my Cedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER







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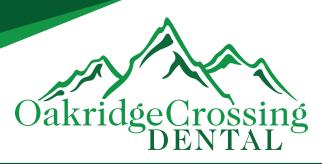
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TO BOOK AN APPOINTMENT OR TO ASK US ABOUT OUR COVID-19 SAFETY PROTOCOLS

For your safety and ours, our dental team is vaccinated for COVID-19



SCAN TO BOOK
AN APPOINTMENT



Dr. Daniel Kulevski General Dentist

2580 Southland Drive SW, Suite 58A, Calgary, Alberta

info@oakridgecrossingdental.ca www.oakridgecrossingdental.ca

OFFICE HOURS

Monday 7:30 AM to 4 PM Tuesday 7:30 AM to 7 PM Wednesday 7:30 AM to 7 PM 7:30 AM to 4 PM 7:30 AM to 4 PM 7:30 AM to 3 PM Saturday* 9 AM to 3 PM Sunday CLOSED *Open two Saturdays per month*

Cedarbrae Community League Association Board of Directors

To contact our Board of Directors please email info@mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month (October to June) at 7:00 pm. All residents and members are welcome to attend. Board meetings are held at the Cedarbrae Community Centre located at 11024 Oakfield Drive SW.

If you have community concerns you would like added to our agenda, please submit them via email to info@mycedarbrae.ca. Please include your contact information for follow up or additional questions.

October saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, work, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors		
President	Vacant	
Vice President	Morgan Harper	
Treasurer	Carter Little	
Secretary	Vacant	
Director of Grant Writing	Vacant	
Director of Events	Ashley Clifford	
Director of Community Relations	Rahul Garambha	
Director at Large	Carole Oliver	
Director of Communications	Maxine Sephton	
Director of Memberships	Vacant	
Director of Volunteers	Vacant	
Cedarbrae Community Centre Contacts		
Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca	

Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work and play. Become a member today!

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our Community Centre, fundraising events and our yearly membership.

All those funds are put right back into our Community, maintaining the Centre, low cost programming, hosting events and Community Outreach.

Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary!

Community Vision:

Cedarbrae is recognized as one of the most desirable, progressive and caring communities in Calgary to live, learn, work and play.

Mission:

MyCedarbrae operates a vibrant, viable Community Centre that provides recreational, social and educational opportunities for residents of Cedarbrae and by extension, citizens of Calgary.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Become a member today! What's the easiest way?

- Check out our website: www.mycedarbrae.ca, click on the membership tab to go to our secure membership site – a few easy steps and you're a member!
- Stop by the Community Centre and fill out a membership form. Anytime during office hours the Centre staff is ready to help.
- Come check out one of our Community Events.

 Memberships are available during all of our Events.

Cedarbrae Community Memberships are always a great value!

- \$30 per household
- \$15 for seniors (55+)

Yearly memberships run from May 1 to April 30.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

Membership dollars go towards running your local Community Centre, Community Events, and programs offered at low cost so that everyone can join in.

Membership Application Form



· · · · · · · · · · · · · · · · · · ·	• •	www.mycedarbrae.c
\$30 – Family Membership \$15 – Senior 55+ Me	embership Single: \$15/year Date _	
Main Contact	Spouse/Partner – if applicable	e
Last Name	Last Name	
First Name	First Name	
Address	Po	stal Code
Home Phone Please send cheque or money order to Cedarbrae C		
Email		
I would like to volunteer for the following:	☐ Newsletter ☐ Special Events	☐ Garden ☐ Sports Programming
☐ Stampede BBQ ☐ Casino	☐ Board of Directors ☐ Community Clean-up	Other:



We are excited to welcome you to our brand new location opening March 2023!

Dr. Adrian Harbison and Dr. Sean Carey along with the the rest of the West Peaks Dental Team look forward to meeting you!

Book Now



- 🔖 Suite 205, 125 Oakmoor Pl SW Calgary, AB T2V 4A3
- (403) 281-4264
- 🗎 westpeaksdentalsuite.ca







UPCOMING COMMUNITY PROGRAMS AND EVENTS

55+ Programs

Coffee and Connect

Every Monday from 10:00 am to 12:00 pm in the Parkview Room

Come connect with your fellow neighbours over a hot cup of coffee!

Senior Member Gym Walking

Every Monday from 10:00 am to 11:00 am in the Gymnasium

Bring your indoor running shoes, a water bottle, and get moving with seniors in our community.

Cards and Games

Every Monday from 1:00 pm to 4:00 pm in the Parkview Room

Join us for some friendly competition featuring various card and board games such as Scrabble, Cribbage, bridge, and many more.

Engaging Aging

Hosting guest speakers and engaging activities. More information coming soon.

Book Club

Occurs the first Tuesday of every month. Open to all ages. Open discussion is meant to encourage connection between fellow book lovers. Who knows, you might just end up swapping books with your neighbours! Have a great book you would like to recommend for Book Club? Email us at info@mycedarbrae.ca.

Tuesday, April 4 from 1:00 to 2:00 pm Open discussion.

Tuesday, May 2 from 1:00 to 2:00 pm

Pre-read is *Rough* by Calgary's very own Robin van Eck. The story is set in Calgary during the 2013 flood and revolves around Shermeto, who ends up in the hospital after intervening in a bar attack. Meanwhile, the city falls into chaos as the Bow River's water level rises. Although Shermeto distances himself away from the swelling river, he is forced to face the part of his past that he tries to hide from: his daughter, Kendra.

Tuesday, June 6 from 1:00 to 2:00 pm Open discussion.

Tuesday, July 4 from 1:00 to 2:00 pm

Pre-read is *Sweetland* by Canadian author, Michael Crummey.

