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PARKLAND news

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER



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DETAILS INSIDE



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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing. The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.

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gofund.me/31fdeef6f
Any help is appreciated ♥



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PARKLAND HALL WEEKLY CALENDAR

MAIN ROOM :

MONDAYS	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	6:15 to 7:15 pm	144 Lake Bonavista Scout Group	
	7:30 to 9:00 pm	Karate - Private booking	403-225-1894, essential@telusplanet.net
TUESDAYS	9:00 am to noon	Parkland Preschool	403-225-0083
	1:15 to 2:45 pm	Bliss Yoga	rosemary@blissyogacalgary.ca
	5:30 to 7:45 pm	Guides of Canada	403-283-8349
WEDNESDAYS	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	1:00 to 6:00 pm	Available for booking	403-278-5330
	6:00 to 7:00 pm	Thistle Dog Sports	403-614-2040
THURSDAYS	9:00 am to noon	Parkland Preschool	403-225-0083
	1:00 to 2:00 pm	Introduction to Tai Chi	msval@shaw.ca
	2:00 to 5:00 pm	Available for booking	403-278-5330
	5:15 to 7:45 pm	Vanshaw Dance Academy	vanshawacademy@gmail.com
FRIDAYS	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	1:00 to 3:00 pm	Available for booking	403-278-5330
	3:00 to 4:00 pm	Strength and Mobility	team.beauty@gmail.com
	7:00 to 9:30 pm	Baha'i Community of Calgary	403-278-7307
SATURDAYS	8:45 to 9:45 am	Pilates	engagemobilepilates@gmail.com
	10:00 am onwards	Available for booking	403-278-5330
SUNDAYS	8:30 am to 3:00 pm	Harvest International Baptist Church	403-616-7597, www.Harvestinternationalbaptistchurch.com
	3:30 to 6:30 pm	Keys of Kingdom Church	403-370-5604

MEETING ROOM:

MONDAYS	9:00 am to 6:30 pm	Available for booking	403-278-5330
	7:00 to 8:00 pm	Al Anon	403-266-5850
TUESDAYS	9:00 am to 5:30 pm	Available for booking	403-278-5330
	5:30 to 7:45 pm	Guides of Canada	403-283-8349
	8:00 pm onwards	Available for booking	403-278-5330
WEDNESDAYS	9:00 am to 6:00 pm	Available for booking	403-278-5330
	6:30 to 8:00 pm	Harvest International Baptist Church	403-616-7597, www.Harvestinternationalbaptistchurch.com
THURSDAYS	11:00 am to 7:00 pm	Available for booking	403-278-5330
	7:00 to 9:00 pm (First Thursday of each month)	Parkland board meeting	403-278-5330
	7:00 to 9:30 pm (One Thursday a month)	Bow View Ringette	www.bowviewringette.com
FRIDAYS	9:00 am to 12:30 pm	Available for booking	403-278-5330
	1:00 to 3:00 pm (Third Friday of each month)	Parkland Book Club	403-278-5462
	7:00 to 9:30 pm	Baha'i Community of Calgary	403-278-7307
SATURDAYS	10:00 am to 12:00 pm	Knitting Group	403-278-5330

Please contact Erika at parklandca@telus.net or 403-278-5330 for hall rental information or to view.
Remember: Parkland Community Association members receive a discounted rental rate.

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	1			3			9	
	5			9	4			
4								6
9	3			1			2	5
5								3
			7	2			3	
	7			6			8	
		2	1	4				

SCAN THE QR CODE FOR THE SOLUTION



SUPPORT YOUR COMMUNITY

LAST NAME: _____

FIRST NAME: _____

ADDRESS: _____

POSTAL CODE: _____

PHONE NUMBER: _____

EMAIL ADDRESS: _____

DROP OFF AT THE COMMUNITY HALL OR MAIL TO:

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ENCLOSED IS A CHEQUE FOR \$25 PAYMENT WILL BE MADE BY E-TRANSFER



Casino Volunteers Needed!

