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Wow! What a year that was! What a few years we've just had.

An oil bust.

An oil boom.

A real estate bust.

A real estate boom.

Lots of uncertainty.

Lots of clarity regarding what's really important health, connections, and positivity.

The Plintz Real Estate Brokerage turns 4 this year but we are built off a foundation of 20+ years of experience and over 1,500 homes sold. Our team is growing to offer more service, more expertise, and a full scope approach to help you, your friends, and your family make the best of all that is ahead in this real estate market.

Our team learns and grows from our past and we believe that life is best lived looking forward. Our best days are still ahead. Here is to the future, staying connected, and working to make everyday the best it can be!

Positively,

Denne That z

Dennis Plintz

Broker-Owner, with a belief that better is possible

We wish you the very best in 2023 and beyond.







MyCalgary.com is a community news website dedicated to profiling local events, activities, perspectives, wellness, culture, and lifestyle content.

Available monthly by community:

- Community Real Estate Stats Digital Community Newsletters
- Community Crime Stats
- Politician Reports
- Community News/Content
- Local Classified Ads

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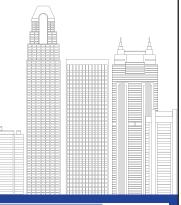
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ELECTED OFFICIALS



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Calgary-Elbow 205 – 5005 Elbow Drive SW 403-252-0346 Calgary.Elbow@assembly.ab.ca



Councillor Courtney Walcott Ward 8
www.calgary.ca/ward8



REASONS TO BECOME A MEMBER OF

ERLTON COMMUNITY ASSOCIATION



NEWSFLASHES

Keep up to date with any happenings in the community including events; meetings; planning; traffic; workshops; Ward news; flood-prevention info and City news.



VOTE

We represent the voice for both North and South Erlton, Want your say in how we respond to big developments that are accurring or planning and traffic issues?



RETAIL DISCOUNTS

Erlton Community Association members get discounts on many food and retail outlets on nearby. Who wants to pay full price?!



FREE EVENTS

Cet a reduced rate or free entry to the many events that the Erlton Community Association holds each year, whether that be a "wine and cheese" night or Neighbour Day event.



BE PART OF A COMMUNITY

Research shows that being part of a community and its association is vital to making sure your community is a great place to live, work, and play.



Visit www.erltoncommunity.com for more information or email membershipserltoncommunity.com



Erlton Community Association Board Vacancies

There are several vacancies on the board of the Erlton Community Association. These positions are for a one-year term, ending in November. If you are interested in volunteering your time to improve your community and get to know your neighbours, please email membership@ erltoncommunity.com with the position that interests you (descriptions can be found at www.erltoncommunitv.com).

- Vice-President
- · Director of Membership
- Director of Social Committee
- Director of Communications/Social Media



ERLTON COMMUNITY ASSOCIATION **Monthly Meetings**

The ECA hosts monthly meetings every second Tuesday of the month at the Repsol Sport Centre, except for July and August. Meetings provide an opportunity for community members to receive updates on the status of projects from the ECA and bring any new issues to the attention of the community and executive. Agendas are usually sent the weekend before the next scheduled meeting. All are welcome!

SAFE & SOUND

Sledding Safety

by Alberta Health Services, EMS

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- · Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- · Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- · Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- · Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- · Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- · Children should be supervised by an adult; never toboggan alone.
- Tobogganing at night is not advised.

Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- · Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- · Attempt to cover any exposed skin.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water, until re-warmed.



Unsecured food waste attracts wildlife. Keep clever coyotes hunting in the wild by ensuring garbage, compost, and recycling are in secure bins.

Calgary Wildlife is a registered charity and the only wildlife hospital within the City of Calgary. We promote positive wildlife—human interactions by giving educational talks at schools, community groups, and associations throughout the city.

Please visit www.calgarywildlife.org for more information.





National Hot Tea Day We have ancient China to thank for tea, the most consumed beverage in the world aside from water. According to myth, tea was discovered when a dead leaf from a wild tea bush fell into an emperor's cup of boiled water. Thousands of years later, we still love tea, so much so that January 12 is National Hot Tea Day. In honour of this day, why not brew yourself a nice hot cup of tea!





