

JULY 2026

DELIVERED MONTHLY TO 5,100 HOUSEHOLDS



EAU CLAIRE CURRENT

THE OFFICIAL EAU CLAIRE COMMUNITY NEWSLETTER

**COMMUNITY,
FITNESS, MUSIC,
AND SUMMER FUN**



(403) 454-2550 / 136 2ND STREET SW
DINE-IN, TAKEOUT,
DELIVERY & CATERING
#EATATMINAS / #LOVEMINAS♥

BOOK A
TABLE
TODAY!

MINASSTEAKHOUSE.COM

WAKE UP WITH
THE AUTHENTIC
FLAVORS OF BRAZIL!

**TASTE MINAS
BREAKFAST**

\$24.99 PER PERSON | \$12.99 REST 4 TO 12

SAT & SUN 10AM
UNLIMITED BRAZILIAN
BREW COFFEE \$2

Coming Soon
@vivaminasyyc

**VIVA!
MINAS!**

Be the first to know
our grand opening
& get exclusive updates!

Scan & Subscribe



Mortgage Renewal Coming Up?

Before you sign your renewal offer, see how refinancing could help you:

- ✓ Lower payments
- ✓ Consolidate debt
- ✓ Improve cash flow
- ✓ Save thousands over time

Your lender gave you an offer — not necessarily the best one.



ANITA RUSSELL 403-771-8771
anita@anitamortgage.ca



www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED

UNSEALED

KILBCO
CONCRETE CURBING

Locally Owned & Operated

Free Estimates to 403.870.0737

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

SHOP LOCAL



Support the local businesses that make our neighbourhood thrive, and make this publication possible.

403-720-0762
grow@greatnewsmedia.ca



SCAN ME

OFFICIAL

PLUMBING & HEATING

Furnace and A/C Install & Repair

Plumbing Services

Drain Cleaning

Boiler Install & Repair

Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca



LEN T WONG + ASSOCIATES

RE/MAX
COMPLETE REALTY

YOUR HOME SOLD GUARANTEED!*

**Call to find out more about our
Innovative Consumer Programs**

Virtual Tours

Guaranteed Sale Program*

Trade Up Program*

Blanket Home Warranty Program*

Accepting Crypto Currency

**Call us to help you navigate through
the changing real estate world**

Call or Text 403-606-8888

Email len@lentwong.com

*Terms and Conditions Apply.

Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

This GoFundMe, created in partnership with her family, is being established to help ease the inconceivable financial hardship they are facing.

The initial \$100,000 fundraising target will help cover immediate expenses, including lodging in Edmonton for Victoria's mother, Colleen (Cousens) Fortuna, and 16-year-old sister, Ariana, both from Calgary. This will also allow Colleen to take necessary time away from work during this period of immense hardship and profound change to focus on Victoria's medical journey and to help her daughters through the unimaginable grief of the sudden, tragic loss of their father.

In the days, months, and years ahead, Victoria will require additional surgeries, extensive rehabilitation, specialized leg prosthetics, intensive mental health support, and enduring general medical care. The financial impact will be significant and ongoing, with future fundraising goals evolving as a result of these needs.

The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.

