE

Choosing a Meal Delivery Service

from the Better Business Bureau

Meal delivery services give consumers a more convenient way to make home-cooked dinners by delivering fresh, pre-measured ingredients and easy-to-follow recipes to your doorstep. But just like any other service, each company is different.

Pricing, ingredients, and preparation requirements vary greatly between services. You'll need to do some homework to pick the one that best meets your family's needs. If the appeal of a meal delivery subscription is learning new recipes and experimenting with ingredients, you might choose one company. But if your main interest is speed and simplicity, another may be a better fit.

The following tips will help select an ideal meal delivery service for your household:

- Research the delivery service. Ask friends and family, read reviews, and check BBB.org to learn about past customers' experiences.
- Set a budget and check the fine print. Pricing can vary from one company to the next. Make certain the service aligns with your budget. In addition, not all meal delivery services include shipping fees in their pricing read the fine print.
- Know your skill level. Before committing to a plan, research what kind of cooking techniques you'll need to know. If a company's recipes require searing, roasting, and braising, do you know how? If not, make sure you have the time to learn new techniques.
- Consider ingredient quality. Not all companies offer organic, non-GMO, or free-range meal ingredients. If these are must-haves for your family, make sure the company offers them.
- Determine how much prep work you want. Some companies do more chopping and sauce-making than others. This seemingly small difference can make a big difference in how long each meal takes to make.
- Consider the customer service. If there is ever a problem – a missing recipe card or ingredient, for

- example you want to know that you can count on customer service. Make sure there are clear, easy ways to contact the company, even late in the evening. Read the company's reviews and keep an eye out for any indication that customer service is lacking.
- Check the cancellation policy. Before making a decision to subscribe to meal delivery, understand the cancellation policy. Each company is different and some may have very strict policies.
- Be careful with personal information. Most food delivery services process payments online. Make sure the company is legitimate before offering up personal information such as financial information and address.
- Review BBB tips for shopping online. Since meal delivery services don't usually have brick and mortar storefronts, consider BBB's tips for smart shopping online.





Good Food Box

Good Food Box is a program through which anyone and everyone can access nutritious fresh produce regularly and affordably. Good Food Boxes contain a combination of in-season fresh fruits and vegetables bought directly from farmers and wholesalers. The content varies weekly, depending on what's in season, and each box contains the maximum produce to ensure you get the most value for the price. Please note, while box prices remain the same, the size/weight of the boxes has recently changed.

Learn more about the Good Food Box program or get recipes at: Good Food Box — Community Kitchen Program of Calgary (ckpcalgary.ca) or https://www.ckpcalgary.ca/recipes.

Small Box: \$25, 15-20lbs* of fruits and vegetables **Medium Box:** \$30, 25-30lbs* of fruits and vegetables Large Box: \$35, 35-40lbs* of fruits and vegetables

*Please note, weights are approximate and will vary depending on produce size and density.

To order or pick up, please contact Emma at 403-278-8263 at Fish Creek United Church (previously known as Deer Park United Church), 77 Deerpoint Rd SE.

Order Day Pickup Day March 21 March 30 April 25 May 4 May 23 June 1

SCAN HERE TO VIEW ADDITIONAL DEER RIDGE CONTENT

News, Events, & More



Crime **Statistics**



Real Estate Statistics



CUSTOMER SATISFACTION GUARANTEED

WE SPECIALIZE IN ALL FORMS OF **CONSTRUCTION & LANDSCAPE**

INCLUDING SMALLER IN-HOME PROJECTS



Services

Residential Landscaping

Landscape Construction

Year-Round Maintenance

Spring and Fall Cleanup

Commercial and Condo **Property Management**

Snow and Ice Removal

Contact Us

Address 20 Sunvale Place SE Calgary, AB T2X 2R8

Call us now (403) 256-9282



Email us

info@jacksonjackson.ca contact@jacksonjackson.ca

www.jacksonjackson.ca

RESIDENT PERSPECTIVES

The Children of Weather

by Ananya Mirok, Grade 5



Icicles are like shards of glass growing on the windowpane Wind whirls around it as it goes
Trees put on its coat of snow
The pine dances in the air
Doing the waltz with the snow
The frost lands lightly on the hill
Chilly wind sways the trees and bends the leaves
Sparks of snow, fall so bright
Glittering even in the night
The only colour is grey and white
Throughout the day and in the night

