

APRIL 2023 • ISSUE 263

DELIVERED MONTHLY TO 6,010 HOUSEHOLDS

# LAKE BONAVISTA BUGLE



THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER

**THE LBCA HAS A  
NEW LOOK!**



**JAMIE NEWTON**   
— & ASSOCIATES



**RE/MAX** FIRST  
SELLING  
**LAKE BONAVISTA**  
Homes & Condos

Jamie Newton • 403-837-9300 • [jamie@jamienewton.ca](mailto:jamie@jamienewton.ca)



*New Homes and Renovations*  
**BUILDING WITH INTENTION**  
[www.knightcustomhomes.ca](http://www.knightcustomhomes.ca)

**KNIGHT**  
*Custom Homes*



*Acadia Dental*

It's  
**TIME** to  
**Shine**

*Dr. Bob & team*

*We Welcome New Patients & Emergencies*

#201 - 8330 Fairmount Dr S.E | 403-252-0303



BORN, RAISED, AND LIVING IN LAKE BONAVISTA WITH EXTENSIVE BUYER CONNECTIONS



# DARCY BROWN

REAL ESTATE



644 Lake Moraine Way SE

**RE/MAX**<sup>®</sup>  
House Of Real Estate

Call today for your free home evaluation

23 YEARS OF AWARD-WINNING SERVICE IN OUR COMMUNITY



**403.863.7867**



darcy@darcybrown.ca  
www.darcybrown.ca



**GAVIN CONWAY**

**403.651.5141**

**GAVINCONWAY.CA**

**TOP PRODUCER 2022**



Selling Price	Based on 7/3 Commission	2% Realty™ Commission	Your Savings
\$300,000	\$13,000	\$6,000	<b>\$7,000</b>
\$400,000	\$16,000	\$8,000	<b>\$8,000</b>
\$500,000	\$19,000	\$10,000	<b>\$9,000</b>
\$600,000	\$22,000	\$12,000	<b>\$10,000</b>
\$700,000	\$25,000	\$14,000	<b>\$11,000</b>
\$800,000	\$28,000	\$16,000	<b>\$12,000</b>
\$900,000	\$31,000	\$18,000	<b>\$13,000</b>
\$1,000,000	\$34,000	\$20,000	<b>\$14,000</b>
\$1,500,000	\$49,000	\$30,000	<b>\$19,000</b>

**A REVOLUTION IN REALTY** 100% Real Estate Agent Service | 100% REALTOR.ca Exposure | 2% Commission

Not intended to solicit properties already under contract

**100% Real Estate Services**  
**100% REALTOR.CA Exposure**

**\*\*SAVING THOUSANDS OF \$\$\$\$\$\$ ON COMMISSIONS**





## The LBCA Has a New Look!

### The Lake Bonavista Community Association is thrilled to unveil its new brand identity.

Since 1970, the Lake Bonavista Community Association (LBCA) has been a staple in south Calgary, enhancing the lives of Calgarians through a variety of programs, events, and activities. Over the years, the LBCA has welcomed guests from all walks of life for drop-in activities, seasonal programs, hockey games, figure skating, fitness classes, day camps, and more. But, after more than 50+ years in operation, it is time to refresh the brand identity.

"The LBCA is thrilled to launch our new brand identity. The fresh new look reflects a welcoming recreational facility that offers a full spectrum of activities, educational programs, and events," says General Manager Andrea Waara.

"Our goal is to deliver outstanding customer service that makes the LBCA a standout for enjoyable health and wellness opportunities in Calgary. While the LBCA facility does live in the community of Lake Bonavista, we want to be clear; our programs, events and activities are open to all, and you don't have to live in Lake Bonavista to participate!"

With this in mind, the LBCA team worked through a series of in-depth workshops with local Brand Strategist and Designer, Brendan Mudryk. With the support of the Board of Directors, a new look was established to represent the organization's focus on fostering a sense of belonging that continues to make the LBCA a trusted community hub for health and wellness activities while staying true to the grassroots of Lake Bonavista.

So, what's next? A new logo and tagline!

The LBCA's existing sailboat and lake logo has been redesigned. The new, inviting look includes fresh, vibrant colours, and shapes representing connection and people coming together.

So, grab your skates, pickleball rackets, or basketball shoes, and drop by the LBCA to "Join the Fun!"





📍 1404 Acadia Drive SE Calgary, AB T2J 4C6

☎ 403-271-7107    ✉ info@thelbca.ca

🌐 www.thelbca.ca

### Administrative Office Hours

Monday – Friday: 9:00 am – 4:00 pm

FOLLOW US ON OUR SOCIALS



#### LBCA STAFF LIST

**General Manager:** Andrea Waara  
andrea.waara@thelbca.ca

**Facility Administrator:** Tammy Brennan  
tammy.brennan@thelbca.ca

**Supervisor; Programs, Events & Safety:** Cara Madan  
cara.madan@thelbca.ca

**Accountant:** Kyle Mackee  
kyle.mackee@thelbca.ca

**Communications Coordinator:** Briare Ferguson  
briare.ferguson@thelbca.ca

**Operations Manager:** Devon Marr  
devon.marr@thelbca.ca

**Operations Coordinator:** Justin Baranec  
justin.baranec@thelbca.ca

**Arena Staff**  
587-229-7880

#### BOARD OF DIRECTORS: 2023-2024

**President:** Simone Thumm  
president@thelbca.ca

**Vice President:** Dave Goertzen  
vp@thelbca.ca

**VP of Finance:** Pamela Oliva  
vpfinance@thelbca.ca

**Past President:** David Shaw  
pastpresident@thelbca.ca

**Director at Large:** Jane Freeman  
director1@thelbca.ca

**Director at Large:** Caroline Martel  
director2@thelbca.ca

**Director at Large:** Adam Ostopowich  
director4@thelbca.ca

**Director at Large:** Jennifer Bates  
director5@thelbca.ca

### Lake Bonavista Contacts/Groups

**Lake Bonavista Homeowners Association (The Lake)**  
403-271-3333 | www.lkbonavista.ca

**City of Calgary**  
311 | www.calgary.ca

#### Community Facebook Groups

- Lake Bonavista Community Chat
- Lake Bonavista Block Watch
- Lake Bonavista Community Garden Group
- Lake Bonavista with Kids (Calgary)





# Help Us Find A Cover Photo!

Get your camera out! Sort through your digital photo collection!

