# 出DEER RIDGE JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER





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## DID YOU KNOW?



We are the official youth soccer provider for: Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Evergreen, Lake Chaparral, Langdon, Legacy, Mahogany, Marquis De Lorne, Queensland, and Walden.

YOUR LOCAL SOCCER PROVIDER U4-ADULT

## DEVELOPING EXCELLENT PLAYERS AND OUTSTANDING PEOPLE

- Canadian Soccer Association -Youth Club License holder.
- Only Calgary Club with 2 turf indoor training facilities. Full size 11v11 Turf Fieldhouse and Turf Training Skills Center.
- Professionally qualified Phase Area Managers at every age group (U4-Adult) (Canada and Europe Qualifications).
- In-house Sport Science program to develop athleticism and prevent injuries.
- Coaching Mentorship and Certification Programs for ALL U4-Adult Coaches.



- Verifiably Calgary's best soccer program with more resources and pathways to pro-am leagues for boys and girls.
- 8 Canadian National Youth Championships won.
- Foothills WFC is the highest level of women's soccer in Canada and 2022 UWS Western Conference Champions.
- One of two founding franchises for the Project 8 women's professional league launching in 2025.

INDOOR 2023/2024 REGISTRATION: Program details and online registration available AUGUST 15<sup>TH</sup> TO SEPTEMBER 30<sup>TH</sup> at www.gofoothills.ca







### No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.













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**Address** 20 Sunvale Place SE Calgary, AB T2X 2R8

Call us now (403) 256-9282



Email us

info@jacksonjackson.ca contact@jacksonjackson.ca

www.jacksonjackson.ca

#### **MESSAGE FROM THE BOARD**

September is here once again. Summer vacations are ending, school is starting, autumn is in the air, and a new cycle of busyness begins again. How was your summer? Did you get out and do a few fun things with family or friends? Did you attend Movie in the Park or any of the other festivals offered in the city this past month? We hope you've had time to enjoy some of the great amenities offered in our wonderful city, and especially here in our own Deer Ridge.

**Movie in the Park** – Our celebration of summer, Movie in the Park, was held on August 19 and was once again a great success, well attended, and enjoyed by all. A great big thank-you goes out to the organizing team of board members, and the many volunteers who joined in to help make this a great success again this year.

**Playgrounds** – Did you know that there are four community playgrounds in Deer Ridge? In addition to the largest, yellow slide park on Deerview Drive, there are also shady park playground on Deer Ridge Way, the big red playground at Deerpoint Road, and the little blue playground at Deerpath Road. See pictures of our playgrounds online – can you spot your favourite? Visit deerridgeca.com and click "Playgrounds." Your membership in the community association helps to support these playgrounds for everyone to use.

**Community Gardens** – Gardeners have been busy growing and harvesting all kinds of organic vegetables and flowers for a few months now and it will soon be time to wrap up our gardening season at the gardens. Pictures of this year's bounty can be seen on Facebook: https://www.facebook.com/DeerRidgeCommunityGarden.

Many thanks to everyone who has come out to help with repairs and maintenance on the gardens this year. Our wooden beds have held out for eleven seasons, and several are showing signs of age. We're excited about the new metal beds being built. These should last us a long while.

Gardeners, it will soon be that time. Please look for an email letting you know when we'll be doing our end of season cleanup.

**Back to School!** – Drivers, please remember that we have a number of school/playground zones in Deer Ridge and that it's especially important at this time of year to observe the speed limit and watch out for our

kiddos. They're excited to be starting a new school year, some for the first time, and they're excited to get together with friends they haven't seen in a while. Our youngsters and teens may be a bit distracted and not be watching for cars passing by or through the neighbourhood. Please don't be distracted. Please watch for pedestrians, slow down, and possibly save a life by caring.

**Membership** – Have you purchased or renewed your community association membership? There's a form right in this newsletter that you can use to do so or sign up for your membership online at deerridgeca.com (click "Membership").

Membership is still only \$15 per family at one address. Your membership not only supports community infrastructure, but it also gives you a voice in what happens in your community and in your city. Community associations represent community voice on development proposals, as well as social, cultural, and environmental issues that impact your neighbourhood.

