QUEENSLANDDIAMONDCOVE

THE OFFICIAL QUEENSLAND & DIAMOND COVE COMMUNITY NEWSLETTER





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No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.













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Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with — this includes odour causing bacteria and illness causing viruses, like staph infections.

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and purchases



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Linens for tables, chairs, and napkins. Laundry and pressing services



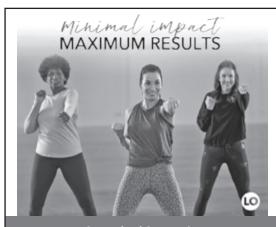
WORKWEAR
Workwear and cleaning of
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CLEANING

One-stop service for cleaning supplies and paper products

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Queensland Community Mon & Wed 6:30 pm | Sat 9:00 am 649 Queensland Dr. S.E.

Excited to help others find their groove, one song at a time, one step at a time... and have fun while doing so! New students come try us out with this offer of 2 weeks for \$49 plus GST with no strings attached. Message Patsy at ptjazz@telus.net for more details.

Jażzercisė.

jazzercise.com • (800)FIT-IS-IT

GAMES & PUZZLES

Guess That Animal!

- 1. Male ______ are the only creatures in the animal kingdom to undergo pregnancy and give birth.
- 2. This tree-hugging marsupial's fingerprints are almost indistinguishable from humans, which has confused some forensic crime scene investigators.
- 3. This monogamous species mates for life and courts one another by gifting each other pebbles.
- 4.This large rodent is one of the friendliest in the animal kingdom and has been known to befriend crocodiles, monkeys, dogs, and even humans!
- 5.The ______ is the only mammal that can truly fly and not simply glide.
- are the only venomous primates; their armpits secrete venom that they lick to coat their teeth before attacking and biting.









While some countries and nations are hundreds of years old, some are barely older than a decade! This is the case for South Sudan in Africa; in 2011, they gained independence from Sudan, making them the youngest country on Earth! Other young countries include Kosovo (2008), Montenegro (2006), and Serbia (2006).

CRIME STATISTICS

Queensland Crime Activity was Unchanged in July 2023

The Queensland community experienced 4 crimes in July 2023, in comparison to 4 crimes the previous month, and 6 crimes in July one year ago. Queensland experiences an average of 4.4 crimes per month. On an annual basis, Queensland experienced a total of 53 crimes as of July 2023, which is up 6% in comparison to 50 crimes as of July 2022. To review the full Queensland Crime report visit quee.mycalgary.com.

Diamond Cove Crime Activity was Unchanged in July 2023

The Diamond Cove community experienced 1 crime in July 2023, in comparison to 1 crime the previous month, and 0 crimes in July one year ago. Diamond Cove experiences an average of 0.8 crimes per month. On an annual basis, Diamond Cove experienced a total of 9 crimes as of July 2023, which is up 50% in comparison to 6 crimes as of July 2022. To review the full Diamond Cove Crime report visit diam.mycalgary.com.

How To Report Crime In Queensland | Diamond Cove: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.

Hall Rental Rates

Gym use \$60/hr + GST

Gym (weddings) \$500 + GST + \$100 cleaning fee; damage deposit \$250

Children's parties \$175 + GST + \$100 cleaning fee

Boardroom, multi-purpose \$30/hr + GST

small meeting rooms

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

QUEENSLAND DIAMOND COVE





COOK'S CORNER

Easy Orange Chicken

Marinade:

- 1/4 cup soy sauce (60 g)
- 2 tablespoons orange juice
- ¼ cup cornstarch (30 g)

Sauce:

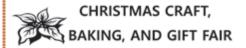
- 2 tablespoons oil
- 3/4 cup orange juice (180 ml)
- 1 tablespoon soy sauce
- 1 tablespoon hoisin sauce
- 1 tablespoon rice vinegar
- 2 tablespoons brown sugar
- 1 tablespoon cornstarch

Preparation:

- Slice three boneless chicken breasts into cubes.
- In a bowl, combine marinade ingredients. Add chicken and stir to coat.
- 3. Let marinate for at least one hour.
- In a pan, heat oil on medium-high heat. Remove chicken from marinade with a slotted spoon, and cook all sides until golden brown, about five minutes.
- Add sauce ingredients to pan and bring to a boil, mixing continuously, until mixture thickens, about five minutes.
- 6. Serve over rice if desired.

Enjoy!





Queensland Diamond Cove Community Centre

November 18

10:00 a.m. to 3:00 p.m. Looking for Crafters





Nature's Ottoman

Capybaras, the largest rodents on Earth, are one of the friendliest creatures in the animal world. They're referred to as "nature's ottomans" because they'll allow birds, monkeys, rabbits, and other small critters to cuddle with them or hitch a ride on their backs. Capybaras will even befriend crocodiles and ride on their backs!