The Lake Bonavista Bugle is looking for images to grace our cover for the month of May.

If you think your cover is worthy, then send it in by April 9 and we will put a poll up on Facebook.

If chosen, you will have bragging rights (Yay!) as your photo will appear and be credited with your name for that month!

We are looking for high resolution photos (**300 dpi and 1MB in size**) with the theme being the season, or Lake Bonavista!

The photos could be of scenery, nature, animals, still life, activities. Any photos featuring people will require their written consent to use their likeness/image on our cover. Photos must be a high resolution to allow for print quality. Please submit by April 9.

For information or to submit your entry, please contact [info@thelbca.ca](mailto:info@thelbca.ca).

## SCHOOL DIRECTORY

Andrew Sibbald Elementary  
 Bishop Grandin Senior High School  
 Canyon Meadows Spanish Academy  
 Dr. EP Scarlett High School  
 École de la Rose sauvage (French) 10-12  
 École de la Source (French) K-9  
 Ecole Notre-Dame-De-La-Paix  
 École Sam Livingston Elementary School  
 École St. Cecilia French Immersion  
 Ecole Sainte-Marguerite-Bourgeoys  
 Elementary School  
 Fairview School  
 Lake Bonavista Elementary School  
 Lord Beaverbrook High School  
 Midnapore Community School  
 (bilingual Mandarin)  
 Nickle Middle School  
 Prince of Wales School  
 St. Bonaventure Junior High School  
 St. Boniface Elementary School  
 St. Philip Fine Arts Elementary School  
 Ste-Marguerite-Bourgeoys (S)(French) 7-12  
 St. Matthew Elementary/Junior High School  
 St. William Elementary School

## CHURCH DIRECTORY

Bonavista Baptist Church  
 1507 Acadia Drive SE  
 Bonavista Evangelical Missionary Church  
 1509 Lake Ontario Drive SE  
 Holy Nativity Anglican Church  
 12707 Bonaventure Drive SE  
 St. Bonaventure Catholic Church  
 1600 Acadia Drive SE  
 Fish Creek United Church  
 77 Deerpoint Road SE  
 Your Grace Land  
 Delta Calgary South  
 Red Deer Lake United Church  
 Hwy 22X West  
 The Church of Jesus Christ of Latter Day Saints  
 14540 Parkland Blvd SE  
 McDougall United Church  
 8516 Athabasca St. SE  
 Lutheran Church of Our Saviour  
 8831 Fairmount Dr SE Calgary



[www.kilbco.com](http://www.kilbco.com)

## CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

**FREE ESTIMATES**

**SEALED**

**UNSEALED**

**KILBCO**  
CONCRETE CURBING

*Locally Owned &  
Operated*

**Free Estimates to 403.870.0737**

## McLAWS LAW

ESTATE PROBATE  
WILLS  
POWERS OF ATTORNEY  
PERSONAL DIRECTIVES

Experienced, cost effective  
and practical advice, representation  
and counsel to meet  
your legal needs

*Insurance Disputes - Small Business  
Employment Issues - General Litigation*

**Peter B. McLaws**  
**Barrister & Solicitor**  
**(403) 710-3712**

COME VISIT OUR NEW WEBSITE!

[www.mclawslaw.ca](http://www.mclawslaw.ca)



**the Gutter Doctor**

- Gutters • Downspouts • Fascia
- Soffit • Siding • Roofing • Cladding
- Gutter Cleaning

**403-714-0711 • [gutterdoctor.ca](http://gutterdoctor.ca)**



**When You Step Out,  
WE Step In**

**Vacation and Vacant  
Home Watch Service for  
Insurance Requirements**

Lynda Binder | Launa Germiquet | Pam Taylor

☎ 1-844-3-ATTEND ✉ [info@greatattenders.com](mailto:info@greatattenders.com)

## BUILDING STRENGTH FOR YOUR FUTURE

REGISTER  
NOW!

[WWW.PRIMED.FIT](http://WWW.PRIMED.FIT)

Proven Strength & Mobility Classes  
Community For Active Adults Aged 55+  
Come Try A Free Class

**PRIMED**  
STRENGTH TO AGE WELL

# SPRING DROP-IN SCHEDULE

## April 2 - May 26, 2023

Please note: Drop-In check-in is open until 30 minutes before the end time – no admittance to activities in the last 30 minutes.

	Stick & Puck	Leisure Skate	Tumble Time	Pickleball*	Drop-in Gym*
MONDAY	3:30-4:30pm Small Ice			10:45-12:45pm 1:00-3:00pm	
TUESDAY		<b>*NEW TIME*</b> 3:30 - 4:30pm Small Ice	9:30-11:30am Gym	1:15-3:15pm	
WEDS.	12:00-1:15pm Small Ice		9:30-11:30am Gym	1:15-3:15pm	
THURSDAY		10:45-11:45am Large Ice		10:45-12:45pm 1:00-3:00pm	
FRIDAY	1:00-2:00pm Small Ice		9:30-11:30am Gym		2:00-4:00pm* <small>Rotating equipment setup. Dates below.</small>
SATURDAY					
SUNDAY		12:15-1:15pm Small Ice		11:00-1:00pm	

### Equipment Setup Dates\*

**Volleyball & Basketball:** April 7 & 21, May 5 & 26  
**Badminton & Basketball:** April 14 & 28, May 12

Office check-in is required for ALL Drop-in programs prior to participation.  
 Online sign-up is required for ALL Pickleball sessions.

**NO PICKLEBALL PM SESSIONS ON MAY 16, 17 & 18**





*Find your perfect swimsuit*



FIND YOUR *confidence*  
FOR YOUR NEXT GETAWAY

The right fit can help you feel as good as you look.

**swimco**

Willow Park Village

403-238-9922





The Good Food Box is a Community Kitchen Program that enables people to purchase fresh fruit and vegetables for less. There are no income criteria, everyone is welcome to place an order. Orders are delivered once a month to our facility, Lake Bonavista Community Association.

