

MARCH 2025 • ISSUE 286

DELIVERED MONTHLY TO 6,775 HOUSEHOLDS

LAKE BONAVISTA BUGLE

THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER



Cover Photo by Doug Goble

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Dr. Tasha Chrbet, DDS



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Gentle Fit
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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

**LAKE
BONAVISTA**



**BONAVISTA
DOWNS**



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.
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Lake
Bonavista
Community
Association

join the fun!



2024-2025 MEMBERSHIPS

\$40 PER HOUSEHOLD

\$30 SENIORS (60+) PER HOUSEHOLD

MEMBERSHIPS VALID JULY 1/24 - JUNE 30/25
PUNCH PASSES VALID SEPT. 1/24- MAY 30/25

MEMBER BENEFITS:

- Free Leisure Skate
- Free Stick & Puck Drop-In
- 20% Off Last Minute Facility Bookings
- 20% Off Birthday Parties
- LBCA Program Discounts
- Drop-In Discounts
- Drop-in Pass Perks

LBCA memberships are available for everyone! You **do not** have to live in Lake Bonavista to purchase a membership.

MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$15,679

SALE \$11,679
Limited Supplies

TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

ABSOLUTELY NO HIDDEN COSTS

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 École de la Source (French) K-9
 Ecole Notre-Dame-De-La-Paix
 École Sam Livingston Elementary School
 École St. Cecilia French Immersion
 Ecole Sainte-Marguerite-Bourgeoys
 Elementary School
 Fairview School
 Lake Bonavista Elementary School
 Lord Beaverbrook High School
 Midnapore Community School
 (bilingual Mandarin)
 Nickle Middle School
 Our Lady of the Rockies High School
 Prince of Wales School
 St. Bonaventure Junior High School
 St. Boniface Elementary School
 St. Philip Fine Arts Elementary School
 Ste-Marguerite-Bourgeoys (S)(French) 7-12
 St. Matthew Elementary/Junior High School
 St. William Elementary School

CHURCH DIRECTORY

Bonavista Baptist Church
 1507 Acadia Drive SE
 Bonavista Evangelical Missionary Church
 1509 Lake Ontario Drive SE
 Holy Nativity Anglican Church
 12707 Bonaventure Drive SE
 St. Bonaventure Catholic Church
 1600 Acadia Drive SE
 Fish Creek United Church
 77 Deerpoint Road SE
 Your Grace Land
 Delta Calgary South
 Red Deer Lake United Church
 Hwy 22X West
 The Church of Jesus Christ of Latter Day Saints
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20% OFF

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Booking requests are accepted over the phone or in the office up to 24 hours in advance. Saturday and Sunday requests are accepted until noon the Friday before. One hour minimum, two hours maximum.

CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)



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🌐 www.thelbca.ca

Administrative Office Hours

Monday - Friday: 9:00 am - 4:00 pm

CLOSED Saturdays, Sundays & Stat Holiday [office open for drop-in activities]

LBCA STAFF

General Manager: Andrea Waara
andrea.waara@thelbca.ca

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Operations Manager: Devon Marr
devon.marr@thelbca.ca

Operations Coordinator: Justin Baranec
justin.baranec@thelbca.ca

Arena Staff
587-229-7880

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Director at Large: Mick Somerwil
directorMS@thelbca.ca

Lake Bonavista Contacts/Groups

Lake Bonavista Homeowners Association (The Lake)
403-271-3333 | www.lkbonavista.ca

City of Calgary
311 | www.calgary.ca

Community Facebook Groups

- Lake Bonavista Community Chat
- Lake Bonavista Block Watch
- Lake Bonavista Community Garden Group
- Lake Bonavista with Kids (Calgary)





Good Food Box

The Good Food Box is a Community Kitchen Program that enables people to purchase fresh fruit and vegetables for less. There are no income criteria, everyone is welcome to place an order. Orders are delivered once a month to our facility, Lake Bonavista Community Association.

All orders must be received by 4:00 pm on order date (listed below).

All orders must be picked up between the hours of 12:00 to 4:00 pm on pickup date (listed below).

Please make note of the pickup date as we do not send email reminders.

No Refunds.

