

NOVEMBER 2023

YOUR OFFICIAL COMMUNITY NEWSLETTER

your NEW BRIGHTONbuzz

DELIVERED TO 4,125 HOUSEHOLDS IN NEW BRIGHTON MONTHLY



Seeing is believing. Take a selfie and simulate your smile with SmileView!



SCAN
TO TRY

McKENZIE ORTHODONTICS
Certified Specialist in Orthodontics

FREE CONSULTATION



403.262.3696 | #110, 142 McKenzie Towne Link SE | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca

JUST LISTED

#301 505 CANYON MEADOWS DR SW

Providing an honest, professional, and straightforward real estate experience.

MELISSA MAYNARD

403.620.2743

HOMECOLLECTIVE.CA

CALGARY HOME

RE/MAX

OFFICIAL

PLUMBING & HEATING

Plumbing Services

Furnace Install & Repair

Drain Cleaning

Boiler Install & Repair

Electrical

\$50

Service Call Fee

403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

BRAIN GAMES

SUDOKU

8			5		1			9
			6		9	7		
		4		7				5
4	8							6
		2				4		
9							1	8
6				8		3		
		3	1		6			
7			3		5			2

SCAN THE QR CODE FOR THE SOLUTION

Proudly owned in Calgary serving Calgary businesses

CALL 403.279.5554

109 - 10836 24th Street SE

Calgary Mat & Linen Services

MATS

Commercial mat rentals and purchases

HOSPITALITY SERVICES

Linens for tables, chairs, and napkins. Laundry and pressing services

WORKWEAR

Workwear and cleaning of uniforms and coveralls

CLEANING

One-stop service for cleaning supplies and paper products

calgarymatandlinen.com

HIGHSTREET dental

***Don't lose out!
Book now to
maximize your
2023 benefits!***

***We bill in accordance
with the ADA Fee
Guide Prices***

***We direct bill
your insurance***

***Open evenings on
Saturdays & Sundays***



**Dr. Jordan Loewen, Dr. Jeff Seckinger,
Dr. Patricia Tsang**
General Dentists

**Call today and book your
free teeth whitening**
included with your complete exam,
x-rays, and cleaning



☎ 403-236-1200

**📍 50 High Street SE,
Calgary, AB**

🌐 www.highstreetdental.com

New Patients Welcome



NEW BRIGHTON COMMUNITY ASSOCIATION

www.ournewbrighton.ca

Follow us on Facebook @NewBrightonCA

NBCA Team

President	John Lee
Vice President	Matthew Leigh
Treasurer	Melike Tasdelen
Secretary	John Duta
Media Representative	Cristie P.
Student Correspondent	Nicholas Nistor

SCAN HERE TO VIEW ADDITIONAL NEW BRIGHTON CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

South Trail CHIROPRACTIC

403-257-7913 | info@drjeff.ca

#61 - 4307 130th Ave SE

www.drjeff.ca

Over 150 5-Star Google Reviews



"Dr. Jeff and his team are so wonderful! We are so grateful to have him take care of our family. I trust him whole-heartedly and know that the health of my children is in good hands. A welcoming, friendly office, great with kids, an amazing place all around."

- Steph C.

*Helping Families
Stay Healthy
for a Lifetime*



BARKER'S • FINE DRY CLEANING •

PICK UP &
DELIVERY
SERVICES

403-282-2226

Our Story

The New Brighton Community Association

In 2010, NBCA was formed by a handful of warm-hearted New Brighton residents who were willing to volunteer their time and their knowledge for the benefit of our community. Following the rules and regulations for non-profits and for community associations, they put forth the legal basis of this committee with the focus to lobby for schools in our neighborhood – in 2010 New Brighton had no schools and the provincial plans were vague regarding where and when new schools will be built. Once the construction of the first schools started most of the members of the committee started the parents committee of the new schools.

NBCA together with the parents committee started to advocate and to raise money for different facilities needed for schools like playgrounds and libraries. With the schools being fully established NBCA started to look towards new venues and new horizons to improve the community well-being.

Right now, we need more voices on the Board, we need to have a bigger team to tackle more projects so don't be shy, give us a try.

For more information visit our website on www.ournewbrighton.ca.



LOOKING FOR YOUR DREAM HOME?