All orders must be received by 4:00 pm on Order Date (listed below).

All orders must be picked up between the hours of 12:00 to 4:00 pm on Pickup Date (listed below).

Please make note of the pickup date as we do not send email reminders.

No Refunds.

#### Pricing and Sizes

**Small :** \$25 for 20 to 25lbs

**Medium:** \$30 for 30 to 35lbs

**Large:** \$35 for 40 to 45lbs

Order By Date (Mondays 4:00 pm)	Pickup Date (Wednesdays 12:00 to 4:00 pm)
April 24	May 3
May 22	May 31
June 12	June 21
August 14	August 23

\*Please note there is no Good Food Box in July.

For more information, please visit our website at [www.thelbca.ca/good-food-box/](http://www.thelbca.ca/good-food-box/).

**National Pet Day**

April 11 is National Pet Day! On this day, we show our love and appreciation to our furry, feathery, or scaly friends, even those still in need of a home. Pet Day is also used to advocate against animal violence and cruelty. This April 11, be sure to shower your pet friends with care and love, whether it means your own pet, someone else's, or a shelter animal in need.

## HOST YOUR Birthday Party AT THE LBCA!

Packages receive 15% discount

1 HR GYM + 1 HR MPR  
1 HR SM ICE + 1 HR MPR  
1 HR LG ICE + 1 HR MPR

BOUNCE HOUSE  
OPTION WITH GYM/MPR !

GYM EQUIPMENT INCLUDED IN GYM PKG  
TABLES & CHAIRS INCLUDED IN MPR

**Book your Party Today!**

Call: (403) 271-7107  
Email: [info@thelbca.ca](mailto:info@thelbca.ca)

## Bonavista Cares

In late 2015, a group of families in Lake Bonavista jointed together with the idea to help families, neighbours and other communities in need. Bonavista cares continues to grow as residents of all ages participate in projects that make a positive impact on others. The time commitment is low and the rewards are great!

Join us, or contact us for more information.

Everyone is welcome!

Email [bonavistacares@gmail.com](mailto:bonavistacares@gmail.com) or



Bonavista Cares



**MOUNTAIN**  
ADVENTURE SCHOOL

**THIS JOURNEY WILL  
CHANGE YOUR LIFE**

**HIGH SCHOOL SUMMER CAMP**  
Start earning credits right after Grade 9!

**SESSIONS STARTING IN JULY AND AUGUST**

**SIGN UP TODAY!**  
TO REGISTER NOW OR FOR MORE  
INFORMATION CONTACT US:  
Progressive Academy  
mountainadventure.school  
780-455-8344



**LBCA**

**SAME DAY FACILITY  
BOOKINGS**

**FOR LBCA MEMBERS**  
October 3, 2022 – June 30, 2023

**20%  
OFF**

- ✓ Gymnasium
- ✓ Multi-Purpose Room
- ✓ Small and Large Ice
- ✓ Fitness Facility

Booking requests are accepted over the phone or in the office only.  
Saturday and Sunday requests are accepted until noon the Friday  
before. One hour minimum, two hours maximum.

**CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)**



**403-281-2008**  
info@summitplumbing.ca  
www.summitplumbing.ca

**MORE THAN  
15 YEARS  
IN BUSINESS**

Specializing in Residential Services



**Lacey Wells**  
Chartered Accountant  
Office: 403-313-2262  
Cell(text): 403.477.6010  
Email: taxes@laceywells.ca  
Website: www.wearetaxes.ca

- ✓ Friendly Tax Specialist
- ✓ Affordable and Efficient
- ✓ Flat Rate Bookkeeping Available, if Preferred
- ✓ Corporate and Personal Tax Filings
- ✓ Financial Statement Preparation
- ✓ CRA Representation
- ✓ Contract CFO
- ✓ USA Qualified
- ✓ Senior and Student Discounts!

**FREE TAX CONSULTATION!**  
**10% OFF** personal taxes  
**15% OFF** corporate taxes  
**10% OFF** any specialized tax services  
**Bring coupon or mention this ad.**



**GETSHINYHAPPY  
WINDOWS.COM**

**LANDSCAPE SERVICES**  
Rock, Mulch, & Soil  
Sod & Synthetic Grass  
Paving Stones Installs  
Rock Walls / Raised Beds  
Decks & Wood Fences  
Weekly Lawn Mowing

**PROFESSIONAL  
WINDOW  
CLEANING**  
GUTTERS & HOUSE WASH

**403-265-4769**

Partner Power  
YARD  
Dusters  
cleaning.com

BBB  
YouTube  
WCB



## HOLIDAY DROP-IN SCHEDULE:

### Good Friday: April 7, 2023



11:30 am – 1:30 pm



1:00 - 2:00 PM  
Small Ice



2:00 - 4:00 PM  
Volleyball & Basketball

**No Tumble Time**

### Easter Monday: April 10, 2023



10:45 am - 12:45 pm  
1:00 pm - 3:00 pm



11:45 am - 12:45 pm  
Small Ice

### Victoria Long Weekend: May 19, 21 & 22

**Office closed. No Drop-In Schedule.**





## Lake Bonavista Figure Skating Club

**www.lbfsc.ca • 403-829-1272**

President	Jacqueline West	<a href="mailto:president@lbfsc.ca">president@lbfsc.ca</a>
Vice-President	Vacant	<a href="mailto:vicepresident@lbfsc.ca">vicepresident@lbfsc.ca</a>
Secretary	Vacant	<a href="mailto:secretary@lbfsc.ca">secretary@lbfsc.ca</a>
Treasurer	Patti Graham	<a href="mailto:treasurer@lbfsc.ca">treasurer@lbfsc.ca</a>
STARSkate Chair	Irene Liew	<a href="mailto:starskate@lbfsc.ca">starskate@lbfsc.ca</a>
Rink Chair	Simone Saeger	<a href="mailto:rinkchair@lbfsc.ca">rinkchair@lbfsc.ca</a>
CanSkate Chair	Courtney Topolay	<a href="mailto:canskate@lbfsc.ca">canskate@lbfsc.ca</a>
Assessment Coordinator	Menka Bhojane	<a href="mailto:testchair@lbfsc.ca">testchair@lbfsc.ca</a>
Events Chair	Trish Power	<a href="mailto:events@lbfsc.ca">events@lbfsc.ca</a>
Fundraising Chair	Christie Magda	<a href="mailto:fundraising@lbfsc.ca">fundraising@lbfsc.ca</a>
Volunteer Coordinator	Paulette Hayman	<a href="mailto:volunteer@lbfsc.ca">volunteer@lbfsc.ca</a>
Casino Chair	Vacant	<a href="mailto:casino@lbfsc.ca">casino@lbfsc.ca</a>
Communications Chair	Irene Liew	<a href="mailto:communications@lbfsc.ca">communications@lbfsc.ca</a>