**Board Meetings** – Community association board meetings are open to all and are where you are going to hear the latest on what's happening in your community and your city, and where you can ask questions and present ideas. Deer Ridge residents who hold a current membership have voting privileges on any proposals or issues. Not sure if you live within Deer Ridge's boundaries? There's a map on the membership page of this newsletter, and on our website.

We meet on the third Tuesday of each month at 7:00 pm. Watch for meeting location details on our website: deerridgeca.com (click on "Meetings and Board of Directors").

We look forward to seeing you at our meetings. Please plan to join us on:

- September 19
- October 17
- November 2





#### **Community Association**

Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

#### Membership Request / Renewal Form

Deer Ridge Community Association memberships are available online at www.DeerRidgeCA.com/Membership/ or you may mail this form along with a cheque payable to:

#### Deer Ridge Community Association.

The Deer Ridge Community Association membership fee is \$15.00 per household and two membership cards will be mailed to you upon receipt of payment. Your membership also grants you Deer Ridge CA voting privileges at the AGM. We invite all Deer Ridge residents to actively participate in the decisions that shape our community. For volunteer opportunities, please visit www.DeerRidgeCA.com/volunteer/



First Name:	Last Name:	
Additional family members:		
	Phone Number(s):	
Email:		

Thank you for your support!

notifications of upcoming community events, information, and volunteer opportunities. We use Mailchimp.com to manage subscriber email.

Deer Ridge Community Association Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7 Tel: 403-606-7331 | Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com

# Deer Ridge Box 43052 Calgary, Alberta T2J 7A7 Visit our website at www.deerridgeca.com

Association If you have any questions or concerns, please contact us at DeerRidgeCA@gmail.com

### **Board of Directors and Community Contacts**

403-278-6817
403-606-7331

We Need You! Contact Us To Volunteer And Get Involved In Your Community.

DIRECTORS AT LARGE	
Director at Large	Lanis Anderson
Director at Large	Gertrud VanDerMey
Director at Large	Sheree Filipovic
COMMUNITY COORDIN	LATARC

COMMUNITY COORDINATOR	RS	
Movie in the Park Coordinator	0pen	
Casino Coordinator	Open	
Ice Rink Coordinator	Bob Hall	403-278-6817
Community Garden	Bob Hall	403-278-6817
Tennis Court Coordinator	Larry Lemieux	
Trico Representative	Don Burdeyney	
Newsletter Advertising	Great News Media	403-720-0762
Newsletter Coordinator	Gertrud VanDerMey	

**Bob Hall** 

Membership Coordinator

**OUR VISION:** We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

**OUR MISSION:** To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.

### **Community Resources for** Vulnerable Citizens

Calgary Alpha House Society provides support to men and women whose lives have been impacted by alcohol and other drug dependencies. Their work positively impacts Calgary communities by providing help to vulnerable citizens. In doing so, we divert individuals away from unnecessary uses of health care, criminal justice, and emergency systems by building relationships and connecting clients to more appropriate resources. Some of Alpha House's resources are listed here. We encourage you to use them where appropriate.

Join us in creating community for everyone.

#### The DOAP Team

403-998-7388

24/7

Non-emergency number for individuals on the street needing assistance.

#### **Needle Response Team**

403-796-5334

Monday to Friday, 8:00 am to 6:00 pm

Mobile unit cleaning up needle and needle debris on public and private property.

#### **Encampment Team**

403-805-7388

Monday to Friday, 8:00 am to 4:00 pm

Mobile unit assisting individuals who are sleeping in camps outside.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

### **September Word Search – Membership**

It's September and we're starting a new year of memberships, not only in our community association, but in school classes, recreational classes, sports teams, maybe even the gym. Where do you have membership and what does membership mean to you?

