

FEBRUARY 2023

DELIVERED MONTHLY TO 2,645 HOUSEHOLDS

myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER

JOIN OUR
FACEBOOK
GROUP!



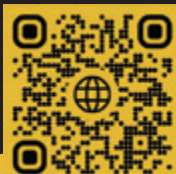
STAY UP TO DATE AT
WWW.MYCEDARBRAE.CA

**FOLLOW CEDARBRAE
CARES ON FACEBOOK
AND INSTAGRAM**



**SAVE A BUNCH
OF CASH**

Expert advice | Excellent rates
Better mortgages



403-771-8771

anita@anitamortgage.ca

11024 OAKFIELD DRIVE SW | INFORMATION 403-251-2101 | WWW.MYCEDARBRAE.CA

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca



SAVE A BUNCH OF CASH

Expert advice
Excellent rates
Many options
Better mortgages



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca

OAKRIDGE
DENTURE & IMPLANT
CENTRE



We are moving and have changed our name! Our new address is Suite 245, 125 Oakmoor Plaza SW which is in the new Co-Op Professional Centre on the southwest side of the shopping centre. The location has two elevators and ample free parking close to the building for your convenience.

Along with the new location, we are now operating under the name of Oakridge Denture & Implant Centre, which reflects our many professional services.

Charles and the staff look forward to seeing you in our new clinic. Please give us a call to set up an appointment and ensure we are in our new location. Our phone number is still 403-251-1522.

Personalized High Quality Dentures, from the Denturist Who Cares!

- New Complete and Partial Dentures
- Implant denture services
- Relines, Repairs & Adjustments
- Complimentary consultations
- Direct billing with assignment insurance companies
- Dental implant placement referrals

OakridgeDentureCentre@gmail.com
www.OakridgeDenture.com

403-251-1522

Charles Gulley, DD, F.C.A.D.
Denturist, Denture Specialist

Cedarbrae Community League Association Board of Directors

To contact our Board of Directors please email info@mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month (October to June) at 7:00 pm. All residents and members are welcome to attend. Board meetings are held at the Cedarbrae Community Centre located at 11024 Oakfield Drive SW.

If you have community concerns you would like added to our agenda, please submit them via email to info@mycedarbrae.ca. Please include your contact information for follow up or additional questions.

October saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, work, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors	
President	Joyce Wright
Vice President	Morgan Harper
Treasurer	Carter Little
Secretary	Cheryl Deringer
Director of Grant Writing	Julie Kearns
Director of Events	Ashley Clifford
Director of Community Relations	Rahul Garambha
Director at Large	Carole Oliver
Director of Communications	Maxine Sephton
Director of Memberships and Volunteers	Vacant
Cedarbrae Community Centre Contacts	
Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca

Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

UPCOMING COMMUNITY PROGRAMS AND EVENTS

55+ Programs

Coffee and Connect

Every Monday, from 10:00 am to 12:00 pm

Come connect with your fellow neighbours over a hot cup of coffee!

Cards and Games

Every Monday from 1:00 to 4:00 pm

Join us for some friendly competition featuring various card and board games such as Scrabble, Cribbage, Bridge, and many more.

Book Club

Monday, February 6 from 1:00 to 2:00 pm

Read a book, any book, and talk about it with fellow book lovers!

Monday, March 6 from 1:00 to 2:00 pm

Read and discuss *Ragged Company* by Richard Wagamese. Goodreads defines *Ragged Company* as "a journey into the future and the past," as it explores the nature of four friends as they redefine their ideas of 'home,' as he reconnects them to the histories that brought them together.

Garden Talk Series

February 25, March 4, 11, 18, 25, April 1, 15, 22, and 29

Let's talk gardening! The Cedarbrae community centre is proud to offer nine sessions that will offer information on various gardening topics and techniques to prepare you for the summer ahead. Whether you are new to gardening, or an experienced gardener, these classes are bound to teach you a thing or two as Deborah VanDeventer shares her tips and tricks for gardening in our Calgary climate.