The Parkland Community Association is seeking volunteers for our scheduled AGLC Casino on **August 31 and September 1, 2026.**

Casino fundraisers are a vital source of revenue for our community.
The proceeds directly support:

Community Events: Winterfest, Canada Day, and the Halloween Dance.

Infrastructure: Indoor/Outdoor Hall improvements and the Boulevard Planters.

Engagement: The Community Garden and local Art Projects.

We have various day and night shifts available. No prior experience is necessary to participate. If you can donate a few hours to help keep Parkland vibrant, please contact us at **403-278-5330** or **parklandca@telus.net**.

UPCOMING EVENTS AND NEWS

Knitting Group

Meets at the hall on Saturdays from 10:00 am to noon.

Cost is \$50 for the four sessions or \$15 per drop-in.

Membership can readily be purchased from the office and is required for attending the group. If interested, email the hall at parklandca@telus.net.

Parkland Hall Update

Parkland Hall was the recipient of a small stream CFEP grant (Community Facility Enhancement Program). The funds allowed us to resurface the flat roof and to replace the marmoleum flooring. We are grateful for the Alberta Government support which enables us to ensure a safe environment for all.

Anti-Fraud (Cybercrime Focus)

May 27 from 7:00 to 9:00 pm at the Parkland Hall.

The focus will be a focus on cybercrime and artificial intelligence as it pertains to social media as well as other potentially fraudulent activities.

Farm Stand – Shirley's Greenhouse will be back in May!

Starting May 30 from 10:00 am to 2:00 pm every Saturday at the Parkland Hall. Come and purchase fresh farm produce, locally grown, pesticide free. Support local!

Annual Parade of Garage Sales

June 13 throughout all of Parkland!

Organized by Jamie Newton and Associates.

Community Cleanup

September 27.

Halloween Party

October 24 at the Parkland Hall.

Parkland Hall Has a Meeting Room That Can Hold Meetings, Training Sessions, and Tutoring Sessions!

Parkland hall's meeting room has audio visual equipment included as part of the rental cost. Our meeting room holds up to 20 people and there are tables that can be folded and moved aside if need be. We have daytime spots available and some later evenings as well as Saturday afternoons.

Give the hall a call at 403-278-5330 if interested, or email parklandca@telus.net.

Did you know that a current Parkland Community Association membership gives you a 30% discount at any Cloverdale paint store. All you have to do is show the sales associate your membership card and let them know the FCC (Federation of Calgary Communities) gets a discount for your community – Parkland.



A Legacy of Excellence: Celebrating Erika's Decade of Dedication



Erika and her mother

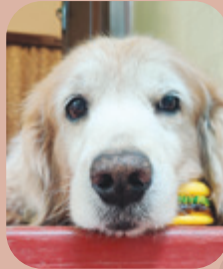
After ten remarkable years of service, the Calgary Parkland Community Hall prepares to say a bittersweet farewell to its manager, Erika Diaz. Since stepping into the role as Hall Manager a decade ago, Erika has been much more than an administrator, she has seen the hall to a modern era, leaving the hall and a community that is stronger than ever before.

Erika's tenure will be remembered most for the physical transformation she oversaw - a complete exterior overhaul that gave new life to the building, ensuring the hall stands as a beautiful landmark for the neighbourhood. This revitalization extended beyond the walls with the development of vibrant new outdoor spaces, creating welcoming environments for neighbours to connect and celebrate. Today, the facility is seeing record rental revenues, a testament to the high standard of excellence Erika maintained.

As she moves into a well-deserved retirement, Erika leaves a legacy that ensures the Calgary Parkland Community Hall will remain an asset for the community and city and a lasting home for residents for years to come. Erika will hopefully continue as a board member to contribute to the community we all love.

Thank you, Erika, for ten years of incredible service. Your impact on Parkland will be felt for generations.

Cats, Canines, & Critters of Calgary



Chase, Bridgeland



Frankie, McKenzie Towne



May, Elbow Park



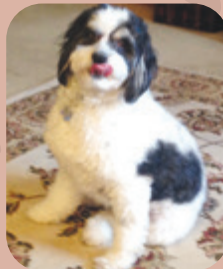
*Miss Charlee,
Crescent Heights*



Moony, Lake Bonavista



Oreo, Mahogany



Osito, Canyon Meadows



*Togo Grimshaw,
Panorama Hills Estates*

To have your pet featured, email news@mycalgary.com

Parkland Cares



Parkland Cares is a community-based organization of families and neighbours committed to helping others.

"The beautiful Spring came, and when Nature resumes her loveliness, the human soul is apt to revive also." - Harriet Ann Jacobs

Happy Birthday Bags are Here Again!

With spring comes our very favourite initiative, supplying Birthday Bags for the Calgary Food Bank. We will be collecting items from April 1 to 24 at Park96. Contact us if you are interested in participating. There will be limited volunteer spots for the assembly day, Sunday, April 26 from 1:00 to 3:00 pm at Park96. The Birthday Bag kits are made available for children who might not otherwise enjoy the luxury of a birthday party.

Items We Will Be Collecting:

New or excellent condition medium/large gift bags, microwave popcorn, boxed cake mix, tub icing, balloons, candles, new or excellent condition children's gifts, books, small toys, games, art, and school supplies (ages 3 to 5, 6 to 8, and 9 to 12). Thank you for your ongoing support.

Upcoming Initiatives:

In May we are proud to be supporting Basically Babies once again. From May 1 to 31, you can drop off donations of clean, good quality, gently used, or new baby clothing (Sized 0 to 24 months) and small baby supplies or items. This Calgary charity helps families with newborns in extreme need. They provide these families with a beautiful first-year layette. Donation Boxes will be placed at Park96.

Parkland Cares will have a table at the fabulous Spring Craft Fair and will be collecting items there as well. May 9 and 10 at Park96.

For additional information about Basically Babies, we invite you to visit their website.

On Tuesday May 12 from 6:00 to 9:00 pm you will be able to volunteer for a shift at the Basically Babies warehouse. Come and join us and see all that goes into the layettes.

We are excited to continue to come together, make friends, and build relationships with our neighbours while making a difference in the lives of our neighbours and Calgarians. Let us know if you want to help with any of our initiatives.

Parkland Cares Calgary

parklandcaresyyc@gmail.com

403-863-9927.

What: Volunteer at Basically Babies - 15 spots
When: May 12, 2026 (6:00 - 9:00pm)
Where: #5, 2616-15 St. NE

Ages 13 and up are welcome with a parent/guardian!
Come tour the facility and learn how a layette is assembled
Call Sandie at (403) 835-4809 for more details or to arrange carpooling.

BONAVISTA CARES

CALGARY FOOD BANK

BIRTHDAY BAGS!

Collecting the following:

- Medium/Large Gift Bags
 - New or excellent condition
- Birthday Candles
- Balloons
- Cake mix & icing
- Small gifts: 3-5 years, 6-8 years and 9-12 years
 - (e.g. new or excellent condition books & toys)

Donation Drop-off Locations:
When: April 1 to 24, 2026
Where: Park 96
Volunteer Assembly: April 26 (1-3pm) @ Park96 (details to follow)

BONAVISTA CARES

Is Your Relationship Boring? Congratulations.

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



When you're in a healthy relationship, things shouldn't be constantly bothering you. No anxiously checking your phone every five minutes (or sneaking a peek at theirs), decoding texts, or wondering where you stand in the relationship daily. There are no emotional roller coasters, no high-stakes arguments that leave you questioning everything.

At first, that can feel underwhelming. But what it actually means is that your nervous system is at rest. You're not

surviving love, you're living in it. You have space to focus on your career, invest in yourself, and show up for friends and family, because your relationship isn't consuming all of your emotional energy.