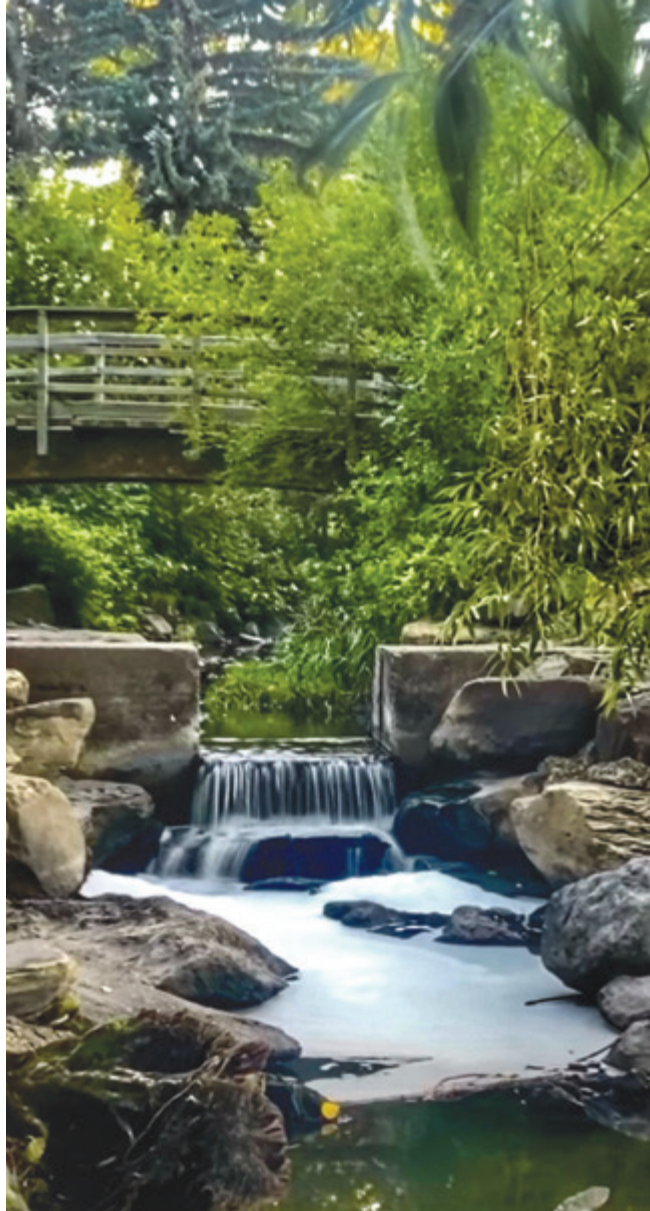
Scan to donate or visit gofund.me/31fdeef6f

Any help is appreciated ❤️



CONTENTS

- 6 THE EAU CLAIRE COMMUNITY ASSOCIATION (ECCA)
- 9 CANADA DAY CELEBRATIONS IN EAU CLAIRE AND PRINCE'S ISLAND PARK
- 10 RESIDENT PERSPECTIVES: TAXING HOMEOWNERS GUIDE
- 12 RIVER HALL RETURNS FOR SUMMER 2026
- 15 BUSINESS CLASSIFIEDS



**SCAN HERE TO VIEW ADDITIONAL
EAU CLAIRE CONTENT**

**News, Events,
& More**



**Crime
Statistics**

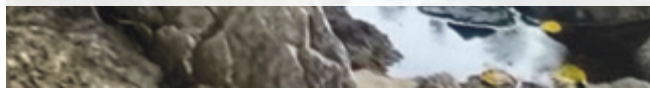


**Real Estate
Statistics**



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



About Us

The Eau Claire Community Association (ECCA) was founded in 1992 as a non-profit organization dedicated to maintaining and enhancing the quality of living in Eau Claire. It is recognized by the City of Calgary as the official voice of the Eau Claire community. The ECCA bylaws define the purpose and direction of the ECCA and are registered under the Societies Act of Alberta. The bylaws are available at www.eauclaireca.com/about.

The community of Eau Claire is located adjacent to the downtown commercial core, bounded by Prince's Island and the Bow River on the north and centre of 4 Avenue on the south, extending from the centre of 2 Street SW to the centre of 9 Street SW.

Mission

The Eau Claire Community Association strives to create a vibrant connected community. Our approach to planning and development is to enhance the quality of life for our residents.

Vision

Eau Claire is a safe, clean, and liveable residential community proud of its natural environment. We are supportive of social and recreational gathering places and relevant businesses that support the community.



Membership

Membership in the ECCA is open to all residents. The annual fee is \$6 per household. The majority of Eau Claire condominium complexes (and therefore their residents) hold a membership, paid for by the condo corporation. Business memberships are also available. Strong membership empowers the ECCA to protect the interests of our community. Issues of key interest are planning, transportation and safety. The ECCA's role is to provide a voice for Eau Claire residents, to help ensure that community interests are being considered and that development is in keeping with the Area Redevelopment Plan.

Let's get social!



Follow us for community updates!

eauclaireca.com

Contact us at info@EauClaireCA.com



Council meetings are usually held on Mondays starting at 9:30 am. You are welcome to attend any public Council meeting in person or watch remotely online through our webcast page on Calgary.ca. Members of the public can attend and speak to items during a Public Hearing which are usually held once a month.

You may also attend any public Committee meeting. Key Committee meetings are also available to be viewed remotely.

- Public are strongly encouraged to follow Council and Committee meetings using the live stream at www.calgary.ca/watchlive.
- Public wishing to make a written submission may do so using the public submission form at the following link: forms.calgary.ca/content/forms/af/public/public-public-submission-to-city-clerks.html?redirect=/publicsubmission.
- Public wishing to speak are encouraged to participate remotely. Contact the City Clerk's Office by email at publicsubmissions@calgary.ca to register, and to receive further information on how to call in.

