

MAY 2023

DELIVERED MONTHLY TO 5,870 HOUSEHOLDS

your DOUGLAS QUARRY

THE OFFICIAL DOUGLAS QUARRY COMMUNITY NEWSLETTER



DouglasQuarry
COMMUNITY ASSOCIATION



SOUTHERN
LAWN CARE
A DIVISION OF RAINBOW LANDSCAPES LTD.
SERVING CALGARIANS SINCE 1984

WEEKLY LAWN CARE

Book your **FREE ESTIMATE** online

WWW.SOUTHERNLAWNCARE.CA

(403)252-4343



403-607-0316
info@mvpcanada.ca



we specialize in

Stucco Coatings
Stucco Repair

hassle-free exterior **restorations.**

Mountain View Painters is a full-service painting company, specializing in elastomeric stucco coatings. We have access to a wide array of top-quality products that are proven to improve the durability and appearance of your property, guaranteed!

the leading professionals in :

- Exterior Painting
 - Interior Painting
 - Powerwashing
 - Colour Consultation
- ...and much more

mvp

**Calgary Owned
and Operated!**

find us on



houzz

mvpcanada.ca



Dr. Nikola Vranjes, DDS



Dr. Tasha Chrbet, DDS



Dr. Megan Lawless, DDS



We Proudly Follow the Alberta Dental Association Fee Guide

Complimentary Electric Toothbrush with an Adult New Patient Exam and Cleaning

ACCEPTING NEW PATIENTS!

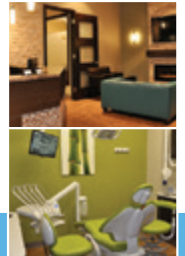
- Early AM, Evening, & Saturday Appointments
 - Children & Emergencies Welcome
- Dental Implants, Crowns, Whitening, Dentures, Snoring Appliances, Oral Sedation, Extractions
 - We Direct Bill to Insurance
- English, French, Croatian, Spanish, and Polish Languages Spoken.

#210 - 163 Quarry Park Blvd SE

LOCATED IN THE MARKET AT QUARRY PARK ACROSS FROM THE CO-OP

403.453.5588 www.dynamicdentalcalgary.com

Dr. Vranjes & Associates at Dynamic Dental would like to welcome Dr. Megan Lawless and Dr. Isela Montemayor to the team



Dentistry is our profession, but people are our focus.

*all services performed by a licensed general dentist

MAVIS

A NAME YOU CAN TRUST



LET'S TALK
ABOUT YOUR
**Real Estate
Needs!**

Mavis Andersen-Busch

REALTOR®

403.807.9299

mavisab@redlinerealestate.ca

CALLMAVIS.COM



OFFICIAL

PLUMBING & HEATING



\$50

Service Call Fee

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

DOUGLASQUARRY COMMUNITY ASSOCIATION CONTACTS

Isn't it time to get involved? Join the board. Volunteer for an event. Purchase a membership. Support your newsletter and its advertisers.

Website: www.dqca.ca • Facebook: DouglasQuarryCA

Questions?

Email info@dqca.ca

EXECUTIVE

President	Jason Doering
Vice President	Renee Gallant
Treasurer	Robb Myroon
Secretary	Vacant
Past President	Ken Rossi

DIRECTORS

MacNeil Cornez
Heather Davis
Darrin Gallant
Ruth Nickel

TALENTED ASSOCIATED GROUPS AND VOLUNTEERS

DouglasDale Maintenance Association ddmaint@outlook.com

DouglasGlen Maintenance Association info@dqca.ca

Timbits Soccer timbits@dqca.ca

Community Garden garden@dqca.ca

Guides
Debra Brisbane
dan_b80@telus.net
403-255-3414

Scouts Canada
Ryan Collier
227douglasdalescoutgroup@gmail.com
403-815-0912

REPRESENTATIVES

Councillor - Ward 11
Kourtney Penner
ward11@calgary.ca
twitter@kourtpenner
403-268-2430

MLA Calgary Peigan
Tanya Fir
tanya.fir@assembly.ab.ca
587-392-8850

MP Calgary Shepard
Tom Kmiec
tom.kmiec@parl.gc.ca
403-974-1285



www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED

UNSEALED

KILBCO
CONCRETE CURBING

Locally Owned & Operated

Free Estimates to 403.870.0737



SAVE A BUNCH OF CASH

Expert advice
Excellent rates
Many options
Better mortgages



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

SUPPORT YOUR COMMUNITY

Purchase or renew your annual DouglasQuarry Membership today!

