

JANUARY 2024

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THE OFFICIAL DEER RUN COMMUNITY NEWSLETTER

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FEB 10



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GAMES & PUZZLES

Guess the Sport!

1. This is commonly known as the only sport that has been played on the moon.
2. This incredibly physical two-person activity is considered the world's oldest sport.
3. In this sport, goal posts are painted yellow.
4. In _____, a score of zero is called "love".
5. An elegant show of talent, this is the oldest winter Olympic sport.
6. When you miss three times in a row, it's called a turkey in this sport.



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More Rink Rats Needed!

We need your help! We need all types! For those who are going to use the motorized equipment, we ask that those recruits have a general mechanical aptitude of motorized equipment to operate the required machinery.

More hands make less work (and more fun).

I can be reached through the community centre email - ken@deerruncalgary.com.

Ken Werbicki

Director of Sports



Save the Date!

Skate Party in February. See Calendar of Events page.



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Deer Run Community Association (DRCA)

www.deerruncalgary.com

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

THE EXECUTIVE

| | |
|----------------|--------------|
| President | Kim Semeniuk |
| Vice President | Mike Isakeit |
| Treasurer | Ed McCrea |
| Secretary | Bley Etienne |

THE DIRECTORS

| | |
|----------------------|------------------|
| Ways and Means | Brenda Marks |
| Capital Expenditures | Jay Clements |
| Director at Large | Donovan Harris |
| | Ken Werbicki |
| Social | Christian Fruhen |

VACANT POSITIONS

| | |
|-----------------|--------|
| Memberships | Vacant |
| Newsletter | Vacant |
| Programs | Vacant |
| Sports Director | Vacant |



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Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8

Phone: 403-278-3117 Fax: 403-278-4961

Email: info@deerruncalgary.com

Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm

Saturday, 9:00 am to 5:00 pm

Sunday, 9:30 am to 3:00 pm

Key Staff

Centre Manager Rob Garnett 403-278-3117
Childcare Director Mercy Musakanya 403-271-3704

Newsletter

Your Deer Run Villager is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MS Word file, to the DRCA Communications Director at commdirector@deerruncalgary.com.

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.



There has been a lot going on this fall. The Christmas market had 1,023 visitors in November, which is quite fitting as the board member who runs the event deals with IT and that is a magical number for IT. Many thanks to the setup and teardown volunteers from Queensland Pharmacy and other local residents. A few other elves helped promote the DRCA centre, so thanks for their creativity. Christian and Silvana, the coordinators, worked many hours reviewing 55 submissions and approving 37 tables. We have plans to add a few more tables and to serve refreshments next year; many vendors already signed up in advance. For our first attempt at this – it was more than successful.

This year's family kids' Christmas party brought in 130 kids – a record number! The event was hosted by the DRCA Kids Leadership Club with fifteen teen volunteers and five adult volunteers (the teens usually say "oh my mom/dad would help" and they made the cookie craft, physical craft, did setup, and more behind the scenes tasks). The donors were the new Queensland Pharmacy HealthMed who donated all the prizes and our local Starbucks who ensured our parents were well caffeinated. K-nexions Church supplied everything Santa, complete with a photo booth.

Have you seen the new weight room? No really – go check that article out and then check the real thing out at the DRCA. Again – volunteers to the rescue to ensure we met the budget set out for us. Read the article! Thank you Rob, Ken, and all the volunteers.

Our AGM went well. Many of us came out to hear what Peter Demong's office had to say and get some perspective of the new housing bylaws that are coming. The snacks were the best, which is to be expected. Many stayed after to catch up with the guests at the meeting. Ken, our sports director stepped down but is back as a Director at Large. We do need a new Sports Director and Ken is around to mentor the new person. Ken has run the outdoor skate rink for many years and helped with other maintenance items around the centre as that is his gift.

Now – as for Christmas cheer in our community. Wow! The Giving Tree's ornaments kept flying off the real tree and we refilled it twice from the virtual tree ornaments. All the ornaments were fulfilled, and three local families will now have a better Christmas! It was noted that the things they wanted were all necessities, which is a good

reminder to give not just now but all year long. This is the time of year we highlight the importance of giving but it is important to be generous all year long. If you catch wind of someone in need, please extend the love all year long.