Pricing and Sizes

Small : \$30 for 20 to 25lbs

Medium: \$35 for 30 to 35lbs

Large: \$40 for 40 to 45lbs

Order By Date (Mondays 4:00 pm)	Pick Up Date (Wednesdays 12:00 to 4:00 pm)
March 10	March 19
March 31	April 9
May 5	May 14
June 2	June 11
July 14	July 23
August 11	August 20
September 8	September 17
September 29	October 8
October 27	November 5

For more information, please visit our website at www.thebca.ca/good-food-box/.

COMMUNITY RESOURCES

SCAN ME

Scan the QR code for information on traffic concerns, city of Calgary events, crime statistics, development permits and more.

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LBCA

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WINTER DROP-IN SCHEDULE

JANUARY 12, 2025 - MARCH 30, 2025

Please note that you may be unable to participate if activities reach maximum capacity. The maximum capacity of drop-in is determined by the LBCA on an as needed basis

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Tumble Time 9:30-11:30am (Gym)	Tumble Time 9:30-11:30am (Gym)	Tumble Time 9:30-11:30am (Gym)		
Stick & Puck 12:15-1:15pm (Small Ice)	Stick & Puck 3:00-4:30pm (Small Ice)	Leisure Skate 2:30-4:00pm (Small Ice)	Stick & Puck 12:00-1:00pm (Large Ice)	Leisure Skate 12:00-1:00pm (Small Ice)	Stick & Puck 12:15-1:45pm (Large Ice)	
Pickleball 11:30-1:30pm	Pickleball 11:15-1:15pm 1:30-3:30pm	Pickleball 1:15-3:15pm		Pickleball 1:15-3:15pm	Pickleball 10:45-12:45pm	
					Drop-in Gym 2:15-4:00pm	

OPEN GYM EQUIPMENT SETUP DATES

Basketball & Volleyball:

Jan 17, Jan 31, Feb 14, Feb 28, Mar 14, Mar 28

Basketball & Badminton:

Jan 24, Feb 7, Feb 21, Mar 7, Mar 21



Drop-In check-in is open until 30 minutes before the end time. **NO ADMITTANCE** to activities in the last 30 minutes.

OFFICE CHECK-IN is REQUIRED BEFORE all drop-in activities.

SHINNY/SCRIMMAGE is prohibited during stick & puck

DROP-IN SCHEDULE: Holidays & Modified Dates

Monday, Feb 17th

Pickleball: 11:15-1:15pm
Stick & Puck: 12:30-1:45pm
(Large Ice)
Drop-in Gym: 1:30-3:30pm
(basketball/volleyball)

Monday, March 24th

Pickleball: 11:15-1:15pm
Drop-in Gym: 1:30-3:30pm
(basketball/volleyball)
Stick & Puck: 3:00-4:30pm
(Small Ice)

Friday, March 28th

Pickleball: 10:45-12:45pm
Stick & Puck: 12:15pm-1:45pm
(Large Ice)
Drop-in Gym: 1:00-4:00pm
(basketball/volleyball)

Sunday, March 30th

Pickleball: 11:30-1:30pm
Stick & Puck: 12:15pm-1:15pm
(Small Ice)
Drop-in Gym: 1:45-3:45pm
(basketball/badminton)



2024/2025
DROP-IN RATES

	1x Drop-In Pass	5x Drop-In Passes	10x Drop-In Passes	25x Drop-In Passes
YOUTH MEMBER	\$5.00	25.00	\$45.00 Get 1 Free!	\$110.00 Get 3 Free!
YOUTH NON-MEMBER	\$5.00	25.00	X	X
ADULT MEMBER	\$5.00	\$25.00	\$45.00 Get 1 Free!	\$110.00 Get 3 Free!
ADULT NON-MEMBER	\$7.00	\$35.00	X	X

MEMBERSHIP RATES

\$40 PER HOUSEHOLD
\$30 SENIORS(60+) HOUSEHOLD

MEMBERSHIPS VALID JULY 1/24 - JUNE 30/25
PUNCH PASSES VALID SEPT. 1/24- MAY 30/25

- Sign in at the office to get a wristband
- No admittance to activities in the last 30 minutes.
- **Drop-In Activities:** Pickleball, Open Gym, Public Skate & Tumble Time.

