

MARCH 2023

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myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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Cedarbrae Community League Association Board of Directors

To contact our Board of Directors please email info@mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month (October to June) at 7:00 pm. All residents and members are welcome to attend. Board meetings are held at the Cedarbrae Community Centre located at 11024 Oakfield Drive SW.

If you have community concerns you would like added to our agenda, please submit them via email to info@mycedarbrae.ca. Please include your contact information for follow up or additional questions.

October saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, work, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors	
President	Joyce Wright
Vice President	Morgan Harper
Treasurer	Carter Little
Secretary	Cheryl Deringer
Director of Grant Writing	Julie Kearns
Director of Events	Ashley Clifford
Director of Community Relations	Rahul Garambha
Director at Large	Carole Oliver
Director of Communications	Maxine Sephton
Director of Memberships	Vacant
Director of Volunteers	Vacant
Cedarbrae Community Centre Contacts	
Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca

Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

UPCOMING COMMUNITY PROGRAMS AND EVENTS

55+ Programs

Coffee and Connect

Every Monday from 10:00 am to 12:00 pm in the Parkview Room

Come connect with your fellow neighbours over a hot cup of coffee!

Senior Member Gym Walking

Every Monday from 10:00 am to 11:00 am in the Gymnasium

Bring your indoor running shoes, a water bottle, and get moving with seniors in our community.

Cards and Games

Every Monday from 1:00 pm to 4:00 pm in the Parkview Room

Join us for some friendly competition featuring various card and board games such as Scrabble, Cribbage, bridge, and many more.

Engaging Aging

Hosting guest speakers and engaging activities. More information coming soon.

Book Club

Occurs the first Tuesday of every month; open to all ages!

Tuesday, March 7 from 1:00 pm to 2:00 pm

Read and discuss *Ragged Company* by Richard Wagamese. Goodreads defines *Ragged Company* as “a journey into the future and the past,” as it explores the nature of four friends as they redefine their ideas of ‘home,’ as he reconnects them to the histories that brought them together.

Tuesday, April 4 from 1:00 pm to 2:00 pm

Book Club pre-read information coming soon.

Have you read a great book you would like to recommend for Book Club? Contact us at info@mycedarbrae.ca.

Garden Talk Series

Let's talk gardening! The Cedarbrae Community Centre is proud to offer nine sessions that will offer information on various gardening topics and techniques to prepare you for the summer ahead. Whether you are new to gardening, or an experienced gardener, these classes are bound to teach you a thing or two as Deborah VanDeventer shares her tips and tricks for gardening in our Calgary climate.

These Saturday sessions are scheduled for February 25, March 4, 11, 18, 25, April 1, 15, 22, and 29. The cost to register for this series (nine Garden Talks total) is \$45 for Cedarbrae Community League Association members and \$55 for non-members. Please note, there are no refunds for absences. Class sizes are limited, so register today by emailing info@mycedarbrae.ca.

Garden Talk #2: Growing Requirements for Success March 4, 2023 from 1:30 to 3:00 pm

Bring a notebook and pen as this session will cover everything you need to know to set yourself up for successful spring planting!

Upcoming Community Events

Spring Drop and Go Bottle Drive

Saturday, April 15 from 10:00 am to 2:00 pm

Come to the community centre parking lot, pop the trunk, and let us take care of the rest! Proceeds collected go towards the Cedarbrae Community Centre for future events and programs.

Neighbour Day, Kick Off Summer, and Night Market Saturday, June 17 from 3:00 to 8:00 pm

Event information coming soon.

Stampede BBQ

Saturday, July 15 from 11:00 am to 2:00 pm

Join us for this free family-friendly event! Offering games, live entertainment, special guests, crafts, games, and more. Additional event information coming soon.

Stay Tuned for More Information on these Upcoming Events

- Summer Drop and Go Bottle Drive – Saturday, July 22
- Community Garden Space Tear Down – July 2023
- Community Garden Space Rebuild – August 2023
- Annual Community Cleanup – Sunday, September 10
- Fall Drop and Go Bottle Drive – October 2023

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.



Cedarbrae Welcome Committee

Are you new to the community? Wanting to connect with fellow like-minded residents? The Cedarbrae Community Centre is looking for committee volunteers to welcome new residents to the neighbourhood. Meetings are scheduled once a month to share ideas on ways to connect with new Cedarbrae homebuyers. If you are interested in joining the Cedarbrae Welcome Committee, please contact our community relations director, Rahul Garambha, at rahulg@mycedarbrae.ca.



Giving Back to the Community

Thank you to Ariel, Heather, and our dedicated volunteers for organizing and running this year's Winter Festival; it was a blast! Although the weather did not cooperate during our 2022 event, we are so grateful to be able to come together this year as a community to say a final farewell to winter, and welcome spring.

On behalf of the Cedarbrae Elementary School, we would also like to thank all of the wonderful residents who donated new socks, underwear, and used winter clothing during our Winter Festival. Because of your generosity, we were able to provide kids in the community with winter clothes and resources when needed. We will continue to partner with programs, schools, and businesses that encourage our vision in making Cedarbrae one of the most desirable and caring communities in Calgary in which to live, learn, work, and play.



