

JANUARY 2023

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CONNECTS

THE OFFICIAL RIVERBEND COMMUNITY NEWSLETTER



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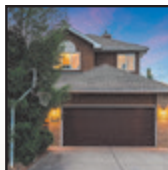
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Dr. Nikola Vranjes, DDS



Dr. Tasha Chrbet, DDS



Dr. Megan Lawless, DDS

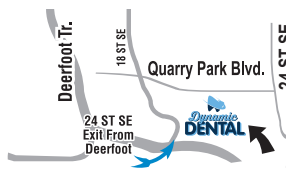


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Happy New Year



Garden Court Restaurant

Breakfast (Monday - Sunday, 6:30am - 11:00am)
Lunch (Monday - Sunday, 11:00am - 2:00pm)
Dinner (Friday - Sunday, 5:00pm - 9:00pm)

Garden Court Buffet

Lunch (Wednesday, 11:30am - 2:00pm)
Dinner (Friday - Sunday, 5:00pm - 9:00pm)
Brunch (Sunday, 10:00am - 2:00pm)

Carving Board Restaurant

Monday - Thursday, 5:00pm - 9:00pm

Elbow Room Lounge

Monday - Sunday, 2:00pm - 10:00pm
Happy Hour Everyday, 3:00pm - 7:00pm

Glenmore Inn & Convention Centre Hotel

1000 Glenmore Court SE | 403-720-5288 | glenmoreinn.com

Key Things to Know About in January

Stay connected to all things Riverbend at www.riverbendcommunity.ca, and Facebook, Twitter, and Instagram @riverbendyyyc

Stay connected to all things Riverbend at www.riverbendcommunity.ca and on Facebook, Twitter and Instagram @riverbendyyyc.

Kids' Christmas Party Thank-You

We would like to give a big thank-you to the Riverbend Girl Guides for another amazing Kids' Christmas Party!

We would also like to thank the Riverbend Tim Hortons for donating hot chocolate, Remax Key for donating popcorn, and MLA Tanya Fir for donating a gift basket.

Thank you to all who came out and we will see you at our next event!

RCA Volunteer Committees

We want you to have your say!

RCA is establishing two new committees to address the concerns of all Riverbend residents.

The Traffic and Safety Committee: Do you want to have your say in keeping our community safe? Volunteers are needed to advocate for traffic and safety measures for the community. Contact Director Brenda Pereira at brenda@riverbendcommunity.ca.

The Beautification Committee: Beautification contributes to a vibrant neighbourhood and sense of pride. Join the team to help us implement some community projects: public art, landscaping, decorative garbage can wraps, directional signs, TLC day. We are currently soliciting both ideas and volunteers who are interested in enhancing the beauty of Riverbend! Contact Director Pat Medhurst at pat@riverbendcommunity.ca.

For more information, visit www.riverbendcommunity.ca/community-advocacy.

2022 Traffic and Crime Survey Results

Back in April, we kicked off the "Traffic and Crime Survey." The intention of the survey was to give RCA a better understanding of the traffic and safety concerns of our community to develop appropriate action plans.

The survey was open from April 4 to June 19, 2022. We received over 100 responses! Thank you to all the residents who participated and provided great feedback! See page 8 for details.

All-Season Rink Makeover Project

Global Sports, the supplier of our new rink boards and other rink equipment has totally surprised us as they completed the installation earlier than anticipated on December 11! The rink volunteer team has been working hard to provide ice for all community members to enjoy!

It has been a long journey with many roadblocks, but we are so excited that Riverbend is finally able to enjoy this new all-season facility!

Upcoming Events

Casino Volunteers Needed - January 7 and 8, 2023

Our casino funds support a number of things, including community engagement initiatives such as programs, events, and various community projects, such as community beautification. Funds also support ongoing operational costs and improvements of the facilities. Volunteers are provided with a free meal during their shift and a discount code for RCA programs, events, and memberships.

Sign up today at www.riverbendcommunity.ca/events/rca-casino-fundraiser.

Winter Movie Night - Friday January 27, 2023, at 7:00 pm

Previous movie nights were a huge success, so we decided to host this event more regularly! Don't miss *Dr. Strange in the Multiverse of Madness* on Friday, January 27, 2023, at 7:00 pm. \$3 for RCA members and \$5 for non-members.

Register online: www.riverbendcommunity.ca/events/winter-movie-night.

Poker Tournament at the RCA! – Saturday, February 11, 2023, at 5:30 pm

We are excited to announce the first in a series of game nights that will be hosted by the RCA in 2023. Our first event will be a community poker tournament! Registration is \$25 for members, \$30 for non-members, and \$30 buy-in for 15,000 chips. Also, you have a choice of a 15,000 chip add-on for \$30. Rebuy and add-on available until the first break at 7:30 pm.

Register online: www.riverbendcommunity.ca/events.

Standard First Aid with CPR/AED - Thursday and Friday, February 23 to 24, 2023, 9:00 am to 5:00 pm

Upon completion, students will be able to recognize, treat, and deal with emergency situations appropriately and more comfortably. This course is ideal for those who want a comprehensive insight into emergency situations, or for those who require training for work related situations. For adults 18+. Certification card valid for three years.

\$140 for RCA members and \$160 for non-members.

Register online: www.riverbendcommunity.ca/events/standard-first-aid-with-cpraed.

Join the RCA Team!

Whether you're recently graduated, unemployed, or currently working but looking to the future, we have some excellent opportunities where you can make a visible difference in your own community!

We are currently looking for a treasurer to join the board see page 13 for details.

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- **News and Events**
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OF PRIDE.**

**JOIN THE TEAM TO HELP US
IMPLEMENT NEW PROJECTS.**

01 ENHANCEMENT 02 LANDSCAPING 03 PUBLIC ART



**VOLUNTEERS NEEDED WHO ARE INTERESTED IN
ENHANCING THE BEAUTY OF RIVERBEND!**

CONTACT PAT@RIVERBENDCOMMUNITY.CA TO GET INVOLVED

WWW.RIVERBENDCOMMUNITY.CA/COMMUNITY-ADVOCACY



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SENIORS CARDS AND COFFEE STARTING JANUARY 13, 2023

2-4 PM EVERY SECOND FRIDAY OF THE MONTH
CARDS, COFFEE, TREATS & FRIENDSHIP!
AT THE RIVERBEND COMMUNITY CENTRE
FREE FOR MEMBERS AND \$2 FOR NON-MEMBERS

RCA MEMBERSHIP FORM

*Memberships are valid for one
year from the date of purchase.*

First Name: _____

Last Name: _____

Email: _____

Spouse/ Partner Name: _____

Address: _____

Postal Code: _____

Phone Number: _____

Number of Children: _____

Ages of Children: _____

Please let us know what communications you would like to receive from Riverbend Community Association!

- ☐ Volunteer Opportunities
- ☐ Special Events & Community Surveys (as occurring)
- ☐ General Riverbend Community Communications (monthly)

Membership cost:

- ☐ \$25 +GST (\$26.25) - Individual/ Family or Associate
- ☐ \$15 +GST (\$15.75) - Seniors Household



*Please mail completed form with
appropriate payment to Riverbend
Community Centre, 19 Rivervalley
Dr SE, Calgary AB T2C 3S1, or drop
it off at the Riverbend Community
Association's office.*



★ WINTER ★ MOVIE NIGHT!

January 27, 2023 7:00 PM
Movie:
Doctor Strange in the Multiverse of Madness

★ \$3 for RCA Members
★ \$5 for Non-Members
Popcorn and refreshments included!



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WWW.RIVERBENDCOMMUNITY.CA/EVENTS



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Standard First Aid & CPR/AED



Located at the Riverbend Community Centre
February 23, 2023 - February 24, 2023
(Bow River Room)

9 AM - 5 PM

COST

\$140 for RCA Members
\$160 for Non-Members

This course is for adults 18+



REGISTER ONLINE -

WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS

Kin[♪]dermusik

Sing. Move. Bond. Grow.



Age 0-1

Mondays

12:00 PM - 12:45 PM
(in the Bow Room)

12 weeks of classes

January 9, 2023 -
March 27, 2023

Cost

\$230 for RCA Members
\$250 for Non-Members

REGISTER ONLINE -

WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Kin[♪]dermusik

Sing. Move. Bond. Grow.



Age 1-3

Wednesdays

10:00 AM - 10:45 AM
(in the Bow Room)

12 weeks of classes

January 11, 2023 -
March 29, 2023

Cost

\$230 for RCA Members
\$250 for Non-Members

REGISTER ONLINE -

WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS



KEN 403.279.5575

Traffic and Crime Survey Results

Back in April, we kicked off the "Traffic and Crime Survey." The intention of the survey was to give RCA a better understanding of the traffic and safety concerns of our community to develop appropriate action plans.

The survey was open from April 4 to June 19, 2022. We received over 100 responses! Thank you to all the residents who participated and provided great feedback! Here are the questions and results of the survey:

In your opinion, what are the traffic problems in our community? Provide location/address.

Results:

- Speeding – 18 and 21 Streets, school zones, 18 Street and Riverbend Gate/Riverglen Drive
- No left turn at key intersections
- Inconsistent speed zones
- Too much traffic on 18 Street
- Pedestrian crossing ramp – Glenmore Trail (Eastbound) and 18 Street

Have you previously reported traffic concerns to the Calgary Police Traffic Service Requests (via calgary.ca)?

Results:

- No – 88%
- Yes – 11%
- No response – 1%

What are your concerns related to safety and crime issues in our community?

Results:

- Traffic – speeding, left turns, cars parked too close to corners
- Car break-ins and prowling
- Homelessness
- Kids bullying at playgrounds (summertime)

In your opinion, what is the main source of crime in our community?

Results:

- Car break-ins, prowling, petty theft, vandalism
- Drug use, people using Carburn Park
- No police presence

Have you previously reported crimes in our community through Calgary Police Online Portal (Report a Crime via calgary.ca) or called the non-emergency line at 403-266-1234?

Results:

- No – 54%
- Yes – 43%
- No response – 3%

So, what's next? Based on these results, our focus for 2023 will be on awareness and education sessions (traffic safety and crime prevention). As well, now that we know what the traffic and safety concerns of our community are, we will be developing a plan on how we can address these items.

If you want to have a say in how we can keep our community safe, please consider joining the traffic and safety committee. If you would like more information on the traffic and safety committee, please reach out to Brenda Pereira at brenda@riverbendcommunity.ca.



Riverbend FYI

The RCA is a volunteer-based, non-profit organization. Our mission is to create a vibrant, active community, and to encourage participation and a spirit of belonging.

Values - Riverbend CONNECTS!

Community Oriented: We put our community needs first and provide opportunities to bring the community together.

Integrity: We are open, honest, and responsible in our dealings with our community stakeholders and amongst ourselves.

Nature: We value the proximity of green spaces, pathways, and the river in our community.

Engagement: We are committed to keeping our community informed about all things Riverbend, ensuring participation in programs, events, and volunteer opportunities.

Connection: We want to foster positive, supportive connections for our community members.

Teamwork: We work together to support our community stakeholders and to address community concerns.

Sustainability: We take care of our resources responsibly to ensure they can benefit future generations.

Stay connected to all things Riverbend at www.riverbendcommunity.ca and on Facebook, Twitter and Instagram @riverbendyycc.

To purchase Riverbend swag, visit our Spirit Gear online store at www.riverbendcommunity.entripyshops.com. Order countless items and customize the design in an unlimited number of ways. Let's all show how we love Riverbend!

What does an RCA membership get you?

- The opportunity to participate in community gatherings and build in-person relationships
- Supporting many programs and events that the RCA offers
- Enjoyment of recreational programs and activities right in your neighbourhood
- Entitlement to vote at the RCA Annual General Meeting to choose the people you'd like to see on the board of directors

- The ability to join the RCA Board of Directors and make a lasting impact on the community

Discount Offers:

- 15% off Riverbend Community Centre rentals.
- Discounts on community programs and events.
- Priority registration for free community programs and events.
- 10% discount for paddleboard rentals and paddleboard classes from SUP&Flow.
- 25% off burglary, smoke, panic, and medical alarm monitoring fees with Stealth Alarms.
- 25% off paint and 15% off paint supplies at Cloverdale Paint.
- 10% off at Original Joe's restaurant in Quarry Park. (Some conditions apply)
- One free materials drop off once a month at Ecco Recycling landfill.
- Free week trial and rate discount at F45 Quarry Park Riverbend.

How do I renew? Where do I sign up?

- **Online:** Purchase your membership online via our website, www.riverbendcommunity.ca.
- **Mail:** Cut out and complete the membership form from Riverbend Connects. Mail to Riverbend Community Association: 19 Rivervalley Drive SE, Calgary AB T2C 3S1.
- **In Person:** Renew in person at the Riverbend Community Centre for those without computer access. Exact cash amount or cheque only.

Please Note:

Overhead costs of processing membership applications not submitted online are high, therefore we strongly encourage everyone to utilize our online portal.

Registrations that are mailed in take longer to process; you may not receive your membership confirmation right away.

**9 PM
ROUTINE**

✓ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



RIVERBEND FYI

Riverbend Community Association Contacts

✉ info@riverbendcommunity.ca ☎ 403-236-7270 🏠 19 Rivervalley Dr SE, Calgary, AB T2C 3S1
 🌐 riverbendcommunity.ca 📘 facebook.com/riverbendyyc 🐦 twitter.com/riverbendyyc 📧 @riverbendyyc

DIRECTORS		
President	Olga Maciejewski	olga@riverbendcommunity.ca
Past President	Christina Matisons	christina@riverbendcommunity.ca
Business Administration	Amit Khare	amit@riverbendcommunity.ca
Board Secretary	Vacant	
Capital Projects	Ken Schultz	ken@riverbendcommunity.ca
Community Beautification	Patricia Medhurst	pat@riverbendcommunity.ca
Information Technology	Ryan Munday	ryan@riverbendcommunity.ca
Memberships and Partnerships	Samantha Moulds	samantha@riverbendcommunity.ca
Treasurer	Vacant	stuart@riverbendcommunity.ca
Traffic, Safety, and Crime Prevention	Brenda Pereira	brenda@riverbendcommunity.ca
Volunteer Resources	Natalia Gonzalez	natalia@riverbendcommunity.ca
OTHER		
Community Manager	Delby Auktor	delby@riverbendcommunity.ca
Communications and Marketing	Denelle Peacey, Ben Fisher, Linsay Gray	communications@riverbendcommunity.ca
School Liaison Holy Angels	Vacant	
School Liaison Riverbend	Olga Maciejewski	olga@riverbendcommunity.ca
Softball League	Cody Halleran	cody.halleran@shaw.ca
Volleyball League	Clayton Bischoff	claytonbbischoff@shaw.ca
DISTRICT REPRESENTATIVES		
Calgary Police Community Liaison Officer	Cst. Sue Bennett	
Councillor Ward 11	Kourtney Penner	Ward11@calgary.ca
MLA Calgary Peigan	Tanya Fir (UCP)	Calgary.Peigan@assembly.ab.ca
MP Calgary Shepard	Tom Kmiec (PC)	Tom.Kmiec@parl.gc.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	cathie.williams@cssd.ab.ca
Guides Riverbend	Holly Sweeney	hollysweeney6@outlook.com
Scouts 77th East Glenmore Scout Group	Rose Martin	rose_m@shaw.ca



support your community

BECOME A MEMBER NOW!

GET CONNECTED | BUILD RELATIONSHIPS
VOTE ON IMPORTANT ISSUES | JOIN RCA BOARD

FEEES SUPPORT COMMUNITY
PROGRAMS, EVENTS AND
PROJECTS

In addition members benefit from
DISCOUNTS | PRIORITY | EXCLUSIVE ACCESS

- %15 off community centre rentals
- FREE monthly materials drop-off at Ecco Recycling landfill
- Discounts for RCA program and event registrations
- GREAT discount offers with community retailers

WWW.RIVERBENDCOMMUNITY.CA/MEMBERSHIP



Riverbend Community Centre

LOOKING FOR A SPOT TO BOOK YOUR NEXT EVENT?
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- And so much more!!



WWW.RIVERBENDCOMMUNITY.CA/FACILITY-RENTALS



**DO YOU WANT TO HAVE A
SAY IN KEEPING YOUR
COMMUNITY SAFE?**

**VOLUNTEER FOR THE
TRAFFIC, SAFETY & CRIME
PREVENTION COMMITTEE**

01 TRAFFIC



02 SAFETY



03 CRIME



VOLUNTEERS ARE NEEDED TO ADVOCATE FOR TRAFFIC
AND SAFETY MEASURES FOR THE COMMUNITY

CONTACT BRENDA@RIVERBENDCOMMUNITY.CA TO GET INVOLVED

WWW.RIVERBENDCOMMUNITY.CA/COMMUNITY-ADVOCACY



POKER TOURNAMENT

REGISTRATION
\$25 FOR MEMBERS
\$30 NON-MEMBERS
AND \$30 BUY IN FOR 15000 CHIPS.
ALSO YOU HAVE A CHOICE OF A
15000 CHIP ADD-ON FOR \$30.
REBUY AND ADD ON AVAILABLE UNTIL
THE FIRST BREAK AT 7:30PM

**SATURDAY
FEBRUARY 11 AT
5:30PM**

PRE-REGISTER ONLINE AT
WWW.RIVERBENDCOMMUNITY.CA/EVENTS

Sledding Safety

by Alberta Health Services, EMS

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- Tobogganing at night is not advised.

Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Attempt to cover any exposed skin.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water, until re-warmed.

Winter Cart Placement Tips


from the City of Calgary

Follow these winter tips to keep your cart collection safe and on schedule:

- Clear snow and ice to put your carts on even ground. Don't place carts behind or on top of snowbanks.
- Leave enough space around your carts to easily walk between and around them.
- Store carts in a sheltered spot and move them out on collection day so they don't freeze to the ground. Move carts back by 7:00 pm on collection day.
- Clear snow off your carts and keep lids closed. Snow in your blue cart ruins quality recyclables and makes them difficult to sort at the facility, meaning they can't be turned into new products.
- Prevent food and yard waste from freezing inside your green cart. Use compostable bags or place crumpled newspaper or a pizza box at the bottom of the cart.

Learn more at calgary.ca/cartplacement.





New Year's Eve in Times Square

New Year's Eve in Times Square is quite the spectacle, with live entertainment, fireworks, and a ball drop at midnight. But did you know that the first New Year's celebration held in this square had a slightly different purpose? In 1904, Adolph Ochs organized the event to celebrate the new headquarters of his publishing company, The New York Times!



JOIN OUR RCA TEAM!

TREASURER

Key Responsibilities:

- Responsible for accurate financial records of the organization
- Present regular account of revenues and expenditures to the Board
- Support annual audit process
- Present audited financial statements at AGM
- member of the Executive Team with additional responsibility for business administration affairs of the organization
- holds signing authority for the organization

Helpful Skills:

- Accounting/finance experience
- Familiarity with accounting apps such as Dext/ QBO/ Plooto

RCA Board Roles:

- Time commitment of approximately 10 hours per month
- 2-year term
- Open to Riverbend Residents only

****Board experience can be used towards annual professional development hours for many professions****

To Apply visit -

www.riverbendcommunity.ca/volunteering



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✉ Calgary.Peigan@assembly.ab.ca



Dear Constituents,

Affordability is a challenge faced by many Albertans right now. That is why we are delivering timely and meaningful support. The measures announced so far include, but are not limited to, extending the fuel tax cut, taking action on utilities, including expanding the electricity rebate to a total of up to \$500, reindexing benefits like AISH, PDD, and Income Support, as well as the Alberta Seniors Benefit and the Alberta Child and Family Benefit, providing targeted payments for kids under 18, seniors 65 and over, and vulnerable Albertans with household incomes below \$180,000, and providing additional support for low-income transit programs. Our government is in a position to provide this suite of financial help because of our balanced budget and strong fiscal position.

The Deerfoot Trail expansion project, which is expected to begin in 2023, will ease congestion on Alberta's busiest highway. It will include improving Bow Bottom Trail and Anderson Road, Southland Drive and Glenmore Trail interchanges, building seven new bridge structures at Anderson Road and Bow Bottom Trail, Bow River, Southland Drive, and Glenmore Trail, and adding more lanes to Deerfoot Trail along the highway and through the Anderson Road/Bow Bottom Trail and Glenmore Trail interchanges.

Patients receiving cancer care in Calgary are another step closer to receiving that care in a world-class medical centre. The new Calgary Cancer Centre will increase care capacity by consolidating and expanding existing services to support integrated and comprehensive cancer care. The hospital will serve as a hub for medical education and research activities, providing jobs and educational opportunities for Albertans. AHS is preparing the hospital for clinical services, including installing equipment and furniture, and training staff. Once operational, the 186,000 square metre facility will have 160 inpatient beds, 100 patient exam rooms, and will provide a wide range of health care services for patients.

Wishing you a healthy and prosperous 2023 filled with blessings.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Riverbend. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

RIVERBEND MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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