

MARCH 2023

YOUR OFFICIAL COMMUNITY NEWSLETTER

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IN CALGARY



Scan to find out how Rudra Dahal (MHSM '22) (pictured) pivoted to health care management and how to apply.  
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## NEW BRIGHTON COMMUNITY ASSOCIATION

[www.ournewbrighton.ca](http://www.ournewbrighton.ca)

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### NBCA Team

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Vice President	Matthew Leigh
Treasurer	Melike Tasdelen
Development Permits	Sean Sherman
Media Representative	Cristie P.
Certified Coach	John Lee
Student Correspondent	Nicholas Nistor

## You Can Do More for Our Community

We, as a Board of Directors, are only as strong as all the individual strengths of our members put together. Join the New Brighton Community Association and you will get to know more about what's happening in the community.

You can be part of interesting projects that will brighten the life of our community. You can connect with people and public offices by representing the community, by being more than just an individual. This is a place where you can make a difference for more than just your family – you can “grow” a project and see neighbours benefiting from it.

You can check out some of our past projects and you can read more details about the Board on our website at [ournewbrighton.ca](http://ournewbrighton.ca). Thanks for reading and don't be shy, give us a try.

### SCAN HERE TO VIEW ADDITIONAL NEW BRIGHTON CONTENT

#### News, Events, & More



#### Crime Statistics



#### Real Estate Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## A Perfect Game



In baseball, a 'perfect game' refers to a complete nine inning game that is pitched without the opposing team making it to base. In Major League Baseball's 147 years, only 23 perfect games have ever occurred! The most recent took place in 2012 when Félix Hernández pitched a perfect game for the Seattle Mariners against the Tampa Bay Rays.



## Tool Shed is Here to Stay and to Help



Spring is just around the corner, and the New Brighton Tool Shed has the tools you need. Worried about how you will clean your lawn and give it a good start in the spring? We hope that you will take full advantage of the tools available in the community Tool Shed inventory. Check the “Tool Shed” page on [ournewbrighton.ca](http://ournewbrighton.ca) and click on the inventory link to see the wide array of tools you can use free of charge. Imagine that your lawnmower breaks down and you want to take your time to find a good deal for your next purchase. The Tool Shed can give you peace of mind until you find the best deal - just borrow the lawnmower from the Tool Shed anytime you want to cut your grass. There are tools for all seasons and for a wide variety of projects, just have a look.

For the residents who are not familiar with the Tool Shed project in our community – the Tool Shed is an inventory of tools that you can borrow, free of charge, from the community center. If there is a particular tool that you need once a year and you don’t want to buy and store it, then the Tool Shed is the solution for you. For a few more expensive, premium tools, you need to purchase the New Brighton Community Association membership, this way we can raise more money towards new tools and repair/replacement of the broken ones.

### Joke of the Month

What's the difference between a hippo and a Zippo?

One is really heavy, and the other is a little lighter.

## Safety in our Community

The crime numbers in New Brighton look better than last year, but as someone said, they are not perfect until you have zero crimes. It is up to you and me to prevent everything that can be prevented.

Adopt the 9pm routine – take a tour around your property, check if you locked the cars on the drive, check all the doors and windows, and don’t make life easy for the bad guys.

The overnight lights in front of your house are essential in making thieves feel uneasy and getting them to move on. Now, with the LED low consumption light bulbs, it is not a big expense to have them on overnight. We’ve received a few emails from residents about their streets being pitch black at night and they associated that with frequent robberies in the area. You can put your outside lights on a timer and have peace of mind with the night schedule for the lights. It is a small investment that can have a big impact on overall safety, let’s make our nights brighter.

### CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

**9 PM**  
**ROUTINE**



CALGARY  
POLICE  
SERVICE

### Choosing a Meal Delivery Service

*from the Better Business Bureau*

Meal delivery services give consumers a more convenient way to make home-cooked dinners by delivering fresh, pre-measured ingredients and easy-to-follow recipes to your doorstep. But just like any other service, each company is different.