These Saturday sessions are scheduled for February 25, March 4, 11, 18, 25, April 1, 15, 22, and 29. The cost to register for this series (nine Garden Talks total) is \$45 for Cedarbrae Community League Association members and \$55 for non-members. Please note, there are no refunds for absences. Class sizes are limited, so register today by emailing info@mycedarbrae.ca.

Garden Talk #1: Garden Jump Start

Saturday, February 25, 1:30 to 3:00 pm

Wanting to save some money by starting your own seedlings and plants for summer? Cold frames, milk jug planting, and indoor seed starting will be discussed at this Garden Talk Session. Seed preparation techniques

will be also covered! As a bonus, registrants can participate in a seed exchange and possibly take home something new to grow in this year's garden.

Upcoming Community Events

Winter Festival

Family Day - Monday, February 20 from 11:00 am to 3:00 pm

Join us for some free winter fun featuring outdoor and indoor activities for the whole family! Rentals for ice skates and snowshoes will be available for the day, stay warm with some free hot chocolate and popcorn! The concession will also be selling hotdogs, chips, pop, and juice. Indoor crafts and games will also be offered. We look forward to seeing you all there!

Spring Drop and Go Bottle Drive

Saturday, April 15 from 10:00 am to 2:00 pm

Come to the community centre parking lot, pop the trunk, and let us take care of the rest! Proceeds collected go towards the Cedarbrae community centre for future events and programs.

Stay tuned for more information on these upcoming events:

- Spring Neighbourhood Social
- June Trunk Sale
- July Stampede Luncheon
- July Drop and Go Bottle Drive
- September Community Cleanup

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.



Board of Directors

The Cedarbrae Community Centre is pleased to announce a new Board of Directors! We are still looking for someone to fill the position of Membership/Volunteer Director. For more information on the role and responsibilities, please contact the Facility Manager and Program Administrator, Kathy Zabaneh at info@mycedarbrae.ca.



Bottle drive attendants hard at work.

Cedarbrae Cares: A Blog for All Things Cedarbrae

We want to share your stories and experiences of living in Cedarbrae! We will also take nominations for outstanding members of the community and highlight community centre volunteers of the month. If you would like to be interviewed or have a wonderful neighbour that you would like to nominate, please email maxines@mycedarbrae.ca or visit our website at www.mycedarbrae.ca for more information.



Director Needed!

We are still looking for someone to fill the Director of Memberships and Volunteers position. For more information on the role and responsibilities, please contact the Executive Director, Kathy Zabaneh at info@mycedarbrae.ca.



Cedarbrae Community League Association

Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work and play. Become a member today!

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our Community Centre, fundraising events and our yearly membership.

All those funds are put right back into our Community, maintaining the Centre, low cost programming, hosting events and Community Outreach.

Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary!

Community Vision:

Cedarbrae is recognized as one of the most desirable, progressive and caring communities in Calgary to live, learn, work and play.

Mission:

MyCedarbrae operates a vibrant, viable Community Centre that provides recreational, social and educational opportunities for residents of Cedarbrae and by extension, citizens of Calgary.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Become a member today!

What's the easiest way?

- Check out our website: www.mycedarbrae.ca, click on the membership tab to go to our secure membership site – a few easy steps and you're a member!
- Stop by the Community Centre and fill out a membership form. Anytime during office hours the Centre staff is ready to help.
- Come check out one of our Community Events. Memberships are available during all of our Events.

Cedarbrae Community Memberships are always a great value!

- \$30 per household
- \$15 for seniors (55+)

Yearly memberships run from May 1 to April 30.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

Membership dollars go towards running your local Community Centre, Community Events, and programs offered at low cost so that everyone can join in.

Membership Application Form



\$30 – Family Membership \$15 – Senior 55+ Membership Single: \$15/year Date _____

Main Contact

Spouse/Partner – if applicable

Last Name _____ Last Name _____

First Name _____ First Name _____

Address _____ Postal Code _____

Home Phone _____ Cell Phone _____

Please send cheque or money order to Cedarbrae Community League Association 11024 Oakfield Dr. SW Calgary AB T2W 5G6

Email _____

I would like to volunteer for the following:

- ☐ Stampede BBQ
- ☐ Casino

- ☐ Newsletter
- ☐ Special Events
- ☐ Board of Directors
- ☐ Community Clean-up

- ☐ Garden
- ☐ Sports Programming
- ☐ Other: _____

A Year in Review from the Board

Welcome to the new year! 2022 saw changes to our community in ways that we never thought were possible. The COVID-19 pandemic wreaked havoc on many things in our society and as a result we were forced to shut down the community centre for an extended period of time. It was not until 2022 that we were able to slowly reopen and bring back programs like Pickleball and the Seniors Group.

The community centre underwent some improvements with the support of city and provincial grants! As a result, we were able to fix “lake Cedarbrae,” the parking lot, and upgraded our furnace and electrical panel. Thank you, City of Calgary and the Provincial Department of Urban Affairs for providing funding that covered a majority of the repair costs. These upgrades completed our Community Improvement grant funding.

In January of 2022, we started having bottle drives to help shore up the community’s resources, which provided approximately \$3,000 in donations to the community centre. Due to the astounding success from our residents’ support, we will continue to organize Bottle Drives throughout 2023 on a quarterly basis. These will take place in January, April, July, and October.

There was also a return of the Jellybean Dances for the first time since the pandemic and the children were thrilled to attend, we will host more dances in 2023.

February kicked off with Winterfest, featuring family friendly activities such as skating, an obstacle course, tobogganing, ice sculptures, and curling. Unfortunately, the weather did not cooperate as it was minus holy moly it’s cold out here, but we pushed through and stayed warm due to the fire pits and free hot chocolate! Attendees participated in some indoor activities, including Giant Jenga, Giant Yahtzee, and face painting. We foresee an even better turn out in 2023 as we prepare to host this event again on Family Day, February 20.

We were blessed with warmth and sunshine when we hosted the Trunk Sale and Neighbour Day in June of 2022 which was well attended and enjoyed by all. We look forward to another exciting summer event in 2023, organized by Ashley, our new Director of Special Events. Our Community Gardens team planted, watered, and toiled during hot summer days to grow a variety of vegetables for the end of season harvest. Sadly, there will be no community gardens this year as we plan to rebuild

the garden beds in August of 2023. Stay tuned for more information on the unveiling of our new community garden, scheduled for fall 2023.

As we headed into fall, September saw our biggest event of the year as we hosted the 40th Anniversary Celebration of the community hall being opened. We loved sharing the history and information about this area to old and new residents alike. The Community Cleanup event was a huge success due to our outstanding volunteers and event organizers, and we cannot wait for its return again in September of 2023.

During our 2022 Annual General Meeting, we were excited to have new board members to create a fresh and diverse team. Sadly, Ron Bichel our treasurer of 18 years, retired and passed the reins to our new young gun. We are looking forward to having our finances in Carter’s capable hands for many years to come. Currently, the Director of Memberships and Volunteers position remains vacant as we hope to find someone in 2023 who will oversee Cedarbrae’s memberships and engage volunteers!

November’s Christmas Market and Bake Sale was also very successful due to the variety of vendors, activities, and children’s crafts that were offered – even Santa stopped by! Thank you to everyone that attended and donated baking.

We are considering a Meet the Neighbour event in the spring of 2023 to encourage resident connection and hope to see the return of our highly anticipated Stampede BBQ!

Once again, we thank the residents and businesses of Cedarbrae for making our neighbourhood an extraordinary place to be! We look forward to connecting with you at one of the many events and programs that we will be offering in 2023.

To View Additional Cedarbrae Content

INCLUDING

News and Events

Real Estate Statistics

Crime Statistics

and more...

SCAN HERE



VOLUNTEERS NEEDED!



As a non-for-profit organization, the Cedarbrae Community Centre is run by dedicated residents who want to give back to the community.

Volunteer opportunities include:

- ➡Event Organizer and Lead ➡Dottle Drive Attendants
- ➡Concession Attendants ➡Event set-up and take-down

SIGN UP TODAY!