In a "boring" relationship, you know how your partner will show up. What to expect. They call when they say they will. Disagreements don't turn into emotional warfare. Love isn't something you have to earn or worry about losing on a bad day.

Predictability gets a bad reputation, and consistency is underrated. There is something deeply comforting about being chosen, not impulsively, but steadily on ordinary days. And those ordinary days? They are what make up a healthy relationship.

What many people label as “chemistry” is often unresolved attachment wounds. The push-and-pull dynamic, the intensity, the emotional highs and lows. These feelings can feel magnetic or exciting because they are unconsciously familiar. When that intensity disappears, it can feel like something is missing. But often, what’s missing is the anxiety, not the love.

In a healthy relationship, love doesn’t spike your stress levels or leave you questioning your worth. It doesn’t require emotional gymnastics to stay connected. Instead, it feels steady and sometimes even quiet. And if you’ve been conditioned to equate love with intensity, that steadiness can feel unfamiliar at first.

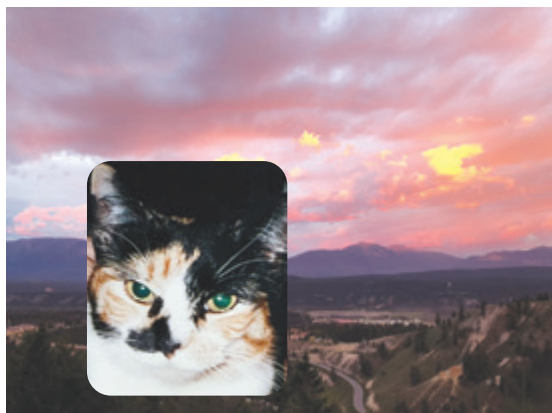
One of the biggest green flags of a “boring” relationship is the space it creates. You don’t have to shrink yourself to keep the peace. You’re not walking on eggshells. You can simply be who you are, and feel accepted in that. No chasing, seeking affirmations, or changing who you are. That’s what creates a sense of grounding and safety.

Secure love allows room for growth. You can have bad days, need space, or evolve as a person without it threatening the relationship. This kind of love doesn’t feed on chaos, it supports calm.

It may not look exciting from the outside. It looks like grocery shopping, cleaning the house together, quiet nights, knowing how each other takes their coffee, and being able to sit in comfortable silence. It’s choosing each other again and again, not through grand gestures, but through mutual respect, reliability, and care. There is romance in that, it’s just not performative or overt.

Healthy relationships thrive on shared routines, inside jokes, and even predictable disagreements. The love doesn’t have to be loud to be deep and real.

Maybe “boring” is actually the greatest form of love these days. In a world hooked on instant gratification and emotional extremes, choosing calm, steady love is almost radical. A relationship that doesn’t drain, confuse, or exhaust you is incredibly valuable.



Glory for My Cat

by Garth Paul Ukrainetz

Fireside with the morning
Darkness fades away
Quietness and coffee
Drink to start the day

Just below horizon
The sun appearing soon
Sleepy blue the twilight
Glowing orange piercing through

A peaceful calm confusion
Clouds and sunlight swirl the sky
Still fills me full of wonder
Often brings a tear to eye

And purring through me loudly
Always faithful on my lap
No attention to the window
I’m the glory for my cat

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Myles McDougall

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✉ Calgary.FishCreek@assembly.ab.ca

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Save The Date: Fish-Creek Constituency Annual Stampede BBQ

Please join me on Saturday, July 4, 2026, from 11:30 am to 1:30 pm at Bonavista Downs Community Hall for some BBQ smokies, music, and community fellowship!

As summer is approaching, I look forward to spending time in and around the community when I am not in Edmonton for the remainder of the spring session. I hope everyone can enjoy the spring weather and explore the beautiful parks in our constituency as the weather warms up!

