

MAY 2026

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THE OFFICIAL WILLOW PARK MAPLE RIDGE COMMUNITY NEWSLETTER

**MOTHER'S DAY TEA**  
**PAGE 14**



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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

WILLOW PARK



MAPLE RIDGE



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# WILLOW RIDGE COMMUNITY ASSOCIATION

680 Acadia Drive SE Calgary, AB T2J 0C1

Ph: 403-271-8044  
 Website: mywillowridge.ca  
 Email: info@mywillowridge.ca

We are available by phone Monday to Friday 9:00 am to 3:00 pm  
 (Voicemail is checked daily and will be responded to by the end of day the next  
 business day). In-person by appointment only.  
 \*\*Closed Weekends and Holidays

## Board Members

President	Jacqueline Leeflang	president@mywillowridge.ca
Vice President	Dustan Byrnes	vp@mywillowridge.ca
Treasurer	Kody Shiels	treasurer@mywillowridge.ca
Secretary	Jecielle Alonso	secretary@mywillowridge.ca
Membership Coordinator	Vacant	
Facilities	David Hughes	facilities@mywillowridge.ca
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Funding	Don Boykiw	dboykiw@mywillowridge.ca
Social	Vacant	
Casino	Marshall Horne	mhorne@mywillowridge.ca
Communications	Vacant	
Volunteer Coordinator	Vacant	
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Urban Forestry	Gordon Paynter	gpaynter@mywillowridge.ca

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Director-at-Large	Katie Bradbury	kbradbury@mywillowridge.ca
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Director-at-Large	Shannon Dacanay	sdacanay@mywillowridge.ca
Director-at-Large	Chris Matlashewski	cmatlashewski@mywillowridge.ca

## Other Contacts

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Garden Liaison	Joshua Plumb Megan Festa	wrveggiesandherbs@gmail.com

## WRCA Staff

Community Services Manager	Anna Glickman	gm@mywillowridge.ca
Bookkeeper & Program Coordinator	Jenna Burns	jburns@mywillowridge.ca
Facility & Operations Coordinator	Alex Hubscher	ahubscher@mywillowridge.ca

## Community Resources

City of Calgary Liaison	Christa Zaharychuk	christa.zaharychuk@calgary.ca
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## Community Resources

### Councillor - Ward 11

Rob Ward ward11@calgary.ca

### MLA - Calgary Acadia

Diana Batten 403-640-1363 calgary.acadia@assembly.ca

### MP - Calgary Midnapore

Stephanie Kusie 403-225-3480 stephanie.kusie.c1@parl.gc.ca

### CPS Community Resource Office

Cst. Brandon Gillis bgillis@calgarypolice.ca

### Girl Guides of Canada Calgary Area

403-283-8348 ggcinfo@calgarygirlguides.com

### Scouts Canada Chinook Council

403-283-4993 www.scouts.ca

## The Willow Ridge Community Association (WRCA) Vision

To be an integrated community connecting partners, family, neighbours, and nature.

## The WRCA Mission

To foster an integrated community by providing meaningful and inclusive programs and experiences, safe gathering spaces, and advocacy for the needs and interests of our residents.

**GET WRCA NEWS IN YOUR INBOX** – With your membership, receive e-newsletters to share up-to-the minute news and events. We think you'll find the information valuable, but you can unsubscribe at any time.

## SOCIAL MEDIA

 @willowridgecommunity  
 @mywillowridge

**WRCA website**  
 mywillowridge.ca

The myWILLOWRIDGE.ca is the official newsletter of the Willow Park and Maple Ridge communities. It is generously published by Great News Media and distributed monthly for free to all residents of Willow Ridge (approximately 3,850 households).

Monthly Board of Directors Meetings are normally held on the third Tuesday of each month, but please check with the office as these meeting dates may change. They commence at 7:15 pm in the Herard Boardroom. If you would like to make a brief presentation to the WRCA Board, please notify the WRCA office at least three (3) days prior to the meeting date and state the topic you wish to address.