MEMBERSHIP BENEFITS

- Free Leisure Skate
- Free Stick & Puck Drop-In
- 20% Off Last Minute Facility Bookings
- 20% Off Birthday Parties
- LBCA Program Discounts
- Drop-In Discounts
- Drop-In Pass Perks





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AND
GIRLS

AGES
3-9

ALL
SKILL
LEVELS

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DRILLS**



**TEAM BUILDING
ACTIVITIES**



**GAME/SCRIMMAGE
TIME**



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Our Grassroots Outdoor Soccer Program is back this spring! We have partnered again with Daniel Balcorta from IFA7 and the Canada Soccer Federation. Girls and boys will play together in this program which will utilize "Fundamentals" curriculum with a focus on learning the game through age appropriate activities and games.

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APR 8 - JUNE 10
1 - 4 YEARS

registration info
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ONGOING Registration for September 2025

- Kindergarten to Grade 6
- Hockey Canada Skills Academy (Gr. 4-6)
- Before & After School Care available onsite

Please call 403-500-2060 today to discuss registering your child.

Restrictive Covenant - Upcoming Info Sessions

Learn more about how blanket rezoning could affect our community and what you can do about it.

April 4 from 6:30-8:00pm

Willow Ridge Community Association (680 Acadia Drive SE)

April 10 from 7:00-8:30pm

Virtual

Visit www.BonavistaRC.com for more information.

BRAIN GAMES SUDOKU

					7			8
4	3	2	6	8				
	8		4			2	3	
	6		1					
3								5
				8		2		
	4	1		6		7		
				1	2	9	5	4
9			3					

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IMPROVED ORAL HEALTH:

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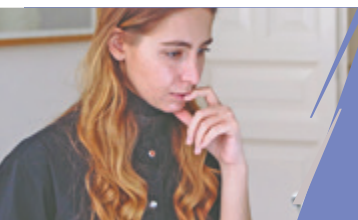
Lake Bonavista Figure Skating Club

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President	Irene Liew	president@lbfsc.ca
Vice-President	Vacant	vicepresident@lbfsc.ca
Secretary	Danielle Bertsch	secretary@lbfsc.ca
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STARSkate Chair	Simone Saeger	starskate@lbfsc.ca
Rink Chair	Erin Day	rinkchair@lbfsc.ca
CanSkate Chair	Courtney Topolay	canskate@lbfsc.ca
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Events Chair	Vacant	events@lbfsc.ca
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Volunteer Coordinator	Paulette Hayman	volunteer@lbfsc.ca
Casino Chair	Danielle Bertsch	casino@lbfsc.ca
Communications Chair	Yvonne Nyrose	communications@lbfsc.ca

Other Programs/Sport Contacts

Bow River South Basketball Association	www.bowriverbasketball.com
Calgary Fellowship of the Sword	http://calgarysword.ca/contacts-and-links.php
Calgary Kyokushin Karate	calgarykyokushinkarate@shaw.ca
Calgary Sport and Social Club	www.calgarysportsclub.com
CMBA	www.cmba.ab.ca
Cutting Edge Kung Fu	www.facebook.com/CuttingEdgeKungFu/
Devotion Danceworks	www.devotiondanceworks.com
Fencing Calgary	www.fencingcalgary.com
FLC Seniors Club	www.flcseniors.ca
Girl Guides of Canada	www.calgarygirlguides.com
Heiben Martial Arts	www.hmasystem.com
Knights Hockey Club	www.knighthc.ca
Scouts Canada	www.scouts.ca
Stryker Sports	www.strykersports.ca
Take Off Pounds Sensibly (TOPS)	www.tops.org
Wai Da Ving Tsun Kung Fu	www.waidakungfu.com
Wee Wonder Daycare	www.weewonder.ca



Check us out at www.thelbca.ca

Visit www.thelbca.ca for all Lake Bonavista Community Association events, registration information, program updates, facility bookings, and more!



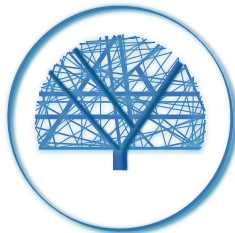
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02144	4 Bitewing X-Rays	\$105.38	\$105.38
02113	3 PA X-Rays	\$81.35	\$81.35
02601	Panoramic X-Ray	\$106.61	\$106.61
11113	3 Units Scaling	\$250.53	\$250.53
11101	Polishing	\$74.40	\$74.40
12112	Fluoride Treatment	\$36.05	\$36.05

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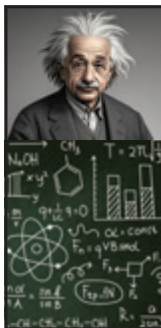


JOURNEY
COUNSELLING INC.
OF EXPERT CARE
WWW.JOURNEYCOUNSELLING.CA

OPEN 7 DAYS A WEEK,
including Evenings and Weekends!