Before



After

The volleyball organization ensured the foodbank donations were filled. The DRCA volleyball program was also in charge of the pet donations via the Alberta Animal Rescue Crew Society, and it was a smash hit. Thanks to many who took Samaritan's Purse Shoeboxes home (made available at the centre) and filled them for kids in other countries. These boxes are goodwill gestures that open doors to let communities abroad know that care is coming their way. As a visual of our community's good spirit, see the before and after photographs for the tree, foodbank, and AARCS projects.

Renovations and improvements for our childcare facilities are moving forward! We do need help with this. If you have any project management experience, we need help in these areas. We have already ordered some new furnishings for the day care to ensure any outdated items are being refreshed.

We did manage to finally get our new projector, just in time for movie night on January 20 at the DRCA. The screen/projector are brighter than last spring's set so we are looking forward to a new year with stellar quality – and if you also add in that you can now talk normally in the kitchen – the sound should be stellar too. The fridge/freezer in the kitchen used to be so loud it competed with the sound in the gym. The new fridge/freezer is so much quieter. Thank you Enmax!

So, the upcoming events are January 20 - movie night (see our website for which movie), February 10 - skate party, February 24 - Jellybean Dance, and March 16 - Fun Money Casino. Can all of you newsletter readers ask for company donations please, and call Rob at the centre at 403-278-3117? Mention it's a trade for goodwill and advertising. It helps get donations but its worth it too. How many of us have switched to a local vendor because we know they are pulling for us? I know I have.

No More Staying Overnight to Dump Buckets of Water

Do you know those long nights when you have to wait for a repair company, all the while someone has to guard the bucket and dump it when it fills with water? We, the board members, remember too many times. We finally wired up a circuit and heat tracing to stop ice from building up in the exit pipe that runs between the roof and the storm sewer in the middle of the parking lot. Ice would build up and not allow the roof water through (which runs down through the inside of the building). There was a weak point that is supposed to break when things get backed up, but we were tired of it backing up. No major long-term damage was ever done as it only happened during the weekdays, so we always caught the issue. If this happened over a holiday season it could be quite expensive in terms of repairs.

Thanks to Jay, our volunteer board member, and companies he knows who came quickly with steam trucks, and Kim our favorite overnighter who camped out a few years back until repairs could be made while dumping buckets that are far too heavy to carry. We should be able to use the CFEP grant (see kitchen article) for 50% of the cost and if we are lucky, the CCG grant next year can be back dated, but that is a far stretch. If parts would have been available before November 30, the CCG would have covered the other 50% of the cost. One of our other volunteers did the grant application and wrap up/hand off. If you have not noticed, we really rely on volunteers, and once again – here is a plug to say thanks and to also shamelessly say we need more help. Most of the volunteers mentioned are the same two to three people – please call the centre if you can help in these sorts of areas. Call Rob at 403-278-3117 or fill in the webform.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Rink Pole Replacement

You are safer while skating! We had a rink pole replaced last month and at first, I thought "when are they coming..." – but upon closer observation – the repair people had already been and gone and had replaced the rink pole with one that looks exactly the same as the old one! Last spring, we had all rink light poles tested by "Black's" and they mentioned one in particular should get replaced within the year, which we did.

Newhook Trenching was chosen and did a 100% stellar job – so clean and tidy you almost wouldn't know they came in and did it. The only hint that it was new was it had a slightly different green hue than the last rink pole and some new gravel around the pole. Newhook Trenching are those industrial neighbourhood gophers that make dozens of gopher mounds down the street when things like new fibre or communications, or power wires are dug and strung underground in our neighbourhoods. This pole was paid for 75% by the CCG grant (City) and 25% by the CFEP grant (same one as kitchen repairs). If we are fortunate to receive a Calgary Community Grant (City) the other six poles plus the one stump in the ground can be replaced likely around the June timeframe. The Calgary Community Grant provides us each year with up to \$300,000 and the CFEP of up to \$125,000 for a project (we say "scheduled and suggested centre renovations").