## PRESIDENT'S MESSAGE

On April 10, our Community Association ran its 2026 Annual General Meeting. It was a record AGM turnout, with dozens of local residents, our city councillor, and our MLA office in attendance. The presentation from our AGM, along with our financials, will be posted to mywillowridge.ca but, here are the highlights:

First, our CA was able to successfully close out the building remediation project, coming in on scope, under budget, and almost exactly on schedule. With the remediation behind us, we are now focused on revitalizing our parking and green spaces. We have raised almost \$400,000, and we expect construction to begin in July. We also continue to focus on building out our tree canopy replacement program with the City of Calgary and on sound mitigation options to find a better balance between pickleball players and local residents.

We are blessed to have a community full of volunteers who help enrich our community, and this year, we congratulate Dave Hughes as our 2026 volunteer of the year. Dave is our facility director, and in addition to helping with facility operations, he took lead on the mission-critical building remediation project and is now lead on the parking lot and green space revitalization. As we head into 2026, we are also excited to see new growth with our board, with six new directors, and a new president, Jacqueline LeeFlang, joining us. As I close out my fourth and final year as president, I want to send a final thank you to all of our volunteers and team at WRCA - you all truly make a difference and make our neighbourhood a great place to call home.

*Jason Carling*

Jcarling@mywillowridge.ca

WRCA Past President



*Volunteer of the Year - Dave Hughes*

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Order Deadline	Pick-up On
May 4	May 13
June 1	June 10
July 13	July 22
August 10	August 19

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The Good Food Box Program is part of the Community Kitchen Program of Calgary, where anyone can purchase boxes of fresh fruit & vegetables at an affordable price.

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## Activities at the Willow Ridge Community Centre

### Monday

- Expand Yoga ([www.expand-yoga.com](http://www.expand-yoga.com))
- Sparks ([www.girlguides.ca](http://www.girlguides.ca))
- Pyramid Psychology ([www.pyramidpsychology.com](http://www.pyramidpsychology.com))
- Country Swing Dance (IG: @canadiancountryswing)

### Tuesday

- Devotion Danceworks ([www.devotiondanceworks.com](http://www.devotiondanceworks.com))
- National Sports Academy ([www.nationalsportacademy.ca](http://www.nationalsportacademy.ca))

### Wednesday

- Devotion Danceworks ([www.devotiondanceworks.com](http://www.devotiondanceworks.com))
- Expand Yoga ([www.expand-yoga.com](http://www.expand-yoga.com))
- Girl Guides ([www.girlguides.ca](http://www.girlguides.ca))
- Step in Time Dancing School ([www.stepintimedancingschool.ca](http://www.stepintimedancingschool.ca))

### Thursday

- Because You Can Fitness ([www.becauseyoucanfitness.ca](http://www.becauseyoucanfitness.ca))
- Embers ([www.girlguides.ca](http://www.girlguides.ca))
- Expand Yoga ([www.expand-yoga.com](http://www.expand-yoga.com))
- National Sports Academy ([www.nationalsportacademy.ca](http://www.nationalsportacademy.ca))
- Pyramid Psychology ([www.pyramidpsychology.com](http://www.pyramidpsychology.com))
- Ujamma Grandmas

### Monday to Friday

- FLC Brushstrokes ([www.flcseniors.ca](http://www.flcseniors.ca))
- FLC Line Dancers ([www.flcseniors.ca](http://www.flcseniors.ca))
- Creations Child Care ([www.creationschildcareinc.com](http://www.creationschildcareinc.com))
- Willow Park Preschool ([www.willowparkpreschool.com](http://www.willowparkpreschool.com))
- Willow Ridge Community Kids Club ([www.willowkidsclub.ca](http://www.willowkidsclub.ca))

### Saturday

- Devotion Danceworks ([www.devotiondanceworks.com](http://www.devotiondanceworks.com))

### Sunday

- Unity of Calgary ([www.unityofcalgary.org](http://www.unityofcalgary.org))
- Victory Tabernacle Calgary ([www.victorytabernaclecalgary.ca](http://www.victorytabernaclecalgary.ca))

## Rent Our Space!

The Willow Ridge Community Association can accommodate a wide range of guests for activities or functions like wedding receptions, birthday parties, baby showers, workshops/seminars, art shows, fitness classes, and more!

Located outside are two private parking lots, crock curl (in the winter), gaga ball pit, pickleball/tennis courts, lacrosse box/hockey rink, baseball diamond, 50-plot community garden, and a large green space which we use for our WRCA Soccer league in the summer and a pleasure skating rink in the winter.