**Cedarbrae**
Community Centre

CEDARBRAE COMMUNITY CENTRE

**STAMPEDE
BBQ**

FAMILY FRIENDLY EVENT
Offering great food, games, live entertainment,
special guests, crafts, games, and more!



JULY 15, 2023
11:00 AM to 2:00 PM

info@mycedarbrae.ca
(403)251-2101

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Cedarbrae Community League Association

Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work and play. Become a member today!

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our Community Centre, fundraising events and our yearly membership. All those funds are put right back into our Community, maintaining the Centre, low cost programming, hosting events and Community Outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary!

Community Vision:

Cedarbrae is recognized as one of the most desirable, progressive and caring communities in Calgary to live, learn, work and play.

Mission:

MyCedarbrae operates a vibrant, viable Community Centre that provides recreational, social and educational opportunities for residents of Cedarbrae and by extension, citizens of Calgary.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Become a member today!

What's the easiest way?

- Check out our website: www.mycedarbrae.ca, click on the membership tab to go to our secure membership site – a few easy steps and you're a member!
- Stop by the Community Centre and fill out a membership form. Anytime during office hours the Centre staff is ready to help.
- Come check out one of our Community Events. Memberships are available during all of our Events.

Cedarbrae Community Memberships are always a great value!

- \$30 per household
- \$15 for seniors (55+)

Yearly memberships run from May 1 to April 30.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

Membership dollars go towards running your local Community Centre, Community Events, and programs offered at low cost so that everyone can join in.

Membership Application Form



\$30 – Family Membership \$15 – Senior 55+ Membership Single: \$15/year Date _____

Main Contact

Spouse/Partner – if applicable

Last Name _____ Last Name _____

First Name _____ First Name _____

Address _____ Postal Code _____

Home Phone _____ Cell Phone _____

Please send cheque or money order to Cedarbrae Community League Association 11024 Oakfield Dr. SW Calgary AB T2W 5G6

Email _____

I would like to volunteer for the following:

- ☐ Stampede BBQ
- ☐ Casino

- ☐ Newsletter
- ☐ Special Events
- ☐ Board of Directors
- ☐ Community Clean-up

- ☐ Garden
- ☐ Sports Programming
- ☐ Other: _____



Cedarbrae
Community Centre

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call 9-1-1

For non-emergency reporting
call 2-1-1
text INFO to 2-1-1
or report it online at ab.211.ca

A Reminder from the Cedarbrae Community Centre

Pig Beach

Major Cay, an island in the Bahamas, has been home to a colony of feral, swimming pigs for decades. No one knows for sure how they got there. Some suspect that the pigs were survivors of a shipwreck and swam ashore, while others believe they were put there by inhabitants of a neighbouring island who didn't want them living on their island.



GAMES & PUZZLES

St. Patrick's Day Trivia

by Shelly Smith

Test your knowledge of St. Patrick's Day. Have fun!



1. What country is St. Patrick the patron saint of?
 - a. Canada
 - b. Ireland
 - c. Scotland
2. According to Irish lore, what did St. Patrick drive out of Ireland?
 - a. Snakes
 - b. Rats
 - c. Witches
3. What colour is worn on St. Patrick's Day?

- a. Blue
- b. Red
- c. Green

4. What date in March is St. Patrick's Day?

- a. March 1
- b. March 16
- c. March 17

5. How many pints of Guinness are consumed worldwide on St. Patrick's Day every year?

- a. 13,000,000
- b. 1,300,000
- c. 1,000,000

6. What is St. Patrick's nickname?

- a. St. Paddy
- b. St. Patty
- c. St. Irish

7. When and where was the first St. Patrick's Day parade held in Canada?

- a. Quebec City in 1765
- b. Ottawa in 1870
- c. Halifax in 1790

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FOR THE ANSWERS!**



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Cedarbrae
Community Centre

more information at
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**Great Photos of
Cedarbrae Wanted!**

Send your photos to info@mycedarbrae.ca

Cedarbrae Cares: A Blog for All Things Cedarbrae

We want to share your stories and experiences of living in Cedarbrae! We will also take nominations for outstanding members of the community and highlight community centre volunteers of the month. If you would like to be interviewed or have a wonderful neighbour that you would like to nominate, please email maxines@mycedarbrae.ca or visit our website at www.mycedarbrae.ca for more information.

OAKRIDGE DENTURE & IMPLANT CENTRE



We are moving and have changed our name! Our new address is Suite 245, 125 Oakmoor Plaza SW which is in the new Co-Op Professional Centre on the southwest side of the shopping centre. The location has two elevators and ample free parking close to the building for your convenience.

Along with the new location, we are now operating under the name of Oakridge Denture & Implant Centre, which reflects our many professional services.

Charles and the staff look forward to seeing you in our new clinic. Please give us a call to set up an appointment and ensure we are in our new location. Our phone number is still 403-251-1522.

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*Open two Saturdays per month