THE OFFICIAL MLCA AND MLRA COMMUNITY NEWSLETTER





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Call to find out more about our **Innovative Consumer Programs** 

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Call us to help you navigate through the changing real estate world

Call or Text 403-606-8888 **Email len@lentwong.com** 

\*Guarantee is being offered by Greater Property Group. Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
November	22	7	14	\$436,900	\$436,375
October	22	15	9	\$569,000	\$569,000
September	22	17	10	\$562,450	\$551,000
August	22	11	14	\$502,000	\$499,250
July	22	18	19	\$649,900	\$642,500
June	22	28	25	\$475,000	\$500,000
May	22	25	18	\$477,450	\$497,864
April	22	28	29	\$499,900	\$545,000
March	22	32	32	\$497,500	\$530,000
February	22	26	23	\$449,900	\$525,000
January	22	13	12	\$524,900	\$563,000
December	21	12	15	\$550,000	\$545,500
<b>-</b> .					

To view more detailed information that comprise the above MLS averages please visit mckl.mycalgary.com

# McKenzie Lake Community Association

★16198 McKenzie Lake Way SE Calgary, AB T2Z 1L7

403-257-1823

www.mckenzielakecommunity.com

**■** Follow us @McKenzieLakeCA

#### **BOARD OF DIRECTORS**

President	Grant Burchell
Vice President	Doug Crone
Secretary	Vacant
Treasurer	Anna Collister
Infrastructure Director	Dustin Collister
55+ Rep	Lois Cullwick 403-313-9798
At Large	Geoff Rainey
At Large	Brandy Bugg-Boruck
At Large	Nancy Gilmore Thompson

#### **COMMUNITY CONTACTS**

Preschool	mlcapre@telus.net
Calgary Police Liaison	Cst. Craig Kam
Officer	CKam@calgarypolice.ca
Pathways Snow	Glenda Shufelt
Removal	mckenziepathways@gmail.com

#### **Rental Information for the Community Centre:**

Gym (200 capacity)

Duquette Room (Board room, comfortably seats 12) Call 403-257-1823 for prices and availability

#### **McKenzie Lake Preschool**

Register online at mckenzielakecommunity.com

All Classes have a \$50 non-refundable registration fee that you pay online by credit when registering.

For children, ages three and four, this is a time of wonder, questions and curiosity as well as cognitive, social, emotional, physical learning and development. McKenzie Lake Preschool creates a safe, fun, caring and positive environment that enables the child to have a positive early educational experience.

#### 3-Year-Old Program

\$160 per month lowered to \$85 due to Affordability Grant. Times: 9:00 to 11:00 am on Tuesday/Thursday

#### 4-Year-Old Program

\$185 per month lowered to \$110 due to Affordability Grant. Times: 9:00 to 11:00 am on Monday/Wednesday/Friday

#### Or

12:30 to 2:30 pm on Monday/Wednesday/Friday Households earning under \$180,000 per year can apply

to the Government for Child Care Subsidy.



### BEFORE AND AFTER SCHOOL CARE

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MCKENZIE LAKE COMMUNITY CENTRE
403-257-1823 OR MLCAFAC@TELUS.NET
WWW.MCKENZIELAKECOMMUNITY.COM

Happy New Year McKenzie Lake Residents!

May the spirit of the new year fill your heart with new hope, serenity, and joy! We hope everyone was able to spend time with friends and family and celebrate during the Christmas season!

Thank you to everyone who donated to the Food Bank! Your generosity is truly appreciated by the community and the recipients.

In the month of January, the McKenzie Lake Community offers its programs of Preschool, BAS, and Summer Camps to the families who are already in our programs first. They normally open to the general public on February 1. BAS and Summer Camps fill up quickly so mark the date on your calendar.

The Board is planning a Family Sports Night for January 21. At the time of writing, details are still to be finalized. Information will be on our website at www. mckenzielakecommunity.com.

Pickleball resumes on January 9 from 9:30 am to 12:30 pm. There is a \$5 drop-in fee. All equipment is provided, just bring your clean indoor shoes. McKenzie Tots resumes on Thursday January 12. There is a \$5 drop-in fee per family. Bring your child/ren for some fun free play while you socialize with other caregivers/parents over coffee!

In closing, we would like to remind everyone that most of our events are only possible if we have volunteers. Please consider giving some of your time when we reach out for volunteers!