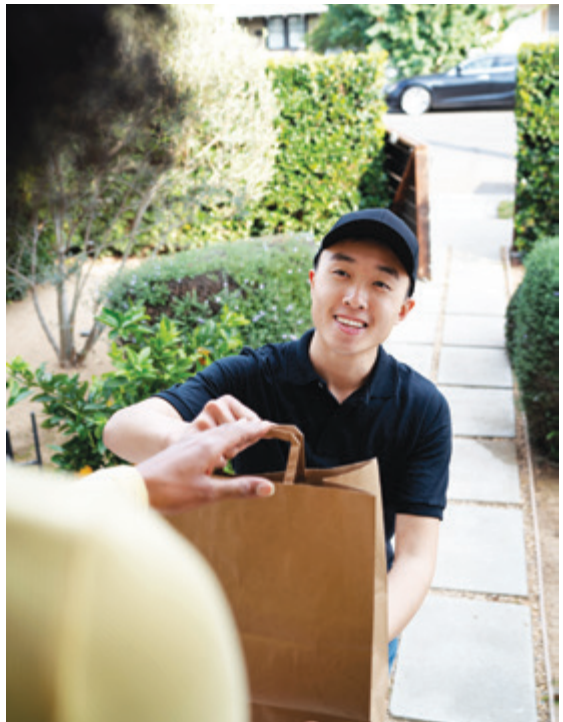
Pricing, ingredients, and preparation requirements vary greatly between services. You'll need to do some homework to pick the one that best meets your family's needs. If the appeal of a meal delivery subscription is learning new recipes and experimenting with ingredients, you might choose one company. But if your main interest is speed and simplicity, another may be a better fit.

#### **The following tips will help select an ideal meal delivery service for your household:**

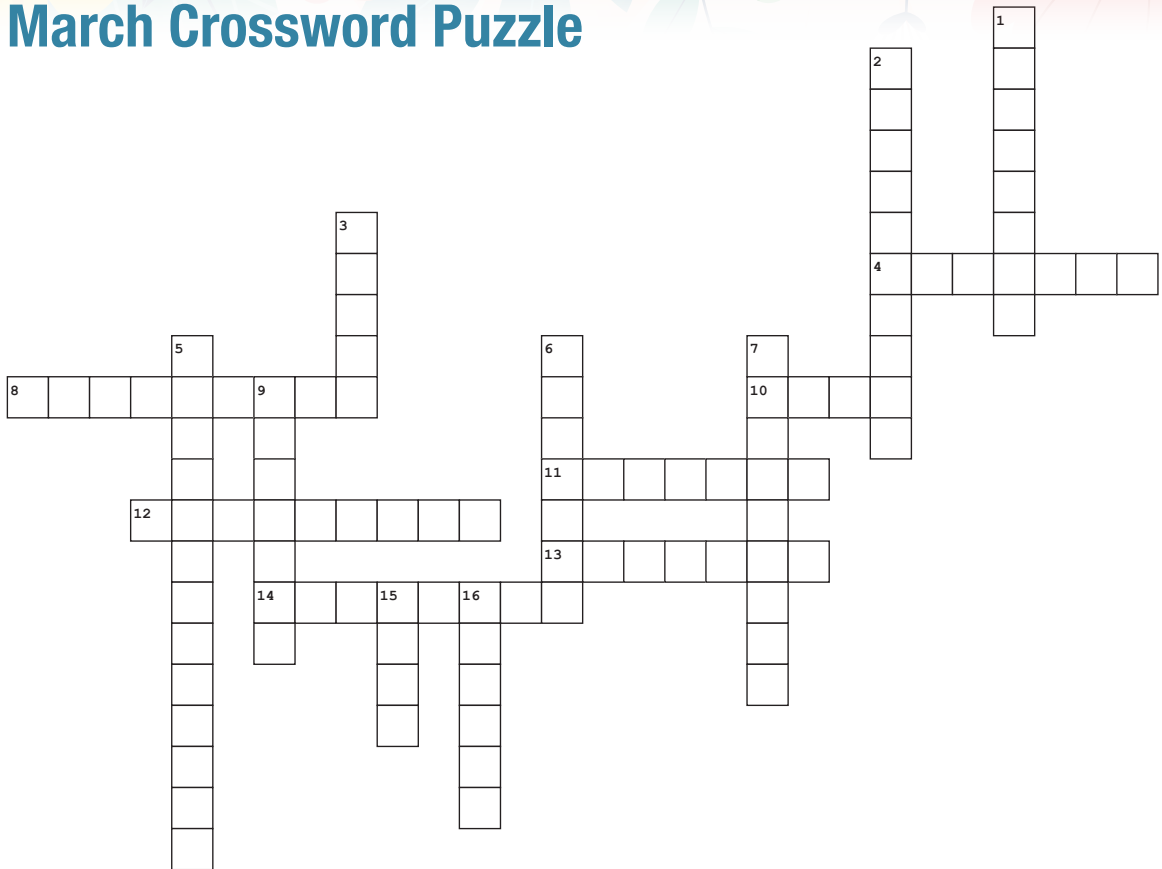
- Research the delivery service. Ask friends and family, read reviews, and check BBB.org to learn about past customers' experiences.
- Set a budget and check the fine print. Pricing can vary from one company to the next. Make certain the service aligns with your budget. In addition, not all meal delivery services include shipping fees in their pricing – read the fine print.
- Know your skill level. Before committing to a plan, research what kind of cooking techniques you'll need to know. If a company's recipes require searing, roasting, and braising, do you know how? If not, make sure you have the time to learn new techniques.
- Consider ingredient quality. Not all companies offer organic, non-GMO, or free-range meal ingredients. If these are must-haves for your family, make sure the company offers them.
- Determine how much prep work you want. Some companies do more chopping and sauce-making than others. This seemingly small difference can make a big difference in how long each meal takes to make.
- Consider the customer service. If there is ever a problem – a missing recipe card or ingredient, for

example – you want to know that you can count on customer service. Make sure there are clear, easy ways to contact the company, even late in the evening. Read the company's reviews and keep an eye out for any indication that customer service is lacking.

- Check the cancellation policy. Before making a decision to subscribe to meal delivery, understand the cancellation policy. Each company is different and some may have very strict policies.
- Be careful with personal information. Most food delivery services process payments online. Make sure the company is legitimate before offering up personal information such as financial information and address.
- Review BBB tips for shopping online. Since meal delivery services don't usually have brick and mortar storefronts, consider BBB's tips for smart shopping online.



# March Crossword Puzzle



## Down

1. March's birth flower
2. This best-selling French-Canadian singer was born on March 30, 1968
3. You get pinched if you don't wear this
5. Both a dessert and a celebration of mathematics that takes place on March 14
6. The saint most popularly associated with March 17
7. Popular chocolate and what you might find at the end of a rainbow
9. This children's author and cartoonist was born on March 2, 1904
15. Roman god of war who shares a name with this month
16. On March 25, 1990, Canada took home gold at the Women's World Hockey Championship in this city

## Across

4. This day signals the start of spring in the northern hemisphere
8. Born on March 27, this Calgary-born singer and songwriter is famous for her hit single "Insensitive"
10. On March 6, we celebrate this cookie's 111th birthday
11. According to ancient Greeks and Romans, this was believed to be a path from the gods
12. An important international holiday celebrating gender equality
13. Each March, this city's river is dyed green
14. Another word for a three-leaf-clover

**SCAN THE QR CODE FOR  
THE ANSWER KEY**



# Three Expert Tips on How to Determine Your Used Car Budget

by Alexander Fernandise

Whether you're buying a used car for the first time or you're a seasoned veteran, it's never easy to determine how much money to spend on one. You may think you can afford \$20,000 but get sticker-shocked when you see what's out there. Or maybe you'll start looking at vehicles that cost less than your monthly rent and wish there was something more within your budget range.

Here are some expert tips to help you make the best decision for your wallet and lifestyle.

### Calculate Your Monthly Expenses

Monthly expenses are costs you regularly pay, including housing, utilities, food, insurance, and transportation. If you have other recurring expenses like student loans or gym memberships, add those in. Next, calculate your monthly income by looking at your take-home pay after taxes (not including any bonuses) from all sources — salary or hourly wage, tips or commissions, investment gains/losses, etc.

Finally, calculate your net worth by subtracting any debt held against assets owned (bonds purchased with cash, for example). The result of these calculations will give you an idea of what kind of budget is realistic for buying a car based on current conditions.

### Clear Your Existing Debts

If you have any debts, you should clear them before getting a car from used car dealers in Calgary and area. While some people like to have a certain amount of debt on their credit cards and student loans, a car loan is different because the risk is higher. If you default on your payments or get into an accident, it can be much more expensive.

To start paying off your debt, take stock of what you owe and prioritize your payments according to interest rates. If one of your debts has an exceptionally high rate (like 15%), focus on paying that off first so that you don't pay more in interest than what was originally borrowed.