Staying Updated on Eau Claire Developments

We regularly hear questions from residents about the changes happening around Eau Claire. With construction, planning updates, and public space improvements moving forward at different stages, it can be hard to know what's confirmed, what's proposed, and what's still being discussed.

To help keep things clear, we maintain a dedicated page on our website where we share updates on nearby developments and the conversations we're having with the City. You can follow along here: <http://eauclaireca.com/developments>.

We also send updates through our e-newsletter as new information becomes available. If you live in Eau Claire, signing up is the best way to stay informed about what's happening in the neighbourhood and what we're working on behind the scenes on behalf of residents.

Mariana Trench

Did you know the Mariana Trench reaches a depth of over 35,000 ft? That's the height of 63 CN Towers!



The hardest part is starting.

Not the packing — Not the move — Starting

We are your 'go-to' for seniors downsizing & relocation and estate clear out experience in Calgary.

Our differentiator? "The good old days approach."

www.yourseniorsconcierge.com

403-561-6166

8 Street SW Construction Update

Construction on 8 Street SW continued through June, with work primarily focused on the west side of the block between 4 Avenue and 5 Avenue SW. Crews were completing water main replacements and surface improvements ahead of the Calgary Stamped.

Residents and businesses can expect temporary water shutoffs, southbound lane closures, alley and

sidewalk closures, and ongoing construction activity in the area. Access to businesses will be maintained throughout the project. Street parking between 4 Avenue and 6 Avenue SW is also expected to be permanently removed within the next month.

The west-side pathway along 8 Street SW north of 3 Avenue SW, including the connection to the Bow River Pathway, is temporarily closed while sidewalk upgrades are completed. Access to the Bow River Pathway remains available via the east sidewalk on 8 Street SW.



Cats, Canines, & Critters of Calgary

Casper, Huntington Hills	Chase, Wolf Willow	Echo, Acadia	Geo, Signal Hill	Holly, Millrise	Kabuki, Bridgeland	Mochie, Acadia	Oreo, Acadia

To have your pet featured, email news@mycalgary.com

Canada Day Celebrations in Eau Claire and Prince's Island Park



Calgarians are invited to celebrate Canada Day in the heart of downtown on July 1, with free family-friendly activities taking place throughout Eau Claire Plaza and Prince's Island Park. This year's festivities will feature live entertainment, cultural programming, food vendors, family activities, and community gathering spaces.

Prince's Island Park will host the Canada Day Main Stage from 2:00 to 9:30 pm, featuring an all-Canadian lineup of performers. The park will also offer food vendors, picnic areas, family-friendly activities, and one of the city's premier settings for enjoying the celebrations.

At Eau Claire Plaza, festivities will run from 11:00 am to 8:00 pm and include live entertainment, face painting, food vendors, playground activities, and opportunities to enjoy the plaza's urban beach and public spaces.

The celebrations are part of a city-wide Canada Day program that will bring thousands of visitors downtown and showcase Eau Claire's role as one of Calgary's premier gathering places for festivals, events, and community celebrations.

Green Line Update

The Green Line project remains under review, with City Council directing project staff to evaluate alternative downtown alignments and report back to Executive Committee by September 2026.

According to discussions with the Green Line team, no public engagement is expected this summer while technical and financial constraints are assessed. Public consultation is anticipated after alternative route options are announced later this year.

While the previously proposed elevated alignment along 2 Street SW remains under consideration, project staff have indicated they are exploring additional options beyond those identified in earlier studies. An Eau Claire station is no longer considered a certainty and will be evaluated alongside other alternatives.

ECCA continues to advocate for a route that minimizes impacts on Prince's Island Park and its surrounding natural areas. The association's position remains that any future Eau Claire station should be constructed as part of the full northern extension of the Green Line, rather than as a temporary terminus.

Fiestaval Returns to Eau Claire This July

One of Calgary's most vibrant summer festivals is returning to Eau Claire Plaza from July 17 to 19, 2026. Fiestaval is a free, family-friendly celebration of Latin American culture featuring live music and dance performances, authentic food vendors, artisan markets, children's activities, and cultural showcases from across Latin America.