Let me help you find it today.

For more information, call **587-576-0315**

olu@housesbybumogun.com

SCAN FOR WEBSITE



exp
REALTY



Garbage in our Community

by Nicholas N (student correspondent)

I know this subject can be a bit of a stink but let's face it, just because garbage bins smell doesn't mean you shouldn't use them. These bins are there for a reason, to put our garbage inside of them so it can be disposed of. They are not there to be used as free advertising space or art space.

In New Brighton, the Community Association and the New Brighton Residents Association have teamed up, they wrapped several garbage bins with awesome photos of animals to make our bins look nicer because the standard brown bin isn't very fun to look at. The Community Association also wrapped the garbage bins at our very own Dr. Martha Cohen School in artwork from the students.

Another awesome initiative by our school, in collaboration with the Community Association, is the Spring and Fall clean-up program where students clean up the community by picking up trash to help keep our community clean. If everyone in our community would put their trash in the bins instead of littering and picked up one piece of garbage off the ground, our community would be much cleaner.

If you decide to smoke outside, please don't leave your smoke on the grass for someone else to pick up, put it in the trash instead, to keep our community clean. The same reminder for people who decide to eat outside, please throw out your garbage when done instead of littering to help keep our community cleaner to work towards a litter free community.

Thank you for contributing towards a cleaner community.



Tool Shed For All Seasons!

We hope this fall you took full advantage of the tools available in the community Tool Shed. We are listening to you, and we are trying to expand the tool inventory based on the demands for tools. Check our "Tool Shed" page on ournewbrighton.ca and click on the inventory link to see the wide array of tools you can use free of charge. Maybe you want to try a snow blower before buying one so you borrow ours and if you like it, you can take your time until you find a good deal. There are tools for all seasons and for all projects so check it out and let us know how it works for you. Thanks everyone for taking pride in your house maintenance and appearance and for making our community brighter.





**Hate Your
Renewal
Rate?
Call Me!**

Expert advice
Excellent rates
Many options
Better mortgages





ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial



The **Residential Parking Permit Program** limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp

GOT DIGITAL?

ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geofenced Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | sales@greatnewsmedia.ca



SCAN ME



GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING



RESIDENTS ASSOCIATION

2 New Brighton Drive SE

Calgary, Alberta T2Z 4B2

Phone: 403-781-6613

Fax: 403-781-6611

Office Hours: 9:00 am to 9:00 pm

Park Hours: 9:00 am to 9:00 pm

CONTACT US AT:

General Manager

Carla Nikli • gm@nbra.ca

Facility and Amenities Leader

Andrew Brown • maintenance@nbra.ca

Customer Service Leader

Taylor Gill • rentals@nbra.ca

Recreation Leader

Jennifer Strickland • programs@nbra.ca

Special Events Coordinator

Danny Markle • events@nbra.ca

NEW BRIGHTON CLUBHOUSE

2 New Brighton Drive SE, Calgary, AB, T2Z 4B2

Open 9:00 am to 9:00 pm Monday to Sunday

www.newbrighton-connect.com

FIND IT FAST!

NEW BRIGHTON RESIDENTS ASSOCIATION (RENTING/PROGRAMS)

C/O New Brighton Clubhouse

2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2

☎ 403-781-6613 📠 403-781-6611

www.newbrighton-connect.com



The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 1 or email rentals@nbra.ca.

Room Rental Hourly Rate

Banquet Room (Capacity of 100)

1350 Sq Ft

Resident Rate: \$85 plus GST hourly

Brookfield Rate: \$90 plus GST hourly

Non-Resident Rate: \$95 plus GST hourly

Studio Room (Capacity of 35)

462 Sq Ft

Resident Rate: \$50 plus GST hourly

Brookfield Rate: \$55 plus GST hourly

Non-Resident Rate: \$60 plus GST hourly

Rental Packages

Deluxe Birthday Package (Banquet Room)

Banquet Room (Capacity of 100)

Resident Rate: \$295 plus GST for 2 hours

Brookfield Rate: \$305 plus GST for 2 hours

Non-Resident Rate: \$315 plus GST for 2 hours

The Deluxe Birthday Package includes:

- 2 hours in our Banquet Room
- Your choice of a bouncy castle, pinata, or craft during your party
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Set-up and tear down of the room

