

JUNE 2023

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THE GAZETTE

THE OFFICIAL MLCA AND MLRA COMMUNITY NEWSLETTER



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McKenzie Lake Community Association



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✉ mlcafilities@telus.net

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At Large	Karen Gilmore Thomson

COMMUNITY CONTACTS

Preschool	mlcapre@telus.net
Calgary Police Liaison Officer	Cst. Craig Kam CKam@calgarypolice.ca
Pathways Snow Removal	Glenda Shufelt mckenziepathways@gmail.com

Rental Information for the Community Centre:

Gym (200 capacity)
Duquette Room (Board room, comfortably seats 12)
Call 403-257-1823 for prices and availability

McKenzie Lake Preschool

Register online at mckenzielakecommunity.com

All Classes have a \$50 non-refundable registration fee that you pay online by credit when registering.

For children, ages three and four, this is a time of wonder, questions and curiosity as well as cognitive, social, emotional, physical learning and development. McKenzie Lake Preschool creates a safe, fun, caring and positive environment that enables the child to have a positive early educational experience.

3-Year-Old Program

\$160 per month lowered to \$85 due to Affordability Grant.
Times: 9:00 to 11:00 am
on Tuesday/Thursday

4-Year-Old Program

\$185 per month lowered to \$110 due to Affordability Grant.
Times: 9:00 to 11:00 am
on Monday/Wednesday/Friday

Or

12:30 to 2:30 pm on Monday/Wednesday/Friday

Households earning under \$180,000 per year can apply to the Government for Child Care Subsidy.



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LETTER FROM THE OFFICE

Hello McKenzie Lake Residents!

Yay! This month summer is here, officially! *"What is one to say about June, the time of perfect young summer, the fulfillment of the promise of the earlier months, and with as yet no sign to remind one that its fresh young beauty will ever fade."* – Gertrude Jekyll

Calgary Neighbour Day! Calgary Neighbour Day began in June of 2014 to celebrate the incredible outpouring of support and generosity neighbours demonstrated following the flood of 2013. Strong neighbourhoods are important to the health and well-being of the whole city. Knowing your neighbours and broader community can forge a caring, connected neighbourhood. Don't forget that June 15 is Calgary Neighbour Day.

New Program. We are delighted to offer Kindergarten BAS for children who attend the morning class at McKenzie Lake School and St. John Henry Newman. As of May 1, there is a waitlist for McKenzie Lake and openings for St John Henry Newman.

Summer camps and our BAS program commencing September are full.

Preschool. There are so many benefits to attending a preschool. To name just a few: Social interaction, inspiring a love of learning through play and discovery, and easier transition to formal learning. You can register online at www.mckenzielakecommunity.com.

The last day for McKenzie Tots is June 29. The last day for Pickleball is June 28.

A reminder that community memberships expire on July 31. On August 1 you can purchase a new one for \$25 plus GST – you will receive discounts on certain programs and rentals, and you will be supporting the McKenzie Lake Community Association!

And to June's honoree: Happy Father's Day to all the fathers out there!

Laureen Husband

Facility Administrator

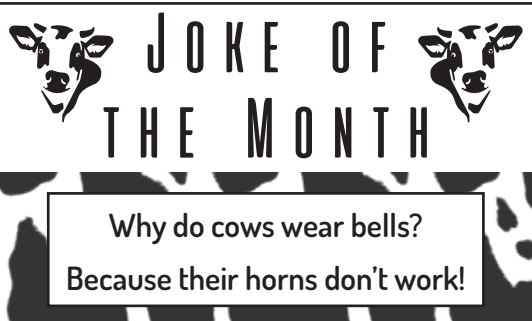


BRAIN GAMES

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9	2	6			7		8	
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FOR THE SOLUTION



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		Listed	Sold	Listed	Sold
April	23	21	17	\$599,900	\$650,000
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February	23	14	11	\$599,900	\$608,000
January	23	9	9	\$559,900	\$585,000
December	22	6	8	\$498,950	\$481,000
November	22	5	14	\$436,900	\$436,375
October	22	12	9	\$569,000	\$569,000
September	22	17	10	\$562,450	\$551,000
August	22	11	14	\$502,000	\$499,250
July	22	18	19	\$649,900	\$642,500
June	22	28	25	\$475,000	\$500,000
May	22	25	18	\$477,450	\$497,864

To view more detailed information that comprise the above
MLS averages please visit mckl.mycalgary.com

Facility Status

Please visit our website at www.mlra.ca for all information regarding the park status. Changes can come into effect at any time so please visit the website prior to coming to the facility.