ACCESS	GIVING	PARTY
ASSOCIATION	GROUP	PURPOSE
BELONG	HELFULNESS	SERVICE
CAMARADERIE	INSIDER	SOCIETY
CLUB	JOIN	SPORT
COMMUNITY	LEARN	TEAM
CONNECTION	MEMBER	TIME
EXPERIENCE	ORGANIZATION	VOLUNTEERISM
FRIENDSHIP	PARTNERSHIP	VOTE

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Q	Е	F	С	Е	Y	K	T	I	Е	N	T	X	Н	U	S	G	R	M	M	I	S
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N	C	C	Е	T	R	V	U	D	C	P	I	C	A	L	N	I	T	P	Е	Е	A
I	Q	W	S	J	R	P	A	О	О	Н	Z	S	D	P	L	Е	Y	О	R	Ο	T
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#### **Good Food Box**

Is inflation at the grocery store wreaking havoc on your fresh produce budget? Have you wondered if a Good Food Box might be right for your family?

Good Food Box (GFB) is a program through which anyone and everyone can access nutritious fresh produce regularly and affordably. Good Food Boxes contain a combination of in-season fresh fruits and vegetables bought directly from farmers and wholesalers. The content varies weekly, depending on what's in season, and each box contains the maximum produce to ensure you get the most value for the price.

Get more information, plus recipes at https://www.ckpcalgary.ca/recipes.

#### **Box Options:**

**Small Box:** \$25 (15 to 20lbs\* of fruits and vegetables) **Medium Box:** \$30 (25 to 30lbs\* of fruits and vegetables) **Large Box:** \$35 (35 to 40lbs\* of fruits and vegetables)

\*Please note, weights are approximate and will vary depending on produce size and density. While prices remain the same – box weights have slightly changed.

Order Day	Pick Up Day
September 12	September 21
October 10	October 19
October 31	November 9

To order or pick up, please contact Emma at 403-278-8263 at Fish Creek United Church (previously known as Deer Park United Church), 77 Deerpoint Rd SE.





Councillor, Ward 14 **Peter Demong** 

**4**03-268-1653

🔀 eaward14@calgary.ca

www.calgary.ca/ward14

#### Hello Ward 14!

September is sneakily one of the most beautiful times of year in Calgary. It is still warm (but not too warm), it is usually dry (although hopefully not too dry this year), and the kids are back in school.

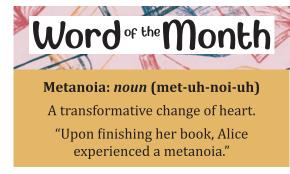
I have a few things to share with you this month in the online version of this column, starting with where to find some useful webinars for homeowners and businesses. I will go into how you can help prepare your children for emergencies, have your say on Calgary's Housing Strategy, help plan the future for older adults, and drive safely around schools. Finally, I will continue on with my second installment of how to navigate the City of Calgary website.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14newsletter for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Sincerely,

Councillor Peter Demong







#### MLA Calgary - Fish Creek Myles McDougall

7 — 1215 Lake Sylvan Drive SE

403-278-4444

Calgary.FishCreek@assembly.ab.ca

I want to take this opportunity to thank the constituents of Calgary Fish Creek for entrusting me with this great honour of serving as your Member of the Legislative Assembly. For those of you I didn't get a chance to meet with during the campaign, let me tell you a little about myself. I have had a varied career as an economist, corporate executive, technology entrepreneur, management consultant, advisor, and teacher. I have lived, worked, and studied internationally, including in Argentina, where I met my wife of 25 years, Patricia, who is currently a public elementary school teacher in Calgary. Together, we have a son who attends the University of Calgary.

I pursued public office to share my experience and passion for public service. I am committed to working tirelessly to represent the constituents of Calgary Fish Creek and make Alberta a better place to live, work, and raise a family.

It's been an incredible summer here in Calgary with lots of festivals, Stampede activities, and community events. It was great to see Stampede events in full force in Calgary Fish Creek. I am looking forward to hosting the annual Calgary Fish Creek Stampede BBQ next year. In the meantime, I would like to invite all constituents to our 'Meet Your MLA' family BBQ on Saturday, September 16 from 12:00 to 2:00 pm at the Bonavista Downs community centre (1418 Lake Ontario Road SE). We will be enjoying Spolumbos sausages and music, along with kids' entertainment like face painting and balloon animals. I'm looking forward to getting to know you all better.

In the meantime, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.



MP Calgary Midnapore Stephanie Kusie 204 – 279 Midpark Way SE Calgary, AB T2X 1M2

403-225-3480 📾 403-255-3504

stephanie.kusie.c1@parl.gc.ca stephaniekusiemp.ca

Dear constituents.