Our newly renovated, air-conditioned building has the following spaces available for rent!

- The Willow – 1,924 sq. ft. North Hall (135 dining/200 standing) with large windows, built-in audio/speakers, vaulted ceilings, wood sprung floor. Perfect for high-impact activities!
- The Maple – 1,200 sq. ft. South Hall (60 dining/135 standing) with large windows, separate sink/washing area, additional storage, vaulted ceilings, and a sound system.
- The Herard Room – 540 sq. ft. Board Room (25 dining/50 standing) with large windows, available projector, and mounted whiteboard, conveniently situated off the Ridge Lounge. Perfect for small group yoga, art classes, meetings, catering set-up, etc.

The community centre has the following additional features:

- The Ridge Lounge, an upstairs gathering area for members with a view of the rinks/fields.
- Large floor-to-ceiling windows to allow for more natural light.
- Internal stairs and elevator access to lower level.
- Four individual gender-neutral washrooms, two of which are wheelchair accessible.
- Wi-Fi throughout building.
- Large change area/washrooms with rubber flooring, accessible to rink users in the winter.



# Memberships Available Online



**Family  
Membership**  
\$35



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\$20



**Individual  
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\$25



**Business  
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\$40

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Community*



**WILLOW RIDGE  
COMMUNITY  
ASSOCIATION**

Visit [mywillowridge.ca](http://mywillowridge.ca) for more info

**RENTAL RATES:** Minimum 3-hour rental on weekends.

Facility	Size	Capacity	Hourly Rates	Day Rates	Deposit	Usage Examples
Willow (North Hall)	11m x 16m 37' x 52' 1924 sq ft	200 people	\$65/hr – Weekdays \$98/hr – Weekends	\$550 – 6hrs \$1,175 – 13hrs	\$550	Scouts or Guides, Art shows and exhibits, Larger AGMs, Town hall meetings, Martial arts, Dance classes
Maple (South Hall)	11m x 9m 37' x 31' 1200 sq ft	125 people	\$54/hr – Weekdays \$81/hr – Weekends	\$450 – 6hrs \$975 – 13hrs	\$450	Faith groups, Low-impact activities, small AGMs
Denis and Rose Herard (Board Room)	8m x 6m 27' x 20' 540 sq ft	25-30 people	\$33/hr – Weekdays \$49/hr – Weekends	\$275 – 6hrs \$575 – 13hrs	\$275	Corporate meetings, Break-out meetings, Wedding party preparations, Interviews and staff reviews, Green Room
<b>PARTY PACKAGE</b>	Over 4,000 sq ft	300-400 people	N/A	\$2,500 – 13hrs	\$1,000	Exclusive use of Kitchen Area, Ridge Lounge, Washrooms, All Rooms on upper level.

WRCA Members receive a 5% discount for one-time rentals.

Contact: [info@mywillowridge.ca](mailto:info@mywillowridge.ca) or 403-271-8044



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SCAN ME

## WRCA Open House

Thank you to everyone who attended our community open house. This was an excellent opportunity to meet one-on-one with all three levels of our government! Rob Ward, City Councillor for Ward 11, MLA Calgary Acadia - Diana Batten, and MP – Calgary Midnapore Stephanie Kusie were all present with their respective teams to meet with our residents.

We also showcased our community soccer association, various events offered and organized by our community association, and our Greener Grounds initiative which involves improving our parking and landscape around the community association building.

Also on display was our work with the City of Calgary Urban Forestry group looking at the overall health of trees and how to plan and manage replacing aging trees that have met their typical life span, been damaged from drought, or insect infestations. Putting a plan into place and budgeting for this over several years is an important proactive position we have adopted with the Urban Forestry Team to ensure we have a healthy tree population in WPMR.

Calgary Municipal Land Corporation had information available on plans for developing the area around the Anderson LRT station, looking at a mix of residential and commercial development, consistent with what has been in planned for in the Heritage Local Area Plan for many years. Information was also available from the city on a project to improve utilization of 90 Avenue/Acadia Drive from McLeod Trail to Anderson Road. The city will have more on this project later.

*Civic Affairs Team*

## Pet of the Month

This is Finn. He is a one-year-old rescue who enjoys long walks on the quiet streets of Willowridge, playing at the off-leash park, and likes his occasional visits to the wonderful staff and many users of WRCA. He is a quiet, cautious, loyal companion, standing guard here at the WRCA entrance.



## Flamingos

Did you know that flamingos aren't born pink? They absorb carotenoids from their algae and shrimp diet, which eventually turns their feathers pink!





May 10, 2026

2-5 PM

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# Mother's Day *Celebration*

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## Window and Balcony Safety

by Alberta Health Services



With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home –

access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

### Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.
- Keep drapery cords out of children's reach. Wrap excess cord around cleats or tie-downs to avoid a choking hazard.
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

### Balconies

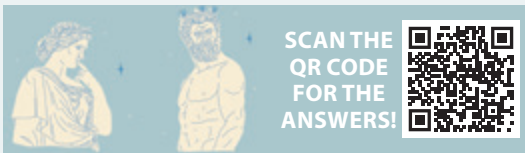
- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.
- Ensure that your balcony railings are not more than ten centimetres (four inches) apart. This will eliminate access between the vertical bars of a balcony, or deck.

### Further Prevention Tips

- Toddlers and preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Install safety devices which limit the distance in which a window can open to a maximum of ten centimetres (four inches).
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.

## Mythology Trivia

1. Who is the Greek goddess of the rainbow?
2. In Norse mythology, what is the name of the world tree?
3. Which animal is the symbol of the Egyptian god Bast?
4. The Aztec capital, Tenochtitlan, was founded after which bird's landing?
5. In Chinese mythology, which season does the Azure Dragon represent?
6. According to Blackfoot legend, what is the name of the spirit that caused the splitting of the Okotoks Erratic?



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## **Koala Fingerprints**

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02601	Panoramic X-Ray	\$111.40	<b>\$111.40</b>
11113	3 Units Scaling	\$261.75	<b>\$261.75</b>
11101	Polishing	\$77.75	<b>\$77.75</b>
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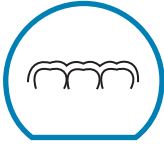
**CERAMIC RESTORATION**



**BOTOX TREATMENTS**



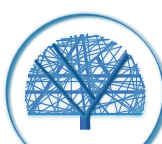
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## CONTACT US

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# Willow Park PreSchool



— Introducing —

## After-School Kindergarten Program

Extending learning beyond the kindergarten classroom



### Strengthen Social Skills

through guided play and collaboration



### Build Early Literacy & Numeracy

in fun, engaging ways



### Encourage Independence,

confidence, and curiosity

## After Kindergarten Care (Monday - Thursday)

A program designed to support and extend your child's kindergarten experience



### Strengthen Social Skills

through guided play and collaboration



### Build Early Literacy & Numeracy

in fun, engaging ways



### Encourage Independence,

confidence, and curiosity



◆ Our goal is to help children feel confident and independent while fostering a love of learning – all in a safe, nurturing, and fun environment.

**Call Now - Spaces Are Limited!**



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## World Tuna Day

Ten years ago, in 2016, the United Nations declared May 2 as World Tuna Day! The intention behind the holiday is to highlight the importance of sustainable fishing practices.

# Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

This GoFundMe, created in partnership with her family, is being established to help ease the inconceivable financial hardship they are facing.

The initial \$100,000 fundraising target will help cover immediate expenses, including lodging in Edmonton for Victoria's mother, Colleen (Cousens) Fortuna, and 16-year-old sister, Ariana, both from Calgary. This will also allow Colleen to take necessary time away from work during this period of immense hardship and profound change to focus on Victoria's medical journey and to help her daughters through the unimaginable grief of the sudden, tragic loss of their father.

In the days, months, and years ahead, Victoria will require additional surgeries, extensive rehabilitation, specialized leg prosthetics, intensive mental health support, and enduring general medical care. The financial impact will be significant and ongoing, with future fundraising goals evolving as a result of these needs.

The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.

Scan to donate or visit [gofund.me/31fdeef6f](https://gofund.me/31fdeef6f)

Any help is appreciated ❤️





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## Is Your Relationship Boring? Congratulations.

by Nancy Bergeron, R.Psych | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)



When you're in a healthy relationship, things shouldn't be constantly bothering you. No anxiously checking your phone every five minutes (or sneaking a peek at theirs), decoding texts, or wondering where you stand in the relationship daily. There are no emotional roller coasters, no high-stakes arguments that leave you questioning everything.

At first, that can feel underwhelming. But what it actually means is that your nervous system is at rest. You're not

surviving love, you're living in it. You have space to focus on your career, invest in yourself, and show up for friends and family, because your relationship isn't consuming all of your emotional energy.

In a "boring" relationship, you know how your partner will show up. What to expect. They call when they say they will. Disagreements don't turn into emotional warfare. Love isn't something you have to earn or worry about losing on a bad day.

Predictability gets a bad reputation, and consistency is underrated. There is something deeply comforting about being chosen, not impulsively, but steadily on ordinary days. And those ordinary days? They are what make up a healthy relationship.

What many people label as “chemistry” is often unresolved attachment wounds. The push-and-pull dynamic, the intensity, the emotional highs and lows. These feelings can feel magnetic or exciting because they are unconsciously familiar. When that intensity disappears, it can feel like something is missing. But often, what’s missing is the anxiety, not the love.

In a healthy relationship, love doesn’t spike your stress levels or leave you questioning your worth. It doesn’t require emotional gymnastics to stay connected. Instead, it feels steady and sometimes even quiet. And if you’ve been conditioned to equate love with intensity, that steadiness can feel unfamiliar at first.

One of the biggest green flags of a “boring” relationship is the space it creates. You don’t have to shrink yourself to keep the peace. You’re not walking on eggshells. You can simply be who you are, and feel accepted in that. No chasing, seeking affirmations, or changing who you are. That’s what creates a sense of grounding and safety.

Secure love allows room for growth. You can have bad days, need space, or evolve as a person without it threatening the relationship. This kind of love doesn’t feed on chaos, it supports calm.

It may not look exciting from the outside. It looks like grocery shopping, cleaning the house together, quiet nights, knowing how each other takes their coffee, and being able to sit in comfortable silence. It’s choosing each other again and again, not through grand gestures, but through mutual respect, reliability, and care. There is romance in that, it’s just not performative or overt.

Healthy relationships thrive on shared routines, inside jokes, and even predictable disagreements. The love doesn’t have to be loud to be deep and real.

Maybe “boring” is actually the greatest form of love these days. In a world hooked on instant gratification and emotional extremes, choosing calm, steady love is almost radical. A relationship that doesn’t drain, confuse, or exhaust you is incredibly valuable.



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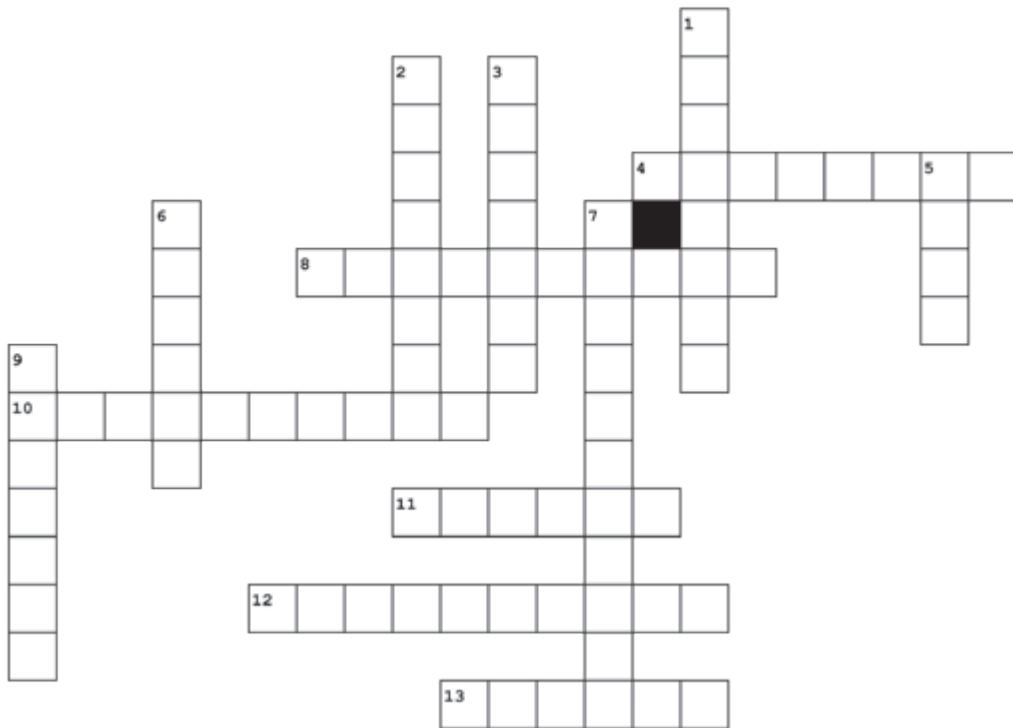
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# May Crossword

To mom



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## Across

4. This popular Sci-Fi series is unofficially celebrated on May the fourth.
8. May's full moon is often referred to by this floral nickname.
10. This holiday was founded by American activist Anna Jarvis in 1908.
11. On May 25, citizens of Gloucestershire, England, race this edible item down a steep hill.
12. This famous bridge in San Francisco was opened on May 24, 1987.
13. Twilight star \_\_\_\_ Pattinson, was born on May 13, 1986, in London, England.

## Down

1. This flowering shrub is just one of May's birth flowers!
2. May 24 marks a Canadian national holiday celebrating this former Queen of England.
3. April showers bring May \_\_\_\_.
5. May 2 marks the birthday of Dwayne the \_\_\_\_ Johnson.
6. The \_\_\_\_ brothers patented their Flying Machine on May 22, 1906.
7. On May 1, 1931, this famous building was opened to the public in New York, New York.
9. This green gem is the birthstone of May.

# Cats, Canines, & Critters of Calgary



Chase, Bridgeland



Frankie, McKenzie Towne



May, Elbow Park



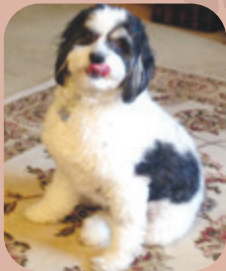
Miss Charlee, Crescent Heights



Moony, Lake Bonavista



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Osito, Canyon Meadows



Togo Grimshaw, Panorama Hills Estates

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BRAIN GAMES

# SUDOKU

				5	1	7		
	1			3				9
	5			9	4			
4								6
9	3			1				2 5
5								3
				7	2			3
	7				6			8
		2	1	4				