Held annually on the weekend following the Calgary Stampede, the festival attracts thousands of visitors to downtown Calgary for three days of entertainment, food, and community celebration. This year's event will once again take place in the newly redeveloped Eau Claire Plaza.

Festival hours are 11:00 am to 11:00 pm on Friday and Saturday, and 11:00 am to 10:00 pm on Sunday. Admission is free.

For programming updates and additional information, visit Fiestaval's website or follow their social media channels.

Taxing Homeowners Guide

by Anne Burke



The City offers some helpful hints in their Homeowner's Guide. Pay your property tax bill on time to avoid penalties. Every property has its own unique nine-digit roll number. If you moved, make sure you have the correct one. If you sold a property, cancel your previous enrolment and then join with your new address. If you own multiple properties or a condo, pay the tax for each property using its unique roll number. For condos, each titled space (e.g., living space, parking, storage) has its own roll number and is considered a separate property. You can use a property tax calculator to estimate your bill. You will find recent previous tax bills in myTax, an online resource for more detailed information. Register for a secure account and sign up for eNotice to receive your assessment online. Join the Tax Instalment Payment Plan (TIIPP) to pay your property tax month-by-month. Review your property assessment every year. If you have concerns submit a request to discuss your property information and details. The team can explain how the market value was determined and refer you to sales of similar properties in your neighbourhood. You may also file a complaint about your assessment with the Assessment Review Board, if you believe the value is incorrect or if other information on your assessment notice is not accurate. You cannot appeal your taxes, but you can appeal your property assessment during the Customer Review Period. You must still pay your taxes on time, even if you plan to appeal. Call 3-1-1 if you have any questions. The assessment complaint process resets annually. If you disagree with your current assessment, you must file a new complaint. Assessment Notices and Property Tax Bills are translated into the most requested languages. Visit www.calgary.ca/property-owners/taxes/new-homeowner-guide.html for more information.

Free Youth Soccer Coming to Peace Park This Summer

This summer, Peace Park is becoming home base for free youth soccer programming right in the heart of downtown Calgary. Soccer City FC, presented by Cavalry FC and Calgary Wild FC, will offer fun, inclusive, high-energy soccer clinics for youth ages 8 to 17 all season long.

Whether kids are trying soccer for the first time or already love the game, these free sessions are designed to help participants stay active, build confidence, meet new friends, and develop skills in a positive environment. Coaching will be led by professional club staff and delivered in partnership with Calgary Minor Soccer Association, Centre for Newcomers, and The City of Calgary.

Program Details

- Sundays from June 7 to September 20 (most Sundays)
- 10:00 am to 12:00 pm
- Peace Park (2 Ave and 8 St SW)
- Ages 8 to 17
- Completely free to attend

Registration Opened May 20

- Cavalry FC clinics: universe.com/events/cavalry-fc-presents-soccer-city-fc-tickets-2QKHL1.
- Calgary Wild FC clinics: club.calgarywildfc.com/soccer-city-fc.

We're excited to see Peace Park activated with free recreation, community connection, and opportunities for youth all summer long.

Fireworks

Out enjoying fireworks on Canada Day? Did you know that fireworks originated in China over 2,000 years ago? Ancient firecrackers came to be when bamboo stalks exploded after being thrown into firepits.



Finding the Right Therapist: How to Search for the Help You're Actually Looking For

by Nancy Bergeron, R.Psych | info@nancybergeron.ca

Searching for a therapist can feel overwhelming. A quick online search can bring up hundreds of profiles, all using different titles, specialties, and approaches. If you're already struggling with anxiety, depression, relationship issues, trauma, or another challenge, figuring out where to start can feel like another burden.

Start With the Problem You Want Help With

Many people begin their search by simply typing "therapist near me" into Google. While this can generate a list of providers, it's often more effective to search based on the specific issue you're experiencing.

For example:

- Depression counselling
- Couples counselling
- Trauma therapist
- ADHD therapist
- Grief counsellor
- Intimate betrayal trauma therapist
- Addiction therapist

Look Beyond the Therapist's Credentials

A therapist's designation tells you they have completed certain educational and licensing requirements. However, it doesn't tell you what they actually spend their time helping clients with.

When reading therapist profiles, pay attention to:

- Their areas of specialization
- Their experience treating your concerns
- Additional training or certifications
- Whether their approach resonates with you

Understand That Not All Therapy Is the Same

Some therapists focus on helping you understand patterns from your past. Others teach practical skills for managing symptoms in the present. Some specialize in relationship dynamics, while others focus on trauma recovery or behavioural change.