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ROXBORO COMMUNITY **REAL ESTATE ACTIVITY**

		Properties		Median Price		
		Listed	Sold	Listed	Sold	
November	22	1	1	\$3,350,000	\$3,250,000	
October	22	1	1	\$2,699,900	\$2,650,000	
September	22	1	1	\$1,525,000	\$1,425,000	
August	22	0	0	\$0	\$0	
July	22	3	1	\$3,400,000	\$3,400,000	
June	22	0	0	\$0	\$0	
May	22	0	0	\$0	\$0	
April	22	0	0	\$0	\$0	
March	22	0	3	\$1,695,000	\$1,651,000	
February	22	4	3	\$2,450,000	\$2,375,000	
January	22	1	0	\$0	\$0	
December	21	0	0	\$0	\$0	

To view more detailed information that comprise the above MLS averages please visit rox.mycalgary.com

WINDSOR PARK COMMUNITY REAL ESTATE ACTIVITY

		Prope	erties	Mediai	1 Price
		Listed	Sold	Listed	Sold
November :	22	5	4	\$219,950	\$213,500
October	22	6	9	\$588,888	\$580,000
September :	22	9	5	\$550,000	\$522,000
August	22	4	5	\$600,000	\$575,000
July	22	6	6	\$190,250	\$184,225
June :	22	10	8	\$339,900	\$334,950
May	22	15	18	\$284,450	\$280,950
April :	22	16	11	\$519,900	\$545,000
March	22	17	12	\$264,950	\$270,000
February 2	22	14	12	\$461,450	\$491,250
January :	22	13	12	\$579,000	\$571,500
December :	21	5	11	\$199,900	\$195,500

To view more detailed information that comprise the above MLS averages please visit wnd.mycalgary.com

Fly Safely on Your Vacation

from the Better Business Bureau



Are you thinking about traveling by air for a few days?

Before Clicking the Button to Buy Tickets, BBB Recommends the Following:

- Check current requirements for domestic and international travel. In Canada, look for Canadian travel advisories.
- Make sure everyone who is traveling has the appropriate ID. Make certain parties traveling together have a current compliant ID as required by the provinces or countries you're traveling to.
- Read all cancellation policies carefully. Not all situations require a full refund of the ticket value and fees if your flight is canceled. Each online travel agency, airline, and broker is different.
- Book tickets only after reviewing travel restrictions.
 Save time and stress by reading the updated status of restrictions on the Health Canada website.
- Consider trip insurance. Have a complete understanding of what the policy does and does not cover.

- Be an informed traveler. Refer to the Department of Transportation website for details on consumer issues, filing complaints, and other aviation information.
- · Avoid hidden fees. Read the fine print!

Flying isn't the only aspect of your trip to consider.

Here Are Some Other Travel-Related Resources from BBB:

- Rental cars: Make your next car rental experience a little easier.
- **Hotel rooms:** Learn what to keep in mind when booking a hotel room.
- Travel agents: Know what to look for in a travel agent and find one near you.

During the holiday or any time of year, find ways to travel safely and avoid scams. If you plan to travel to or from Canada, check for travel advisories. Remember to report any suspicious activities to BBB Scam Tracker and sign up for Scam Alerts.

For more information go to BBB.org.

YOUR CITY OF CALGARY

Submit a Nomination for the 29th Annual Calgary Awards by **February 1**

from the City of Calgary

Incredible happens here. The Calgary Awards celebrate outstanding individuals and organizations whose exceptional achievements and contributions make life better for Calgarians.

Award Categories Include:

The Community Achievement Awards

- Grant MacEwan Lifetime Achievement
- Calgarian of the Year (previously Citizen of the Year)
- Arts
- · Community Advocate Individual
- · Community Advocate Organization
- Commerce Under review
- Education
- Heritage
- Youth

The Award for Accessibility

The Environmental Achievement Award

The International Achievement Award

Look to your neighbours, colleagues, community leaders, local groups, and companies who qualify for a Calgary Award. The nomination process is easy – follow the steps outlined at calgary.ca/calgaryawards and submit a nomination by February 1.