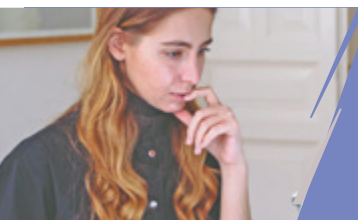
## Other Programs/Sport Contacts

Bow River South Basketball Association	<a href="http://www.bowriverbasketball.com">www.bowriverbasketball.com</a>
Calgary Fellowship of the Sword	<a href="http://calgarysword.ca/contacts-and-links.php">http://calgarysword.ca/contacts-and-links.php</a>
Calgary Kyokushin Karate	<a href="mailto:calgarykyokushinkarate@shaw.ca">calgarykyokushinkarate@shaw.ca</a>
Calgary Selects Basketball Club	<a href="http://www.facebook.com/calgaryselects/">www.facebook.com/calgaryselects/</a>
Calgary Sport and Social Club	<a href="http://www.calgarysportsclub.com">www.calgarysportsclub.com</a>
Cutting Edge Kung Fu	<a href="http://www.facebook.com/CuttingEdgeKungFu/">www.facebook.com/CuttingEdgeKungFu/</a>
Devotion Danceworks	<a href="http://www.devotiondanceworks.com">www.devotiondanceworks.com</a>
Fencing Calgary	<a href="http://www.fencingcalgary.com">www.fencingcalgary.com</a>
FLC Seniors Club	<a href="http://www.flcseniors.ca">www.flcseniors.ca</a>
Girl Guides of Canada	<a href="http://www.calgarygirlguides.com">www.calgarygirlguides.com</a>
Girls Hockey Calgary Association	<a href="http://www.girlshockeyscalgary.ca">www.girlshockeyscalgary.ca</a>
Idiom Expressions Baton Club	<a href="mailto:idiom.expressions@live.ca">idiom.expressions@live.ca</a>
Knights Hockey Club	<a href="http://www.knightshc.ca">www.knightshc.ca</a>
Lake Bonavista Adult Badminton	403-248-8530
Lake Bonavista Curling Club	403-271-8383
Rising Sun Kung Fu	<a href="http://www.risingsunkungfu.ca">www.risingsunkungfu.ca</a>
Scouts Canada	<a href="http://www.scouts.ca">www.scouts.ca</a>
Stryker Sports	<a href="http://www.strykersports.ca">www.strykersports.ca</a>
Take Off Pounds Sensibly (TOPS)	<a href="http://www.tops.org">www.tops.org</a>
Wee Wonder Daycare	<a href="http://www.weewonder.ca">www.weewonder.ca</a>



## Check us out at [www.thelbca.ca](http://www.thelbca.ca)

Go to this website for all the Lake Bonavista community events, registration information, community newsletter, program updates and LBCA Board of Director news.



# Take control of your hearing

Book a complimentary  
hearing test today!  
**587.331.4435**



105 - 755 Lake Bonavista Drive SE  
Calgary, AB  
[www.amplifon.com/ca](http://www.amplifon.com/ca)

**amplifon** The hearing  
expert

MLA Calgary - Fish Creek

**Richard Gottfried**

☎ 403-278-4444

✉ [calgary.fishcreek@assembly.ab.ca](mailto:calgary.fishcreek@assembly.ab.ca)

📷 @RichardGottfried

📺 RichardGottfriedAB



This is my last newsletter as your MLA, and I write it with mixed emotions. I am grateful, honoured and humbled for the privilege of representing the people of Calgary-Fish Creek for the past eight years, and it is a role I will cherish forever. Thank you.

My last Legislative Session ends on March 30<sup>th</sup>. Throughout the month of April, my amazing Constituency Manager Christina Steed and I will be available for notarizations and appointments. Please plan on attending my Budget Open House on April 11<sup>th</sup> – drop-in basis from 5pm-7pm at the office where I will address any questions you might have on the Budget. On May 1<sup>st</sup>, it is anticipated that the Premier will ask the Lt. Governor to drop the writ (call the election). Once the election is called, all 87 MLAs across the province become private citizens and the election period begins. The office will remain open during the election to serve you, so please use the general office inbox, [calgary.fishcreek@assembly.ab.ca](mailto:calgary.fishcreek@assembly.ab.ca), if any services or assistance are required during the month. Election Day will be May 29<sup>th</sup> after which Calgary-Fish Creek will have elected a new MLA. During the first two weeks of June, the office will be required to cease operations to prepare for the incoming MLA. I would ask for your patience with my successor as their office will take some time to become fully operational after the election. Succession planning looks very different than in public or private companies, but I am hopeful for Alberta's bright future ahead. Please know that Calgary-Fish Creek remains as my home of over 30 years, so the issues of this area will still matter to me and my family. And I would be remiss not to thank my wife, Cathy, my family, and my dedicated supporters who are gratefully far too many to mention, for their love, confidence and commitment to me and to the great communities we call home.

I am grateful for the opportunity to serve you and the great province I was born in, and please know that I will continue to speak up for #YYCFishCreek at every turn as I return to private life. All the best in the future and looking forward to seeing you all in the community!

With gratitude,

*Richard*



### Bicycle Helmet Safety

from Alberta Health Services

Head injuries are the leading cause of serious injury and death to kids on wheels\*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

#### Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life
- Brain injuries can cause permanent disability or death
- Reduce your risk by always wearing your helmet
- Replace any helmet that has been involved in a crash, even if it appears undamaged

#### Getting started

- Allow children to assist when buying their helmet
- Cyclists who choose their own helmet are more likely to wear them
- Start the habit early. Young children learning to ride tricycles need to wear helmets
- Parents must lead by example – always wear a helmet when cycling

#### Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash
- When worn properly, helmets should fit level, not tilted up, or down over the forehead
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened
- Adjust the chin straps to form a "Y" below and slightly forward from the ears
- Only one finger should be able to fit under the chin strap when it is fastened
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.

\* Parachute Canada: <http://www.parachutecanada.org/injury-topics/item/wheeled-activities1>.

**Your Patio Furniture Superstore!**

**YETI** **Wicker Land Patio** **weber**

**TRAERGER** **RATANA**

**BBQ LAND** **Modern Patio**

**Located Three Blocks East of Chinook Mall**  
**6125 Centre Street S, (403) 258-2506**  
**WickerLand.ca**

**OFFICIAL**  
**PLUMBING & HEATING**

**Plumbing Services**  
**Furnace Install & Repair**  
**Drain Cleaning**  
**Boiler Install & Repair**  
**Electrical**

**\$50**  
**Service Call Fee**

**403-837-4023**  
**info@officialplumbingheating.ca**  
**official-plumbing-heating.ca**





# Spring Programs

## ADULT PROGRAMS



Adult Skating Lessons



Chi Ball



Tone & Tumble

## YOUTH PROGRAMS



Basketball



Baseball



Drawing with Young Rembrandts



Engineering For Kids



Outdoor Soccer

**For program pricing and to register, visit:**

**[www.thelbca.ca](http://www.thelbca.ca)**



## TUMBLE TIME

**Tuesdays/Wednesdays/Fridays: 9:30 - 11:30 AM**  
**January 8 - March 31, 2023**

Tumble Time is a Drop-in, parent-supervised program for children under 6 years. Little ones will enjoy the bouncy castles, building blocks, balls, toys, games and more!

\$5 Members | \$6 Non-Members | Free for Adults

 **LBCA**  
*proactive*



### Want to Homeschool?

Phoenix Foundation offers BlendEd, Online, Kindergarten and Home Education programs for grades K-9. Amazing classes, events and field trips.

**403-265-7701**  
**[www.phoenixfoundation.ca](http://www.phoenixfoundation.ca)**

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## CRIME STATISTICS



### Lake Bonavista Crime Activity was Down in February 2023

The Lake Bonavista community experienced 5 crimes in February 2023, in comparison to 13 crimes the previous month, and 21 crimes in February one year ago. Lake Bonavista experiences an average of 13.6 crimes per month. On an annual basis, Lake Bonavista experienced a total of 163 crimes as of February 2023, which is up 15% in comparison to 142 crimes as of February 2022. To review the full Lake Bonavista Crime report visit [lakb.mycalgary.com](http://lakb.mycalgary.com).

### Bonavista Downs Crime Activity was Down in February 2023

The Bonavista Downs community experienced 0 crimes in February 2023, in comparison to 1 crime the previous month, and 0 crimes in February one year ago. Bonavista Downs experiences an average of 0.3 crimes per month. On an annual basis, Bonavista Downs experienced a total of 4 crimes as of February 2023, which is down 56% in comparison to 9 crimes as of February 2022. To review the full Bonavista Downs Crime report visit [bona.mycalgary.com](http://bona.mycalgary.com).

*How To Report Crime In Lake Bonavista | Bonavista Downs: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at [crimestoppers.ab.ca](http://crimestoppers.ab.ca), or text [tttTIPS](http://tttTIPS) to 274637.*



## 9 PM

ROUTINE

**✓ CHECKLIST**

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



## Crime Prevention Dashboard

### WHEN TO DIAL 911

The Calgary Police Service uses two telephone contact numbers:

Emergency: 911

Non-emergency: 403-266-1234

### WHEN TO CALL NON-EMERGENCY

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

### ONLINE REPORTING

<http://www.calgary.ca/cps/Pages/Report-a-crime.aspx>

These reports are not reviewed in real time.

### REPORTS YOU CANNOT SUBMIT ONLINE

- Robbery (Theft with violence)
- House break-in & enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of funds / personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the Police non-emergency line (403) 266-1234.

### REPORTS YOU CAN SUBMIT ONLINE

- Damage to Property
- Damage to Vehicle
- Lost Property (excluding government ID)
- Theft
- Theft from Vehicle
- Car Prowling
- Online telephone scams
- Online email scams

### 9:00 PM ROUTINE

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked
- Windows are closed and if possible, parked in a garage
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

### SUBMIT A TIP TO CRIME STOPPERS

Crime Stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto the CPS.

TALK: 1-800-222-8477

TEXT: ttTIPS to 274637

ONLINE: <http://tttips.com/home>

Please note that not all tips submitted to Crime Stoppers are investigated.

### SUBMIT A DRUG TIP

If you have information about a drug house, or people who are selling drugs, you can report this information online.

Please note if you want to remain anonymous, you must submit your information to [www.Crimestoppers.org](http://www.Crimestoppers.org)

### REPORT GRAFFITI OR VANDALISM

If you observe graffiti; call 311.

Include the location; description of the object the graffiti is on and a photo of the graffiti.

### ALBERTA EMERGENCY ALERT

Alberta Emergency Alerts are issued by the communities where a disaster or emergency is occurring.

<https://www.emergencyalert.alberta.ca/content/about/signup.html>

### 511 ALBERTA WEBSITE AND APP

Please visit <https://511.alberta.ca/> and/or the 511 App to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. <https://511.alberta.ca/map>

### ABUSE/VIOLENCE/SEXUAL NUMBERS TO CALL

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: Call 911
- Experiencing domestic abuse: Call 403-234-SAFE (7233)
- Experiencing sexual abuse: Call: 403-237-5888
- To report domestic abuse or violence: Call: 403-266-1234





**LBCA**

## BABYSITTING COURSE

**April 30th**  
**8:30 am – 4:30 pm**

The Babysitter Course gives students the tools and knowledge to prepare for emergencies.

Students will receive a Red Cross babysitter's manual, first aid kit and completion certificate.