Tuesday, August 1 from 1:00 to 2:00 pm

Open discussion.

Garden Talk Series

Let's talk gardening! The Cedarbrae Community Centre is proud to offer nine sessions that will offer information on various gardening topics and techniques to prepare you for the summer ahead. Whether you are new to gardening, or an experienced gardener, these classes are bound to teach you a thing or two as Deborah VanDeventer shares her tips and tricks for gardening in our Calgary climate.

These Saturday sessions are scheduled for February 25, March 4,11,18, 25, April 1, 15, 22, and 29. The cost to register for this series (nine Garden Talks total) is \$45 for Cedarbrae Community League Association members and \$55 for non-members. Please note, there are no refunds for absences. Class sizes are limited, so register today by emailing info@mycedarbrae.ca.

The remaining four sessions (April 1, 15, 22, and 29) will cover organic fertilizers, additives and amendments, wise water and space management, companion planting, and disease and pest management. Bring a notebook and pen as this session will cover everything you need to know to set yourself up for successful spring planting!

Upcoming Community Events

Updates on the 2023 Stampede BBQ

We are looking forward to warmer days and seeing what our director of events and event volunteers have in store for this summer! Unfortunately, the Cedarbrae Community Centre will no longer be hosting the 2023 Stampede BBQ. Instead, we are planning to host more family-friendly, community focused events that will promote social opportunities for Cedarbrae residents and businesses. We appreciate your understanding and feedback as we plan for future events and programs. If you would like to volunteer or sponsor future community centre events, please email or call us at info@mycedarbrae.ca or 403-251-2101.

Spring Drop and Go Bottle Drive Saturday, April 15 from 10:00 am to 2:00 pm

Come to the community centre parking lot, pop the trunk, and let us take care of the rest! Proceeds collected go towards the Cedarbrae Community Centre for future events and programs.

Community Carnival: Cedarbrae Celebrates Chloe Saturday, June 3 from 12:00 to 4:00 pm

Join us for this special summer event as we fundraise for

Chloe and her family! This free-admission, family-friendly event will feature face painting, carnival games and prizes, a petting zoo, snow cones, concession food, and more.

In March of 2021, eight-year-old Chloe (born and raised in Cedarbrae) was diagnosed with Philadelphia chromosome-positive acute leukemia, a rare form of white blood cell cancer. The aggressive treatment plan has required frequent hospital visits and constant administering of medication, which means that Lisa, Chloe's mom, has been unable to work since the diagnoses. We are proud to announce that all money raised from the Community Carnival will go towards Chloe and her family for the costs associated with her treatment and recovery. For more information on Chloe's story, visit the Facebook titled "Chloe's Fight with PH+ Leukemia."

Don't forget to cut out your free Community Carnival popcorn voucher!

Neighbours Day and Summer Night Market Saturday, June 17 from 3:00 to 8:00 pm

Our first outdoor event of the year featuring family-friendly entertainment! More information coming soon...

Stay Tuned for More Information on Upcoming Events:

- Summer Drop and Go Bottle Drive Saturday, July 22
- Community Garden Space Tear-Down July 2023
- Community Garden Space Rebuild August 2023
- Annual Community Cleanup Sunday, September 10
- Fall Drop and Go Bottle Drive October 2023

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.

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& More

News, Events,





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COMMUNITY CARNIVAI CEDARBRAE CELEBRATES CHLOE

SATURDAY, JUNE 3

12-4 PM

CEDARBRAE COMMUNITY CENTRE | 11024 OAKFIELD DR SW









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NEPTUNE PLUMBING & HEATING LTD: Oualified journeymen plumbers/gasfitters, very experienced in Cedarbrae. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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CEDARBRAE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JOYFUL HOME SOLUTIONS - PROVIDING CLEANING WITH MEANING: Specializing in move-in/out residential cleaning. Regular scheduled maid services also available. All cleaning supplies and equipment are provided. To arrange a free, no-obligation quote, please contact Joy at 587-216-0784 or cdn_joy@hotmail.com.

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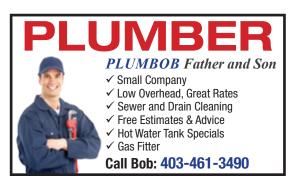
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GAMES & PUZZLES

Trivia: Calgary Edition

- 1. What year did the Calgary Flames win the Stanley Cup?
- 2. What was Calgary's original name?
- 3. What iconic indie pop duo hails from Calgary?
- 4. In 1969, what cocktail did Walter Chell invent in Calgary?
- 5. Who was Canada's flag bearer at Calgary's 1988 Winter Olympics?







We have moved and changed our name! Our new address is Suite 245 – 125 Oakmoor Plaza SW which is in the new Co-op Professional Centre on the southwest side of the shopping centre. The location has two elevators and ample free parking close to the building for your convenience.

Along with the new location, we are now operating under the name of Oakridge Denture & Implant Centre, which reflects our many professional services.

Charles and the staff look forward to seeing you in our new clinic. Please give us a call to set up an appointment and ensure we are in our new location. Our phone number is still 403-251-1522.

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403-251-1522

Charles Gulley, DD, F.C.A.D. Denturist, Denture Specialist

YOU ARE INVITED

Family Style Dinner

COMMUNITY DINNER

at South Calgary Community Church

Includes all the fixin's, drinks & dessert

COMPLIMENTARY

Just show up with your appetite, eat dinner, and enjoy the community!

THURSDAY MAY 1 1 5:30PM - 7:30PM



2900 Cedarbrae Drive SW • Calgary, AB • T2W 3S9 www.southcalgary.church • (403) 281-6755