SUDOKU

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FIND SOLUTION ON PAGE 28

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ERLTON COMMUNITY REAL ESTATE ACTIVITY

		Properties		Media	n Price
		Listed	Sold	Listed	Sold
November	22	2	6	\$355,000	\$351,750
October	22	3	6	\$392,000	\$377,250
September	22	8	3	\$475,000	\$460,000
August	22	3	5	\$359,900	\$342,000
July	22	9	6	\$362,000	\$358,750
June	22	6	1	\$329,900	\$310,000
May	22	5	8	\$574,450	\$570,500
April	22	6	4	\$557,000	\$552,000
March	22	4	4	\$424,000	\$410,250
February	22	6	7	\$560,000	\$545,000
January	22	6	0	\$0	\$0
December	21	0	2	\$369,350	\$355,000

To view more detailed information that comprise the above MLS averages please visit erl.mycalgary.com

PARKHILL COMMUNITY REAL ESTATE ACTIVITY

		Prope	erties	Media	n Price
		Listed	Sold	Listed	Sold
November	22	11	5	\$770,000	\$750,000
October	22	2	5	\$255,900	\$245,000
September	22	8	3	\$184,900	\$184,900
August	22	8	3	\$189,900	\$180,000
July	22	7	5	\$635,000	\$600,000
June	22	4	1	\$1,450,000	\$1,278,000
May	22	2	5	\$675,000	\$698,300
April	22	8	4	\$612,500	\$603,500
March	22	9	5	\$499,900	\$480,000
February	22	10	7	\$549,900	\$540,000
January	22	10	4	\$581,950	\$555,000
December	21	2	2	\$489,500	\$480,000

To view more detailed information that comprise the above MLS averages please visit pkh.mycalgary.com

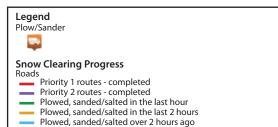
YOUR CITY OF CALGARY

Snow and Ice Road Conditions: Online Map Shows Calgary's Road Conditions

from the City of Calgary

Winter is in full force, which means a potential for snowfall in the city. The Snow and Ice Road Conditions map shows the process of snow clearing operations, locations of snowplows, priority routes, and visuals of road conditions from traffic camera images. This map is located at https://maps.calgary.ca/RoadConditions/.

To view more City of Calgary maps, please visit the Map Gallery at https://mapgallery.calgary.ca/.







Olympic Medals for Artists





The founder of the modern Olympic Games, Baron Pierre de Coubertin, believed that a true Olympian was not only athletic, but also artistic. As a result, for the first four decades of these international games, artists were awarded medals for painting, sculpture, architecture, literature, and music, so long as their work was inspired by athletic endeavours.

MENTAL HEALTH MOMENT

The Nine Superpowers of a Hug

by Nancy Bergeron RPsych | info@nancybergeron.ca



The past few years of limited physical contact have taken their toll as something essential has been missing. We celebrate, comfort, and show our affection with it. Yes, I'm speaking of a simple hug. The average length of a hug is three seconds. However, when a hug lasts at least 20 seconds, there is a therapeutic effect on the body and mind. Psychotherapist Virginia Satir stated, "We need four hugs a day for survival. We need eight hugs a day for maintenance. We need 12 hugs a day for growth." There is a great deal of scientific evidence related to the importance of hugs and physical contact. Here are nine of their superpowers:

1. Stimulates Oxytocin

Oxytocin is a neurotransmitter that affects the brain's emotional centre, promoting feelings of contentment, reducing anxiety and stress, and even making mammals monogamous. When we hug someone, oxytocin is released into our bodies by our pituitary gland, lowering both our heart rates and our cortisol levels. Cortisol is the hormone responsible for stress, high blood pressure, and heart disease.

2. Cultivates Patience

A hug is one of the easiest ways to show appreciation and acknowledgement of another person. The world is a busy, hustling-bustling place. By slowing down and taking a moment to offer sincere hugs throughout the day, we're benefiting ourselves, others, and cultivating better patience within ourselves.

3. Prevents Disease

Hugs have a direct response on the reduction of stress which prevents many diseases. The Touch Research Institute at the University of Miami School of Medicine says it has carried out more than 100 studies into touch and found evidence of significant effects, including faster growth in premature babies, reduced pain, decreased autoimmune disease symptoms, lowered glucose levels in children with diabetes, and improved immune systems in people with cancer.

4. Stimulates Thymus Gland

Hugs strengthen the immune system. The gentle pressure on the sternum and the emotional charge this creates activates the Solar Plexus Chakra. This stimulates the thymus gland, which regulates and balances the body's production of white blood cells, which keep you healthy and disease free.