Essential Birthday Package (Studio Room)

Studio Room (Capacity of 35)

Resident Rate: \$115 plus GST for 2 hours

Brookfield Rate: \$125 plus GST for 2 hours

Non-Resident Rate: \$135 plus GST for 2 hours

The Essential Birthday Package includes:

- 2 hours in our mid-size Studio Room
- Party supplies (banner, tablecloths, balloons, napkins, plates, cups, and cutlery)
- Set-up and tear down of the room



Like us on Facebook

The New Brighton Club

To stay with the latest "happenings" at the New Brighton Residents Association, please sign up for our bi-weekly e-Newsletter on www.newbrighton-connect.com.

NEW BRIGHTON CLUBHOUSE NEWS

Dazzling Baby Shower Package (Banquet Room) Banquet Room (Capacity of 100)

Resident Rate: \$210 plus GST for 2 hours

Brookfield Rate: \$220 plus GST for 2 hours

Non-Resident Rate: \$230 plus GST for 2 hours

The Dazzling Baby Shower Package includes:

- 2 hours in the Banquet Room
- Party supplies (banner, tablecloths, balloons, napkins, plates, cups, and cutlery)
- 2 Baby Shower games
- Set-up and tear down of the room

Sponsorship Opportunities

The new 2023 Sponsorship Catalogue is now available! Becoming a sponsor is a great way to get your business noticed throughout the community of New Brighton. There are a variety of sponsorship opportunities available to meet the needs of all businesses! If you are interested in becoming a valued sponsor, please contact the Recreation Leader by emailing recreation@nbra.ca or calling 403-781-6613, ext. 3.

The detailed catalogue can be found on www.newbrighton-connect.com.

Special Events

Christmas in the Clubhouse

**Sunday, December 10, 2023 from 9:00 to 11:30 am
or 12:00 to 3:00 pm**

It's that time of the year for one of NBRA's most popular events. Families of all sizes can visit the Clubhouse to explore "Santa's Workshop" filled with crafts, games, snacks, and sleigh rides! Children will also have the chance to snap a photo with Santa and take away a specially selected gift from him!

Grand South Christmas Market

Saturday, November 18 from 10:00 am to 3:00 pm

Looking to purchase local unique Christmas gifts for friends and family? Visit the Clubhouse on November 18, where over 27 local vendors are on-site selling their amazing products! This market is part of the Grand South Christmas Markets held in conjunction with Auburn Bay, Mahogany, McKenzie Towne, and Cranston Residents Associations. Participants who stamp their passports at three of the five locations will be entered into a draw to win a ginormous Christmas Stocking valued at \$2,500!

Children and Adult Programs

Little Veterinarian School – Future Cat Vets (various ages)

Fall Session 2: November 9 to December 21.

Ages 4 to 6 yrs 5:30 to 6:30 pm.

Ages 7 to 11 yrs 6:45 to 7:45 pm.

Residents: \$170 Non-Residents: \$185

Little Veterinarians will learn what it is to be feline specialists as they understand the uniqueness of cat patients. Students will practice doing a tip to tail cat health assessments, assess a cat's body condition score, understand cat body language, learn about cat anatomy, domestic cat life and how to have a calmer cat. Students receive their own Little Veterinarian School plush cat and lightweight white coats to keep.

Hydra Taekwondo

Fall Session 2: November 4 to December 23, 9:00 to 10:00 am.

5 to 8 years

Residents: \$185 Non-Residents: \$200

Classes are fun and safe with beginners learning to "walk" in the martial art before they "run" to avoid injuries. Students will learn "tumbling basics", kicking and punching, blocking, dodging, elbows and knees, grappling, no touch sparring, self defence, and much more.

*Please note program rate includes a trademark ITF Taekwondo uniform.

Strength

Fall Session 2: November 7 to December 19, 1:30 to 2:30 pm.

16+ years

Residents: \$110 Non-Residents: \$125

A fun, low-impact cardio conditioning class that is easy to follow. You will leave fizzing with energy & ready to take on your day!

continued on next page

Emergency First Aid

Fall Session 2: November 25, 9:00 to 1:30 pm.