Grants from the Alberta Government

On behalf of the members of the McKenzie Lake Residents Association, the Board of Directors extends a big thank you to the Alberta Government for their generous donations through the Alberta Lottery Fund to help fund renovations completed to the interior and exterior of the buildings over the last couple years. Thank you, Alberta!

The most recent grant we received was to help fund a large project that will completely change the park. The concrete pad and surrounding area have been upgraded substantially and now include a basketball/bounce court, a deck with a trellis feature and fire pit, new seating areas, upgraded paving stone pathways, artistic letters for play, new trees and shrubs, and an ice trail that will be a skating loop in the winter. We hope you enjoy!

Annual Membership Fees

Fees for the 2023/24 season were invoiced this past March and were due May 1. Normally fees are due April 1, but we extended the date to May 1 this year due to notices going out later than usual. If you haven't already done so, please pay your fees as soon as possible. We are now denying access to members with outstanding fees. You can access your invoice via PerfectMind, which is a web-based system we are currently using for our member database. You should have already received a few emails from us with instructions on how to access your account. If you are having troubles accessing your account, please email the office at office@mlra.ca.

Important: Membership fees are mandatory, not optional. Membership fee charges are secured by an encumbrance which is registered on the title to your property. If you are not sure whether you must pay the fee, please review the most updated version of your certificate of title and determine if there is an encumbrance registered by McKenzie Lake Residents Association. If there is an encumbrance on the title,

then it is mandatory for you to pay the fee. You can also contact our office for confirmation.

Methods of Payment Include:

- Online payment via credit card
- Debit and cash – During office hours
- Cheque – Mailed or inserted in the building mailbox
- Sorry, we do not accept credit cards in person, or e-transfers

MLRA Boundaries

We understand there are homes in McKenzie Lake that receive this news publication but are not entitled to MLRA membership. These areas include – Mt Allan, Mt Douglas, Mt Apex, Mt Aberdeen, and some homes on Mt McKenzie Drive. We do apologize but these areas are not entitled to MLRA membership. The Association boundary lines are determined by the registered Articles of Association, which is a document that specifies the regulations for a company's operation. The MLRA Board cannot arbitrarily alter the boundary line.

Programs

We offer affordable youth and adult programs all year round and we have a summer lineup coming up! Visit our website at www.mlra.ca for a full list of programs. You can also contact programs@mlra.ca with any questions or concerns. Programs fill up quickly so register today!

Beach Club Rentals

The Beach Club is open and available to our members for rent. Contact the office today for additional information at office@mlra.ca. Bookings must be made with the main office.

Volunteer Committee

We are currently recruiting members to fill positions on our volunteer committee. Volunteers will primarily be responsible to help with special events. Our goal is to offer more fun activities and special events throughout the year, and we need volunteers to make it happen! The Committee will be responsible for all fundraising and organizing of the events. If you would like to see more events and activities offered and are willing to donate your time, then please contact us today at office@mlra.ca.

Up to Date Information

For the most up to date information regarding MLRA related issues, please visit our website at www.mlra.ca.

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Management and other contacts

Brad Buxton	General Manager
	manager@mlra.ca
Mike Horder	Operations Manager
	operations@mlra.ca
Sandi Raganowski	Office Administrator
	office@mlra.ca

The McKenzie Lake Residents Association is a non-profit organization geared towards providing a wide array of recreational services, programs and facilities for our members and their guests. We serve 3,200 residents and over 11,000 members and their families. In addition to the lake, members have access to tennis courts, basketball courts, a beach volleyball area, a toboggan hill and other recreational activities.