5. Nonverbal Communication

Almost 70 percent of communication is nonverbal. The interpretation of body language can be based on a single gesture and hugging is an excellent method of expressing yourself nonverbally to another human being.

6. Boosts Self-Esteem

Hugging boosts self-esteem, especially in children. Tactile sense is all-important in infants. A baby recognizes its parents initially by touch. From the time we're born, our family's touch shows us that we're loved and special. The association of self-worth and tactile sensations from our early years are still imbedded in our nervous system as adults. The cuddles we received from our mom and dad while growing up remain imprinted at a cellular level, and hugs remind us at a somatic level of that. Hugs, therefore, connect us to our ability to self-love.

7. Stimulates Dopamine

Low dopamine levels play a role in the neurodegenerative disease Parkinson's, as well as mood disorders such as depression. Dopamine is responsible for giving us that feel-good feeling and is also responsible for motivation! Hugs stimulate brains to release dopamine, the pleasure hormone. Dopamine sensors are the areas that many stimulating drugs such as cocaine and methamphetamine target.

8. Stimulates Serotonin

Hugging releases endorphins and serotonin into the blood vessels. The released endorphins and serotonin cause pleasure and negate pain and sadness, and decrease the chances of getting heart problems, help fight excess weight, and prolong life. Even the cuddling of pets has a soothing effect that reduces stress levels. Hugging for an extended time lifts one's serotonin levels, elevating mood and creating happiness.

9. Activates Parasympathetic System

Hugs balance out the nervous system. The skin contains a network of tiny, egg-shaped pressure centres called Pacinian corpuscles that can sense touch, and which are in contact with the brain through the vagus nerve. The skin response of someone receiving and giving a hug shows a change in skin conductance and suggests a more balanced state in the nervous system.

Make the new year a good one by using the superpower we all have. But don't forget to ask permission first!

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"I've just been elected to my condo board. How do I know which responsibilities fall under the condo corporation, the condo board, and the condo manager?"

Making sense of the different bodies responsible for overseeing a condominium complex's day-to-day operations can be a bit overwhelming at first. Hopefully, I can help clear up some of the confusion.

Condo Corporations

The condominium corporation is made up of, and represents, all unit owners of that condo complex. So, if you own a unit in the condo complex, you are a part of the condo corporation. It is a legal entity that has all the rights and responsibilities of any other legal entity (i.e., individual or business).

In Alberta, the Condominium Property Act governs the operations of condo corporations and sets out responsibilities related to managing the common property, preparing the annual budget, collecting fees, holding insurance, and enforcing the corporation's bylaws and rules. The Condominium Property Act also sets out the requirement that all duties of the condo corporation be carried out by an elected board of directors (i.e., the condo board).

The Condo Board

As with other elected entities, the condo board represents and acts on behalf of the individuals that elected it. In this case, the individuals that make up the condo corporation.

So, the condo corporation is synonymous with all unit owners in the complex and is responsible for

the business of the corporation. The condo board is elected by the condo corporation to carry out the business on its behalf.

Still with me? Okay, so this is where a condo manager may come into the equation.

Condo Managers

It takes a lot of work to manage a condo complex and many volunteers on the condo board, understandably, don't have the time. While the condo board can choose to self-manage the complex, they also have the choice to hire a condominium manager to oversee the day-to-day tasks.

The tasks that the condo manager is ultimately responsible for will be determined by the contract or written service agreement between the condo corporation and the condo management brokerage. These agreements usually expire annually, to be renewed and renegotiated and voted on by the corporation at the Annual General Meeting (AGM). As a new director on your condo board, it's important to review and understand the current written service agreement.

Your condo board should also be aware that as of December 1, 2021, condo management companies (brokerages) and individual condo managers must hold a licence with RECA. Check to see if your condo manager is licensed using the 'Find a Licensee' tool on reca.ca.

You've got questions. He's got answers.

Charles Stevenson is the Registrar at the Real Estate Council of Alberta. Buying, selling, and managing real estate in Alberta can be confusing, but it doesn't have to be.

If you have a new question for Charles, please email askcharles@reca.ca.

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ELBOYA COMMUNITY REAL ESTATE ACTIVITY

		Properties		Media	n Price
		Listed	Sold	Listed	Sold
November	22	1	1	\$1,285,000	\$1,240,000
October	22	3	3	\$1,029,000	\$1,015,000
September	22	3	2	\$1,723,500	\$1,677,500
August	22	3	0	\$0	\$0
July	22	3	2	\$1,872,500	\$1,857,500
June	22	3	2	\$1,412,500	\$1,407,500
May	22	3	2	\$817,000	\$806,000
April	22	4	7	\$1,395,000	\$1,349,500
March	22	5	4	\$949,950	\$950,000
February	22	5	2	\$1,648,950	\$1,674,000
January	22	2	2	\$554,950	\$507,450
December	21	3	1	\$1,275,000	\$1,250,000

To view more detailed information that comprise the above MLS averages please visit eya.mycalgary.com

ELBOW PARK COMMUNITY REAL ESTATE ACTIVITY

		Prope	erties	Median Price		
		Listed	Sold	Listed	Sold	
November	22	5	3	\$1,349,900	\$1,500,000	
October	22	9	8	\$1,562,450	\$1,585,500	
September	22	12	8	\$1,399,000	\$1,290,000	
August	22	6	0	\$0	\$0	
July	22	7	6	\$1,474,950	\$1,465,000	
June	22	3	6	\$1,452,450	\$1,450,500	
May	22	5	3	\$1,059,000	\$1,015,000	
April	22	8	4	\$1,347,500	\$1,397,500	
March	22	8	7	\$1,450,000	\$1,425,000	
February	22	8	5	\$1,085,000	\$1,277,000	
January	22	4	5	\$2,390,000	\$2,373,000	
December	21	2	3	\$3,195,000	\$3,050,000	

To view more detailed information that comprise the above MLS averages please visit epk.mycalgary.com

RESIDENT PERSPECTIVES

Stargazing with Pat J

by Patricia Jeffery © 2022. Calgary Centre of the Royal Astronomical Society of Canada

What does a hunter, a bull, two dogs, a rabbit, twins, seven beautiful women, and a Japanese auto manufacturer have in common?

Most people can locate the winter constellation Orion by searching the southern skies for the three bright stars that form his belt. But did you know this legendary hunter from Greek Mythology has plenty of company in the night sky?

Orion is chasing Taurus the bull. Like any self-respecting hunter, he has two dogs; Sirius in Canis Major, his main hound, and a pup named Procyon in Canis Minor. Sirius would much rather pursue a rabbit named Lepus, who is crouched at Orion's feet, while young Procyon is playing fetch with the Gemini twins Castor and Pollux.

So where are the seven beautiful ladies you ask? Well, they are the Pleiades sisters, and they are in danger of being trampled by the charging bull. Orion is trying to save them in the hope of winning their affection.

While only six stars are easily visible to the naked eye, the Pleiades are an open cluster of more than 800 stars that were born about 100 million years ago from a gigantic cloud of gas and dust. The blue stars in the formation are among the largest and brightest in the galaxy. They are extremely hot and will burn out after only a few hundred million years; a much shorter life span than the billions of years our smaller, cooler Sun will enjoy.

In Japan, this group of stars is known as Subaru, thus it comes as no surprise that a stylized version of the Pleiades was chosen by the auto company as its logo. Its six stars symbolize the unification of five companies into one.





In the 1920s, French designer Émile Camuset invented sweatpants to keep athletes warm while training outdoors. These days, sweats aren't just for athletes; there's a pair for every occasion, whether it's for everyday use, lounging, or even to walk a fashion runway. This January 21, it's only "fitting" to observe International Sweatpants Day by donning your favourite sweats!

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HERITAGE STORIES

Chinese New Year: Celebrating a New Future for Calgary's Chinatown

by Karen Paul, a Director of the Calgary Heritage Initiative Society and contributor to Heritage Inspires YYC



Our first Chinatown was settled as the homestead for Chinese immigrants brought to build Canada's first transcontinental railway, the Canadian Pacific Railway. First established in 1883 at 8 Avenue and 2 Street SE where the Calgary Municipal Building is today, it was relocated to 10 Avenue and 1 Street SW after the Great Calgary Fire of 1886. In 1910, the Canadian Northern Railway announced plans for a train station and a hotel at the location of the second Chinatown. Speculation drove up land and property values, resulting in landlords selling their properties and displacing Chinese tenants for a second time. Despite racist opposition, Chinatown moved in 1910 to its third and current location at the foot of the Centre Street Bridge. The first building occupied was the Chinese-owned Canton Block, built by Chinese business owners despite opposition by Calgary lawyer James Short and others who promoted relocation of Chinatown. This rare surviving example of the Edwardian Commercial style remains as a community historic resource. Completion of the Calgary Chinese Cultural Centre in 1992 signalled Chinatown's revival. Despite racist discrimination over the years, Chinatown has thrived, and the Chinese community has contributed significantly to Calgary as a multi-cultural city.

Its residences and businesses are enjoyed by Calgarians and visitors alike.

In 2016, the "Tomorrow's Chinatown" project was initiated in response to redevelopment pressures. In 2022, the City in close collaboration with the

community, completed the Chinatown Cultural Plan, Calgary's first such plan. It provides direction for investing in Chinatown's cultural future, considering the unique experiences and amenities that the community can offer. An Area Redevelopment Plan lays out a comprehensive planning vision for sensitive redevelopment in Chinatown.



An important first step in building trust and implementing the plan was the renaming of James Short Park and Parkade to Harmony Park in November 2022.

2023, the year of the rabbit, marks the 100th anniversary of the Chinese Exclusion Act, that banned immigration of Chinese people to Canada until 1947.

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MAYFAIR COMMUNITY REAL ESTATE ACTIVITY

		Properties		Media	n Price
		Listed	Sold	Listed	Sold
November	22	0	0	\$0	\$0
October	22	0	0	\$0	\$0
September	22	1	1	\$1,490,000	\$1,250,000
August	22	1	0	\$0	\$0
July	22	0	0	\$0	\$0
June	22	0	0	\$0	\$0
May	22	0	0	\$0	\$0
April	22	0	0	\$0	\$0
March	22	0	0	\$0	\$0
February	22	1	1	\$1,100,000	\$1,100,000
January	22	0	0	\$0	\$0
December	21	0	1	\$1,850,000	\$1,800,000

To view more detailed information that comprise the above MLS averages please visit maf.mycalgary.com

RIDEAU PARK COMMUNITY **REAL ESTATE ACTIVITY**

		Prope	erties	Media	n Price
		Listed	Sold	Listed	Sold
November	22	0	2	\$2,174,400	\$2,041,000
October	22	0	1	\$975,000	\$950,000
September	22	3	2	\$387,450	\$382,500
August	22	1	2	\$329,350	\$297,500
July	22	3	0	\$0	\$0
June	22	2	1	\$199,900	\$198,000
May	22	1	2	\$796,000	\$834,500
April	22	3	2	\$379,950	\$379,000
March	22	0	1	\$675,000	\$650,000
February	22	2	5	\$365,000	\$365,000
January	22	5	1	\$1,325,000	\$1,320,000
December	21	2	1	\$999,000	\$1,060,000

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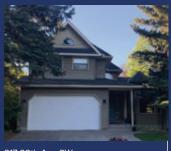
3613 7A ST SW SOLD in Elbow Park Represented Buyers



309 20th Ave SW SOLD in Mission Represented Buyers



235 39th Ave SW SOLD Off Market in Elbow Park Represented Buyers .



317 39th Ave SW SOLD in Elbow Park Represented Buyers



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BEL-AIRE COMMUNITY REAL ESTATE ACTIVITY

	_	Prope	erties	Media	n Price
		Listed	Sold	Listed	Sold
November 2	22	6	0	\$0	\$0
October 2	22	1	1	\$1,350,000	\$1,300,000
September 2	22	0	0	\$0	\$0
August 2	22	0	1	\$3,450,000	\$3,500,000
July :	22	3	2	\$2,287,500	\$2,300,000
June :	22	1	1	\$1,349,000	\$1,400,000
May 2	22	1	1	\$3,100,000	\$2,900,000
April :	22	1	2	\$2,262,500	\$2,192,500
March 2	22	2	0	\$0	\$0
February 2	22	1	2	\$2,232,500	\$2,182,500
January 2	22	2	2	\$3,074,500	\$2,887,500
December 2	21	0	0	\$0	\$0

To view more detailed information that comprise the above MLS averages please visit bel.mycalgary.com