Residents: \$130 Non-Residents: \$145

16+ years

This Emergency First Aid/CPR/AED Level C is a blended version where the student completes the theory portion online. The course includes the latest first aid and CPR guidelines and meets OHS regulations for Basic First Aid.

For more information on these programs (or all programs at the New Brighton Clubhouse), please visit www.newbrighton-connect.com.

Value Added Activities

New Brighton Seniors Club

November 2, 9, 16, 23 and 30 from 1:30 to 3:00 pm.

The NBRA is excited to host the New Brighton Seniors Club! Offering a variety of different activities including crafts, games, great conversation, coffee, tea, and snacks!

Spend your time enjoying new activities, meeting new friends, and exploring everything that New Brighton has to offer. \$2 drop-in.

Motivational Magic with Steve Harmer

Friday, November 24, 2023, from 7:00 to 8:00 pm.

For the past 22 years Steve Harmer of Motivational Magic has combined his entertainment skills with his educational skills to present Magic programs throughout the four western Canadian provinces. His magic of storytelling and puppetry inspires audiences of all ages. Through his super fun creative shows Steve brings bright smiles and delight to kids and parents alike. Space is limited.

To register please call the office at 403-781-6613
\$5/family

Tot Time

November 1, 8, 15, 22 and 29 from 1:30 to 3:00 pm.

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

Tween's Night Out

10 to 14 years

November 3 from 7:00 to 8:30 pm.

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together! The \$2 drop-in fee will include a snack and refreshments!

Please remember to RSVP for this program.

Canvas Creations (18+)

November 10 from 7:00 to 8:30 pm.

Residents: \$35 Non-Residents: \$45

Participants learn the technique behind different painting styles and get in touch with their inner artist while visiting with friends and meeting new ones?

Jr. Canvas Creations

December 9 from 10:00 am to 12:00 pm.

Residents: \$30 Non-Residents: \$40

Come for a morning of painting and fun! Children let their imaginations run wild while creating a masterpiece to bring home to show off.

Teen Canvas Creations

December 9 from 1:00 to 3:00 pm.

Residents: \$30 Non-Residents: \$40

Gather friends together for a fun afternoon of creating & painting in this workshop tailored for teens.

Also Available at the NBRA

Popcorn Packs

To place your order for the Popcorn Pack option, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on November 16. Packs will be available for pick up at the Clubhouse on Friday, November 17 from 5:30 to 8:30 pm.

Good Food Boxes

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

Price List

Small \$30

Medium \$35

Large \$40

Order Due Date Delivered to the Clubhouse

October 31 by noon November 10

November 28 by noon December 8

One Stop Boxes: A night of fun where the planning is done for you!

Looking for a fun family night, where the planning is done for you? The NBRA is excited to offer quarterly "One Stop Boxes" suitable for families of all sizes! The Family Fun Night box is only \$25 and all you have to do is place your order and get ready to unbox your night of fun! The best part about the NBRA's "One Stop Boxes" is that, unlike other box service no subscription is necessary. You can just order the box prior to the order due date.

Boxes are now offered quarterly.

To purchase your box, please call 403-781-6613 ext 1 or email programs@nbra.ca today!

Family Fun Night Box:

Inside the December Family Fun Box you will find games, activities and recipes to complete with the family to celebrate Christmas!

December Theme Order Due Date Pick Up Date

Christmas

December 7

December 15

Stay Connected with the NBRA

Connect with us on Facebook (The New Brighton Clubhouse), Instagram ([newbrightonclub](https://www.instagram.com/newbrightonclub)), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

NBRA Holiday Hours

During the holiday season, the New Brighton Residents Association (NBRA) will have condensed hours on specified days. If you are considering visiting the Clubhouse over the holidays, please keep in mind the following hours of operations. All other days will remain open during regular hours of operation from 9am-9pm.

Sunday, December 24, 2023: 10am to 5pm

Monday, December 25, 2023: 12pm to 4pm

Tuesday, December 26, 2023: 11am to 7 pm

Sunday, December 31, 2023: 9am to 5pm

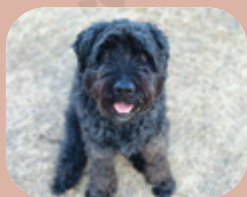
Monday, January 1, 2024: 11am to 7 pm

Beaver Moon

Traditionally, the full moon in November is called the Beaver Moon because, in need of warm furs for the winter, people in the Colonial Era set beaver traps to catch them before the lakes froze over. This year, the Beaver Moon will be on November 27!