Youth ages 12 to 16

**\$85 Non-LBCA Members**  
**\$75 LBCA Members**

Register: [www.thelbca.ca](http://www.thelbca.ca)



**WEDNESDAY APRIL 5TH @ 7:00 PM**

# PAINT & SIP NIGHT

- Create a beautiful cherry blossom masterpiece with acrylic paints on a wooden plank
- A drink & snacks provided
- Must be 18+ years
- All supplies included

**\$60**

**WWW.THELBCA.CA**

**LBCA**  
*join the fun!*



**LBCA**

## SPRING CRAFT FAIR

**ADMISSION IS FREE!**

**APRIL 29, 2023 | 10:00 AM – 3:00 PM**  
**1401 Acadia Drive SE, Calgary, AB**

This spring, stop by the LBCA to purchase unique, artisan gifts from local vendors, try a variety of delicious food and tasty treats, and visit booths from multi-level marketing Calgarian businesses.

**WWW.THELBCA.CA**



**LBCA**

## Stay Safe! Course

**June 17th**  
**9:30 am – 2:30 pm**

The Stay Safe Course teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve his or her own safety.

They will be tools to Stay Safe in a variety of different situations as well as learn basic first aid.

**\$70 Non-Members**  
**\$60 LBCA Members**

Register: [www.thelbca.ca](http://www.thelbca.ca)

ASTONMORRONE  
DESIGNS INC.

# Custom Residential Home Design

Specializing in bespoke residential projects, AstonMorrone Designs Inc. prides itself on bringing each of our unique client's visions to life. No matter what project we are designing, we always aim to make an impact.

☎ (403) 830-6492

✉ [info@astonmorronedesigns.com](mailto:info@astonmorronedesigns.com)

📍 #208 - 908 17th Avenue SW, Calgary, AB



VIEW OUR WORK

**Amaranth**  
WHOLE FOODS MARKET

**20% OFF**  
the regular price  
of all body care &  
supplements

On the first Wednesday of  
each month and the  
Tuesday that bumps against it

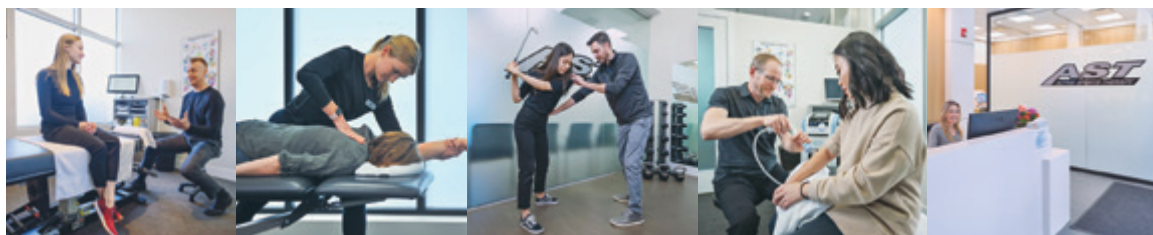
Some exclusions apply, see in store  
or website for details.



**Healthy Foundations**  
for the entire family



[amaranthfoods.ca](http://amaranthfoods.ca)



## Active Sports Therapy

WILLOW PARK WESTMAN VILLAGE

- Chiropractic
- Physiotherapy
- Massage
- Laser Therapy
- Active Release Techniques
- Muscle Activation Technique
- Integrated Medicine
- Naturopathic Medicine
- Shockwave
- Exercise Rehab
- Holistic Nutritional Consulting
- Traditional Chinese Medicine



**ActiveSportsTherapy.ca**

AST Willow Park 403-278-1405 • AST Westman Village 825-509-4780





# Gallery



by Ashley Bailes



*Evergreen Icicle* by Tunde Cristea



*Ice Inukshuk Illuminated by the Sun*  
by Tunde Cristea



by Elizabeth Aspinall



*Ice Inukshuk in the Snow*  
by Tunde Cristea



*Ice Inukshuk* by Tunde Cristea



*Ice Window* by Tunde Cristea



# MEMBERSHIPS

**Only \$30 Family/Household!**

## BENEFITS

- Free Public Skate and Stick & Puck Drop-In
- 20% Off Same Day Facility Bookings
- Discounts on LBCA Programs and Events
- Drop-In Discounts and Pass Perks

**Valid July 1, 2022 - June 30, 2023**

<b>DROP-IN PASSES</b> <small>Includes Pickleball, Open Gym &amp; Tumble Time.</small>	<b>LBCA MEMBER</b>	<b>NON-MEMBER</b>
1x Drop-In Pass	\$5.00	\$6.00
Family Drop-In Pass <small>2 adults and up to 4 kids.</small>	\$12.00	\$15.00
5x Passes	\$25.00	\$30.00
10x Passes -- Get 1 Free! <small>LBCA Members only.</small>	\$45.00	×
25x Passes -- Get 3 Free! <small>LBCA Members only.</small>	\$110.00	×

**Drop-In Activities: Pickleball, Open Gym and Tumble Time.**

**Sign in at the LBCA office and get your wristband!**





## Bonavista Cares

Bonavista Cares is once again partnering with our friends at Parkland Cares for a new initiative! In June, for Pride month, we will be collecting and filling toiletry bags for The Skipping Stone Foundation. We will advertise more details through social media and the Bonavista Cares email mailing list with more information. Please write bonavistacares@gmail.com to get added to stay up to date on all our initiatives.

In February, donations of clean towels, pet toys and accessories, and laundry soap were collected during Winterfest at the Parkland Community Association Hall on behalf of AARCS (Alberta Animal Rescue Crew Society).

In March, we were so excited to partner with Basically Babies' Layette program to collect new and gently used newborn to 24-month clothing, toys, and supplies to aid babies in extreme need in Calgary.

As always, we look forward to inviting community members to join our planning team and look forward to more exciting initiatives in 2023.



## PLUMBER



**PLUMBOB** Father and Son

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

**Call Bob: 403-461-3490**

# Budget 2023

## \$1.1 billion

### Calgary Transportation Projects

- Calgary LRT projects
- Upgrades to Deerfoot Trail
- Completion of Stoney Trail

## \$396.4 million

### Calgary Health Centres

- Calgary Cancer Centre
- Foothills Medical Centre
- Peter Lougheed Centre

## \$57 million

### For Calgary Universities

- Plus, 200 new university seats for doctors and 1,800 for nurses and healthcare aides.