Visit www.dqca.ca/membership and download your membership card instantly.

1. Save, Save, Save \$\$\$ by showing your card at the vendors participating in the Benefit Partner Program. Visit www.dqca.ca and click on Business Partners.
2. Register your children in Timbits Soccer – our local U4, U6, U8 soccer league.
3. Be an active contributor and supporter of your community.
4. Vote at the Annual General Meeting.
5. Sit on the board, or become involved in regional committees and initiatives.
6. Be aware of planning and development issues.
7. Maintain and improves outdoor rinks and sheds.
8. Support your community newsletter.
9. Pay-it-forward bottle drive program.
10. Make a difference and be an ambassador for your community.

You don't have to live in the community to use the Benefit Partner Program. Encourage your nearby friends and family to buy a Membership too!



**Locally owned and operated
with over 25 years' experience
in the industry!**

Hearing evaluation in the comfort
of your own home.

We come right to your front door.

Call us to book your appointment at

403-970-7201



earstoyou.ca

We are local EVERYWHERE

STEPHANIE RENAAS
MSC, RAUD, RHIP, AUD(C)
Registered Audiologist

CANDICE MAY
CCR
Customer Care
Representative

JEFF CAMPBELL
RHIP
Registered Hearing
Instrument Practitioner

ALLISON YOUNG
PHD, MAUD.
Registered Audiologist

NICOLE HUNTER
CCR
Customer Care
Representative

Tuna Tostadas

by Jennifer Puri

To fold or not to fold is the difference between a tostada and a taco.

The decision to stuff toppings into a taco or pile toppings on a tostada is up to you.



The early Mexicans determined that the best way to extend the shelf life of a stale tortilla was to toast it. It appears that avoiding food waste was as important then as it is now.

There are many popular Mexican food options, but the taco is an international favourite, and there are few better ways to achieve a combination of flavours in one bite.

A tortilla fried or toasted is a delicious crunch base and can be topped with refried beans, cheese, Mexican rice, lettuce, tomatoes, ground beef, shredded chicken, or ahi tuna used in the recipe for tuna tostadas.

Prep Time: 20 minutes

Cook Time: 8 minutes

Servings: 4

Ingredients:

- 500 gm ahi tuna
- 2 cups thawed mango chunks
- 1 jalapeno pepper, seeded and chopped
- 3 tbsp. chopped coriander leaves

- ½ cup red onion, finely chopped
- 1 cup chopped cucumber
- 3 tbsp. extra virgin olive oil
- 2 tbsp. freshly squeezed lemon juice
- 6 tbsp. mayonnaise
- 2 chipotle peppers in adobo sauce, finely chopped
- 4 x 6-inch corn or flour tortillas
- 4 tbsp. vegetable oil

Directions:

- Slice ahi tuna into bite size pieces and set aside.
- Cut mango chunks into half-inch pieces and place in a medium size mixing bowl. Add chopped, de-seeded jalapeno, red onion, cucumber, coriander leaves, lemon juice, and olive oil. Now add ahi tuna pieces and gently blend together, cover, and set aside.
- Prepare the adobo mayo dressing by combining the chopped chipotle peppers and a little of the adobo sauce with the mayonnaise.
- In a heated frying pan or skillet, place a tablespoon of vegetable oil and one tortilla. Fry tortilla, flipping once or twice until crispy, approximately one to two minutes. Remove from pan and place on paper towel to drain of any excess oil. Repeat process with remaining tortillas.
- Place individual tostadas on dinner plates and top with ahi tuna mixture. Garnish with a tablespoon of adobo mayo dressing, a few coriander leaves, and serve.

Bon Appétit!



BUILDING STRENGTH FOR YOUR FUTURE

REGISTER
NOW!

WWW.PRIMED.FIT

Proven Strength & Mobility Classes
Community For Active Adults Aged 55+
Come Try A Free Class



PRIMED
STRENGTH TO AGE WELL



CASINO FUNDRAISING EVENT

June 20 & 21, 2023
Sign up now! WWW.DQCA.CA

This is the major fundraiser for the DouglasQuarry Community Association, which helps us maintain and upgrade community infrastructure & equipment.

For more info or to volunteer,
contact Ruth at:
DIRECTOR2@DQCA.CA or 403-801-6472


DouglasQuarry
COMMUNITY ASSOCIATION


DouglasQuarry
COMMUNITY ASSOCIATION

AGM

ANNUAL GENERAL MEETING

Wednesday, May 10, 2023, at 7:00 pm

Held via video conference.

Visit www.dqca.ca for details.

Everyone welcome.

DQCA membership required to vote.

Recovery Star

by Cheryl Dunkley



Saturday is my favourite day.

That's when my daughter comes here to play,

To work, to organize, clean and care...

What she accomplishes, none can compare!

A dedicated nurse, has served all week

Comes here on her day off, to hear me squeak,

"I need a shower, shampoo, hair trim too,

Vacuum, dishes, there's so much to do."

Several trips downstairs for laundry and the deep freeze.

Always brings a treat - donut, a teen burger if you please.

She encourages, instructs, corrects and scolds

Every phrase, word and gesture worth pure gold.

On top of every detail,

She even remembers to pick up the mail.

We'll watch some TV together, play cards, checkers
and speed,

As she gets ready to go home, she'll pause and ask
if there's anything else I might need.

Thank you doesn't seem enough

She drives me to the doctor for the appointment I
find so tough.

I thank God she's strong, determined and extra smart.

She's my daughter and holds a big place in my heart.

BENEFIT PARTNER REWARD PROGRAM

Automobile



Easy Auto Glass | 403-265-0007 | Bay 1, 10820 - 27 St. SE
www.easyautoglass.ca | info@easyautoglass.ca
Free rock chip repairs on any windshield we install. Conditions Apply.



Integra Tire Auto Centre | 403-257-6465 | #9, 11450 - 29 St. SE
www.integratire.com | calgarydouglasdale@integratire.com
10% off parts and servicing (excludes tire purchases, some conditions may apply).



Mr. Lube | 403-257-4617 | 200, 4307 - 130 Ave. SE | www.mrlube.com
 10% off all parts and service. Cannot be combined with other offers.
Membership card must be presented at time of service.



Mr. Lube | 587-296-7000 | 10834 - 50 Street SE | www.mrlube.com
 10% off all parts and service. Cannot be combined with other offers.
Membership card must be presented at time of service.

Beauty & Personal Care



Edgeworxx Studio | 403-236-9188 | #24, 20 Douglas Woods Dr. SE
www.edgeworxxstudio.com | edgeworxxstudio@shaw.ca. It's all about Hair.
5% off all products and services (cannot be combined with any other offer).

Business & Personal Services



C-Techs Computer Services | 403-261-8998 | #4, 675 Acadia Dr SE
www.c-techs.com | support@c-techs.com
10% off any computer repairing service.



Titan Ink-Jet | 403-225-6530 | #129, 755 Lake Bonavista Drive SE | www.islandinkjet.com
titaninkjet@shaw.ca. The cartridge refill experts for Brother, Canon, Dell, Epson, HP, Lexmark.
10% off inkjet cartridge refills.