You don't need to become an expert in therapeutic modalities, but it can be helpful to ask questions such as:

- What does treatment usually look like?
- What can I expect in the first few sessions?
- Do you have experience helping people with situations similar to mine?

Read the Therapist's Website

A therapist's website often tells you much more than a directory profile.

As you read, ask yourself:

- Do I feel understood?
- Does this therapist seem knowledgeable about my concerns?
- Do they explain things clearly?

Sometimes a therapist's personality and communication style are just as important as their credentials.

Don't Ignore the Importance of Fit

Research consistently shows that the relationship between therapist and client is one of the strongest predictors of successful therapy.

After a consultation or first session, consider:

- Did I feel heard?
- Did I feel comfortable enough to be honest?
- Did this therapist seem to understand what I'm going through?

Ask Questions Before Booking

Many therapists offer a brief consultation. Use this opportunity to ask questions such as:

- Have you worked with concerns similar to mine?
- What is your experience with this issue?
- What does therapy usually look like?
- How often do clients typically attend sessions?
- Do you offer virtual or in-person appointments?

You are interviewing the therapist just as much as they are assessing whether they can help you.

Trust Your Gut

Credentials, experience, and training are important, but so is the feeling that you're sitting across from someone who genuinely understands you and knows how to help.

The right therapist won't have all the answers immediately. They won't promise quick fixes. What they will offer is a safe, supportive relationship, a clear path forward, and the expertise to help you navigate whatever challenges brought you to therapy in the first place.

River Hall Returns for Summer 2026



River Hall is returning to Eau Claire this summer, bringing 10 weeks of free, all-ages programming to downtown Calgary. Running from July 23 to September 27, the space at 311 8 Street SW (north end of Lot 6) will once again transform into a welcoming community gathering place featuring entertainment, food, games, and activities for residents and visitors alike.

This year's season has doubled in length and now includes programming on Thursdays, providing even more opportunities to connect with neighbours and enjoy the area.

Open Thursday and Friday evenings from 5:00 to 10:00 pm and Saturdays and Sundays from 11:00 am to 10:00 pm, River Hall will feature picnic seating, play areas, a small performance stage, food and beverage vendors, accessible washrooms, expanded green space, and family-friendly programming.

Additional details about events and activities will be announced throughout the summer.

the Gutter Doctor Home Exterior Services

Gutter Clean/Fix/Install • Leaf Screens
Window Cleaning • Fascia/Soffit/Siding
Pressure/Soft Wash • Cladding
Permanent Lights • Roofing

Senior Discount • Warranty • WCB • Insured
403-714-0711 • gutterdoctor.ca

RECIPE OF THE MONTH

July 30 is National Cheesecake Day!



Try baking one of your own to celebrate!

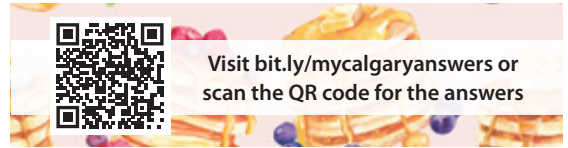
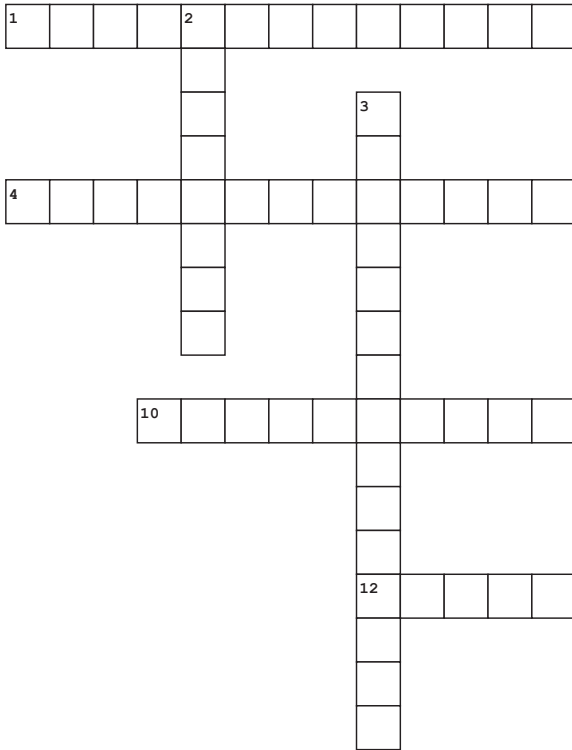
Ingredients