BOOK IN-PERSON OR
VIRTUAL APPOINTMENTS

403-619-5354



Pi and Einstein, a Perfect Pair!

Many may know Pi Day is celebrated on March 14 - but it also marks the birthday of Albert Einstein. Born in Ulm, Germany in 1879, Einstein's birthday coincides with this mathematical celebration, making March 14 a double treat for both math and science enthusiasts!


PLUMBER

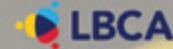


PLUMBOB Father and Son

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- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403-461-3490



 **LBCA**
TUMBLE TIME

Tues/Wed/Thurs
9:30AM - 11:30 AM
January 13-March 27

Tumble Time is a Drop-in, parent-supervised program for children under 6 years. Little ones will enjoy the bouncy castles, building blocks, balls, toys, games % more!

\$5.00 per child
Free for Adults

CHECK IN at the OFFICE
before entering the gym!

Photo Corner by Doug Goble



Pancake Tuesday
 Celebrate Pancake Tuesday with us! Enjoy stacks of delicious, fluffy pancakes topped with your favourite toppings. It's the perfect way to treat yourself before Lent. Come indulge and make it a fun, tasty tradition!
Tuesday, March 4th at 11:00am

St. Patrick's Dancers
 Join us for a fun event where Keepin' It Country will come do some fun dance moves. Celebrate St. Patrick's Day with a live performance from talented dancers! Watch the energy and artistry of traditional Irish dance as they bring the spirit of the holiday to life.
Monday, March 17th at 2:00pm



A UNITED ACTIVE LIVING COMMUNITY

Please call to reserve your space today!
 Seats are limited. If you have any questions or would like to book a tour, please call Jan or Dana at

403-258-1849

11800 Lake Fraser Drive SE, Calgary
www.verveseniorliving.com







Spring PROGRAMS

Join The Fun!

Registration is **OPEN!**





- Basketball
- Outdoor Soccer
- Art Class
- Engineering
- Yoga
- Chi Ball
- Knitting.....



And More!

For More Info Visit www.thelbca.ca



SPRING BASKETBALL LEAGUE

APRIL 4 -
JUNE 13



TYKES: 6 - 8 YEARS

JUNIORS: 9 - 11 YEARS

SENIORS: 12 - 14 YEARS



Join our grassroots basketball league this spring! Perfect for new and developing players, boys and girls will learn essential skills in a fun, safe, and supportive atmosphere. Join us for an exciting season on the court!

****Please note that our Tyke program does not include league games**

REGISTRATION OPENS FEB 4 WWW.THELBCA.CA

Thriving Together: The Power of Community Connections

by Chimaraoke Obinna Akuchie

Dear Lake Bonavista Neighbours,

While I call Legacy my community home, we are all in ward 14, I wanted to take the opportunity to say hello and connect with all of you in Lake Bonavista. This iconic neighbourhood is known for its picturesque lake and strong sense of community, and I have always admired the spirit that makes it such a wonderful place to live.

Enjoying Lake Bonavista's Outdoor Spaces

The lake, parks, and walking paths offer a chance to connect with nature and enjoy everything that makes Lake Bonavista special. Whether it's winter walks or planning for the warmer months ahead, there are always reasons to appreciate the beautiful environment around us.

Stay Connected and Get Involved

Although I don't live in Lake Bonavista, I truly believe in the value of staying connected. There are always opportunities to engage with your neighbours, support local events, and continue to build the sense of community that defines Lake Bonavista.

A Warm Welcome to New Residents

To those who have recently moved to Lake Bonavista, welcome! It's an incredible place to live, and I'm sure you'll find a community that truly cares. I look forward to seeing how you'll contribute to making this already wonderful neighbourhood even stronger.



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LIMITED DEALS FOR NEW CUSTOMERS

218-1221 CANYON MEADOWS DR SE, CALGARY, AB T2J 6C2

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HIGH SCHOOL SUMMER CAMP
Start earning credits right after Grade 9!