As part of the Alberta government's priority to ensure all Albertans have access to a primary care provider, the new Alberta Find a Provider website has been launched for families to search for doctors in their community. Currently, there are 11 doctors' offices within the Calgary-Fish Creek constituency who are accepting new primary care patients. For more information, visit albertafindaprovider.ca. We encourage all families looking for primary health care providers to check the new website regularly for updates and additional clinics added.

I was lucky enough to welcome grade 7 students from Wilma Hansen School to the Legislature in Edmonton this past month. I had the opportunity to meet with the students after their tour of the legislature building and grounds.



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Joke of the Month

What did one ocean say to the other?

Nothing. It just waved.



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SUPPORT YOUR LOCAL 148 OAKRIDGE SCOUTS

**NO SORTING, NO DRIVING, NO LINEUPS!
WE'VE PARTNERED WITH SKIPTHEDEPOT
TO DO ALL THE WORK**



HOW IT WORKS

1. SCAN THE QR CODE TO DONATE WITH SKIPTHEDEPOT
2. USE PROMO CODE 148SCOUTS FOR 100% REFUND TO THE SCOUTS
3. SCHEDULE A PICKUP TIME THAT WORKS FOR YOU & LEAVE YOUR EMPTIES OUTSIDE



WHY YOUR SUPPORT MATTERS

- EVERY PICKUP HELPS FUND CAMPING TRIPS, GEAR, BADGES, AND YOUTH PROGRAMS.
- EVEN ONE BAG OF BOTTLES MAKES A DIFFERENCE.
- IT'S A SIMPLE WAY TO SUPPORT LOCAL YOUTH WHILE RECYCLING RESPONSIBLY.

NO EMPTIES BUT STILL WANT TO HELP?
DONATIONS WELCOME.
SCAN BELOW:



The Community of Parkland

CITY OF CALGARY HOUSING STATISTICS MARCH 2026



1st Quarter Report 2026

**Bungalows + Bi-Levels - 2 Sold; 4 For Sale | 2 Storey / Splits - 3 Sold; 2 For Sale
4 & 5 Level Splits - 0 Sold - 1 For Sale | Apartments / Villa Condo - 0 Sold; 0 For Sale**



"Call your Mother. Tell her you love her. Remember you're the only one who knows what her heart sounds like from the inside" - Rachel Wolchin

"Moms are like buttons. They hold it all together" - Unknown

"Life doesn't come with a manual, it comes with a mother" - Unknown



Limoncello Ricotta Cake

Ingredients:

- 3 large eggs
- 1 cup white sugar
- 1 3/4 cup ricotta cheese (approx. 15 oz or 470 ml)
- 1/4 cup limoncello
- 4 tbsp lemon zest

- 3 tbsp fresh lemon juice
- 1 tsp vanilla
- 1 1/2 cups cake flour
- 1 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt

Icing:

- 1 cup powdered sugar
- 4 tbsp limoncello
- 1 tsp heavy cream
- 2-3 tsp fresh lemon juice
- 2 tbsp lemon zest
- 1/4 tsp salt

Directions:

Beat eggs and sugar until dissolved, light + fluffy (6-7 mins). Then add the remaining wet ingredients and mix. In a separate bowl, add flour, baking powder, baking soda, salt and mix. In 2-3 equal parts, fold the dry ingredients into the wet. Pour batter into a greased spring pan. Bake 35 min. @ 350, toothpick will come out moist. Add blueberries or raspberries to taste. Mix icing ingredients together and pour over cooled cake! Yummy!



**IF YOU ARE THINKING OF BUYING OR SELLING,
LET US HELP GUIDE YOU THROUGH THE PROCESS**

Yoki & Jeff Nichol

**FROM ONE GENERATION TO THE NEXT
"Both of us working for you"**

Over 60 Years Combined Experience
CHAIRMAN'S CLUB LIFETIME MEMBER NATIONAL TOP 1%

ROYAL LEPAGE Solutions



"To give real service you must add something which cannot be bought or measured with money-sincerity and integrity"

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Not intended to solicit properties already listed for sale



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