Health & Wellness



Joy & Vitality Centre | 403-452-5183 | 163 Quarry Park Blvd. SE. www.joyandvitalitycentre.ca
joyandvitalitycentre@gmail.com. Family owned and operated. Joy and Vitality is the only. Centre that treats You as part of our big family and provides You with Joyful, Distinct experiences in a one stop destination. We have a wide selection of supplements, vitamins, sport nutrition, beauty and home care products, books, crystals and essential oils. But we are more than just products, we are also an organic café, an oasis for wellness programs, Tibetan bowls therapy, donation – based meditation, yoga studio and salt room for people of all ages, genders, races, abilities, belief systems and income levels who are seeking health fulfillment. **10% centre discount, including yoga, salt cave, supplements, body care and cosmetics.**



OpTik Boutik | 403-457-EYES | 206, 163 Quarry Park Blvd. SE
www.optikboutik.com | optikboutik@gmail.com
15% off a complete pair of glasses and sunglasses. Not valid with any other coupon or special.
 Free glasses (select glasses) for kindergarten students who require correction - part of Alberta Eye See Eye Learn Program.

With a current annual DQCA membership card, you receive benefits from the excellent local businesses listed below!



Budget Blinds of South East Calgary | 403-251-5515 | 6430 2 Street SE
www.budgetblinds.com/SECalgary/

35% off Custom Window Coverings. DQCA membership must be mentioned at time of booking.



By Request Painting & Decorating Inc. | 403-246-5309 | www.byrequestpainting.ca | byrequestpainting@shaw.ca. Specializing in home renovations & new home construction. Remove/install wallpaper. Full WCB \$5 million liability, 31 yrs. experience. Free estimates. **20% off premier interior painting for commercial/residential.**



ECCO Recycling | 403-800-0877 | 10114 – 24 St. SE | www.eccorecycling.com | info@eccorecycling.com
FREE waste disposal. Loads cannot be larger than a pick-up truck (with or without trailer), and waste must be dry non-hazardous material such as drywall, wood, cardboard, plastic, construction/demolition material.



Evergreen Lawn Services | 403-837-6976 | www.evergreenlawnservicesyyc.ca
evergreenlawnservicesltd@gmail.com. Aaron Cull, 'Master Gardener' & Arborist.
20% discount for tree & flowerbed services.



Rob's Roofing Solutions | 403-700-0600 | www.robsroofingsolutions.ca
\$500 off a roof system at time of signing.



A Vacuum Store & Service Inc. | 403-228-6228 | 218, 4600 - 130 Ave. SE
www.avacuum.ca | info@avacuum.ca
10% off any retail item and free at home estimate.



Barker's Fine Dry Cleaning | 403-282-2226 | #109, 10836 24 St. SE
For wedding gowns, heirlooms, couture style, environmentally friendly.
10% off your bill.



Boston Pizza Riverbend | 403-236-7000 | 8338 18 St. SE
Flames Packages available. **10% off all regularly priced food items. Some conditions may apply.**



Boston Pizza South Trail | 403-257-6661 | 4307 130 Ave. SE
Flames Packages available. **10% off all regularly priced food items. Some conditions may apply.**



Eaglequest Douglasdale Golf Course | 7 Douglas Woods Drive SE | 403-279-7913
www.eaglequestgolf.com. **10% off restaurant, range, green fees, retail and lessons (cannot be combined with any other offer).**



Fresh Jock | #109, 10836 24 St. SE (inside Barker's) 403-726-9301 | calgaryfreshjock.com
Sports and protective equipment cleaning services. **10% off your bill.**