## Richard Gotfried

MLA, Calgary-Fish Creek



# BUSINESS CLASSIFIEDS

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Lake Bonavista and Bonavista Downs. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**LAKE BONAVISTA MORTGAGE BROKER:** SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**HERITAGE WEST PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**BASEMENT WINDOWS R-US:** New or larger window openings – includes complete install. Digging, concrete cutting, material/dirt hauled away. Member of the BBB. Available 24/7. Call 403-201-0317 or 403-660-0612.

**JUNK TO THE DUMP / ODD JOBS:** Safety starts with a clean and clutter free environment. Disposal of any household unwhants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

**BARRON ELECTRIC:** Lake Bonavista Master Electrician can make your smart home dreams a reality! Same-day service! All electrical concerns: aluminum wiring repair, electrical panel upgrades, pot light installs, ceiling fan installs, video doorbells, fire/CO alarms, lighting, thermostats, plugs, cameras. Electrical emergency? No extra charge evenings, weekends, holidays. As always, licensed, bonded and insured. Text/call Jeff Barron at 403-818-6256, [barronelectric@shaw.ca](mailto:barronelectric@shaw.ca), [www.barronelectric.ca](http://www.barronelectric.ca).

**CLEANING SERVICES:** Excellent references. Insured and WCB coverage. Weekly, bi-weekly at reasonable prices. For free estimates call Mary at 403-606-6977.

**YOUR HANDYMAN:** All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 19 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email [marcinj09@gmail.com](mailto:marcinj09@gmail.com).

**ABOVE & BEYOND CONSTRUCTION LTD.:** Serving Calgary for over 30 years. Free estimates. Construction Management, complete interior and exterior renovations, additions, painting, and new construction. Fully insured. No upfront payment required. Check us out at [www.aboveandbeyondconstruction.ca](http://www.aboveandbeyondconstruction.ca) or call 403-278-3433.

**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Lake Bonavista? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit [activesportstherapy.ca](http://activesportstherapy.ca) to book a free consultation.

**AFFORDABLE DENTAL CARE MINUTES FROM LAKE BONAVISTA!** Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit [CalgaryDentalCenters.com](http://CalgaryDentalCenters.com). Save money, smile, be happy!

**DTA RENOVATIONS & HANDYMAN SERVICES:** We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or [dta.renovations@gmail.com](mailto:dta.renovations@gmail.com).

**GRASS AND YARD WORK:** If you need your grass done fast and professionally and/or if you have some yard work to be done quickly, please text or call me at 587-433-9160. You won't be disappointed. Your Mapleridge neighbour, Antoine Maurais.

**RELIABLE LADY IS ABLE TO CLEAN YOUR HOME:** Weekly or bi-weekly, Monday to Friday. I charge by the job. Telephone Mrs. Batti at 403-720-8689. Please leave a message if I am not at home.

**BRAD'S PAINTING SERVICES:** Local community painter with over twenty years of experience in the Bonavista areas. Add some sparkle and shine to your home with a fresh coat of paint on the walls, ceilings, trim, doors, base and cabinetry. Top quality paint and application. Please call Brad Taylor for your free quote at 403-850-3790 or email [Bradspainting@icloud.com](mailto:Bradspainting@icloud.com).

**LANDSCAPING LAKE BONAVISTA:** Landscape Gardener Journeymen living and working in Lake Bonavista. Consultation and installation of all landscape construction: fencing, decks, paving stones, retaining walls, hot tub base prep, fire pits, sod, hedge/shrub/tree pruning, shaping, and planting. 10% discount for seniors. Please call or text Scott at 403-860-0337. S Bright Construction. Let's make your yard sing!

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**CAMPBELL ROOFING - FREE ESTIMATES:** Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business". Call Grant 403-975-1371. Thank you, customers, for the last 30 years.

**CODERAD ELECTRICAL LTD:** Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at [info@coderadelectrical.com](mailto:info@coderadelectrical.com). Is your Electrical up to code? [www.coderadelectrical.com](http://www.coderadelectrical.com).

**DEERVIEW DRIVE TAXATION PROFESSIONAL CENTRE:** We file business, individual, partnership and corporation tax. We specialize in investments, late filing, review, audits included incorporating and annual returns. We are Commissioner for Oaths. We pick up information on request. Reasonable rates. WhatsApp: Lana Do Professional, MBA, RPA, CPC. Phone: 403-278-9219. Fax: 403-474-3434. Email at [LanaDoAccountant@shaw.ca](mailto:LanaDoAccountant@shaw.ca).

**LOCAL HANDYMAN:** Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

**HOLY FAMILY PRESCHOOL AND EDUCATIONAL CENTRE LTD:** Is a full day Spanish immersion childcare facility for ages 3 to 6. We also offer before and after school care for children attending kindergarten, emphasizing learning through play and Christian moral values. We also offer summer programs. We guarantee peace of mind to parents! [www.holyfamilypreschool.ca](http://www.holyfamilypreschool.ca); 403-389-5144; [info@hollyfamilypreschool.ca](mailto:info@hollyfamilypreschool.ca).

**ED'S HANDYMAN SERVICES:** "No job too small- give me a call!" Free estimates and seniors' discounts! 25 years of experience in general repairs, painting, tile installation, laminate/hardwood flooring, bathroom repairs/renovations and fencing. Call 587-998-2858 or email [diaz180@telus.net](mailto:diaz180@telus.net).

*continued on next page*

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

## RENOVATION/DEVELOPMENT IN LAKE BONAVIDA:

Complete interior and exterior general contracting services. Kitchens, baths, basements, media rooms, home offices, decking, fences, garages. Free estimates, references, warranty. J.D. Meyer Construction Ltd. Cell: 403-831-4645. Website: www.JDMeyerConstruction.ca.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

## FENCES, DECKS, PERGOLAS, GAZEBOs, AND CONCRETE:

Give your yard a fresh look with a new deck and fence. Or add some shade, character, and usable entertainment space with a pergola or gazebo. Koru Contracting has 18+ years of outdoor carpentry experience. Owner on-site at every job. Satisfaction guaranteed! Visit KoruDecksAndFences.ca or email koru4u@gmail.com for a free quote today!