The suggestions as to what gets replaced follows a mandatory lifecycle plan developed by an outside contractor (and paid for by the City). The City is determined to have our community centres be successful and to have longevity, hence the yearly funding if we apply for it. Again, we are looking for volunteers (yes, you) to lessen the load by managing small projects like this one, so if you can help, please contact Rob at the center at 403-278-3117 or fill out the web form and let us know.





DRCA PROGRAMS

South Calgary Wado Kai Karate

Competitive Club, Friday, 6:30 to 9:00 pm
Various classes, Saturday, 9:15 am to 12:30 pm
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FLC Seniors Tai Chi

Tuesday and Thursday Mornings
Contact our registrar at taichi@flcseniors.ca
Website: www.flcseniors.ca/activities/taichi

Adult Volleyball

Adults, Monday to Friday evenings
Ashley: ashleymiller6@live.com

Jazzercise

Monday, Wednesday, Friday, 9:30 am
Chris: vanreenenchris8@gmail.com

Country Line Dancing

Wednesdays, 1:30 to 2:30 pm
Line dancing is fun for everyone. No partner required. It's good exercise, lots of fun, and a great social outing.
Email: gwen_ncld@outlook.com, gwen_newell@yahoo.ca

Svaroopa Yoga

Monday (with Alena) 7:00 to 8:30 pm, Tuesday (with Laurie) 9:30 to 11:00 am, Wednesday (with Heather) 7:15 to 8:45 pm, Thursday (with Laurie) 6:30 to 8:00 pm
Laurie Hislop: hislopl@shaw.ca, 403-585-9045
Alena: alenateul@hotmail.com, 403-605-8929
Heather: heatherwongken@yahoo.com, 403-862-1133

Yoga Fundamentals Drop-in with Shawna

Wednesdays, 6:45 to 8:00 pm
\$10 per class
Great for beginners!

Calendar of Events

| | |
|--|---|
| Movie Night | Saturday, January 20. Doors open at 6:00 pm. Movie at 6:30 pm |
| Skate Party | Saturday, February 10 from 2:00 to 4:00 pm |
| Jellybean Dance (Grades 3 to 6) | Saturday, February 24 from 6:30 to 8:30 pm |
| Movie Night | Saturday, March 9. Doors open at 6:00 pm. Movie at 6:30 pm |
| Fun Money Casino | Saturday, March 16 (Volunteers and corporate donations needed) |
| Family Easter Party (kids up to 10 years) | Sunday, March 24 from 2:00 to 4:00 pm |
| Jellybean Dance (Grades 3 to 6) | Saturday, April 27 from 6:30 to 8:30 pm |



SCAN HERE TO VIEW ADDITIONAL DEER RUN CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Kitchen Renovations are Complete!



The Deer Run Community Association is getting ready for the new year, and it's time to celebrate! The Association was fortunate to receive a CFEP grant (provincial) two years ago for keeping up with upgrades and repairs. Plans at the centre changed and an excess of funds existed, and they don't really like taking money back; a good problem to have. With the excess, the Deer Run Community Centre was able to revamp our kitchen for the community. Renovations were done to the countertops, drawers, and other accessories inside the kitchen. Everything looks brand new!

With another Enmax grant we were also able to upgrade our two refrigerators, but we won't be stopping just yet; we have more to come! As renovations continue, we'll be installing new upper cupboards. Thanks to the updates, our daycare, after-school care, and future renters are now able to use and enjoy the new kitchen and appliances. The DRCA would also like to give a special thanks to Brenda, our communities Director of Ways and Means, and other valued volunteers who facilitated and assisted in our renovations. With their help everything went smoothly, and we couldn't be happier with the results! We still have excess funds which we need to use up for renovations and repairs – we are still looking for Project Manger types (yes you!) to help with some future projects. Call Rob at the centre or fill our web form. Contact 403-278-3117.