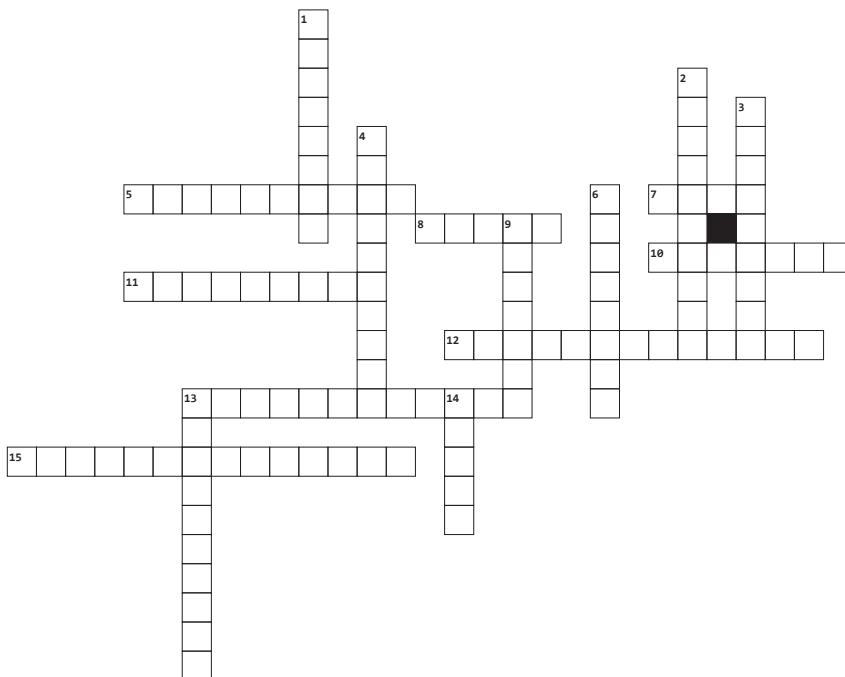
Home Improvement & Maintenance

Home & Care Services

Restaurants

Sports & Fitness

May Crossword Puzzle



Across

5. Originally from Nunavut, this artist has won both a Polaris Music Prize and a JUNO for her unique blend of throat singing with Western music genres.
7. In May of 1918, some women were given the ability to do this.
8. World _____ Day celebrates and raises awareness for this endangered water dwelling mammal.
10. On May 15, this band, hailing from Hamilton, Ontario won Group of the Year at the 2022 JUNO awards.
11. A *Star Wars* pun becomes very popular on this day.
12. This actor and ex-wrestler has both their American and Canadian citizenship, only getting the latter at the age of 37.
13. This classic children's toy was introduced on May 1, 1952, and was the first toy ever advertised on television.
15. On May 11, 2019, this novel by Eden Robinson won the Ethel Wilson Fiction Prize.

Down

1. On May 17, 1642, this Canadian city was founded by Paul de Chomedey, Sieur de Maisonneuve.
2. At San Francisco's Grand Opera House, this was played for the first time on May 4, 1878.
3. This clothing item was patented 150 years ago.
4. Released 28 years ago, this film increased tourism in Scotland.
6. A solar eclipse on May 29, 1919, proved _____'s theory of general relativity.
9. Canada's first _____ was found in 1998 in Yukon Territory.
13. In the United States, the most phone calls are made on this holiday.
14. On May 30, 1966, the first full-disk image of _____ was taken.

SCAN THE QR CODE FOR
THE ANSWER KEY



THE DOS AND DON'TS OF STAGING YOUR HOME FOR SALE

When it comes to selling your home, making a positive first impression on a potential buyer is a crucial part of the process. Many sellers opt to stage their home – either through professional services or their own efforts – to make their space look more appealing to buyers, both in-person and online. Staging is a popular real estate marketing strategy that is effective at attracting purchaser interest, garnering offers at higher prices, and selling homes quicker. If you're preparing to list your property on the market soon, here are the dos and don'ts of staging your home for sale.

DO: DEPERSONALIZE YOUR SPACE

Buyers want to visualize themselves living in their potential new home, a fantasy that can be hard to conceptualize in a space that is decked out with the seller's belongings. To help buyers build an attachment to a property, it's important to depersonalize. This means removing any family photos, collectables, diplomas, and other personal items. Consider depersonalizing your walls and furniture too. Busy accent walls, bold wallpaper, and quirky fixtures speak to the specific tastes of the owner. Softening your home with neutral colours and fabrics can help make a potential buyer feel more at home. However, it's important not to strip your space completely of personality. When staging, stick with basic accent pieces, such as a vase of flowers or simple throw pillows, to liven up the room.

DON'T: OVERLOOK UNFAVOURABLE SMELLS

When buyers enter your home, they aren't just judging your property with their eyes. All senses are engaged, including smell. Unappealing odours due to mould, pets, and garbage can quickly turn off a potential purchaser, so be sure to tackle them before you welcome any showings. Take out the trash and scoop the litter box regularly. If the smell of mildew is present, give your showers and tubs a thorough clean, and schedule a visit from a contractor to rule out any mould-spawning water leaks. Don't fill the room with artificial air fresheners either – add subtle natural scents such as fresh linen, baked goods, or potted herbs to entice the senses.



DO: IMPROVE THE LIGHTING

Dark interiors can make spaces feel cramped and uninviting, so introduce an abundance of light into your home. When staging for photographs or showings, open all of the blinds and drapes, and remove obstructions away from windows to let in as much natural light as possible. You can also boost the amount of lighting in the home with a layered approach. In addition to ceiling lights, use a mix of floor lamps, wall sconces, undermount lighting, and table lamps to brighten your space for potential purchasers.

DON'T: FORGET ABOUT CURB APPEAL

Buyers can easily make a snap judgement about your property from the minute they arrive on the street, so get things off to a good start from the get-go by staging your home's exterior too. Begin with a simple clean up, like mowing the grass, power washing the siding and walkways, and freeing the lawn and eavestroughs of any fallen leaves or branches. Be sure to repair any broken porch lights or wonky house numbers. Complete your property's refreshed façade with a clean doormat and some inviting potted plants or by hanging baskets on the front porch. And, don't underestimate the power of a fresh coat of paint on the front door!

DO: REARRANGE YOUR FURNITURE

It is possible to have too much furniture – overstuffed rooms can give the illusion that there is a lack of spaciousness. When staging your home for sale, don't be afraid to put some items in storage or swap furniture out to achieve an appealing layout that buyer's can easily walk through. If space permits, pull furniture away from the walls to allow for more movement and reduce any dead space in the centre of the room.



Derek Davidson

403.651.6282

www.douglasdalehomes.com

Building Relationships, One Home at a Time Since 2002

Not intended to solicit properties already under contract

PHOTO GALLERY

Photos by Marni Cain





**When You Step Out,
WE Step In**

Vacation and Vacant
Home Watch Service for
Insurance Requirements

Lynda Binder | Launa Germiquet | Pam Taylor

☎ 1-844-3-ATTEND ✉ info@greatattenders.com

 **GETSHINYHAPPY
WINDOWS.COM**

LANDSCAPE SERVICES

- Rock, Mulch, & Soil
- Sod & Synthetic Grass
- Paving Stones Installs
- Rock Walls / Raised Beds
- Decks & Wood Fences
- Weekly Lawn Mowing

**PROFESSIONAL
WINDOW
CLEANING**

GUTTERS & HOUSE WASH

403-265-4769





WCB

Your Patio Furniture Superstore!








YETI **Wicker Land Patio** **weber**



TRAERGER **BBQ LAND** RATANA **Modern Patio**

Located Three Blocks East of Chinook Mall
6125 Centre Street S, (403) 258-2506
WickerLand.ca

How to BEE a Community Scientist
Help us document the different pollinators in Calgary!

- 1 Go to [inaturalist.ca](https://www.inaturalist.ca) or download the app.
- 2 Take 2 clear photos of an insect and 1-2 photos of the plant/flower that it is visiting.
- 3 Upload your photos to iNaturalist and add your insect observations to the Calgary Pollinators Project.

 sustain@ucalgary.ca
 [@dollecology](https://www.instagram.com/dollecology)

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

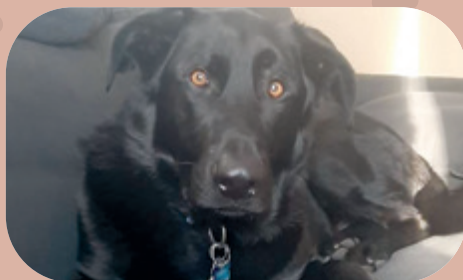
DOUGLAS GLEN **DOUGLASDALE** **QUARRY PARK**

Cats, Canines, & Critters of Calgary



Miki, Haysboro



Riley, Dover



Rigby, Huntington Hills



Whiskey, Walden

To have your pet featured, email news@mycalgary.com



CUSTOMER SATISFACTION GUARANTEED

WE SPECIALIZE IN ALL FORMS OF CONSTRUCTION & LANDSCAPE

INCLUDING SMALLER IN-HOME PROJECTS



Services

Residential Landscaping
Landscape Construction
Year-Round Maintenance
Spring and Fall Cleanup
Commercial and Condo
Property Management
Snow and Ice Removal

Contact Us

Address

20 Sunvale Place SE
Calgary, AB T2X 2R8

Call us now

(403) 256-9282

Email us

info@jacksonjackson.ca
contact@jacksonjackson.ca

www.jacksonjackson.ca



For business classified ad rates contact
Great News Media
at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Douglasdale and Quarry Park. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

DOUGLAS QUARRY MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

BUSINESS CLASSIFIEDS

DTA RENOVATIONS & HANDYMAN SERVICES: We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or dta.renovations@gmail.com.

LANDSCAPING SPECIALISTS: AS/F Contracting specializes in concrete installation & removal, decks, fences, sod, retaining walls and paving stones. Call Shawn for a free estimate at 403-651-0424 | www.asfcontracting.com.

AFFORDABLE DENTAL CARE MINUTES FROM DOUGLAS QUARRY! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CROWN RENOVATIONS: Beautiful kitchens, bathrooms, and basements at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free in-house estimates. Visits to former clients can be arranged. Full house renovations. Check out our latest before and after renovation at www.crownrenovations.com. Call Bill at 403-819-8588 or email crownreno@shaw.ca.

CROWN RENOVATIONS: Now installing new decks for the summer. Free quotes. Excellent rates. Licensed, bonded, insured and local. Call Bill - 403-819-8588 or email crownreno@shaw.ca.

PAINTING: Calgary's wall repaint experts. Fast, free estimates and colour consults. Friendly, clean, and on time. Check out our great reviews! Father and son power team. Fully insured. Please call/text Eric at 587-893-0326. www.elementpaintinginc.ca. Thank you.

HANDYMAN - 403-257-5999: Large and small repairs and renovations. Develop your basement, re-do your bathroom, or finish your garage. Also booking decks and fences. Call Darcy.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

KITCHEN CABINETS REFINISHED: Hate the orange in your oak cabinets? Restore wood cabinets, water damage, get grime removed for approximately \$1495. Or change the look with a new colour spray finish for about \$3695. Environmentally friendly alternative to replacing or refacing. Call Doug at 'Not Just Paint' for a free estimate/consult. 403-671-0324.

PR HANDYMAN: All exterior repairs and renovations: fences, decks, railings, stairs, sheds, garages. Prep/place/repair all styles of concrete/parging. All interior repairs/renovations: drywall, paint, plumbing. Kitchen and bathroom renovations, basement renovations. No job too small! Seniors' discount. Fully-insured. Sheldon, 403-975-5562.

RESIDENTIAL CLEANING: Need help with your cleaning? R&N can help you. We have an affordable rate and well experienced cleaners. Available weekly, bi-weekly, monthly and one time clean. Call Rachell at 403-708-3119 to book.

SMITH PROPERTY RENOVATIONS: Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: Sp-renos.ca, phone: 587-333-5568, email: craig@sp-renos.ca.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

If you are considering selling, call us for a
Zero Obligation Home Evaluation and
strategy discussion on how to achieve
Top Dollar for your home!

Douglasdale

Detached Home Stats - Last 45 Days



24

New Properties



17

Sold Properties



37

Average Days on Market



\$590,000

Median Sold Price

Douglasglenn

Detached Home Stats - Last 90 Days



4

New Properties



3

Sold Properties



6

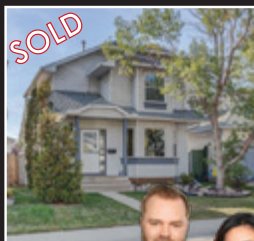
Average Days on Market



\$523,333

Median Sold Price

Your Home is in High Demand!



403-681-4457

jordy@royallepage.ca



403-827-3055

lindseyb@royallepage.ca