- 2 cups of graham crumbs
- 1/2 cup of butter or margarine, melted
- 1/4 cup of white granulated sugar
- 2 tsp of nutmeg (optional, make it whatever flavour you would like)
- 2 blocks of cream cheese (6oz)
- 1/2 cup sour cream
- 3/4 cups of white granulated sugar
- 2 eggs
- 1 tbsp vanilla extract, or vanilla bean paste

Instructions

1. Preheat oven to 325° F. The lower temperature will help the centre cook without burning the exterior.
2. In your 9' spring pan or baking dish, pour in your graham crumb, 1/4 cup of sugar and melted butter. Using your hands gently combine everything until it becomes equally incorporated. It should feel like wet sand. If mix seems too dry you can add a little more butter to help it stick.
3. Spread the mixture evenly across the base of the pan and firmly press down into an even layer. Feel free to use a heavy glass or another pan to help pack it down.
4. Set aside while preparing the filling.
5. In a large bowl add your cream cheese blocks, sour cream, nutmeg, and sugar.
6. Beat the two ingredients together either with a hand mixer on speed 2, or by hand if you prefer. We are looking for the mixture to be smooth and fluffy.
7. Add the eggs and vanilla and continue mixing. At the end you should have a smooth, thick batter that coats the blades of your mixer.
8. You've made it! This is the easy part. Simply pour your batter overtop of the prepared base, smooth out the top to make it as even as possible, and place it in the oven. Let it bake for 45 minutes to an hour. If you're feeling fancy, you can spray some water into the oven around the halfway point. This steams the oven and can give the cheesecake a more even tone. You know it is done when you gently shake the pan and there is little to no movement in the centre
9. Remove from the oven, rest at room temperature until completely cooled, and enjoy your delicious cheesecake.

July Crossword



Across

1. On July 20, 1969, this astronaut took humanity's first steps onto the surface of the moon.
4. This rom-com released on July 13, 2001, follows a very fashionable college student attending Harvard Law.
7. These ducks can be seen all over Calgary; identified by the male's green head.
10. This Noah Kahn song was released as a single in 2022 before appearing on his 2024 album with the same name.
11. Florence + The Machine released this album July 3, 2009, featuring the famous song, *Dog Days Are Over*.
12. This very popular member of the royal family married Prince Charles III on July 29, 1981.
12. This event on July 1 is normally celebrated with red and white fireworks.

Down

2. On July 6, Earth will reach this part of its orbit—the furthest distance from the sun.
3. This annual event is known as “The Greatest Outdoor Show on Earth.”
5. These tiny birds can fly backwards and upside down.
6. This Canadian author and illustrator is most known for his children's books, *I Want My Hat Back* and *The Skull*.
8. This fiery July birthstone was worn by Burmese warriors; they believed the stone made them invincible.
9. These tiny stickers were released to the public July 1, 1847, with the intention of preventing unpaid mail.



The Half-Finished Things Taking Up More Space Than You Think

by Shayla Moulton



By July, most of us have settled into the rhythm of the year. The ambitious goals we set in January have either become habits or quietly disappeared. Summer calendars are booked up. Vacation plans are underway. Work remains busy. Life keeps moving.

On the surface, everything seems manageable.

Yet many people carry a lingering feeling that they can't quite shake. A sense that there's always something they should be doing. Something they forgot. Something waiting for their attention.

Often, the source of that feeling isn't a major problem. It's the accumulation of half-finished things.

- A passport renewal that still needs to be submitted.
- A dental appointment that hasn't been booked.
- The pile of paperwork on the kitchen counter.
- The quotes you need to get to fix the garage door.
- The email that requires a response.
- The donations that have been sitting in your trunk for months.

None of these tasks are particularly difficult. Most could be completed in a few hours. Yet they remain unfinished, quietly occupying mental space day after day.

What makes these tasks so draining is not the amount of time they require. It's the fact that our brains continue to track them. Every unfinished task becomes an open tab. We may not be actively thinking about it, but part of our attention remains attached to it.

Over time, dozens of small open tabs can create a surprising amount of mental clutter.

This is one reason so many people feel busy even when they haven't accomplished anything particularly

demanding. Their energy is being divided among countless loose ends.