My team and I have been busy over the past few months engaging with constituents and groups at various community events and meetings here in Calgary Midnapore. It was a pleasure to meet with many new and familiar faces over the summer months.

I hope all constituents enjoyed their summer and are ready to get back to school and other activities this fall.

As summer comes to a close, I'd like to extend a special "thank you" to all community associations here in Calgary Midnapore. These community associations help provide the fabric of our community and deserve to be recognized for the work they do. Every summer, I have the privilege to meet and engage with many community associations at local events, and this year was no exception. As you begin planning for the winter months and year ahead, please know how appreciated your work is and the critical role it plays in Calgary Midnapore.

Later this month, I will be returning to Ottawa once again to stand up for the interests of Calgary Midnapore in Parliament. Our common-sense conservative team, led by Pierre Poilievre, has a plan to bring home lower prices, safer streets, powerful paycheques, freedom for Canadians, and homes workers can afford. We will be fighting every day in Parliament to ensure the common voice of the common people is heard in Ottawa's decision making.

To stay up to date on my ongoing work in Ottawa on your behalf, please sign up for my monthly e-newsletter. You can do so online at StephanieKusieMP.ca. Another way to keep engaged is through my social media – @ StephanieKusiePolitican (Facebook), @StephanieKusie (Twitter and Instagram), @StephanieKusieMP (YouTube).

Have a wonderful September!

Sincerely,

Stephanie Kusie

MP Calgary Midnapore



## Deer Ridge Real Estate Update Last 12 Months Deer Ridge MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2023	\$519,900	\$540,000
June 2023	\$389,000	\$430,000
May 2023	\$485,000	\$522,000
April 2023	\$447,500	\$479,450
March 2023	\$499,900	\$520,350
February 2023	\$384,900	\$388,700
January 2023	\$524,900	\$517,000
December 2022	\$0	\$0
November 2022	\$399,000	\$399,000
October 2022	\$425,000	\$415,000
September 2022	\$642,450	\$629,250
August 2022	\$374,900	\$360,000

Last 12 Months Deer Ridge MLS Real Estate Number of Listings Update

	9 1					
	No. New Properties	No. Properties Sold				
July 2023	2	3				
June 2023	6	7				
May 2023	4	3				
April 2023	5	8				
March 2023	10	5				
February 2023	0	2				
January 2023	3	1				
December 2022	0	0				
November 2022	3	5				
October 2022	3	7				
September 2022	5	2				
August 2022	5	9				

To view more detailed information that comprise the above MLS averages please visit **drri.mycalgary.com** 

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**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Deer Ridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/ VISA/MasterCard. Call 403-837-4023 or email info@ officialplumbingheating.ca; www.official-plumbingheating.ca.

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**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Deer Ridge? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

**AFFORDABLE DENTAL CARE MINUTES FROM DEER RIDGE!** Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

**CAMPBELL ROOFING - FREE ESTIMATES:** Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business." Call Grant at 403-975-1371. Thank you, customers, for all your previous support!

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.qutterdoctor.ca, 403-714-0711.

**PIANO FOR SENIORS:** Have you ever wanted to learn to play the piano? Or would you prefer to listen to live piano music? I have a Piano Teacher's diploma and I'd be happy to teach you or play your favourite classical or popular tunes in your home. Contact Jill at 403-629-0735 or seniorspianotime@gmail.com.

## SCAN HERE TO VIEW ADDITIONAL DEER RIDGE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



## PLUMBER

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- ✓ Free Estimates & Advice
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Call Bob: 403-461-3490

#### **Nature's Ottoman**

Capybaras, the largest rodents on Earth, are one of the friendliest creatures in the animal world. They're referred to as "nature's ottomans" because they'll allow birds, monkeys, rabbits, and other small critters to cuddle with them or hitch a ride on their backs. Capybaras will even befriend crocodiles and ride on their backs!





# Learn the signs of stroke

Face is it drooping?

A rms can you raise both?

**Speech** is it slurred or jumbled?

Time to call 9-1-1 right away.

Act **FAST**. Lifesaving treatment begins the second you call 9-1-1.

heartandstroke.ca/FAST



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