SESSIONS STARTING IN JULY AND AUGUST

SIGN UP TODAY!

TO REGISTER NOW OR FOR MORE INFORMATION CONTACT US:
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mountainadventure.school
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LBCA

JUNIOR ENGINEERS
Ages 5-7 years

APPRENTICE ENGINEERS
Ages 8-12 years

ENGINEERING FOR KIDS
Saturdays, April 5 - May 10

Info & Registration
www.thelbca.ca

----- **DMC CONSTRUCTION** -----

STUCCO-SIDING-STONE-DECKS-SOFFITS/FASCIA-AND MORE

Greetings Lake Bonavista Community!

We are happy to present some of our exterior renovations completed in 2024. Every project was unique because of a combination of your design ideas, together with our skills and experience to create those beautiful home transformations! We are very pleased to serve you and this amazing community!

THANK YOU FOR CHOOSING US!



--- CALL US TODAY FOR A FREE ESTIMATE! ---

403-477-8711

LBCA
DRAWING
WITH
YOUNG
REMBRANDTS

Wednesdays, April 2 - June 18
 5:30 - 6:30pm
 Ages 6 - 12 years
 Info & Registration
www.thelbca.ca

WEIGHT
MANAGEMENT CLINIC **MWM**
 Medical Weight Management

• MEDICAL DIETS • PROTEIN SUPPLEMENTS • MEDICATION

403.278.3411

www.calgaryweightlossclinic.com

SPACE ODDITY

On March 18, 1965,
 cosmonaut Alexei Leonov became
 the first person to conduct a spacewalk.
 Leonov floated outside his spacecraft, Voskhod
 2, for twelve minutes. Talk about a cosmic
 journey!

LBCA

Kids Art Class

Unleash Your Creativity!

Sign your child up and let them
 explore their artistic talents!

Sundays, April 6 - June 8
 9:30 - 10:30am
 Ages 6 - 10 years

Info & Registration www.thelbca.ca

LBCA

COME UNWIND
 WITH US IN OUR
YOGA CLASS

MONDAYS, 10:00-11:30AM
 APRIL 7 - JUNE 23
 DROP INS WELCOME

www.thelbca.ca



Crime Prevention Dashboard

WHEN TO DIAL 911

The Calgary Police Service uses two telephone contact numbers:
Emergency: 911
Non-emergency: 403-266-1234

WHEN TO CALL NON-EMERGENCY

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

ONLINE REPORTING

<http://www.calgary.ca/cps/Pages/Report-a-crime.aspx>
These reports are not reviewed in real time.

REPORTS YOU CANNOT SUBMIT ONLINE

- Robbery (Theft with violence)
- House break-in & enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of funds / personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the Police non-emergency line (403) 266-1234.

REPORTS YOU CAN SUBMIT ONLINE

- Damage to Property
- Damage to Vehicle
- Lost Property (excluding government ID)
- Theft
- Theft from Vehicle
- Car Prowling
- Online telephone scams
- Online email scams

9:00 PM ROUTINE

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked
- Windows are closed and if possible, parked in a garage
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

SUBMIT A TIP TO CRIME STOPPERS

Crime Stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto the CPS.

TALK: 1-800-222-8477

TEXT: tttTIPS to 274637

ONLINE: <http://tttips.com/home>

Please note that not all tips submitted to Crime Stoppers are investigated.

SUBMIT A DRUG TIP

If you have information about a drug house, or people who are selling drugs, you can report this information online.

Please note if you want to remain anonymous, you must submit your information to www.Crimestoppers.org

REPORT GRAFFITI OR VANDALISM

If you observe graffiti; call 311.

Include the location; description of the object the graffiti is on and a photo of the graffiti.

ALBERTA EMERGENCY ALERT

Alberta Emergency Alerts are issued by the communities where a disaster or emergency is occurring.