## OKONBOOKS PROFESSIONAL ACCOUNTING AND INCOME TAX SERVICES:

Experience in public accounting, CPA, CMA provides multiple year filings, mobile services, Canada and US personal and corporate tax preparation, bookkeeping, GST, and source deduction. Please call 403-305-0955, email okonbooks@gmail.com, or visit www.okonbooksaccounting.com.

## HELP WITH RECYCLING FOR SRI-LANKA CANDLE - AID & HUMANITARIAN PROJECT RELIEF WORK:

One step at a time, work still continues. Please donate empty cans, bottles, milk cartons and juice containers. Your empties can make someones survival possible. Please contact Siri or Indranie to donate 403-253-1993. Yes we can make a difference when get together.

## SCREEN-APPEAL - SCREEN REPAIR AND REPLACEMENT SERVICE:

Full-service, locally owned and operated mobile screen shop to handle all your screen needs. We specialize in custom-made window screens, sliding screen patio doors and more. We are also a proud dealer of Phantom Retractable Screens. Contact us today at www.screen-appeal.ca, info@screen-appeal.ca, or 587-437-9328.

## SMITH PROPERTY RENOVATIONS:

Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: Sp-renos.ca, phone: 587-333-5568, email: craig@sp-renos.ca.

## SENIOR ASSISTANCE:

Tiffs Assist specializes in helping seniors stay in their own homes with greater ease! From cleaning and organizing to light yard work, shopping and more! Weekly/biweekly/monthly schedules available. Services are a flat hourly rate of \$50 per hour, with a minimum one hour charge. Contact Tiffany Thomson at 403-801-8036 or explore my website at tiffsassist.ca.

## National Pet Day



April 11 is National Pet Day! On this day, we show our love and appreciation to our furry, feathery, or scaly friends, even those still in need of a home. Pet Day is also used to advocate against animal violence and cruelty. This April 11, be sure to shower your pet friends with care and love, whether it means your own pet, someone else's, or a shelter animal in need.

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

LAKE BONAVIDA



BONAVIDA DOWNS





# ----- **DMC CONSTRUCTION** -----

**STUCCO-SIDING-STONE-DECKS-SOFFITS/FASCIA-AND MORE**



Greetings Lake  
Bonavista Community !!!

We are happy to present our  
latest exterior transformation  
in the area.

"Night Gray" James Hardie  
siding and shakes with "Arctic  
White" trims gave this house  
a beautiful look!

Natural "Rundle Rock" from  
great Canadian Rocky  
Mountains in Canmore  
finished perfectly with  
slightly tapered pillars!

Tongue and groove pre-  
stained soffit added a little  
hint of modern!

We could not be happier with  
the final look of this home!



--- **CALL US TODAY FOR A FREE ESTIMATE!** ---

# **403-477-8711**

The Landscape Artist Inc.



Award winning design and construction

403.256.2252

www.landartist.com

Contact us to schedule a free onsite consultation



We are providing our award winning landscaping design and construction services in your area!

Pools & Spas Outdoor Kitchens & Fireplaces Sports Courts & Putting Greens Water Features Retaining Walls



Watch our interview  
with Bryan Baeumler

SAVE TIME & SAVE MONEY

DESIGN IN WINTER  
TO BUILD IN SPRING



### SUPPORT LOCAL



20% OFF  
TOY  
TUESDAY

15% OFF  
SENIOR  
THURSDAY



WILD BIRD  
SEED  
BIRD'S CHOICE

\$12 SELF-  
SERVE  
WASH BAY



FREE DELIVERY



**MOMMS**  
PET FOOD & SUPPLIES



SUITE 143, 755 LAKE  
BONAVISTA DRIVE SE  
403-225-8501  
WWW.MOMMS.CA

BRING THIS COUPON IN STORE AND  
RECEIVE 30% OFF TOYS, TREATS, AND  
ACCESSORIES



AND/OR



15% OFF WILD BIRD SEED & SUPPLIES  
EXPIRES APRIL 30, 2023

### MAJOR BRANDS WE CARRY

ACANA ALMO ARTISAN  
BENNY BULLY'S CHUCK IT  
CANADA POOCH CARNIVORA  
CANADIAN NATURALS  
CRUMPS' FARMINA  
FROMM FRUITABLES' GO!  
HEMP 4 PAWS KONG NOW  
ORIJEN PUPPY LOVE  
PUREBITES REDBARN  
SMACK STELLA & CHEWY'S  
SNAPPY TOM SQUARE PET  
TUFFY STUFFY TILTED BARN  
WHIMZEES WERUVA  
ZIGNATURE ZUKE'S

AND  
MANY  
MORE!

CURB-SIDE PICK UP



SARAH  
SOLOMON

JANENE  
DIPIANO

Helping you buy.  
Helping you renovate.

Making it your dream home!

“

As Real Estate Agents we know our local market so we have the confidence to advise our renovation clients on how to invest their money and energy in the right places.

”

**RE/MAX**  
REALTY PROFESSIONALS

[WWW.JANENEANDSARAH.COM](http://WWW.JANENEANDSARAH.COM)

Not intended to solicit properties already listed for sale.  
Each office independently owned and operated.

stage **1**ne  
RENOVATION MANAGEMENT

403-554-9253  
[WWW.STAGE1RM.COM](http://WWW.STAGE1RM.COM)



Active – 2 Storey



143 Lake Placid Place SE

Active – 2 Storey Split



1010 Lake Arrow Way SE

Sold – Apartment



1301 Lake Fraser Court SE

Sold – 2 Storey



12344 Lake Moraine Rise SE

Not intended to solicit properties already listed for sale



**RE/MAX**<sup>FIRST</sup>  
— SELLING   
**LAKE BONAVISTA.COM**  
Homes & Condos



*Call Today for a Home Evaluation*

**JAMIE NEWTON**  
— & ASSOCIATES

Jamie Newton . 403-837-9300 . [jamie@jamienewton.ca](mailto:jamie@jamienewton.ca)