Laureen Husband

**Facility Administrator** 

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

#### YOUR CITY OF CALGARY

#### Now is a Great Time to Sign Up for The City's Monthly Property **Tax Payment Plan TIPP**

from the City of Calgary

The City's Tax Instalment Payment Plan (TIPP) is the most popular payment method. You pay the same amount as your annual property tax levy, but instead of one large lump sum payment in June, you pay smaller monthly instalments. This makes budgeting easier, and you reduce the risk of late payment penalties.

Joining TIPP in January ensures your monthly payments are spread throughout the year. Signing up for TIPP is easy. There is no charge to join, and you don't need to re-apply each year.

To request your TIPP agreement, go to calgary.ca/TIPP or call 311.

If you're already on TIPP, you can visit calgary.ca/TIPP to learn how your monthly TIPP instalments are calculated and adjusted.



#### **Old Fashioned Fish Pie**

by Jennifer Puri



Simple and traditional, Fish pie is a comfort food that originated in Scotland and is an integral part of the culinary heritage of the British Isles.

Sweet, soft, salty, and smooth, comfort foods are associated with a feeling of emotional well-being.

Mashed or fried potatoes were the original comfort food, along with Chicken soup, meatloaf, perogies, and Mac and Cheese.

Comfort foods are a trend that is constantly evolving and is reflected in our modern-day versions such as chips, ice cream, cookies, pizza, pasta, and burgers.

A classic cold weather dish, Old Fashioned Fish Pie uses white fish fillets, prawns, leeks, and spoonfuls of fresh herbs. It pairs well with soups, salads, cooked peas, or carrots.

The mashed potatoes used in this recipe can be substituted with sliced potatoes, puff, or crust pastry.

Prep Time: 40 minutes

Cook Time: 1 hour 45 minutes

Servings: 4 to 6

#### Ingredients:

- 1 1/2 lbs skinless white fish fillets
- 12 raw tiger prawns
- 2 ½ lbs of peeled potatoes
- 3 ½ cups milk

- 2 cups leeks finely chopped
- 2 Bay leaves
- 10 peppercorns
- 10 tbsps. of butter
- ½ cup all purpose flour
- 5 tbsps. of chopped fresh parsley
- 4 tbsps. of chopped fresh dill
- Salt and black pepper to taste

#### **Directions:**

Place the milk, bay leaves, peppercorns, and leeks in a saucepan and bring to boil. Simmer on low heat for 10 minutes and then strain the mixture and set aside.

Arrange the fish fillets in a large pan and pour the strained mixture over them and simmer on stove for 5 to 7 minutes. Remove fish fillets from pan, flake the fish, and then place in a medium size baking dish. Arrange shelled prawns on top of the fish and set aside.

Melt half the butter in a saucepan over medium heat, stir in the flour, and gradually add the flavoured milk. Simmer until sauce thickens (about 10 minutes). Remove saucepan from stove and stir in the parsley, salt, and pepper to taste. Pour the sauce over the fish and prawns.

Boil peeled potatoes in salted water until soft then drain and mash. Add the remaining butter, chopped dill, and salt to taste. Spoon the mashed potatoes onto the fish and prawns spreading it evenly. Bake in a pre-heated oven at 350 degrees Fahrenheit for about 45 minutes or until the potatoes are crusty and golden brown. Serve immediately.

#### Bon Appétit!



#### Winter Drograms **ASHTANGA YOGA** WEDNESDAYS, JAN. 18 TO FEB. 22 | 7:15PM TO 8:30PM BARRE THURSDAYS, JAN. 19 TO FEB. 23 | 5:15PM TO 6:00PM HIP HOP DANCE TUESDAYS, JAN, 17 TO FEB, 21 AGES 4-6 | 5:15PM TO 6:00PM AGES 7-10 | 6:10PM TO 6:55PM PILATES (18+) WEDNESDAYS, JAN. 18 TO MAR. 22 | 9:00AM TO 10:00AM SPORTBALL MULTI-SPORT WEDNESDAY, JAN. 18 TO FEB. 22 AGES 1.5-3 PARENTED | 5:15PM TO 5:55PM AGES 3-5 UNPARENTED | 6:00PM TO 6:55PM TAI CHI TUESDAYS, JAN. 17 TO FEB. 21 | 1:30PM TO 2:30PM YOGA FOR BEGINNERS MONDAYS, JAN. 16 TO FEB. 27 | 7:15PM TO 8:15PM YOUNG REMBRANTS DRAWING LESSONS MONDAYS, JAN, 16 TO FEB, 27 AGES 4-5 | 4:00PM TO 4:45PM AGES 6-12 | 5:00PM TO 6:00PM ZUMBA TUESDAYS, JAN. 17 TO FEB. 21 | 7:15PM TO 8:15PM REGISTERATION NOW OPEN WWW.MLRA.CA

### MLRA NEWS FROM THE LAKE

#### **Facility Status**

Please visit our website at www.mlra.ca for all information regarding the park status. Changes can come into effect at any time so please visit the website prior to coming to the facility.

