GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER





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GLENBROOK COMMUNITY ASSOCIATION

2024

- Meet other parents in the community
- Support your child's development through interactive play, nurturing creativity and imagination.

IF YOU WOULD BE INTERESTED IN
PARTICIPATING AND OR VOLUNTEERING TO
HELP TO COORDINATE THIS PROGRAM IN 2024
PLEASE EMAIL:
GLENBROOKPROGRAMS@SHAW.CA

Glenbrook Community Hall 3524 45 St Sw, Calgary AB T3E3V2

Glenbrook Community Association

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

2023 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

Hall Rentals

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm)
- \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 PM to 10:00 pm)
- \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom)

Security Deposit:

• \$500/rental, returned 7 days past the event

Boardroom:

• Monday to Thursday - \$25/Hour, Minimum 3



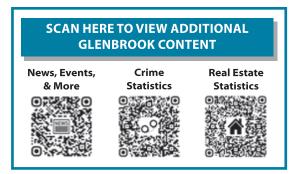
GCA Meetings

Upcoming Meetings

January 4, February 1, March 7

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups throughout each week. If you are interested in trying out one or more of these drop-in clubs, please email glenbrookevents@shaw.ca to let us know which one(s) you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory.

Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes and a name tag.

Upcoming Dates: December 5, 12, 19, January 9 (all Tuesdays) at 10:00 am.

No classes on December 26 or January 2.

Contact Gary at glenbrookevents@shaw.ca.

Fun and Games



Please join us for cards, board games, conversation, and refreshments at the Glenbrook Hall. You could also bring your knitting/crocheting project (more on that

below). New Canadians and those learning English are welcome to come and practice their fluency while engaging in conversation.

The Fun and Games afternoon has been changed from Fridays to Thursdays, a correction from last month's notice in the *Globe*.

Upcoming Dates: Thursday, December 14, January 11 at 1:00 pm.

Contact Pat or Gordon at glenbrookevents@shaw.ca.

Knitting and Crafts

Let's join for one last meeting in 2023, for a knitting show-and-tell of our Christmas ideas. All ages and skill levels are welcome.

Upcoming Date: Thursday, December 14 from 1:00 to 3:00 pm in the main downstairs area of the Glenbrook Hall (now the second Thursday of the month).

Contact Ruth at glenbrookevents@shaw.ca.

Book Club



We will be reading the graphic novel *Ducks: Two Years in the Oil Sands* by Kate Beaton for our December discussion. Our book for January will be *In Order to Live: A North Korean Girl's Journey to Freedom* by Yeonmi Park. These books are available through the library. Meet us in the upstairs space of Glenbrook Hall.

Upcoming Dates: Wednesday, December 13, January 17 from 7:00 to 9:00 pm in the upstairs space of the Hall (note the time change from the afternoon).

Contact Grace at glenbrookevents@shaw.ca.



Coffee Social

We will be celebrating the season with games, music, and socializing. Come and meet your neighbours and have a fun time.

Upcoming Date: Friday, December 15 from 10:00 to 11:30 am (a change from the fourth Friday of the month to the third Friday for this month only).

Contact Sharon at glenbrookevents@shaw.ca.

First Aid and CPR



November 4, the Glenbrook Community Association held a First Aid course at the hall through John Ambulance. There were 12 participants in the course, which was a day's worth of instruction with hands-on activities for such life-saving topics as CPR, slings, and choking. Many thanks to our

instructor, Allan, for sharing his knowledge amid stories and jokes, making it easy for us to relax and remember these skills.

Sharon and Audrey.





Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2 Glenbrook.Community@shaw.ca • 403-249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

- 1. Become a member when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.
- **2. Become a volunteer** Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any

family member living at same address) or \$20 for

Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association (September 1, 2023 to August 31, 2024) Name:.... Address: Phone: Cell: Email: Membership type: Family (\$25) Senior 65+/Single (\$20) Payment type: Cash Cheque (payable to Glenbrook Community Association) Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following -Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc. Contact for Volunteer canvas: Yes

PRESIDENT'S MESSAGE

Happy December, Glenbrook!

I'd like to make one final reminder that the Glenbrook Community Association's Annual General Meeting has been moved to this month, specifically Thursday, December 7 at 7:00 pm in the Glenbrook Hall. Please plan to attend if you are available, as this is your opportunity to help us set our priorities for the coming year, as well as honour our award recipients.

As we move into the holiday season, please take the opportunity to spend time with family and friends. We live in a great community, in a great city, a great country, and we have a lot to be thankful for, not only at this time of year, but every day.

Merry Christmas and Happy New Year.

Murray, President Glenbrook Community Association glenbrook.community@shaw.ca 403-249-6664

GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments 3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football Practices at Glenbrook School Games at Shouldice Athletic Park contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate Foil, Epee, or Sabre Class 3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club Various locations including Glenbrook office@umojamosaic.org



Pets of Glenbrook



Hello! My name is Rem. My mom rescued me from AARCS (Alberta Animal Rescue Crew Society) two years ago when I was just a kitten. Ever since then, we have been inseparable - I even convinced her to start bringing me to work so I could become a shop cat! When I'm not at work

with her, I like to watch over the neighbourhood from my big window at home. I love seeing the neighbours walk their own furry friends, and I can't forget about the resident rabbits and squirrels who play in the front yard!

In August, I became sick. I have been to the hospital three times and I was diagnosed with something called Dry FIP (Feline Infectious Peritonitis). The meds are not covered, and with the hospital bills on top of that, my mom will need to pay \$12,600 to save my life. If she doesn't get the FIP meds, I won't get better. I'm only two years old, so my time isn't up yet. In the meantime, I have been very brave and strong as I fight against this terrible disease.

After my diagnosis, I started the uphill battle to recovery. It hasn't been easy for me or for my mom. However, we are near the end of treatment and are finally seeing the light at the end of the tunnel. I feel stronger each day, but my fight isn't over yet. My mom has info about my journey on her Instagram at @ciara.frenette. To find out more about FIP, visit the FIP Warriors group on Facebook.

To have your pet featured in an upcoming edition of the Glenbrook Globe, please send a photo and short write up to glenbrookglobepets@gmail.com.

CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door



- ARY Lock door between garage & house
 - Close & lock all external doors
 - Ensure windows are shut
 - Turn on exterior light





However, this is actually incorrect!

Most cats only have 18 toes, rather

than 20. A typical cat will have five toes on each of its front paws, but

only four on its back ones!



1977 GMC SIERRA

Article and photo by Fred Nelson

Glen was already a resident when Glenbrook became a district, having owned the farm next door.

He bought this square-body pickup and used it for 29 years, then did a full restoration.

It turned out so well that he restored a same year Boler trailer and painted it to match.

If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.



Nobody knew it at the time, but on December 5, 1901, the world was forever changed. Not sure why? Well, this is the date that empire-leading, family-bonding, happiest-place-on-earth-creating Walter Elias Disney, better know as Walt Disney was born! Can you imagine a world in which Disney World, Mickey Mouse, and Donald Duck don't exist?!

Find us on social media!



Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyyc' on Instagram.





Connect with your community! Learn about neighbourhood events and services! Find what makes Glenbrook great!



BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

GLENBROOK MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW

CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

GLENBROOK PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Gavin for a free estimate at 825-431-7944. Your trusted choice for a fresh, vibrant look, www.fivestarpainting.com.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/ Drop-Off Service Available.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.



Game Birds in our City

by Catherine Warwick

Where is one place a bird bred for the sport of hunting can be and not get shot at? In the city of course! Yes, there are lots of other dangers, namely cars, but there are less predators and less people in camouflage fatigues lurking behind trees ready to shoot. It's positively a paradise for game birds! In Calgary there are a couple populations of game birds hiding out that you might be lucky enough to see. These are the Grey Partridge and the Ring-necked Pheasant.

While walking in our southwest neighbourhood I saw a small group of Grey Partridges for the very first time in my life. They were small plump chicken-like birds with a cinnamon patch on the face. These little round birds were running along the ground very fast; they were moving as a group with no apparent leader. They seemed to spook at the sight of us and hustled along a chain link fence. The problem was half were on the inside of the fence and half were on the outside. They ran most of the length of the fence before they noticed what had happened. The whole group then stopped and cheeped for a while in confusion. I'm not sure they are the sharpest knives in the drawer but they sure are cute. In the half-light we saw some of them fly up over the fence, which seems to be a last resort for them.