<https://www.emergencyalert.alberta.ca/content/about/signup.html>

511 ALBERTA WEBSITE AND APP

Please visit <https://511.alberta.ca/> and/or the 511 App to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. <https://511.alberta.ca/map>

ABUSE/VIOLENCE/SEXUAL NUMBERS TO CALL

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: Call 911
- Experiencing domestic abuse: Call 403-234-SAFE (7233)
- Experiencing sexual abuse: Call: 403-237-5888
- To report domestic abuse or violence: Call: 403-266-1234



CHI BALL

APRIL 3 – JUNE 19
THURSDAYS
9:00AM – 10:00 AM



Chi Ball is designed to re-energize tone and relax the body. An excellent combination of exercises using the Chi Ball, bender balls, tubing, and free weights will help build bone mass, strength, and flexibility.

Each movement opens the body's energy pathways connecting to our internal organs, helping build a valuable stress-fighting, anti-aging mind and body.

MORE INFO & REGISTRATION
www.thebca.ca



RBC Dominion Securities Inc.



Our commitment to our clients: Every client has a written, up-to-date financial plan

Our clients' needs are unique. Our commitment to them is unwavering. Contact us today to learn about our customized, strategic planning services.



Catherine Arcand, CFP
Investment
& Wealth Advisor
403-441-1414
catherine.arcand@rbc.com



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LAKE BONAVISTA HOMEOWNERS ASSOCIATION

Upcoming Park Events

- Hippyty Hoppity Easter Event, April 19, 11:00 am to 2:00 pm

In the Works

- Member Portal
- Summer Program Schedule

Available Online

- Park news and amenity updates
- Group bookings (policies and requests)
- Drop-in program and special event calendars
- Annual fee and membership details
- AGM and Board Member information

Contact Us To:

- Access the new Lake Bonavista HOA app
- Provide or update your email to receive important LBHA communications

757 Lake Bonavista Drive SE
403-271-3333
lbha@lkbonavista.ca
www.lkbonavista.ca

Overdue Fees - Final Notice

A final notice will be issued on March 18, 2025, regarding overdue fees. The Lake Bonavista Homeowners Association (LBHA) requires full payment by April 12, 2025.

If payment is not received by this date, your account will be referred to legal for collection. After April 12, 2025, LBHA office cannot accept fee payments until the account status is updated to "current."

Payment is mandatory. Members with overdue accounts will lose access to LBHA facilities until all outstanding balances are paid in full.

For payment methods and instructions, please visit www.lkbonavista.ca.

Sincerely,

Board of Directors

Lake Bonavista Homeowners Association Ltd.





yogadotcalm
studio

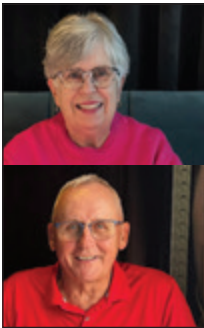
Work your body. Calm your mind.

\$49 Introductory
One Month
Unlimited Pass



Check out our schedule!
Over 30 drop-in classes a week!

www.yogadotcalm.com | info@yogadotcalm.com | 380 Canyon Meadows Dr



PSS PATS' SERVICES FOR SENIORS

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- Companionship
- Meal Preparation
- Shopping
- Computer and Internet Guidance

For more information please call:
Patricia at 403-831-4647 | Patrick at 403-404-8650



HAPPY ST. PATRICK'S DAY

ROYAL LePAGE
SOLUTIONS

TERRI CAMORE | REALTOR

403-818-6039
tacamore@gmail.com

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- Transaction Closing
- Post-Sale Transition Support

info@bmaxbrokers.com | 403-249-2269



MLA Calgary - Fish Creek
Myles McDougall
 7 – 1215 Lake Sylvan Drive SE
 ☎ 403-278-4444
 ✉ Calgary.FishCreek@assembly.ab.ca
 ✕ @MylesYYC | 📷 MLAFishCreek

Thank you to everyone who attended my town hall last month! It was great to see such a strong turnout and have honest conversations. Your input helps me represent our community effectively in Edmonton.

I'm also excited to join Ministers Schultz, Fir, Jones, and McIver for a joint Town Hall on the newly released budget. Join us on Tuesday, March 4, at 7:00 pm at the Delta (135 Southland Dr SE). I look forward to seeing you there!

Growing Alberta's Heritage Fund to \$250 Billion

I was honoured to be part of the Alberta government's announcement to grow the Alberta Heritage Savings Trust Fund to over \$250 billion by 2050. This plan ensures financial stability for future generations while reducing reliance on volatile resource revenues.