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Crier Newsletter	Linda Brown	Crier@QueenslandDiamondCove.com				
Hockey	Knights HC					
Baseball	Fish Creek Little League					
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Scouts	Chris Sutton	QSA172@gmail.com				
Calgary Police Service	Brandon Gillis	pol5284@calgarypolice.ca				
If you are interested in any of the open board positions, please email Volunteer @Queensland Diamond Cove.com.						



The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples | Bananas | Broccoli Carrots | Cauliflower | Celery Cucumber | Lettuce | Mushroom Onions | Oranges | Potatoes Tomatoes | Green Pepper

*(selection will vary)

Large

40 to 45 pounds **\$40**

Medium

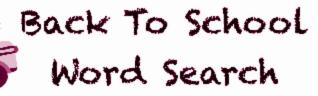
30 to 35 pounds **\$35**

Small

20 to 25 pounds **\$30**

Order by		Delivery by	
September	12	September 21	

2024 QUEENSLAND/DIA	MOND COV	/E COMMUNIT	Y ASSOCIATION	\$20 MEMBERSHIP FORM	
Name:					
Address:					
Phone:		Email:			
Method of payment:	Cash:	Cheque:			
Cut out this coupon and mail or drop off at the Community Hall					
Vousan also nurchase your membership online at https://www.gueenglanddiamendague.com/membership					





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APPLE
DESK
LUNCHBOX
PENCIL
SCHEDULE

SCISSORS TEACHER

MATH

TEACHER BACKPACK LIBRARY

WRITING CRAYONS

PLAYGROUND

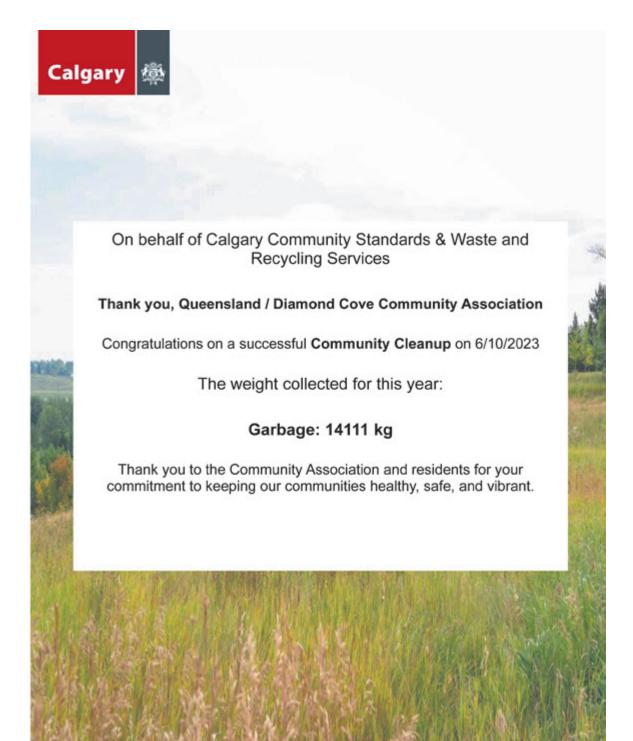
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continued on next page

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continued

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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ace is it drooping?



rms can you raise both?



peech is it slurred or jumbled?



ime to call 9-1-1 right away.

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MLA Calgary - Fish Creek Myles McDougall

7 — 1215 Lake Sylvan Drive SE

403-278-4444

□ Calgary.FishCreek@assembly.ab.ca

X @MylesYYC | @ MLAFishCreek

I want to take this opportunity to thank the constituents of Calgary Fish Creek for entrusting me with this great honour of serving as your Member of the Legislative Assembly. For those of you I didn't get a chance to meet with during the campaign, let me tell you a little about myself. I have had a varied career as an economist, corporate executive, technology entrepreneur, management consultant, advisor, and teacher. I have lived, worked, and studied internationally, including in Argentina, where I met my wife of 25 years, Patricia, who is currently a public elementary school teacher in Calgary. Together, we have a son who attends the University of Calgary.

I pursued public office to share my experience and passion for public service. I am committed to working tirelessly to represent the constituents of Calgary Fish Creek and make Alberta a better place to live, work, and raise a family.

It's been an incredible summer here in Calgary with lots of festivals, Stampede activities, and community events. It was great to see Stampede events in full force in Calgary Fish Creek. I am looking forward to hosting the annual Calgary Fish Creek Stampede BBQ next year. In the meantime, I would like to invite all constituents to our 'Meet Your MLA' family BBQ on Saturday, September 16 from 12:00 to 2:00 pm at the Bonavista Downs community centre (1418 Lake Ontario Road SE). We will be enjoying Spolumbos sausages and music, along with kids' entertainment like face painting and balloon animals. I'm looking forward to getting to know you all better.

In the meantime, please feel free to reach out to my office at Calgary. Fish Creek@assembly.ab.ca.





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