The snow is now melting
Frost is all gone
Ice is slipping off the bark
And now it's dawn
Sprouts and beans are growing now
The butterflies are flying around
Petals are growing but not here yet
People are planting, knees on the ground
Seedlings are hatching, growing right now
Caterpillars are crawling around
Eating every leave in sight
With the butterflies in the sky
They wish they could take to flight

Petals in the sky Blossoms in my eye Day as bright as light As well as in the night Sky as blue as the sea But is lighter than thee Birds are coming back And that is a fact In the warmth and light The sun comes very bright At the beach we play In the hotness of the day Greenest grass in all the land Same with the trees and leaves Summer is coming to an end That means school will start again

The smell of apple pie walks through the air Filling our nostrils with the scent of cinnamon We see streaks of colour hitting the ground All the leaves floating around Autumn is leaving us once more Winter is now walking through the door



MP Calgary Midnapore Stephanie Kusie 204 - 279 Midpark Way SE Calgary, AB T2X 1M2

403-225-3480 ា 403-255-3504

stephanie.kusie.c1@parl.gc.ca stephaniekusiemp.ca

Dear Constituents,

The House of Commons returned from its winter break in late January and was immediately pushed into another government scandal. In my role as Shadow Minister for Treasury Board, I have been extremely focused on this government's fifty-fold increase in contracts with the consulting firm McKinsey & Company since 2015.

In his seven-years of government, Justin Trudeau has outsourced \$101.4 million in government contracts to McKinsey & Company instead of utilizing Canada's public service to deliver the services Canadians expect. A united opposition on OGGO committee passed a motion demanding the government hand over documents and provide witness testimony on this front. OGGO continues to investigate this concerning mismanagement of Canadian's tax dollars.

For Valentines Day, my office partnered with School in providing handcrafted Midnapore Valentines to residents of the AgeCare Midnapore facility. This annual tradition of partnering with a local school in Calgary Midnapore to deliver Valentines is an important reminder for our seniors that they are not alone and are always in our thoughts.

The budget for the 2023 fiscal year is also expected to be tabled at the end of March. My colleagues and I have been clear in our calls for the government to end any planned tax hikes, including the carbon tax, and ensure that every dollar spent is matched by a dollar in government revenue.

To stay up to date on my ongoing work in Ottawa on your behalf please sign up for my monthly e-new sletter. You can do so online at StephanieKusieMP.ca.

Sincerely,

Stephanie Kusie





Councillor, Ward 14 **Peter Demong**

403-268-1653

✓ eaward14@calgary.ca

www.calgary.ca/ward14

Hey, Ward 14!

Do not feel bad about your thoughts drifting to warmer weather-mine are too. We all know that there is probably a brief regression to coldness coming, as it always does, but we are headed in the right direction. The days are getting longer...

In the full version of the March column, I will start with a quick reminder about your last few days to address potential changes to your property assessment. I will also talk about another one of the City's useful online maps, and new financing options available for those looking to make their homes more energy efficient. Finally, I will finish off by addressing safety on transit, both in terms of what you can do and what the City is doing.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14newsletter for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Councillor Peter Demong





✓ Free Estimates & Advice ✓ Hot Water Tank Specials

✓ Gas Fitter

Call Bob: 403-461-3490

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Deer Ridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

DEER RIDGE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

RELIABLE LADY IS ABLE TO CLEAN YOUR HOME: Weekly or bi-weekly, Monday to Friday. I charge by the job. Telephone Mrs. Batti at 403-720-8689. Please leave a message if I am not at home.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Deer Ridge? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

AFFORDABLE DENTAL CARE MINUTES FROM DEER RIDGE! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

CAMPBELL ROOFING - FREE ESTIMATES: Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business". Call Grant 403-975-1371. Thank you, customers, for the last 30 years.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CROWN RENOVATIONS: Beautiful kitchens, bathrooms, and basements at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free in-house estimates. Visits to former clients can be arranged. Full house renovations. Check out our latest before and after renovation at www. crownrenovations.com. Call Bill at 403-819-8588 or email crownreno@shaw.ca.





South Calgary Community

Clothing GIVEAWAY



Saturday, May 6, 2023 10:00 am to 1:00 pm

380 MIDPARK BLVD SE All Saints Lutheran Church