#### Grants from the Alberta Government

On behalf of the members of the McKenzie Lake Residents Association, the Board of Directors extends a big thank you to the Alberta Government for their generous donations through the Alberta Lottery Fund to help fund renovations completed to the interior and exterior of the buildings over the last couple years. Thank you, Alberta!

The most recent grant we received was to help fund a large project that will completely change the park. The concrete pad and surrounding area have been upgraded substantially and now include a basketball/bounce court, a deck with a trellis feature and fire pit, new seating areas, upgraded paving stone pathways, artistic letters for play, new trees and shrubs, and an ice trail that will be a skating loop in the winter. We hope you enjoy!

#### **Annual Membership Fees Were Due April 1**

Lake Fees were due April 1, and your payment ensures access to the park and lake from April 1, 2022 to March 31, 2023.

Members with outstanding fees will not be permitted access to the facility. Please pay your fees so you and your family will not be denied access.

This year, rather than mail out invoices to all properties, we sent an email notification to members that provided us with their email address. This email provides details on how you can access your invoice, and instructions/options to pay. Please check your spam filters and junk folders, just in case the email didn't come through to your inbox. We only mailed invoices to properties who did not have an email in our system. If you haven't already done so, please provide us with your email address.

Important: Membership fees are mandatory, not optional. Membership fee charges are secured by an encumbrance which is registered on the title to your property. If you are not sure whether you must pay the fee, please review the most updated version of your certificate of title and determine if there is an encumbrance registered by McKenzie Lake Residents Association. If there is an encumbrance on title, then it is mandatory for you to pay the fee. You can also contact our office for confirmation.

#### **Methods of Payment Include:**

- Online payment via credit card
- Debit and Cash During office hours (Please confirm hours on our website)
- Cheque Mailed or inserted in the building mailbox
- Sorry, we do not accept credit cards in person or e-transfers

#### **Members Registry**

We continue to use Ivrnet Central, which is a web-based program that you can access from any phone, computer, or tablet as long as you have an internet connection. Once you have access to the system, the following functions are available:

- Online payments
- · View past payment receipts and outstanding invoices
- Update profiles of those in your family and entourage
- Receive important information via email campaigns and notifications
- · Program listing, marketing, and registration

In order to take advantage of the systems functionality, we need to update your account with your email address. If you haven't already done so, please provide us with your email address to office@mlra.ca.

#### **MLRA Boundaries**

We understand there are homes in McKenzie Lake that receive this news publication but are not entitled to MLRA membership. These areas include – Mt Allan, Mt Douglas, Mt Apex, Mt Aberdeen, and some homes on Mt McKenzie Drive. We do apologize but these areas are not entitled to MLRA membership. The Association boundary lines are determined by the registered Articles of Association, which is a document that specifies the regulations for a company's operation. The MLRA Board cannot arbitrarily alter the boundary line.

#### **Programs**

We offer affordable youth and adult programs all year round and we have a winter lineup coming up! Visit our website at www.mlra.ca for a full list of programs and you will be directed to lyrnet Central for registration. You can also contact office@mlra.ca with any questions or concerns. Programs fill up quickly so register today!

#### **Beach Club Rentals**

The Beach Club is open and available to our members for rent. Contact the office today for additional information at office@mlra.ca. Bookings must be made with the main office.

#### **Volunteer Committee**

We are currently recruiting members to fill positions on our volunteer committee. Volunteers will primarily be responsible to help with special events. Our goal is to offer more fun activities and special events throughout the year, and we need volunteers to make it happen! The Committee will be responsible for all fundraising and organizing of the events. If you would like to see more events and activities offered and are willing to donate your time, then please contact us today at office@mlra.ca.

#### **Up to Date Information**

For the most up to date information regarding MLRA related issues, please visit our website at www.mlra.ca.

We appreciate our member's cooperation and patience to date.