If your boss allows for flexible hours or working remotely at home, try signing up for side gigs or freelance work so that every extra dollar goes straight toward paying off those bills.



### Test-Drive Your Options

Start by test-driving a few options in your price range. You want to drive a variety of cars and brands, so don't just go for the first one you see. And if you can't find exactly what you want on the lot, ask the used car dealers in Calgary and area if they can get it for you.

Once you've narrowed down your options, take each car for a spin and pay attention. This is where things start getting personal. If a model doesn't feel right when it's zooming past 70 miles per hour, that's not the car for you. The same goes for automatic versus manual transmissions. Which car feels more comfortable is completely up to personal preference, but keep in mind that automatics are typically cheaper.

Now that you know how to determine your used car budget, you can feel confident that you'll be able to buy the right car. As soon as your budget is set, start researching cars and test-driving them until you find one that meets your criteria. This will take some time, but it's worth it when you find the perfect ride.





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## NEW BRIGHTON



### RESIDENTS ASSOCIATION

**2 New Brighton Drive SE**

**Calgary, Alberta T2Z 4B2**

**Phone:** 403-781-6613

**Fax:** 403-781-6611

**Office Hours:** 9:00 am to 9:00 pm

**Park Hours:** 9:00 am to 9:00 pm

#### CONTACT US AT:

##### General Manager

Carla Nikli • gm@nbra.ca

##### Facility and Amenities Leader

Andrew Brown • maintenance@nbra.ca

##### Customer Service Leader

Taylor Gill • rentals@nbra.ca

##### Recreation Leader

recreation@nbra.ca

##### Resident Activities Coordinator

Jennifer Strickland • activities@nbra.ca

## NEW BRIGHTON CLUBHOUSE

**2 New Brighton Drive SE, Calgary, AB, T2Z 4B2**

**Open 9:00 am to 9:00 pm Monday to Sunday**

**www.newbrighton-connect.com**

## FIND IT FAST!

#### NEW BRIGHTON RESIDENTS ASSOCIATION (RENTING/PROGRAMS)

C/O New Brighton Club

2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2

☎ 403-781-6613 📠 403-781-6611

[www.newbrighton-connect.com](http://www.newbrighton-connect.com)

## NBRA RENTALS



The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 1 or email [rentals@nbra.ca](mailto:rentals@nbra.ca).

### Room Rental Hourly Rate

#### Banquet Room (Capacity of 75)

1350 Sq Ft

Resident Rate: \$80 plus GST hourly

Non-Resident: \$90 plus GST hourly

#### Studio Room (Capacity of 20)

462 Sq Ft

Resident Rate: \$45 plus GST hourly

Non-Resident: \$55 plus GST hourly

### Rental Packages

#### Deluxe Birthday Package (Banquet Room)

Resident Rate: \$280 plus GST for 2 hours

Non-Resident Rate: \$300 plus GST for 2 hours

##### What is Included:

- Your choice of a face painter, bouncy castle, or air brush tattoos
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Set-up and tear down of the room

#### Essential Birthday Package (Studio Room)

Resident Rate: \$100 plus GST for 2 hours

Non-Resident Rate: \$130 plus GST for 2 hours

##### What is Included:

- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Set-up and tear down of the room

#### Dazzling Baby Shower Package

Resident Rate: \$200 plus GST for 2 hours

Non-Resident Rate: \$220 plus GST for 2 hours

##### What is Included:

- 2 hours in the Banquet Room
- Baby shower supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- 2 baby shower games
- Set-up and tear down of the room



## Like us on Facebook

### The New Brighton Club

To stay with the latest "happenings" at the New Brighton Residents Association, please sign up for our bi-weekly e-Newsletter on [www.newbrighton-connect.com](http://www.newbrighton-connect.com).

# NEW BRIGHTON CLUBHOUSE NEWS

## Sponsorship Opportunities

The new 2022 Sponsorship Catalogue is now available! Becoming a sponsor is a great way to get your business noticed throughout the community of New Brighton. There are a variety of sponsorship opportunities available to meet the needs of all businesses! If you are interested in becoming a valued sponsor, please contact the Recreation Leader by emailing [recreation@nbra.ca](mailto:recreation@nbra.ca) or calling 403-781-6613, ext. 3. The detailed catalogue can be found on [newbrighton-connect.com](http://newbrighton-connect.com).