FOR MORE INFORMATION, VISIT WWW.MYCEDARBRAE.CA OR CONTACT

✉ PRESIDENT@MYCEDARBRAE.CA | ☎ (403) 251-2101

📍 11024 OAKFIELD DR SW

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Cedarbrae. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

CEDARBRAE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

BRYAN'S PLUMBING MASTER PLUMBER: Local plumber, great prices, and over 30 years' experience. Renos and repairs, hot water tanks and humidifiers, and faucet replacements. Free estimates and advice. Seniors discount. No job too small. Call Master Plumber at 403-560-6547, or email brenmak@telus.net.

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

AFFORDABLE DENTAL CARE MINUTES FROM CEDARBRAE! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.


**9 PM ROUTINE**

✓ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

LIVING DINOSAURS

Crocodiles have been roaming the earth for over 150 million years, which basically makes them living dinosaurs. One thing that has helped them to survive is their incredible bite force – the strongest in the entire animal kingdom! Amazingly, saltwater crocodiles have a bite force of 3,700 pounds per square inch, which is the strongest bite ever recorded!



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

GRANDPARENT SCAM ALERT



WHAT IS THE SCAM?

Scammers are calling seniors claiming to be family members in need of immediate money for bail or hospital expenses.

The scammer will often send someone to the door to pick up payment.

BAIL FACTS:

- Police, lawyers, judges or jails do not call people to get money.
- Bail/fines are typically paid at a courthouse, police station or jail.
- Bail in Alberta is typically \$10-\$500.
- Bail can't be paid using gift cards.



"Court appointed" couriers don't exist. If someone asks to come to your home to pick up payment, it's a scam.



If it has to be now, it has to be no. Using fear or high-pressure tactics are usually a red flag.



Always ask for proof of identification and call-back numbers. Talk to family, friends or other people you trust to help verify claims or requests.



If you have lost money or the scam is in progress, contact the Calgary Police Service at **403-266-1234**

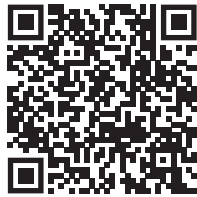
To report a scam in general, contact the Canadian Anti-Fraud Centre at **1-888-495-8501**



2-storey Wildwood home with over 4,500 sq. ft. on 3 levels with developed basement.

Call Len T Wong
at 403-606-8888
for more info.

VIEW LISTING HERE:



KARATE

www.acku.org

Braeside Community Center
11024 Braeside Drive SW

Thursdays

Beginners

6:15 pm - 6:45 pm

Colour Belts (ages 7 and up)

7:00 pm - 8:00 pm

Train karate at any of our clubs



ALL CANADIAN KARATE UNION
403-232-0228  

PLUMBER



PLUMBOB Father and Son

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403-461-3490



Please allow us to introduce ourselves! We are
RAINBOW ELDERS CALGARY
A support group for 2SLGBTQ+ seniors

We make a significant difference in the lives of 2SLGBTQ+ seniors and provide support and address issues such as social isolation, housing, and loneliness.

To discover more, please contact us!

email: rainbowelderscalgary@gmail.com

www.rainbowelderscalgary.ca

got digital?

ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geofenced Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | sales@greatnewsmedia.ca



Scan for an
advertising
quote



GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING



2580 Southland Drive SW, Suite 58A, Calgary, Alberta

info@oakridgecrossingdental.ca | www.oakridgecrossingdental.ca



Be Proud of Your Smile

New Patients and Dental Emergencies Welcome
Extended Hours (Evenings and Two Saturdays Per Month)
Direct Billing Available | Sedation Dentistry

CALL TODAY ☎ 403-475-9800

**TO BOOK AN APPOINTMENT OR
TO ASK US ABOUT OUR COVID-19 SAFETY PROTOCOLS**



**SCAN TO BOOK
AN APPOINTMENT**

For your safety and ours, our dental team is vaccinated for COVID-19



Dr. Claudiu Corbea
General Dentist

Dr. Daniel Kulevski
General Dentist

Dr. Nathan Speidel
General Dentist

OFFICE HOURS —————

Monday	7:30 AM to 4 PM
Tuesday	7:30 AM to 7 PM
Wednesday	7:30 AM to 7 PM
Thursday	7:30 AM to 4 PM
Friday	7:30 AM to 3 PM
Saturday*	9 AM to 3 PM
Sunday	CLOSED

*Open two Saturdays per month