BRITANNIA COMMUNITY REAL ESTATE ACTIVITY

		Prope	erties	Media	n Price
		Listed	Sold	Listed	Sold
November	22	4	0	\$0	\$0
October	22	3	4	\$1,672,500	\$1,682,500
September	22	0	0	\$0	\$0
August	22	1	0	\$0	\$0
July	22	0	0	\$0	\$0
June	22	5	5	\$1,200,000	\$1,167,500
May	22	6	4	\$1,310,500	\$1,287,500
April	22	0	1	\$3,100,000	\$2,900,000
March	22	1	1	\$129,900	\$125,000
February	22	2	0	\$0	\$0
January	22	2	0	\$0	\$0
December	21	0	0	\$0	\$0

To view more detailed information that comprise the above MLS averages please visit brt.mycalgary.com

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3	8	2	1	4	6	7	5	9
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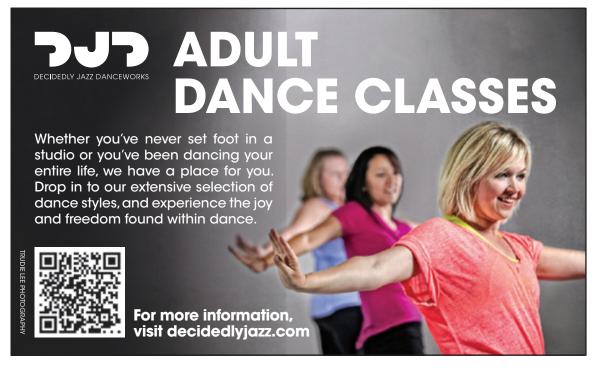
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Dear Friends,

Happy New Year! I hope you and your family enjoyed the holiday season.

Many of you know that I have been appointed to the House of Commons Standing Committee on the Environment. I take on the role with aspirations as to how we address the environmental challenges of a world of 8 billion people.

It also allows me a glimpse into the past, to see how we got here and what changes we need to make to build a better future.

As we say, history is a great teacher. It's illustrative about what we've faced before and how we overcame unforeseen challenges. It also brings some perspective to our work. Much of this is very positive when we examine the results around what we have accomplished.

Here's some good news:

A century ago, approximately 500,000 people per year died in weather catastrophes; last year, 18,000 people died in weather events. Back then, the world had one-quarter of its current population. So, our progress has saved, over the years, millions of lives.

Our healthcare system has some challenges. Yet, most of us receive excellent care. Our worldwide life expectancy has doubled this past century. The medical advances that are being brought forth have led to a quality of life that is impressive. As someone told me, 'My mother waited over a year for a knee replacement – but her mother waited over 50 years and died before the technology arrived.'

I could go on, but I wanted to share these snippets of good news with you so that we all maintain perspective as we approach the issues that are going to confront us over the next year.

To keep up to date on my work in Parliament, feel free to visit my website, GregMcLeanMP.ca, and contact me at Greg.McLean@parl.gc.ca or phone my office at 403-244-1880.

Greg McLean



Calgary Elbow Constituency 205 – 5005 Elbow Drive SW T2S 2T6

403-252-0346

□ Calgary.Elbow@assembly.ab.ca

Dear Friends and Neighbours,

As we ring in the new year and many people make their resolutions, Alberta's United Conservative government is resolved to improve healthcare.

We know Alberta has the best frontline healthcare staff in the entire world, but despite the excellent work of our doctors, nurses, paramedics, and other frontline staff, our patients are waiting too long to access the care they deserve.

Our government's goals include improving EMS response times, decreasing emergency room wait times, reducing wait times for surgeries, and developing long-term reforms through consultations with frontline workers, including discovering ways to restore decision-making to local healthcare professionals and authorities.

Albertans want accountability within Alberta Health Services, and they want to know that a world-class health system and level of care is available when they need it. We care deeply about our healthcare system, and we need to ensure it's working to support Albertans and their loved ones, should they need it.

We must be honest about the state of our healthcare system if we're going to fix it. Right now, the system is struggling to keep up with growing demand. The driving force behind these changes is building a system that is not only strong but resilient to changing circumstances and growth pressures.

We cherish the work of our frontline healthcare workers and care deeply about the system they operate in. We will act now to ensure Albertans have the world-class system they deserve for generations to come.



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