## NBRA Special Events

### The Great Eggscape

**April 1 from 10:00 am to 12:00 pm and 12:30 to 3:00 pm**

Hop on down to the Clubhouse to enjoy a morning of crafts, games, Easter egg hunting, face painting, balloon twists, and a photo booth with the Easter Bunny! Find one of the three NBRA golden eggs throughout the event and you will receive a special treat from the Easter Bunny!

RSVP is required! RSVP can be done through [www.newbrighton-connect.com](http://www.newbrighton-connect.com), My Events, open the appropriate event, and click RSVP at the bottom of the page.

## Children and Adult Programs

### Stay Safe Course

**Ages 9 to 13 years**

Session 2: March 18 from 9:00 am to 2:00 pm

Residents: \$65 | Non-Residents: \$80

### Multisportball Parented

**Ages 1.5 to 3 years**

Session 1: April 2 to May 7 from 9:15 to 9:55 am

Residents: \$95 | Non-Residents: \$110

### Multisportball

**3 to 4 years**

Session 1: April 2 to May 7 from 10:00 to 10:55 am

Residents: \$95 | Non-Residents: \$110

### Little Veterinarian School - Aspiring Dog Vet Health Heroes

Session 1: April 6 to May 18

Ages 4 to 6 classes will be running from 5:30 to 6:30 pm

Ages 7 to 12 classes will be running from 6:45 to 7:45 pm

Residents: \$165 | Non-Residents: \$180

## Value Added Activities

### New Brighton Seniors Club

**March 2, 9, 16, 23, and 30 from 10:30 am to 12:00 pm**

The NBRA is excited to host the New Brighton Seniors Club! Offering a variety of different activities including crafts, games, great conversation, coffee, tea, and snacks! Spend your time enjoying new activities, meeting new friends, and exploring everything that New Brighton has to offer. \$2 drop-in.

### Family Movie Night

**March 24 at 7:00 pm**

Join the NBRA every month for an exciting evening of family fun with movies curated just for you! Indulge in freshly popped theater style popcorn, pop, and a hit movie, all for the low price of \$5 for the entire family!

The Clubhouse offers a cozy space for the kids to get comfortable and plenty of seating for parents to sit back and relax! Come in and enjoy the surround sound system that fills the room. Check out the website and Facebook pages to find each month's movie, the show will start sharply at 7:00 pm! Grab your comfy pillows and blankets to get ready for a great evening out with your family!

### Tot Time

**March 1, 8, 15, 22, and 29 from 1:00 to 2:30 pm**

Bring your little ones and join a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

### Tween's Night Out

**Ages 10 to 14 years**

**March 3 from 7:00 to 8:30 pm**

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together! The \$2 drop-in fee will include a snack and refreshments!

### Babysitting Night

**Ages 2 to 12 years | All children must be potty trained**

**March 18 from 5:30 to 8:30 pm**

Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time.

A light snack and drink will be offered during the evening. Please feel free to pack a nut-free snack/drink for your children should they need more. All children must be potty trained.

Resident Rate: \$15 | Non-Resident Rate: \$20

*continued on next page*

## Canvas Creations

**Ages 18+**

**March 10 from 7:00 to 9:00 pm**

Residents: \$35 | Non-Residents: \$45

## Newborn Support Group -

**For New and Expecting Parents**

**March 2, 9, 16, 23, and 30 from 1:30 to 2:30 pm**

This is a free drop-in.

## Also Available at the NBRA

### Popcorn Packs are \$12

Looking to kick up your movie night a notch? The NBRA offers Popcorn Packs for \$10 every month!

Each pack includes:

- 2 Medium Bags of Theatre Style Popcorn
- 2 Juice Boxes
- 2 Pop (your choice from assorted selection)
- 2 Chocolate Bars (your choice from assorted selection)
- 2 Candy Treats (your choice from assorted selection)

To place your order for the Popcorn Pack option, please call 403-781-6613, ext. 1 or email [csr@nbra.ca](mailto:csr@nbra.ca). All orders must be placed by 5:00 pm on March 16. Boxes will be available for pick up at the Clubhouse on Friday, March 17 from 5:30 to 8:30 pm.