The Grey Partridge was introduced to North America from Europe in the early 1900s. It is mostly found on farmlands, especially in the Northern Prairies where it somehow survives the cold winter. The hens will lay a lot of eggs, more than most birds. Up to 22 in a clutch! These birds also have very short life spans, only averaging 1.8 years. In Lakeview they used to be seen around the storm pond but haven't been sighted for a while.



Grey Partridge, photo by Diane Stinson.

I was biking along the Bow River bike path to Fish Creek Park and saw a Ring-necked Pheasant wandering around the back yards bordering the path. What a showstopper that rooster is! I screeched to a halt and looked at its bright red face, beautiful iridescent blue head, and very long tail. Also, the white ring around its neck of course. The female (hen) is a more camouflage brown and is smaller than the rooster. The roosters are very striking and colourful, the allaboutbirds.org website calls them 'gaudy'. That may be a backhanded way of saying they don't really belong in our landscape. You can get an inkling of that just by looking at them, North American species are usually a bit more subdued in colour. The Ring-necked sure aren't camouflaged with that attire!

In fact, their populations are supplemented heavily by the Alberta Conservation Association which runs a "Provincial Pheasant Release Program". I hear they released melanistic Ring-necked pheasants this year, which have an all-black body. Still not great for hiding from coyotes during the winter. It's the hens that have a much harder time during the winter, they do all the work with the eggs and the chicks. Thus, they spend a lot less time fattening up for winter. Lucky for them that hunters are encouraged to shoot the males.



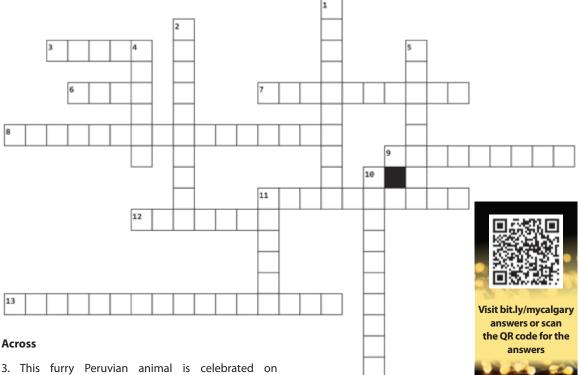
Keep your eyes out for these game birds sheltering in our city and when you see one take a moment to appreciate all that it must survive hunters, traffic and worst of all, winter.

A Ring-necked pheasant strutting its stuff, photo by Diane Stinson.



A Ring-necked pheasant showing its beautiful tail, photo by Diane Stinson.

December Crossword



- December 9 every year.
- 6. The Canadian Soccer Association formally became a member of this important sporting organization in December of 1912.
- 7. This sweet Canadian export has its own national day on December 17.
- 8. In December of 1982, TIME Magazine named this popular object Man of the Year.
- 9. This famous holiday candy is made to resemble a shepherd's staff.
- 11. This Schitt's Creek star was born on December 17, 1946.
- 12. This romantic New Year's Eve tradition originated from the Roman's Saturnalia festival.
- 13. This book concerning two rival families living in the moors of England, written by Emily Brontë, was published in December 1847.

Down

- 1. These prestigious awards celebrating and honouring academics and philanthropists, were first awarded in December of 1901.
- 2. Sint Nikolaas, one of the most popular saints in Europe during the Renaissance, is better known as _
- 4. The highest grossing film of all time was released on December 18, 2009.
- 5. On December 17, 1903, the Wrights' first powered was successfully used.
- 10. This Canadian singer won the 1998 Billboard award for 'Hot Soundtrack Albums' for her work on Titanic.
- 11. Canadians drink just under six million litres of this beverage in December.







WET WATER

We all know that water is wet (right?), but did you know that you can actually make water wetter, and that is exactly what firefighters do!? There is an agent these heroes add to water to create a higher evaporation temperature, which can reduce the time it takes to put out a fire by up to 30%!



A CAST OF CHARACTERS

In December, it is common to watch a good Christmas movie or two. A popular film around this time of year is *The Polar Express*. Although there are lots of things to love about this film, you may not know that Tom Hanks plays six different roles! He is the voice of Santa Claus, Hero Boy, Scrooge, Father. Hobo, and the Conductor.

Talk about talent!













Chiche, Douglas Glen



Guapo, Douglas Glen



Jeni, Patterson



Molly, Renfrew

To have your pet featured, email news@mycalgary.com