McKenzie Lake is a 43 acre lake combined with an 18 acre park for a total of 61 acres. The Association provides its members with access to equipment such as rowboats, canoes, kayaks, and pedal boats. to ensure a safe and fun environment, we provide life jackets for boating purposes. The lake is stocked with rainbow trout in May, June and September of each year. In the winter time the Association provides a variety of skating surfaces including illuminated hockey rinks, an ice skating pad with a fire pit, and a 2.5 kilometre skating path around the lake. Skating areas are machine groomed with our own zamboni.

The Beach Club facility also has a function hall available to rent exclusively for the members.

The activities of the Association are determined and governed by an elected board of Directors comprising at least three (3) and no more than fifteen (15) members, that is, residents of the McKenzie Lake Residents Association. the Board of Directors have hired a General Manager who has been assigned responsibility for managing the day-to-day operations of the Association including the operations at the lake complex.

Board of Directors, McKenzie Lake Residents Association

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Today!

JULY &
AUGUST

MLRA SUMMER PROGRAMS/EVENTS



Camps and Activity Guide

www.mlra.ca



Lemon Chicken Salad

by Jennifer Puri

Nothing says fresh like lemons.

Believed to have originated about eight million years ago, lemons are a hybrid between a bitter orange and a citron. The lemon's ancestors are the mandarin orange, pomelo, and citron, but the lemon is the most used of the citrus fruits.

Lemons start small and green but turn yellow as they grow and ripen. A lemon tree, properly cared for, can live up to a hundred years and can produce six hundred pounds of lemons per year. Lemons play an important economic and cultural role in our world. They are used to make medicines, beauty products, candles, cleansers, preservatives, and even invisible ink.

Regarded as one of the world's healthiest foods, lemons are rich in Vitamin C and fiber and are an important ingredient in the preparation of food such as tarts, meringues, liqueurs, the flavouring and seasoning of poultry, fish, and of course lemonade.

The acidity of lemons is perfect for salad dressings as shown in this lemon chicken salad recipe.

Prep Time: 25 minutes

Cook Time: 35 minutes

Marinade Time: 6 to 24 hours

Servings: 3 to 4

Ingredients:

- 3 boneless, skinless chicken breasts
- 1/3 cup fresh lemon juice
- 2 garlic cloves, finely chopped
- 1 tbsp. Dijon mustard
- 1 tsp. Worcestershire sauce
- ¾ tsp. salt
- ½ tsp. coarse black pepper
- ¾ cup extra virgin olive oil
- 2 tbsp. honey
- 1 large head of organic romaine lettuce
- ½ pint of cherry tomatoes
- 1 cup seedless black olives
- 2 cups seasoned croutons
- 1 cup grated parmesan cheese

Directions:

- Prepare lemon dressing by combining lemon juice, garlic, Dijon mustard, Worcestershire sauce, salt, pepper, honey, and olive oil in a small bowl. Stir well or pour dressing into a small blender and blend for about one minute. Transfer dressing into a Mason jar for easy storage.
- Place chicken breasts on a cutting board and pat dry with a paper towel. Use a mallet to flatten any parts of the breasts that are more than ¾ inch thick. Transfer chicken breasts to a bowl and add 3 to 4 tablespoons of lemon dressing. Cover and refrigerate for a minimum of six hours or a maximum of 24 hours. Refrigerate remaining lemon dressing.
- Pre-heat oven to 400 degrees Fahrenheit.
- Remove chicken from marinade and place in a large non-stick frying pan. Allow the breasts to brown or caramelize, approximately two minutes on each side.
- Place browned chicken breasts on a baking sheet lined with foil. Bake uncovered until cooked, about 25 minutes or until a meat thermometer placed in the thickest part of the breast reads 165 to 170 degrees Fahrenheit. Remove from oven, cover, and let sit for about 10 minutes.
- In a large bowl, prepare salad by tearing romaine lettuce into bite size pieces. Add cherry tomatoes, olives, croutons, and lemon dressing to taste. Portion salad on four plates and add sliced chicken breasts topped with a little lemon dressing to each one. Sprinkle with parmesan cheese, garnish with lemon slices, and serve.

Bon Appétit!



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