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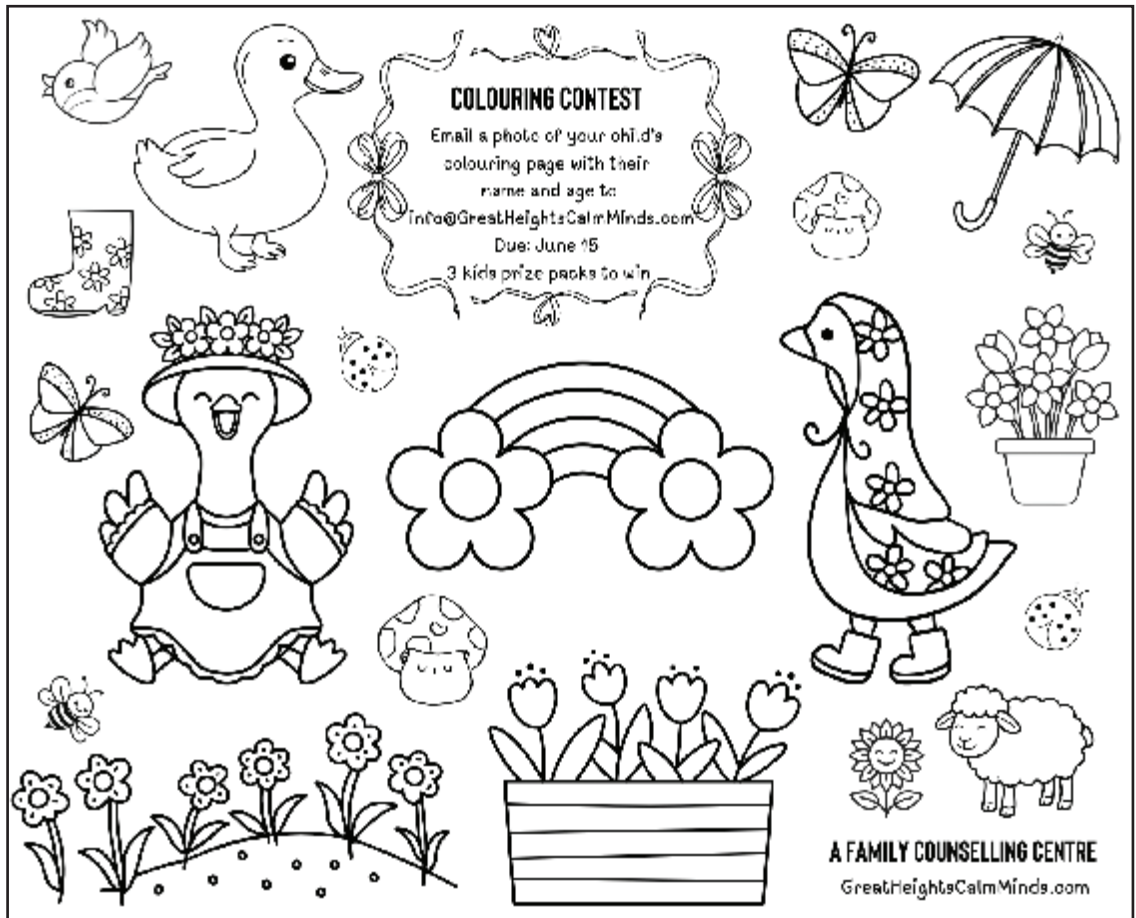
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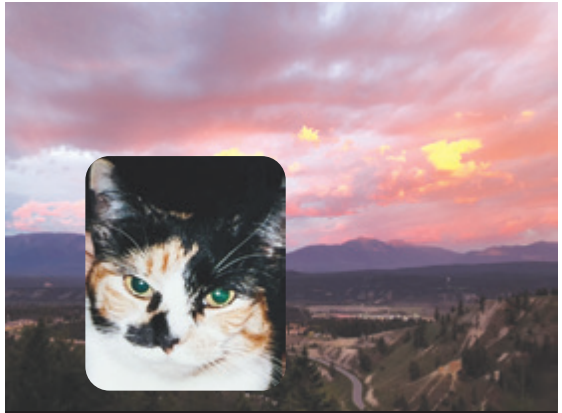
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by Garth Paul Ukrainetz

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Just below horizon  
The sun appearing soon  
Sleepy blue the twilight  
Glowing orange piercing through

A peaceful calm confusion  
Clouds and sunlight swirl the sky  
Still fills me full of wonder  
Often brings a tear to eye

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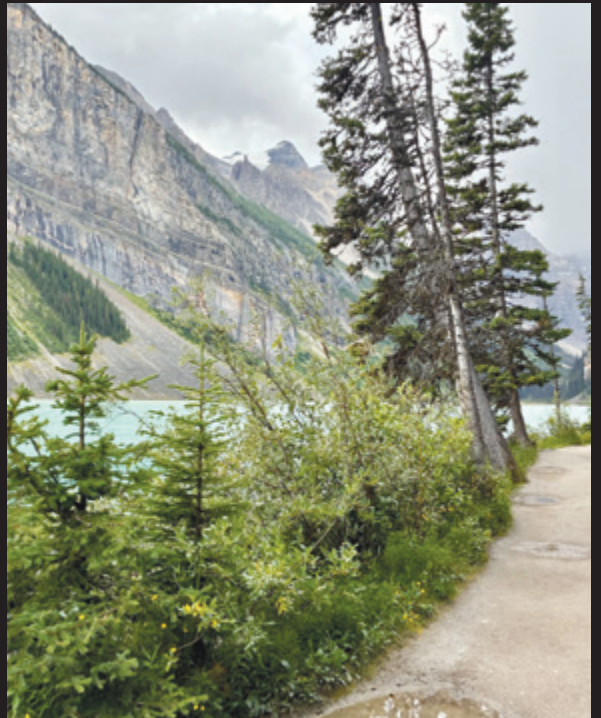
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Images by Syed Adeel Hussain





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Detached Home Stats - Last 45 Days



**17**

# New Properties



**7**

# Sold Properties



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Average Days on Market



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### Maple Ridge

Detached Home Stats - Last 45 Days



**9**

# New Properties



**4**

# Sold Properties



**68**

Average Days on Market



**\$761,225**

Median Sold Price