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BEFORE



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BEFORE



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New Weight Room Equipment



Have you seen the new weight room? The new equipment is here and in use already, just in time for those January new year's resolutions! We have three new units installed (HOIST Mi6 Functional Trainer, Versa Leg Press Calf Press, Versa MultiPress) and the fourth will come in January (Versa Leg Extension Leg Curl Combo). We partnered with Fitness Express to purchase and maintain these units. These are all separate units so if one goes down, we still have other separate units that will work. They were express chosen to back up against the wall to make better use of space in the small weight room we have. Volunteers worked together to move the equipment in and out while the flooring and new equipment placement were done professionally. This saved a lot of money and allowed us to stay within a budget for new equipment to serve our members and residents. Volunteers carried out the old flooring to the garage (we will likely use the old rubber flooring for the skate party).

Your community centre paid for all the new equipment using proceeds from the gym memberships, another source of revenue for the centre. The board vote was close, but the majority of the votes went to ensuring we had the best equipment vs. the best-plus equipment (like voting between Toyota and Lexus – the best vs. the best-plus). Many thanks to Rob and Ken for putting up with the board as they asked a million and one questions - which were all answered before the final decision was made. Thanks to the other volunteers for the emergency labour to ensure the amount spent was within the threshold agreed upon by the board. The main factor driving the decision was to buy the best and stave off future repair costs as the equipment is used over the coming years.



MLA Calgary - Fish Creek

Myles McDougall

7 – 1215 Lake Sylvan Drive SE

☎ 403-278-4444

✉ Calgary.FishCreek@assembly.ab.ca

✂ @MylesYYC | @MLAFishCreek

Friends,

Happy New Year!

2024 is starting off with some exciting news for clean energy. The recently announced Dow's \$9 billion Path2Zero project in Fort Saskatchewan marks Alberta's largest private sector investment in 15 years. This initiative, a global first, establishes a net zero Scope 1 and 2 greenhouse gas emissions integrated ethylene cracker and derivatives site. The project enhances Alberta's ethylene and polyethylene capacity, boosting export potential and reinforcing the province's leadership in emissions reduction and clean technology. It will also create around 6,000 jobs during peak construction, and around 400 to 500 permanent jobs – meaning more families can count on good jobs.

Alberta has surpassed its methane emissions reduction target ahead of schedule, achieving a 45% reduction from 2014 to 2022 through collaborative industry efforts, early action programs, regulatory requirements, and improved leak detection. The government's commitment to success is evident through initiatives like the Alberta Petrochemicals Incentive Program and the Technology Innovation and Emissions Reduction Regulation.

Finally, I have heard a lot of concerns regarding how the government is capturing feedback for the potential of an Alberta Pension Plan (APP). A workbook with sections covering various APP-related topics is available for public input until February 28, 2024. Details can be found on the Engagement Alberta Pension Plan website at www.albertapensionplan.ca/engagement.

If you have any questions or input, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.

D.R.C.A



Skate Party Feb 10th 2-4pm

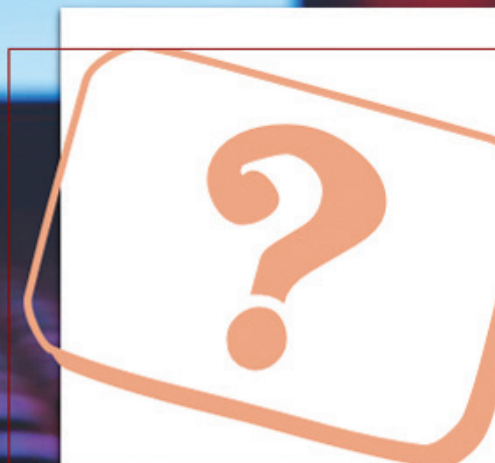
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BEST PICTURE

Oscar season is an exhilarating time of year. With so many categories and nominees, it can be hard to keep track of what's going on! One thing of note is that only three animated films have ever been nominated for Best Picture. Up, Toy Story 3, and Beauty and the Beast in 1991 which was the first ever animated Best Picture nomination.



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