A world-class board and corporation will be established to oversee investments using strategies from top sovereign wealth funds. Strong governance will ensure independent decision-making, maximizing returns for Albertans. The Heritage Fund Opportunities Corporation will also enhance the fund's global profile, fostering key partnerships and investment opportunities.

This commitment secures a lasting financial legacy for Alberta's future.

\$15-a-Day Child Care for Families

Starting April 1, 2025, Alberta will introduce flat monthly parent fees for licensed childcare, ensuring affordability. Parents will pay \$326.25 per month for full-time care and \$230 for part-time, with the government covering about 80% of costs. This will save families an average of \$11,000 per child annually.

The Child Care Subsidy Program will be phased out, redirecting funds to affordability grants. About 85% of licensed providers will receive increased funding, creating a more sustainable system.

If you have any questions or input, please feel free to reach out to my office anytime at Calgary.FishCreek@assembly.ab.ca.

HearingLife

Keep the sounds you love.

Your hearing needs are *unique*. Choose the hearing care that isn't one-size-fits-all.

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Experience the benefits of state-of-the-art solutions tailored to fit your needs, preferences, and lifestyle.



Studies show: Hearing aid wearers are **3x more likely to be happier** than those without.^[1]

Features of the Latest Hearing Aids:

- Long-lasting rechargeable battery.
- Improved sound clarity.
- Seamlessly connect to your phone, TV & other devices.
- Discreet and comfortable wear.



Learn more from a hearing professional near you.

Get started with a **FREE** hearing test.*

Calgary - Avenida Place Shopping Centre
 12100 MacLeod Trail SE, Unit 303



1-888-461-9712

Mention code: **NSP-TBYB-LKBB**

Book online: **HearingLife.ca/Try**

*A comprehensive hearing assessment is provided to adults ages 19 and older at no cost. The results of this assessment will be communicated verbally to you. Depending on the province you're located in, an administrative fee may apply if a copy of an Audiological Report is requested. Some conditions apply, see clinic for details. Offer not valid in Quebec. Ask our hearing care professionals for more details. [1]Source: World report on hearing. Geneva: World Health Organization; 2021. License: CC

Keep being you **Love your ears**

BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Lake Bonavista and Bonavista Downs. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

LAKE BONAVIDA MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

JUNK TO THE DUMP / ODD JOBS: Safety starts with a clean and clutter free environment. Disposal of any household unwhants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

LAKE BONAVIDA CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Lake Bonavista. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

BARRON ELECTRIC: Lake Bonavista Master Electrician can make your smart home dreams a reality! Same-day service! All electrical concerns: aluminum wiring repair, electrical panel upgrades, pot light installs, ceiling fan installs, video doorbells, EV chargers, fire/CO alarms, lighting, thermostats, plugs, cameras. Electrical emergency? No extra charge evenings, weekends, holidays. As always, licensed, bonded and insured. Text/call Jeff Barron at 403-818-6256, barronelectric@shaw.ca, www.barronelectric.ca.

PAINTER SERVICING LAKE BONAVIDA: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

CLEANING SERVICES: Excellent references. Insured and WCB coverage. Weekly, bi-weekly at reasonable prices. For free estimates call Maria at 403-606-6977.

YOUR HANDYMAN: All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 23 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email marcinj09@gmail.com.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Lake Bonavista? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

LOOKING TO BUILD YOUR DREAM HOME OR RENOVATE YOUR SPACE? At Allen Creek Construction, we specialize in custom home builds and renovations tailored to your vision. We bring craftsmanship, quality, and attention to detail to every project. Contact Jeff today at 403-510-5032 or email info@allencreek.ca for a free consultation!

DTA RENOVATIONS & HANDYMAN SERVICES: We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or dta.renovations@gmail.com.

AFFORDABLE DENTAL CARE MINUTES FROM LAKE BONAVISTA! Dental care that's affordable, accessible, and essential. Minutes from Lake Bonavista. Accept and follow all dental Insurances. Tax Receipts on your cash portion. Direct Billing OAC. Non-corporate independent established 1989. No fluff, no frills! Canada Dental Care Plan welcome! Call today at 403-287-6453 or 403-272-7272. Visit www.calgarydentalcenters.com.

REVITALIZE YOUR HOME WITH BLN CONTRACTING: Specializing in residential renovations, we bring unmatched expertise to every project. From kitchen and bathroom remodels to complete home transformations, trust BLN Contracting for exceptional craftsmanship. Let us bring new life to your space. Contact us today for a consultation! Call 778-215-6568 or email at info@blncontracting.com.