I've noticed that when people feel overwhelmed, they often assume they need a vacation, a new productivity system, or a complete life overhaul. Sometimes what they actually need is far simpler.

They need to close a few open tabs. July is an ideal time to do exactly that.

The halfway point of the year offers a natural opportunity to revisit the tasks and responsibilities that have been quietly following us for months. Not everything needs immediate attention, but most of us can identify a handful of lingering items that would bring an immediate sense of relief if they were finally completed.

A useful place to start is with appointments. Health checkups, vehicle maintenance, home services, and routine administrative tasks are often postponed because they feel inconvenient to schedule. Yet once they are booked, the mental burden often disappears.

The second area is paperwork. Forms, renewals, applications, and documents have a way of accumulating until they feel far more intimidating than they actually are.

Third, consider household projects. Not the major renovations, but the small repairs and organizational tasks that repeatedly catch your attention every time you walk past them.

Next, look at financial loose ends. Unused subscriptions, unanswered insurance questions, budget reviews, or savings goals that haven't been revisited since the start of the year.

Finally, take inventory of the decisions you've been avoiding. Some unfinished tasks are not tasks at all. They are decisions waiting to be made. The longer they remain unresolved, the more energy they consume.

The purpose of a mid-year reset isn't to become more productive. It's to create more breathing room.

Sometimes the biggest improvement we can make is not adding something new to our lives. It's finally completing the things that have been quietly following us around for months.

As the second half of the year begins, that may be the most valuable fresh start of all!

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

EAU CLAIRE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

IN-HOME EXERCISE SUPPORT FOR SENIORS AND THOSE WITH CHRONIC CONDITIONS: Wytisma Health and Movement provides in-home exercise programming to help you live and feel better! We specialize in assisting those with chronic conditions and those unable to travel to a facility. Now accepting new clients. Contact Kathryn at 403-650-7969 or kathryn@wytismahealthandmovement.ca, or visit wytismahealthandmovement.ca.

GUTTER DOCTOR: Home Exterior Services. Gutter cleaning/repair/installation, window cleaning, gutter guards/leaf screens, fascia, soffit, siding, permanent outdoor holiday lighting, roofing, cladding, heat cables, pressure/soft washing. Local business since 2003 with more than 70,000 happy customers! Licensed, insured, WCB, A+ rated BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

EAU CLAIRE PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.



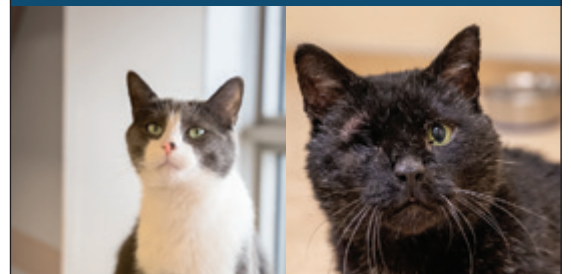
MEOW
Foundation
for the adoption of abandoned cats

MEOW Foundation is dedicated to rescuing stray and abandoned cats, providing them with critical medical care and the hope of a loving home.

Your donation helps fund our essential community programs, supporting both cats and the people who love them.

Together, we can give cats the second chance they deserve.

Donate



25¢ FLYERS

(INCLUDING DELIVERY)

- ▶ FULL COLOUR PRINTING
- ▶ DOUBLE-SIDED DESIGN
- ▶ PREMIUM 70 LB GLOSS STOCK
- ▶ FULL BLEED FOR EDGE-TO-EDGE IMPACT

Let's get your business into
the hands of thousands of
local customers.

CONTACT US

403-720-0762

sales@greatnewsmedia.ca
greatnewsmedia.ca

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING



READY TO INCREASE YOUR CURB APPEAL?

KILBCO
LANDSCAPING

- Design and install
- Concrete curbing
- Garden planting, mulch and stone
- Artificial turf
- Retaining walls and patios
- Sprinkler systems
- Grading and sod
- Decks and fences

Free Estimates
www.kilbco.com | 403-870-0737



COWBOYS & COCKTAILS HAPPY HOUR

JOIN US ON FRIDAY, JULY 10, FROM 3PM-4PM,
FOR PIÑA COLADA DAY.

Kick back and cool down with tropical drinks and
good company. Perfect way to keep the celebrations
of Stampede going!

Book your tour today and see what life here
looks like on a Friday afternoon.

CALL (403) 271-7244

RIVERWALK
RETIREMENT RESIDENCE

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