#### **SCAN HERE**

To View Additional McKenzie Lake Content





We have ancient China to thank for tea, the most consumed beverage in the world aside from water. According to myth, tea was discovered when a dead leaf from a wild tea bush fell into an emperor's cup of boiled water. Thousands of years later, we still love tea, so much so that January 12 is National Hot Tea Day. In honour of this day, why not brew yourself a nice hot cup of tea!



#### **Board of Directors**

Mike Delaney Charlene Koch Jamie Newman Natalia Chernencoff Scott Lane Grant Vale D'Arcy Duquette Lesley-ann Dickenson Rob Courchesne

President Vice President Treasurer Secretary **GM** Liaison

#### **Management and other contacts**

**Brad Buxton** 

Léo Lejeune

General Manager

Mike Horder

manager@mlra.ca Operations Manager operations@mlra.ca Office Administrator

Sandi Raganowski

office@mlra.ca

The McKenzie Lake Residents Association is a non-profit organization geared towards providing a wide array of recreational services, programs and facilities for our members and their guests. We serve 3,200 residents and over 11,000 members and their families. In addition to the lake, members have access to tennis courts, basketball courts, a beach volleyball area, a toboggan hill and other recreational activities.

McKenzie Lake is a 43 acre lake combined with an 18 acre park for a total of 61 acres. The Association provides its members with access to equipment such as rowboats, canoes, kayaks, and pedal boats, to ensure a safe and fun environment, we provide life jackets for boating purposes, The lake is stocked with rainbow trout in May, June and September of each year. In the winter time the Association provides a variety of skating surfaces including illuminated hockey rinks, an ice skating pad with a fire pit, and a 2.5 kilometre skating path around the lake. Skating areas are machine groomed with our own zamboni.

The Beach Club facility also has a function hall available to rent exclusively for the members.

The activities of the Association are determined and governed by an elected board of Directors comprising at least three (3) and no more than fifteen (15) members, that is, residents of the McKenzie Lake Residents Association, the Board of Directors have hired a General Manager who has been assigned responsibility for managing the day-to-day operations of the Association including the operations at the lake complex.

Board of Directors, McKenzie Lake Residents Association

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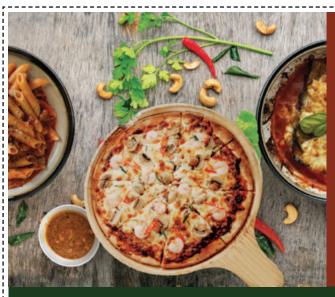






For a limited time, join the YMCA and save up to \$75!

Offer valid when you purchase a membership before January 31, 2023.





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### **BUSINESS CLASSIFIEDS**

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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IS THERE MORE TO LIFE THAN THIS? ALPHA: Ask anything about life, faith, and God, Thursdays, 6:30 to 8:30 pm starting February 2, 2023 at the Deerfoot Campus of First Alliance Church (12345 40 St SE). To learn more and register (free) call 403-252-7572 or visit faccalgary.com.

**HURTING?** We're here for you. Grief Support: Thursdays starting January 12; Divorce Care: Wednesdays starting January 18; Celebrate Recovery: Tuesdays year-round; Marriage 911: Sundays starting January 22; Living Within Your Means (financial) and Renewing Hope (mental health) starting March 6. For locations, times, and to register, call 403-252-7572 or visit faccalgary.com.

HANDYMAN - 403-257-5999: Large and small repairs and renovations. Develop your basement, re-do your bathroom, or finish your garage. Also booking decks and fences. Call Darcy.

HAIR CARE BY SYBIL: Home-based salon in McKenzie Lake. I've been a Professional Stylist for 30+ years and a business owner for over 20 years, offering a guiet setting with friendly one-on-one service. I have a variety of services available such as foils, haircuts, blow drys, and treatments. Call or Text Sybil at 403-973-0487.

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with live entertainment, fireworks, and a ball drop at midnight. But did you know that the first New Year's celebration held in this square had a slightly different purpose? In 1904, Adolph Ochs organized the event to celebrate the new headquarters of his publishing company, The New York Times!

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#### Olympic Medals for Artists The founder of the modern Olympic Games, Baron Pierre de Coubertin, believed that a true Olympian was not only athletic, but also artistic. As a result, for the first four decades of these international games, artists were awarded medals for painting, sculpture, architecture, literature, and music, so long as their work was inspired by athletic endeavours.

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**OPEN EVENINGS & SATURDAYS** 

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www.McKenzieOrthodontics.com #110, 142 McKenzieTowne Link SE Calgary, AB T2Z 1H1

Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) - Orthodontist

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