### Tool Shed

No need to purchase and store tools that you may only need to use once a year; come and check them out from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools to meet your landscaping, snow removal, home improvement, DIY, and automotive needs! This is a free service for all New Brighton Residents over the age of 18, with more perks available to those who also have a valid NBRA membership. If your family has a NBRA Membership, you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time! For borrowing details, to set up your online account, and to browse the catalogue, visit [newbrighton-connect.com](http://newbrighton-connect.com)! No need to make an appointment, the NBRA office is open Monday to Sunday from 9:00 am to 9:00 pm, come by during those times to borrow the tool of your choice!

### Good Food Boxes

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can

purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email [csr@nbra.ca](mailto:csr@nbra.ca) before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

### Price List

Small Box (20 to 25lb): \$25

Medium Box (30 to 35lb): \$30

Large Box (40 to 45lb): \$35

### Order Due Date

March 21

### Delivered to the Clubhouse

March 31

### One Stop Boxes: A Night of Fun...

#### Where the Planning is Done for You!

Looking for a fun family or date night, where the planning is done for you? The NBRA is excited to offer "One Stop Boxes" suitable for families of all sizes! These boxes are \$25, with two options available: Quality Time (great for date night) and Family Fun Night Boxes! All you have to do is place your order and get ready to unbox your night of fun! The best part about the NBRA's "One Stop Boxes" is that, unlike other box services, no subscription is necessary. You can just order the box for the month(s) you desire prior to the order due date, listed below! To purchase your box, please call 403-781-6613, ext. 1 or email [activities@nbra.ca](mailto:activities@nbra.ca) today!

**Family Fun Night Box:** Inside this month's box you will find three games, three activities and two receipts to complete with the family, while celebrating Easter!

**Quality Time Box:** This month's box theme will be geared towards a date night while celebrating Easter! The box will include two games, two crafts and two receipts!

### Monthly Theme

Easter

### Order Due Date

March 8

### Pick Up Date

March 10

### Fees Due

Residents of New Brighton are reminded that the Annual New Brighton Residents Association Fees are due as of April 1, 2023. Packages including the annual renewal notice will be delivered via email (if we have your email address on file) or directly by mail to all New Brighton homes late February/early March. Payments can be made in person at the New Brighton Clubhouse, by cheque, by e-transfer, online (\$5 convenience charges will apply), or



over the phone commencing March 1, 2023. Residents are also reminded that all delinquent accounts paid after April 30, 2023, are subject to interest charges of Prime plus 5% per annum and other charges related to the collection of these fees. If you have not received your package by March 15, 2023, or you have any further questions regarding annual fee payment, please contact the NBRA office at 403-781-6613, ext. 1. Thank you in advance for your attention to this matter.

### **Snow Removal**

The New Brighton Residents Association Board of Directors has carefully reviewed the community's snow removal needs for the 2022/23 Winter season. Upon careful consideration, the NBRA Board of Directors has selected several high traffic areas which will be maintained by the NBRA maintenance team throughout the Winter months. The NBRA will ensure snow removal, as well as sanding/gravel (within 24 hours of the end of snowfall), of the following areas: all four New Brighton entrances and the regional pathways. To ensure maximum enjoyment for residents, snow removal will be completed on NBRA property before the designated areas within the community (NBRA property includes both the hockey and pleasure skating rinks, all entrances into the facility and shop, as well as the parking lot). Once these areas are complete, the NBRA team will proceed into the community.

To ensure the safety of both residents and employees, the NBRA has implemented an extensive Safety Program which adheres to the standards of the Alberta Safety Construction Association. The program consists of 13 components which contribute to the overall success of the program. In December 2018, the NBRA received COR certification through the ACSA for this program. For questions or concerns regarding any landscape/winter maintenance maintained by the New Brighton Residents Association, please contact the Facility and Amenities Leader at 403-781-6613, ext. 4 or the General Manager at 403-781-6608.

### **Stay Connected with the NBRA**

Connect with us on Facebook (The New Brighton Clubhouse), Instagram (newbrightonclub), or visit us at [www.newbrighton-connect.com](http://www.newbrighton-connect.com) to stay informed regarding NBRA news, events, programs, and other exciting offerings!



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**South Calgary Community**  
Clothing **GIVEAWAY**

Saturday, May 6, 2023  
10:00 am to 1:00 pm


**380 MIDPARK BLVD SE**  
All Saints Lutheran Church



**BRAIN GAMES**

**SUDOKU**

3		4	1					
			5		2	6		7
			9			4		
9			4				1	
6	5			1			7	4
	3				8			9
		9			5			
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