10 & 15 YARD BIN RENTALS, STARTING AT \$150: Our bins are the perfect size for your driveway, and we provide wood for protection. Contractors or homeowners, we have you covered for renos, move-out or to declutter as either a short or long-term rental. Ask about our one-week rental special. Call Stu at 403-540-2255.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CYPRESS ELECTRIC LTD: Are you looking to have some electrical work done? Local Master Electrician. WCB insured. Specializing in home renovations, basement developments, electrical panel replacements, electrical vehicle chargers, aluminum to copper conversion, bathfan and hoodfan replacements, pot lights, ceiling fans, new circuits, and receptacles. Call Grayson at 403-466-8733 or email cypresselectricltd@gmail.com.

PEDICURES BY SANDRA: I am now accepting new clients for my home-based studio in Sundance. With over 25 years' experience as an esthetician/foot care specialist, I am comfortable with all foot issues, and have probably seen it all! Now providing waxing and lash/brow tint services. Please call/text 403-818-4604 for an appointment.

HERITAGE WEST PLUMBING AND HEATING: Furnace, boilers, and tankless repairs, servicing and replacements. 5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

LOCAL HANDYMAN: Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

WHEN WAS THE LAST TIME YOU CHECKED YOUR ATTIC!? Integral Insulation provides residential and commercial loose fill insulation and attic rain repair and prevention. We have insulated hundreds of homes in Calgary; trust the experts with experience and knowledge. Call today for a free quote: Brian 403-669-1102 or Nate 403-978-5553.

continued on next page

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EXPERIENCE A POSITIVE PATH FOR SPIRITUAL LIVING.

UNITY OF CALGARY: Welcoming community, live band, meditation, inspirational speakers. Sundays, 10:30 am-noon. Empowering classes: Tuesdays, 7:00-9:00 pm. Email outreach@unityofcalgary.org or call 403-860-7311. Inspirational Movie on March 30, 1:00 pm: "A Street Cat Named Bob". All are welcome! Willow Ridge Community (680 Acadia Dr SE). www.unityofcalgary.org.

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CONTRACTING! With 20 years' expertise, we specialize in decks, fences, pergolas, gazebos, and concrete. Owner oversight ensures personalized service from quotes to completion. Elevate your outdoor living with top-notch craftsmanship. From decks to gazebos, trust our experience for exceptional results. Contact us today at Koru4u@gmail.com or 403-804-1505. Korudecksandfences.ca.

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We take all the stress out of your basement, bathroom, kitchen, handyman services, drywall and framing needs around your home. Free consultations and estimates. Please contact Robertson Watt Construction Services for friendly, clean and on time service. Call 403-200-6192 or email info@robertsonwatt.ca. Thank you.

LANDSCAPING LAKE BONAIVISTA:

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SMITH PROPERTY RENOVATIONS: Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: Sp-renos.ca, phone: 587-333-5568, email: craig@sp-renos.ca.

PAINTING, POWER WASHING & CARPET CLEANING:

With over 20 years of experience, we provide quality work that will upgrade your space with a fresh, clean look at an affordable price. Our team takes pride in treating your space like it's our own. Contact Matt at 403-461-1886 or prostarcalgary@gmail.com for a free estimate.

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Complete interior and exterior general contracting services. Kitchens, baths, basements, media rooms, home offices, decking, fences, garages. Free estimates, references, warranty. J.D. Meyer Construction Ltd. Cell: 403-831-4645. Website: www.JDMeyerConstruction.ca.





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2025 Real Estate Information Session

Join us for an exclusive **Real Estate Information Session** at **Trico Centre** on **Wednesday, March 26th, from 7:00 to 8:00 PM.**

- ✓ **Market Insights:** What to expect in our market in 2025.
- ✓ **Buying & Selling Strategies:** Tips to maximize your home value.
- ✓ **Q&A with Jamie & His Team:** Get your questions answered.

 **Location:** Trico Centre (11150 Bonaventure Drive SE)
 **Time:** 7:00 - 8:00 PM

Spots are limited. **RSVP today** to secure your spot.

 To reserve your seat, email us at info@jamienewton.ca or via phone at (403) 837-9300.



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