Cats, Canines, & Critters of Calgary



Bisous, Deer Run



Fergus, Willow Park



Nacho, Panorama Hills



Marley, Brentwood

To have your pet featured, email news@mycalgary.com



No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with – this includes odour causing bacteria and illness causing viruses, like staph infections.

CALL US TODAY AT
403-726-9301
calgaryfreshjock.com



CUSTOMER SATISFACTION GUARANTEED

**WE SPECIALIZE IN ALL FORMS OF
CONSTRUCTION & LANDSCAPE**
INCLUDING SMALLER IN-HOME PROJECTS



Services

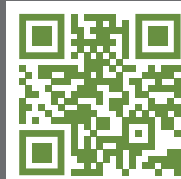
Residential Landscaping
Landscape Construction
Year-Round Maintenance
Spring and Fall Cleanup
Commercial and Condo
Property Management
Snow and Ice Removal

Contact Us

Address
20 Sunvale Place SE
Calgary, AB T2X 2R8

Call us now
(403) 256-9282

Email us
info@jacksonjackson.ca
contact@jacksonjackson.ca



www.jacksonjackson.ca

Vietnamese Chicken and Pork Balls

by Jennifer Puri

“Yerba Bueno” or the Good

Herb refers to the dark green leaves of mint which are packed with nutrients, particularly Vitamin A which is essential for eye health and night vision.

Mint is big business and is used across the globe in everything from chutneys to mojitos. Commercial mint oils have become associated with toothpaste, candies, gum, chocolates, fragrances, and skin products.

We associate fresh mint flavour with oral hygiene, but for thousands of years we have also used it to clean our skin and as a “stomach soother”. Fresh mint leaves are edible cooked or raw. Cooking can help add flavour, but it can also be added to water, smoothies, herbal teas, salads, dips, sauces, and chocolate chip cookies. Peppermint tea is the perfect calorie and caffeine-free tea to drink any time of the day.

A generous portion of fresh mint and coriander leaves have been used in the preparation of this delicious version of Vietnamese Chicken and Pork Balls. Enjoy!

Prep Time: 35 minutes

Cook Time: 22 minutes

Servings: Four to six

Ingredients:

- ½ lb. ground chicken
- ½ lb. ground pork
- 2 eggs
- 1 cup finely ground bread crumbs
- 3 garlic cloves, minced
- 1 tbsp. fresh ginger, minced
- 3 green onions, finely sliced
- 1 pale yellow lemon grass stalk (located under the tough outer leaves), finely chopped (optional)
- ½ tsp red pepper flakes
- 4 tbsp. fish sauce
- 3 tbsps. fresh mint leaves, finely sliced
- 3 tbsps. of fresh coriander leaves, finely sliced



- ½ cup un-salted peanuts
- 8 oz. cooked vermicelli noodles
- 2 butterleaf lettuce heads
- Pickled vegetables
- Sweet chilli sauce
- Thai dipping sauce
- Coriander leaves for garnish

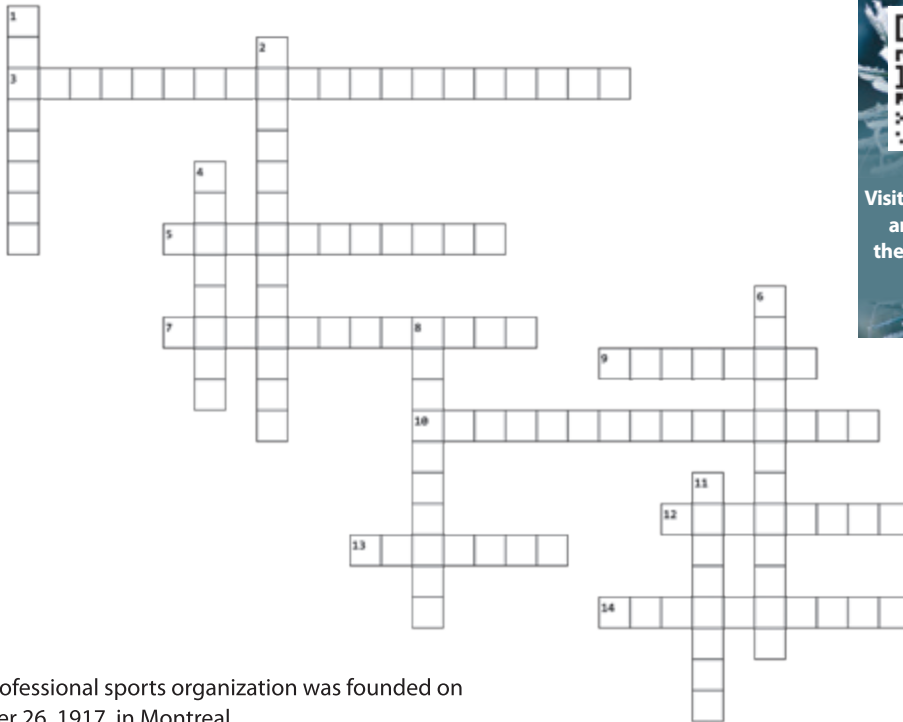
Directions:

- Preheat oven to 400 degrees Fahrenheit.
- In a medium mixing bowl, gently combine ground chicken, pork, eggs, fish sauce, garlic, ginger, green onions, lemon grass, bread crumbs, cilantro, and mint.
- Use wet hands to form golf ball size balls (approximately 18 to 22) and arrange on a foil-lined baking sheet, taking care to leave space between each ball. Bake for approximately 20 minutes, flipping once during cooking or until balls are cooked through.
- To serve, place a spoonful of vermicelli in each lettuce cup and sprinkle with Thai fish sauce. Top with chicken and pork balls, pickled veggies, sweet chilli sauce, peanuts, and coriander leaves to taste.
- Alternatively, serve chicken and pork balls on a platter attached to a toothpick and fresh or canned pineapple pieces. Garnish with pickled veggies and sweet chili sauce.

Bon Appétit!



November Crossword



Visit bit.ly/mycalgary
answers or scan
the QR code for the
answers

Across

3. This professional sports organization was founded on November 26, 1917, in Montreal.

5. Born on November 12, 1980, but he's just Ken.

7. November is National _____ Month, and during this 30-day period, thousands of writers around the world attempt to complete a full manuscript – minimum 50,000 words.

9. On November 1, 1946, the fist NBA game occurred between the New York Knickerbockers and the Toronto _____.

10. This weekly country music radio broadcast premiered in Nashville, Tennessee on November 28, 1925.

12. This month is the only month used in the 26-letter NATO phonetic alphabet.

13. Pink Floyd's iconic 11th album, _____, was released on November 30, 1979.

14. On November 29, 1961, the Mercury-Atlas 5 circled the Earth twice with Enos, a male _____ onboard; thankfully, he survived the three hour and 20-minute space flight.

Down

1. On World _____ Day, celebrated on November 13, many wear cardigans in honour of Fred Rogers who promoted love and self-esteem building on his show.

2. November's official flower, which originates from East Asia.

4. Released on November 22, 1995, this film featuring Tom Hanks and Tim Allen was the first feature-length film made entirely by CGI technology.

6. The world's longest running play, written by Agatha Christie, premiered on November 25, 1952, in London.

8. November 1, 1611, was the first recorded performance of this Shakespearean tragicomedy. It was performed for King James.

11. The reason people grow moustaches in November.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in New Brighton. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

NEW BRIGHTON MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

AFFORDABLE DENTAL CARE MINUTES FROM NEW BRIGHTON! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/ Drop-Off Service Available.



mybabysitterlist

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

SOUTH FAMILY DENTAL

**FREE TEETH WHITENING OR
ELECTRIC TOOTHBRUSH**

**With complete exam, x-rays, & cleaning*



**CALGARY
OWNED AND
OPERATED**

FEMALE AND MALE DENTISTS AVAILABLE

403.262.3235

www.southfamilydental.com

110-142 McKenzie Towne Link SE, Calgary T2Z 1H1 (Next to Servus Credit Union)

All services provided by our General Dentists and Orthodontist

Dr. N. Headley, Dr. R. Palmer, Dr. N. Speidel, Dr. K. Toucher, & Dr. A. Vilaysane – General Dentists | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist